

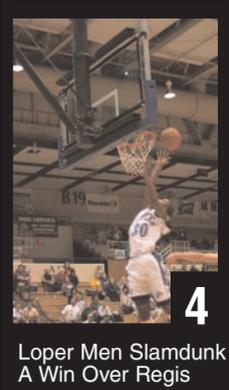
# the Antelope

University of Nebraska at Kearney

Run With It

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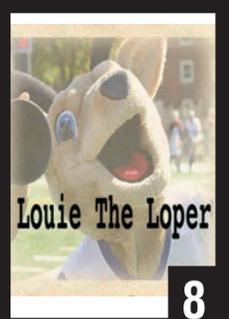
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The Final Countdown Begins

# Sssmokin' Issue

## Controversial smoking ban reap-



Photo by Jason Gould  
 The combination of cigarettes and pool in indoor businesses may be breathing its last breath, as a statewide smoking ban is once again under consideration in the legislature.

Sarah E. Schreiter  
 Antelope Staff Writer

Last Tuesday, Sen. Joel Johnson of Kearney introduced LB395, a bill which would prohibit smoking in all indoor workplaces in the state of Nebraska.

Johnson believes that a statewide ban would improve the health of residents and prevent competition between cities and businesses that have different smoking laws.

LB395 closely follows similar bills that have failed in the past.

Lori McArthur, prevention coordinator for the Buffalo County Tobacco-Free Coalition said, "We are encouraged to see a strong, comprehensive smoke-free law being introduced to the Nebraska legislature and are proud that it was initiated from Senator Joel Johnson."

The Buffalo Tobacco-Free Coalition is a volunteer organization founded in 1995 for the purpose of informing people, youth, and families of the dangers of tobacco use, eliminating exposure to secondhand smoke, and promoting abstinence for non-users and cessation for current tobacco users.

According to the Buffalo County Tobacco-Free Coalition, in 2006 the U.S. Surgeon General concluded that based on scientific evidence, there is no risk-free level of exposure to secondhand smoke.

McArthur also mentioned that there would be several benefits to Kearney becoming a smoke-free city. "The most important benefit is that it will make our community a healthier place to live. It will create protection for all citizens...against the dangerous effects of secondhand smoke and will ultimately lead to a decrease of youth and adult smoking rates."

The coalition encourages citizens to eat at smoke-free establishments and has created a brochure labeled "Guide to Smoke-Free Restaurants in Buffalo County." Among the listed restaurants are San Pedro, Red Lobster and USA Steak Buffet.

Other businesses that have recently gone smoke-free include Cellar Bar and Grill and Thunderhead Brewery.

McArthur concluded by saying, "If passed, this legislation would be monumental in increasing the health of all citizens across the state. This bill has support from Nebraska's top health organizations

such as American Lung Association, American Cancer Society, American Heart Association and the Nebraska Medical Association."

However, not everyone is happy about the introduction of LB395.

Kevin Hibbs, owner of Shooters bar in downtown Kearney, is opposed to such a bill because of the financial loss it could cause.

"It will raise my heating and air-conditioning costs because of everyone coming in and out to smoke and I think I would lose some business."

Hibbs is one of many who feel this bill is unfair governmental control of business. "...it's not right, smoking is not illegal so the government shouldn't be able to tell us what to do."

He doesn't believe his bar is putting the public's health at risk. "Everyone has a choice whether or not to come into my business. The majority of my customers don't have a problem. It's the supporters of this bill that have a problem and they probably wouldn't come in here anyway."

Some city smoking bans are already in place across the state of Nebraska. Lincoln passed a smoking ban in Nov. 2004 that prohibit-

ed smoking in all indoor workplaces.

After the ban passed, many bars in the capital city added heated smoking decks to try to accommodate their smoking customers. This might be the same route many bars across the state choose to take if LB395 passes.

The last passed statewide legislation that dealt with smoking was the Nebraska Clean Indoor Air Act of 1980. It allowed businesses to choose whether to allow smoking, ban it, or allow it in designated areas.

Some UNK students are yet unsure about the new bill. Stacey Stuert, a junior exercise science major from York, Neb., said, "I have mixed feelings about it. I don't think the smoking ban should be mandatory, but it's not a bad idea."

Stuert mentioned that there are both benefits and drawbacks to such a bill but that if it did pass, "There will be a lot of cranky smokers."



**1-23-1957**  
 Based on the popular University pastime of tossing around empty pie pans, the Wham-O toy company tossed out a new aerodynamic plastic disc, eventually called a "Frisbee," and sold over 100 million of these toys by 1977.

**1-24-1935**  
 The Gottfried Krueger Brewing Company tapped into the idea of selling beer in tin cans coated with vinyl on the inside to prevent the beverage from tasting... well, "tinny." The cans were so popular, over 200 million cans were sold by the end of 1935.

**1-25-1905**  
 The world's largest diamond (at 3,106 carats) was mined in South Africa. Divided into 106 diamonds, the two largest pieces of "bling" are on display in the tower of London.

**1-26-1788**  
 Eleven British ships carrying convicts and guards approached the "Land Down Under." After working off sentences in labor camps, the prisoners were free to settle into colonies in the continent eventually named "Australia."

**1-27-1888**  
 In Washington, D.C., 33 men formed the National Geographic society. The first edition of the National Geographic magazine was published nine months later, but it wasn't popular until full color photos were included.

**1-28-1986**  
 Christa McAuliffe, high school social studies teacher, would have been the first "ordinary" U.S. civilian to be in space. However, the space shuttle Challenger exploded 73 seconds after lift-off, due to technical difficulties.

**1-29-19**  
 In honor of baseball's 100th anniversary, the Baseball Hall of Fame elected its first five members as the most influential players of the sport - Ty Cobb, Babe Ruth, Honus Wagner, Christy Matthewson and Walter Johnson.

www.history.com

## WEATHER

**FRIDAY**  
 Sunny  
 High 40  
 Low 16



**SATURDAY**  
 Partly Cloudy  
 High 26  
 Low 05



**SUNDAY**  
 Sunny  
 High 28  
 Low 16



# "The Feet on the Bus Go..."

Mike W. Gruszczynski  
 Antelope Staff Writer

Students at the University of Nebraska at Kearney are doing their part to help elementary students get to and from school safely. They may also be helping to keep the children healthy.

The walking school bus program, which is administered through the UNK Department of Health, Physical Education and Recreation, is in its fourth year of operation.

The program was started by Kate Heelan in 2003. Heelan is an associate professor within the department.

Currently around 30 UNK students are involved with the program to assist about 160 grade school-age children in their treks to

and from school.

Currently, children who attend Northeast Elementary and Kenwood Elementary are walked by students at the university.

The program works much like a traditional bus route, but without the traditional means of transportation. UNK students walk a route in the morning and "pick up" students at certain points on the route to school.

After school, the route is reversed. The purpose of the route is not relegated solely to improving children's safety on their way to school, however.

The Walking School Bus program also doubles as a research project.

Through the project, Heelan is studying how daily walks to and from school can improve kids' health.



Photo by Mike W. Gruszczynski  
 The wheels on the bus no longer go round and round for the members of the walking school bus program.

The program is funded through grants from the American Heart Association. In the fiscal year 2005-2006, the organization gave

\$71,500 to the program in the form of a grant.

The research, which is titled "Walking School Bus Approach to Increase Physical Activity and Attenuate BMI in Elementary School Children," will conclude in the spring, Heelan said.

Heelan also said that, while elementary students can and do benefit from the program, they are not the only ones.

"I think the program provides university students with opportunities to be around young children," she said. "It is especially good for those students who are going into education. The more they can be around kids, the more they can learn about them."

According to the American Heart Association web site, located at www.americanheart.org, taking part in physical activities, chil-

dren are at less risk of obesity.

In addition, a decreased risk of obesity in children equates to a lessened risk of other health problems, such as diabetes, high blood pressure, and some types of cancer.

Children who stay active and healthy are also more apt to have higher self-esteem and self-confidence.

According to Heelan, UNK students can also benefit from the daily walks to and from elementary schools.

"For college students, especially, the program allows them to get more physical activity," she said. "They are also role models for the children."

# Horrorscopes:

March 21 – April 19  
**aries**



The moment you read this, and discover that the Ying Yang Twins are indeed performing in Hastings, you will go out and buy tickets. I wish that the fact you are you attending the Ying Yang Twins would be your bad news, but no... you will end up getting mugged by Lil' Jon.

July 23 – August 22



If you are reading this, you survived last week's "mauling" by a lion. Pat yourself on the back for your resilience. Don't let your guard down though, the lion is still out there and he is pissed.

November 22 – December 21  
**sagittarius**



Upon the release of Saw III, a close friend of yours is scheming of a way to torture you in an elaborate and painful maze of puzzles. Don't trust anyone, especially little dolls that have the ability to ride tricycles.

April 20 – May 20  
**taurus**



Congratulations! You will make into the Guinness Book of World Records for being the first person to be diagnosed with lung cancer...caused by candy cigarettes.

August 23 – September 22



Bush reinstates the draft. We're sorry, might I add that Canada has free healthcare. Don't worry about the passport; the Mitchell Center lab has Photoshop.

December 22 – January 19



After seeing previews for the new movie, Epic Movie, you decide to check it out. Cory and Eric hunt you down for making the decision to see this movie.

May 21 – June 21  
**gemini**



After years of admiring his work in Planet of the Apes, you will venture your way into Charlton Heston's backya....Boom!

September 23 – October 22



While taking an afternoon stroll on UNK's beautiful campus, you encounter a familiar face. You can't believe your eyes as you try and flag down the Home Alone star, Macaulay Culkin. You run down the celebrity, pen and paper in hand, and to your disappointment it turns out to be Antelope Managing Editor, Steph Ellington. Don't be distraught, I too have made this mistake.

January 20 – February 18



Remember John Bobbitt? Avoid sleeping for the next week.

*Editorial Note:* The writers of the horoscopes are both aquarians. We felt we deserved this after "awarding" ourselves with two geminis in last week's horoscope.

P.S. Who knew horoscopes came true?



**Photo of the Week**



To submit pictures for Photo of the Week, save pictures as JPEG files at 300 dpi and send them to antelope@unk.edu, or call 865-8716 for assistance.

**Photo by Daniel R. Pandorf**

Snow strikes the Callaway area and the moment is caught on film by a local resident of this community. Ice and snow cover the ground and trees as the sun shines down on the white coated town.

June 22 – July 22

June 22 – July 22  
**cancer**



Do I even need to tell you what is going to happen? I think your astrological sign speaks for itself. May I suggest avoiding the inevitable and going on a date with Louie the Loper, UNK's newest criminal.

October 23 – November 21

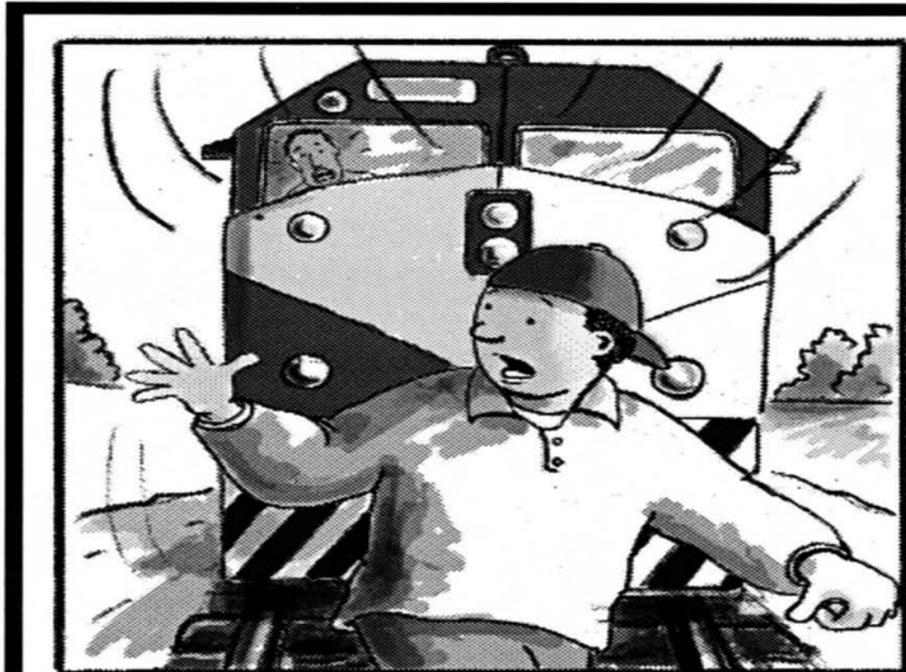


You will ignore the advertisement below the horoscopes...and get hit by a train. That's what you get for not reading the whole newspaper.

February 19 – March 20



Ironically, while taking a Tuesday night swim in the Health and Sports Center pool, you will become entangled in a contraption used to carry six giant cans of soda.



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# Did You Know???

Interesting facts for you to ponder

- Apples, not caffeine, are more efficient at waking you up in the morning.
- All US Presidents have worn glasses. Some just didn't like being seen wearing them in public.
- The Mona Lisa has no eyebrows. It was the fashion in Renaissance Florence to shave them off
- The average bed is home to over 6 million dust mites.
- The average chocolate bar has eight insect legs in it.
- Right-handed people live, on average nine years longer than left-handed people do.
- Every drop of seawater contains approximately 1 billion gold atoms.
- The US national anthem actually has three verses, but everyone just knows the first one.
- Nine out of ten people believe that Thomas Edison invented the light bulb. This isn't true; Joseph Swan did.
- The population of the world can live within the state boundaries of Texas.
- Plastic lawn flamingos outnumber real flamingos in the U.S.A.
- A quarter has 119 grooves around the edge.

How Do YOU Look From Behind?

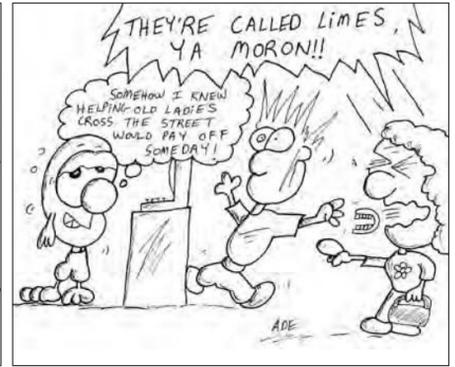
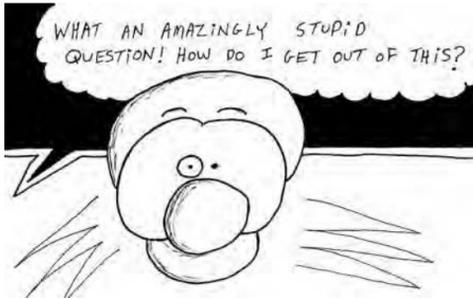


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Facts courtesy of the Nebraska Press Association

## Little Dude



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# Pursuit of Happyness

## True story captivates audiences

**Mark J. Hayden**  
Guest Writer

Just when you thought your life was in a spiraling downward, you meet someone who has it worse off than you. In the 'Pursuit of Happyness' we meet Chris Gardner, a true story that takes you back to the early 80s based off of his life. Chris, played by Will Smith, is a struggling salesman who just can't seem to find a way out of a pile of quicksand that keeps sucking him down. Gardner, who, for a living, talks people into buying his bulky device that detects bone density for a living, can't quite seem to get doctors to buy it, because most of them believe that is an unnecessary luxury for their hospital. But he must find a way to sell these machines, otherwise he is not going to be bringing home the bacon to support his wife, Linda, who is played by

Thandie Newton (Crash, Mission Impossible II) who seems to be growing more and more impatient with his struggles as a salesman. She is also putting in her double shifts as a working mom, while both of them are unsatisfied with the cheap daycare that holds their son, Christopher, in Chinatown of downtown San Francisco. Christopher is played by none other than Will Smith's son, Jaden Smith.

Gardner's life changed one day when as he walked by a man who was just stepping out of his new sports car after parking it along one of the most notorious brokerage firms in downtown, Dean Witter, which is now Morgan Stanley. Shocked by the beauty of the car he asks the man, "Sir, I have two questions for you, what do you do, and how do you do it?" The man replies, "Well, I'm a broker, you just have to good with numbers and you have to be good with people." As his new-

found inspiration walks into his brokerage firm and goes to work, he notices something else. He sees that everyone walking out of the firm has a smile on their face; he asks himself, "Why can't I be happy like them."

Ironically for Chris, there was an internship available at Dean Witter, and Gardner knew better than anyone else that he was perfect for the job. They only took a minimal amount of applicants for the position. He was determined to get the job despite tax collectors, parking ticket collectors, rent collectors, and the constant nagging of his wife who eventually gets tired of waiting and leaves him alone to raise their son, Christopher.

San Francisco is a cold city by the bay, but Chris Gardner meets a number of warm-hearted souls along the way that believe him. The famous Rubick's Cube even plays a small part, yet such a huge part in

Gardner's path to becoming an internee at the firm.

Even more frustration is added to Gardner's already stressful life when he constantly keeps getting his bone density scanners stolen from him while walking in downtown San Francisco. This aspect of the movie adds a little humor to the flick. The scanners inevitably help Chris and Christopher stay afloat as they find it hard to find vacancy at every inn they come across. Each sale of a scanner is enough to help them buy one month worth of groceries. One day while playing basketball with his son, Gardner gives his son a few words of advice, he tells his son, "Don't even let anyone tell you can't do something, if you want it, you go get it, don't even let me tell you, you can't." As he said this, it was almost as though, he just realized himself.

It was obvious at the firm, by his boss and co-internees, that he was determined to make it through the internship and go onto work for Dean Witter. Witter was for him and knew it. The day Chris walked out of Dean Witter as a salary paid employee, you saw the smile on his face, which he was longing for all along. "The Pursuit of Happyness" is truly inspiring and leaves you with a sense of what it really means to be an American. Just as Thomas Jefferson said, "... All men are created equal ... that among these are Life, Liberty and the pursuit of Happiness. And happiness is exactly what Chris Gardner pursued. He has gone on to be a self-made millionaire and the CEO of his brokerage firm, Gardner Rich.

It was obvious at the firm, by his

Any opinions expressed in columns, editorials, editorial cartoons or advertisements are the views of the individual writer, artist or advertiser and do not necessarily reflect the views of the University of Nebraska at Kearney, its employees or students, or the Antelope staff. Contributors to "Readers' Opinions" must include the name of the writer, as well as the writer's phone number, hometown and affiliation with the college. Phone numbers will not be printed but are necessary for verification. Deadline for publication is Monday at noon. Submissions past deadline will be printed in the following edition. The Antelope staff reserves the right to edit contributions to "Readers' Opinions" for grammar, spelling, content and length, as well as to disregard opinions. Letters to be printed should be sent to:

**Readers' Opinions**  
c/o the Antelope editor  
Mitchell Center  
University of Nebraska at Kearney  
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Any of your questions, comments, concerns or suggestions should be sent to the address above.

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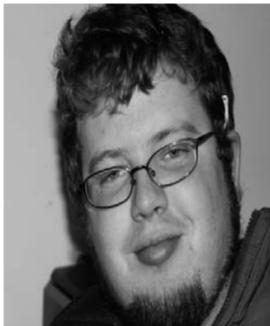
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## Inquire: Adelman's Advice

Dear Mike,

*I have a large class-load, as well as a job that requires me to work almost every night. How can I help my friends to understand that I'm not blowing them off and keep them from getting mad?*

-Overworked and Underappreciated-

Sounds like a case of biting off more than you can chew, if you ask me. Granted, there may be no other way to make it through the semester, so I can offer a few tips to keep your friends happy and keep you from going insane.

First, look at the number of hours you work every week. Would cutting them down slightly cause a lot of harm? If you're working for 30 hours per week, maybe cut it down to 25. Sure, you'll make a little bit less money; just drink Keystone Light instead of the expensive stuff- that should cover the difference.

Secondly, try to figure out which of your classes you have an easy time with. You may not have to devote as much study to those if you can get the feel of the class. Develop study methods that allow you to quickly absorb the material from your easy classes. A

lot of classes use textbooks that have similar patterns in the chapters. By figuring out where the "important stuff" is in every chapter, you can weed out a lot of unnecessary studying.

Finally, true friends understand that sometimes their other friends have to go through hard times in life. Be sure to let them know you're trying your best to spend time with them. Remember, a good friend will not hold this against you. If a person gets angry at you for trying to improve your situation in life, then they are hardly what I would call a friend.

Also, when you do get that little nugget of precious free time, make the most of it. Throw a little shindig at your house or invite some buddies over to watch the game.

Last semester I took 12 hours of Writing Intensive courses while working 27-36 hours per week. I even had to take an 'incomplete' in one of my courses (I'm working on it, Dr. Fend! Please don't throw the book at me)! Luckily, I have some excellent friends who understood my situation, and even helped me when they could. I hope you have an equally good outcome. Peace.

### NOTICE TO STUDENTS

All students are eligible to apply for a refund of the "A" portion of student fees until February 8, 2007.

(These fees include programming for events like: concerts and band, comedians, special speakers, Jim Wand, Homecoming and other University events.)

Students claiming a refund will lose benefits provided to Fund "A" users during the Spring semester 2007 and will incur a charge for attending these events.

Application forms are available at the Student Government Office in the Nebraska Student Union  
1013 West 27<sup>th</sup> Street.

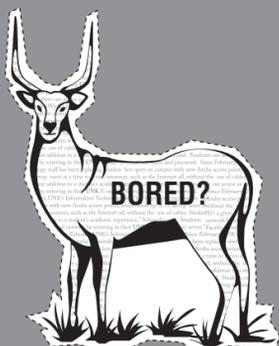
For more information call 308-865-8523

### Outstanding Leaders Needed

The Nebraska 4-H Camps at the Nebraska National Forest-Halsey, Schramm State Park-Gretna, and Harlan County Reservoir-Alma, are accepting applications for 2007 summer program staff. Lead outdoor programs - canoeing, tubing, rappelling/climbing, swimming, and many more.

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**Great Experience!**  
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**Summer positions for all majors!**

Initial application deadline: February 15. Applications received after deadline may be accepted until all positions are filled. Applications are available on-line at [4h.unl.edu/camp/staff/](http://4h.unl.edu/camp/staff/). For more information call: (402) 472- 1710 or email: [jwalahoski2@unl.edu](mailto:jwalahoski2@unl.edu)



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# Loper winning streak lengthens

## UNK Men defeat the Rangers of Regis 73-56

**Bridget L. Correll**  
Antelope Staff Writer

The Lopers increased their winning streak to six in a row after defeating the Regis University Rangers 73-56, last Thursday, Jan. 18 in the Health and Sports Center.

The Lopers took an early lead in the first half, scoring 13 points in nearly four minutes before Regis even got on the board. Eight of those beginning points came from senior, Chad Burger, of Colorado Springs, Colo.

"Regis really likes to run the clock down. We want to play fast against their slow," head coach Tom Kropp said.

Regis did attempt to make a come back but it wasn't good

out of 23 shots, and shot 66.7 percent from the line, making four of six. Regis, on the other hand, shot 44 percent from the field making only 11 out of 25 shots, and were 50 percent from the line, making one of two.

In the second half, the Rangers didn't stand a chance against the Lopers. Avery Stephenson, sophomore from Romulus, Mich., had an outstanding half scoring two three pointers back to back, and then turned right around and made a layup to increase the Lopers lead.

"We have pretty good balance and depth as well throughout the team," Kropp said

The balance and depth definitely showed throughout the game. After the end of the second half, the Lopers had a 53.6 percent shooting average overall with 29 rebounds, 16 assists and 3 blocked shots.

Leading scorers for the Lopers were Stephenson with 15 points, Drake Beranek, freshman from Ravenna, with 15 points, five rebounds, three assists and two of the three steals of the night. Dusty Jura, senior from Columbus also had an impressive game with 15 points, and a team high of nine rebounds. Jura, now ranks fifth in rebounds in his overall career up to this point. Lastly, James Lane, senior from Colorado Springs, Colo., had a team high of seven assists and added another five points to the board.

Who will be the next biggest challenge for the Lopers in the remaining season?

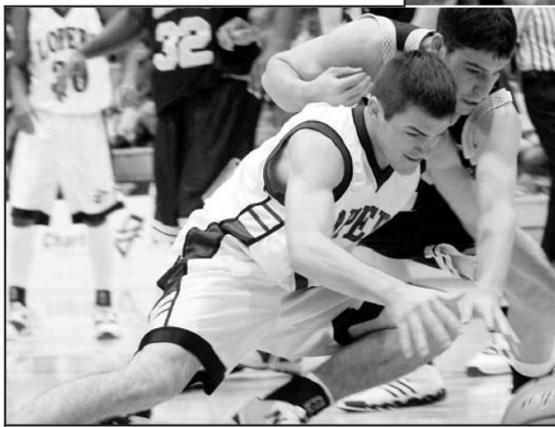
"We just look at the next challenge, we don't look any further than our next game," Kropp said. "We just put our focus into which ever game is next."

The Lopers will be out on the road for their next two games, facing Chadron State March 23 and

then Colorado School of Mines the 27.



All photos by April D. Refior  
Above, No. 24, Nick Morrell, gains some air-time and, below, No. 12, Ryan Martin, rushes for the loose ball while the Lopers took on Regis Thursday, Jan. 18.



No. 10, James Lane, beats a Regis defender to the basket as the Lopers took on Regis last Thursday, Jan. 18 at the Health and Sports Center. The Lopers defeated the Rangers 73-56.

“  
We just look at the next challenge, we don't look any further than our next game.”

**Tom Kropp**  
Co-Head Coach, Men's Basketball

enough. At the half, the Lopers outscored the Regis Rangers 34-28. The guys had an impressive 56.5 percent shooting average making 13

## In the spotlight: Dusty Jura, UNK Basketball

**Melissa M. Hinkley**  
Antelope Staff Writer



Photo by Eric M. Korth  
Dusty Jura

Dusty Jura's goal of playing professional basketball overseas may soon be very attainable. Jura was a 2006 All-American, and is picked Preseason Player of the Year. Last year, he led the team in scoring, rebounds, blocks and steals. This season, he already has nine double-doubles which gives him 42 in his college career.

"He leads us in every category," Kevin Lofton, co-head coach, said. "It is a direct result of how much time he puts in. He is a returning All-American, but he doesn't sit back with his feet up."

Some would say that Jura was destined to become a great basketball player since his dad, Chuck Jura, played basketball for UNL and then Professional basketball in Italy for 14 years.

"I started playing from whenever I remember," Jura said. "It's kind of in the family business."

Jura played basketball, football and soccer growing up but didn't focus on basketball until he was in high school. As a freshman, he started for Columbus Lakeview and played the two-guard.

He came out of high school with one State Championship and a runner-up finish. Jura then red-shirted his freshman year at Northern Iowa before coming to UNK to be closer to home.

"My parents have been to every game this season," Jura said. "The only game they have missed was New Mexico Highlands my sophomore year."

Jura may have received a little extra coaching from his dad, but he has worked hard on his own to improve his game. The better Jura gets, the better the UNK men's basketball team performs.

Every one of UNK's opponents knows they have the challenge of

containing him. He gets double, and sometimes triple, teamed which gives his teammates some good looks at the basket.

"Guys like Jeff [Martin], Drake [Beranek], and James [Lane], get good looks," Lofton said. "Teams have to gear their defense to stop Dusty. Some of our players are getting great opportunities to make some baskets."

What comes next for a player who has been All-Conference three years in a row? He is on pace to finishing in the top five

in the history of UNK for points, rebounds, steals and blocks. This is Jura's last season as a Loper, but there are still plenty of games left.

"My goal is to win as much as possible," Jura said. "I'm just going to enjoy it and have fun. It has gone by so fast, but it is neat seeing the younger guys coming in. I was there just a couple of

years ago."

Jura has left his mark on UNK and will graduate in May. After that, he may follow in the footsteps of his 6'10" father and go overseas to play professional basketball. As for the men's basketball team, they will have the task of finding another Dusty Jura.

"You don't really replace him," Lofton said. "You just hope someone steps it up and people in the program improve enough."

Although he can't be replaced, maybe someone will learn the signature "Dusty Jura move."

It involves missing your first shot on purpose and then grabbing your own rebound and making the basket the second time. Some joke that Jura does this to pad his stats by getting a rebound and a basket in one possession.

"I'm not one to care about stats," Jura said. "I'm just a bad shot."

## Coaches on the Spot

### Damon Day, Loper Baseball

**Joey D. Larsen**  
Antelope Staff Writer



Photo courtesy Peter A. Yazvac  
Coach Damon Day

tradition of basketball. As a child, he made an effort to try this traditional sport, but his heart always led him back to baseball. After a successful high school and collegiate baseball career of his own, he was pondering a major life changing decision. "I was going to go to law school, but my college coach talked me out of it and told me to give coaching baseball a try," Loper baseball coach Damon Day said.

In 1998, deciding to pursue a coaching career, Day stuck around Benedictine University, where he recently finished his playing days, to assist with the baseball team. After a year of soaking up the knowledge from his former coach, Day felt it was time to venture out and see what else he could learn. In 1999, Day found an assistant coaching job at Lakeland College in Matton, Ill.

With a short stay there, Day felt it was time to pursue a head coaching position, which led him to Dana College in Blair, making him the

youngest head coach in the country for baseball. In mid August 2000, he scheduled the first official practice with only 17 players showing up that day. The season had its ups and downs, ending up with a record of 7-35. Throughout the next few years, Day built the program to a conference powerhouse winning the Great Plains Conference tournament for the first time in school history.

In 2004, Day was ready to take over another program that was struggling to regain its great baseball tradition. Giving no hesitation, Athletic Director John McBride hired Day as the new baseball head coach.

"I liked Damon's vision of putting a program together," McBride said. "Looking at how he rebuilt the program at Dana, I felt he was exactly what we were looking for at UNK."

Without thinking, Day began to rebuild the great tradition of UNK

baseball. In his first two years as a Loper, he was unable to make any great leaps and bounds. Finally, in his third year he started to see great improvement by breaking the school record for wins in a single season, and leading the Lopers to their first postseason action in ten years.

"Breaking the school record for wins in a single season and making the playoffs in 2006 is probably one of the most memorable things about coaching at UNK so far," Day said.

Day's outlook on baseball and life has changed after recently getting married. "Being married makes me have a better perspective on baseball and makes me more balanced," Coach Day said.

During the off season, Day enjoys playing a round of golf from time to time, but don't let that fool you. In the Day family, Damon is known as the Day Family Golf Champion.

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# Lady Lopers lose first place spot

## Lopers defeated by Regis, 41-23 last week



Photo by April D. Refior  
No. 10, Jamie Edwards, drives past a Regis opponent last Thursday, Jan. 18 at the Health and Sports Center.

**Bridget L. Correll**  
Antelope Staff Writer

The lady Lopers lost the battle for first place in RMAC standings against the Regis Rangers last Thursday, Jan. 18 in the Health and Sports Center.

At the beginning of the game, everything looked good for the Lopers tying the game up at six a piece, but then Regis let loose and went on a 10 point run to take control of the game. Regis had a commanding lead after the first half beating the Lopers 41-23. Regis was able to score 21 points off of turnovers giving them a 47.2 percent shooting average against the Lopers 31.8 percent. Regis also led in rebounds with 24, while the Lopers had 18.

"Regis's strengths going into the game was their leadership, work ethic and shooting. Their weaknesses were interior scoring and post defense," assistant coach Tim Connealy said. "As far as our team, our strength was our ability to attack the hole from certain positions, but our weaknesses were locating shooters and stopping the drive."

The second half was an improvement for the lady Lopers, but they still fell short. The Lopers increased their shooting average to 42.9 percent, making 12 out of 28 shots, while Regis made 15 of 23 for an average of 65.2 percent. The Lopers did have an impressive 58.8 percent free throw shooting average

making 10 of 17 from the line.

"I think you have to play an aggressive, physical style of basketball. That is something we were not effective or consistent enough in executing," Connealy said.

Despite the loss, the Lopers still had some outstanding stats by the end of the night. Katie Torland, freshman from Burns, Ore., came off the bench to grab 15 points, eight rebounds and three steals. Other Lopers to be in double digits point wise were Liz Fischer, senior from Leigh, and Melissa Hinkley, junior from Lincoln. Fischer had 12 points and two assists, and Hinkley had 10 points, four rebounds and three assists.

Even after the loss the Lopers still have a winning season at 11-4, the ladies just need to put the loss behind them and look forward to the next game.

"We just have to let them know that this game was not our season. We have another great opponent coming to Kearney in two days and we need to get prepared," said Connealy.

The ladies will hit the road with the guys and will face Chadron State January 23 and then Colorado School of Mines on January 27. Even though the games are away, you can still listen to the games live by tuning into Y102, which will broadcast both games.



Photo by April D. Refior  
No. 20, Amy Mathis, fights for the free ball as the Lady Lopers took on Regis.



Photo by April D. Refior  
No. 22, Liz Fischer, challenges an opponent last Thursday.

## Wrestlers on the road

### Three-day contest, preparation for Nationals

**Melissa M. Hinkley**  
Antelope Staff Writer

The UNK wrestling team once again shows the few remaining critics why they deserve to be number one. This past weekend, the Lopers began their RMAC play by dominating Colorado School of Mines (34-6), Mesa State (50-3) and Western State (27-11).

"There are some tough RMAC schools that we still have to wrestle," Keenan McCurdy, a 165 pound junior from Lincoln East said. "It was a good start but we still have some tough teams coming up like Adams State and Fort Hays."

The Lopers had to make weight Thursday, Friday and Saturday. On average, a wrestler will lose 10 lbs. in a week. Maintaining their weight for three days in a row is difficult on the body, but shows not only the physical capacities of the UNK wrestlers, but also their mental capacities. You have to be mentally tough in order to wrestle dehydrated while consuming few calories.

"It's a grueling weekend," McCurdy said. "You have to make weight three days in a row, but it gets us prepared for nationals where you have to make weight two days in a row."

The Lopers faced Colorado School of Mines on Thursday, Mesa State on Friday and finished the weekend with their victory over Western State on Saturday. By the third day of making weight, the wrestlers were tired but still ready for a win.

"It was a good weekend for us," McCurdy said. "We were tired

from the Western State duel but everyone wrestled well."

"It can affect you mentally and physically, especially when you are on the road," Jeff Rutledge, a 141 pound junior from Lincoln East said. "You have to take it one day at a time."

Rutledge came into the weekend with a loss to UNO's 141

**“It can affect you mentally and physically, especially when you are on the road.”**

**Jeff Rutledge**  
Junior, Lincoln

pounder. Rutledge is ranked second and provided a spark for the Lopers in the Western Duel. He pinned third ranked Chris Freije and went 2-0 on the weekend.

"It feels good to get out of a rut," Rutledge said. "You got to keep your head on straight and good things will happen. I just focused on what I can do to be my best at that moment."

The Lopers have now won 18

straight duels over RMAC schools. The Lopers were led by Trevor Charbonneau, senior of Clay Center, Kan., Brett Algoood, junior of Bennington, Kelsey Empting, redshirt freshman of Ponca City, Okla., Derek Ross, redshirt freshman of St. Francis, Kan., Tervel Dlagnev, junior of Arlington, Tex., and Matt Farrell, sophomore of Omaha who all went undefeated.

"This was a tough weekend but they performed well," head coach Marc Bauer said. "Our toughest duel was Western State because they came out hard and we had some close matches. We were tired but we pulled through."

One of the most impressive wins came from Empting, who is ranked sixth at 197 lbs. Empting went up a weight class to wrestle as a heavyweight for one match. Empting pinned his Mesa State heavyweight opponent.

Dlagnev was unable to wrestle one match because he has wrestled in many national meets that accumulate points. A wrestler can only accumulate so many points before they are unable to wrestle, so Dlagnev must pace himself in order to be eligible to wrestle in nationals.

The Lopers are set to travel to Central Missouri this weekend to wrestle Southwest Minnesota, Truman State, University of Central Missouri and Chadron State. They will wrestle all four schools on Saturday the 27th.

"The great thing is that we only have one weigh-in," Bauer said. "This week we will go through our regular practice routine. We are looking to stay in shape, stay healthy and stay focused."

## UNK Intramurals

### Spring 2007 intramural activities kick off

**Shannon J. Matthews**  
Antelope Staff Writer

Exciting, thrilling, competitive and always something new. These are a few words that describe the University of Nebraska at Kearney's intramural sports program. Intramural sports provide UNK students with an array of enjoyable activities from water polo to ice hockey. These activities help to break the daily routine and stress associated with college life.

"Our first round of sports for the semester is just getting underway. We have a lot of good athletes in intramurals that don't play in NCAA sports," John Corkle, an intramural graduate assistant from Grand Island, said.

Five-on-five basketball, racquetball, doubles, water polo, wallyball and fitness walking are all beginning their seasons. While some sports are well known to most students, other sports offered in UNK intramurals may need a little explanation.

"Wallyball is volleyball that is played in the racquetball courts. The walls of the racquetball courts are used, as well as a regular volleyball," Corkle said.

Drew Hansen, an intramural graduate assistant from Hot Springs, South Dakota, said, "I can always hit the ball (in volleyball), but I don't always know where it is going, so it makes me a pro at wallyball."

"Wallyball seems a little more laid back than volleyball, but teams can be as competitive as they want," Corkle said.

Fitness walking is another rewarding activity within UNK intramurals. Participants in this activity create a mileage system for

the distance they walk. Once they hit a certain distance, prizes are awarded. There are nine levels, each level representing a certain distance, to reach. A prize is given at each level obtained by the participant.

"Prizes for the fitness walking include everything from yoga mats, swiss balls, Loper gear and dumbbells," Corkle said.

Becoming involved in UNK intramurals is easy. Anyone can stop by the intramural office

meeting I introduce the person and give the captains their information and that person may be able to get on a team, but it is not guaranteed," Urkoski said.

Even though some sports never get old, new additions are always fun. Two new intramural events were added to the list this year. During the fall semester, trap shooting and ladder golf, also known as polish horseshoes, took place as one-day events. Anyone can always suggest ideas for more intramural sports. Urkoski keeps an ongoing list of potential new events.

Some of the ideas presented in the past include; lacrosse, rugby, running club, swim meet, track and sumo wrestling.

Once a year, the director speaks to the student senate and the senate receives an opportunity to suggest new additions to the intramural sports program. Also, anyone can stop by the intramural office to suggest a prospective sport.

The UNK intramural sports program even provides participants an opportunity to travel and compete against other schools.

"For the last three years, the first and second place flag football teams have received an option to travel to UNL for a tournament," Urkoski said.

The National Intramural-Recreational Sports Association hosts this tournament for many of the Midwest states.

There is still time to become involved in the spring semester intramural activities. Deadlines for entries for three-on-three volleyball, softball, outdoor soccer, fitness walking and ice hockey are not due until February. Upcoming one-day events include slam-dunk Jan. 29, at 7 p.m. and hot shots Jan. 30, at 7 p.m.

HPER and pick up an intramural calendar that has all of the events and dates listed.

"Throughout the 2004-2005 UNK school year, 23 percent of the total UNK population participated in intramural sports. That is phenomenal," Shelly Urkoski, head intramural director at UNK, said.

A student who wants to participate in a team sport but does not have a team lined up may be given a chance to get involved. While it is recommended that a participant has a team lined up, the prospective participant can leave their information with the intramural director.

"We use what is called our 'Free Agent Policy.' During the captain



Graphic by Ashley E. Stubr

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# Lopers compete in two locations

## Select Loper men travel to Doane, others stay in Kearney

Lisa K. Elson  
Antelope Staff Writer

The UNK Track & Field team competed in two locations on Saturday, Jan. 20. The Loper Open did not have enough men's competition for any results to be considered national qualifying marks. Select members of the men's team competed at Doane at the Ward Haylett Invite. Senior Lance Pfeiffer of Eustis continued to dominate by once again placing first in the shot put with a throw of 57' 1.5".

"I thought the meet went fairly well for everyone. There were some good marks and everyone is showing improvement," Pfeiffer said.

Sophomore Derrick Murphy of Cheyenne, Wyo. and sophomore Dakota Cochrane of Fairbury added to their season wins as well. Murphy won high jump by reaching a height of 6'8", and Cochrane won pole vault with a height of 15'6".

Sophomore Dane Tobey of Waco placed second in both the weight throw and the shot put. Junior Darrel Branz of York placed second in the 55 meter hurdles with a time of 7.79 seconds. Junior Ross Fellows of Kearney added his name to the list of silver medalists with a 46' 1.5" jump in triple jump.

"Even though we were split up for this meet, we all had a great mindset and we stepped up to the plate and competed," sophomore

Kelli Dring of Kearney said. "The meet this weekend was like an intense practice."

The division of the team didn't seem to faze the Lopers competing in the Loper Open. UNK won 20 events: nine on the women's side and eleven for the men. Both women's and men's 4x400 meter relay teams won with times of 4:15.26 and 3:31.47 respectively.

Dring won the women's triple jump with a leap of 36.58' and placed second in long jump with 18.11', a provisional qualifying mark.

"It was hard for me to adapt to this meet. I really like a big crowd to compete in front of and hardly anybody was there. I'm really looking forward to next week's meet, and I plan to do my best and jump 20 feet in the long jump," Dring said.

Sophomore Sam Murphy of Franklin won the shot put with a throw of 44' 1.5" and the weight throw with 48'4.3".

"This weekend went better than last weekend, I threw well but not my best," said Murphy. "I'm excited for the rest of the season hopefully I will improve."

Finishing behind Murphy in the weight throw was junior Niki Fredrickson in third and freshman Alicia South of Grand Island in fourth.

Sophomore Crystal Follis of



Photo by Luke D. Saulsberry  
Sophomore Mark Schukar of Loomis, finishes the first heat of the 55 meter dash.

Hoxie, Kan. won the 400 meter and was the anchor for the winning 4x400 meter relay team. Shana Marsteller, freshman from Alliance, won the 200 meter finishing nearly a second ahead of the second place finisher.

Women's high jumpers, junior Shayna Fruit of Ogallala, sophomore Ashton Reiker of Eustis and freshman Cameron Smith of Sterling, Colo., placed first, third

and fourth respectively.

The men's throwers almost shut out the competition in the shot put placing first through seventh and tenth. Sophomore Chris Campbell of Beatrice won the shot with a throw of 48'8". The men's throwers continued their success in the weight throw with seven throwers finishing in the top ten. The weight throw was won by freshman Brandon Karlin of Phillipsburg,

We have been training hard, and that's where the marks will show. We are at home and that's what we all like," said Dring. Support the Lopers in the Cushing Coliseum this weekend for the Charlie Foster Open on Saturday, Jan. 27 at 10 a.m.



Photo by Luke D. Saulsberry  
Freshman jumper Jennifer Fritson of Minden competes in the UNK Loper Open on Saturday, Jan. 20.

Kan. with a throw of 50'7.25".

"I know that everyone is really excited for the meet next weekend.

# In the spotlight

## Sam Murphy, UNK Track and Field

Lisa K. Elson  
Antelope Staff Writer



Photo courtesy Peter A. Yazvac  
Sam Murphy

You might find her cruising in her El Camino, challenging a friend to Dance Dance Revolution, waiting on you at Applebees or most likely perfecting her technique in the ring. If you do see her remember one thing: her name is Sam, don't

call her Samantha.

Sam Murphy graduated from Franklin High School in 2005, and has been a thrower for the UNK Track and Field team ever since. She started throwing in seventh grade. In addition to regular competition for Franklin High School, Murphy competed in the Junior Olympics in the summer.

"My mom forced me into competing in the Junior Olympics, but I ended up being successful and obviously I've stuck with track," Murphy said.

Strong family ties also influenced Murphy's decision to attend UNK. "My mom graduated from here, my sister was going to school here and Coach Meyer was one of the coaches that seemed the most interested in me," she said.

In high school, Murphy placed second in state in Class C for shot put. "My high school track coach and I were really close. She helped a lot with encouraging me and telling me that I can do track in college," Murphy said. "Some people participate in sports in high school but never continue to the college level,

she made me want to continue."

Now, Murphy competes in the shot put, discus, weight throw and hammer throw at the college level. "My favorite events are shot put and discus. I'm still trying to get the hang of weight and hammer," she said.

Last weekend at the Loper Open, Murphy placed first in both the weight throw and the shot put. Murphy has already made the provisional national qualifying mark for the indoor shot put this year. That puts her on the list as a possible national qualifier for the NCAA Indoor Track & Field meet in Boston, Mass.

Her best throw in the shot put is 46'5" and 142' in discus. As a freshman, Murphy was close to qualifying for nationals, but unfortunately her mark didn't make the cut.

Murphy has four basic goals for this season: place in top 3 in conference, improve week to week, no slumps, and be consistent.

She has also set goals to accomplish by the time her track career comes to an end. "I would like to make it to nationals and be an All-

American in the shot put and the discus," Murphy said.

Murphy has to chew gum every meet. "It helps me think straight," she said. "Of course I have the lucky underwear too, who doesn't?" she said jokingly.

Murphy loves to have fun and joke around with her teammates.

"The girl's team is pretty close. Everyone gets along and has fun," she said. The size of the girl's team has decreased compared to previous years. Several female throwers graduated last year or transferred to other schools.

"The girl's team is so much smaller this year. We are closer, and you get to know everyone a little bit better. It also is a form of motivation. We lost a lot of good people and knowing that we are down in numbers means we need to pick up the slack," Murphy said.

Murphy is a criminal justice major and intends to work for the FBI in a big city like Denver. You may cross paths with this UNK thrower in the future. A few things might be different, but the name on her badge will still read Sam.

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# Taking a closer look

## What exactly is the weight throw again?

Lisa K. Elson  
Antelope Staff Writer

Heel toe, heel toe, heel toe, throw! No, these are not the steps for the latest dance move. It is the basic footwork for the weight throw, an indoor track and field event that has ties to the Scottish Hiland Games. The weight can be a maximum of 16 inches long. It has a triangular handle and a swivel that connects the handle to the weight. The men's weight weighs 30 pounds and the women's weighs 20 pounds. The diameter of the ring is approximately 7 feet. The sector, or the area that is considered in bounds, extends at a 34.92 degree angle from the center of the ring.

The event is competitive on the college and professional level, which makes it a new challenge for every incoming freshman thrower. The

first time someone goes through the footwork, they cannot help but feel dizzy.

There are many essential parts to the throw: speed and form are critical. Beginners may start out with one turn and throw until they become more comfortable with the common three-turn approach. Some athletes are capable of doing four turns in the ring, and some find they perform better with a two-turn approach. During the throw, an athlete's

left foot never leaves the ground. The time when both feet are on the ground is con-

sidered the work or push phase. The time when the ath-

lete's right foot is in the air needs to be minimal in order to maximize the effectiveness of the work phase.

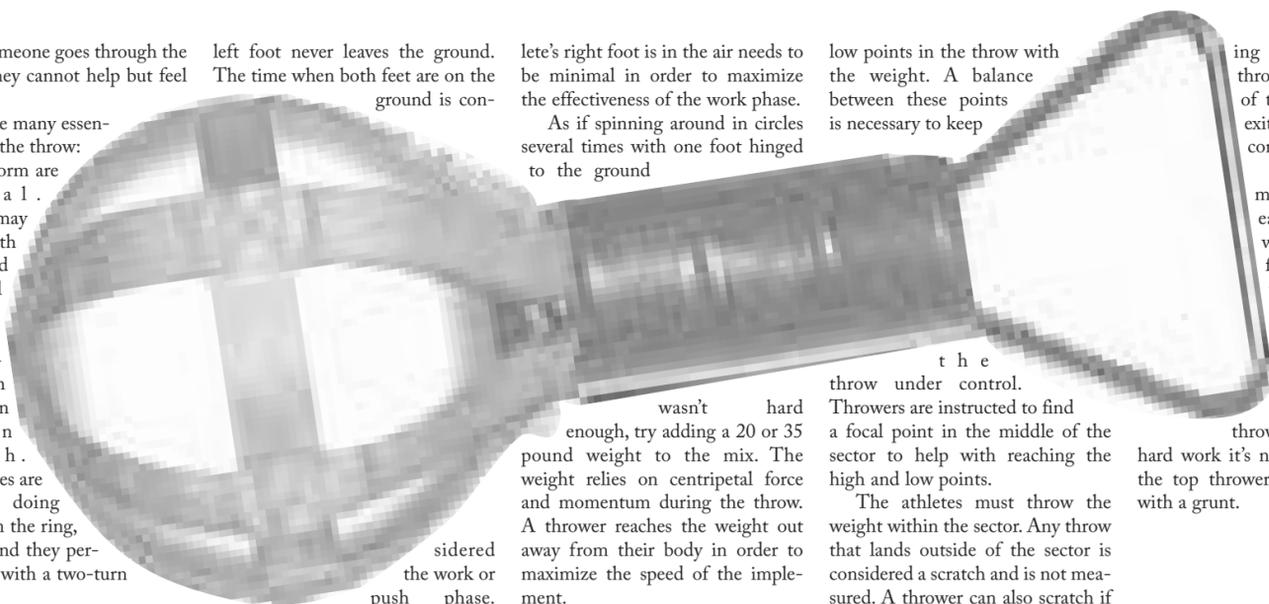
As if spinning around in circles several times with one foot hinged to the ground wasn't hard enough, try adding a 20 or 35 pound weight to the mix. The weight relies on centripetal force and momentum during the throw. A thrower reaches the weight out away from their body in order to maximize the speed of the implement. An athlete must reach high and

low points in the throw with the weight. A balance between these points is necessary to keep

the throw under control. Throwers are instructed to find a focal point in the middle of the sector to help with reaching the high and low points. The athletes must throw the weight within the sector. Any throw that lands outside of the sector is considered a scratch and is not measured. A thrower can also scratch if they touch the front of the ring dur-

ing the throw, exit through the front half of the ring or if they exit the ring out of control.

The throwers may make it look easy, but a lot of work goes into perfecting the weight throw. Every successful thrower completes hours of practice filled with footwork and countless throws. After all that hard work it's no wonder some of the top throwers end their throw with a grunt.



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# Pro-choice V. No-choice

Siobhan E. Duffy  
Antelope Staff Writer

My role in this editorial is to be the devil's advocate. For those who do not know, the devil's advocate, according to the Merriam-Webster online dictionary, it is a person who champions the less accepted cause for the sake of argument. For this editorial, the less accepted cause would be for those who are pro-abortion. I am not saying whether I personally am for or against abortion, but I am arguing the case of those who are pro-abortion for the sake of this editorial.

Abortion is a complicated issue. There are no easy answers to the questions posed by this debate. Because this is such an explosive topic, many people shy away from discussing their views and opinions on it. While it is good that people do not want to get into arguments, it is equally important to listen to both sides of the argument before making a decision. While this topic is close to the hearts of many, it does not mean that a person should just go along with his or her parents' or friends' opinions on the matter. By looking at the other side of the abortion issue, one can make an informed decision based upon what he or she believes, not what others want them to believe.

There is a lot of information available about abortion. And much of this information is confusing. Why confusing? Not because it uses medical terminology that is difficult to understand, but because almost every source of information is biased. For example, most anti-abortion groups claim that many women who have abortions suffer from "post-abortion syndrome," which has effects similar to post-traumatic stress syndrome. Pro-abortion groups claim such a disorder does not exist. It is difficult to know what to believe, because everything has a spin on it to support a particular belief. By the way, in 1989, the American Psychological Association, after

researching the syndrome, concluded that post-abortion syndrome does not exist (and yes, I am well aware that this has now become one of the biased sources I warned you about).

For many, the abortion issue comes down to one word: choice. Should a woman be able to choose what she does with her own body? Yes. One woman may not have an abortion. She may choose to carry the baby and give it up for adoption. That is her choice. But she does not have the right to choose for another woman. The government does not have the right to dictate what a woman does with her own body. It is her personal, private choice to decide if, and when she will have children. This is exactly what Roe v. Wade said. The government does not have the right to dictate when and if a woman will have children. As a United States citizen, she has the right to decide, with her doctor, whether she will carry the baby or have an abortion.

Besides choice, another reason that many do not want abortion to be made illegal is because it may result in "back-alley abortions." In the years before Roe v. Wade, when some states made it illegal for a physician to perform an abortion, women who wanted to terminate a pregnancy resorted to what are called back-alley abortions. These women would go to an untrained practitioner to perform an abortion. These were often performed in unsanitary conditions by unlicensed and untrained practitioners, which resulted in serious medical complications for the woman, and in some cases, death. Making abortion illegal did not result in less abortions, it just made it more dangerous for the health of the women seeking the procedure.

The Guttmacher Institute, a non-profit organization that works for the advancement of sexual and reproductive health worldwide through a combination of research,

policy analysis and public education, estimates that as many as 1.2 million abortions a year were performed in the years before Roe v. Wade, when abortion was illegal in some places.

Again, the issue seems to come back to that one word: choice. What happens when a woman who has been raped or is a victim of incest becomes pregnant? She did not choose this; she should at least be able to decide whether or not to have the baby. What about when a woman's method of birth control failed? She should be able to choose whether or not she has the baby. That is what the basic message is of those who are pro-abortion: it is up to the woman to make decisions regarding her reproductive health. It is her body, so it is her choice.

Elizabeth J Stevens  
Antelope Staff Writer

One and a half million defenseless human beings are violently murdered every year... and it's legal.

Some may think the abortion issue is a weary topic and there is nothing left to argue. I disagree. This country was founded on liberty, freedom, and justice for all. The unborn should be respected as human beings and protected. Currently, the law permits a woman to get an abortion any time for practically any reason during her entire nine months of pregnancy.

There seems to be a widespread misunderstanding within society that the Supreme Court decision Roe v. Wade

state has a right, but not an obligation to restrict abortions. Most states only permit abortions if the pregnancy threatens the physical or mental health of the mother.

In Doe v. Bolton (1973) "health" was widely defined, in light of all factors: physical, emotional, psychological, familial, etc. A woman could have an abortion for any reason.

Pro-choice advocates seem to assume that unborn children are not fully human. Terms like "termination of pregnancy" and "extraction from the uterus" numb society to the violence associated with the reality of abortion.

The abortion license not only murders innocent children, it aids the destruction of morality in this nation. It damages every party involved, and corrupts relationships. It sets man against woman, mother against child, etc.

One argument pro-choice advocates promote is that women who want abortions will obtain them illegally. Placards and buttons with a drawing of a coat hanger symbolize the surgeries performed by "back-alley butchers," resulting in death or injury for many women. Pro-choicers exaggerate the number of women who had such abortions performed. Many claimed that a million women obtained illegal abortions each year prior to the Roe v. Wade decision, which resulted in thousands of deaths. This is a gross exaggeration. An abortion-rights group admitted that the number was actually 5,000-10,000 deaths each year. Although these deaths were tragic losses, this number cannot compare to the 1.5 innocent lives taken each year.

It is also untrue that so many abortions before the Roe decision were performed in back alleys. An article published in 1960 in the American Journal of Health reported that 84-87 percent of all

illegal abortions in 1958 were performed by licensed physicians.

Another persistent argument from the pro-choice side is that abortion is justifiable in the case of rape or incest. The argument is that the victim should not be reminded of the heinous crime committed against her, and that her mental health would be spared with an abortion.

Although my sympathies go out to the victims of these violent and disgusting crimes, an abortion doesn't solve anything. It only makes two victims instead of one. The child is not the attacker. The baby is just as innocent as the mother. Murdering an innocent child should never be justified to relieve emotional stress.

One of the most popular pro-choice arguments is that a woman has the right to control her own body, and she should have the right to an abortion for any reason she wants.

The child is not actually part of the woman's body. The fetus, although it is attached to the mother, has its own blood type, bone structure and genetic code. The child may be living inside the mother, but he or she is not part of the mother's body. The woman's right to her own body is not a strong enough argument to justify the murder of an innocent child.

I could continue, but I think my point is clear. Life is precious. Unborn children are the most defenseless human beings in the world, and they are less protected than endangered animal species. These children need respect and protection, and the right to live.



(1973) only allows

legal

abortion

tions up to

24 weeks, or

the first two

trimesters,

and after that

only to save

the mother's

life. In actual-

ity, abortion on

demand began with

Roe v. Wade. The decision

ruled that the state has

no right to prevent an

abortion during the

first six months of

pregnancy. This

meant that a woman

could abort her

unborn child for any reason she

wanted.

During the third trimester, the

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IN 1983 TO ADD TO STUDENTS GPA  
AND GENERAL DATING ABILITY.

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**#1 PEPE**  
Real applewood smoked ham and provolone cheese garnished with lettuce, tomato, and mayo.

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Medium rare choice roast beef, topped with yummy mayo, lettuce, and tomato.

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**#4 TURKEY TOM**  
Fresh sliced turkey breast, topped with lettuce, tomato, alfalfa sprouts, and mayo. (The original)

**#5 VITO**  
The original Italian sub with genoa salami, provolone, capicola, onion, lettuce, tomato, & a real tasty Italian vinaigrette. (Hot peppers by request)

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Layers of provolone cheese separated by real avocado spread, alfalfa sprouts, sliced cucumber, lettuce, tomato, and mayo. (Truly a gourmet sub not for vegetarians only... peace dude!)

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A full 1/4 pound of real applewood smoked ham, provolone cheese, lettuce, tomato, & real mayo!

**#8 BILLY CLUB**  
Choice roast beef, smoked ham, provolone cheese, Dijon mustard, lettuce, tomato, & mayo.

**#9 ITALIAN NIGHT CLUB**  
Real genoa salami, Italian capicola, smoked ham, and provolone cheese all topped with lettuce, tomato, onion, mayo, and our homemade Italian vinaigrette. (You hav'ta order hot peppers, just ask!)

**#10 HUNTER'S CLUB**  
A full 1/4 pound of fresh sliced medium rare roast beef, provolone, lettuce, tomato, & mayo.

**#11 COUNTRY CLUB**  
Fresh sliced turkey breast, applewood smoked ham, provolone, and tons of lettuce, tomato, and mayo! (A very traditional, yet always exceptional classic!)

**#12 BEACH CLUB**  
Fresh baked turkey breast, provolone cheese, avocado spread, sliced cucumber, sprouts, lettuce, tomato, and mayo! (It's the real deal, and it ain't even California.)

**#13 GOURMET VEGGIE CLUB**  
Double provolone, real avocado spread, sliced cucumber, alfalfa sprouts, lettuce, tomato, & mayo. (Try it on my 7-grain whole wheat bread. This veggie sandwich is world class!)

**#14 BOOTLEGGERS CLUB**  
Roast beef, turkey breast, lettuce, tomato, & mayo. An American classic, certainly not invented by J.J. but definitely tweaked and fine-tuned to perfection!

**#15 CLUB TUNA**  
The same as our #3 Sorry Chuckie except this one has a lot more. Fresh housemade tuna salad, provolone, sprouts, cucumber, lettuce, & tomato.

**#16 CLUB LULU**  
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**SLIM 6** Double provolone

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This sandwich was invented by Jimmy John's brother Huey. It's huge enough to feed the hungriest of all humans! Tons of genoa salami, sliced smoked ham, capicola, roast beef, turkey & provolone, jammed into one of our homemade French buns then smothered with onions, mayo, lettuce, tomato, & our homemade Italian dressing.

Dear Antelope Staff,

After reading your last two papers, I have been very aware of my surroundings as far as who will cross a line with my personal space. I regret to inform you that last Saturday I was walking my Boston Terrier, Buster down 2nd Avenue. We were walking slowly in the cold, minding our own business as we walked to get some coffee. He would trot five steps and look back at me, he was so adorable. Then, the unthinkable happened. As we crossed the street to the coffee shop, a creature you call Louie the Loper ran across the street and attacked both me and my dog. Buster fought a hard battle with Louie, he would paw at him as that dirty fighting antelope rammed its horns deep into the sides of Buster. "Yelp!" Buster ached as Louie stepped one hoof on the back of his neck. I yelled for help but the only person around me was a public safety officer who was too busy strip searching a girl in a red Saturn. Buster bit, scratched, barked, clawed, and chewed as the skirmish began to die down, but unfortunately, as the fight dies off, so did poor Buster. Louie did him in, he won the war as all I could do to help Buster was cry my eyes out. Louie looked up at me with his bloodthirsty eyes and I could tell he craved the blood of poor Buster. He took a bite right out of the rib of Buster, as the blood splattered all over my "U.N.K goes Hollywood" T-shirt. I ran to the curb as I couldn't take another second of seeing this, I will never forget the noises Louie made as I vomited in the gutter. It resembled the noise John Goodman would make if he had been eating chocolate syrup straight from the bottle. I ran home that day, and looked at old photographs of me with my poor Buster. Tears flooded the room and I know that he wants me to track that damned Antelope down and get justice. I would like to hereby submit my application to be a part of your search team to find and punish Louie, as he so carelessly did to my poor dog. May God have mercy on Louie's soul, as he is sent to burn in hell with the rest of God's most vial creatures, John Mayer, and Nickleback

With love and support.  
Cookie Jarvis

If you or anybody you know may be interested in joining the "Louie The Loper Search Team" (LLST), please take your credentials to the Antelope Office in the Mitchell Center.

**Please Include:**

**Name:**

**Height:**

**Weight:**

**Speed at which you run the mile:**

**Episodes of Dog the Bounty Hunter you've seen:**

**Single:**

**Measurements:**

Only serious applicants wanted. Be prepared for a real hunt down.

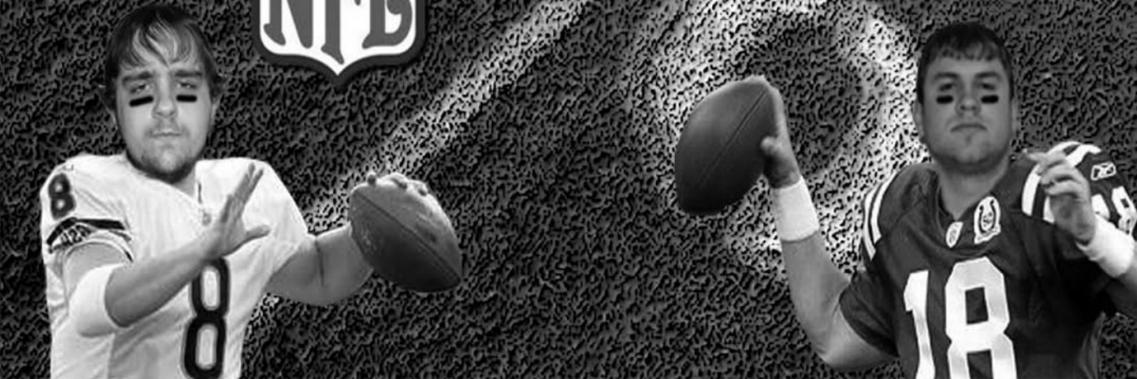
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**"YOUR MOM WANTS YOU TO EAT AT JIMMY JOHN'S!"**

# Cory and Eric TACKLE

the



# Bears Maul Saints

**Cory J. Helie**  
Features/Entertainment Editor

All season long, lighting my cigars and wearing my Bears t-shirt proudly every Sunday, and drying off with my Bears towel 117 consecutive times unwashed finally paid off Sunday when my 15-3 Chicago Bears rolled the New Orleans Saints like a sleeping bag.

I woke up early, put the smokies on the stove and broke into a six pack of Killion's like I had done when the Red Sox won the World Series two years ago. I sat in anticipation as the pre-game went down on FOX. I had heard earlier on ESPN that all of their professional football analysts had predicted the Saints to beat the Bears. But just like the 2004 Sox, the miracle on ice and Jack the Ripper, I didn't have no in my heart.

As the kickoff sailed toward the end zone at Soldier Field, I remembered the great

Bears fans of the past, a hula hips of Chris Farley alongside of Michael Jordan, George Wendt, and Mike Meyers in the SNL skit, I saw the sweet cheeked Mike Ditka smiling at me as he held up the last Super Bowl Trophy the Bears won mere hours before I was born.

As Robbie Gould racked the first points on the board by kicking a field goal, total confidence ran through my body, and I had a feeling deep inside that my body that my strong mammal friends would stomp on those silly Catholic figures of Christ.

Touchdown after touchdown Chicago crushed any dream the hurricane stricken city had of any Super Bowl dreams after the tragedies they went under. I do feel bad, I wish they would have better luck, but if they want to win a championship, they should do it in a sport I don't care about, like Women's anything.

As far as the middle quarters and end of the game are concerned, as you need to know is that the Bears were racking up points about

as quick as they were picking up fumbles. The game flew by and the Bears came out with the victory and cashing in their ticket to go to Super Bowl XLI with a 39-14 victory over the New Orleans Saints.

An interesting fact concerning Bears' Coach Lovie Smith is that he is the first African American to make it to a Super Bowl game. Hours later Colt's coach Tony Dungy made his way into history books as the other first African American coach to go to the Super Bowl.

So folks, I suggest you buy yourself some bean dip, a case of something cold and get comfortable, because the Super Bowl you are about to witness on February 4th will be a mean one. The Bears, with one of the most fierce defenses we've seen in years will be facing off against Peyton Manning and his golden arm. Be prepared to see a few hundred yards thrown by each quarterbacks and watch the Bears force several turnovers. Above all, have fun and be safe.

# Manning Magic

**Eric M. Korth**  
Antelope Assistant  
Managing Editor

**Peyton Manning**  
has set a laundry list of records

in his nine years as a pro quarterback, but two things have eluded him for years; a postseason victory over Tom Brady and the New England Patriots, and playing in a Super Bowl. No longer does Manning have to wait to add these to his pro resume.

Manning, along with the Indianapolis Colts, stunned viewers after coming back from a 21-6 deficit at half-time against the Patriots last Sunday. Sunday marked Indianapolis' first postseason victory over New England in what appears to be a newly created rivalry.

New England led the entire first half. Their first score came halfway through the first quarter, off of a fumbled hand off between quarterback Tom Brady and running back Laurence Maroney. The ball was fumbled into the endzone where left guard, Logan Mankins, recovered it for the touchdown.

The Colts were held scoreless until less than a minute left in the first quarter, when Adam Vinatieri drilled a 42 yard field goal.

The Patriots reached the endzone twice in the second quarter, scoring off of a seven yard run by Corey Dillon and an interception return for a touchdown by Asante Samuel.

Vinatieri connected one more time from 26 yards to put the score at 21-6 at half-time.

The second half was a lot like watching a heavyweight boxing match, with both teams throwing their best punches.

Indianapolis came out roaring in the third quarter, putting up 14 points in the first 11 minutes. The Colts scored off of a one yard run by Manning, and a one yard pass from Manning to Dan Klecko.

New England scored with a little over a minute left in the third to head into the final quarter leading 28-21.

The fourth quarter will go down in AFC Championship history, as both teams battled to make it to the pinnacle of the NFL season, the Super Bowl.

Indianapolis struck first, in a similar fashion to New England's first touchdown, by scoring off of a recovered fumble in the endzone. This touchdown tied the score at 28, with a little over 13 minutes left to play.

Both teams kept exchanging blow after blow but only coming away with field goals. Finally New England put up their last points with just under four minutes left in the game and left it up to their defense to seal the victory.

The Colts started on their 20 yard line, but went 'three and out' and was forced to punt the ball and rely on their defense to stop the Patriots. With everything on the line, that is just what they did, forcing New England to punt after three plays.

With 2:17 left on the clock, and 80 yards away from victory, Manning architected a drive that will be remembered for years to come.

Manning completed three of four passes for 57 yards, but it was a roughing the passer penalty against the Patriots that pushed the Colts inside New England's red zone. From there on out it was all Joseph Addai, Colts running back, who carried the ball three times and finally punched it in from three yards out to go ahead of the Patriots, 38-34.

The victory over the Patriots launched the Colts into Super Bowl XLI. The Colts will face off against the brutal defense of the Chicago Bears on Feb. 4, 5 p.m. at Dolphin Stadium in Miami.



# Local Performer Shines

**Mitch Lauby**  
Antelope Guest Writer

David St. Romain (DSR), 28, of Baton Rouge La., has made it as one of the last seven finalists on USA Network's "Nashville Star." The television series showcases hot country performers in an "American Idol" format.

St. Romain has performed in the Kearney area over a dozen times. With shows at Maxwell's Live and Copperfield's in Kearney, DSR has also performed in McCook and Lincoln. He has been performing in Kearney since 2002, and enjoys every visit here.

The Cajun native said, "I love coming to Kearney, I never felt out of place. Ya'll make it so easy for me to fit in."

Since DSR's last visit to Kearney, he has married his long-time girlfriend, and has fathered his first daughter, Bailey. "They are my life, and none of this would be possible without them," St. Romain said. "The support that my wife Elizabeth gives is a completely remarkable."

Nashville Star is hosted by Jewel and Cowboy Troy with such distinguished judges as Blake Shelton, Anastasia Brown and Randy Owen, the lead singer for super group Alabama.

"It's hard not to be intimidated by such big names, but I've performed in front of crowds of 4,000

people before, and there are only 1,000 in the studio, so I am fairly comfortable up there," St. Romain said.

DSR started performing in local bars as a teenager. With the release of his first album titled DSR, his career has taken him through 20 states and about 150 shows per year. In 2006, DSR accomplished having his first song published, and continuing on his road to success he is currently



Courtesy photo: David St. Romain pictured above poses with his guitar.

rently writing with many of Nashville's hit songwriters.

DSR has kept many ties to the area and is a supporter of Kearney businesses, "I actually have Intellicom, a Kearney based compa-

ny hosting my Web site," St. Romain said. "I met Shane Freeman at my first show in Kearney, we've become great friends, and now his company is hosting my site. I flew him down here to Nashville to view one of the live Nashville Star performances for all of his hard work on my Web site."

St. Romain said, "All the awesome people and the great memories I have in Kearney makes me want to come back. I actually miss late night Amigo's, and I haven't had a good steak like Whiskey Creek since I was there last."

DSR hopes to return to the Kearney area sometime soon. "Obviously my first priority right now is being a father, and then Nashville Star. But I would love to get Kearney back into my rotation. Maybe even a Comstock performance would be awesome," said St. Romain.

Nashville Star airs on Thursday nights at 9 p.m. on the USA Network. DSR is down to the final seven, and all the performances are on live television. The American public does the voting after the show to see who will be eliminated the next week.

To find out more about David St. Romain, visit his Web site at [www.davidstromain.com](http://www.davidstromain.com) or vote for him at [www.usanetwork.com/series/nashvillestar](http://www.usanetwork.com/series/nashvillestar).

# What society feels is right for the United States

**Joseph Chad Borowski**  
Antelope Staff Writer

Do you remember recess during grade school?

The playground was always split up into different groups of kids.

You had the quiet kids, who seemed indifferent and never tried to stir up any problems with anyone.

There were also the bullies, who picked on the quiet kids.

The bullies didn't like the kids who were different from them and differences between them were not tolerated.

There were also the good kids that stood up to the bullies and never let them get out of control and hurt the other kids.

Look years past grade school and you might see that the world hasn't changed all that much.

The playground is bigger, the bullies are stronger, but the good guys are always there to make sure nobody gets out of control.

Exclude your feelings toward the war in Iraq for a second, because that is not

what the topic is about.

The war I want to talk about is the war on terror; the war on people who murder the innocent.

The main question to ponder is how can you tolerate the life of someone who cannot tolerate the lives of others?

If terrorists will not let other people live, then what right do they have to live?

Do you remember a political leader who was in charge of Germany during the early 1940s?

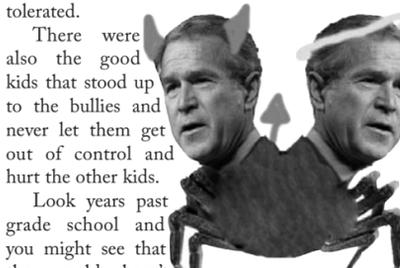
With a little bitty mustache and an extreme prejudice toward the Jewish faith, Hitler was indeed one of the worst bullies of all time.

Saddam Hussein also had a strong dislike for the Kurdish and Turkish population in Iraq.

His murdering of innocent people from those two groups eventually led to him being found guilty of crimes against humanity, and he was sentenced to death.

So why all the bad international relations toward the United States?

Aren't we fighting against terrorists who hate the same way that Hitler and Hussein did?



**Join Our Team...And make a difference. Work in Kearney...**

Mosaic's mission is to serve and advocate for people with disabilities. Mosaic promotes a strong customer service ethic and seven core values: **Integrity; Safety; Respect; Personal Growth; Quality; Stewardship; and Community Involvement.** Currently we are searching for people who are responsible and caring to work in Kearney. We have full or part-time positions available working in the evenings and on weekends. Stop in, e-mail or call for an application!

Contact: Melissa Williams  
(308) 995-8652 or 743-2401  
[Melissa.Williams@mosaicinfo.org](mailto:Melissa.Williams@mosaicinfo.org)

**Apartment – Style Living comes to UNK!**

If you are considering signing up to live in one of the new state-of-the-art halls, please plan on attending the following assigned signup time at—

**The Office of Residential & Greek Life  
Conrad Hall**

**Monday, February 19, 2007 – Graduate Students and Seniors Only**  
**Tuesday, February 20, 2007 – Juniors Only**  
**Wednesday, February 21, 2007 – Sophomores Only**  
**Thursday, February 22, 2007 – Freshmen Only**  
**Friday, February 23, 2007—Off Campus Students**

For further questions, please call 308.865.8519

# New UNK Space For Rent: Available Fall 2007

## First of new apartment-style housing to be ready this fall



Photo by Jill A. Kempf  
Come wind, come rain, come sleet and snow, the progress on the new housing facilities will not slow. With the move-in date set for Fall 2007, the naming process for the now visibly progressing apartment style residence halls is in full swing.

Kyle A. Petersen  
Antelope Staff Writer

What used to be a giant hole on the eastern edge of the University of Nebraska at Kearney campus may soon be the most coveted residence hall for students living on campus next semester.

At an informational session held Thursday, Jan. 18, in the Randall Hall lounge, Gail Sims-Aubert, assistant director for staffing and program development for Residential and Greek Life, highlighted the features and costs of the first of the three apartment-styled residence halls being constructed.

Presently referred to as Building C, the first residence hall will be available for students to move into during the fall, while Building A and B are expected to be completed in August 2008.

A letter regarding the selection process for the new residence hall will be sent on Feb. 5 to every student currently living on campus, and contracts and coordinating booklets will be available to pick up at the Office of Residential and Greek Life on Feb. 12.

Sims-Aubert dispelled any notion that students will be randomly selected to live in the new residence hall.

"There's been a lot of speculation that it will be a lottery system. That's not the case. We're going to do it much like we do course registration here at UNK," Sims-Aubert said.

The students will be divided into blocks based on their class standing and the last four digits of their Social Security Number, and on Feb. 19, the first groups of students will be able to sign-up for the new residence hall.

Students will sign a nine-month contract, though if a student is enrolled in at least one summer class, he or she can opt to reside in the building for an entire year.

Located where Ludden Hall used to stand, Building C will feature 20 two-bedroom units and 30 four-bedroom units. The cost for a two-bedroom unit is \$2,100 per semester per student and \$1,900 for the four-bedroom units.

"If you look at the prices for our new apartment-style living complex, they're really quite comparable," Sims-Aubert said. "They should run at 15 percent more than our traditional living spaces."

Sims-Aubert said students in a traditional residence hall such as

Randall Hall pay \$1,450 per semester for a double room, and a single room next semester will rise to \$1,950.

In some ways, Building C will mirror current residence halls in that there will be study rooms, floor lounges, community kitchens, a computer lab and laundry facilities. The apartment units will also feature cable jacks and high-speed Internet connections in both the bedrooms and the commons areas.

In addition to the individual temperature control, another unique aspect of Building C that Sims-Aubert mentioned was the locks for the bedrooms. When leaving their bedrooms, tenants will be able to lock their rooms with a touchpad, and only they and their residence hall director will know the password.

Approximately 8 feet by 12 feet in size, the bedrooms in the new residence hall will be supplied with an adjustable height bed that will be able to be raised to serve as a loft. The carpeted rooms will also include a desk, desk chair, dresser, closet and window coverings.

While rooms in traditional residence halls such as Mantor Hall are measured at 11 feet by 17 feet, Sims-Aubert said bedrooms of Building C are adequately sized because "that's not the only living

space that you have."

The other living space Sims-Aubert was referring to is the commons area, a central room approximately 9.5 feet by 15 feet. She said the commons area will feature a sofa, chair and an end table. Similar to the bedrooms, the carpeting and window coverings for the room will be supplied.

Connected to the commons area will be a kitchen area 9.5 feet by 5 feet. A refrigerator, microwave and an island with counter stools will be included.

Despite the appliances in the kitchen area, Sims-Aubert was quick to point out that students living in the new residence hall will still be required to purchase a meal plan.

"One of the questions I get a lot is whether or not you have to maintain a meal plan. The answer to that is, 'Yes, you will,'" Sims-Aubert said. "We are not in the business to compete against our university dining provider, and the kitchenettes that are supplied within the units themselves are not set up to be a full kitchen. They are set up to compliment your meal plan."

After listening to the costs and features of the new residence hall, Landon Hoffman, a freshman from Red Cloud, Neb., said he will probably apply to live in Building C. He

cited the space and the kitchen area as the benefits that are persuading him to apply.

"[The rooms] are going to cost a little more, but I don't think it's that bad for what you're getting," Hoffman said.

Katie Langenfeld, a sophomore from Omaha, Neb., agreed with Hoffman that the space of the new residence hall units was a major benefit of the new residence hall.

"I thought the [new residence hall] sounded really nice. I'm getting kind of sick of the smaller dorms and the bigger ones sounded really interesting to me," Langenfeld said.

Though she said she wished the bedrooms were slightly bigger, Langenfeld said the location of the new residence hall is the most attractive quality of the building.

Regardless of what influences students to apply for a room in the new residence hall, Sims-Aubert said the new building may fill a void that some students possibly see in the current residence halls.

"We love our traditional halls, but know that this is the living experience that many of our residents want to have," Sims-Aubert said. "It affords a little more independence, a little more freedom, and we're definitely excited to see the buildings be occupied in the fall."

## Public Safety Crime Reports

- 1-15-07
  - Hit and run accident reported.
- 1-16-07
  - Two vehicle accident in Lot 12.
  - Multiple vehicle accident on 29th St.
- 1-17-07
  - \$10.00 change reported stolen.
- 1-19-07
  - Suspicious activity and sexual harassment by male. One year trespass warning given.
- 1-21-07
  - Attempted theft of two bikes from impound lot. Theft and trespassing citations given.
  - Public safety cruiser backed into side of facilities garage causing damage to the vehicle and garage door.
  - Complaint of disrespectful treatment by Public Safety officer.
- 1-22-07
  - Cell phone reported lost.
  - Verbal harassment of Kearney Cab Company driver.

Please be sure to be especially careful when parking in the snow removal lots on campus.

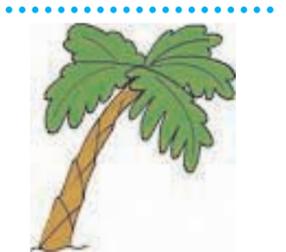
- Park between the yellow lines to allow plenty of room between cars.
- Pull forward in the stall to leave enough room in each row.

Thanks for your cooperation!  
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Public Safety and Parking Services



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# Theater Students "Break a Leg!"

Sarah E. Schreiter  
Antelope Staff Writer

This week, nine students from the University of Nebraska-Kearney are competing at the Kennedy Center American College Theater Festival for Region V in Ames, IA.

Students from Nebraska, Iowa, Kansas, Missouri, South Dakota, North Dakota, and Minnesota come together each year to compete and to corporately learn more about the different areas of theater.

UNK theater professor Janice Fronczak says, "In such a small town, we feel like we're in a vacuum...[but the festival helps us in] knowing that theater is prospering and to feel like we're connecting to that."

Each calendar year, UNK chooses two mainstage plays to be entered at KCACTF. A respondent from KCACTF's Region V

will travel to Kearney to watch the production, give feedback to the actors, director, and technical crew, and will nominate one of the actors for a place in the Irene Ryan acting scholarship competition.

This year's production of "Goodnight Desdemona (Good Morning Juliet)" by A.M. MacDonald is a participating entry, and will have the chance of performing at next year's festival.

Brandy Fish and Andrew Nelson were nominated for their roles in last spring's production of "Antigone," and Ashley Kobza and Stacey Wood were nominated for their roles in the musical "A Little Night Music."

Each nominated actor pairs with another actor from UNK to compete with scenes that they select and rehearse themselves.

Brandy Fish and Chance Hartman performed scenes from "Danny and the Deep Blue Sea" by J.P. Shanley, "A Midsummer Night's

Dream" by W. Shakespeare, and a monologue from "My Mother's Hands" by J. Fronczak.

Ashley Kobza and Joseph Knispel performed scenes from "A Different Moon," by A. Watson, "Minna and the Space People" by W. Hammond, and a monologue from "Moving" by L. Kolcheim.

Andrew Nelson and Jordan Litherland performed scenes from "The Boar" by A. Chekov, "Feeding the Moonfish" by B. Weichmann, and a monologue from "Defying Gravity" by J. Anderson.

Stacey Wood and James Jelkin performed scenes from "A Doll's House" by H. Ibsen, "A Midsummer Night's Dream" by W. Shakespeare,

and a monologue from "The Big Funk" by J.P. Shanley.

Takashi Morimoto is attending the conference to show his costume designs from "Antigone" and "Gone Dancing" from last year's dance concert. Morimoto's designs from "Antigone" will compete for the Barbizon Awards for Theatrical Design Excellence

The festival not only hosts prestigious competitions for aspiring theater students, but gives them the opportunity to attend workshops in any specialization of theater.

A showcase of the actors' performances and Morimoto's designs was held Saturday in the experimental theater of the Fine Arts Building.



Photo by Sean Takahashi  
Brandy Fish, Chance Hartman, Ashley Kobza, Joseph Knispel, Stacey Wood, James Jelkin, Jordan Litherland and Andrew Nelson will participate in the theater festival.