Not too late to vaccinate

H1N1 shot recommended before spring break departure

BY AMANDA HODGE
Antelope Staff

It is not too late. Those traveling should consider receiving a H1N1 vaccination before leaving for spring break.

Cindy Shultz, associate director of counseling and health care has noted in the past several weeks a gradual increase in the number of H1N1 cases has been reported nationwide. “With spring break coming up, we know that many students, faculty and staff will be traveling, and we would encourage you to come to UNK Health Care for your free H1N1 vaccination if you have not yet done so,” Shultz said.

2009 H1N1 (sometimes called “swine flu”) was first detected in people in the United States in April 2009. This virus has spread to the point that on June 11, 2009, the World Health Organization (WHO) declared H1N1 as a worldwide pandemic. Unfortunately, the 2009 pandemic is spreading into the 2010 year. According to the Center for Disease Control and Prevention (CDC) the United States is experiencing another wave of H1N1 influenza this year.

As a result of this second wave of flu, it is recommended people receive the influenza vaccination. Currently there are over 150,000 sites where the vaccination can be distributed; one of them includes our UNK Health Care center.

Shultz reminds both students and faculty that when a person is traveling they come in contact with many different people and could potentially be spreading the virus at a fast rate. H1N1 is not a virus to take lightly. In the first six months of the H1N1 epidemic 3,900 people died from this form of influenza. This spring break, protect yourself and those around you, get vaccinated.
Come one, come all to UNK Army ROTC open house

BY ASHLEY LEEVER
Antelope Staff

For college freshmen, the university atmosphere can be very intimidating—being accepted by new friends and peers, living up to expectations and making or breaking it in the real world. Fledgling college organizations face much of the same scrutiny, but UNK’s Army ROTC is determined to break the ice.

With less than a year under its belt at the UNK campus, there are many students on campus who may not even know of its existence. In order to form a solid foundation and relationship with the campus, UNK’s Army ROTC program will be holding an open house on Monday, March 22 at the Ponderosa Room in the student union at 3:30 p.m.

“We are trying to let everyone on campus know what ROTC has to offer and what we do on a day-to-day basis. We also are going to recognize some of the cadets for their achievements over the year. We are inviting our parents, faculty and the student body in order to get in contact with UNK in general,” said Cadet Cory Walcott, a junior psychobiology major from Kearney.

Members of ROTC are hoping that this open house will get their name out there not only for potential recruits but also to the faculty. “Our main focus is to form a relationship with the UNK faculty by inviting deans, department chairs and advisors. Once we have that relationship established with faculty, we will focus more on the student body,” Walcott said.

The event is projected to last approximately two hours with refreshments provided and booths that feature daily aspects of an Army ROTC cadet’s daily life. “We want the campus to see what our program consists of, from our physical tests in the mornings to what we do in labs and also our extracurricular activities,” Walcott said.

An awards ceremony will also take place at the open house, with rewards coming from UNK’s parent entity at UNL and from within the UNK ROTC for physical fitness and classroom achievements.

“We want people to come to the open house if they are interested in joining in ROTC or just to see what kind of relationship the campus has with the military. Our primary focus is to establish a solid relationship with all of UNK,” Walcott said.

YOU’RE INVITED
• What: UNK Army ROTC open house
• When: Monday, March 22 at 3:30 p.m.
• Where: Ponderosa Room in the student union
• Who: All UNK staff and students are welcome to view a glimpse into UNK Army ROTC lifestyles.

Speed on rock wall leads to military

Kluever sacrifices free time for ROTC, National Guard

BY KERISTIENA SHENOUDA
JMC 315

After the instructor demonstrates various fighting techniques in the ROTC combatant class, Stacia Kluever fights passionately and wins two battles. She likes to push herself physically and mentally, part of each day of ROTC training.

Stacia Kluever is a 19-year-old freshman at UNK who grew up in Iowa with the dream of becoming a doctor. Aware of the fact that she needed financial assistance to go to medical school and to avoid ending up with a tremendous debt, Kluever decided to join the military.

The ROTC program gave her the opportunity to fulfill her dream by providing a full scholarship. But for Kluever joining the military means more: “It is a sense of pride,” she said. “You are helping protect the country.”

Kluever was recruited when she was a senior in high school. The National Guard placed climbing walls in her high school in Union, Iowa, as part of its recruiting program. Pond of rock climbing, Kluever was the best of the girls and even did better than most of the boys. “Of course guys don’t like to be embarrassed that way when it comes to athletic things,” she said.

There are negative sides to her life as an officer in training. Her days start at 5 a.m., and she has a tight and full schedule. Although she sometimes wishes to, she cannot stay up late and go out like other college students.

Kluever just cannot live the “normal” college life. The training she receives is both physically and mentally demanding. She says, “They really push you to the extreme of your limits and then even further. It happened multiple times that I came back home and started crying. It is honestly not easy.”

But whenever this happens, she finds comfort in her faith and the support of her family and friends.

Kluever supports the Iraq and Afghanistan wars. She trusts that the president would not send the troops into a war not worth fighting.

Whether military personnel agree with the reasons of a war or not, however, is irrelevant for Kluever: “I may not support the views of the Commander in Chief, but I will do what I am told, because that is my job. My concern in the future will be taking care of the soldiers that are wounded and that are under my care, and to do the best job possible to ensure that they stay alive and can go back to their families.”

Photo by Keristiena Shenouda

After the instructor demonstrates various fighting techniques in the ROTC combatant class, Stacia Kluever passionately fights and wins two battles.

Kluever is already sworn in, which means that four years from now she will be commissioned as a first lieutenant and attached to a Guard unit. “It is a crossing point. There is no turning back after you are sworn in, but I am looking forward to the future,” she said.
UNK alum, educator, says smaller schools trump rest

BY CHELSEA ARCHER
Antelope Staff

At first, Dr. Clifford Trump, Chancellor Emeritus of the State College System of West Virginia, doesn’t seem to have much in common with UNK. He was the Board of Regents Chief Academic Officer at Idaho State University and president of the Black Hills State University in South Dakota. Trump obtained his doctorate degree in Wyoming and his master’s of education in Arizona. But if you back up to 1959, buried beneath his many career accomplishments, you’ll find Trump as an undergraduate student at a small school named Kearney State College. Here, it is easy to discover that he has much in common with UNK, where his story began.

I understand that you went to Kearney State College. Where is your hometown?

My hometown is Chappell, but I moved to Cheyenne, Wyo. by the first grade.

If you moved to Cheyenne at such a young age, why did you choose KSC?

I received a journalism scholarship to the University of Wyoming. During high school I wrote for the Cheyenne paper. Well I had a friend that I would go to the gym with who was going to play basketball for KSC. I went to the gym with my friend, and the KSC basketball coach offered me the opportunity to play basketball. So I took the basketball position. KSC didn’t have a journalism degree, so I majored in English instead.

Did you play basketball throughout your college career?

No. A new coach came in, and at that time freshmen couldn’t play on a varsity level. I just drifted off on my own. But I started playing tennis for KSC my senior year, and we won a tennis conference. I also wrote a sports column for a short amount of time for The Antelope.

You said you had to change your major from journalism to English. So, what was your first job after graduation?

I actually double majored in English and physical education. The summer after I graduated I married my wife, and she and I moved to Kimball and taught for three years. From there we moved to Arizona, and I taught and coached basketball and tennis. I then got a master’s degree at the University of Arizona.

After my master’s degree, I taught part-time at the University of Wyoming for three years. Then, I took one year off to pursue my doctorate degree. I moved to Idaho to become the Board of Regents Chief Academic Officer. I was the academic vice president of the state of higher education for 10 years. I also was the vice president of administration at Idaho State University for four years.

At that time, the college president left and I was elected interim. Now, the policy for the president was that I couldn’t be interim, but I took it anyway to see if I liked the position. I was president for 14

TRUMP, PAGE 5
International Food Festival

Photos by A Sanam Bhalla

TOP LEFT: Colombian students performing a dance number "Vallenato" of popular folk music, which primarily comes from Colombia’s Caribbean region. Vallenato literally means "born in the village."

MIDDLE LEFT: Students from 12 different countries served their food. There are students from 45 countries at UNK.

BOTTOM LEFT: Students from Nepal serve food from their country at the Scott and Cheryl Morris 2010 International Food Festival on Sunday.

BOTTOM RIGHT: Japanese students showed off their calligraphy skills on a large canvas. It read, "I put my heart and soul into my work."

ABOVE: Cansu Ertokus, from Antalya, Turkey, is currently an English Language Institute (ELI) student, majoring in economics. She performed a belly dance, also known as Oriental dance. Oriental dance is one of the oldest dances in history.
10 years as pro athlete and he's only 23

When Shaun White isn't winning gold medals, he makes time for charities

BY BRIE MAASKE
Antelope Staff

He went pro 10 years ago. He's 23 years old. Let's think about that one for a second.

Yes, you did the math right; Shaun White went pro at age 13. He's also a professional skateboarder. It took him until 17 to accomplish that.

White is a two-time Olympic gold medalist, a 16-time medalist at the X Games, (10 of those medals being gold) and a five-time ESPY award winner. Yeah, he's only 23 years old.

White underwent two heart surgeries before he was even a year old, but that didn’t slow him down. He started snowboarding at four, and ended up earning sponsorship from Burton Snowboards when he was seven. He also placed in the top 10 at nationals that year.

White is the first athlete to compete and medal in both the Summer and Winter X Games, as well as the first athlete to sweep the U.S. Grand Prix series, the qualifying event for the Olympics.

White won his first Olympic gold at the 2006 Winter Olympics in Turin, Italy. He did it again, just a few weeks ago in Vancouver at the 2010 Olympics. He rocked the first round and received 46.8 out of 50. He wouldn’t have needed to make a second round to win the gold.

But he did, and he pulled out the double McTwist 1260. He ended up with an almost perfect score, 48.4. The silver medalist was still almost three points behind him.

In order to prepare for the Winter Olympics, and to create new moves, White with the help of his sponsor, Red Bull, created his own personal halfpipe in the backwoods of Silverton, Colo.

The halfpipe took two months, 30 helicopters, 800 pounds of steel and a half million dollars.

The pipe serves as a secret location for White to try out new moves in the first and only foam pit on a mountain, accessible only by helicopter.

**White is the first athlete to compete and medal in both the Summer and Winter X Games.**

White runs much of his own career alongside his brother, Jesse, and his agent, Mark. He only works with companies he relates with, not just anyone who comes his way.

He designs his own line of snowboards and men's and women's outerwear for Burton, has a clothing line with Target for young boys, two video games with Ubisoft as well an exclusive Target only game and multiple snowboarding and skateboarding films.

On top of everything else White is involved with, he makes time for charity. He spends time at the Target House, a residence for families and patients receiving long-term treatment at St. Jude Children's Hospital. There is even a Shaun White Great Room for residents to get together and hang out.

He also works with the Tony Hawk Foundation, Heartgift and the Make-A-Wish Foundation.

Yeah, he's 23 years old.

White was on the cover of Rolling Stone right around this time four years ago after he won his first Olympic gold medal. He graces cover again this month, pumping Jimi Hendrix, who was orginally scheduled for the April issue. In tribute to Hendrix, White lit his snowboard on fire for the covershot.
Selfless pitcher chases history
Jared Loschen needs one victory to break career wins record at UNK

BY RYAN SEEFUS
Antelope Staff

If you ask Jared Loschen what has made him a successful pitcher for UNK, he will quickly credit the people around him. “I believe that all collegiate athletes have been blessed with natural athletic ability, but it is things like my teammates, coaches and family that keep me working hard to get better in practice and games,” he said.

Staying motivated has helped Loschen earn 22 wins as a Loper, putting him one win away from breaking a record that has stood for more than three decades. Before this year, the record for most career wins by a pitcher was held solely by Ken Vergith, a Loper who played in ‘70s.

“Realistically, even though my name might be attached to the record, to me it represents the fact that I have played on four really good teams, with some great teammates while here at UNK,” Loschen said.

The Kearney native has been a regular weekend starter for the Lopers since he joined the team in 2006. Besides strong supporting casts, Loschen possesses a trait that has been critical to his survival. “The biggest thing that has remained constant throughout my career as a pitcher is that I have always had a burning desire to compete,” Loschen said.

The senior has embraced his role as a key contributor on the pitching staff and has welcomed the pressure throughout his career. “Standing on the mound with the ball in your hands and the game on the line is something that you either really love or fear, and for me it is certainly something that I truly love,” Loschen said.

Loschen has been able to refine his mechanics to stay competitive on the mound against the same RMAC teams year in and year out. “In order to minimize the error in pitching, we really focus on our mechanics and become very fine tuned with our delivery of the baseball,” Loschen said.

While the will to win allowed Loschen to be successful early in his career, the ability to make adjustments has helped him rack up an impressive win total. “I love the challenges that go along with pitching and how each and every pitch, batter and team are different,” Loschen said.

The UNK baseball team takes on Regis University this weekend, and Loschen will compete for a little piece of history against the same RMAC teams year in and year out. “Behind every pitcher that has had some success is a team full of great baseball players,” Loschen said.

Track team sends five to Nationals

BY JILLIAN JUMPS
Antelope Staff

The UNK indoor track team completed another great season this year with top three finishes in the conference tournament and five athletes qualifying for nationals.

“The team had a very good season,” said Brady Bonsall, head cross country and co-head track coach. “The most successful part of the track season was having five individuals qualify for nationals and that we are very competitive in the 200 and 300-meter runs,” Bonsall said.

The team set some big goals as a team and as individuals Bonsall said, “Our goal this season was to win the conference tournament and have as many individuals as possible to go to nationals.”

At the conference tournament on Feb. 25 and 26, the women’s team placed second and one woman, Sam Murphy, qualified for nationals. Murphy a senior criminal justice major from Franklin, qualified in throws. The men’s team got third at the conference and had four individuals qualify for nationals. Spencer Huff a senior construction management major from York, qualified in the long jump as did Marty Molina a freshman social work major from Kearney. The other two men to qualify were Dane Toby, a junior health and physical health major from Waco, for shot put and Rich Mourer, a senior construction management major from Springfield, Co., for weight throw.

These Lopers will be competing in the national tournament on March 12 and 13 in Albuquerque, N.M.
Bauer one successful coach

BY CRAIG HALL
Antelope Staff

UNK head wrestling coach, Marc Bauer, to say the least, has had a pretty decent career in the world of wrestling, from his own high school career through his college coaching career.

Bauer graduated from Kearney High School where he was a four-time state qualifier and compiled a record of 107-34-2. He went on to participate in collegiate wrestling at the University of Nebraska at Omaha. While at Omaha, Bauer was a three-time All-American and was a member of UNO’s 1991 Division II Championship team.

Bauer’s greatest accomplishments however, may have come from his 10 years as the head coach at UNK. Bauer has taken UNK to one NCAA Division II National Championship, eight RMAC/West Region titles, coached 52 All-Americans, 83 Academic All-Americans and been named the NCAA Division II Coach of the Year twice. This much success has come to someone that did not see himself in the wrestling world after college.

“I was really focused on my family and getting my career going in teaching, so this was really never a goal of mine,” Bauer said. None the less, in 1996 Bauer was asked to help out with lighter weight wrestlers under then UNK wrestling head coach Jeff Cardwell. That’s when Bauer, being introduced back into the world of wrestling, knew he couldn’t leave.

“I came in early December in 1996 and I just kind of fell in love with it all again. I had a couple kids I was specifically working with, and that made it fun for me,” Bauer said. He then went back to school to work on getting his masters, so he could focus on becoming an even bigger part of UNK wrestling. After Bauer completed his schooling and worked as an assistant coach for four years, Cardwell resigned, opening the door for Bauer.

Since accepting the head coach job in 1999-2000, Bauer has one of the most impressive resumes among collegiate coaches at any level. Along with all his postseason success, his Lopers have performed well in the regular season, posting a 121-54 win loss record in duals. That success also led Bauer and his 2008-09, team to set the school record with 18 wins that season.

Bauer doesn’t take all the credit though. “For our guys to believe that it takes a group of guys to do this together—that is more important than anything that can be said about a program,” Bauer said. “The student athletes are the ones that lead this program…and our coaching staff has been a key part.” Bauer doesn’t just coach All-Americans on the mat; he also has an impact on them outside of the gym.

“As a student of coach Bauer, not only have I learned how to be a better wrestler, I have also learned how to be a better man by being closer to my family, loved ones and also my faith,” said Kamarudeen (Marty) Usman, the 2008-09 national runner-up wrestler at 174 lbs. Usman will enter the championship as the nation’s top ranked wrestler in his weight class.

In your final year of school and wrestling, how would you describe your time at UNK?
It has been a good three years. I have enjoyed the campus, the school, the people in the town and also my team. The weather not so much though.

What do you think you have done to be so successful in your sport?
I have just learned a more effective way to train, diet, push myself, focus and all around prepare for competition in this sport.

What do you have to do to win it all this year?
To finally finish on top I feel that I just have to be mentally ready when it’s time. I have trained hard and prepared myself all year, and now it’s just time to believe and get the job done.

How do you want to be remembered at UNK?
At UNK I would want to be remembered by my teachers and peers as an extremely talented and superior student-athlete.

What’s after college and wrestling for you?
After college I’m heading to the Freestyle University Nationals in Akron, Ohio, to begin my quest for an Olympic Gold, maybe with some mixed martial arts fights along the way.

Bauer coached UNK’s first Division II National Championship team in any sport.
BETTER BOWLING NAME:

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