A normal day for me I

What is a normal day like

Yes - 86%

This week's online poll question:
How many hours do you spend doing homework each day?

Vote at www.unkantelope.com

Racing against the clock:

Students scramble to manage hectic schedules

BY MAGGIE SOWL
Antelope Staff

Something has to give for many students who work half to full time. Adam McLaughlin, from Kearney, is a senior mass media journalism major taking 19 credit hours and working full time 30 to more than 40 hours a week for the Tri-City Storm Hockey as a video producer.

Antelope: What is a normal day like for you, from start to finish?

McLaughlin: A normal day for me I feel is like staring at the clock. I wake

BEHIND THE CURTAIN

John Fronczak strives to make Walker Art Gallery picture perfect

BY AMANDA ARNOLD
Antelope Staff

In the middle of the Fine Arts Building sits a wide-open room with dynamic lighting and a cozy atmosphere. The walls are lined with unique and impressive canvases, some as tall as the ceiling. Sculptures or other three-dimensional pieces sit in the middle of the giant room, meticulously placed. Everything is in perfect order, and people rarely think about what goes on behind the scenes.

Students often visit the Walker Art Gallery, but they might not be aware of how it functions or how it is able to provide an exhibition and then quickly transition into the next one without a hitch. John Fronczak, curator of the Walker Art Gallery since 2007, is the man behind the curtain, the one making everything run so smoothly that the audience doesn’t even notice.

“There is almost always someone in the gallery,” Fronczak said. “I see them in there all the time in small groups or by themselves.” He said that at least 30 students visit the Walker Art Gallery each day. He also said that many of the professors that teach Art Appreciation and Color and Design often have their students meet in the gallery or they assign homework related to the current exhibition.

Logan Bartels, a senior graphic design major from Tobias, said, “I visit the walker art gallery at least twice during an exhibit.” He said that he enjoys the ambiance and that the atmosphere of the gallery is engaging. “The atmosphere seems to vary depending on the type of exhibit, whether it is sculpture, painting or graphic design. Generally though, I’d describe the atmosphere as pleasant and ambient, allowing the viewer enough space to not feel crowded while going from piece to piece and yet is quiet enough for a thought process to develop,” Bartels said.

Fronczak spends four to eight hours a week on average in the gallery just with...
Neither candidate winning over Nebraska voters

BY JAY OMAR
Antelope Staff

After months of campaigning, the Nebraska Senate race between Deb Fischer and Bob Kerrey should be starting to heat up. Instead, currently Fischer is being held at a distance and Kerrey is boiling. This is due to the two candidates taking a different approach when campaigning. Fischer has been seen across the state of Nebraska. She is known for her strong stance on spending reduction. Kerrey, on the other hand, has been running a campaign focused on his successful history in Washington. He is seen as a pragmatist, one who has worked with both parties to get things done.

One crucial flaw of the “Cut, Cap, and Balance” budget proposal is that it requires a 2/3 super majority before any tax increase is approved. Simplified, this 2/3 super majority requirement makes it impossible for any president or congress to reverse any of the Bush tax cuts for the wealthiest Americans. Another feature of “Cut, Cap, and Balance” that Ms. Fischer hasn’t mentioned is the provision capping spending combined with the requirement that any tax increase must be approved by 2/3 of the Congress would require huge cuts in Social Security and Medicare. Economists say that assuming defense spending wasn’t cut, we’d have to cut around 25% from these programs or over $500 billion in order to reduce federal spending to levels we haven’t seen for over 40 years.

Ms. Fischer endorsed the GOP’s balanced budget amendment to the Constitution, which they have slickly labeled: “Cut, Cap, and Balance.” But what Fischer hasn’t told you is that this extreme proposal would result in big cuts to Social Security and Medicare as well as lock in the failed Bush tax cuts for the wealthy.

One crucial flaw of the “Cut, Cap, and Balance” is that it requires a 2/3 super majority before any tax increase is approved. Simply stated, this 2/3 super majority requirement makes it impossible for any president or congress to reverse any of the Bush tax cuts for the wealthiest Americans. Another feature of “Cut, Cap, and Balance” that Ms. Fischer hasn’t mentioned is the provision capping spending combined with the requirement that any tax increase must be approved by 2/3 of the Congress would require huge cuts in Social Security and Medicare. Economists say that assuming defense spending wasn’t cut, we’d have to cut around 25% from these programs or over $500 billion in order to reduce federal spending to levels we haven’t seen for over 40 years.

If Ms. Fischer supports a balanced budget, why doesn’t she just propose on and tell us how she would cut $1 trillion from the federal budget? Instead, Ms. Fischer seems content to run a cynical campaign where she refuses to take any specific stands on the issues and is counting on the Super PACs to destroy Bob Kerrey with deceptive ads financed by out-of-state special interest groups.

Unlike Ms. Fischer, Senator Kerrey made tough and courageous choices in his Senate career that helped bring about the last balanced budgets we had between 1998-2000. In 1990, Kerrey supported a budget plan sponsored by President George H. W. Bush that both cut spending and raised taxes. Three years later, during the first year of Bill Clinton’s presidency, Kerrey once again supported an unpopular budget that consisted of spending cuts and tax increases. In 1993, every republican opposed Clinton’s budget plan, claiming it would cause a deep recession. What followed the passage of the 1993 Clinton budget package was the greatest peacetime economic boom in U.S. history. During the Clinton presidency, 22 million new jobs were created, unemployment declined from 7 percent to 3 percent, median family income rose, and poverty declined to its lowest rate in 20 years. The Clinton budget also converted what was then the largest budget deficit in American history to the largest surplus.

Bob Kerrey is the proven conservative economic candidate for U.S. Senate.

—Dennis Crawford, Second Associate Chair of the Nebraska Democratic Party
**RACE FOR THE CURE ON CAMPUS**

Directors are hoping the second annual Susan G. Komen Central Nebraska Race for the Cure 5K run and 5K walk Saturday, Sept. 29 beat last year’s total 1640 participants. Many dressed in pink walked the same route as the first year, around the UNK campus. Up to 75 percent of net proceeds generated by the Race stays in the Kearney service area to support education, screening and treatment. The remaining 25 percent goes to the Susan G. Komen for the Cure Award and Research Grant Programs supporting research, awards and educational and scientific programs around the world.

**Campus Crime Log**

Sept. 26: Samantha Kirkpatrick was issued a written warning for having a headlight malfunction.

Sept. 26: Jacob Jansen reported someone had broken out the window on his vehicle with a rock while it was parked in Lot 3.

Sept. 26: Lacey McPhillips was issued a written warning for driving without her headlights on.

Sept. 27: Jackson Graham was issued a citation for careless driving on University Drive.

Sept. 27: Hunter Smith was issued a citation for failing to stop at lot 14A and University Drive.

Sept. 28: Cletus Macke reported his white Genesis V-2100 mountain bike was stolen from the Otto Olsen bike rack.

Sept. 29: Conner Schulte was issued a minor in possession of alcohol.

Sept. 30: Michael Hanich was issued a warning for speeding and crossing the centerline on University Drive.

**Sudoku**

**How to play:**

Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

```
 3 7 1 5
 6 9 8
 5 4 2
 9 7 6
 6 7 4
 4 1 3
 3 2 6
 5 4 8
 8 7 3 4
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Find answer on page 10  www.sudoku-puzzles.net
Learn to LEAD
National Residence Hall Honorary to host annual workshop on leadership

BY LACEY MCPHILLIPS
Editor In Chief

The National Residence Hall Honorary (NRHH) will be hosting the annual LEAD Workshop on Sunday, Oct. 7, at 7 p.m. in the Nebraskan Student Union Ponderosa Room.

The LEAD Workshop is free to everyone interested and will feature a keynote speaker and a host of breakout sessions centered on student leadership. The speakers will provide valuable insight and guidance on how students can become stronger leaders on campus and maximize their college experience.

Alie Brabec, senior art education major from Clarkson and vice-president of public relations for NRHH, said that students should attend LEAD Workshop because “they’ll learn a variety of skills, and learn how to use skills they already have to become a better leader on campus.”

The keynote address will be provided by Professor Steven Schulz, Marketing and MIS. He will inform students on how to sell ideas in 30 seconds.

For the breakout sessions, Jennifer Harvey, Associate Director of the Thompson Scholars Learning Community, will talk about relationships and different personalities; Nikki Gauseman, Executive Director, S.A.F.E. Center will lead a discussion on leadership skills; Bill Pickett, Director, University Housing, University of Nebraska-Omaha will discuss motivation; and Carl Mehta, Assistant Director of Student Life will talk about why leading is important.

The closing Remarks will be provided by Gail Sims-Aubert, Associate Director of Residence Life. Refreshments will be provided for all in attendance.

For more information, contact Alie Brabec, NRHH Vice President of Public Relations, at nrhh@lopers.unk.edu.

Regional & National August 'Of The Month' awards
Each month, the National Residence Hall Honorary accepts nominations to recognize outstanding leaders among UNK’s students, faculty and staff in a variety of categories. Once voted on at the campus level, they are sent on to be judged against other OTMs in the region, and regional winners are likewise sent on to the national level.

Regional awards
Adviser: Kyle Brandyberry, nominated by Libby Manfull
First Year Student: Nolan Pribnow, nominated by Austin Fletcher
Organization: RHA (Brody, Nicole, Laura, Ellie), nominated by Justin Vogel

National award
Residential Community: University Heights, nominated by Kyle Brandyberry

Childress receives third UNK Technology Excellence Award

UNK NEWS RELEASE
Jeremy Childress, network administrator for Information and Technology Services at the University of Nebraska at Kearney, has been named recipient of the 2012 UNK Technology Excellence Award.

Childress, who has been a network administrator for Information and Technology Services since 2005, supports the wired and wireless networks, as well as the cable TV infrastructure. He received $1,500 and is only the third person to receive the award. The first recipient was Kay Libbee, a UNK programmer/analyst, and last year’s recipient was Dylan Evans, a system administrator.

Childress received multiple nominations for the award. A nomination from Museum of Nebraska Art (MONA) personnel noted that when MONA received grant funding from the Peter Kiewet Foundation to introduce wireless access to the Internet at the museum to give students and visitors the ability to tap into the Internet for assignments, Childress was contacted to assist in installing the equipment.

“Jeremy tenaciously and persistently pursued these tasks, utilizing all available resources to try to solve problems, especially those associated with the new system,” she said. “Even when frustrated, he maintained decorum and a sense of humor.”

Another nomination noted: “Jeremy is always willing to help with a problem, no matter how busy he is or what he is doing at the time. He has never been anything other than friendly and helpful during interactions with him.”

Explore the Streets of Europe! Study Abroad!
Nebraska Semester Abroad is a program that will allow you to live in the Czech Republic next semester and earn 12 UNK credit hours.
Field trips to Prague, Vienna, Venice, Krakow, and more cities are included!
E-mail Ann Marie Park for more information at: parkam@unk.edu
Application Deadline: November 9, 2012

Olde Towne Tattoo
Tattoos & Body Piercing
October is Breast Cancer Awareness Month!
Accessorize your breasts for less. Get one nipple pierced, get your second FREE. A portion will be donated to breast cancer research.
Plus $5 OFF any piercing for college students anytime.
2007 Central Ave., Kearney, NE 308-455-1122
Check out some of our work on Facebook.
Lawton returns for 'The Screwtape Letters'

Adaptation of C.S. Lewis' book is coming to the Merryman Performing Arts Center

BY JENNIFER MALOLEY
Antelope Staff

"Indeed the safest road to Hell is the gradual one—the gentle slope, soft underfoot..." Your affectionate uncle, Screwtape.

These ominous words set the stage for Tony Lawton's adaptation of C.S. Lewis' book, "The Screwtape Letters," about a mid-level demon and his advice to his nephew Wormwood.

Lawton will perform the adaptation, which the Philadelphia City Paper called "wickedly fun," with Genevieve Perrier as the character "Toadpipe" on Monday, Oct. 8, at 7:30 p.m. at the Merryman Performing Arts Center. Admission is free though it is noted that this performance is intended for mature audiences only.

The Department of Philosophy sponsors the presentation. Dr. David Rozema, director and professor of philosophy, said, "Lawton appeared in last year's production of (C.S. Lewis') 'The Great Divorce.' We had an excellent response to that event and invited him back for more."

Lawton's description of "The Screwtape Letters," which can be seen on his website, is intriguing. It reads: "In a dark corner of hell's bureaucracy sits mid-level demon Screwtape, scratching out letters to his nephew, Wormwood, filled with advice on how to corrupt a human soul. Gleefully, Screwtape catalogs the list of human frailties upon which Wormwood is to prey—war, lust, debauchery, decadence, and all sorts of wickedness."

Lawton has acted professionally since 1992 and has performed in productions such as "The Lonesome West," "True West," "Of Mice and Men," "The Devil and Billy Markham," "The Great Divorce," and "The Screwtape Letters." Lawton was a 1999 finalist for the F. Otto Haas Award and was named the city's Best One-Man Theatre by the Philadelphia City Paper.

Lawton's first original play, "The Foocy," was produced in 2005-2006. The play received five Barrymore nominations, including one for Best New Play. Lawton also started the Mirror Theatre Company, which presents solo and small-cast dramas about spiritual life for all audiences, secular or religious. Lawton said he wants to present plays that are part of an ongoing dialogue with the audience.

C.S. Lewis, the author of "The Screwtape Letters," was born in Ireland, studied at Oxford, fought in World War I. He was named professor of medieval and renaissance English at Cambridge. In his mid-twenties, Lewis converted from atheism to Christianity, after which, he authored several books which still sell millions of copies every year all over the world.


UPCOMING EVENTS AT THE MERRYMAN

"The Screwtape Letters" Oct. 8 at 7:30 p.m.
"The Passing Zone" Oct. 18 at 7 p.m.
Repertory Dance Theatre Oct. 26 at 7 p.m.
Kearney Concert Association—"Siberian Viruosi" Oct. 29 at 7:30 p.m.

Classified Ads
Where Leaders Are Made
Toastmasters International. Confident, charismatic leaders weren’t born that way. Become a better leader, speaker and negotiator. Sharpen your management skills. Inspire your team. Be decisive!!
Contact Mat Poehler at 308.216.1519

The Alpha Phi sorority will be hosting their 3rd annual Alpha Phiesta Taco Feed at Harmon Park from 5-8 p.m. on Thursday, October 25th. Proceeds benefit the S.A.F.E. Center of Kearney.

Visit unkantelope.com for more information about placing a classified ad or email antelopeads@unk.edu.
ABOVE: Jessy Baillie, senior biochemistry major from Omaha, and Michele Stretch, senior biology major from Palisade, learn the cumbia at the Hispanic Student Association's Hispanic Dance Night. The two joined more than 40 other students in learning different Hispanic dances.

ABOVE: More than 40 students came to the Hispanic Student Association Hispanic dance night. Attendees learned the cumbia, tribal, and other dances from various Hispanic countries.
FREE tickets are available again for UNK students to attend an exciting performance at the Merryman Performing Arts Center.

Repertory Dance Theater of Salt Lake City will be performing Time Capsule: A century of dance on Friday, Oct. 26 at 7 p.m.

A guided tour through a 100-year legacy of dance, Time Capsule is an informative multi-media retrospective, paying homage to the ingenuity, creativity and inventive spirit of legendary 20th century choreographers. Repertory Dance Theatre's prestigious historical repertory highlights the birth and evolution of an art form, and ties each piece to the social and political environment in which it was created.

Covering everything from the early years of modern dance to today's finest choreographers, this one of a kind performance that lives and breathes, sweats, and leaps. Highlights from the program include excerpts from Doris Humphrey's Soaring, Daniel Nagrin's Strange Hero, and Shapiro & Smith's Dance for Two Army Blankets.

This performance is part of the Lied Center's Arts Across Nebraska and is presented with funding from the Nebraska Arts Council and a partnership with UNK. To find out more about RDT, please visit: http://www.rdtutah.org/

Tickets to Utah dance company, UNK student performances FREE
The many reasons to study abroad in China

Students share experiences with Chinese culture, history, self-improvement

BY YIFEI ZHAO
Antelope Staff

Traveling to China would be an exciting adventure for most students because of China’s long history, diverse culture, different customs and spectacular architecture.

For those who want to travel but are concerned about cost or delaying graduation, the semester abroad program offers a great opportunity to study in China one semester for the same cost as studying on campus.

Five UNK students are participating in the Semester Abroad in China program during the fall semester.

Erin Parish, a sophomore majoring in English as a foreign language from Omaha, has been in China since Aug. 17. This is her first time in China.

“I miss my friends and my family, but if I had the chance to leave right now and return to the States, I wouldn’t go. And if I was given the option to stay longer, I would. A hundred times over I would stay longer,” Parish said.

“I love the satisfaction I feel when I can read something in Chinese or I understand what someone is saying to me. I love the night markets, and street food, and bargaining at whole sale markets, and when the sky is clear of smog and cramping into the bus at rush hour,” Parish said.

The difference in culture, customs and language between America and China is one of reasons that the international exchange program attracts students to study in China.

“The most interesting thing I’ve come across is the people that take pictures. There have been many times that people have stopped me and asked to take a picture with us.” Parish said.

“We are actually interesting to the Chinese people too,” Parish said. “Then there are the people that take stalker pictures. Some try to pretend like they’re texting, but most are obvious about recording and taking pictures of us. I think it’s a large difference in culture. If I thought someone was interesting or good looking, I wouldn’t take a picture of them. But in China it seems common,” Parish said.

Exploring Chinese history is another reason students could choose to study in China. Andrew Limbach, a sophomore majoring in geography from Kearney, was interested in the long history of China. Limbach went to China last fall. “The United States is only 300 years old, and China is 2,000 years old. It’s kind of amazing to think how much history there is would be the most interesting things,” Limbach said.

Limbach learned a lot of fun things when he explored the long history of China. “We studied in Shijiazhuang. We also took trips to Beijing, Xian, Shandong and Pingyang. There are a lot of history in Beijing and Xian. I also did Tai Chi everyday in the morning. That was a lot of fun,” Limbach said.

The program offers field trips to make a connection with Chinese history. Senior music business major and international business minor Jennifer McMurty from Bayard, enjoyed the experiences from the field trips.

“My favorite part was the connection with field trips and the history class. We would study a certain part of Chinese history, for example Confucius. Then we would go a visit the sites we were learning about. We actually got to see the temple where he studied, taught, and even the place where he was buried. It was a really unique experience, which few get to enjoy,” McMurtry said.

The study abroad program could help students in many ways. Ann Marie Park, UNK Study Abroad coordinator, thinks learning how to live in a new environment is one benefit students could gain from studying abroad. “When students travel to another country, they deal with people who are not like themselves,” Park said. “They may differ in their language, their culture, their background or their family.”

The challenges and benefits set the students who travel ahead of others, Park said. “Students have to learn how to adjust a new environment. After they graduate, they would go into a job. They would get their first job. Their job would be a new environment and they would work with new people with different cultural backgrounds. It gives great asset if they study abroad.”

“This trip has changed my life. It’s made me far more confident in myself. It’s strengthened my independence. I have met so many great friends,” Parish said.

Jennifer McMurty, a senior business major and international business minor, enjoys one of her many field trips for her history class in China.
Friday Night Lights
Loper soccer sparks second-half comeback, 'golden goal' overtime win

BY AARON URBANSKI
Antelope Staff

Following a lackluster first half, the UNK Women’s Soccer team (7-3-1) provided an exciting finish after rallying back from a 0-2 deficit last Friday to defeat fellow MIAA opponent Emporia State (3-5-3) at home. With a 3-2 win in overtime, the fans and players came alive at the Ron and Carol Cope Stadium in the second half despite the uncharacteristically late starting time of 10 p.m.

“It was an unreal feeling coming back from two goals down,” said senior captain and center midfielder Maggie McClure. “Everyone was really excited going into the game, and we knew (Emporia State) was going to be a good challenge for us competition wise.”

Despite the team’s enthusiasm to play, the Emporia State Lady Hornets jumped ahead early with goals in the fourth and 20th minutes after taking advantage of a few UNK mental errors on defense. “We may have been a little too excited to start the game,” said senior defender Jen Kotulak. “We didn’t mark up well on defense in the first half, and after they scored the opening goal we knew we had our work cut out for us the rest of the game.”

By the start of the second half, the Lopers seemed to steal the momentum back with a quick goal by sophomore forward Ashitin Pawloski from just outside the box. “We were all really frustrated with the way we played in the first half and Coach (John Maessner) really stressed the need for us to keep our heads up going into the second half. We knew we had to do a better job of playing to our strengths and as a team if we wanted to come away with a win,” Kotulak said.

However, UNK still trailed 2-1 going into the final minutes of the game until Freshman Kadie Walaszczuk scored the game-tying goal for the Lopers with two seconds left in regulation to send the game to overtime. “I was shocked when Kadie scored at the end,” said McClure.

“We followed our worst half of soccer all season with our best half and it was a good one for us going forward.”
—Jen Kotulak

Loper Action
Follow the Herd with fall sports results

BY AARON URBANSKI
Antelope Staff

Volleyball

Congratulations to the top-ranked UNK Loper netters (14-0, 5-0) on another impressive victory over MIAA rival Washburn University (14-1, 5-1). The Lopers dropped the first set at home to the Lady Blues 22-25 but rallied to win three straight sets 25-21, 25-23 and 25-16 respectively.

Senior Outside Hitter Ariel Krolkowski paced the Lopers with a team-high of 15 kills and added 16 digs defensively.

The volleyball team is set to defend their No. 1 national ranking Oct. 5-6, 2012 at the Southwest Baptist University Crossover Tournament in Bolivar, Mo.

Football

After enduring another loss (49-28) to MIAA opponent Lindenwood University (3-2) on Saturday, the Lopers (0-5) caught a spark and a glimpse of what the future might bring after true freshman Quarterback Sean Flanagan led the Lopers to three straight touchdowns in the second half.

Flanagan finished with 167 yards in the air and a team high of 99 yards on the ground while totaling three scores.

This may not be the year for dominance from this particular Loper football team, but the talent is there. The problem is the team is young, stretched thin from injury and dealing with unfamiliar territory week in and week out after moving to arguably the best Division II football conference in America.

“Coach Morris has really just preached persistence. We have learned a lot about ourselves the last few weeks, and we believe it will pay off for us moving forward,” said senior TE Justin Dru dik.

The football team will battle Truman State (3-2) Saturday Oct. 6 at Ron and Carol Cope Stadium. Kickoff is set for 2:30 p.m.

Soccer

Despite earning an impressive victory over Emporia State Friday Sept. 28, the UNK Women’s Soccer team (6-4-1) posted a 1-1 record through the weekend after losing to Washburn University (2-7-0) 7-1 Sunday Sept. 30 at Ron and Carol Cope Stadium.

The Lopers are looking to make a case for a conference tournament championship with seven games left in the regular season.

Tennis

The UNK Men and Women’s Tennis teams each posted 3-0 records at the Colorado State-Pueblo Duals Invite over the weekend. UNK claimed victories over former RMAC foes Metro State, Colorado Christian and Mesa State.

Some of the younger players have really stepped up to fill some important roles for us so far this season, and that was a perfect example of how much they mean to this team.”

Finally, junior forward Becka Talcott cemented the Loper comeback with a game ending “golden goal” in the first overtime period after burning the Lady Hornets’ defense with a beautiful run down the middle of the field. “We all rushed the field like we had just won the championship,” said Kotulak with a smile from ear to ear. “We followed our worst half of soccer all season with our best half and it was a good one for us going forward.”

McClure said confidently that this team has a shot at a conference championship. “We definitely have a shot if we play to the level we’re capable of playing. As a goal we all want to win a conference championship.”

Upcoming Loper Sports Schedule

Friday, Oct. 5
9:30 a.m. Volleyball vs Northwestern Oklahoma State
2:00 p.m. Volleyball vs Henderson State
7:00 p.m. Women’s Soccer at Northeastern State

Saturday, Oct. 6
9:00 a.m. Volleyball vs University of Arkansas at Monticello
1:30 p.m. Volleyball vs Arkansas State
2:30 p.m. Football vs Truman State

Sunday, Oct. 7
1:00 p.m. Women’s Soccer at University of Central Oklahoma
Women's Center hosts Domestic Violence Awareness Month series

Anna Hain of Women's Center presented interactive session on understanding yourself as key to healthy relationships in first of six-part series

BY EMILY SEEVERS
Antelope Staff

The Women's Center sponsored the first of a six-part series Thursday, Sept. 27 as part of Domestic Violence Awareness Month.

In preparation for “Healthy Relationships—Understanding your values and expectations,” Anna Hain said she thought about things young women should know when coming into college. The graduate assistant at the Women’s Center presented her lecture in Room 130 of Copeland Hall.

“At the Women’s Center we work on educating and preventing things like sexual assault. In making this presentation, I thought about things that I would have wanted to know coming into college.”

Anna Hain
Graduate assistant
Women's Center

Hain said, "you have to understand yourself. How many of you know exactly what you want out of a relationship?” Nearly everyone in the audience remained silent or shook their heads.

Next, she asked everyone to narrow down their “top ten” values to five, then again to three and finally down to their one most important value. The audience agreed that it was difficult to eliminate the first five, but easier to choose three most important values. Some important values for the females in the audience included being open-minded, having a positive attitude, loyalty, spirituality and self-respect.

For the next activity, Hain had the audience finish the phrases “I should _____, I must _____, I ought to _____.” Many of the answers derived from stereotypes expected of females by society, such as lose weight, wear certain kinds of clothing or become wealthy.

Audience member Grace Woepple, a biology major with an emphasis in health science from Firth, answered that she should study more and must get A's in her classes. To emphasize that these are all pressures put on people by society, Hain asked the audience if the things that they think they should be doing will eventually help them in staying true to their number one most important value. The answer in most cases was "no."

Hain also asked the audience to think back to a time when they were most happy. She asked them what, in their opinions, was expected of a girlfriend or boyfriend and held a group discussion with the females regarding their answers.

The next part of this series will take place on Thursday, Oct. 25 at 4 p.m. in Room 130 of Copeland Hall.

Students can contact the Women’s Center for confidential guidance at any time.

Sudoku answer:
Upside down, from page 3

get the antelope everywhere you go!
Interview from page 1

up early to go to class Monday through Friday, and in-between my class hours, I head to the event center to work. After work, I like to go to the gym. I look forward to every night around 8 p.m. or 9 p.m. because that’s when I can just be me, and accomplish what I need to accomplish.

Antelope: How do you schedule your day so that you can get the most accomplished?

McLaughlin: I work well under a deadline. This could be with homework, studying for a test or finishing a video feature or graphics at work. If I know something needs to be finished, I crunch the clock and do what I need to do. Deadlines make me put my game face on.

Antelope: How many hours a day do you spend on homework?

McLaughlin: I try to put in at least one hour worth of studying daily. It’s not a lot of time, but if I don’t study then I am not learning, and that could easily show on test results… it has before for me. This is an important time to find.

Antelope: What motivates you to get through the day?

McLaughlin: I'm a big fan of the weekend, so one day in the books at school and at work is just another day closer to Saturday and Sunday. I always like it when I know I have free time coming up. Leisure is a reward.

Antelope: What advice do you have for busy college students?

McLaughlin: To me, I’ve been used to taking a dense class schedule. It hasn’t been about being able to graduate faster, but it’s a fun challenge. Taking a big load of classes makes you serious, and I think you focus better. My first semester when I was a freshman, I took 12 credit hours, and I didn’t think that was a challenge. I didn’t even feel like I was taking classes.

Students who balance their busy lives with children have a whole other perspective required to juggle family obligations, school and work. Kinzie Lienemann from Doniphan is a first year graduate student majoring in communication disorders. Lienemann takes 13 credit hours and works 15 hours a week for Kearney Public schools as a reading tutor utilizing her BA in education. She is also the mother of a two-year-old daughter and is currently engaged to be married.

Antelope: What is a normal day like for you, from start to finish?

Lienemann: I wake up, take my daughter to daycare, go to work from 8-11, and then I have class all afternoon. I also am a student clinician at the University of Nebraska at Kearney Speech, Language and Hearing Clinic, so I have therapy with a client two afternoons a week for 45 minutes. I then go pick my daughter up from daycare and take her home. I have night class Mondays and Wednesdays, so I’m not really home those nights of the week. After I get home from night class, I am busy, doing homework, spending time with my fiancé or catching up on some house chores.

Antelope: How do you schedule your day so that you can get the most accomplished?

Lienemann: I try to look ahead at my schedule so I know what to expect for the week. Every day is different, so every day brings different challenges. You just have to know how to manage your time, and use it wisely. Since I am gone a lot during the day, when I get home at night, I try to spend as much time as I can with Harper, and when she goes to bed, that is when I study and do my homework.

Antelope: How many hours a day do you spend on homework?

Lienemann: On a typical day, I spend about three hours either reading for classes, studying, or doing actual homework.

Antelope: What motivates you to get through the day?

Lienemann: I know that in order to be successful and provide for my daughter, I need to get my degree. It is important to me to be a great student while being a great mother at the same time, so I just try to balance everything in order to achieve all my goals.

Antelope: What advice do you have for busy college students?

Lienemann: Just take one day at a time. There is only so much you can get done in a day, and it is not worth the stress and headache to try to be a superhero.

Read the final interview online at unkantelope.com

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regular upkeep, and 12 or more hours during installation times. To make an exhibition possible, he begins with research and contacts potential artists.

“Exhibitions brought in from outside the campus are proposed by me or other art faculty, but the final selection is made by the assembled exhibition committee,” Fronczak said. After an artist is selected and the works are brought in, he makes a checklist for everything that needs to be done that includes all of the information about each piece of art.

He said that the labels are printed using a specific type size and font, then they are mounted on matte board and trimmed to size for installation. Advertising for an exhibition is crucial, so he must prepare the information so posters and cards can be made and put on display in places like the Nebraska Student Union.

Once an installation is complete, Fronczak said he takes on the task to maintain the lights and ensure that all of the art stays in immaculate condition throughout the exhibition. Setting up an exhibition is only half of the work. When an exhibition has reached its end, “The process is reversed and the gallery is cleaned and prepped for another installation,” Fronczak said.

This all takes a lot of time and effort, but everything is executed with such precision that the process often goes unnoticed by others. “I rarely see the gallery without art on the walls unless I am helping set up personally. The artists and Fronczak do a great job getting the shows up in a timely manner,” Bartels said.

On special occasions, artists from outside UNK that have their work displayed are offered the chance to present to the students, and even though they aren’t required to, Fronczak said that most of them jump at the opportunity.

Fronczak also has the task of overseeing the senior art exhibitions. Each student gets about two weeks of display time for his or her exhibition, and Fronczak assists the students every step of the way, from the initial planning to the final product.

While the work seems like it could be too overwhelming at some point, he has managed to keep cool and collected. “Anything has its tedious moments, and while I can be very busy, I have not been overwhelmed yet,” he said.

“Installing an exhibition is a creative act, with the sense of fulfillment any creative act can engender. It is also very gratifying to help exhibiting seniors with their projects,” Fronczak said.
Taking back 'queer'

Queer Straight Alliance wants campus to unite for LGBT History Month.

BY ADDRIANNA TARIN
Antelope Staff

“We want to take back the word queer!” said the vice president of the Queer Straight Alliance, Brian Garris.

Cue the outspoken and furious President Tyson Radcliffe. “No! That was going to be my quote! That’s totally my quote!”

Radcliffe, a junior social work and international studies major from Elm Creek, and Garris, a junior economics and German major from Grand Island, argued for a good minute about who could have ownership over the quote, and you could plainly see their passion for what they were talking about.

However, after all fun arguments were settled, they spoke about how they have been working with the members of QSA to plan events to celebrate their LGBT History Month.

Although this month has come with a lot of planning, Radcliffe and Garris both recognized good things that QSA has taught them and what it means to them.

“QSA is a way to spread awareness of equality. We want to have everyone on campus to be able to come together without any judgment,” said Radcliffe.

Garris said, “To me, QSA is a safe zone. It’s a place where people who aren’t normally accepted by society can go to be a part of something and feel like they belong.”

Radcliffe and Garris have big plans for QSA. They want to educate the community in which they live and expose people to the “queer culture.”

Radcliffe said, “I want QSA to become a common and well-known name like LPAC. I want it to be completely fine for anyone to join QSA and be a member without any negative connotations.”

Has being in QSA taught life lessons such as patience?

“Patience? No. I don’t have that,” Radcliffe said. “Probably never will.”

While Radcliffe thought, Garris said, “It’s taught me to be more of an individual and to not care what society says I have to do. I can be my own person.”

“QSA has taught me to outlet my fears and my anger and do something more productive instead,” Radcliffe said.

Radcliffe and Garris also spoke about the many events they have planned for the month of October in honor of LGBT history.

Radcliffe reflected on what event means the most to him. “I’m looking forward to all the events equally, but I think that the event that deserves more credit and the one that I hope has the most turn out is the Matthew Shepard Day Walk.”

Matthew Shepard was a gay college student in Wyoming in 1998 when he was kidnapped, tied to a fence and left for dead. He was found 18 hours later and rushed to the hospital, where he ultimately succumbed to his injuries. His story garnered national attention as a hate crime. His tragic death resulted in books and a well-known play, “The Laramie Project.”

“I have the most passion for this event because I think it was a horrible tragedy that happened to him, and I think people really need to be educated,” Radcliffe said.

“I would believe he would have died in vain if we do not honor him and learn from what happened.”

“I’m looking forward to safe zone training. It gets us out there and it educates the community. We talk to people about queer terminology. For instance, what is okay to say, what is not okay to say, and how to be supportive,” said Garris.

Both Radcliffe and Garris said everyone needs to take away the negative stereotype of the word queer.

“It’s an all-inclusive word: Lesbian. Gay. Transgender. All of it. And, we want the word back.”

QSA meets every Thursday at 7 p.m. in Room 310 in the Nebraskan Student Union.