



THIS WEEK

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Parker, Thissen have athletic, academic presence. **Sports**

TIMES TALK

Friday, Feb. 5 at 12:15 p.m.
"Who is Afraid of Vera Muchina"
Victoria Goro-Rapoport
Fireside Lounge, Student Union
Free pizza and pop

PINK TRIANGLE TRAINING

Tuesday, Feb. 2
3:30-5:30 p.m. & 6-8 p.m.
Dr. Matthew Mims
Queer Straight Alliance
Ponderosa Room, Student Union



From Seaside Heights to Cornfield Heights

MTV's popular 'Jersey Shore' inspires imitation, fist pumping

BY RYAN LARSEN
Antelope Staff

Seaside Heights, N.J., always a summer hot spot on the East Coast, is now better known as the location for MTV's hit reality show "Jersey Shore."

The show follows eight young adults who live in a beach house, a simple and somewhat unoriginal premise. But it's the unique personalities of the cast members, the self-proclaimed guidos and guidettes, that have made the show a sensation. The show features boozing, brawling, binge-tanning, hair-gel loving, over-the-top characters, and as a result the country has fallen in love with the Seaside Heights subculture.

Halfway across the country in Kearney, students at UNK watch the show regularly. "I watch it whenever it's on, and so do the



Photo by Ryan Larsen

UNK seniors Dusty Ayles, Steve Wolf and Justin Hoehner fist pump at The Loft. The simple dance move has recently been made popular by the MTV show "Jersey Shore."

THAT'S REALITY, PAGE 11

Textbook rentals offer options for students, bookstores

BY KELLI WALTERS
Antelope Staff

The College Store is taking a new approach with textbooks this semester now offering a rental option on select textbook titles. This service was created to help cut out some of the already expensive costs college students face every semester.

According to manager of The College Store, Len Fangmeyer, about 250 different textbook titles were available for rental this semester. "Students chose to rent the

"The rental system is our way of competing with companies that sell books for cheaper on online sites."

Len Fangmeyer
The College Store manager

needed textbook over buying it, if the choice was available," Fangmeyer said.

Options for rental are determined based on the national demand of the text-

book throughout the whole company. Books can be recycled for classes on campus or elsewhere. If a book is discontinued, then the book could be shipped to another College Store where it would be used.

Fangmeyer said more textbooks could be available to rent next semester depending on the faculty members getting their book orders and requests in on time to the bookstore. This helps the bookstore locate

RENT VS. BUY, PAGE 2

the antelope

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Get your money back faster

*IRS offers eligible students free electronic tax filing***BY DEANN REED**
Antelope Staff

Good news from the IRS?

Students may be eligible for a free electronic filing of their 2009 tax return. Taxpayers whose adjusted gross income is \$56,000 or less will qualify for the free e-file. The e-file is made possible due to the partnership with the Internal Revenue Service (IRS) and the Free File Alliance LLC, a group of private sector tax software companies.

Most tax Web sites offer easy step-by-step instructions, and filers can receive their federal return in as little as 10 days. Web sites like Turbo Tax walk the participants through federal tax forms, do all the math calculations, and the tax payers receives a confirmation with 48 hours that the IRS has accepted their tax return. The biggest benefit using these online tax services is the accuracy they provide.

While many tax Web sites offer the free federal e-file, the state filing may not be free, so check. Last year tax professionals filed over 62.3 million individual tax returns of the 95 million total e-file receipts.

The IRS Web site provides taxpayers with online e-file information. Unlike most tax professionals, these sites are accessible 24 hours a day, seven days a week. They even offer advice on federal tax forms that taxpayers will need to file their taxes.

Many of the online tax Web sites can even file complicated tax returns. Businesses, corporations with LLC status, and tax payers who own investments and rental properties may want to check out the online e-files. Most Web sites offer



Photo by DeAnn Reed

Sophomore Tashia Anderson sits in the library lounge and checks her Facebook account. The premed student from Burwell said her dad files her taxes for her.

their customers IRS audit support.

Assistant store manager for the Antelope bookstore, Craig Nelson, said he has known about the online e-file but said he uses agencies like H&R Block to file his taxes. He said his parents have been filing their income taxes this way for years.

Nelson is not the only one following parents' advice. Senior Jake Hanshaw an organizational communication major, from Beatrice, said his parents use H&R Block too. He said that only problem he has ever had filing his taxes

was when he did his state taxes over the phone. He said, "...it was a big hassle."

Students who are interested in filing their taxes online can log on to the IRS site. The site has a list of online companies that provide the free e-file services and can answers many questions that

students may have. (<http://apps.irs.gov/app/freeFile/jsp/index.jsp>).

The deadline to file income taxes is April 15, but if students are interested they can file their taxes early online, beat the deadline and ideally get back money sooner.

Most tax Web sites offer easy step-by-step instructions, and filers can receive their federal return in as little as 10 days.

Rent vs. Buy from page 1

and decide on the demand of the book, to then determine if students will have the option to rent or buy.

It is no secret that online textbook purchasing has become a huge hit for students. "I am fully aware that students find ways around the high prices of textbooks. The rental system is our way of competing with companies that sell books for cheaper on

online sites," Fangmeyer said.

John Matson, a junior Kearney computer engineering major rented half of his books this semester. "I probably will not rent my books again next semester for the fact that some used books are as cheap, if not cheaper, to buy and you still get buy back money at the end of the semester. If you do not receive the buyback

money you feel is reasonable, then you can sell them to places online that give you more."

Matson said other factors make buying a better option. "Also with renting, if you do not have the book back by the last day of finals you will be charged the remaining price of the book along with a 10 percent processing fee for a new book."

Most modern planetarium between Chicago and Phoenix

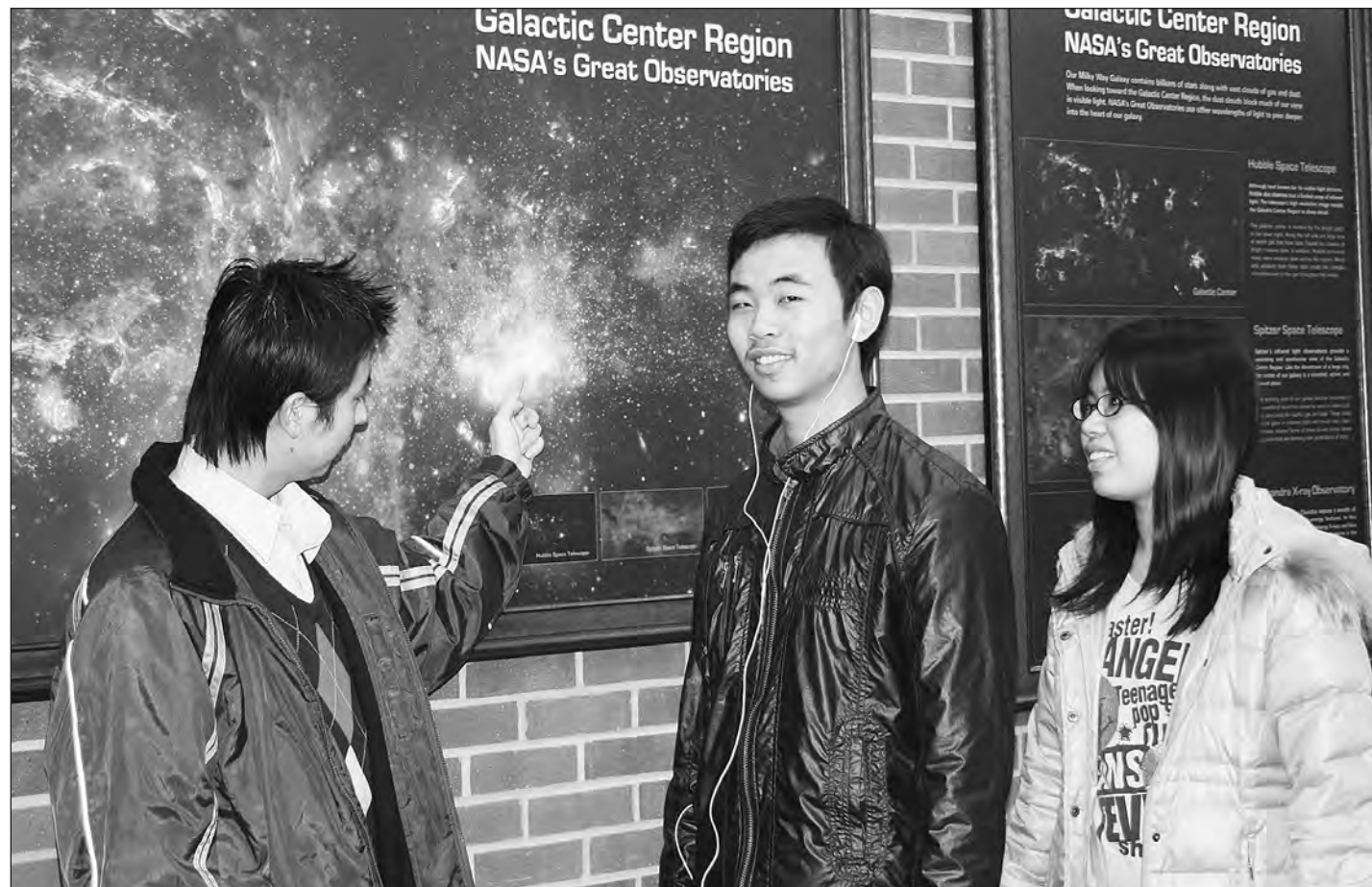
UNK's new planetarium now open to the public

The UNK Planetarium features a state-of-the-art projector, the Zeiss Skymaster ZKP4, which was funded by a generous NASA education grant. Each of the 7,000 stars is individually projected on the dome with fiber optic technology. The space and time functions of the projector are completely computer controlled. We can navigate to any place in the world and any date in the past or future with the push of a button. The planetarium also features a movie theater surround sound system. As an added treat, the red/blue/green LED lighting system will allow an infinite variety of lighting moods to enhance the star shows. Lastly, a behind-the-scenes computerized control system will integrate the various technologies into a cohesive star theater. The UNK Planetarium is currently the most modern planetarium between Chicago and Phoenix.

Information from www.unk.edu



Physics professor Dr. José L. Mena-Werth is the director of the state-of-the-art planetarium, which provides students and community members a sneak peak at the celestial world.



UNK students Tomonoba Aozasa, Hao Lan and Masami Morizono get a little galactic insight before a celestial session in the planetarium. The planetarium is Nebraska's newest star theater.

Photos by Alex Morales



LEFT: The lobby of the planetarium features Nebraska's only Foucault Pendulum. The apparatus was used in one of the first experiments that demonstrated Earth's rotation. RIGHT: The planetarium is visible through floor-to-ceiling windows in Bruner Hall. The large room housing the planetarium remains lit throughout the night, giving it a glow similar to the one seen here.

CHECK IT OUT

Upcoming shows:

Feb. 5: Star Stories
Feb. 12: Star Stories
March 5: Planetarium on Parade
March 12: Planetarium on Parade
April 2: Star Stories
April 9: Star Stories
May 7: Planetarium on Parade
May 14: Planetarium on Parade

Admission is free, though donations of dry or canned food to the local food pantry are welcome. All shows begin at 7 p.m. If seating capacity is exceeded, an encore show will begin at 8 p.m. Tickets are handed out on a first come, first serve basis.

Should they really put a ring on it?

Measuring the value of promise rings , plus the real meaning behind them

BY EMILY WEMHOFF
Antelope Staff



What is the deal with women and jewelry? Not all women are obsessed, but the percentage is high. I have never been a big jewelry fan. I'll wear an occasion necklace and small studded earrings here and there, but enormous "bling" has never really interested me.

However, during Christmas break, my boyfriend of two and a half years gave me a promise ring. Now don't assume things. Saying I'm not a huge fan of jewelry doesn't mean I didn't like it. I loved it! It's beautiful and definitely something I will wear every day, not just because it looks good, but because of the meaning and the symbol that it represents. It's a promise that some couples seem to mistake.

Many couples seem clueless on the meaning of a promise ring. For example, a while back, a few of my friends kept asking

me why I didn't have a promise ring yet. I just replied that we weren't ready for that kind of a commitment. My friend tried explaining to me that she received one on her one-year anniversary. She was pretty convinced that promise rings should always be given on one-year anniversaries.

However, today, she and her boyfriend are no longer together, and she has a meaningless ring to keep in her jewelry box for years to come. I learned from her example that promise rings don't need to be given out just because you and your significant other have been dating for so many days, months or years. Wait to give or receive one until there is a true promise of marriage in the future.

Many girlfriends wait patiently to receive that promise, but there are those whose patience runs thin and therefore,

they desperately take matters into their own hands. To start off, there is the basic strategy of subtle hints. For example, women will drag their man to the mall for a day of shopping and spend the whole time commenting on beautiful rings in the jewelry store windows. It's a simple strategy, but can be very effective. There is also the tactic of leaving pictures of promise rings up on the boyfriend's computer screen. It's obvious, but still not screaming, "desperate girlfriend" as much as the next example.

Sometimes patience runs thin when waiting to receive a promise ring—really thin. I know of a girl who bought herself a promise ring, gave it to her boyfriend, who wrote out a check to pay her back,

and handed the ring back to her. This strategy is for those who are extremely desperate, but it does work if all you want is the ring. While I don't recommend try-

ing any of those tactics, I do recommend reevaluating the meaning of a promise ring. Actually, take time to reevaluate the meaning of engagement rings, wedding rings, etc. Often times it seems like the actual ring is more important than the meaning itself. When a woman gets engaged, the first thing I always hear is, "Oh! Let me see the ring." It's interesting how we sometimes judge the quality of a relationship or a future marriage by the size or the value of the ring.

The value of my promise ring isn't worth much when it comes to money, but the value of its actual meaning is something I can't put a price on.

Anybody can get one, but how many girlfriends receive a promise ring with an actual promise? There is no rule that a promise ring should be exchanged on a couple's one-year anniversary. There is not a right or wrong time, just the right two people ready for that stepping stone. So if you're the boyfriend looking for the ring, or the girlfriend waiting for it, remember, never make a promise you can't keep.

Anybody can get one, but how many girlfriends receive a promise ring with an actual promise?

See the video
online at
unkantelope.com

An internship at NBC Universal

With a location in New York City and the opportunity to meet cast of 'The Today Show,' competitive internship worth every minute

BY JUSTINE AGALOOS
Antelope Staff



Last semester I went to New Jersey for the summer and decided to stay for the fall semester at another school. It was one of my last semesters, and I wanted

to make it worth the stay.

I had been looking for a temporary job, but all the stores I applied to were not hiring. I stayed unemployed for a couple of months until one of my friends suggested to apply for an internship. She gave me a list of Web sites to apply to, and luckily I was near New York City which helped broaden my choices.

I really always wanted to work for was NBC Universal. I went to their Web site to apply for an intern-

ship while thinking they would not hire me. I did not think I had anything to offer to their worldwide company, thus I shrugged it off. A couple days later I received an e-mail from NBC's campus relations team. I was really excited they wanted to interview me. After talking to a representative on the phone, she suggested I work for Oxygen the women's network founded by Oprah and Geraldine Laybourne. I would work in their Digital Media and Marketing Department for their Web site.

The next few weeks went really fast; my orientation was at 30 Rock (Rockefeller) one morning, and while I passed by I was able to meet the cast of "The Today Show." I was happy to meet Matt Lauer, Al Roker,

and the other leading cast members.

During my orientation I learned 7,000 students had applied and 400 were hired. It was interesting to meet the other students; most of them came from Columbia University, New York University and the New York area. We were all split into different departments from "Saturday Night Live," "Late Night with Jimmy Fallon," the Olympics, "Access Hollywood" and various sections. I was pleased to meet my other co-workers and I wanted to start working as soon as possible.

On the job I worked with the editorial coordinators to upload content and modify Oxygen's Web site. I wrote for their weekly column "Obsessed" about topics that interested

During my orientation I learned 7,000 students had applied and 400 were hired.

Sudoku ★★☆☆☆

How to play:

Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

4		6				8		7
	7		6		8		4	
2			3		4			5
		8	2		5	3		
		1	9		7	4		
1			4		6			3
	5		1		3		7	
3		4				5		9

Staff, students remember Dr. Martin Luther King, Jr.

BY JESSICA KENYON
Antelope Staff

On Aug. 28, 1963, Dr. Martin Luther King, Jr. stepped behind a podium situated in front of the Washington Memorial. As he looked upon thousands and thousands of patrons holding their breath to his every word, he delivered one of the most memorable speeches in the history of the United States. King's "I Have a Dream" speech has been immortalized through the ages as words that will never die in the ongoing fight for equality in the United States.

King made it his life's work to personally see that blacks were seen in the same light as whites in America. He was cursed, spit on, abused and threatened both personally and for his family, but the threats didn't stop him from working toward equality.

As many had feared, King paid the ultimate price fighting for that equality—losing his life to gunfire on April 2, 1968.

Some believe that King's dream of equality will never come true. Changing

laws for equality is one thing, but you cannot change people's personal opinions because they have a right to them. Racism of any kind will be passed down from generation to generation. It is up to individuals to stop it, but that is over six billion people. No idea what you are indicating?

Others believe that we have made a substantial amount of progress. I heard someone say, "We have a black President now." Does having a black President eliminate all discrimination and racism throughout the world?

To what extent has King's dream panned out? Did this nation rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal?" According to the laws, yes. Do children now live in a nation where they will not be judged by the color of their skin, but by the content of their character? According to some people, no. The realization of King's dream of equality only comes down to what each person believes, and anywhere you go there will be different opinions.

Do you think King's dreams have been realized today?



"I think we have made great strides toward equality, but as a nation we have a long way to go... Hopefully our children will teach their children to consider the whole person, not just one factor."

Cheryl Bressington
UNK director of human resources



"I don't believe King's dream has been realized today, just because there are still hate crimes and discrimination out there."

Whitney Ashburn
Junior, family studies
North Platte

Career counselors find your perfect major

BY HEIDI ENGLAND
Antelope Staff

As most of college students begin their college careers, they have no idea about what they want for a major. Some who do know exactly, end up deciding on something else. Then there are the rare few who DO know exactly what they want to do, and stick with it.

If you are one of those who are undecided, consider your interests, skills, values and personality. This will enable you to succeed in the major you end up choosing. Then, you can go to various UNK services for help.

UNK offers a career assessment available to students who are undecided. "You can talk with an advisor and/or career counselor to discuss the results to see what major would be right for you," said Megan Friesen, an advisor in Student Support Services.

"One of the best things we do is just talk to people," said Amy German, assistant director, Academic Advising. "We can get a feel of what areas they're interested in just by talking to them."

"There's a lot of students that pretty

DREAM IT! PLAN IT! DO IT!

- ▶ Go to <http://careers.unk.edu>
- ▶ Click on Career Assessments
- ▶ Select **Site ID**
- ▶ Enter: **Site ID** 0099547 **Password** kearney
- ▶ Choose **Choices Planner** to take Interest Profiler (highly recommended)
- ▶ Choose **Choices Explorer** to research careers and colleges
- ▶ Bring your results to Career Services to review with a Career Counselor
- ▶ Career Services: 140 MSAB 865-8501

much know what they want to do," said Bridgette Swenson, advisor, Student Support Services. "Some feel bad about not knowing, but I tell them that it is OK."

"When deciding on a major, look at both the pros and cons of each major and what's involved with each one. Look at the aspect of which one you'll be most happy with and not the financial aspect," Swenson said.

If you want to know what jobs you could get with certain majors, you can go to www.unk.edu/offices/careerservices.aspx?id=1350. This link will provide you with a list of all the majors and will tell you what jobs you can get as well as more links to provide you with further information.

When choosing a major, make sure that it is one that will make you happy. Be-

See the video
online at
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ing happy with your major will result with you being happy with your life and your job. If you aren't sure whether you will like the major, you can take an introduction course to see if it's right for you.

"Don't do something your parents and/or friends want you to do unless you really want to," Friesen said. "Be open to trying something new. You never know what doors it could open."

"We want students to talk to faculty members who design the program of study and/or helped develop the program," German said. "Shop the undergraduate program like it's your Christmas list."

UNK offers many resources available to students such as Academic and Career Services. There are other resources such as job shadows, field experience, volunteering and internships to help you diversify your career and set you apart from others with the same major.

Just remember, "What you get out of your college degree is more than just what your major is," German said.

Young team soars, sets goal

'TOGETHER WE ACHIEVE'

BY TRAVIS BORCHARDT
Antelope Staff

TWA—to some people this is a familiar acronym that stood for a company dedicated to helping humans achieve the humanly impossible, to soar over previous expectations and fly to any destination imaginable. To the UNK women's basketball team, TWA means essentially the same thing. No, not Trans-World Airlines, but rather "Together We Achieve."

The women's basketball team is an admittedly young team. According to Megan Becker, a senior advertising major from Beaver City, "We are improving every game, which is good." Not only do the Lopers have a young team on the court, they have a new face on the bench, coach Fredrika (Freddy) Yalden. "Coach Yalden brings great insight to the post position



MEGAN
BECKER

which helps a lot," Becker said. "She brings enthusiasm to the team."

Becker describes head coach Carol Russell as a defensive minded coach who pushes the team to not give up and to keep on their opponents. "We want to be aggressive on defense which will, in turn, fuel our offense," Becker said. "We do use the 'underdog mentality' to our advantage going into games. We have nothing to lose, so really, we can just go out and play."

The Loper ladies began the season with a goal in mind, win the RMAC. They will not be in a position to do that. They can, however, still get to the tournament if they stay where they are in the standings. The Lopers are currently ranked fourth in the eastern division of the RMAC, which would qualify them for the tournament.

The next Loper home game will be on Jan. 30 at 1 p.m. "This is where, literally, every game counts," Becker said, "This is where we have to put it all together and win." This is where TWA, teamwork, will be the key to the Loper success.

WWW.LOPERS.COM

Keep up with your favorite Lopers athletic teams at www.lopers.com. Subscribe to the newsletter, watch live statistic updates, listen to live audio, browse photo galleries, read news stories and game summaries, meet players and coaches, and more.

Baseball schedules elite competition to prepare for RMAC

Nationally ranked Wayne State, among others, stand in the way of the Lopers

RYAN SEEFUS
Antelope Staff

The UNK baseball team has their sights set high after a disappointing season last year where they failed to be named the Rocky Mountain Athletic Conference tournament champions for the first time in three years. Although the baseball team starts their season in early February, they are applying the "it's never too early" attitude to their goal of getting to the regional tournament. The coaching staff began strategizing how to put this year's team in the best possible position to reach their goals as soon as the season ended on a sour note last year. "We decided to do whatever it takes to get regional contests in against high quality opponents from good conferences," said head coach Damon Day.

See the video
online at
unkantelope.com

They realized that playing superb competition early on would give the team the opportunity to be more successful on two fronts. On one side, beating elite non-conference teams puts UNK in a better position for the postseason. "Our goal is to beat good teams early, so that when they go on to have a good season, our rankings will be higher, helping our chances in getting an automatic bid to regionals," Day said. If they received an automatic bid it would mean that based on their record and regional rankings they would have a seed in the regional tournament regardless of how they fare in the conference tournament.

Also, by scheduling Wayne State and Augustana, two teams that UNK could see in the regional tournament, the baseball team could benefit by having played them before the postseason. "When we play a



COACH
DAMON DAY

team we could see at the end of the year in regionals, we will be able to compare the stats and scouting report we got from playing them to information we get from other teams," Day said. Baseball coaches rely on matchups between hitters and pitchers to decide who will play where and when to put pitchers into games. This knowledge gained in the pre-RMAC season could give UNK an advantage in regionals, catapulting them to a Division II World Series berth.

On the other side, by playing tougher competition in non-conference games while other RMAC teams are playing weaker opponents, the baseball team will be ready to compete at a higher level when the RMAC season starts. "You have to see good pitching and hitting so your guys are

prepared to see what you will see in the RMAC," Day said. Not only will the team have seen harder throwing pitchers, they will have played contests where the speed of the game is higher—things you cannot experience by playing below-average opponents.

Everything aside, the team has a big challenge in front of them. "I would put our pre-season schedule up there with one of the toughest we have ever had," Day said. With the heartbreak of last season in the back of their minds, the UNK baseball team has big aspirations for the upcoming season. Through strategic scheduling and preparation by the coaching staff and hard work in the off-season by the players, they hope to have a season to be remembered, not forgotten.

"We decided to do whatever it takes to get regional contests in against high quality opponents from good conferences."

Damon Day
Baseball coach

UNK Running Club inspires first time marathon participants



KAITLIN DOTY
Antelope Staff

New Year's resolution No. 1, get in shape! This is the time that many students on campus are taking over UNK's workout facilities and breaking in those first steps onto Cottonmill Trail. One way runners on campus have been getting in shape for their New Year's resolution is to train for and run the Lincoln Marathon or Half Marathon in the spring.

Students who completed the marathon last spring have inspired many others to run, too. Paige Pillen, a sophomore industrial distribution major from Columbus, is an avid runner on campus. Pillen said, "I basically run to stay in shape. In the beginning it is hard to get into running, but then once you get past that barrier, you get on a runner's high and running becomes a way of life ... I can't go a day without it."

Pillen's first marathon was last May when she completed the Lincoln Half Marathon. "It was the best feeling to cross that finish line and be able to say I completed a half marathon," Pillen said.

Runners such as Pillen have joined a new club just recently created—the UNK Running Club. Students and professors can be a part of the UNK Running Club. The club gets together on days such as a Saturday mornings to meet up and run together.

Pillen said, "I love having people to run with. I was so active in team sports in high school. It's nice to have friends to run with. Running with people allows me the opportunity to spend time with people who do the same thing I love to do. This helps especially on days we have long runs."

Beyond making a resolution to get in shape, you can run for a cause. For example, there is an annual run in San Francisco called the "Cause2Run." This marathon fundraises for over 30 charitable organizations and raises hundreds of thousands of dollars each year.

Locally, the Susan G Komen Race for the Cure is the largest series of marathons and walks in the world. They have had millions of participants, and they even have an annual marathon/walk in Nebraska. Sarah Ables, a sophomore elementary education major from Kearney said, "I ran this race for my sister last year. She had breast cancer, and I thought it would be an awesome way to support her. I even made a shirt with a message: 'I run for my sister.' It was the best race I did."

So you may wonder, where do I start? It takes a lot of training to run a marathon, but there are many tips for training, and some great running gear that helps out, too. Web sites such as marathonrookie.com, runnersworld.com, and marathonnewbie.com are reliable resources that offer training schedules for marathons, half marathons and 5K runs.

Running gear like a good pair of running shoes, such as Asics or New Balance is No. 1 on your list of running gear. Also, gear such as a the Garmin Forerunner can track your optimal aerobic zone, how fast you run, monitors distance and keeps track of your heart rate. Get yourself an iPod nano or iPod shuffle for a light compact MP3 player to keep you upbeat, motivated and busy during long runs.

Graphic by Amy Markham

WORLD RECORD

The fastest recorded marathon time is 2:03:59, run by Haile Gebrselassie of Ethiopia in 2008.

DID YOU KNOW?

The current marathon distance (26 mi., 385 yds.) was set for the 1908 London Olympics so that the course could start at Windsor Castle and end in front of the Royal Box. Not until 1921, however, was that distance adopted as the "official" marathon distance by the IAAF.

Seniors play big on, off hardwood

BY CRAIG HALL
Antelope Staff

They say in sports that size can't be coached. In some cases you come across those certain athletes who are big on the inside, who have the "it" factor needed to excel. Rarely do you get an athlete who has both of these traits. That's not the case for the UNK men's and women's basketball teams.

Each team features one senior who generates a strong presence both on and off the court. These seniors are men's center Josiah Parker and women's forward Kim Thissen. Both are at the top of several statistical categories in the Rocky Mountain Athletic Conference: rebounding, field goal percentage and blocks.

Through 14 games Parker is leading the RMAC with 46 blocks, an incredible number. "His presence in the middle is going to be missed. He has given us a way to score close to the basket because he is a true post player," said men's co-head coach Kevin Lofton. Lofton also noted Parker's willingness to be a leader for the team and said his effort in the weight room is a major credit to Parker's work ethic over his four-year stint here at UNK. Another credit to Parker's work ethic: he was recently named the RMAC Men's Basketball Academic Player of the Year.

Thissen has also made a huge impact in her short stint at UNK. She attended Des Moines Area Community College before arriving in Kearney. Thissen ranks sixth in the RMAC sporting a .488 shooting percentage. Her biggest impact comes off the court, women's coach Carol Russell said. "Kim brings the intangibles to our team and does a great job leading by example." Thissen's ability to be a leader and role model is a major reason for her success at UNK.

UNK has produced several memories for these two athletes that each will not forget. "I won't forget the game (against Mesa State) where my family was in the stands for our team's victory earlier this year," Thissen said.

Parker takes away the experience of advancing to an NCAA Regional as a freshman.

Both are expected to play big toward the success of the basketball teams this season.



JOSIAH PARKER



KIM THISSEN

ROTC: An education for student soldiers

UNK students prepare for a life in the armed forces while opening opportunities

BY ASHLEY LEEVER
Antelope Staff

Gathered in the student union on a Monday night, they laugh, talk and eat Taco Bell, much like their fellow diners. Yet as students maneuver around their table, they can't help but to glance their way. Clad in camouflage military uniforms, they stand out in the sea of sweatpants and coats. They are much more than friends gathering for dinner; they are future brothers and sisters in arms involved in UNK's ROTC program.

Major Robert Mendez, an assistant professor of military science at UNK said the Reserve Officer Training Program, (ROTC), is a commissioning source for the United States Army, the Army Reserve and the National Guard. "To be a commissioned officer in the Army, one must have a bachelor's degree. As an officer they will attain a management position in the armed forces."

The ROTC program has been in existence since 1916 in college campuses across Nebraska, but it is an up-and-coming program at UNK. The program had previously been at UNK until 1994 and was reintroduced in 2008. UNK's ROTC program has grown rapidly with 30 members on campus and six in basic training.

With many students interested in the

armed forces but unsure whether it is the right path, the ROTC program can provide a glimpse into what a military lifestyle would be like. "The first two years are introductory, called basic phase. If members decide to continue after they have completed the two-year program, they have contracted to go into the United States military and will receive a military science minor," Mendez said.

Many students join the ROTC not only to earn their commission into the military, but to also help pay for their education. "I have wanted to join the military since I graduated from high school. The ROTC program is a great way to become a leader, and the National Guard is now paying for my education. I want to go into medical school and the ROTC program will also help with that," said Cadet Emmalena Kelly, a junior exercise science and premed major from Falls City.

The program gives out three full in-state academic scholarships to students based upon their grade point average. Members are required to maintain at least a 2.5 GPA in order to be eligible for scholarships.

Just like any program, the ROTC has many requirements students must follow in order to participate. "We have physical training class three times a week, military science class two hours a week and mili-



Photo courtesy of Robert Mendez

Freshman Cadet Chantell Reicks prepares for a 40-foot descent during the fall repelling lab. UNK's ROTC program now has 30 members on campus and six in basic training.

tary science lab two hours a week," Kelly said.

Freshmen and sophomores take the

military science classes as electives, but if they decide to commission into the military

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Students set for semester in Czech Republic

BY JORDAN HOFF
Antelope Staff

As the spring study abroad trip to the Czech Republic approaches, some participating students find themselves excited and nervous. Scheduled to leave in March and stay until May, the students selected for the journey are preparing for a life-changing experience ahead of them.

One of the 22 students selected, Garrett Ritonya, a senior broadcasting major from Omaha, has many emotions about the trip. "I'm very excited for the experiences that I am about to encounter. Not everyone gets the opportunity to go overseas, and I feel honored and blessed to be given the chance to expand my knowledge of the world," Ritonya said.

Planning to travel and live in another country can be a lot to take in and get ready for. It can leave a student

with mixed emotions. Ritonya has never been out of the country before and is not a big fan of flying and admits to being a little nervous about the actual trip. The long plane ride has him worried most, but other than that he is ready to go.

Ritonya feels his experience as an exchange student will be filled with many adventures and something to remember forever. He expects to learn very much about foreign cultures, experiencing new things and making lifelong memories along the way.

The biggest issue in the preparation for students seems to be the money. Ritonya thinks the most stressful part about the trip is somehow coming up with the necessary funds in a short amount of time to pay for his trip.

Laura Beranek, a sophomore broadcasting major from Ashland, is also having trouble trying to budget.

"I am trying to manage my money better now, so I can have more spending

cash there, but that isn't going so well," Beranek said.

Beranek has been talking to students that have gone in previous years to get more information and a better idea about being in a foreign country. Beranek is most excited about being in Europe during spring break and getting to travel on the weekends.

The host city for this trip is Olomouc, Czech Republic, an ancient, historical city located in northern Moravia. Students will do an 11-week program at Palacky University. During their study overseas, students will also have the opportunity to explore throughout central Europe. They will get to go on field trips in the Czech Republic, Prague, Poland, Austria and Germany.

As far as after the international adventure goes, both Beranek and Ritonya have big plans for their lives. Beranek will be moving home to work for the

summer and plans to transfer to either Iowa State or Western Kentucky next fall. Ritonya is making sure he has everything set, so he can graduate upon completion of his trip and then move on into the real world.

Study abroad programs allow students to get a chance to see the world from a completely different perspective. It gives them the opportunity to step out of the ordinary to further develop as one and learn about all kinds of different cultures and make connections around the world. It can be an experience that will last a lifetime.

For students who might be interested in studying abroad sometime in their college career, there are many different programs open to all university students with trips every semester to different countries. Contact Ann Marie Park, the study abroad coordinator, at parkam@unk.edu for any information about upcoming trips.

Internship from page 9

women. My topics included celebrities like Taylor Swift, going green and other subjects. I also wrote blogs about "America's Next Top Model" and their other reality shows. Before an episode would air, my coworkers and I would discuss what marketing ideas we could use to get the audience involved with the show. We used live chat rooms, texting and other communication mediums to reach our fans.

In addition, I prescreened their original episodes like "Naughty Kitchen" and "The Bad Girls Club." I was able to interview Chef Blythe Beck, the protagonist in "Naughty Kitchen" and the cast of "The Bad Girls Club" during their premiere party.

Needless to say I had a wonderful time during my internship with NBC Universal, and I would do it again if I could.

INTERNSHIP ADVICE

Any internship opportunity will help get you closer to your future career. Just like any future occupation, treat your internship like it's your first job. Internships open up new connections and help you gain experience.

On the UNK campus, career services offer a list of jobs and internships on www.lopercareers.com whether it is local or nationally. Every semester they have their Career Fair in the Ponderosa room. In addition, you don't have to just stay in the United States for an internship. You can travel to another country for an international internship. So use any of your resources to earn your first internship.

Sudoku answer:

Upside down, from page 4

6	1	5	2	8	7	4	9	3
4	7	9	3	6	1	2	5	8
3	8	2	9	5	4	7	6	1
8	5	4	7	3	6	1	2	9
9	2	7	1	4	8	5	3	6
1	6	3	5	9	2	8	4	7
5	9	1	4	7	3	6	8	2
2	4	6	8	1	9	3	7	5
7	3	8	6	2	5	9	1	4

ROTC from page 8

they can receive a military science minor. "Cadets are required to do military fitness which consists of push-ups, sit-ups and a two-mile run. If they have commissioned into the military, we ask they come to the class five days a week. As juniors and seniors they need to pass an annual fitness test and receive a military physical before they can contract as a cadet," Mendez said.

As freshman criminal justice major from Lewisville Bradly Cunningham puts it, "Getting up at 5:45 every morning Monday through Friday is probably one of the hardest parts of the program. But it all pays off in the long run."

Along with staying in prime physical condition, students have lab on Monday nights. Students are required to wear their military uniforms in order to put into action what they are learning in class. "We do things like drill and ceremony, teach the students how to march and how to do facing movements. It seems so basic, but when you have 40 people together, it's more difficult. We do weapons training supported by the National Guard who provide the weapons for us. Soldiers help the cadets learn about the weapons and weapon systems," Mendez said.

Cadets also get experience outside the classroom attending Ranger Challenges at Division I campuses. These challenges require nine cadets a squad to compete in a range of events including athletic events. Cadets make many appearances at UNK sporting events in the ROTC's Color Guard and Antelope Artillery, shooting off

the cannon when the Lopers score a touchdown. "The cadets are always busy and it's a pretty good time investment. I admire those who also participate in sports as well," Mendez said.

To junior aviation systems management major from Kearney, Aloma Mon-

crief, the program has become much more than just a commissioning source into the military; it's a dream come true. "I was already in the National Guard. Now after graduation I will be attending flight school for the National Guard to learn how to fly helicopters. It's an amazing opportunity."

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NOTICE TO STUDENTS

All students are eligible to apply for a refund of the "A" portion of student fees until February 10, 2010.

(These fees include programming for events like: concerts and bands, comedians, special speakers, Jim Wand, Homecoming, International Food Festival, Fun 5K, Fame Talent Show and other University events.)

Students claiming a refund will lose benefits provided to Fund "A" users during the Spring semester 2010 and will incur a charge for attending these events.

Application forms are available at the Student Government Office, and in the main office in the Nebraskan Student Union at 1013 West 27th Street, until February 10, 2010.

For more information call 308-865-8523.

Will 3-D movies ever come to Kearney?



Photo by Brie Maaske

Every Thursday night is College Night at Kearney Cinema 8. College students receive popcorn, a drink and admission for \$5.75 when they present their student identification.

BY BRIE MAASKE
Antelope Staff

“Up” grossed over \$292 million. “Harry Potter and the Half Blood Prince” grossed almost \$302 million. “Avatar” has grossed over \$533 million after hitting theaters just over a month ago.

3-D movies have become increasingly popular over the last year—so popular that even the popular sunglass company, Ray-Ban, is in the works of creating its own designer 3-D glasses.

While 3-D movies might be the next big thing, Kearney residents have to travel 45 miles to the closest 3-D capable movie theater for the experience, for now anyway.

“What we have is 35 mm, which is essentially how everything got started back in the old days; they ran actual film through a projector,” said Matt Young, projection manager at Kearney Cinema 8. “Then there is digital, which is how you make it 3-D. Since we have 35 mm projectors at the moment, we don’t have 3-D capabilities.

However, Young said, “I can tell you that in the future, we will be getting 3-D.”

With big movies like “Avatar” and “Alice in Wonderland” coming out in 3-D, Kearney Cinema 8 knows they are missing out.

“It hurts us because when big movies come out and they’re in 3-D, people want to watch them in 3-D, so they’ll go to Grand Island, Lincoln or Omaha. So they’ll go out of town, and we’re losing business. I’ve heard people say that they get three times the attendance with 3-D. The more realistic, conservative number is 1.5 to two times attendance with a 3-D movie if you have 3-D capabilities. And with increased attendance, you get increased concessions and things, which is more money for us.” Young said.

“We get a lot of people that complain that we don’t have 3-D. We actually have one employee who saw ‘Avatar’ five times, and three of those times he went out of town to see it, and he gets to watch the movies here for free.”

The transformation to digital doesn’t come cheap. Young says that just the digital projector will cost a minimum of \$20,000, and they will also need a polarizer, a new screen and the glasses for customers to watch the film with.

When exactly the theater will be getting 3-D capabilities is unknown. “The director of operations is the one who makes the call. I can influence him, but I can’t make the final call,” Young said.

3-D, coming soon to a theater near you, hopefully.

'American Idol', horse races hypnotize crowd

Wand, on the other hand, hypnotizes students at 22nd annual performance

BY JENNIFER KARDELL
Antelope Staff

Dr. Jim Wand leaves nothing to the imagination when it comes to his hypnosis show. He has entertained the campus for 22 years, and many students hope to see the show continue to return in the future.

Many seem to be skeptical when it comes to hypnosis or are afraid of being hypnotized, but Wand reassured his audience that there is nothing to fear. He began his show explaining how he got into hypnosis and explained that it was all in the power of the mind.

Wand was a freshman in college when he first decided he wanted to better his life. He explained that he had been overweight and wanted to lose weight. He attended a hypnosis event and was able to lose weight thanks to the hypnosis and began to study hypnosis, bringing in some help from psychology classes.

Finally, he decided to take his show on the road and further his career as a hypnotist. His decision has brought years of laughter and entertainment to campuses across the country. Needless to say, he made the right career choice.

Wand began his show by bringing up 20 students, one of whom had been hypnotized before, proving his statement that there is nothing to fear. In his high-energy show he brought in current pop culture events that the audience could relate to, such as an “American Idol” segment. The segment couldn’t have been complete without celebrity guests Miley Cyrus and Taylor Swift.

OK, so Swift and Cyrus didn’t actually join Wand, but some students who participated in the hypnosis filled in by

creating an alter ego of the famous singers.

Other segments turned students into fans of a horse race, which was a memorable moment of the show for Becki Schindler, a sophomore social work and family studies major from Elgin. “The best part of the show was the horse race. Jim Wand was very funny. He definitely kept it lively!” Schindler did not participate in the hypnosis but would love to attend the event again.



DR. JIM WAND

See the video
online at
unkantelope.com

Sergio Lara, a freshman industrial distribution major from Holdrege, participated in the act, but after all was said and done, he was unaware of how long he had been on stage. “I don’t remember anything!”

Lara said. Despite not remembering what he did on stage, Lara said he would attend the event again. This was his first time at

the hypnosis event, and he said he would get hypnotized again.

There were many first-time viewers of Wand’s show, but some are hypnosis veterans returning to view another show.

Lauren Swertzic, a sophomore teacher education major from Silver Creek, is a veteran of the hypnosis entertainment but has not been hypnotized. Swertzic recommends the event to other students if they get the chance to go. “The show is so entertaining...I loved the “American Idol” segment. The show is great. People say and do some funny things.”

Luckily for fans who chose to view the show, they are able to remember the great memories of the event and can fill their friends in on what they missed while they were on stage.

You can learn more about Jim Wand, hypnosis and his shows at hypnotism.com.

That's reality from page 1

live with," says Collin Grimes, a junior political science major from Grand Island.

"The lifestyle of the cast members is appealing. You can't help but watch," says Lindsey Bugee, a UNK grad student from Gibbon.

The cast of "Jersey Shore" seems to have "mass appeal," as cast member Mike (aka "the Situation") puts it. The show reveals truly unique and interesting people who share quite the contrast with many average young adults today.

A daily routine for the men on the show would consist of GTL (gym, tan, laundry) and "staying fresh" according to cast member Pauly D. "The guys on the show are obsessed with their image," says Grimes, "and it's somewhat influential. Who doesn't want to look good? They certainly put it on display when they go to the clubs."

"Jersey Shore" defies reality TV stereotypes in that the women on the show don't whine about how much they hate each other, something you may notice in shows like "The Hills."

Instead the girls, who go by names like JWOWW and Snooki, have each other's backs and won't hesitate to start fights during a night out. While the men on the show try to get dolled up like super models, the women would rather pound beer and eat Doritos.

"I think the guys on the show are kind of girlish and high-maintenance," says Jackie O'Brien, a sophomore criminal justice major from Sioux City, "but the girls are kind of legit and tell it like it is."

"The men take their appearance to the extreme sometimes," says Bugee. "All the excessive tanning and hair gel isn't really necessary. The women claim to be classy, but they appear to be party girls."

The influence of "Jersey Shore" is wide-



Photo by Ryan Larsen

UNK freshman Curt Maloney shows off the "Jersey Shore" look. The MTV reality show has become influential in the world of style and fashion.

spread, and it's visible in Kearney. On an average night at The Loft you may find a group of patrons fist pumping (the simple arm-movement made popular on the show that has now become a dance club phenomenon). You may also run into people with blowout or poof hairstyles, Ed Hardy shirts and fake tans. Hints of the "Jersey Shore" swagger and attitude are also becoming more noticeable in the Midwest.

Even though the show just finished its first season, its popularity doesn't appear to be going anywhere soon. The eight kids from Seaside who never seemed to crave approval have suddenly become pop culture superstars. As a result it's common in Kearney and throughout the country to see more people unleashing their inner Guido.

FIST PUMPING ALL THE WAY TO THE BANK

Even though the season finale has wrapped, it actually means more business for the cast members. Not only have they appeared on numerous talk shows, but they are also in high demand to make appearances at nightclubs and are raking in money from it.

According to CNN, when the show first aired, cast members were getting around \$2,000 for appearances. Now some of the most popular cast members are reportedly receiving up to \$10,000 for each appearance.



Google images

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Contact Suzanne Blazek at antelopeads@unk.edu or call 308-865-8487 for more information

Join the Antelope News Staff!

The Antelope is now taking applications for paid positions beginning in the fall 2010 semester. Pick up an application at The Antelope newsroom, located in room 166 of the Mitchell Center, or request to receive one by e-mail at antelope@unk.edu.

Positions include:

News Editor	Features Editor	Sports Editor
Photo Editor	Copy Editor	Design Editor
Production Editor	Distribution	Cartoonist

Applications are due by March 31. Contact Terri Diffenderfer (diffenderftm@unk.edu) or Kara Flaherty (flahertyka@unk.edu) for more information.

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