Homecoming Parade shows Loper spirit

by Garrett Ritonya
Antelope Staff

Every so often, we meet one person in our lives who changes our perspective in the way we look at things and how we live. Amanda Turman just happened to be one of those people.

Turman died in a car accident Monday, Oct. 7, after she lost control of her car on a Kansas highway and collided head-on with a school bus.

She was a UNK freshman, living in Randall Hall, a common living area for first-year students. Residents say Turman spent a lot of time between her floor hall and 2nd floor of Randall making her presence felt.

“Amanda was known for spending a lot of her free time between floors and making friends with all the people who lived there,” Randall Hall Director Dick Priester said. “She left her imprint on those she visited.”

While attending UNK, Turman loved to dance and was involved in the campus community, especially with KAY. She had also been a part of the new Tri-City Storm team.

“She was always happy-go-lucky, and when she was happy, she was full of stories because she wanted you to smile with her,” said Amy Shearman, a freshman social work major from Altamont, Kan. Shearman is Turman’s cousin and also lives in Randall Hall.

According to Shearman, Turman was involved in a lot of different activities in high school, including volleyball and basketball, four years on the track team, four years in KAY (Kansans for Youth), and the K-State Dance Team.

She found her way to UNK because of another cousin who goes here, as well as a couple of relatives who also attended the school in years past. They raved how good the school was and with UNK only an hour and half away from Norton, Turman applied, and here she is.

She was described as a girl who would be happy 30 hours a day, or night. “Mandi was the best roommate anyone could ever ask for,” said Marquita Dorsey, a freshman international relations with Spanish major from Hershey, Neb. “If I ever had any problems, she would be there to listen and help in any way she could.”

Shearman and Dorsey both joked about Turman’s love for donuts and how she could collect anything that had to do with donuts. They said the kind of job Turman said she planned on getting after graduation was selling donuts.

In her address to the student body following the event, Senior Criss Salinas Jr. from Schenectady, a Spanish education major, said that despite the weather, he also enjoyed the parade. Salinas, who was the 2007 Homecoming King, said he was surprised by people’s reactions to him and Homecoming Queen of 2007, Lezlie Shearer.

Salinas said though he was Homecoming King last year, people still yelled and clapped.

Salinas said, “Seeing the UNK students and community support the Homecoming Parade shows how important the UNK campus is to the Kearney community.”

Page Wewel, a senior from Chi Omega, said she wanted to represent her sorority and show school spirit. Wewel, freshman from Lincoln majoring in forensic science and criminal justice, said her favorite part of the parade was getting to see all of the other floats made by the residence halls, sororities and fraternities because of the time and work put into it here.

Katy, Texas, senior majoring in special education said she had paired with her sorority concentrated mainly on the float, and they did a great job. “I actually concentrated most of my efforts on the banner, because she wanted you to walk by and see it,” she said.

At the end of their lip-sync show, five members of Randall Hall turned around with “MANDE” painted on the back of their shirts. The rest of the performers went out of the way to symbolize their performance for Turman.

She was very family and friends oriented and she will be missed dearly,” Wewel said. “Mandi was not just a cousin, she was the best friend, not only to me, but to a lot of others.”

BELOW: The residents of Randall Hall spell out “Mandi” on the south side of Randall Hall on Oct. 10. (Photo by Garrett Ritonya)

No one really knew how to handle situations like this, but Lehman O'Brien from the Counseling Center says that there are many methods in coping with the grief.

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It has been difficult to function nearly half of college students feel overwhelmed by the stress and pressure in both terms and finals where students report feeling a boat as you, particularly as we approach flu season and other pressures. UNK students are in the same boat as you, especially as we approach flu season and other pressures. Common signs of people dealing with depression and hopelessness in everyday activities are all around them. Feelings of sadness, worthlessness, hopelessness, low energy, and a lack of interest in everyday activities are all common signs of people dealing with depression. If you feel any of these emotions, don’t worry. Many UNK students are in the same boat as you, particularly as we approach flu season. It’s not uncommon to notice and there are many types of UNK students: traditional, non-traditional, full-time and part-time students. The top three reasons students feel in depression are:

- Adjustment to college life and stress of school
- Relationship struggles with a boyfriend or girlfriend
- Eating disorders.

Stress causes the brain to release a large amount of cortisol, making it difficult to sleep. Cortisol can make you feel tired all day as they go into classrooms and be less able to concentrate.

Students may have come in stressed because of being too close to the finals just gave them the little edge needed because they had been thinking about ways to deal with stress. We’ve reached some students through the screenings, I hope those individuals really do call for an appointment,” Steinbeck said.

This emphasis on dealing with depression may also be a chance for students to give your friend the community a chance to help up your friend because you may not know how to go about telling them. One helpful thing to do is to give them the Counseling Center’s phone number. If you can also help a friend by saying you will make an appointment with him/her. Steinbeck said. “A lot of times it’s easier to call a professional because they have seriously considered suicide. UNK Counseling folk will set up a counseling center because they have seriously considered suicide.

About 7.8 percent of UNK students have gone into the counseling center because they have seriously considered suicide.

UNK Counseling folk will set up a counseling center because they have seriously considered suicide.

This election year is very important in many matters. With the war in Iraq weighing on many Americans, the economy going downhill quickly, the energy crisis and many other major issues being addressed, each candidate has taken a stance on these issues.

A few key ideas that affect us include agriculture, energy and oil in the Iraq War. McCa

in’s stance on the energy crisis is an idea called the Lexington system for farmers. This idea would allow farmers to try and elevate some market driven risk management. Farmers would be able to make the decisions that mold the market system for farmers. McCa

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VanLengen gives back to students of her alma mater: UNK

“Was an incredible privilege and honor to come back to my alma mater and call the game. I am so proud to be the voice of Division II, of UNK and of Kearney.”

Brenda VanLengen
ESPN basketball announcer

BY MANDI BEHN
Copy Editor

Al Michaels, Pat Summerall and Al Michaels are broadcasting greats, but they are far removed from UNK and of Kearney.” VanLengen said.

VanLengen went from coaching the University of Nebraska-Lincoln women’s basketball team to analyzing women’s basketball games on Nebraska Public Television. From there, she was offered broadcasting jobs from Fox Sports Net and ESPN.

Although VanLengen has climbed the proverbial ladder of success, she still lives to connect with her alma mater. In 2007, she broadcast the Division II Women’s Basketball National Championships on ESPN, which were held at UNK.

“It was an incredible privilege and honor to come back to my alma mater and to call the game. I am so proud to be the voice of Division II, of UNK and of Kearney,” VanLengen said.

VanLengen also participated in the Loper Women’s Walk in August in support of UNK women’s athletics. And finally, she endowed the Ann Stockton Memorial Scholarship, a scholarship for UNK women’s basketball in honor of friend and former basketball teammate, Ann Stockton, who was killed in a motorcycle accident.

More recently, on Oct. 11, VanLengen stopped by the campus to have brunch with members of the Students In Free Enterprise club, but her advice can inspire any student in any field.

“Internships are invaluable. The way you get experience is by internships. Getting your feet in the door opens up so many opportunities,” VanLengen said. “The opportunity to network is important because it’s not what you know, it’s who you know.”

She also said that internships are an investment and that students pursuing one or already taking part, should show their experience to do and learn things.

One last piece of advice from VanLengen: “Be different, be unique.”

VanLengen: “be different, be unique.”
Trip to the Emerald Isle planned for May ‘09

“There is nothing like it, it is definitely an experience you will never forget,” said Dr. Jan Kimmons, Assistant Professor of Family Studies and Interior Design.

BY AMANDA BALLIE
Assistant staff

Always had a yearning to go to Ireland?

“I imagine standing on the 600-foot cliffs of Moher looking out into the Atlantic Ocean, or strolling through a quaint village, visiting with the locals. There is nothing like it; it is definitely an experience you will never forget,” Assistant Professor of Family Studies and Interior Design Dr. Jan Kimmons.

Kimmons has planned a trip to Ireland for those students interested in seeing and learning about the Emerald Isle. “The idea of this trip is to experience the culture of Ireland up close,” Kimmons said.

The trip is 10 days and the tentative schedule includes: Days 1-2: arrival in Dublin, Ireland. Day 3 is a free day. Day 4 is sightseeing in Dublin City. Day 5 is the Blarney Castle, Waterford, and Killarney. Day 6 is the Ring of Kerry, coach tour and stay in Killorglin. Day 7 is the Cillit of Mohr, the Burren, and the Galway walking tour. Day 8 is an optional excursions to the Aran Islands or a free day in Galway Bay. Day 10 is the return flight home.

Images of the beauty of Ireland and international travel have drawn students to this opportunity.

The trip to Ireland is still a tentative schedule. In order to apply, you must attend a workshop in the College of Education C128, or email knippingam@unk.edu for more information. The deadline is March 1, 2009.

To learn more:
• Visit: www.passports.com
• Click on “we’re going”
• Enter May 2009 in the preview box,
• Click on the “details” tab
• Or contact Assistant Professor Jan Kimmons at 386-6219.

Planning to Student Teach
In the Fall of 2009?

In order to apply, you must attend a workshop where placement procedures are explained, the application process is outlined, and materials are distributed. This is the only way you can apply for student teaching!

Tuesday, November 4th, 3:30 PM, C216
Saturday, November 8th, 10:00 AM, C216
Wednesday, November 12th, 4:00 PM, C214
Thursday, November 20th, 8:00 AM, C216

All Fall 2009 student teachers must attend one of the November workshops or the make-up workshop on January 15, 2009 at 3:30 p.m. in C216.

All sessions will be held in the College of Education Building in the rooms listed above. Questions? Call Ann Knipping at 865-8937, stop by the KASE Office in the College of Education C128, or email knippingam@unk.edu.
The University of Nebraska at Kearney Volleyball Team took the court Saturday night in a battle of first place teams as they took on RMAC rival Fort Lewis.

Coming into the game, the Skyhawks were in first place in the West Division of the RMAC while UNK was the top team in the East.

What should have been a heated battle between the teams turned into a one-sided blowout with the Lopers sweeping all three sets in convincing fashion, further separating themselves from the rest of the RMAC.

Leading the Lopers to set wins of 25-13, 25-11 and 25-14, were middle hitters Nikki Scott, a junior from Broken Bow, and Jeri Walkowiak, a sophomore from Grand Island, who combined for 22 of the team’s 45 kills.

The Lopers finished the game with an outstanding .334 hitting percentage, their third highest total in the season. Perhaps the highest player of the night was Scott, who had 12 kills in just 15 swings with only one error, which equlared a .733 attack percentage.

“We know that we were playing a really good opponent in Fort Lewis, so we knew that we could not make unforced errors and silly mistakes,” Scott said. “We came out and kept our errors down and played a pretty complete game.”

Fort Lewis had a hard time getting anything going against the hot Lopers squad, which has now rattled off 21 straight victories after losing their first match of the year in Hawaii.

“We have continued to improve from the beginning of the season,” Scott said. “We are working hard in practice to improve the things we are struggling with, and we love to compete.”

The conditions were certainly in favor of the Lopers for a total of three on the end zone two more times after that, finishing the game with an outstanding .343 hitting percentage, their third highest total in the season.

“During the game, the Lopers outscored Fort Lewis a nearly 355 attack percentage, while UNK compiled a .384 average in sets,” Spitzlberger said.

“We have always been a good defensive team that has been able to make those spectacular plays in a game that really get you some momentum,” Walkowiak said.

“However, it’s routine plays that are really key in a game. Coaches make sure to emphasize this in every practice, and we work on it in order to make sure we are able to defend come game time.”

UNK has also done a good job of defending its home court this season. The Lopers have only lost two sets in the Health and Sports Center all year.

The next stretch of games will be a test for the Lopers, as they travel for three straight road games in three consecutive days, starting Thursday night against Adams State.

BY GARETT RITONYA Antelope Staff

Cross Country success at home meet

“I look at our team as a part of a two, three, even four-year plan. The hard work we did last year has improved, and we have some newcomers with a great addition in the team. What on the women’s side, I only had my number six and seven girls return from last year so the top five runners are all new,” Bonsell said.

As the UNK cross country team gear up for the Rocky Mountain Athletic Conference Championships, they will take time in the weeks to come to train. The RMAC Championship will take place in 25 on Colorado.

“Tough to focus so much on goals,” Bonsell said. “There’s a point where I think they (goals) keep you from actually wanting to be out there and win a race, so we did a great job of accomplishing that. What’s next? We will still have the regional meet which we need to just work as hard if not more to reach and try to win.”

A seven-year streak without a single home competition victory will not be the case again. The Lopers host the regional meet this year on Nov. 3 and 5 and will take their experiences in the meets to prepare them for regionals.

Football team dominates New Mexico Highlands

Garett Ritonya

BY CALLIE ERIKSON Antelope Staff

An overcast sky, 90 degress with no wind, and a home court advantage turned the University of Nebraska at Kearney Men’s and Women’s Cross Country teams into the main competitors in the Loper Open Saturday morning at the Kearney Country Club.

Amy Jay, Women’s head coach, said, “Everyone participated did a great job and certainly exceeded my expectations for them.”

“I think it’s important to finally compete at home, but whatever it was, three quarters of them really did quite a few things better than what they’ve ever done before,” Bonsell said.

The Loper and NFL wideout Richie Ross in 2003. Only five receivers

wouldn’t be the case again. The Lopers host the regional meet this year on Nov. 3. It will take their experiences in the meets to prepare them for regionals.

A seven-year streak without a single home competition victory will not be the case again. The Lopers host the regional meet this year on Nov. 3 and 5 and will take their experiences in the meets to prepare them for regionals.
Lights, camera, action! These are words that have become very familiar to Spencer Wolfe who has been acting since the time he could walk. “I’m always acting and making others laugh. Once I step foot into a room, I have a talent for brightening it up,” Wolfe said.

This talent has directed Wolfe to his home away from home, the stage. Wolfe is currently a sophomore majoring in theatre. “Bruce Campbell inspired me to take an interest in theater. He has been in over 70 independent films and is best known for his starring role as Ash in ‘Evil Dead.’ He has also directed, written and produced many of his own works,” Wolfe said. “He is my role model, because he acts because he enjoys it.”

Wolfe can’t get enough of the spotlight. He has starred in student-directed one acts, numerous church musicals and five plays. His debut at the Miriam Drake Theatre was in the play “Three Sisters.”

“The Three Sisters,” written by Anton Chekhov, is considered one of the modern-day classics. The playwright has been ahead of his time and has influenced theatre greatly as a whole.

The play has allowed Wolfe to grow as an actor and theatre student. “Three Sisters” has shown him a different view of dramas. “I was never a big fan of dramas due to lack of action and comedy, but ‘Three Sisters’ has shown me how to better appreciate the subtleties of human interaction,” he said.

Wolfe plays Vasily Vasilich Solyony, a military soldier who is continually trying to make jokes and bring attention to himself. He has been devoting his time at play practice to perfect this role.

“Play practice has been both time consuming and enjoyable. This is the time when scenes really start coming together, and I get to see the magic click first hand when a scene falls into place,” Wolfe said.

Wolfe played the role as Solyony has allowed him to challenge himself as an actor. “This is my first role as an official theatre major. Therefore, the department eyes will be watching a little closer and evaluating a little stricter.”

The play’s director, Jack Garrison, has been the person who has made this worth the challenge for Wolfe. “While he may be eccentric at times, Jack has a unique style that will make anyone doubt what they have been taught before about theatre. I was very unsure of whether I wanted to change over to a theatre major until I worked with Jack,” he said.

“Just as one cannot teach music without Elvis or art without Picasso, one can’t even begin to understand theatre and its history without Chekhov,” Wolfe said.

BY ABBY WOLF
Guest Writer

“Three Sisters” has shown me how to better appreciate the subtleties of human interaction.”

Spencer Wolfe
Sophomore

Nov. 19-23
UNK Theatre presents: “Harvey,” by Mary Chase, directed by Dr. Samuel Unland
For more information, visit http://events.unk.edu

Images by Abby Wolf

ABOVE: (from left) Ashley Kobza (Masha), Amy Jensen (Olga), Joseph Knispel (Lieutenant-Colonel Vershinin) and Abby Claar (Irina) perform in the UNK theatre production of “Three Sisters.”

RIGHT: (from left) Kobza, Claar, Knispel, Jensen and Wolfe share the stage for a scene in “Three Sisters.” It was the first production of the season for the theater department.

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