



THIS WEEK

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Women's basketball team prepares for change. *Sports*

411 on texting, family relationships

Family studies major conducts pioneering research

BY DEBBIE EPPING
Antelope Staff

Denise Rice may be a non-traditional student with three children and a full-time job, but as a senior, the family studies major has flourished and managed to do something many traditional students don't tackle as undergraduates.

Rice has conducted original research and on a topic relevant to all college students and their families: text messaging and the effect on families.

Rice has been selected to present this research at a national symposium and hopes to continue her research in the future. Because her own experiences make her uniquely qualified, when Rice debated about a research topic, she selected something that affected her personally.

Dr. Sylvia Asay, associate professor of family studies, recognizes the tremendous life experience Rice brings to the table. "She has skills that traditional students

haven't developed at this point in their lives," Asay said.

Asay said Rice has taken full advantage of the resources available during her time at UNK. "From the beginning of her studies at UNK, Denise was always a critical thinker and one who had more questions than answers. Many times it was the questions she asked in the classroom that stimulated other students' thinking about a particular issue or concept."

Research proposal: Effects of text messaging

After taking challenging courses and advice from Asay, Rice proposed a research hypothesis and was awarded a fellowship stipend. "It paid \$1,000 over the year, and I thought text messaging would be kind of fun, so that's how it started," Rice said.

Rice's research examined the effects of text messaging on family relation-

NOT YOUR TYPICAL SOCCER MOM



DENISE RICE

"My oldest son and daughter were both UNK students at the same time I was.

Most people can't say that. My son didn't know what to think at first, but he got used to it."

ships—she hypothesized it would bring families closer. "I had three adolescents, and we texted back and forth more than we ever talked on the phone," Rice said.

TEXTING, PAGE 2

Times Talk

Tuesday, April 6 at 12:15 p.m.

"Turning Interest to Action:
Sustainable International Development CAN Work"

Rebecca Kouskly, Baldwin Free Enterprise

Fireside Lounge, Nebraska Student Union

Free pizza and pop

Earth Day

Green Fair

Thursday, April 22



GET YOUR FACE PAINT ON FOR SAKURA



Photo by Kevin Whetstone
Freshman aviation major Arata Osora of Japan paints the symbol for "samurai" on Andrea Kelley's face during the Sakura Japanese Festival held Saturday in the Health and Sports Center. Kelley, who is a member of the Friendship Program, was just one of the many people who came to the annually held festival to gain insight and get a taste of Japanese culture.

the antelope

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R U aware of texting dangers?

BY JENNIFER KARDELL
Antelope Staff

Imagine yourself driving down the road, listening to music, having a good time, and your phone goes off. You have just received a text message. Do you respond? Most drivers do; however, some drivers don't live to tell about it.

Texting has become a big issue recently. Of course, it's a great social means to send a quick message. However, is the ease of social networking through texting as beneficial as you think?

Texting has become one of the top forms of communication. It's hard to imagine not having text messaging on cell phones for some users. Students on campus share different views about the issue than their professors and advisors.

Allie Nightingale, a junior elementary education major from Kearney, is the president of the Alpha Phi sorority on campus and uses text messaging and has even admitted to texting while driving. For her, texting is used

as a social means. "I like to use texting because it's quick and to the point. You can text places that you cannot talk on the phone like work, class, doctor's office, etc."

"I see students who text each other when they should be talking and personally interacting with one another...This truly delays social development in college students."

Tracy Lungrin
Greek advisor and leadership coordinator

Tracy Lungrin, greek advisor and leadership coordinator for UNK, can see where students like Nightingale are coming from when it comes to texting. However, in contrast to student views of texting,

points out the disadvantages of text messaging. "I think there are disadvantages for students who primarily use texting as their main form of communication. They have less face to face and personal conversations with one another. I see students who text each other when they should be talking and personally interacting with one another, such as in confrontational situations or in dating relationships. This truly delays social development in college students."

Lungrin points out one of the issues that texting has become. Texting has eliminated much of the face to face conversation she had during her college experience. "This was a conversation that many of my friends who graduated from college 10 to 12 years ago discuss. We are very thankful that texting and Facebook were not a part of our college experience because we felt that we wouldn't have developed some of the communication and confrontation skills that our 'old school college experience'

TEXTING DANGERS, PAGE 11**Texting research from page 1**

Rice's research examined the effects of text messaging on family relationships—she hypothesized it would bring families closer. "I had three adolescents, and we texted back and forth more than we ever talked on the phone," Rice said.

Rice put together a questionnaire that was then advertised on Facebook and taken by a random sampling of 75 participants—the majority being between 19 and 24 years old.

The results revealed texting is used to convey information and make plans with both friends and family. However, participants rarely used texting to fill time or build relationships with family, though they did so regularly with friends. Rice concluded the high tendency to build non-family relationships through texting most likely has either no effect or a negative impact on family relationships.

Junior organizational communications and theatre major Brittany Greunke from Winside tends to agree.

"I text my parents more for informational purposes, but text my friends more just to pass time," Greunke said.

Research results analyzed, presented

Rice's research is pioneering, as most studies have not considered the effects of text messaging on family relationships. However, Rice realizes the study has limi-

tations such as the small sample size and factors such as the closeness of the family relationships prior to cell phone usage.

Rice presented her research at the UNK Undergraduate Research Symposium last fall and is scheduled to share her findings at the National Conference of Undergrad Research (NCUR) at the University of Montana in April.

In addition, Rice's research has been accepted and will be published in the upcoming University of Nebraska at Kearney Undergraduate Research Journal. Rice hopes to expand her research this summer if a grant can be secured for additional funds.

Uses, value of research

Rice recognizes the value of her research beyond the classroom as she began her career in December 2009 as the com-

munity services coordinator for Buffalo and Kearney counties. A large part of that job is referrals and helping qualify people in need for different programs.

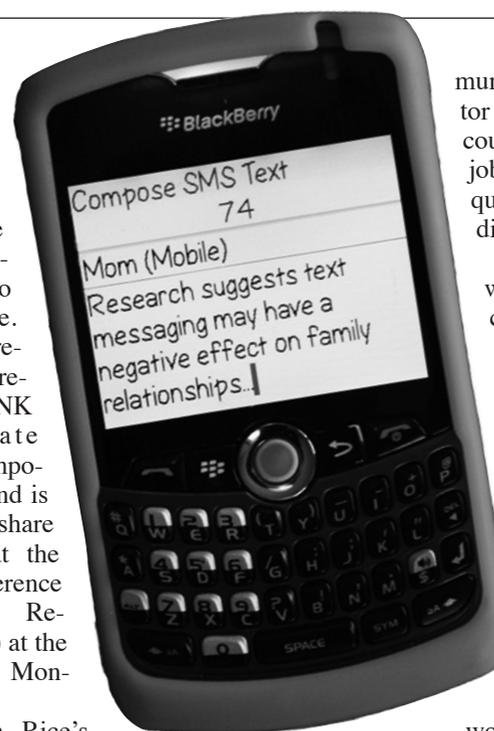
"The whole realm of working with families changes so quickly, and there's always new research. If you don't know how to read it, you're not going to be able to find out answers for the people you're working with," Rice said.

Rice offers advice to other students who have the opportunity to take on a research project.

"I wish other people would not be afraid to do it and just give it a chance," Rice said.

Asay also encourages students to take advantage of the research opportunities UNK offers undergraduate students.

"In the past, the full research process was not typically part of the undergraduate experience, but that is changing. Graduate schools now have expectations that entering students have been exposed to the development, data collection, analysis and display of research," Asay said.



The Big Event: Volunteers tackle community service projects

BY **ABBY RICHTER**
Antelope Staff

A rapidly spreading epidemic has hit the UNK campus, but no, it's not some dangerous spreading disease. It's a mass amount of UNK students volunteering to do community service for the city of Kearney.

Yes, I said it—college students are actually volunteering to do community service. Now that's a foreign concept.

What is the cause of this outreach of kindness among UNK students? Three words—The Big Event, and yes, it is a big deal.

UNK will host its fifth annual Big Event Saturday, April 10, a day of community service provided by UNK students, faculty and staff.

"Students should get involved with The Big Event because it is a great way to volunteer and have fun."

Regan Ruhl
Director of Student Organizations and Affairs

This event started at Texas A&M University 27 years ago, and it has become a nationwide event among over 70 universities in the U.S., including UNK, where it has been growing for the past five years.

Volunteers for The Big Event at UNK



Photo by Lyndsey Luxford
Sarah Mulder, a news editorial major from North Platte, and Dixie Green, a resident of Cambridge Assisted Living rival each other in a game of baseball on a Nintendo Wii during last year's Big Event. Mulder volunteered with the Students In Mass Media organization.

will participate in service projects that benefit nonprofit organizations and individuals in the Kearney area. Whether it is landscaping at a city park or painting a fence for a senior citizen, volunteers will engage in a wide variety of community service.

Regan Ruhl, director of Student Organizations and Affairs at UNK, is one of the many UNK students helping to organize this event. "Setting up events such as The Big Event goes

right along with what I want to do in my career," Ruhl said. "The marketing, promoting, getting all the supplies and volunteers and running the event all are great resume builders for me."

Many students probably wonder why they should volunteer for The Big Event when they have a busy enough schedule as it is.

"Students should get involved with The Big Event because it is a great way to volun-

VOLUNTEERS

Great news! The Big Event is currently at maximum capacity in terms of student volunteers. Spread the word about The Big Event, and get ready for next year!

teer and have fun," Ruhl said. "This is volunteer work that looks good on resumes, and it's a way to thank the Kearney community for the undying support it gives to UNK."

This event does look good on students' resumes, but it betters the community in many ways. "Anyone can send in a job request, and as long as they supply the tools needed, we supply the students to get the job done," Ruhl said. "It helps improve the look of the community, and it helps with any needs the community has."

Last year, the event drew in approximately 300 UNK students, faculty and staff, and they are expecting at least that many or more this year. Any UNK student, faculty or staff member can sign up for this event.

For more information, contact The Big Event staff at unkbigevent10@gmail.com.

Although The Big Event has become the largest one-day, student-run service project in the nation, the message and mission remain the same among all universities—to simply say "Thank You."

WHM strives to 'write women back into history'

BY **BRIE MAASKE**
Antelope Staff

As the month of March comes to an end, so does Women's History Month, but the search to understand and benefit from the history of women continues.

"It's very empowering to know that you are a part of a larger history. And when women discover their own history, it's a very exciting perspective to have, to know that you belong somewhere. It helps us know who we are," said Linda Van Ingen, director of the Women's Studies Program.

"For Women's History Month, we've tried to present programs and events that represent different aspects of women's life, gender roles, sexuality, safety and aggression issues," Van Ingen said.

The Women's Studies program put on

APRIL EVENTS

On April 8, the Women's Studies Program is co-sponsoring a panel of speakers with UNK's Women's Center for Sexual Assault Awareness Month. The panel will include individuals from the Safe Center, campus police and FAN (Family Advocacy Network.)

the annual celebration of events planned on the theme 'Writing Women Back Into History' and included discussion groups, film festivals and rape aggression defense training.

"Women Studies itself looks at knowledge and society from a woman's

perspective. Then what Women's History Month does is focus on the continuity between women's lives now and the past, as well as the discontinuity," Van Ingen said.

The topics of the round table discussions included women and sexuality and modern gender roles.

Van Ingen said that education seemed to be a common theme at the modern gender roles discussion. "A lot of students are first generation college students, and so going to college was a big difference between their lives and their parent's lives. Even for many of the students whose parents did go to college, their expectations for themselves were still high."

"As we discussed things, we came to appreciate that moms had knowledge even though maybe some of them didn't finish high school or go to college. They had other kinds of knowledge about life, cooking,

domestic work and spirituality," Van Ingen said.

At the discussion, participants also discussed how society constructs gender roles. "The society you live in, in many ways shapes what it means to be a man and what it means to be a woman," Van Ingen said.

Van Ingen said she asked students to discuss what they expect in relationships, whether they are submissive, dominant or strive for equality. She said that the older generation tended to have more authority in their relationships, and that others had religious convictions, which shaped their views. Most agreed that, ideally the relationship would be equitable, where each partner shared the resources and the chores.

Monday's event, Rape Aggression Defense Training, was sponsored by the Office of Multicultural Affairs and put on by campus security.

Letters to the editor:

Student has beef with campus parking tickets

BY BRITTNEY FOLKERS
Guest Writer

Parking at UNK is the most ridiculous thing I have come across.

UNK parking services charge \$50 for a parking permit, and you are not even guaranteed a parking spot. Campus police sell the parking lots to 110 percent capacity, so if you are unable to find a spot, you can either drive around forever looking for a spot on the street or take a \$20 risk and park in a different zone.

As if the university does not get enough money from the students from fees, raised tuition and overpriced food, they also have to charge \$20 for a non-moving violation and double it after 14 days. This is absurd. The Kearney Police don't even charge that much, nor do they double the ticket.

As if the university does not get enough money from the students from fees, raised tuition and overpriced food, they also have to charge \$20 for a non-moving violation and double it after 14 days.

I think it would be very interesting to see how much money the university brings in from student parking tickets. Students are the last people on campus who should be targeted for inflated parking tickets.

From what I have experienced and from what I have seen, the new circle drive by the library is a huge source of income for the parking services. There is no sign that says "No parking" or yellow line on the curb. So how in the world are there so many tickets written every day for this? I swear that every time I drive by the li-

brary, there are at least 10 cars sitting there with a ticket on the windshield. That would be at least \$200 per day, not including those students who forgot to pay and have to actually pay \$40.

So what is the reason for the excess tickets and no sign to warn students not to park there? They say they don't want to ruin the aesthetic appeal of the landscape.

So be aware of where you are parked, because even if there is no sign, yellow paint or other warning, you could get a \$20 or larger ticket from the institution that has already taken thousands.

PARKING RULES & REGULATIONS

Authorization: The University of Nebraska at Kearney (UNK), through the Board of Regents, is authorized to establish and enforce parking regulations and to levy penalties upon all UNK properties (State Statute 85-310). Parking on campus is a privilege and all drivers must comply with established regulations. Vehicle laws of the state of Nebraska are applicable on campus.

Purpose of Regulations: The purpose of these regulations is to:

- Expedite university business and provide maximum safety and convenience;
- Priority is given to:
 1. Services of the university
 2. Faculty, staff and student parking
 3. Visitor and special event parking
 4. Provide and maintain suitable campus parking and traffic facilities.

Knowledge of Parking Regulations: It is the responsibility of all individuals parking on the campus to read and fully understand these regulations. Lack of knowledge of these regulations will not be accepted as grounds for dismissal of citations.

Is possible free parking really 'free?'

BY TANYA MALOLEY
Guest Writer

There has been a growing concern about the parking at UNK on for a while now.

I have been attending this university since fall of 2007. Before it wasn't a big issue, but now with Antelope and Nester built, it is hard to find a decent parking spot for students. I realize they were going to make Follett's Bookstore into a parking lot, which is a great

idea, but when will this happen?

I am happy to see they are changing one thing about the parking: the cost. I have had a parking permit all three years I have been here. These past two years I have found it pointless to have a parking permit and A waste of money. If I were to ever come back late at night, I would have to park in the streets, like most of the other college students.

The only concern I have with the "free parking" is if it is just

going to add on to the bill for college. They might say free now, but when you get ready to pay the bill hopefully it doesn't say parking on it so that everyone has to pay.

I know that I am not the only student on this campus who thinks there should be something done about parking. Hopefully in a couple of years there will be a change to this issue.

Sudoku ★★☆☆☆

How to play:

Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

			3				4	6
	8		5				9	
		9			1	5		
1				4	5			
	4	5					6	1
				7	1			9
		8	2				1	
	1					8		2
7	9					3		

BLUNDERGRADS

by phil flickinger (www.blundergrads.com)



Facebook: A worldwide epidemic

BY ASHLEY LEEVER

Antelope Staff



Your best friend from summer camp has it. Your mom's second cousin twice removed has it. Even your grandma has a disease that has spread across the globe like wildfire, and with no cure in sight, Facebook has begun to consume and may even ruin some lives.

Facebook has become the most popular social networking site on the Internet with over 400 million members worldwide. With access to Facebook on computers, cell phones and iPods, the network can be taken with you everywhere you go. Addicted users browse for status updates, new friend requests and wall posts. There is always something new and exciting to see on Facebook.

I'll admit that I check my own Facebook multiple times a day, and am often on the site for hours talking to friends on "Facebook chat." But for some, Facebook is more than just a site to connect to friends.

Facebook has a wide variety of applications where you can do anything from playing games to creating your own farm. This may just be a fun way to pass the time, but in reality other important things often get pushed aside. Instead of studying for a test or finishing a paper, students may

spend their time fertilizing their crops. The important things in life get put on the backburner and are being replaced by this virtual world.

Too many admit they become so consumed with Facebook and feel the need to continuously check it throughout the day, spending hours on end on the site. Spending so much time on this site can cause Facebook users problems distinguishing between reality and a Facebook reality. On a recent episode of "MTV's True Life: I Have Digital Drama," two couples face the strains Facebook puts on their relationship. With members of the opposite sex leaving wall posts or a new friend the significant other may not recognize, fights are bound to erupt. It becomes such a severe obsession that in the end, the trust in each relationship is compromised. One couple seeks counseling and the other's relationship ends.

Facebook may be more than the cause for the end of relationships but also for the end of a bright future. Although pictures of partying with your friends may all be in good fun, in the long run they might end your chances for the career of your choice in the future. Once pictures are on Facebook, future employers can easily access these and even base their decision on what they may see.

I will admit that I have friends on Facebook I'm barely acquainted with and may get caught up in whose relationship has become "Facebook official." Although Facebook is a great place to stay caught up with friends you have not

FACEBOOK FACTS:

There are more than 400 million active users. There are more than 100 million active users currently accessing Facebook through their mobile devices. There are more than 100 million active users currently accessing facebook with their mobile phones. 200 mobile operators in 60 countries working to deploy and promote facebook mobile products. More than 35 million users update their status each day. More than 60 million status updates are posted each day. More than 3 billion photos are uploaded to facebook each month. Fifty percent of active users log in in any given day. More than 5 billion pieces of content (web links, news stories, blogs, posts, notes, photo albums, etc.) are shared each week. More than 3.5 million events are created each month. There are more than 3 million active pages on facebook. More than 1.5 million local businesses have facebook pages. More than 5.3 billion fans. An average user: has 130 friends; sends 8 friend requests per month; spends more than 55 minutes per day on facebook; clicks the "Like" button on 9 items each month; writes 25 comments each month; becomes a fan of 4 pages each month; is invited to 3 events per month; is a member of 13 groups. About 70% of users are outside the United States.

<http://www.facebook.com/press/info.php?statistics>

seen for a while, it can also have dangerous consequences. It's a guilty pleasure many of us indulge in. Just like eating too much candy, overindulgence can leave you with a bad stomach ache and a nasty taste in your mouth.

The case for human embryonic stem cell research

Dr. David Crouse of UNMC separates fact from fiction at open forum about controversial issue

BY DEBBIE EPPING

Antelope Staff

Stem cell research—the topic is as heated and controversial as the abortion debate. But how could research that may lead to the cure of deadly diseases be so strongly disputed? It all boils down to one issue—is it ethical?

Researchers such as the highly acclaimed Dr. David Crouse, a professor and associate vice chancellor for Academic Affairs at the University of Nebraska Medical Center, say, "Yes, it is a greater ethical right to use the cells in a way that will benefit mankind than to simply dispose of them."

Opponents find the idea of conducting research on a viable human being morally repugnant and say nothing can justify the disposal of a human embryo.

To understand where each side is coming from, it is important to have a grasp on the basics of stem cell research as well as an understanding of the technical terms often used when discussing the issue.

Monday, Jan. 25, 2010, the UNK Chapter of Sigma Xi and the American Democracy Project presented a public lecture and discussion in which Crouse discussed

"Stem Cells: Where Are We Now?" Crouse outlined his position during his lecture and defined the issue as he views it.

What are stem cells, and why are they so important?

Stem cells are different than other cells in the body for two reasons. First, they have the potential to develop into many different cell types and are capable of renewing themselves through cell division. Second, under certain experiments they can be made into certain tissue— or organ-specific cells with special functions.

Until recently, scientists worked with embryonic stem cells (from mouse embryos) and adult stem cells (found in many organs in the human body). The work with the mouse stem cells led to the discovery that scientists could derive stem cells from human embryos and grow the cells in the lab. These cells are called human embryonic stem cells.

The embryos were donated from fertility labs where they were created for reproductive purposes through in vitro fertilization (a technique that unites the egg and sperm in a lab). These embryos were donated with the "informed" consent of the donor

and were no longer needed for the original purpose.

What are induced pluripotent stem cells (iPSCs)?

In 2006, researchers made a breakthrough that would allow some adult cells to be genetically "reprogrammed" to an embryonic stem cell-like state. However, it is not known if iPSCs and embryonic stem cells differ in clinically significant ways.

Why are human embryonic stem cells needed for research?

Human embryonic stem cells are able to produce information about the complex events that occur during human development. They can also be used to test new drugs. But perhaps the most important potential use of human stem cells is the generation of cells and tissues that could be used for cell-based therapies (treatment in which stem cells are used to repair damaged or destroyed cells or tissues). Today donated organs and tissues are the only treatment for destroyed tissue, but the need far outweighs the supply.

What is the ethical debate?

The bottom line is human embryonic

MORE ON

STEM CELL DEBATE:

See other points of view on this topic in next week's issue. Write in with your opinion at antelope@unk.edu or visit www.unkantelope.com.

stem cells are vital to research that could lead to the cure of pervasive diseases. There is literature stating that everything can be treated with adult stem cells, but this is simply not true. The ethical debate then lies in whether it is right for unwanted embryos to be used for research.

Opponents argue unwanted embryos can be put up for "adoption" and couples who are unable to have their own children can then have these "snowflake" children.

However, proponents point out only about 15 percent of these embryo owners would allow for adoption, and so the remaining embryos were simply disposed of. They argue it makes no sense to dispose of

Defining a true champion with Coach Russ Martin

BY TRAVIS BORCHARDT
Antelope Staff



What is a true champion? Is it the person left standing at any cost, is it the one with the most rings on his or her fingers at the end of a career, or is it something more? For the next four weeks we will search for the answer through the eyes of some very familiar coaches and athletes. This week

the offensive coordinator for the UNK Loper football team, coach Russ Martin, explains that a true champion doesn't just meet their goals, but fulfills their purpose.

"Bringing out the best in you and those around you," Martin says is key in becoming that true champion. "When you fulfill your purpose, you become what you aspire to be and what you have been called to be." When this happens, the wins and losses are not what people remember.

When a true champion is gone it is not his or her record that people focus on. It is the legacy they left behind. "It comes

down to relationships," Martin explains, "helping others reach their goals and fulfill their purpose."

Martin asks, "If you win the championship but lose your family in the process, is it worth it?" Abraham Lincoln put this in perspective when he said, "Honor is better than honors." All of the accolades in the world cannot replace the importance of honoring your relationships and helping others reach their full potential and fulfill their purpose. Relationships and purpose are the first keys to unlocking the meaning of a true champion.

THE TRUE CHAMPION SERIES

Travis Borchardt, former running backs coach, kicks off the first of a four-part series regarding the keys to being a true champion.

Read The Antelope next week for Tom Osborne on education and community service.

Matchup against Div. I UNL team advantageous

Playing Huskers is key for Loper baseball preparation, recruiting

BY RYAN SEEFUS
Antelope Staff

The UNK baseball team takes pride in playing the game the right way, and more importantly, treating others with respect. These qualities have been infused by Head baseball Coach Damon Day since he arrived in '04.

So in '05 when UNK's big brother, UNL, caught wind of a newborn flame-thrower in Joba Chamberlain, Day granted Chamberlain's release to play for the DI school down the road. "When Joba transferred there, the two schools handled it in the right manner and built a mutual respect to where they don't mind playing us," Day said. Thus the tradition began.

Since then, the Lopers have played at Haymarket Park for the Husker's home opener every year but one. Even though the Lopers have yet to beat the Big Red, the game has benefitted the boys in blue in many different ways.

For starters, playing UNL gives the Lopers some of the best competition they will see all year. "Playing the Huskers in Lincoln gets us ready for the atmosphere we would experience playing on the road against tough competition in the RMAC," Day said. And don't think the game is overlooked by the Husker hopefuls. "Their fans don't care that we are a smaller school; they bird dog us like they do everyone else," Day said.



Courtesy Photo

Head baseball coach Damon Day has led the Lopers to over 170 wins during his six year tenure. His resume includes two RMAC Tournament championships and two NCAA regional appearances.

Additionally, the game entices Nebraska and out-of-state prospects. "All of our kids from Nebraska have grown up wanting play to for the Huskers and although they can't, they get the next best thing in playing against the Big Red," Day said.

Out-of-state recruits have also been drawn to Kearney by the David vs. Goliath matchup. Day said, "It's a big recruiting tool being able to tell prospects that we play against one of the better teams in the Big XII."

Even though it is a non-conference contest, the in-state matchup is a game that will have longevity on UNK's schedule. "The game is something that we are going to try and continue to do every year," Day said.

MINI GOLF IN MANTOR



Photo by Kevin Whetstone

Freshmen Jenny Frisch and Lindsay and Kathy Venteicher, both of Pierce, try to putt up and into an acoustic guitar on a difficult par 3 Sunday night in Mantor Hall. The residence hall held free mini golf to students as well as the general public throughout the weekend in their main floor lounge. All holes were built by Mantor residents and prizes were awarded to randomly selected participants playing the course.

Not just two tennis teams, but one family

BY JILL JUMPS
Antelope Staff

Teams that travel together stay together, usually in a hotel. Traveling together has created a bond that makes members of the men and women's tennis team feel more like family than simply teammates.

According to head men's and women's tennis coach Jake Saulsbury, "The men's and women's friendship goes way beyond just being teammates."

The team traveled to St. Louis and Springfield, Ill. to compete against University of Missouri, and University of Illinois at Springfield, the weekend of March 19 and 20. During the road trip, the men and women supported each other on the court while making time for fun off the courts.

Josh Raymond a sophomore sports administration major from Elkhorn and the teams No. 1 singles player said, "St. Louis was a lot of fun because everyone was there

together. We all got to go to the arch and the zoo. When the teams travel together we become closer. We all share a family type setting with each other," Raymond said.

Saulsbury said the teams also see another advantage. "When the two teams travel together, the men support the women and the women support the men during each other's matches."

That support may have helped the women come out on top with a 7-2 win against St. Louis and a 9-0 win against Illinois Springfield bringing their record to 6-6. The men split two contests with a 5-4 win against Illinois Springfield and a loss in a close 4-5 match against St. Louis, which sustained their winning record, 7-4.

The teams are already looking forward to conference, the next long trip to Albuquerque, N.M. Claire Bryan, a senior from Katy, Texas, studying for her MBA said, "Our teams are really unique. We are teammates and we are true friends."



Photo by Jill Jumps

The men's and women's tennis teams played Minnesota State University Mankato March 9. Both teams came out victorious in the home match.

The friendships and tennis skills of both teams will be put to test on April 23 and 24, when the teams take a 12-hour bus ride to play for the conference title.

Russell resigns as head coach, team looks to move forward

BY CRAIG HALL
Antelope Staff

On March 5 Carol Russell stepped down as head coach of the UNK women's basketball team. The official announcement came from UNK athletic director Jon McBride.

"We appreciate Carol's energy and efforts on behalf of the UNK athletic department. She ran an NCAA compliant program and brought in student-athletes who were successful on and off the court," McBride said. "We wish Carol and her family well."

Russell had coached the Lopers the past eight seasons to a 163-79 record. During her tenure in Kearney, Russell led the Lopers to two RMAC conference titles and five NCAA tournament appearances.

Russell said, "This is a good time to step aside to allow a better transition for a replacement for the women's basketball program here at UNK that will insure continuing the success it has had over the past several years."

Russell's resignation came after a season in which UNK posted a record of 9-18. The Lopers used a strong conference push to qualify for the RMAC tournament where they were ousted in the first round by Colorado Christian University, falling to the Cougars for the third time this season. A part of the team's struggles this year was the lack of experience as the 11-woman roster fielded only one senior and one junior.

To start the process of hiring a new head coach, a seven-member search com-



Photo by A Sanam Bhalla

Coach Carol Russell explains the strategy during a time out. Russell's coaching will no longer be aimed at Loper basketball players as she resigned earlier this year

mittee was assembled led by senior administrator Jamie Lundgren. This committee is seeking to narrow the applicant pool down to a number so that they can conduct interviews through phone and/or on campus. The committee will select from a pool of about 60 applicants who applied in about a week's time.

Certain criteria has also been set up by the committee to evaluate the applicants. They are looking at the background of the coaches, where they have coached, whether at the high school or college level. Although they have set guidelines, they aren't eliminating options because they are look-

ing for a certain style of coach.

McBride says knowledge of the UNK program is important in hiring a coach, though. "The familiarity with the region and Nebraska is important, and I think that is a positive for anyone that has that on their resume," said McBride.

The committee has set a goal to have a new head coach by April 15. Candidates will be on campus for interviews later this week.

"It was time for a change, and we are looking for a positive leadership style and to continue the success of the program," McBride said.

Since Russell's resignation the team has started individual workouts and team weight lifting for the spring. According to assistant coach Fredrika Yalden, this team has shown a very resilient attitude after everything that has transpired.

"These girls are excited about change and the individual opportunities that will arise from the change, so they are really working hard during individual (workouts)... they are resilient, and they are getting it done," Yalden said

Always a huge part of a coaching change is the affect it has on recruiting. UNK, signed five high school seniors in the early signing period and is in constant contact with these recruits. Assistant coaches are letting these commits know they are still important to the program.

"We are reminding them that we saw something special in them, and that hasn't changed. It's still a Division II basketball athlete that we are excited about no matter who the coach is," Yalden said.

As for the current members of the team many will be focusing on certain parts of their games that they need to improve. Most players will continue their lifting program that have already started this summer and will also start conditioning drills and sprints that the team will follow. After school ends it's not just a straight break, the ladies will be back in Kearney shortly after leaving.

"In the month of June we will all be back here working camps as well, so we will try to get some pick up games going when we can," junior forward Megan Becker said.

Concerts-on-the-Platte celebrates 10th anniversary

BY HEIDI ENGLAND
Antelope Staff

Three April concerts will wrap up the 10th anniversary of the Concerts-on-the-Platte faculty/guest-artist recital

series begun by Dr. Nathan Buckner, professor of music and performing arts.

"A decade ago we started Concerts-on-the-Platte," Buckner said. "It was an attempt to get our ducks in a row with respect to advertising faculty and guest

recitals at UNK."

On Thursday, April 8 at 7:30 p.m., Dmitri Vorobiev will perform on the piano followed by Seth Fletcher on the euphonium Monday, April 12 at 7:30 p.m.

The following week, and the last concert of the academic year, UNK faculty piano trio will perform Monday, April 19 at 7:30 p.m. The trio consists of Ting-Lan Chen on the violin, Noah Rogoff on the cello and Dr. Nathan Buckner on the piano.

Buckner said, each recital is an hour and a half program of music performed by a single individual or small group of individuals as opposed to a concert, which is usually a symphony orchestra or large group.

At the time Concerts-on-the-Platte began, faculty recitals were not advertised much. "Faculty were a stray dog so to speak," Buckner said.

Part of the problem is to find the audience. "As people get older they become more interested in classical music," Buckner said.

"Sometimes you would have 300 to 400 people in the audience, and it would be very well attended," Buckner said. "I can remember there was one guest recital that was very, very good my second year teaching here, and there may have been 20 people in the audience."

"Certain concerts such as jazz type of events tend to draw larger audiences. Around 300 people attend," Buckner said. "Whereas some of the others, contemporary music for example or for certain instruments, tend to be rather thinner in terms of audience size."

The idea for Concerts-on-the-Platte began with advertising everything as a series and getting the information out,

CONCERTS-ON-THE-PLATTE RECITAL SERIES

APRIL PERFORMANCES

Thursday, April 8 at 7:30
DMITRI VOROBIEV, piano

Monday, April 12 at 7:30
SETH FLETCHER, euphonium

Monday, April 19 at 7:30
U.N.K. FACULTY PIANO TRIO
Ting-Lan Chen, violin
Noah Rogoff, cello
Nathan Buckner, piano

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"A decade ago we started Concerts-on-the-Platte. It was an attempt to get our ducks in a row with respect to advertising faculty and guest recitals at UNK."

Dr. Nathan Buckner
Professor of Music and Performing Arts

which so far has worked. "We advertise at the beginning of the year, and most people attending concerts do know about it," Buckner said.

Recitals are usually held on Monday nights and occasionally on a Thursday night. "They're on Monday nights because it seems to be the day of the week that people are accustomed to coming to recitals," Buckner said.

Participation for Concerts-on-the-Platte is voluntary. Students sometimes participate, but only in supporting pieces.

However, students are invited to come and listen and many do. Many students get a lot out of it, but much of our audience consists of community people from Kearney," Buckner said.

All in all, Concerts-on-the-Platte is a community resource. The purpose of the organization is to advertise and coordinate so that the public is aware and to make sure that the reason people don't come isn't because of lack of advertising.

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IS THE WAY I

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Retro movie packed with 80's nostalgia, punchlines

BY JESSICA KENYON
Antelope Staff

Wouldn't going back in time be the coolest thing ever? If only it could really happen. But, for now we live it through silly movies.

The movie "Hot Tub Time Machine" follows a group of best friends who've become bored with their adult lives.

- Adam (John Cusack) has been dumped by his girlfriend.
- Lou (Rob Corddry) is a party guy who can't find the party.
- Nick's (Craig Robinson) wife controls his every move.
- Video game-obsessed Jacob (Clark Duke) won't leave his basement.

After a crazy night of drinking in a ski resort hot tub, the men wake up, heads pounding, in the year 1986.

This is their chance to kick some past and change their futures— one will find a new love life, one will learn to stand up for himself with the ladies, one will find his mojo and one will make sure he still exists.

"Hot Tub Time Machine" is full of laughs. In fact, HTTM is probably the funniest movie I have seen all year. There are plenty of punchlines. Without going over the top with nostalgic 80's references, the film captures the mood of the decade through great costumes, classic music and sly references.

The film starts to drag a little in the middle, but it wraps things up well before you have a chance to get bored. It's funny, smart and basically everything else you would think it is. If you have an imagination and a sense of humor, then you'll love the movie. So, if you want to sit back and laugh a lot at grown men acting



www.imdb.com

"Hot Tub Time Machine" is full of laughs. In fact, HTTM is probably the funniest movie I have seen all year.

silly while evoking 80's nostalgia, then this is the right movie for you.

All my friends loved it and thought it was hilarious. Of course we were raised on 80's music and love the 80's clothing style. Granted, whether or not you are from the 80s or even like the 80s, you'll understand the movie and understand its hidden message about living life to the

fullest, living without regrets and going for your dreams. Obviously the message is really hidden underneath vomit jokes, nudity and swearing.

"Hot Tub Time Machine," an MGM release, is rated R for strong crude and sexual content, nudity, drug use and pervasive language. Running time: 99 minutes.

Sudoku answer:

Upside down, from page 4

4	9	8	3	5	1	2	6	7
3	2	6	8	7	9	4	1	5
5	7	1	4	6	2	8	3	9
9	5	4	6	1	7	3	2	8
7	1	9	2	3	8	5	4	6
8	3	2	5	4	6	7	9	1
2	8	5	1	9	4	6	7	3
1	9	3	7	2	5	6	8	4
6	4	7	9	8	3	5	1	2

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Spartacus slashes his way onto your TV

BY NATE BRITTON
Antelope Staff

Viewers and network executives exclaim “live, live, live” as the classic tale of the Republic’s most infamous rebel comes to life in the graphic new series, “Spartacus: Blood and Sand” — a Starz series that’s on at 9 p.m. on Sundays. I say thumbs up to this heroic tale.

Spartacus (Andy Whitfield) is a Thracian who was betrayed by the Romans after pledging his allegiance to help them in battle to drive back the Getae and make his land safe again. Instead the Roman Commander decides he wants greater glory that can be gained only by heading east to battle the forces of Mithradates, leaving the Thracian land wide open for pillage.

Spartacus leads a mutiny against the commander and manages to make it back to his wife in time to save her from a band of Getae warriors. However, his entire village was laid to waste before he got there, and they had to go on the run. Spartacus and his wife were eventually caught by the Roman Commander, he was condemned to die in the arena, and his wife was sold into slavery.

Spartacus was sent to Capua where he was supposed to meet his end by four trained gladiators. However, he slashes and stabs his way through all four men and keeps his life, because the crowd is so pleased they start to chant “live, live, live.” This sets the tone of the show, because he is then sold to a Ludus who trains gladiators to fight in the arena. Spartacus goes on a blood-crazed rampage in his battles, because he is told he could win back his wife and the life that was stolen from him.

In the following episodes, viewers watch as everything Spartacus once believed in changes dramatically because of lies, deceit and betrayal from the people he thought he could trust. Right before your eyes Spartacus evolves from a wife-loving Thracian into a bloodthirsty gladiator. After defeating the unbeatable opponent, he steps into the shoes of beloved hero of Capua.

The show has graphic violence, extensive profanity and strong sexual content to accurately depict Rome around 73 B.C. Anyone who watches the first episode will find it hard to wait an entire week just to see the next episode. The series premiered Feb. 22, 2010. In December 2009, the show was renewed for a second season before the first even premiered. I recommend everyone start watching the hit new series “Spartacus: Blood and Sand” so you can be caught up before the second series takes off.

MARTIN HALL RESIDENTS: SO, UH, WHO DONE IT?



Photo by Justin Ghodes

Martin Hall residents gather to take a silly photo of their murder mystery. The show was put on by the residents as a fun way to gather together and get to know each other. Characters included an international superstar, psychic, broadcast announcers, as well as students who chose to participate simply as audience members. If you would like to create your own murder mystery, visit <http://www.wikihow.com/Host-a-Murder-Mystery-Party> for detailed instructions.



ABOVE LEFT: Jordan Peterson plays DJ Le Funk, a spunky disc jockey for the Martin Hall Mystery Show. Jordan explains “I love acting and improv. The murder mystery show just seemed like fun.”

ABOVE RIGHT: Desiree Earnest adorned her bright red jacket for her role as a famous singer in the Martin Hall Mystery Show.

Photos by Justine Agaloos

TALK IT OUT, CHAMP



Photo by
Emily Wemhoff
Sophomore Cassie Larreau, an economics major from Kearney, presents her prose interpretation speech titled "Outtakes from a Marriage" at the Forensics Showcase last week. Larreau, along with four other speech team members, qualified and will compete at the National Championships in early April.

Texting dangers from page 2

demanding from us. There was only one way to tell your roommate that you were unhappy with him or her and that was to talk to them. There was only one way to ask somebody out—via phone or in person. We were forced to deal with the awkwardness and the rejection that may come with some of those experiences, but it also prepared us to enter the world of adulthood."

Diminishing of conversations, social skills, harming relationships, distractions from class...seems like texting has caused multiple issues, but the list is not done yet. Possibly the biggest issue on the list is texting while driving. People who text while driving are 23 percent more likely to be in a car accident. Of all cell phone related tasks which include talking, dialing or reaching for the phone—texting while driving is the most dangerous. The state of Nebraska is aware of the issue and cracking down on drivers.

If you were to look at the Nebraska state law about using cellular devices you would

find there are laws already in place and have been since January of 2008. Anyone under the age of 18 years of age is prohibited from using a cellular device while driving and if caught can be punished. Most of the student body on campus is above 18 years of age, but don't think that just because you are over 18 you're OK. In the 2010 session of Nebraska state law revision the state will be proposing a new bill that might eliminate using cellular devices by anyone operating a motor vehicle.

Both Lungrin and Nightingale were unaware of the proposed state bill. "To be honest, I haven't been following this issue as closely as I probably should considering it affects my student population," Lungrin said. "I don't know much about it, but the state should be more strict with the laws because it is dangerous," Nightingale added.

There are no current campus campaigns to promote safe driving techniques, but as the issue progresses it may be something organizations will begin to promote.

Stem Cell from page 5

of embryos that could be used for research to potentially cure diseases.

However, those who are opposed to researchers using the unwanted embryos draw a parallel that equates using embryos for research to the difference between euthanasia or just letting them die on their own. Opponents also argue that life begins at conception and therefore, nothing can justify the "murder" of a human embryo.

Dr. Kim Carlson, associate professor of biology at UNK agrees with Crouse's position on the issue.

"I support the use of embryonic stem

cells in research 100 percent. I think there is a lot of potential good to be done, and these cells might be the only cells that we can use for treatments and cures," Carlson said.

Carlson, as well as Dr. Steve Rothenberger, professor of biology at UNK, offer courses including Issues in Bioethics, an undergraduate course in Bioethics and Developmental Biology that allow students to learn more about critical ethical issues in biology such as stem cell research.

"We tell students if you take a side you need to make an educated and informed decision," Carlson said.

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Alumni comment on UNK's history

From past to present, things always change over time, some for the good and some for the better. For UNK, changes have been for the better.

Michelle Widger, alumni assistant director and a 1990 graduate from... read more

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Sports Former UNK star finds home with Omaha Beef

Some say the path to greatness comes from traveling a road less taken. For Richie Ross, that path has sent him from the top of the mountain to the bottom of the ocean, and everywhere in-between. Ross, a 2006 UNK graduate, recently made his debut with the Omaha Beef of the Indoor Football League, catching...



News If you can't go through it, go above it'

Mariana Cruz, a junior secondary education major from Grand Island said the best part of the conference was inspiring all the young ladies who attended the conference. Cruz said, "Middle school is definitely a difficult time and age to face. It is a time where their peers are so judgmental. That..."

Sports Chubak lives college hockey dream at UNK: Storm goalie getting different student athlete experience than most

He may have never been to a NCAA Division I football game like most of us, but Tri-City Storm goalie Carsen Chubak will be making a name for himself in Division I hockey at Niagara University this fall. Chubak hails from Prince Albert, Saskatchewan and is experiencing life as a college hockey player...



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UNK ANTELOPE: The World Affairs conference schedule. Make sure you go next week!
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9:13 AM Mar 4th via web

Who's excited for Kelli Pickler on 4/22? Only \$10 for students!

4:33 PM Mar 3rd via web

Today is Talk in the Third Person day. The Antelope says thank YOU for following us.

2:49 PM Mar 3rd via web

YRTC juveniles turned in by UNK student who was approached on campus. <http://tinyurl.com/yg2qoqx>

2:46 PM Mar 3rd via web

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