Fite Nite strikes blows for a good cause
Bashing, punching, knockouts are huge hit with students

Nebraskats host 40th anniversary celebration
Members old and new dazzle the audience with singing, dancing

BY VICKI ALTHAUGE
Antelope Staff

For University of Nebraska at Kearney senior Alan Shiers, boxing isn’t just another sport it’s a way of life.

Shiers picked the Sigma Tau Gamma’s Annual Fite Nite for his boxing debut, coming out of the match more experienced and hungry for stronger competition.

Shiers has been preparing for his entrance into the ring for the last four months. He spent the first few months concentrat-
ing on sprints and strength-training while developing a weekly fitness regimen. About a month ago, Shiers introduced boxing into his routine under the direction of Fitness 101’s Chris Blair. Fitness 101 is Shiers’ official sponsor and you can usually find him hanging out in the weight room.

“In a normal week I lift six times, run seven and box three days a week,” Shiers said. Shiers kicked off his match against a Grand fighter coming out strong in the first round.

“The first 20 to 30 seconds were really nerve wracking, but once I relaxed the fight was easy,” Shiers said.

Shiers went into the second round barely winded and dominated the fight from beginning to end. Shiers saw the end of his first match when the referee called the fight in the middle of the second round.

“The ref stopped the fight and declared a TKO. When it was over, I felt over trained and a little disappointed, I would have liked to box more,” Shiers said.

A TKO, or technical knock-out, can be declared when the referee or other judges (or official ring physician, the fighter himself, or the fighter’s cornermen) decide that a fighter cannot continue the match, even though he did not fail the count. Shiers hopes Fite Nite is not the beginning of his boxing career.

There are a couple of fights in Omaha and Grand Island that I’d like to get in on. I think I’d have a pretty good advantage since the guys I train with are bigger than my competition. Blair fights UFC (Ultimate Fighting Championships) but I plan on just sticking to boxing,” Shiers said.

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The community in Nester is a big priority. The students and staff have been looking for a while.

As seniors prepare for graduation, good job opporunities are on the top of their lists and minds.

BY HARRAH HOTORY
UNK Staff

The semester is coming to an end, and for most seniors it couldn’t come fast enough. But with graduation right around the corner, many students are asking themselves: “What comes next?”

Whether students already have a job lined up or are still in the process of looking for one, many feel a little uncertain about the future.

Nancy Kneen, Director of Career Services at UNK, has lots of advice for students who find themselves in this quandary.

“Know that the things that students should focus on are most likely the things that students can control. The first thing a student should do is build a resume,” Kneen said. “In general, the ‘big six’ to develop a resume. If students don’t know what their job options are, they can come into our office and visit with us about the possibilities. This way we can help them tailor their resume towards specific jobs. A resume should answer the question, ‘How do I market the skills I have for the employer I am applying to?’”

Marketing skills are a huge part of finding a job, and Kneen says there are two skills that every employer is looking for these days.

“The number one thing employers are looking for are written and verbal communication skills. If you don’t have these skills, they are probably not going to hire you. Lack of these skills is one of the main reasons that students get fired from a job.”

Another thing that students should take into consideration is their appearance.

“Interviewing skills and appropriate dress are really important. This is something that students can easily control so be prepared to be interviewed.

Even a call from a company to set up an interview time can be a stressful situation. Be prepared right away to be interviewed after applying.”

The Career Services office is open year round, even during the summer, to help students find a job or internship.

“Students can even use Career Services for an interview, find an internship, and close their doors and I won’t know my neighbor,” Jensen said.

“According to the presentation, the UNK residential life is set up. Because the dorms do not have their doors closed to Nester in the fall. She is concerned because she is coming from a building where the community is really close and she is afraid “people will close their doors and I won’t know my neighbors.”

Nester could possibly change the entire way that UNK residential life is set up. Because the Nester buildings will be open to appraisal assessment students who are required to live on campus will be living in a more traditional dorm setting.

“Nester could be seen as a positive because traditional housing makes it easier for students to meet other people and interact with students they are living with. This is also thought to improve the retention rate for sophomores to return for a second year and move into a much nicer, more apartment style living situations.”

“The presentation is informative and friendly is such an easy thing to do,” Jensen said.

“Green ways of life won’t change our lifestyles but will require a refocus of monetary efforts.”

According to Wilson, three hurdles stand in the way of moving toward green technology.

“These hurdles include the population size worldwide, the political environment and techology. “If we can overcome these hurdles, there will be increased hope,” Wilson said.

“As seniors prepare for graduation, good job opportunities are on the top of their lists and minds.”

BY ABBIWE WEBSTER
UNK Staff

In the two years since Al Gore’s documentary, “An Inconvenient Truth,” his book has been released and Gore has continued to fight for increased action in the area of global warming. Gore also won a Nobel Prize for his efforts.

UNK Professor Dr. James Wilson has joined the Gore movement.

Wilson is one of 1,000 individuals trained by Al Gore at his Tennessee home to deliver “An Inconvenient Truth” presentation.

Wilson brought the presentation to UNK last Thursday.

A group of 20 students listened while Wilson warned about the changes that are imminent if we, as a country and world, do not change our ways.

“Some personal changes are as simple as turning your lights bulb at home,” Wilson said.

Research cited in Dr. Wilson’s presentation revealed the impact global warming is already having on the Earth and wildlife today.

In the Arctic, polar bears are suffering because of a dramatic decrease in ice, which makes it impossible for them to do their usual hunting.

In the tropics, hurricanes are growing in intensity due to increased ocean temperatures.

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More money and more problems go hand-in-hand for professional athletes. The talk about how much athletes are getting paid seems to be the biggest thing in the sports world today. It is right to pay athletes so much money for a game that can be played by children?

No matter which end we will be printed in the following edition. The Antelope staff reserves the right to remove the procreative aspect do with contraception or homosexual activity. This usually has to take away one of these aspects the religious beliefs of a large number of students, regardless.

No one knows college employees, and finding the money you need to pay tuition is hard enough without all the added fees. The SLC is using student fees as a service for which we do not need or want. We, as students, are paying for our money is spent.


everyone gets enough of them. We fall, and whether most of us will admit it or not, we see all a reality show or two from time to time.

But, you might be surprised to know that reality shows are really any show where the people who take part in the show are not actors. The reality show here is that UNK gets reality checks.

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Hitting played a major role in the Lopers’ recent win over CSOM. Thomas said. Sure enough, in the game Saturday, Nutt pinch ran for Laura Gormley, and sophomore Keely Smith hit a homerun, and hey, everybody loves a homerun, said Thomas. There are still 12 games left in the Lopers’ season, and the RMAC tournament is still within reach if the Lopers keep working hard. “I think if we have our minds set that we’re going to conference, then we will definitely make it,” Langerak said. It’s really easy to get around town, and the people are really nice and accepting.

Photo by John Reed

Photo by Eric Korth

The UNK softball team surounds sophomore Keely Smith after her 3-run blast pushed the Lopers to an 8-5 lead over the Oregomal of the Colorado College Mines during one game of the four series.

Photo by Eric Korth

by Amanda Bell
Anlopete Staff

Last weekend, the UNK Softball swept Colorado School of Mines in a four game series at Kearney’s Dryden Park. Mines was number one in the RMAC going into this past weekend, but after the four consecutive losses the are now ranked at number two.

This was the first time all season that the Lopers have swept a four game series and won five in a row.

The Lopers are not having the winning season that they predicted to have, they are still hopeful and these wins were huge for them.

Saturday’s games consisted of the Mines winning 8-5 and 6-3. Tuesday was the Lopers’ fifth win of the season.

Two of the Lopers also had their season goals reached.

“Throwing the fourth game was the hardest game to pitch, because they have already had so many hits and have seen you so many times,” Thomas said. “It’s a mental test more than a physical test, because both teams are very tired.”

“Coming in as a freshman, I didn’t know what to expect, but this is such a fast-paced game that I’ve had to adapt quickly. ‘Molly’ (Langerak) has also helped so much. She keeps me calm when I get tense, and makes me laugh during innings rather than letting me feel the pressure.”

In addition to the tremendous pitching and catching, another Loper also had her season goal reached.

“Playing through the season, I knew that I wouldn’t get a ton of playing time, so my only goal was to touch home plate once,” Mallory Nutt, a freshman from Cozad said. Sure enough, in the game Saturday, Nutt pinch ran for Laura Gormley, and sophomore Keely Smith hit a home run to bring her in.

Colle, set the pace of the game with two homeruns in the first game. Sophomore Keely Smith, from Blair also added a three run homer in the same inning as Langerak’s second. Smith’s homerun helped the Lopers to an 8-5 lead, which they held through the rest of the game.

“I just went into the weekend with the mentality of a champion. I was relieved and focused at the plate, I was very determined. It’s not like I was trying to hit homerun, I was just trying to get on base. I know as a senior I had to step up for my team. Hitting is contingent, and I wasn’t that I put a hit or if it would spark something from the rest of my teammates,” Langerak said.

Sunday was no different from Saturday hitting-wise. The Lopers had 20 hits for the day, 12 of them coming in the first game alone. Lead-off hitter Michelle Gaunt, a senior from McCook, went 3 for 3 in the first game, and 2 for 4 in the second game.

Two of the Lopers also threw complete game wins. Thomas threw a seven hitter and won 6-3. This was the freshman’s fourth win of the season.

“Now that I have homrers, I just jogged in because it was a homerun, and hey, everybody loves a homerun,” Nutt said. There are still 12 games left in the Lopers’ season, and the RMAC tournament is still within reach if the Lopers keep working hard. “I think if we have our minds set that we’re going to conference, then we will definitely make it,” Langerak said. “If we play to our full potential, then we will turn some heads along the way.”

The Lopers next, and final, home games will be played April 26 and 27 at Dryden Park.

Photo by John Reed

Graphic by Eric Korth
The Loper football team began spring practices this week with new obstacles in their path. With the stench of last year’s disappointing 6-4 season still hanging around them, the Lopers look to make this fall as special as possible. With many of last year’s stars graduating or transferring, the coaches must work to develop and build a quality relationship with the new players. The job is wide open as the Lopers are looking for athletes to step into key roles on both offense and defense. "The job is a challenge for the coaches of the team and the program," said volleyball coach Mike Martin. "It is a challenge for the coaches of the team and the program. It all just depends on the situation, and the situation will affect the coaches of the team and the program. It all just depends on the situation, and the situation will affect the coaches of the team and the program."
Veterans Jimmy Eat World pair with Paramore

Tom Linton, guitarist of Jimmy Eat World, talks about their latest tour coming to Council Bluffs.

By MARK HAYDEN
Antelope Staff

You might remember them as the band with a face like the ladies. Their famous under-
We're running non-stop since the al-

Jimmy Eat World is bringing their dreams to Council Bluffs, but isn't promising a house full of half-naked girls on stage.

In support of their recently released fifth album, "Chase This Light," the band has been touring non-stop since the al-

To see the displays of the interior design department, you can go to Greensburg, Kan. to help with UNK's alternative spring break program.

For Agaloos, coming from a big city in New Jersey, helping to rebuild homes in Greensberg, Kan. was a first timer.

Although many students got the opportunity to travel to tropi-

During their stay at Greensburg, the group worked 8 a.m. to 5 p.m. each day without pay, rebuilding homes. "I learned how to apply drywall," Agaloos said.

“Being part of the service-learning program served me with life-long skills,” Agaloos said.

For Agaloos, coming from a big city in New Jersey, helping to rebuild homes in Greensberg, Kan. was a first timer.

Although many students got the opportunity to travel to tropical places during spring break, many UNK students decided to stay and do service-learning.

Catching up meant sleeping in, doing household chores, and extra hours, spending time with friends and family or even mov-

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unless you were born into riches, have the highest paying part-time job ever or still live with your parents, if you’re a college student, chances are you’re poor. Consider the process of attendance, homework and any extracurricular activities, it can be difficult to find time for extra income. Add to that amounting book prices, increasing gas prices and the basic costs of living, what’s a college student to do? One of the big bankruptcies special to students is the cost of books. Luckily, by making simple use of the Internet, students have the option to shop around for the cheapest prices. April Headley, a junior interior design major from Omaha, Neb., has been using the Internet to buy textbooks since her sophomore year in college. She’s saved over $200 on every textbook that I bought,” said April Headley, Junior.

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“I’ve saved over $20 on every textbook that I bought.”

“April Headley Junior

alone go all the way to WalMart to buy groceries. “My biggest money-saving tip is the dollar wall at Apple Market,” said Shelly Fox, a junior English major from Harri- son. “You can buy cereal for $1, and they have soap for 49 cents,” Fox said.

You can buy Apple Market is less than a mile away, making it the closest grocery store to the campus. Angela Ehrenberg, a senior UNK Alumnus Adam Steinke

Heritage Park. There are many activities here, including camping, swimming, fishing. If you are looking to take a detour, go east on Eleventh Street from Yanney Park and play a round of disc golf at Cottonmill Park. If playing disc golf is not your thing, a sand volleyball court and tennis courts are available at this park. The hike and bike trail in Kearney continues all the way to the Archway from Yanney Park, and it doesn’t require you to cross many busy roads. Eventually the city plans on extending the trail all the way to the Fort Kearney recreation area. Even though not easily reached by the trail yet, this park also offers many outdoor activities. Include in these activities, camping, swimming, trails and fishing.

To find more information about the fun things to do in Kearney, pick up one of the free magazines Discover Kearney or check on www.visitkearney.org.

Features

Listed by Gatlin House

Students save money by taking frugal measures ▼ Statistics show that the majority of college students are in debt, but with a little bit of thought and creativity, some students have discovered ways to save money.

BY KARA FLAHERTY

Guest Writer

If you are looking to take a detour, go east on Eleventh Street from Yanney Park and play a round of disc golf at Cottonmill Park. If playing disc golf is not your thing, a sand volleyball court and tennis courts are available at this park. The hike and bike trail in Kearney continues all the way to the Archway from Yanney Park, and it doesn’t require you to cross many busy roads. Eventually the city plans on extending the trail all the way to the Fort Kearney recreation area. Even though not easily reached by the trail yet, this park also offers many outdoor activities. Include in these activities, camping, swimming, trails and fishing.

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BY RACHEL SMITH

Annie Steine

Now that spring is here, you may have realized that college fe- ver has set in during the winter. It is time to do your own tennis shoes and take advantage of all the fun you can do with your friends. Some of the most fun things to do is to find a fun thing to do that’s cheap.

“I like to get out and be active, especially when it gets warm, but I’m not always sure what there is to do that’s cheap,” Steinke said.

Fortunately there are many things to do in the Kearney area that don’t require you to pay for anything and a leg. The most accessible for students to enjoy are the hike and bike trail that goes through the UNK campus. If you already aware this is on campus, just head towards the education building. If you start heading in a western direction it won’t take you more than three miles to each place.

Includes a 43-acre lake. Here you can go fishing, rent paddle boats, picnics, have bonfires in a campsite ring. disc golf or hike on one of the nature trails. If going in a more south- east or eastern direction there are many other recreation areas that you can visit. The best you will come upon is one of the newer parks to Kearney, Yanney Park. You can use this to fish, hunting, and other recreational activities.

UNK students search for different ways to cure cabin fever for less coin

BY KARA FLAHERTY

April Headley, a junior interior design major from Omaha, knows Facebook Marketplace. The Marketplace works much like the classifieds and includes student-friendly sections, like Marketplace Books.

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Fortunately there are many things to do in the Kearney area that don’t require you to pay for anything and a leg. The most accessible for students to enjoy are the hike and bike trail that goes through the UNK campus. If you already aware this is on campus, just head towards the education building. If you start heading in a western direction it won’t take you more than three miles to each place.

Includes a 43-acre lake. Here you can go fishing, rent paddle boats, picnics, have bonfires in a campsite ring, disc golf or hike on one of the nature trails. If going in a more south- east or eastern direction there are many other recreation areas that you can visit. The best you will come upon is one of the newer parks to Kearney, Yanney Park. You can use this to fish, hunting, and other recreational activities.

UNK students search for different ways to cure cabin fever for less coin

BY RACHEL SMITH

Annie Steine

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Talking Trash
by the numbers:

85—average number of swear words youth use each day
17—a swear word in Sweden
1—number of expletives in the 1985 movie "The Princess Bride"
239—number of times "f**k" is used in the 1999 movie "The Boondock Saints"

Students spill on swearing

"Girls call their friends bitches because it’s almost like a friendship term."
Michelle Conley
Freshman

"Everyone is getting so comfortable with swear words that they just become new slang and they don’t mean the same thing anymore."
Dedece Youngams
Junior

"It is almost acceptable today to use such words. The media puts out an image that promotes use of swear words."
Job Hagel
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"I think the media puts out an image that promotes use of swear words."
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"In my own country, it’s very strict. It’s common sense not to use profanity in front of your elders."
Seobee Lim
Junior

"I think today’s youth use swear words too loosely, but I think it’s a learned behavior, so if people want to stop then it has to start with the adults."
Chris Fant
Sophomore

Profanity is used both too frequently and loosely in everyday conversation. Keep in mind that the number of words in the English language is approaching the one million mark—the majority of which contain more than four letters.

Quotations courtesy of “The Keeper of the Sacred Flame” by Daniel Heath
Sources:
“Keep in mind that the number of words in the English language is approaching the one million mark—the majority of which contain more than four letters.”

Talking Trash

Swearing in casual conversation is acceptable and even encouraged in many social circles. Although swear words may have lost much of their shock value, many words still cross the line in printed publications with only a “single asterisk as a fig leaf for the offending word” (vowels are apparently the genitalia of obscenities).”

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