Over the past few weeks, the National Football League has come under intense scrutiny for inconsistent handling of domestic violence cases involving players, which has brought light to domestic violence issues in this country.

The NFL controversy began on Sept. 8 after former Baltimore Ravens running back Ray Rice was released by the team, and later suspended indefinitely by the NFL. Rice was suspended after TMZ released footage of a video, which shows Rice punching his fiancé Janay Palmer in-side an elevator in an Atlantic City, New Jersey casino and then dragging her out of the elevator.

Trish Holen, assistant director of the UNK Women’s Center, thinks that it may do some good that the NFL is coming under scrutiny and that players should be punished for engaging in domestic violence. “I think it’s time for men who have typically had a pass because they’re involved in sports [to be punished],” Holen said. “People have kind of overlooked some of their behaviors.”

Holen said that domestic violence occurs when violence is enacted toward family members that live in the same living situation. “This can be as small as not permitting someone to leave the room, not allowing an argument to just be over or take a time out, not allowing a person to go into a different room, to shut the door or to be alone,” Holen said. She added that while the examples of abuse may seem small in the beginning, they are not and can erode a victim’s sense of trust and safety.

Cycles of abuse

Holen said the four cycles of abuse which an individual dealing with domestic violence will go through include tension building, incident, reconciliation and calm.
LETTER TO THE EDITOR

Voter challenge

Lopers, we have a problem. Just 14 percent of young Nebraskans voted last midterm election. We can—and we must—do better this November.

Before I go any further, I should probably let you know that I’m not a disinterested party here. I’m running as a Democrat to represent Nebraska in the United States Senate. So you’d just as well know upfront that I have two reasons for wanting you to get registered and vote:

1) I believe in people-powered democracy, and I know that such a democracy is impossible in a nation where 86 percent of young people are politically disengaged.

2) I suspect that more of you are inclined to support me than my opponent.

I’m committed to building a brighter future for Nebraska and the U.S. In an age in which big corporations have claimed more and more power over our politics and our economy, I want to reclaim democracy and build an economy that works for everybody. I’ve been doing that in Nebraska by working with everyday people to protect landowner rights, build small businesses and stand up for what’s right.

My opponent talks about “building the conservative movement.” I don’t care about ideology—I care about results.

This race is about the future of Nebraska, and nobody has a greater stake in this race than the state’s young people.

So I’m writing today with a challenge: register to vote, and encourage your friends to do the same. When you register, snap a selfie, post it to social media with the #UNKvoterchallenge hashtag, and don’t forget to identify what student group you represent. I’ll buy lunch for the group that claims the most new voters—even if it’s the College Republicans!

The challenge starts now and closes October 17, which is the deadline for new voter registrations in Nebraska.

Let’s do this.

Dave Domina, United States Senate

Your issues, your vote

Make it count: Register, get an absentee ballot

BY SHAUN FRIEDRICHSEN
Antelope Staff

Earlier this year, I followed the actions of a group on Facebook as they went around the state to gather names on a petition to include LB 943 (a bill to raise the minimum wage) on the Nebraska ballot. These people saw that something had to be done to improve the quality of life within the state. They remained dedicated to resolving this issue.

If these people can come together and make a change this large, there is nothing preventing college students from gathering and making a difference in their own way.

Student Debt

One great issue for students to tackle is the problem of student loan debt and the cost of college. Over 70 percent of college seniors who graduated last year averaged $29,400 in student loan debt. From 2008 to 2012, the amount of debt at graduation (federal and private loans combined) increased an average of 6 percent every year.

Nearly all of my fellow students complain about costs and student debt. But this is usually as far as the conversation goes. Few realize that they can affect these issues. It all starts with a conversation.

However, complaining does very little. Action is the only way to improve conditions. If an issue becomes bothersome, why shouldn’t we attempt to make it better by voting?

It is cynical to say that nothing can be done. It is dismissive to claim that this is the way things are and that they will never change.

Minimum Wage

One major bill has been added to the ballot for the 2014 election in Nebraska. LB 943 could raise the current minimum wage in the state from $7.25 per hour to $9 per hour. However, this would be a gradual shift which would be completed in January 2017.

As a general rule, it seems young people on this campus couldn’t care less about politics. There are, of course, exceptions. Several organizations on campus give students a chance to become politically involved: Young Democrats, College Republicans, the Model U.N. and the non-partisan group Locke and Key.

Through these organizations, voters can find information about important political issues. Becoming involved is the first step to bring about change. Instead of turning directly to social media to whine about the state of the nation, you should attempt

VOTE, PAGE 10

NFL from page 1

• In the incident stage, the abuse takes place.
• When a couple enters the reconciliation stage, the abuser apologizes, gives excuses, blames the victim or denies the abuse.
• Once a couple reaches the calm stage, the incident is forgotten and the abuse is no longer taking place.

Holen feels that Rice and Palmer are now in the reconciliation stage of the cycle.

“Since they got married (a day after Rice was indicted on charges of third-degree aggravated assault), he said he’s sorry, that he won’t do it again,” she said. “They’re in this stage because all of America is watching them. Her behavior is very typical of a woman who has been abused. She’s defending him; she’s trying to say it’s not all his fault.”

Why women stay

Holen said women will often stay with their abusive partner because they hope that the partner will eventually change back into the person they were before the abuse started. She said that a woman keeps waiting for her partner—a man who met all of her needs and attracted her to him—to come out. However, Holen says: “This is the real one. This was a figment of your imagination that was intended to draw you in.”

Check out Oct. 1 issue

While the NFL became unraveled in the controversy centered on Ray Rice and domestic violence, the NFL has had to deal with another controversy.

On Sept. 12, Minnesota Vikings running back Adrian Peterson was indicted on charges of “reckless or negligent injury to a child” after allegedly injuring his 4-year-old son with a tree branch used to “whip” the boy for acting out.

On Sept. 19, NFL Commissioner Roger Goodell was forced to make a statement after controversy surrounding the incident began to increase. More on the Adrian Peterson case, the NFL’s continuing controversy and Goodell’s public statements in next week’s issue of The Antelope.
This year’s Homecoming King and Queen were senior Cacia Lyons and junior Sergio Ceja. They were announced after the lip sync competition which was held in the Health and Sports Center. See Sept. 17 issue for all the candidates.
Korean Festival set for Nov. 20

At the fourth Korean Festival, you can see awesome traditional Korean culture and eat yummy Korean food — all planned to enhance your senses

BY JIHYUM KIM
Antelope Staff

Have you ever seen hanbok, Korean traditional clothing? Have you ever eaten kimchi or bulgogi, No. 23 on the World’s 50 most delicious foods readers’ poll? There is one place where you can find all of this fun in Kearney. Attend the Korean Festival sponsored by KSAK (Korean Student Association at Kearney). You can enjoy all the Korean culture and customs there as well as experience traditional Korean food.

Korean students are busy planning and discussing the festival to be held in the Ponderosa Room of the Nebraskan Student Union beginning at 7 p.m. on Nov. 20.

Why are they planning for a Korean Festival in Kearney, America? They want to spread Korean culture through KSAK, so the students will sponsor the festival as their main activity for the fourth year.

KSAK members also host a Korean language class for American and other international students.

The president of KSAK, Sadong Moon, a visual communications and design major from Seoul, South Korea, said that they want to form a connection between Koreans and Americans, so they plan the main project for about one year. They want to let Americans know where “PSY” is from and about “Gangnam Style.” Korea is more than big Korean companies such as Samsung and LG. This festival is a part of Korean patriotic spirit.

While the former festival was more focused on K-pop, this festival is more focused on Korean tradition. Therefore, there are many kinds of events where you can experience Korean culture.

You can feel Korean culture by using your sense of sight and sense of hearing while watching the events. You can feel Korean culture by using your sense of taste and sense of smell while eating Korean foods. You can feel Korean culture by using your sense of touch while taking part in the pre-events. This festival is all for your senses.

KSAK members (from left) Sadong Moon, a visual communication and design major from Seoul, South Korea; Sooho Lee, a computer science major from Incheon, South Korea; and Jaehyun Kim, an aviation operation and supervision major from Busan, South Korea work out the details as part of the duties in planning the upcoming Korean Festival events.

Hyemin Song, an English major from Seoul, South Korea, said the way to feel culture is experience: eating the food, watching the movies and listening to the music. She hopes Americans in Kearney will have a small trip to Korea through this festival.

Go there

Ponderosa Room 7 p.m. Nov. 20
Korean mask & fan dances, skits, taekwondo, Korean percussion, flash-mob and more

More Photos online @ unkantelope.com

Sudoku ★★★☆☆

How to play: Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

Find answer on page 9 www.sudoku-puzzles.net
Share your experience
Submit your study abroad photos and you could be featured in a special study abroad issue of The Antelope.

Email all submissions to Jessica Albin at albinjm@lopers.unk.edu.

Asst. editor Jessica Albin had the opportunity to visit Prague, Czech Republic during her spring break while she studied abroad in Ireland last spring. Albin stands on the St. Charles Bridge that overlooks the Vltava river in Prague.

Hungry? Bored? Broke?
You just need to download The Kearney App (right now)

Pizza, onion rings, buffets...The Kearney App has deals on all of it, and more will be added soon! Plus, it has tons of info on local events (on and off campus) as well as Places and cheap Tours you can explore at any time without forking out cash. The Kearney App will even notify you if you are near a deal.

Download the Kearney App today and be the first to take advantage of these additional features coming this fall: A Rewards Club where you can win prizes from local providers (including Loper gear). Scavenger hunts that let you earn points while exploring Kearney. More news and stories that affect you as a student. All this and more is coming.

Download The Kearney App for free
KearneyApp.com

See story about Kearney App in Sept. 17 issue
FOLLOW THE HERD
By Sports Editor Nikki Thompson

RIGHT: Alpha Phi’s showed their spirit at the home game by painting “Lopers” on their stomachs and cheering on the football team last Saturday.

BELOW: Cougar Williams, an undecided junior from Hanford, Calif., gets away from the defense for a gain. Williams had a 26-yard punt in the second quarter.

ABOVE: Hitting from the outside against Fort Hayes State is LaRose Currie. Currie is a freshman from Vail, Colorado, who is majoring in chemistry. See more pictures online at lopers.com.

ABOVE: Lopers outside hitter, Kelle Carver, tips the ball up high. Carver is a junior originally from Shawnee Mission, Kansas.

Photo by Jenessa Conlan
Photo by Hannah Backer
Denver native Davis Brendel started his final season as a Loper knowing he has benefited from past struggles and isn’t backing away in his senior year, instead following a favorite motto to excel in the game he loves: “When the opportunity of a lifetime presents itself you must act within the lifetime of that opportunity.”

Coming out of the first week of the season, Brendel was ranked the fourth best punter in Division II football, according to NCAA rankings. However, it wasn’t always smooth sailing.

Brendel was recruited in 2010 from Regis Jesuit High School as quarterback and punter. After his freshman redshirt year, he moved around the field numerous times after injuries on the team began to pile up. Always having to fight for his spot he shifted from punter to quarterback, to tight end, to wide receiver, and back to punter and so on. This fall, he is the starting punter but still practices as quarterback and wide receiver. “I enjoy it because if I was just a punter, at practice I would just sit there for two hours. I love football, so it gives me more chances to get out on the field and keep active. If I never had to fight for my spot I wouldn’t be who I am today.”

He credits tremendous support from his family, especially his biggest fan and mother Pam Brendel, as he continues to strive on the field.

Averaging a 39.6-yard punting average and holding a total of 554 yards for the first two games of the season, Brendel is off to a good start. “I want to become an All-Conference and All-American punter, and I want our team to have a winning record.” In order to achieve those awards, Brendel hopes to maintain a 45-yard punting average throughout the 2014 season.

Aside from attending practice four times a week and game days every Saturday, Brendel and the team put much more effort, sweat and energy toward their sport than most realize. “Nobody really sees how much goes on behind the scenes. We have meetings over film every day and a full day meeting every Sunday.”

Always looking for a way to strive as a punter, Brendel also spends time doing extra stretching and even tapped into yoga to enhance his flexibility.

“Consistency, going to practice every day and putting in the work,” is the key to success, Brendel says.
At the turn of the century, the colorful outspoken Atlanta Braves pitcher, John Rocker was asked if he’d ever play in New York for either the Mets or Yankees. Needless to say, his response in Sports Illustrated was controversial to say the least.

From having to sit next to a gay person on the subway, to comparing the 7 Train ride to the ballpark to riding through Beirut, to being full of foreigners, John Rocker clearly was no fan of New York.

“You can walk an entire block in Times Square and not hear anybody speaking English,” he also told SI.

Today, you can buy T-shirts from Rocker’s website that read, in all caps, “SPEAK ENGLISH.”

This fall, fans of the CBS hit series ‘Survivor’ will get to see Rocker appear alongside his girlfriend, Julie McGee, on the 29th installment of the show ‘Survivor: San Juan del Sur – Blood vs. Water.’

The current season is inspired from the original ‘Survivor: Blood vs. Water’ which aired last fall, pitting ten returning contestants against their loved ones and is regarded as one of the best seasons in franchise history.

This time around, nine pairs of loved ones will compete against each other for $1 million and the title of sole-survivor.

For Rocker, this will be no easy task. In pre-game interviews, some contestants have already acknowledged that they recognize and know who Rocker is. Others are just the kinds of people the former Braves closer didn’t care for when he played in Atlanta.

For instance, one pair is comprised of two gay men from none other than New York City. That’s two strikes already in Rocker’s book. Can Reed Kelly, a Broadway performer who played Spiderman on stage, work with Rocker?

As to Rocker’s xenophobia, one duo that viewers may recognize from another CBS reality show ‘The Amazing Race’, is Sri Lankan. The “Twinnies,” Natalie and Nadiya Anderson, who have already shown from their time on TV to speak their mind, add another wrinkle for Rocker.

Time does heal a lot of wounds, though.

Rocker’s comments were said nearly 15 years ago. Only Rocker, and perhaps his girlfriend, know his true attitudes toward certain people.

One thing is for sure, though, Rocker will not just be good TV, he will be great TV. And you all know I love nothing more than great TV.

Rocker claims his biggest fear about the game is being the first castaway voted off the island. While he is controversial, imposing and probably not always easy to deal with, he does have some things going for him. He’ll be good in the physical portion of challenges, will probably be useful around camp and he’s a target.

In the previews for the show that CBS has already aired, you can see Rocker already being loud, exciting and confrontational.

The last two seasons, filmed in Nicaragua, weren’t the greatest. At first, I thought we were in store for another dud. Rocker may not be the world’s greatest human being, but he has an excellent chance at making great TV this fall.

Catch all the action with Rocker and the rest of the castaways on ‘Survivor: San Juan del Sur’, which airs on Wednesdays at 7 p.m. on CBS.

Need more Hanson? Catch Hanson’s column weekly and his two radio shows on KLPR 91.1. See Sept. 17 issue for more on "The Four Sportsmen."
Catacombs, demons, headaches

Just in time for Halloween, scary movie set in Paris ‘As Above/So Below’ kills, offers cheap jumps, no thrills in the end, Coslor says

BY JORDAN COSLOR
Antelope Staff

The experience of sitting through John Erick Dowdle’s new found-footage/first-person film “As Above/So Below” is a unique one, not unique in the sense that it brings anything groundbreaking or new to the table, but more due to its impressive ability to make you feel overwhelmingly claustrophobic and confused at the same time.

The movie opens with Scarlett Marlowe (Perdita Weeks) discovering that the legendary philosopher’s stone is hidden underneath Nicolas Flamel’s tomb in Paris’ infamous underground tunnel system, the catacombs.

Along with a friend, three other hopeful adventurers and a documenter with remarkably shaky hands, she sets off into the tunnels in hopes of finding the stone.

As the crew ventures deeper and deeper, inner-demons and traumatic events from each character’s past seem to pop up randomly. Some just mildly scare the characters; some violently kill them. There’s never really an explanation as to why this is happening, but hey, they need to at least try to make a “horror” movie scary, right?

After an hour of raiding tombs and characters slowly dying off, the film just sort of… ends. And that’s it. You’re left sitting in your seat, not sure if it’s really over. You grab your phone, check the time, and you can’t believe that the full 133 minutes are already up.

This movie doesn’t offer a heroic triumph by the surviving characters, the conquering of any deep inner-battles and certainly not satisfaction for the viewer.

On paper, “As Above/So Below” sounds like a potentially great premise for a horror movie. It takes place in 200 miles of tunnels that make up what is essentially the largest cemetery in the world. What’s cooler than that? But the first-person point of view cinematography completely kills all coolness that it hopes to have.

You never really get a decent look at anything within the tunnels because the camera literally doesn’t stop jerking around for more than five seconds at a time. Due to this, you get no real sense of how immense the catacombs actually are. Instead, you are left feeling claustrophobic and trapped because, for the majority of the movie, you are looking at spastic camera film shots of the ground or the back of a character’s head.

In the end, “As Above/So Below” is an interesting idea that is just poorly executed. It follows in the same found-footage footprint as classics like “The Blair Witch Project” and “Cloverfield,” but just fails to give the viewer the sense of “feeling like you’re actually there” that those movies did.

Weeks and Ben Feldman (George) do give quality performances, even if they are portraying shallow and undeveloped characters. And the movie does have a few genuinely creepy scenes, but Dowdle relies far too heavily on the first-person camera to twitch pass something scary in the background in order to get a cheap “jump” from the audience. And at times it’s too predictable to even successfully achieve that.

The horror film directed by John Erick Dowdle and written by Dowdle and his brother Drew was released theatrically on Aug. 29, 2014. The film grossed $8.3 million its opening weekend, finishing in third place. As of Aug. 31, 2014, the film has grossed $8.3 million in America and $2.4 million in other territories, for a total gross of $10.7 million.

CONTACT IF INTERESTED!
Free 2004 Harley Davidson Softail.
It is in excellent condition it is mechanically fine. If interested please contact for pictures. Wanting to give to a good home contact jbyrant111@outlook.com.

Sudoku answer:
Upside down, from page 4

<table>
<thead>
<tr>
<th>2</th>
<th>4</th>
<th>6</th>
<th>5</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>1</td>
<td>9</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>5</td>
<td>8</td>
<td>3</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>9</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>2</td>
<td>5</td>
<td>6</td>
<td>4</td>
</tr>
<tr>
<td>9</td>
<td>1</td>
<td>7</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>8</td>
<td>2</td>
<td>1</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>1</td>
<td>8</td>
<td>3</td>
<td>7</td>
<td>2</td>
</tr>
<tr>
<td>9</td>
<td>6</td>
<td>4</td>
<td>7</td>
<td>1</td>
</tr>
<tr>
<td>6</td>
<td>5</td>
<td>2</td>
<td>9</td>
<td>8</td>
</tr>
<tr>
<td>1</td>
<td>7</td>
<td>8</td>
<td>3</td>
<td>2</td>
</tr>
</tbody>
</table>
Jeff Rodis, a junior from Omaha, gets ready for the supply chain management information night by sending out emails. Anyone who is an undeclared business major should be expecting an email from Jeff Rodis.

Rodis knew he wanted the SCM major from the start. "Most kids come to school and don’t know what to do. I had the opportunity to go through Millard Public Schools academy and knew I wanted to do SCM for sure," Rodis said. He knew this was the best place for him with the chance to be on the front end of the new major.

“ar number of companies that are interested in the program and want to give back makes everyone excited in the SCM major. Rodis is also looking forward to getting more involved in exec board of the SCMO following his position as the high school recruiter,” Rodis said.

Rodis hopes to move up in the SCMO executive board hopefully becoming president one day. “I encourage all students undecided in major and wanting to find their niche in college to check out the info night,” Rodis said.

Hey, did you know... 

The Antelope is online.

Go to see extra stories and photos. unkantelope.com

Students rock the vote

ABOVE: Junior Damares Campos, a history major from Kearney, registers to vote for the first time. Campos was excited that it was so easy to register at the booth in the union, saying it was very convenient.

TOP: Political Science students (from left) Cheyenne Fulk, a senior from Atlanta, Neb.; Haiwn Kim, a freshman from South Korea; and Mattie Schake, a junior from Kearney, help interested students register to vote. The deadline to register is Oct. 17.

Vote from page 2

A Citizen gatherings that influence people to think about breaking away from the herd are still seen today. Prominent examples include the Occupy Wall Street movement and the protests in Ferguson, Mo. These movements sparked conversation throughout the United States. Raising awareness can cause people to take action.

However, there is another way to bring about change. It does not require these mass movements. Instead, it only takes some hard work, passion and dedication. The actions of a small group of people are the reason the minimum wage is being put to a vote.

I urge all of my fellow students to make themselves aware of the issues in the upcoming election and to make an informed vote. Every student should have awareness of the major political issues within the United States, particularly those concerning finance, the minimum wage and the cost of college education.
Parade a crowd-pleaser

ABOVE: Chancellor Doug Kristensen waves to the crowd as he rides in the 2014 UNK Homecoming Parade, Saturday Sept. 20.

TOP: Louie Loper and the UNK cheerleaders rev up the crowd in the 2014 UNK Homecoming Parade in downtown Kearney.

MIDDLE: Members of Phi Gamma Delta, Alpha Omicron Pi and Alpha Tau Omega marched as part of the 2014 UNK Homecoming Parade. The group earned second place for their float in the parade.

LEFT: Residents of Mens and Randall Halls march as part of the 2014 UNK Homecoming Parade. The float placed third in the float competition. Alpha Phi took first.

More Photos online @ unkantelope.com
Rockin' good time

Homecoming week 2014 was a high-spirited success

ABOVE: Demi Higgins shows everyone what lip sync is all about. Higgins had a great time performing in front of fellow students and participating in UNK homecoming week’s most popular event.

Photo by Hannah Backer

TOP: Sergio Ceja and Cacia Lyon ride in a limo as part of the 2014 UNK Homecoming Parade. The pair was crowned king and queen at the Homecoming royalty crowning.

Photo by Austin Koehler

MIDDLE: The students seem to really enjoy the performance of Breathe of Soul at lip sync during Homecoming week. Lip sync is one of the most popular events during Homecoming week.

Photos by Hannah Backer

BOTTOM: Breath of Soul performed at Lip Sync this year while judges tallied Homecoming totals. Audience members got involved with this a capella group.