Team McBride rallies for cause

The emotions of this celebration went beyond putting fans in the stands, raising awareness for Parkinson’s

BY ANDREW HANSON
Sports Editor

Momentum for the events honoring former Athletic Director Jon McBride started in September, and the excitement grew from there, said Paul Plinske, UNK’s new athletic director. “All credit really goes to Chancellor Kristensen, he was the one who spearheaded the idea.”

This month, McBride was honored at several events around campus as a part of Jon McBride Day. Plinske said, “For our campus it became two-fold because Jon McBride Day is more than just a day. It’s a celebration of Jon McBride and what he has done for this university, but it’s also a time to learn and raise awareness for Parkinson’s disease.”

In 2009, Jon McBride was diagnosed with Parkinson’s. After battling the disease for four years while also working as UNK’s athletic director, momentum for the events honoring him continued to build.

Photo by Adam Buerer

Cold and flu season sets in

UNMC nursing students offer vaccinations to combat illness

BY JESSICA ALBIN
Copy Editor

It’s that time of the year again. Flu season is about to hit with full force just as the stress level for college students hits a peak. Cindy Matson, an RN nurse practitioner and Associate Director of Health Care at UNK Student Health Services says that so far, there have not been any cases of influenza on campus.

However, there have been tons of upper respiratory infections, and multiple cases of strep throat, the common cold, stomach viruses, allergies and mono. “The flu,” she says, “typically hits campus between November and March, but we have seen early seasons starting in October and late seasons going into May.”

The UNMC College of Nursing hosted annual flu shot clinics on campus just in time. Last year, the UNMC College of Nursing gave around 350 flu vaccinations last year and over 250 this year.

Photo by Adam Buerer

GO PINK OR GO HOME

Members of the “Pink Ladies” team compete during their opening match. Ashley Burghart, a member of the “Pink Ladies” team and a freshman from Colorado, explained why her team entered the competition, “Because we wanted to support breast cancer awareness and have a little fun.”
When your cupboards and bank account are empty, head over to UNK’s food pantry. The food is free, and the service is confidential. Open seven days a week until 11 p.m.

The Big Blue Cupboard
Located in the Office of Multicultural Affairs, Nebraskan Student Union.

BY TATE SCHNEIDER
Antelope Staff

Halloween is tomorrow, but:

You’re not quite ready and that costume you’re making out of Cap’n Crunch cereal boxes needs some last minute finishing touches. But, you’re not a peasant and you need to be entertained.

Or, you have a date with your crush and they want to have a night in.

Maybe you just want to watch something festive before heading out on the town.

Whatever the reason may be, these are the films you should consider watching to get psyched for All Hallows’ Eve.

“Troll 2”

For those that love irony and terrible acting, this is a movie for you. “Troll 2” is a movie that takes itself too seriously, and that’s what makes it so terribly fun to watch. The acting is overdone to the point of the characters becoming spoofs of what the writers may have originally intended. Come into this movie looking to laugh; you won’t be disappointed.

“The Mist”

For anybody who wants to stray away from the main formula of traditional movie plots or wants to set a gloomy tone for your Halloween, pick this one. No meeting the protagonist, getting involved in his life until a problem arises, overcoming said problem and everyone living happily ever after, this movie breaks away from that.

“Seven”

Downright creepy comes to my mind when thinking about this movie. This movie, now 16 years old, still delivers. “Seven” is a classic game of cat and mouse between two detectives and a very twisted killer who uses the Seven Deadly Sins as his motive for each murder. Also, it has Morgan – I can make anything sound soothing – Freeman.

“Psycho”

Everyone should live by the rule classic is always better. This movie is no exception. Sure, there’s a remake starring Vince Vaughan, like you’ve never seen him before, but Hitchcock’s original vision is the definitive thriller.

“Hocus Pocus”

I really have come to appreciate the old adage as the years roll by: “With age comes wisdom.” That being said; hold on to your childhood. Hold on to it as long as you can. “Hocus Pocus” goes back to a time when having to eat ants on a log was the biggest concern in your life, but it’s still fun to watch. If you’re reading this and passing judgment, the chances are good that you’re probably better off watching something more morose.

“Sleepy Hollow”

One of the quintessential Halloween stories adapted to the silver screen by the master of gothic style, Tim Burton, is a product of the 90s, which probably makes it that much better. The look and feel of this movie helps make it the joyride that it is. It helps to have a stellar cast lead by Johnny Depp with a classic appearance by none other than Christopher Walken.

These aren’t movies that you should consider watching, these are movies that should get the attention deserved to them. If you have any suggestions for this list or want to make a few additions of your own, sound off on our website at unkantelope.com.

Have a Halloween favorite? vote online at unkantelope.com
Phi Alpha Theta History Honor Society presents

"The History of Halloween"
- PBS video

From Druid origins through modern marketing, a history of the holiday second only to Christmas!

Wednesday, October 30, 2013
7:00 p.m. in Copeland Hall 140
Free and Open to the Public

For more information contact Megan Veburg at veburgmr@lopers.unk.edu
This bookworm conflicted: Shoot the director; "You ruined my book."

BY ADRIANNA TARIN
Editor in Chief

Everyone knows that you should read the book before watching the movie. It’s the unspoken rule. Well, I’m taking a stand.

I love books. Being a penny-pinching college student, I have one bookshelf with no more room for books. It’s so bad that I’ve stooped to stacking books on the top.

That’s beside the point.

I’m a reader. I read books from all genres whether it be young adult, thriller, fantasy or romance. Yes, I’ve read everything from Nicholas Sparks books to the “Hunger Games” trilogy and Stephen King’s thrillers to books about religion.

In the past, whenever I found out that a book was going to be made into a movie, I found myself needing to go down to the bookstore and find said book. That’s the unspoken rule, right?

Here’s the problem with this.

The magic of a good book is that it takes you into a whole new world. You get to know characters and the people around them better than you probably know your own best friends and family. You get into the heads of these characters and relate to them.

If you are like me, you read books over and over until you know every word. You may even memorize parts of a book.

So one of your most beloved books becomes a movie, and you can’t wait to see it. You wait months to see it, and the day finally comes.

You go to the theater, and throughout the whole thing you can’t imagine anything worse in the world. The creators have ruined the entire plot. They’ve chosen an actor or actress that doesn’t even fit the description of the character portrayed. Everything about it is just bad.

If you are anything like me, in the past, you’ve tried to keep them in your brain as separate entities entirely so that you can forget just how bad Hollywood has ruined a good thing.

Here is my stand.

Are you or have you been thinking about reading a book that is being turned into a movie?

This just happened to me.

Over the past five or so years, I’ve heard a lot about “The Mortal Instruments” series by Cassandra Clare. My friends have told me how good the series is, and the first book even reached No. 8 on the New York Times Best Seller list in 2007. “City of Bones,” the first installment in the series, has been on my reading list for some years, and when I heard it was going to be made into a movie, I really did want to read it. I just never got around to it.

So the time came. I was home, and it was at the local theater. I went, and let me tell you. I thought it was a decent movie, although many movie critics didn’t seem to think the same.

Sure, it was a little cheesy and definitely aimed at the same crowd as the ever-mopey “Twilight” and many of the movies we’ve all seen before in action flicks and teen romance movies. There is room for improvement for the next installment, which is in the works according to Entertainment Weekly.

However, there were elements worth celebrating. Lily Collins was Meryl Streep in comparison to “Twilight” actress Kristen Stewart. And you can tell that there is much more to the story than you can put into this single flick.

I’m excited to see what they do with the sequel, and I am seriously considering reading the books, although that would probably ruin the sequel for me.

At least this first installment will always have that refreshing feel to it because I didn’t know the story before going into it.

I love movies more than I love books. Maybe it’s just my positive outlook on life, but I just like watching a good movie without having a bad attitude through the whole thing.

In the end, aren’t movies, like books, supposed to take you into another world to keep your mind off of your own world for a while?

I’m not saying I’m going to watch the movie before reading the book all the time, but I’ll probably do it more often.

Books to read (or not to read) before you see the movie...

Nov. 1, 2013 – “Ender’s Game” by Orson Scott Card


Nov. 22, 2013 – “Catching Fire” by Suzanne Collins

Nov. 29, 2013 – “Long Walk to Freedom” by Nelson Mandela


March 21, 2014 – “Divergent” by Veronica Roth

Unknown release date – “If I Stay” by Gayle Forman

Unknown release date – “The Fault in Our Stars” by John Green

Unknown release date – “Gone Girl” by Gillian Flynn

Sudoku ★★★★★

How to play: Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

Little did senior Joel Cedar know that an invitation to a campus organization Christmas party from a friend his freshman year would change the direction of his life.

“When I started college, I had a plan and knew what I wanted to do. I was happy with that plan,” said Cedar, a broadcasting major and marketing minor. His interest in radio broadcasting gave him a direction for his college career path. He planned to send messages over the airwaves intending to reach large audiences.

The Christian Student Fellowship (CSF) had an outreach opportunity and those involved got extra points if they brought visitors back with them to the end-of-the-semester gathering. Cedar’s pal found him, brought him along and introduced him to the campus ministry.

The next semester Cedar began attending CSF regularly, continued to make the organization a priority in his life and currently leads a freshman group. “Joel is great at making freshman feel welcomed,” said Rachel Sanderson, a full-time staff member responsible for CSF campus women’s ministry. “He has such a heart for people and is just very genuine.”

Cedar says his love for others was nurtured and developed while observing his dad and grandfather as pastors. The passion was reinforced while learning family history and hearing accounts of past generations.

His great-great grandfather traveled alone from Sweden in the 1800s as a teenager and settled in Minneapolis where his brother was living. One night he went out drinking with friends and as they were walking home from the bars, they came upon a church having a service outside along the sidewalk.

“They stopped to make fun of them,” Cedar said. “Some of the guys wanted to leave and they couldn’t find my great-great grandpa. He was on his knees bawling, and he gave himself to the Lord that night.”

“He eventually married the worship leader who was doing the service, and eventually he became the pastor of that same church,” Cedar said, “an Evangelical Free church.”

That was the beginning of a legacy of pastors in Cedar’s family tree. Four generations of men have recognized the call to preach. Cedar’s father oversees the congregation at Wilcox Community Church in his hometown.

Growing up as a pastor’s kid, Cedar knew the message of God’s love and plan for mankind. But it was his freshman year in college when he understood the magnitude of it to him individually. “Salvation became real on a personal level,” Cedar said.

“That half-way through my sophomore year, I actually started praying, ‘God, what do you want me to do with the rest of my life?’ Slowly, I felt the nudge to be a pastor,” Cedar said.

Cedar said this didn’t happen overnight. “It was a process of going back and forth, praying and meditating over it,” he said.

Seeking his parents’ wisdom, he had...
Chloe Christensen spent an hour on her gruesome zombie make-up and said her favorite part of that night was when groups would first walk up and go, "Oh my goodness; they're creepy but freakishly awesome too."

Christensen, a Gamma Phi Beta member, volunteered to strike fear into the hearts of those brave enough to walk through the Pike Haunted House.

Christensen also did other volunteers' make-up for the haunted house. Ethan McClellen, member of Pi Kappa Alpha, (below) was one of many “zombified” by Christensen.

Rachel Poots, member of Gamma Phi Beta, is all "dolled up" to scare the pants off of people. Poots spooked those who went through the Pike Haunted House on Thursday.

Chloe Christensen spent an hour on her gruesome zombie make-up and said her favorite part of that night was when groups would first walk up and go, "Oh my goodness; they’re creepy but freakishly awesome too."

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Students get their "dead" on for Pike Haunted House

Story and photos by Jessica Nichols

Going from normal to scare-ready

Christensen paints, powders zombies in the name of Halloween
Get your pumpkins in a row

ABOVE: Nichole Nichols and Taylor McCauley, both freshmen, carve their pumpkin during the RHA pumpkin carving. Contestants were given an hour and a half to finish carving their pumpkin.

Photos by Joel Cedar

ABOVE: The finished pumpkins are lined up for review. The chefs for the Market on 27th Street judged the competition.

Photo by Julia Melia

TOP CENTER: Jessica Marisch, a freshman from Kearney majoring in nursing, digs the “pumpkin goobers” out of her pumpkin Friday night at the Newman Center pumpkin carving Halloween party. She said her plan was to get all the goobers out and carve a “beautiful face.” Her final product was a “Despicable Me” minion.

Photo by Joel Cedar

TOP RIGHT: This is just one of the quirky pumpkins UNK students carved last Thursday. Although it did not win, it was a crowd favorite.

Photo by Suneun Yoo

LEFT: Freshman Yurina Kawai is quite disgusted while pulling out seeds from her pumpkins during the RHA and UNK Dining Pumpkin Carving Contest Thursday.
A look into the herd

by Sports Editor Andrew Hanson

Cross Country:
Loper women have best finish at conference meet

The women’s cross country team finished runner-up at the MIAA conference championship meet Saturday in Pittsburg, Kan. The second place finish is the best in school history for the Lady Lopers.

The men placed fourth in the meet. Each team had a top ten finisher in Liz Damman (10th) on the women’s side and Kevin Carder (4th) on the men’s side.

Loper football strings together back-to-back wins for the first time this season

The Loper football team won back-to-back games for the first time this season following a 28-14 win over Southwest Baptist University. The win marked the third victory of the season for the Lopers equaling their win total from last season with three games still to play. UNK takes on Central Missouri Saturday at noon.

Loper Recap

Cross Country:
10/26 MIAA Championships
Men – 4th Place Kevin Carder – 4th, Nick Knudson – 13th, Joe Coil – 20th
Women – 2nd Place Liz Damman – 10th, Marissa Bongers – 12th, Morgan Benesch – 15th

Football:
10/26 UNK Lopers @ Southwest Baptist W 28 - 14
Pass: Luke McNitt 6-11, 98 yds, 1 td
Rush: Romero Cotton 31 car, 155 yds, 1 td
Rec: Nate Burns 3 rec, 64 yds, 0 td

Soccer:
10/27 UNK Lopers vs. Lindenwood W 1-0
Goal: Becka Talcott (1:07:30)

Volleyball:
10/25 UNK Lopers vs. Southwest Baptist W 3-0 (25-11, 25-9, 25-17)
10/26 UNK Lopers vs. Missouri Southern State W 3-0 (25-18, 25-5, 25-14)

For more information on schedule and photos go online at lopers.com
‘Search’ for your favorite sport, athlete at unkanetelope.com
Three members of Lighthouses are currently UNK students with majors involving music. They have played all around the U.S., as well as in the Kearney community.

BY JENNIFER MALOLEY
Antelope Staff

Some musicians complain about the lack of a scene. Some musicians create one. In a town like Kearney, not everyone’s musical interests are going to be served by its relatively small music scene. Sometimes, however, a band comes along that transcends the matter and takes things into its own hands.

Skilled musicians and a good vibe can throw genres and particulars out the window and expand a scene through quality, even if there’s a lack of quantity. This is part of what the band Lighthouses does.

Formed three years ago, they have become well-known for playing all-ages house parties and shows at the Knights of Columbus hall here in Kearney. Being accessible to all ages and having an environment that is friendly seems to be a preference of the band.

They have developed a following and alliances with other bands who have similar goals. Nathan Richardson, a senior music business major who is graduating from UNK this year, is the band’s guitarist.

“It’s an awesome community to be a part of. We had a house here for 2 years that we did a lot of shows through--we had bands from, like, the UK play there,” Richardson said.

When asked if they ever play bars, Richardson said they do once in a while.

“It can be a sweet atmosphere. It’s a different crowd than going to a venue that is solely open just to help out other bands.” Richardson and his bandmates- Kory Reed, who is from Kearney and a sophomore music major here at UNK, Nate Skinner, of Omaha and a senior music business major, Derek Huebner of Grand Island, and Sam BeDunah of Lexington- did a 30-day tour this summer.

They toured a good chunk of the country. “North Dakota to New York City, down to Florida, over to Albuquerque, and back up,” Richardson said. “We played lots of house parties. We also played some really nice bigger venues.”

One venue they played in North Dakota was somewhat akin to the Bourbon Theatre in Lincoln.

They have also played in thrift shops, the backs of record stores and band-run venues. “Our favorite place to play is in Midland, Texas, at the Pine Box. It’s run by a couple of our friends that also tour and they book a lot of shows there. It’s just such a great atmosphere and everybody is super friendly.” So, what’s the music like?

“The genre is post-hardcore,” Richardson said. “It’s kind of melodic and ambient music with heavier vocals.”

It’s music that will go over in a friend’s basement or on a bigger stage.

Friday, Oct. 11, they played at the Sokol Underground in Omaha, which is a fairly large venue and Tuesday, Oct. 15, they played at a house here in Kearney with three other bands. The band has released two EPs and a full-length album.

“We’re writing for a new record, but who knows what we’re doing with it,” Richardson said.

They have just been signed to a label out of Virginia called The Motherland Collective, and are preparing for a 5-day tour in December.

Richardson also keeps busy doing his own screen-printing for the band. Not just for his band, but for others too. Lighthouses is part of a healthy DIY music scene that has branches all over. A positive vibe surrounds what Richardson says about their focus.

“It’s awesome to meet people just solely because of music and having the same perspectives on music--it’s not really about getting famous or making money. It’s just about playing and establishing relationships with people throughout--well, even the world. There’s something beautiful about that.”

A place to play, and a place to hear the music, Lighthouses is part of a scene whose definition of success does not require much more than this. It is a good definition, possibly the best one. These guys are all about the music.
SORORITIES WELCOME NEW MEMBERS

The University of Nebraska at Kearney sororities held formal recruitment Sept. 6-9 and welcomed a total of 116 new members into the Greek community on campus. On the last day, each new member received a bid, or invitation, to join a particular sorority. Each chapter had a celebration in order to welcome their new members.

The Alpha Omicron Pi sorority added 36 new members to their sorority. The Alpha Phi sorority welcomed 39 new members into their chapter as well. A total of 41 women also joined the Gamma Phi Beta sorority that day.

Halloween Week

Granger Smith/Earl Dibbles Jr.
Thursday, Oct. 18
Doors open at 7 p.m. • Opening band at 8 p.m.
Tickets: presale $12, day of show $15

Citrus Club
Friday, Nov. 1 at 9 p.m.
Tickets: $4 each

PARAMOUNT 80's Rock Tribute Band
Saturday, Nov. 2 at 9 p.m.
Tickets: $4 each

Halloween Costume Contest with $500 cash prizes given throughout the weekend!
For ticket information check out our Facebook page or call Shooters.

The previous year, junior Amanda Klein from Alpha Phi poses in her car trunk with her matching “Super Mom” cape that she made for her ‘little.’ The unique part about the Alpha Phi reveal is that many members still call their ‘littles’ their ‘dots,’ which is short for daughter.

The Big/Little Reveal

BY ALISON BUCHLI
JMC 215

Greek women are often stereotyped as being crazy because so many of their traditions are not understood by non-Greek students (and let’s face it, fraternity men as well). One of these traditions is what members call the “Big/Little Reveal.” This is when initiated members are given a “little,” but they must keep it a surprise until the big night when they reveal themselves to said “littles,” usually done in a creative and crafty way.

Different sororities have different traditions. For example, here at the University of Nebraska at Kearney, the Gamma Phi Beta’s wear matching pajamas and play hide and seek. The Alpha Omicron Pi’s wear matching t-shirts and wrap boxes, and the Alpha Phi’s wear crazy, bright colors and jump out of decorated boxes.

“I talked to a representative at a leadership retreat, and we are the only chapter of Alpha Phi that still calls our new members ‘dots’ (short for daughter),” said UNK sophomore Ana Summers of Fort Collins, Colo.

The mother/daughter tradition was abandoned in the past because many international sororities thought it would make new members feel uncomfortable.

“International hasn’t made us change because we have been calling them that for over 50 years and it’s a big tradition for us.”

Alpha Omicron Pi had their reveal on October 10, Alpha Phi had theirs on October 11, and the Gamma Phi Beta’s reveal will be scheduled for the week before their initiation.

See more photos and list of new members online at unkantelope.com
Flu season from page 1

Audience from page 5

CAMPUS CRIME LOG

Oct. 11: The cement/brick bench on the north side of the view was damaged by an unknown source. A UNK staff member reported the damage.

Oct. 14: The hall director reported a disturbance occurring in Centennial Towers West on 10/4 in the early morning hours. A female subject advised she had a verbal argument with a male subject. She said she was annoyed by the situation but was never threatened.

Oct. 15: A male subject was issued a Ban and Bar notice for the entire UNK campus after repeatedly ignoring requests from faculty to not attend their events. The subject is not currently a UNK student.

Oct. 16: While locking Foster Field, an officer discovered the south white pedestrian gate damaged. It was later determined that it had been struck by the Athletic Department.

Oct. 20: An officer observed two parties on Foster Field after hours. When they saw the officer, they jumped the fence. The officer contacted the parties on the north side of the Nebraskan Student Union. A female subject was cited for false reporting, trespassing and minor in possession. A male subject was issued a conduct summons for trespassing and minor in possession.

Oct. 24: A golf cart driven by a UNK track coach lost control and crashed into a window on the west side of the Health and Sports Center causing damage to the window.

Oct. 24: A professor from the Health and Sports Center reported a brief case that belonged to him was stolen from Cushing.

Oct. 25: A female subject reported that her iPhone 5 and Nike tennis shoes were stolen from University Residence North during the Pi Kappa Alpha haunted house.
McBride decided last May it was time to step down and focus on his health. Plinske was hired during the summer and stepped into the position this fall.

Assistant Vice Chancellor for Communications, Kelly Bartling, came up with the overall concept for the event which included a meal; an opportunity to speak with Dr. John Bertoni, the director of the Parkinson’s Disease Clinic at the University of Nebraska Medical Center and McBride’s doctor; and several events honoring McBride and raising overall awareness and funds for Parkinson’s disease.

Chancellor Kristensen and Plinske both spoke at the event.

During the Loper Oct. 19 football game against Lincoln University, McBride, McBride’s family and his doctors were honored at halftime. While McBride was being honored down on the field, fans waved thousands of yellow rally towels that read “Help Beat Parkinson’s – Team Jon McBride” throughout the stands during the game.

At a similar event honoring McBride between volleyball games against Missouri Western State, the yellow “Beat Parkinson’s” rally towels were in full force.

One of the major focal points for these events was simply to raise awareness for the disease. “In our life we’re going to interact with people who have Parkinson’s or we’re going to see people who are younger than us struggle with it,” Plinske said. “We also want to raise money so that there can be more research done to help fight against Parkinson’s and hopefully find a cure someday.”

Publicity and fundraising brought in over $3,000 to help fight Parkinson’s. Plinske said the donations from supporters were “hugely successful and will help bring more resources to fight Parkinson’s.”

The event was the first of its kind for UNK. “We’ve never really had an event focused solely on Parkinson’s disease, a lot of times they’re focused on breast cancer or associated with the Make-A-Wish foundation,” Plinske said. “There’s a special focus there for us with Parkinson’s; it is pretty unique to our department.”

Although McBride no longer serves in the athletic director role, he is still involved with athletics at UNK. In his new role as special assistant to the chancellor he will help the athletic department with various activities such as Title IX reviews, the North Central accreditation and strategic planning.

While Plinske said that Jon McBride Day was more of a one-time deal, he did not rule out Parkinson’s related events down the road. He said, “It’s a conversation that hasn’t happened yet, but there’s a chance that we could do that somewhere down the road where it could become an annual activity for us just like we do with breast cancer.”

Jon McBride Day has come and gone, but Plinske says, “We are still waving the yellow rally towels and it will be an ongoing awareness that we’re trying to do, it is an opportunity to celebrate Jon McBride for a long time.”