Photograph caption: Kayla Land / Antelope Staff

The 21st-ranked UNK Lopers swept past Regis Friday (21-24, 29-27, 25-17), Western New Mexico Saturday (20-25, 25-24), and Colorado-Colorado Springs Sunday (28-24, 30-27, 25-17) to claim the RMAC tournament championship in their own Health & Sports Center. The win not only captured the RMAC title, but extended the Lopers' win streak to 17 straight and boosted UNK to over 30 wins in a season for the 23rd time.

The favored Lopers will now host the Southwestern Regional of the NCAA tournament Nov. 16-18. UNK (31-4) will play 29-9, mock Mesa State at 7:30 Friday night.

First Round

In the RMAC opener versus Regis, sophomore Nikki Scott and Erica Bemben combined for 37 kills to guide the blue and gold to a three-game sweep. Scott slammed 14 kills on a .407 hitting effort from the middle with 18 digs and 13 blocks. Bemben, “It was a good game to start the season off with.”

Hitting right side, sophomores Shannon Claussen had an all-around solid performance with 20 kills, nine digs, and two blocks, while hitting .243. They all contributed to the 37-kills in a win.

“It was good to play well for the first game and get the first game out of the way,” said Claussen. Freshman Jen Wilkes also provided 10 kills, had a team-high five blocks, and hit .333.

Freshman setter Cola Svec led the Loper offense with 46 assists and six blocks. Sophomore libero Kelli Wemhoff scrambled for 13 digs.

The UNK offense had a stellar night as they committed only 11 errors on 122 swings. They ended the night hitting .328 while holding Regis to a .195 hitting percentage.

Semi-Final

Scott once again soared for 15 kills and outside Alison Glidden had 15 kills to help the Lopers lose and end a two-game losing streak to Western New Mexico.

Scott worked for her kill total in just 29 innings as she hit a team-high .448 and had four blocks.

Glidden completed just one error in 39 innings, hitting .308, had two blocks, and an .18 .

Wilkes-Kokopolos 10 kills 1 vs. 1.01 hitting percentage and served the ball against Western New Mexico last Saturday.

Sweat had 47 assists and 16 digs for the Loper offense.

Defensively, liberal Wemhoff hustled for a match-high 22 digs and senior defensive specialist Lauren Neubolt had 19 digs.

“We were really excited to play at home against Western New Mexico because we've always had to go there to play them. It was nice to have the upper-hand this time against them,” said Claussen.

Championship

UNK overcame a slow start to an experienced Colorado-Colorado Springs team that swept the Lopers back in September to win a four-game match for the 64th Loper RMAC title. The blue and gold also won the conference tournament in 1995, 1999, 2004, and 2005. The tournament most likely means UNK will host the Southwestern Regional of the NCAA tournament Nov. 16-18.

Early in the game, the Lopers had eight attack errors and UCSC jumped out to an 8-11 and 21-17 lead. The Lopers then went on a 7-1 run to grab the lead and finished the match behind Scott and Bemben.

Photo by Garrett Rintmyr

Shelly Fox Guest Writer

It's like a 1930s version of the Daily Show” director and assistant UNC professor Paul Brodene Smith said of the upcoming UNK Theater production, “As Thousands Cheer.”

The production is a Topical Restorment, or in other words a set of songs and sketches with the same or a similar topic tying them all together.

“As Thousands Cheer” depicts the headlines of the film’s release, the early ’30s, with singing, satire and political humor for adults, mixed with music by Bert and Harp and music and lyrics by Irving Berlin. There are so many little tiny lines, a lot of which only the older audience will get,” Smith said. But don't think the production is only suitable for adults; everyone can get something out of it.

“The humor is timeless,” Smith said.

The production revives a scene from a 1930s evangelist named Joseph M. Phelan and true to recruiting Gatsby. It depicts President Hoover as he is hearing the White House blowing raspberries into the phone at people he didn't like.

“We are so many little tiny lines, a lot of which only the older audience will get,” Smith said. But don’t think the production is only suitable for adults; everyone can get something out of it.

“He and the rest of the crew are hoping to animate a newspaper page turning on the background of the stage.”

“The animation adds to the show, not detracts from the actors,” said Smith.

The cast began rehearsals the week of Oct. 5 and includes senior actors Joseph Knispel and Ashley Robey, junior Chelsea Petska and Katharine Baur, sophomores Patrick York, Philip Zudilke and Grant Pyper, and for appearing in the first time in UNK theater are freshmen Amy Jensen and Jillian Padula.

Each cast member sings in the production and plays an average of the different characters, some as many as eight. So why should people come to see this production?

“Because it's funny! It's silly stuff you would see today,” Smith said.

Photo by Shelly Fox

Grant Pepe, Joseph Knispel, Chelsea Petska and Patrick York rehearse.

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Panel sponsored by veteran’s organization addresses difficult emotions surrounding post-traumatic stress

The Collegiate Veterans Organization of the University of Nebraska at Kearney sponsored a Traumatic Stress Disorder speaker’s panel in Cope Lounge of the Student Union on Thursday, Nov. 8, under the leadership of Patrick McCroy, the UNK Collegiate Veterans Organization’s President, said the panel was created to educate the UNK community and understand a disorder that affects millions of people every year.

Post Traumatic Stress Dis-
order is a disorder that is triggered by an extremely traumatic event: PTSD can develop when a traumatic event happens to a person or when a person sees a traumatic event happen to someone else.

The disorder may affect victims of trauma such as sexual or physical assault, war, torture, a natural disaster or an airplane crash. Posttraumatic stress disorder also can affect rescue workers at the scene of mass casualties or other tragedies. These kinds of events may cause intense fear, helplessness or shock.

The speaker’s panel featured Dr. Jerry Bockoven, Vietnam Vet Shawn and Dr. John Fishel rather of “Angels in Vietnam” and “No Welcome Home.”

The three experts on PTSD passed along information to veterans and their families with the situations that arise when a soldier returns from a war or a disaster.

The event was packed with emotional stories of PTSD that isn’t easily solved. As much as it should be, espe-

The three also explained how PTSD isn’t a single issue but rather a collection of conditions. The Vietnam veteran who fought in the war, PTSD symptoms may not oc-
cur until years after the event. When a person begins to realize the rela-
tionship of the issue to the traumatic event, old experiences, memories, or memories of the event in their day-to-day life.

The Mayo Clinic and the U.S. Department of Veterans Affairs recognizes these post-traumatic stress disorder symptoms:
• Flashbacks, or reliving the traumatic event
• Dreams or nightmares about the traumatic event
• Feeling emotionally numb, detached or estranged
• Difficulty sleeping
• Memory problems
• Feeling easily startled
• Feeling on edge
• Not enjoying activities you once enjoyed
• Hearing or seeing things that don’t exist

It’s important to get treat-
ment as soon as possible when PTSD symptoms are felt. You can help prevent PTSD symp-
toms from getting worse. A type of counseling called cognitive-behavioral therapy and med-
ics known as SARRP appear to be the most effective treatments available. If you feel more in control of your emotions and memory symptoms, but you may still be left with bad memories.

Research has not told us exactly what causes PTSD. The onset of the disorder in most cases is caused by exposure to one or more of these four types of traumatic event:
• Witnessing someone being killed or badly injured
• Feeling present during a fire, flood or natural disaster
• Living through a stressful, threatening accident
• Having been in combat

Many other traumatic events can lead to post-traumatic stress disorder, including being a victim, being injured, aiding in a disaster, having a life-threatening medical diagnosis, being diagnosed with a terminal illness, being raped, or other traumatic or life-threatening events.

A wide range of feelings and emotions arise from PTSD. People that suffer from PTSD may experience: 
• Sadness, anger, fear, or guilt
• Difficulty sleeping
• Irritability
• Outbursts of anger
• Difficulty concentrating
• goosebumps, sweating, or shaking

An onpost article from January 2007, the Cancer Forum has become a must-attend event for any Japanese-English bilinguals.

Japanese students attend Boston Career Forum

Boston Career Forum is an annual career fair targeting Japanese and English bilingual students all over the U.S. who are enrolled in American universities can.”

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The Kearney Ramada Inn is in the midst of a $2.5 million renovation to the property. The hotel is currently being overhauled to include a new 1,200 seat banquet room and convention center, a new piano bar, a new restaurant and more.

Of course, there has no doubt been the construction and wondered what happened to the old Maxwell’s. The new piano bar, “The Keyboards, is scheduled to open Thanksgiving weekend.

“The hotel’s restaurant, Mr. C’s, is undergoing a complete make-over and name change,” The Artist’s Gallery is opening in January 2008, and will serve a variety of upscale menu items. The new 9,000 square foot convention ballroom is being built in the Fundome atrium. Seating for 1,300 (dance room and for 700) will be completed and ready for use in January. New public restroom will also be built in the Fundome area. The Elephant’s Eye bar, a longtime favorite of Ramada Inn guests and Kearney residents alike, has been relocated to another part of the Fundome and is up and running. The old Fundome waterfall has been removed to make more room for the new ballroom.

All 207 guest rooms are being updated and refurnished and will include the latest duvet bedding. Eventually, all the TVs will be updated and all alarm clocks in the guest rooms will be changed as well. The swimming pool, hot tub and exercise rooms will all remain in their current locations.

The construction naturally has caused some dust to appear throughout the hotel. To compensate for the mess, the Ramada Inn is offering a coupon of $10 off one night of lodging for a period of one year starting in January 2008 to customers. Without a doubt, the hotel has numerous positions available for qualified applicants. An experienced jazz piano player, banquet setup, front desk receptionist, bellman, housekeepers, on-call banquet servers, morning and evening cooks and dishwashers are all positions of need for the Ramada Inn.

The Ramada Inn offers flexible hours for college students, with some weekends required. Excellent benefits, paid vacations/b益假 and a competitive bonus program are all offered to fulltime employees.

Fralic said the Ramada is looking for enthusiastic people only. “We could use a lot of help now. Our new additions created an immediate need in a number of positions,” he said. Please call David Fralic at (308) 237-3341 to inquire about employment opportunities.

Any of your questions, comments, concerns or suggestions should be directed to the name of the writer, as well as the writer’s phone number, hometown and affiliation with the college. Phone numbers will not be printed for any reason.

The discovery of this gene could possibly lead to a new therapy for HIV. Carlson said, “We can’t say cure, but we can potentially treat it.”

Carlson is currently a professor hate at UNK. According to Carlson, “I am more at my dream job.”

Kimberly Carlson is a professor at the University of Nebraska-Kearney. Her discovery of the gene OTK18 could possibly lead to a new therapy for HIV.
History, poetry intertwine at Frank House

Many events planned for West Campus landmark

Darre Snyder
Antelope Staff

People often forget that horses do not have to do everything simply because they can. Every day, people guide and help their horses to perform a variety of tasks. In the same way, horses lend a helping hand to people in need. This December, at the Kearney campus of UNK, the Frank House will celebrate an open house and a holiday event. People can come and enjoy the festivities while gaining insight into the history of the community.

The Frank House history dates back to the early 20th century. It was originally built as a residence for the families of the University president. Over the years, it has undergone several changes and has served various purposes, including being used as a library, a dormitory, and a classroom. In the 1980s, it was transformed into a museum, and it continues to serve as a cultural and educational center.

The open house will feature a variety of activities, including guided tours, music performances, and poetry readings. The events will run from 1-5 p.m., with admission being free, and donations will be appreciated. The open house will be held on Dec. 12, with events scheduled throughout the day. The house will be open to the public from 1-3 p.m., and a guided tour will be offered at 2 p.m.

Students and faculty members are encouraged to attend and bring their families. The open house is a great opportunity to learn about the history of the Frank House and to appreciate the efforts of the university and the community in preserving such an important cultural asset.

In a relief to know that I have a job waiting for me when I leave school.

Kevin Vickers
Senior nursing student

Dean of the UNMC College of Nursing, says academic qualifications necessary to have a bachelor's, masters, or doctorate, and even a degree in nursing while they receive the necessary education.

The nursing program was even ranked in the top eight of the 15,000 used titles, including everything from children's books to westerns.

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Step into Book Ends and browse our selection of over 15,000 used titles, including everything from children's books to westerns.

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Specializing in buying, selling, and trading used books at reasonable prices.
Rockin’ out with Renman

Mark Hayden

In essence, it was probably pro, or so the story started. I think that tweaked my desire to get into the music business. I enjoyed the concerts and it was the first inkling to get into the music business: the first time I saw that I could do it. That was when I had my inspiration from many great artists. I began polishing my skills and eventually met the University of Southern California, a giant name for some of the biggest shows for the school and got the chance to book bands that were on my record contracts.

I was the concert booker for USC for a couple of years and continued to build relationships with the artists and labels. We were booking a lot of bands and we now work with a lot of labels. That was the name of the game.

Not giving up, I was able to take a job with a management company and he started making a name for himself in the music business.

He's almost like their Yoda and guidance of the know-how that Incubus had in their 17th year as a band, in their latest musical conundrum; he has been a little bit more tough.

He is the owner and brain behind REN Management, which is one of the most successful management companies in the world.

REN is the management company of Incubus (inlight) and is working on their triple platinum album, "Light Grenades." With such purchases of their latest album during their small-venue tour.  This idea was a great one, came it time and it failed after about another year, but Rennie continued on in his big dream with Incubus.

Rennie's knowledge of the piracy problem is in the U.S., it doubled, tripled, quadrupled outside of the U.S., well, that is something that I think that Incubus had faith in the music business. I have been a little bit more tough.

Rennie is currently busy working on their triple platinum album, "Light Grenades." With such purchases of their latest album during their small-venue tour.  This idea was a great one, came it time and it failed after about another year, but Rennie continued on in his big dream with Incubus.

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GAMMA PHI BETA BOWS A STRIKE FOR CHARITIES

Photo by Dana Helmink

Melody Baetz selects her bowling ball at the Gamma Phi Betausrtesy of UNK Student Life

Gamma Phi Beta announces that the fall of the Gamma Phi Beta Second Annual Bowling Classic held Nov. 7, 2007. The event took place at the Big Apple Fun Center and went from 6 p.m. to 9 p.m.

All proceeds will benefit Gamma Phi Beta's national philanthropy, Carmel USA and their national philanthropy, the Magic Confidence Camp.

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Good Chemistry = Good Team
UNK wrestlers begin season ranked No. 1 in the nation.

Callie Erickson
UNK Sports Staff

Photo by Brandon Moore
UNK wrestler Jordan Geinger, left, and Ryan Etherton, right, square off during the Loper’s Blue and Gold Scrimmage. The Lopers, preseason ranked No. 1, are predicted to win their seventh straight RMAC title.

Sports

No NFL record is safe this season

Nathan Onstott
UNK Sports Staff

The first half of the National Football League is over and what a ride it has been so far. Between the Cincinnati Bengals and Jacksonville Jaguars, there have been so many things that have happened. There are a lot of things to look forward to in the second half of the season.

As of right now the top teams in the power ranking are the New England Patriots and the New York Jets. The New England Patriots have been the team to beat for the past three years, and the New York Jets have been a team to watch for the past two seasons. They have both won their respective division.

This is a tough one, but I have to like the New England Patriots. They have been a team to watch for the past three seasons, and they have a lot of talent on their roster. They have a lot of young players who are still learning how to play in the NFL.

The New York Jets have been a team to watch for the past two seasons, and they have a lot of talent on their roster. They have a lot of young players who are still learning how to play in the NFL.

I expect to see the New England Patriots to have a successful season, and I expect to see the New York Jets to have a successful season as well.

Go Lopers!

Who's No. 1

Oregon brings to the table one of the most talented offenses in college football to the Alamo Bowl. The Ducks average 518 yards a game, and 239 through the air and 280 on the ground. The Ducks have won all five games so far this season, and they have a chance to finish the season undefeated. They are currently ranked No. 2 at all the polls, but there are some reasons why they should be the top team.

Bennie Dixon

This is a tough one, but I have to like Oregon. The Ducks have been a team to watch for the past two seasons, and they have a lot of talent on their roster. They have a lot of young players who are still learning how to play in the NFL.

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I expect to see the Oregon Ducks to have a successful season, and I expect to see the Ducks to finish the season undefeated.

Go Ducks!
VBall
Continued from Page 1
UNK couldn't shake the cold start in the second match as 11 hitting errors were made while the Lopers hit just .100 and Spragad had to start from the end. The blue and gold turned things around, however, and hit .412 in the third match and .275 in the fourth and final match.
Scott once again proved unstoppable, crushing 25 kills in only 11 swings, hitting .667, and having just one hitting error.
Buren swung for 20 kills in 59 swaths and hit .203. “I had a rough game against New Mexico so it was nice for me to end on a good note. I felt like I improved my play,” said Buren.
Findelmann outside hitter Kalalei Wiener (Grand Island) came off the bench to turn in a spectacular performance with 11 kills, five digs, and three blocks.
Walkowiak, who left the game in the fourth due to an injured finger, contributed eight kills and a team-high three blocks before exiting.
Sophomore hitter Emily Christen (Anselmo) took Walkowiak’s place and chipped in a solid performance with four kills in five attempts.
Libbi Wemhoff raced for an impressive and match-high 25 digs, which put her in the top five hitters for the season. With her effort, Wemhoff now joins Angie Uhler (1993) and Linda Louchan (1986) as the only Lopers to have 600 digs in a season.
“It’s good that we won because now we can host regionals,” said Clausen. “It felt good to win because all the hard work we put in during practice finally paid off and we now control what happens to us in the future.”
Swv said, “I thought our team played a great, solid weekend of volleyball. We came out and tried to execute every part of our game. We played some great sets so it was exciting to be able to pull away with the conference championship.”
RMAC Honors
UNK dominated the RMAC tournament team with Scott named as MVP for her superior efforts. Buren and Swv joined Scott on the all-RMAC team for the Lopers, as well.
Last Wednesday, the All-RMAC team was announced, too. First-team included Scott, Swv, and Walkowiak.
Second-team was comprised of Buren and Clausen.
Wemhoff earned honorable mention.
First Quarter: NBA
The first week of the NBA season has produced some surprises, like Bulls and Heat off to a struggling start. Why is this surprising? Many of the national pundits predicted that only one of these teams would be in the Eastern Conference Finals. Not to worry fans, these teams that both should rebound especially when Deron Williams comes back from off-season surgery. Looking to the Western Conference look who leads the Southwest Division the first week: Heat isn’t the San Antonio Spurs so far it’s the Houston Rockets who are looking impressive the first week. I’m not going to panic about my Phoenix-Chicago NBA Finals prediction this early in the season with much still left to be played.
So with the New England Patriots enjoying a week 10 bye week they will look to continue there run for 16-0 this start. So can the New England Patriots really keep up those impressive run for perfection? I say no because there is a team in the AFC that has gone unnoticed so far. But mark my words that the Pittsburgh Steelers will go up to Foxboro and beat the Patriots in there back yard week 14. The Steelers are just the right team in the AFC to go all the way then pull away with the conference championship.
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Second Quarter: NFL
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Third Quarter: College BBall
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