**UNK first to receive $300,000 grant**

**Funds will help to provide services, education, prevention**

**BY REBECCA MCMICKELL**
Antelope Staff

A $326,041 grant awarded to UNK will help in the fight to end violence against women.

A press conference Tuesday announced the grant, which was awarded through the U.S. Department of Justice Office of Violence against Women under the Rural Domestic Violence, Dating Violence, Sexual Assault and Stalking Assistance Program.

Of 226 applications, UNK is one of only 64 organizations nationwide to be awarded, and the first university to receive the grant.

“The award provides the opportunity for recipients to develop and strengthen effective response to violence against women,” said Dr. Joe Oravecz, dean of student affairs.

Chancellor Doug Kristensen said the funds will be used to implement several prevention and education services both on campus and in the community.

“According to the U.S. Department of Justice, one in six women will be sexually assaulted. A female on a college campus four times more likely to be sexually assaulted,” Kristensen said. “We want to find ways to serve the needs of young women.”

**GRANT INITIATIVES**

The grant will be used to implement five major initiatives to provide services, education and prevention of violence against women.

- Hire two full-time licensed mental health professionals for the Women’s Center and the S.A.F.E. Center
- Implement a comprehensive outreach, education and prevention effort
- Develop a sexual assault response team (S.A.R.T.) and provide a Sexual Assault Nurse Examiner (S.A.N.E.)
- Hire a UNK law enforcement officer to serve as a lead investigator and prevention specialist in crimes involving violence against women
- Increase prevention and education assets to culturally sensitive services including the Office of Multicultural Affairs

**Proper bookkeeping key when filing taxes as a student**

**BY MEGAN BLUME**
Antelope Staff

“The American Opportunity Tax Credit allows eligible students to take limited credit for tuition, required fees and materials,” said Dr. Janet Trewin, accounting professor. “Students will need receipts for each of the expenses they intend to claim, including tuition paid, required books and materials purchased.”

To get the education credits students must have paid for the educational items themselves, and they can’t be claimed on their parents’ tax return.

“Students tend to think of themselves as independent adults and therefore no one’s dependent,” Dr. Trewin said. “This is often not the case, if students are claimed as a dependent on their parent’s return they cannot take the tax credit for themselves.”

“Students will try to claim themselves...”

**EMILY OSBORNE**
Active shooter training teaches students
what to do when the unexpected happens

BY ASHLEY LEEVER
News and Features Editor

It was in the early morning hours of April 16, 2007, on the Virginia Tech campus when Seung-Hui Cho fired the shots that were heard around the world.

Disturbing school shootings have become all-too-familiar in the news since the massacre at Columbine High School in 1999.

Colleges around the nation began to take action when the one of the deadliest school shootings in history took the lives of 33 people at Virginia Tech.

Since 2005, UNK has become one of many U.S. college campuses that released information to the public about what to do if an active shooter is on campus. Police and Parking Services will present Active Shooter Preparation and Response Training in the Ockinga Conference Room in the student union from 2-3:30 p.m. on Feb. 18.

“An active shooter situation can happen anywhere at any time whether you are here at campus or at the mall. You never know where or when it’s going to happen,” said Michelle Hamaker, director of Police and Parking Services. “Each situation is really different. Someone can’t tell you ‘this is what you have to do.’ As an individual, each person has to decide what to do for themselves. We just want to give them a few tools to determine what they might be able to do in different situations.”

Police and Parking Services tries to put on different educational classes throughout the year, covering varied topics from self-defense to how to protect your property. The active shooter training is offered once in the spring and once in the fall.

The active shooter training is based on the video “Shots Fired,” by Eric Hoover. The instructional DVD demonstrates strategies for preventing and surviving a gun rampage. The video includes interviews with law enforcement experts and demonstrates how viewers might live through such an ordeal by running, hiding or barricading a door. It also depicts how a group of people could overpower and disarm a shooter.

“The course is to let people know what options are available to them if they ever get put in that situation, covering three options: get out, hide out or take-out.”

Michelle Hamaker
Director of Police and Parking Services

“Shots Fired” is what you have to do. As an individual, you can’t tell you ‘this is what you have to do.’ As an individual, each person has to decide what to do for themselves. We just want to give them a few tools to determine what they might be able to do in different situations.”

With the recent shooting in Arizona that injured U.S. Representative Gabrielle Giffords and killed five others, Hamaker believes these recurring events are one of the main reasons to give active shooter presentations. “We are constantly looking at what trends are happening across the U.S. We felt that it is important to at least educate and arm individuals with the tools they need to help them in these situations,” she said. “We want people to be aware of their surroundings such as their exits and things they can utilize if an event like this happens.”

Past active shooter presentations have typically drawn more staff and faculty than students. Hamaker hopes that by getting the word out more students will attend these presentations.

“The first few classes we had a large attendance of about 75 people, but we are hoping to reach out more to students and prepare them for what they can do in these situations.”

Although UNK has not had a history of an active shooter on campus, Hamaker insists that it is best to be prepared, “We have been lucky enough not to have any active shooters at UNK, but crime is there because of opportunity and the best way to prevent crime is to get rid of the opportunity.”

ACTIVE SHOOTER TRAINING
Feb. 18 from 2-3:30 p.m. in the Ockinga Conference Room of the Nebraskan Student Union.
Presented by Police and Parking Services.
Don't let the flu get you down

“Traditionally we see the most cases December through March, with February and March being the peak months.”

Cindy Schultz
Associate Director of UNK health care

You’re thinking that it’s February and if you haven’t gotten the flu by now, you won’t get it. However, peak flu season is still ahead though the push for the flu shot might seem to have slowed.

“Traditionally, we see the most cases December through March, with February and March being the peak months,” said Cindy Schultz, the associate director of health care at UNK.

Schultz said that the flu can knock you out of commission for a week or more. That means no class and loads of makeup work. The symptoms to be aware of include: high fever, headache, extreme tiredness, dry cough, muscle aches, sore throat, vomiting and sometimes diarrhea.

Sounds great, right? More than 200,000 people are hospitalized and 36,000 people die from seasonal flu complications each year, according to the Centers for Disease Control and Prevention.

It is important to get a flu vaccine every year, because the virus mutates. CDC says that there is a new and very different flu virus spreading worldwide called novel, or new H1N1 flu. This virus may cause more illness and more severe illness than usual.

For $20, you can go to student health, fill out a form and be vaccinated. Places like Walmart and Walgreens cost more, and don’t have the convenience of being right on campus. Walk in hours for student health are 8:30 a.m. - 4 p.m. on Monday, Tuesday and Friday; 9 a.m. - 4 p.m. on Wednesday; and 8:30 a.m. - 6 p.m. on Thursday.

In addition to getting vaccinated, CDC recommends taking everyday preventative actions. These include: covering you nose and mouth with a tissue when you cough, washing your hands often and avoiding close contact with sick people. If you become sick, limit contact with others to keep from infecting them.

For more information about the flu vaccine, you can go to www.flu.gov or contact Cindy Schultz in student health at 865-8218 or by e-mail at schultzch@unk.edu. You can even find UNK counseling and health care on Facebook, where you can find interesting and up-to-date information about health issues that affect you.

Sudoku

How to play:
Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

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5 6 4
9 2 5
4 1 5
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8 4 7 1
5 2 3 4
1 6 3 5
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3 7 9 2
6 8 4
2
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Find answer on page 6

www.sudoku-puzzles.net
Big leaguer returns to college roots to give back

Joba Chamberlain helps raise funds for baseball team

BY GANDY HENRY
Antelope Sports Staff

The UNK baseball team put on their best duds for their annual pre-season banquet on Sat., Jan. 22 at the Kearney Holiday Inn. The banquet serves the purpose of celebrating the previous season and looking forward to the current one, as well as to raising funds for the program. The banquet included a catered dinner and a live and silent auction.

Joba Chamberlain, a relief pitcher for the New York Yankees who was a member of the UNK baseball team in 2004 before transferring to UNL to play for the Huskers for two years supported the Lopers at the banquet. At UNL, Chamberlain helped lead the Huskers to the College World Series in 2005 and was drafted 41st overall by the New York Yankees in the 2006 Major League Baseball Draft.

Chamberlain donated his signed jersey, cleats and baseball to the live auction as well as a golf trip with Coach Damon Day in Kansas City, followed by tickets to a Yankees-Royals game.

The banquet helped to showcase this year’s team as well as raise over $25,000 for the baseball program. Other items for sale in the auction were several golf trips, signed memorabilia, food and wine packages, hunting trips and gear, tickets for suites at UNK and UNL sporting events and a Ndamukong Suh Detroit Lions Jersey.

Chamberlain also made a short speech in which he thanked Coach Day for giving him a spot on the UNK team and giving him his first college opportunity. Chamberlain spoke of his family and credited Coach Day with setting an example of how to be a good father.

Four 2010 seniors also spoke: Ben Townsend, Ryan Seefus, Blake Cover and Jared Loschen. Each player thanked Coach Day and the coaching staff, the parents, the players and the Kearney community for their support. Each member of the team was introduced and academic and team awards were handed out for last year. Cover, who set the career hits record last year (269), was named offensive MVP. Loschen, a pitcher who set the career wins record (27), was named defensive MVP.

This year’s team opens the season on Feb. 19 in Emporia Kan. against in-state rival Wayne State. UNL will play UNL on March 2 for the Huskers home opener in Lincoln, NE. The Lopers are picked to win the 2011 Plains Division, and are led by 18 seniors.

Superbowl XLV: Best match up in bowl history

BY STEVE FARRENS
Antelope Sports Staff

The last decade has featured some of the greatest Super Bowl contests in the history of the game. The Giants and the Patriots in 2008, the Steelers and Cardinals in 2009, and all three of the Patriots victories between 2002-2005 were exciting games to watch. What I find most impressive about the Super Bowl every year is no matter how big the event gets, no matter the focus on commercials, halftime show debacles and anything and everything unrelated to football, the game still finds a way to be the real draw.

While the majority of our country huddles around a flat screen this Sunday, it'll be the true NFL fans who appreciate a battle featuring two of the most storied franchises in all of sports. The Steelers will be gunning for their seventh championship while the Packers are seeking their fourth. Both teams have similar styles of offense, stoic defenses and both feature a fan base larger than most other teams combined. Sure, the Black Eyed Peas halftime show should be entertaining, but I have a feeling "I Gotta Feeling" won't measure up.

After all, the key to a great Super Bowl is in the match up, and Super Bowl XLV might be the most even match up in the game's history. There have only been three games in the past 44 Super Bowls that Vegas gambling odds set the spread at less than a field goal, and there hasn't been one since 1982. The Green Bay Packers are currently favored by 2 1/2 points, and I wouldn't be surprised to see that spread drop even lower by kickoff. Who knows what factor will give either team the biggest advantage, but I believe the following three should play a big part.

Pittsburgh must pressure Aaron Rodgers

Rodgers is too good, and nobody's left the field unscathed when he gets the time needed to find the open man. The Steelers have one of the most ferocious defenses in the game, but Rodgers will not have any problem throwing the ball all over the field if they aren't able to get inside the pocket. Last year's Green Bay/Pittsburgh game resulted in a close 37-36 win for the Steelers— with Rodgers throwing for almost 400 yards and Roethlisburger throwing for 500. If the 2009 Aaron Rodgers can throw for 400 yards, the 2011 Aaron Rodgers could certainly eclipse Roethlisburger's mark and then some. If Pittsburgh is able to shutdown Rodgers, Green Bay will need to utilize James Starks. Starks has shown some serious talent in the playoffs, but the Steelers have the best run defense in the game. I can't see the Packer's running game being anything close to effective on Sunday.

Mendenhall first, Roethlisburger second

In my opinion, the best bet Pittsburgh has at winning this game doesn't come from Roethlisburger's arm, but from Rashard Mendenhall's legs. He's coming off a big game against the Jets and is certainly the best weapon from the backfield of either team. The Packers' B.J. Raji will be a big deterrent against the Steelers running game, but Green Bay is 18th overall defending the run for a reason. Pittsburgh must focus on the ground game before going to the air. It's not that Roethlisburger can't win the game on his own (he's done so many times before), but burning the clock and keeping Rodgers off the field has the greatest upside. A 304-pound fly in the ointment that could foil this strategy is loss of Steelers Pro Bowl defensive MVP. Loschen, a pitcher who set the career wins record (27), was named defensive MVP.

This year's team opens the season on Feb. 19 in Emporia Kan. against in-state rival Wayne State. UNL will play UNL on March 2 for the Huskers home opener in Lincoln, NE. The Lopers are picked to win the 2011 Plains Division, and are led by 18 seniors.

FIGIS MAKE WISHES COME TRUE

A group of Fijis play a game of Around the World at the 2nd annual Fiji Ping-Pong Tournament on Jan. 26. This was the first year the tournament had both a male and female bracket. A reported seven women and 12 men were signed up to compete in the tournament. Proceeds for the event went to the Make-A-Wish Foundation.

Photo by Ashley Leever
Rivalries revisited

UNK set to move to MIAA, reunite with old CSIC foes

BY RYAN SEEFSUS
Antelope Sports Staff

In the same year that Michael Jackson was crowned the King of Pop, the Central States Intercollegiate Conference was beginning a downward spiral. It was 1989 and the last year UNK was a member of the CSIC. The once named “Antelopes” closed the book on multiple heated rivalries.

After 21 years, the Lopers of a new generation are planning to write the sequel.

On July 1, 2012, UNK is set to join the Mid-America Intercollegiate Athletic Association and begin conference play. When the Lopers begin competition in the MIAA, they will be matching up against seven universities that also rose out of the CSIC rubble to build quality Division II athletic programs.

Not only does the MIAA play at a high level, it is likely that the conference will be up to 16 teams by 2012 when UNK and Lindenwood are introduced. Changing conferences may be good for the university, but it’s not going to be a walk in the park.

“The MIAA is considered as one of the best Division II conferences in the country,” UNK Director of Athletics Jon McBride said.

In 2012, the Lopers will need any edge they can get to continue competing at such a high level. Luckily for the True Blue Crew, travel distances will be cut in half as soon as UNK leaves the RMAC.

It was difficult for our opponent’s fans, as well as our own fans, to go to a game 12 to 13 hours away. Generating rivalry intensity is something we’re looking forward to in the MIAA, that we didn’t enjoy in the RMAC,” McBride said.

In addition to travel convenience, attendance numbers in the MIAA are exponentially higher than the RMAC because the entertainment value of their rivalries is superlative. The switch in conferences should create extra interest and support, considering in-state foe University of Nebraska at Omaha and long time adversary Fort Hays State will be on the schedule multiple times a season.

“The UNO and UNK rivalry has always been pretty intense, and I think joining the MIAA will heighten the interest surrounding those games,” McBride said.

By giving fans a chance to attend both the home and away contests of a match up in the same year, the change of pace should hasten old CSIC rivalries.

One person who is excited about moving to the same conference as some of the old CSIC teams is UNK men’s basketball co-head coach Tom Kropp.

He coached in the CSIC for 12 years as an assistant coach, and he welcomes the challenge.

“The two teams that we most look forward to playing in conference are UNO and Fort Hays,” said coach Kropp.

Last year the MIAA led all Division II schools in women’s basketball attendance, the RMAC came in last. When it comes time for the Lopers to step into the sphere of MIAA athletics, you need to ask yourself one question. Are you ready to be a part of the experience?

Morissaint steps up

After last season, Morissaint knows what’s expected of him

BY NATHAN KRUG
Antelope Sports Staff

Last year, Lopper basketball fell just short of .500. But, just because UNK finished with a 13-14 record doesn’t mean there weren’t any bright spots. UNK beat a nationally ranked team in Metro State, had senior team leader, Josiah Parker, and beat rival Wayne State. One of the more surprising aspects of last year was the development of freshman Akeem Morissaint, a pre-physical therapy major from Delray Beach, Florida State.

The stats that Morissaint, now a sophomore, put up last year while only starting 16 games include: shooting 40 percent from the 3-point line, 1.4 steals a game with 37 for the year and third place in scoring for UNK.

“I did expect to have that good of a season after last season, Morissaint said. With the success Morissaint had last year, he now knows what’s expected of him on the court. “I’m expected to pretty much be a team leader and have just an all around good season. I don’t feel I’ve lived up to expectations just yet. I think there’s room to improve still,” Morissaint said.

Although he’s devoted to the court and the classroom, Morissaint finds time for his hobbies. “I love to play ‘Call of Duty’ on my PS3. It’s a lot of fun.”

Morissaint believes the team can make the RMAC tournament and compete well this year, a goal the Lopers have not accomplished since the 2007-2008.

Currently, Morissaint is too focused on the tasks at hand to worry about what’s next after basketball. For now, he’s going to take it one day at a time. “I’m not really sure what’s in store,” Morissaint said. I just want to get my degree and go from there.”

Blue/Gold Rush

Tickets go on sale soon!

The University of Nebraska at Kearney Athletic Department announced that the 2nd annual Blue/Gold Rush for Athletic Scholarships will take place Tuesday, Feb. 15 from 5-7 PM at the Holiday Inn. The Rush event is part of an extended initiative to provide Loper student-athletes from all 19 NCAA sponsored sports with scholarship dollars. The event is open to all Chamber of Commerce members as well as the general public. Tickets will go on sale starting Monday, Jan. 10 with prices being $25 for 1, 3 for $60 or 6 for $100.

Buy a tickets and be entered for the following prizes:

- Florida Sports Getaway
- Home Entertainment Package
- Pure Country Experience
- Loper Football in Style
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- Husker Game Viewing
- Awarii Dunes Sampler
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Helping Arthritis aches
Alpha Omicron Pi puts on fundraiser

BY BETHANY SHIN
Antelope staff

Striking out Arthritis is the cause, and UNK is taking steps toward the prevention that you can join.

The fifth annual Alpha Omicron Pi Dodgeball Tournament will be held at the Health and Sports Center at UNK on Feb. 3, 2011 from 7-10 p.m. The entry fee is $30 per team of five to six people, and teams are eliminated through a bracket system.

If you aren’t able to make the tournament, the sorority members will also be selling $1 raffle tickets toward an iPad. Along with the iPad, there will also be a cash raffle prize to help encourage the community to participate.

“There is no way we would be able to do it without the support. If people don’t buy a raffle ticket or don’t sign up a team, then we can’t do this event,” said Heather Reimers, a sophomore special education major from Hastings who is also the philanthropy chair for her sorority.

“This philanthropy means so much to me,” Reimers said. “Arthritis doesn’t directly affect me or any of my family members, but I talk to so many people that are affected by this disease. I am a CNA at a local nursing home, and many of my residents are affected by this. It does touch me in a personal way.”

The philanthropy has been very successful in the past, and the sorority is looking forward to a very successful even this coming Thursday.

The Alpha Omicron Pi sorority is also encouraging their upcoming philanthropies. “In the fall we hold a rock concert called “Rocking for a Cure” to also help raise money for arthritis. We will be out in the community helping people as much as we can. AOII's are continuously searching for ways to help our community in any way we can,” said Reimers.

“I do what I can to get people to donate, or to sign up, but that’s all I can do. I can’t take the place of a team. The teams and our supporters are the reason we are able to do this. The event has shown growth every year and Alpha Omicron Pi is hoping to see their biggest year yet."

Heather Reimers
Special education sophomore

"I do what I can to get people to donate, or to sign up, but that’s all I can do. I can’t take the place of a team. The teams and our supporters are the reason we are able to do this. The event has shown growth every year and Alpha Omicron Pi is hoping to see their biggest year yet."
HONK IF YOU LOVE TAXES

Nathan Leach, 14, and Shayla Jelinek, 16, remain cheery after waving to cars for two and a half hours during a frigid winter day. The teenagers asked for the job after seeing another person dressed as the Statue of Liberty while waving to cars for Liberty Tax Service on Second Ave. "We thought, 'This would be a really fun job,'" Leach said before they walked inside the business and got the job.

Taxes from page 1

as dependents when their parents are already claiming them," said Emily Osborne, an accounting graduate from Atkinson. "A good rule is if your parents pay 50 percent or more of your expenses then your parents get to claim you on their taxes."

According to ABC news, Americans spend more than $7 billion a year on filing taxes, why not do it for free? Free filing is offered from many sources including the Internal Revenue Service website, which offers more than 25 different free downloads of tax software. Professional tax preparers like H&R Block are doing 1040 EZ forms for free until Feb. 15, and now taxes have gone “smart” with phone applications. Tax “apps” have been created so consumers can file their taxes from a smart phone.

“If you’re looking for a more economical way to do taxes using iPhone tax ‘apps’ or free online software is certainly a cheap way,” Osborne said, “but personally I would have someone do my taxes.”

“I’m more concerned students get the correct refund rather than the maximum refund,” Dr. Trewin said. “Students need to include all their income, including W-2s, 1099s and bank statements.”

School purchases are made all year, and saving receipts for tax season can mean a better refund. Some payments like tuition can be located and printed on the MyBlue website.

“To receive all the deductions and credits they are allowed, taxpayers need to keep good records and keep all receipts that relate to any expenses that are deductible,” Dr. Trewin said.

“Save, and keep track of everything you pay for,” Osborne said. “If you buy supplies for a lab that’s deductible, and so are pens, pencils and notebooks.”

Don’t get stressed about your taxes just yet, you have plenty of time to file, in fact the last day to e-file your tax return is April 18, so gather your receipts and file.

Grant from page 1

in this community.” The grant is a collaboration between UNK and other partners including the S.A.F.E. Center, Kearney Police Department, Buffalo County Attorney and the Family Advocacy Network.

Dr. LeAnn Obrecht, director of counseling and health care, said the grant will help expand the role of the Women’s Center while funding other initiatives to help female victims of violence.

“Because we are more rural, it makes victims even more hesitant to come forward. We find out after the fact. Sometimes its years before victims are ready to talk about things that have happened to them,” Obrecht said.

Nikki Gaussman, executive director of the S.A.F.E. Center helped write the grant and organize the grant initiatives.

The primary purpose of the grant is to enhance victim safety and support services to the victims of domestic violence, dating violence, sexual assault and stalking. It will serve UNK, Kearney and surrounding areas.

“We are incredibly excited about this opportunity,” Oravecz said.
Laughter the same in every language

Campus conversation tables connect students

ABOVE: Andriana Castellanos and Andrea Carceres (left) share in a good laugh with Leslie Van Winkle and John Lawless (right) as they share stories and experiences with each other during the campus conversation tables. RIGHT: Kelli Walters (left), Alvaro Pena (middle), Daniel Lozano (middle), and Yoshio To (right) swap stories with one another about their native countries and culture.

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