Cook, feed, conquer hunger
Campus Kitchen needs your help for Turkey Palooza

BY DEBBIE EPPING
Editor in Chief

An elderly woman opens her door to a friendly knock and gives Kelli Oelsligle a big hug.

“I love getting to interact with the clients,” said Oelsligle, a senior psychobiology major from Tilden. “I love hearing their stories.”

Oelsligle, the undergraduate coordinator of the UNK Campus Kitchen, is the driving force behind the Campus Kitchen deliveries, and she needs students to step up and volunteer for Turkey Palooza.

Turkey Palooza will provide a traditional Thanksgiving feast to the 95 clients served twice weekly by Campus Kitchen.

Twice as much food means there’s a need for twice as many volunteers.

E.N. Thompson Forum
Simulcast
Chuck Hagel and Chinese Ambassador Zhang Yesui

“China Rising: Good News or Bad News for U.S. Workers, Consumers and Investors?”

Nov. 10 7 p.m.
Communications Center Room 101

MASTER OF MAGIC

Reza, claimed by critics to be “one of the nation’s top illusionists” will perform at 6:30 p.m. and 9 p.m. Nov. 11 in the Ponderosa Room of the student union.

“We booked the larger show this year, and it will be bigger and grander,” said Tim Danube, UNK associate director of the student union. Reza’s illusions include an assistant vanishing in thin air, reading the thoughts of audience members and Reza passing through 300 pounds of steel. The show is free to UNK students and general admission is $5. Reza has been featured on television and radio shows in 31 countries and his tours have sold out theaters across the country. He is currently featured in the movie “Masters of Magic.”

Reza began his career at the age of 14 and is considered one of the fastest rising stars in the industry.
Lifetime Achievement Award—at 35?
Guzman honored for leadership in multicultural affairs

BY ERIK DODGE
Senior Reporter

As a high school student, Juan Carlos Guzman used to fight racism with his fists.
On Oct. 21 the Multicultural Coalition of Grand Island presented Guzman with its Lifetime Achievement Award for his work since taking on a new approach.

After graduating from Grand Island High School, Guzman continued to advocate for the rights of his community. He was among three finalists considered as an aid to Congressman Tom Osborne, met with a variety of political leaders and earned his master’s degree in counseling and school psychology at UNK. Now, he works as the director of multicultural affairs at UNK and continues to advocate for Latino and Hispanic rights and the opportunity for students to pursue higher education regardless of citizenship or immigration status.

Born in Tepic, Nayarit, Mexico, Guzman had trouble ignoring derogatory comments at Grand Island High School when he moved to Grand Island in 1992.
“Back then in high school, the first thing we used to do when we heard racism or discrimination was just to get into a fight. But that would get me in trouble with school or the law,” he said.

His approach changed thanks to his high school teacher Sherry Nott.
“One of my teachers told me, ‘You’re a good leader, but you’re not doing it right. You need to talk to people and get them organized.’” Guzman said. He decided to start a multicultural
Buddy bowling strikes up unlikely friendships

Andrew Donohoe, a freshman pre-med/chemistry major from Kearney says he has a lot of fun with his "buddy" Ed Eppel on Buddy Bowling Wednesdays. This semester there are about 100 children, youth and adults with disabilities partnered with 100 UNK volunteer Buddy Bowlers.

Sudoku

How to play:
The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one of each numeral.

2 9 7 8 3 4
3 2 1 4 5 6
5 9 6 8 2 4
1 8 4 9 6 3
6 5 3 2 1 9

Answer on page 6

Toys for Tots 'light up children's eyes'

BY HOPE MERRICK
Antelope Staff

Every year Cynthia Archwamety, executive director of the Arc of Buffalo County, sees bonds of friendship form through the Buddy Bowling program she organizes.

This semester about 100 children, youth and adults with disabilities partnered with 100 UNK volunteer Buddy Bowlers during the eight-week program held 4-5 p.m. Wednesdays at the Big Apple.

Buddy Bowling volunteer, Emily Fairbairn, a junior education major from St. Paul, has been a part of the program for three years. "I've been a part of this every year since I've been at UNK. It's a really great program that allows people to give back. It also helps me when it comes to my major, so I really enjoy it," she said.

The UNK students help their buddies with shoes, recording scores and bowling. They talk with them about their interests and cheer them on as they bowl together each week.

Friendships develop over the course of the Sept. 29 to Nov. 17 event. At the final session, awards are given, along with certificates of participation. Then, everyone shares a snack courtesy of the Big Apple and several of the fast food restaurants in Kearney.

Andrew Donohoe, a freshman pre-med/chemistry major from Kearney, says he really enjoys his buddy. "This is my first year being a part of the program, and I'm having a lot of fun with my buddy, Ed," he said.

Helping out and volunteering for your community are great ways to get involved and meet new people. For those looking to help with the Arc of Buffalo County, Buddy bowling and its other organizations, you can contact them at 308-237-4343 and become actively involved in this great program.

By Bri Maaske
Antelope Staff

The holidays are coming, and when times are hard even Santa Claus needs a little extra help this time of year — which is where Toys for Tots comes in.

Toys for Tots is a nonprofit organization for which the Marine Corps Reserve collects toys every year between Nov. 1 and Dec. 11. With a little help from Santa, the toys are distributed to children, ages zero to 15, on Christmas morning.

The light in the children's eyes is the bright reward for those who donate and those who volunteer, said Lance Cpl. David Swanson, coordinator and representative for the Kearney area Toys for Tots.

Delivering the toys Christmas morning is just as rewarding to the volunteers as it is to the children. "We went to one house, and the mom came out the door and said that her kids had been sitting in front of the window for the last two hours waiting. They knew we were coming. Just to see their eyes light up when they saw us through the window was just an amazing, really exciting feeling."

This organization helps families in more than 600 communities across the United States each year. Toys reach more than 7 million children, including those in the Kearney area.

"In 2009, we donated to 19,000 kids in the state of Nebraska," Swanson said.

With the current troubled economy, those numbers are growing quickly. "In the last two years, need has increased by 2,000 kids in the state of Nebraska alone," Swanson said. "They have more kids than they do toys each year."

"The light in the children's eyes is the bright reward for those who donate and those who volunteer.

Lance Cpl. David Swanson
Toys for Tots coordinator

Swanson said all the toys for the children are donations from people and businesses in the area, and the donations are distributed to children within the community from which they are collected.

Students can donate toys in the various drop boxes located throughout Kearney. Drop boxes are located at all three Pump & Pantry locations, Deterdings, Hilltop Mall and Armed Forces Career Center.

Toys for Tots will also be collecting donations at various events in Kearney over the next few weeks. "The day after Thanksgiving, we will be at the mall for the Black Friday shopping extravaganza, and we will be at four different hockey games in the main entrance on Nov. 16, Nov. 26–27 and Dec. 11," Swanson said.

"We are working on a soup supper for the month of November, with a silent auction. I am waiting to hear back from the guys that are doing the PBR to see if we will be out at the bull rodeo," Swanson said.

Swanson also said that if students want to help with the soup supper or donations for the silent auction or even create an event of their own, they should contact him for more information at 293-8003.

After the toys are collected, they will go to Swanson's unit in Omaha where they will be sorted.

Next they will bring truckloads of toys back to the fairgrounds in Kearney.

"Then people can go out to the fairgrounds on Christmas morning and deliver toys door to door," Swanson said.

GET INVOLVED
Contact Cynthia Archwamety, executive director of the Arc of Buffalo County
4511 Sixth Ave. Ste 204
308-237-4343
A crowd of 1,703 was on hand at the Health and Sports Center Friday night to witness a spooky sight—the Loper Volleyball team losing on their home court. On the first night of Halloween weekend, UNK lost to the nationally ranked No. 19 Metro State Roadrunners in five intense sets. It was only the 13th time in 11 years that Lopers have lost at home.

“That was a very difficult loss last night (Friday). A lot of energy went into the match,” said head volleyball coach Rick Squiers.

Other teams would have doubted their ability and let one disappointing loss turn into multiple poor performances, but the Lopers took it as a minor setback and a source of motivation.

“In less than 24 hours we had to find our confidence again. I am very proud of the way our kids responded,” Squiers said.

Playing with a chip on their shoulders, the Lopers swung for the fences against Regis on Saturday night. UNK won the match impressively in three consecutive sets, and the Rangers weren’t able to score more than 16 points in any of them.

The Lopers played well in all phases of the game and got back to their brand of volleyball after losing to Metro. “We hit a great efficiency, had a ton of kills, we didn’t make a lot of errors and we were really scrappy on defense,” Squiers said.

Not only was it Halloween eve, it was senior night, and the veterans wanted to go out with a bang. Senior setter and captain Cola Svec was distributing the ball with precision to all her attackers. The Lopers combined for 52 kills and a .429 kill percentage.

Svec and Jeri Walkowiak have played side by side the last four years and as one would surmise, they were in sync for senior night. Walkowiak had 16 kills with a .560 hitting percentage.

“We hit a great efficiency, had a ton of kills, we didn’t make a lot of errors and we were really scrappy on defense.”

Rick Squiers
UNK head volleyball coach

BY RYAN SEEATUS
Antelope Sports Staff

Ariel Krolikowski was able to fly under the radar this weekend while Walkowiak was hitting missiles at the Rangers. Krolikowski used a mix of spin and speed to record 33 kills for the weekend.

The volleyball team travels to Denver to close out the regular season against Colorado School of Mines on Friday and University of Colorado at Colorado Springs on Saturday. The Lopers will host the RMAC conference tournament, which starts on Nov. 11.
INBRE scholar and former tennis star pursues her dreams of career in medicine

BY DEBBIE EPPING
Editor in Chief

When UNK senior Marcelle Strydom was 10 years old, her parents moved her and her two siblings halfway across the world for the chance at a better life.

The 21-year-old biology major from South Africa and Holdrege High School graduate came to UNK on a tennis scholarship, but had to finish her athletic career a year early after injuring her shoulder joint last season.

Now Strydom is taking on everything life serves her, one day at a time.

Strydom moved to Nebraska with her parents, Louis and Emilia, her brother, Louis, 19, and her sister, Reinette, 15.

"It was scary," Strydom said.

Strydom's parents moved their family off the farm in South Africa to give them a chance to live free of fear away from barred windows and locked doors. Strydom said white Dutch descendants are the object of genocide in South Africa and her family would be one of the prime targets.

"It's crazy reading about farms around my home in South Africa that have been attacked," Strydom said.

Strydom's grandparents, Elmo and Mariette Van der Merwe came to Nebraska shortly after her family made the move, but had to go back to South Africa because of difficulties with their paperwork.

"I talk to them, and it's so sad," Strydom said. "You can hear they're getting older, and I'm clear across the world. I've never been back."

The rest of Strydom's family including aunts, uncles, cousins, nephews and nieces live in South Africa; some she's only met via webcam.

"It'd be nice to go back and visit, but I want to stay here," Strydom said.

Strydom has come a long way from her days as a scared 10-year-old girl who didn't know any English.

Last summer, Strydom was accepted into the INBRE program, a two-year research program that awards students money for biomedical research.

The research is made possible through the INBRE grant, a grant awarded by the National Institutes of Health (NIH), to UNK and nine other colleges and universities across Nebraska.

Strydom currently works in the microbiology lab under Dr. Julie Shaffer, assistant professor of biology.

"We're working on alkaline bacteria from the Sandhills Lakes," Strydom said.

In addition to her academic accomplishments, Strydom was a student-athlete for her first three years of college.

"I've been playing tennis since I was seven years old," Strydom said.

After placing second in state in both her freshman and senior years of high school, Strydom played No. 2-No. 3 singles and No. 2 doubles at UNK on a tennis scholarship.

"On a varsity team you have six players and one alternate," Strydom said. "Your best player is No. 1."

The team went to nationals in Florida Strydom's sophomore and junior years, but lost in the first round.

"Personally I've learned how to have fun with it," Strydom said. "I was always so driven to win in high school. College taught me how to have fun and lower the stress level."

Strydom said the play is more competitive, but it's also more of a team effort.

An injury to her shoulder joint last fall brought Strydom's tennis career to a halt, but it won't stop her from cheering on her team.

"I cheered them on last spring, and I'll be cheering them on again this year," Strydom said. "I wish them all the luck."

Strydom graduates from UNK in the spring, and her ultimate goal is to go to medical school so she can come back to Kearney and be an anesthesiologist.

"I don't have my green card yet, so I can't go to med school or grad school," Strydom said.

Strydom's family has been trying to obtain a green card since they moved to Nebraska 11 years ago.

"It's been an ongoing process," Strydom said. "We were supposed to know about five years ago."

Strydom has turned to her alternative plan of applying for an accelerated nursing program at Creighton next fall.

"I might be stuck in this limbo position for the rest of my life until I get married," Strydom said. "Hopefully it works out. I'll just see where things take me after nursing school and hope for the best."

WHO'S GOT SPIRIT?

During each intermission of the volleyball games over Halloween weekend, UNK held a costume contest. Small children, UNK students and all ages in-between participated to show their Halloween spirit.

The UNK wrestling team opened up their season this past Saturday at the York College Open. Catch up with the team as they will be home this weekend for UNK's annual Blue and Gold Scrimmage this Saturday night. The Lopers will then have their first out of state meet in Wyoming on Nov. 13.
And the winner is...

**Florance, Christen elected for freshmen senate**

**BY REBECCA McMICKELL**
Antelope Staff

The results are in. UNK freshmen voted Oct. 26 and 27 for two student government senators to represent their class.

Michael Florance, a business administration major from Papillion, and Michael Christen, a business administration and mathematics major from Anselmo were selected.

"I was very excited to be elected to student government," Christen said. "It was one of my goals when I came to UNK. I thought it was a great organization to be a part of and will be a great way for me to become more involved on campus."

This year's ballot featured six other freshmen candidates including Tony Svoboda from Mountain Home, Ark.; Lewen Ninemire from Hill City, Kan.; Alex Sandberg from Sutherland; Kara Loeffler, Jordan Rehnstrom from Hartington; and Kenny Stratton from Seward. Freshmen voted between Oct. 26 from 11 a.m. to 2 p.m. and Oct. 27 from 5–7 p.m. in the student union atrium.

Student government administrator and associate director of the student union, Tim Danube, said the student government is an asset to UNK's student population. "It's an opportunity to be represented and voice their opinions," he said. "They get experience working with some of the academic departments and working with fellow students, and I think that will benefit them beyond their time here at UNK."

"It's an opportunity to be represented and voice their opinions. They get experience working with some of the academic departments and working with fellow students, and I think this will benefit them beyond their time here at UNK."

Tim Danube
Student government administrator

The student government consists of an executive branch, a legislative branch and a judicial branch, similar to the U.S. Government. As part of the legislative branch, student senators have the ability to pass legislation for the campus, approve new student organizations and appoint student representatives to administrative committees.

Once elected, Danube said student senators also get the chance to take part in the constitutional review and will serve on several student committees including the rules and ethics committee and the student programming committee.

The senate meets every Tuesday at 5:30 p.m. in the Cedar Room in the student union. Elections for sophomore, junior and senior senators are held in the spring.

According to the UNK Constitution, the student government can have a maximum of 22 student senators, but only two can be freshmen.

While only two students were elected to represent the freshmen class, almost all candidates were members of student government organizations in high school, and each candidate expressed the importance of a student-run government institution.

"I believe that it's important for students to have a government body represented by other students for the good of the university," Svoboda said.

Rehnstrom was also focused on his fellow students and campaigned with the platform "my voice is your voice."

Both Florance and Christen are ready to begin their year-long term as student senators. "I hope to improve many areas for the student body including meals, weekend activities, teacher, staff and administration relationships, as well as day-to-day campus life," Christen said.

Florance agreed and said he is excited about representing his class at UNK. "I look forward to learning more about the Kearney campus and representing the interest of the freshmen class," he said.

Helping out is right up Gamma Phi's Alley

**BY ASHLEY CLATTERBUCK**
Antelope Staff

Five and counting for Gamma Phi Beta sorority as they hold their fifth annual Bowling Classic to benefit both their local and national philanthropy.

"The money raised will mostly support our local philanthropy, Moxie Angels, an after school organization that promotes intellectual and social development for pre-adolescent girls, but some will also go to our national philanthropy, Camp Fire USA," said Emilie Ross, a senior family studies major from Broken Bow and the Gamma Phi's philanthropy chairwoman.

"The women of our chapter believe that it is very important to help out with underprivileged girls in our local community," Ross said. "The girls are able to do many activities such as visiting the Omaha Henry Doorly Zoo, Worlds of Fun and have birthday parties that they may not have been able to do without the support of our organization."

The Bowling Classic will be held Nov. 10 at the Big Apple Fun Center, with lane times at 6, 8, and 10 p.m. "We would love to have all the time slots filled," Ross said.

The teams are set up to play scotch doubles, which is a system where two bowlers on each team play alternate shots throughout the game.

"At every sorority's philanthropy, prizes are given away, and this one is no exception. The large raffle item is a 64 GB Apple iPad, which will be awarded to the winning team. You can purchase raffle tickets from a Gamma Phi member for $1.

"The Bowling Classic offers students the opportunity to participate in a fun activity while also giving back to the Kearney community," Ross said.
Arc of Buffalo County to hold annual Honey Sunday

BY BETHANY SHINN
Antelope Staff

Looking for a way to volunteer your time for a great cause while benefiting the community of Kearney? Sunday, Nov. 7, The Arc of Buffalo County will be sponsoring the 46th Annual Arc Honey Sunday.

Students and community members pour out into the community on Honey Sunday to sell honey bears for The Arc of Buffalo County. You can still volunteer or support the effort by purchasing honey.

The Arc is a non-profit organization whose mission is to enrich the lives of people with developmental disabilities and their families. Their programs serve around 230 individuals in our local community.

Kearney supporters of Honey Sunday include many groups and organizations at UNK, as well as the local high schools and community members.

Katie Elder, a sophomore elementary education major from Paxton volunteered for her first time last year as a new freshman. “I wanted to do it as a volunteer activity and to help raise awareness for the Arc. The Arc does many great things for kids and adults who participate in the program. I definitely plan on volunteering again this coming Sunday.”

For more information about the upcoming Honey Sunday, you can contact the Arc of Buffalo County at 308-237-4343.

Campus Kitchen from page 1 —

“We definitely need help with delivery,” Oelslgie said. “That’s where we are really short.”

Delivery shifts meet at 3:30 p.m. on the second floor of the student union on Tuesdays and Thursdays.

“We really encourage you to bring a carload of friends,” Oelslgie said. “It really is a fun time.”

Delivery volunteers and drivers can sign up to help out on Nov. 22 before heading home for Thanksgiving break.

“It really helps you step outside of your box and comfort level, and you develop compassion for your clients,” Oelslgie said.

Campus Kitchen volunteers work every week, four days per week, to deliver balanced meals to elderly and disabled people in the Kearney community in need.

For many clients, Campus Kitchen is their family, Oelslgie said, and the bigger the family, the better.

Campus Kitchen is a national nonprofit organization, and the only chapter in Nebraska is right here at UNK.

To get involved, contact Kelli Oelslgie at oelslgiekr@lopers.unk.edu or call 308-865-8078.

“I’ve been involved for three years,” Oelslgie said. “I really love it.”

Guzman from page 2 —

said of her views. “It might be in my DNA, but it just makes sense to practice what we’re living. It’s not real hard.”

The McKenzies cut their water bill in half by replacing their unnatural Nevada lawn with grass turf and pay only $8 a month in electric costs, because they installed solar panels.

Susan McKenzie was born in Kearney but moved to California in 1954, which kept her away from Bruner except during summers. “My family did not go back to the Midwest a whole bunch, but Grandpa and Grandma Bruner would come out and visit a lot of summers,” she said.

They still managed to write, and as a middle school student McKenzie asked for help to pick a science project for the science fair. “He made a suggestion. I did it, and it won an honorable mention,” she said.

Her project was growing beans in different conditions.

McKenzie said she had a wonderful experience on campus where she could “just feel the energy.” She plans to come back to Kearney and see a planetarium show in the future.
Vampires, cats and fairies! Oh, my!

Campus Halloween festivities enjoyed by all

Eight-year-old Skyler Taylor, the son of Cheriti Zulkoski of Kearney, thinks hard when choosing a piece of candy during the ghost tours in Antelope Hall last Thursday. The ghost tours take place every year around Halloween. Tour guides lead the children around campus to all of the dormitories to get a jump start on trick-or-treating.

Photo by Kaylie Perry

Caitlin Ostberg, a sophomore English major from Omaha, won first place and received $50 for her Peanuts pumpkin in the student union pumpkin decorating contest on Oct. 28.

Photo by Megan Blume

ABOVE: Whitney Nelson, a sophomore biology major from Hastings, puts a tattoo on a trick-or-treater. RHA’s annual Trick-or-Treat Street included games, candy, tattoos and candy tours around the campus.

BELOW: Allison Hipke, a freshman biology/chemistry major from Grand Island, hands out candy to trick-or-treaters in Martin Hall during the RHA Trick-or-Treat Street on Oct. 28.

Photo by Megan Blume