



## Living life with limits

*When you can't get in,  
'inaccessible' is not just  
inconvenient*



**BY AUSTIN KOELLER**  
News Staff

One evening, my friend and I made a mutual decision to go downtown to attend an event. He followed me as we made our way toward

his Dodge Caravan. As he pushed the button to put down the ramp to go up into his van, he handed me his keys and told me to drive as he made his way up the ramp.

Under normal circumstances, Quin said that it would normally take him a few minutes to transfer from his wheelchair to the driver's seat, which is why he has me drive.

"Not that it's hard for me," he said.

"It's just convenient."

My friend, Quin Becker, an industrial distribution major from Holdrege, has been in a wheelchair since birth after being born with a condition called spina bifida, which has left him paralyzed from the waist down.

When we arrived downtown, Quin and I made our way up the ramp at the side of the building. Once inside, we discovered that the event we had planned to attend was upstairs. We made our way around the building amongst the crowd gathered inside as Quin attempted to locate an elevator that would allow him to get upstairs.

"I'm sure there has to be one," I said.

After little luck finding an elevator, Quin and I located an employee who

informed us of the unfortunate news: They did not have an elevator to get Quin upstairs to attend the event.

"I wasn't very surprised because I knew that I probably should have checked into it a little beforehand," Quin said.

The Americans with Disabilities Act of 1990 set forth provisions that businesses must have to accommodate a person with accessibility issues. According to the ADA, a business is required to have an elevator if they have three stories, or more than 3,000 square feet per story.

This particular business had only two stories so was not required to have an elevator. However, I found it shocking that Quin could not attend an event because he could not physically make it up the stairs.

Quin said that he has called businesses

to ask about handicap accessibility.

"I called a business to ask if they had a handicap entrance that I was unaware of," he said. "I was informed that they did not have an accessible entrance yet since they were new to the location. But, they were working on coming up with plans for one."

Despite our experience, Quin believes most businesses in Kearney are accessible. However, he said that those businesses that are inaccessible should work to become accessible.

"Yes, it may cost money to become accessible," he said. "But in most instances, I believe that they would recuperate that money and actually improve their business by doing so. People such as myself would

**ACCESSIBILITY, PAGE 7**

## FJI collects money for Kearney Tackles Cancer

*Photo by Jessica Albin*

RIGHT: Phi Gamma Delta members Sam Middleton, a sophomore computer science major from Kearney (left) and Dan Carlson, a senior double major in music and organizational communication from Grand Island, take their shift working the booth in the student union promoting Haywire Hairstyles. Participating members each carry around an unusual object, such as the antique trunk and plastic penguin, to collect money for Kearney Tackles Cancer. Every dollar donated gets one vote for which crazy hairstyle the members will shave onto their head at the end of the month. This year's hairstyle options are "bangs only," "reverse mohawk," "half-shaved" and a looper. Members started collecting donations on Feb. 1, and will continue collecting until the end of the month. After all the final votes are tallied, the participating members will shave the winning design into their heads and wear it proudly for a full week before shaving their heads completely.



## Letter to the Editor

UNK students using sidewalk chalk to convey a message to their peers has historically been an effective tool on UNK campus to notify students of events, educate them on issues, and to become more informed of the world views of others. The University of Nebraska Kearney recently initiated a new sidewalk chalking policy that would bar recognized student organizations from chalking their messages around the fountain. The new policy only allows organizations to chalk the name, date, time and location of an upcoming event they are sponsoring. This event must be open to all students and held on campus. Notifications can only be written on the Union courtyard and must be approved by a Facility Reservation Request form. Messages and questions will no longer be allowed.

According to the Alliance Defending Freedom, “universities may create reasonable rules governing the time, place and manner of speech, but these rules must be content-neutral, narrowly tailored to a significant government interest, and leave open ample alternative channels of communication.” The administration can

reasonably restrict chalking on walls, rocks, trees, buildings, benches, tables, steps, light poles and signs and require water soluble chalk. However, requiring that chalking may only be done on Mondays and Tuesdays from 7AM-11PM is impractical to student organizations and does not take into account weather related conflicts.

The university cannot control the content of students’ speech by only allowing groups to chalk event notifications. By mandating that groups only advertise in the courtyard, the university is creating an unlawful ‘speech zone’. The sidewalks of UNK’s campus are a public access forum. According to *Tinker v. Des Moines*, non-disruptive speech is permitted at schools.

The undersigned recognized student organizations ask the administration to reconsider the new sidewalk chalking policy.

College Republicans  
Locke and Key Society  
Model United Nations  
Secular Student Alliance  
Sigma Tau Delta  
Social Justice League  
Students for Life  
Young Democrats  
Phi Alpha Theta  
Pi Sigma Alphabet

Submitted by Marilyn Synek

### Have opinions?

We want to hear from you! Email editors Alison Buchli at [buchliaa@lopers.unk.edu](mailto:buchliaa@lopers.unk.edu) or Jessica Albin at [albinjm@lopers.unk.edu](mailto:albinjm@lopers.unk.edu)

# Climbing up the wall

*Intramural competitors take advantage of new activity options*



Photo by Kelsey Unick

**Winner of the women’s beginner’s league, Erin Nelson of Omaha, climbs the rock wall in the Wellness Center for the Intramural Bouldering Competition.**

**BY KELSEY UNICK**  
Antelope Staff

New to UNK this fall inside the Wellness Center, the climbing wall has been a hit with students who have had the chance to try something different during their workouts or just for fun.

Campus intramurals has also added new events to include the climbing wall. The Intramural Bouldering Competition, held last week, was a one-day event in which 20 different routes were set up for participants. Each route climbed had a different value. The person with the best score at the end won.

The winner of the women’s beginners’ league, senior accounting major Erin Nelson of Omaha, says she has been on the climbing wall every now and then since it opened last semester. She says the most challenging part of rock climbing is figuring out how you need to

position your body weight to get up harder routes. “One part of rock climbing that was difficult for me was using more than just the muscles in my arms to pull myself up. I had to learn how to utilize my legs and put myself in positions that conserved my arm strength.”

Nelson says the climbing wall was a good investment by UNK. “It gives our students some variety with their workouts. It also provides an opportunity for organizations to do team-building exercises.” Nelson says there is a natural climbing community where people spend hours at the wall conversing with other climbers.

“My favorite part about rock climbing is getting to see myself and other people improve,” Nelson says. “I do plan on participating again, and I would highly encourage others to try it. The feeling you get when you touch the top of the wall for the first time is amazing.”



By: L. A. Bonté



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# Making marvelous melodies

*Wind Ensemble's first spring concert features guest conductor and singer*

**BY LAURIE VENTEICHER**  
Copy Editor

The audience filters into the recital hall and peruses the concert program. The stage lights are low as the sound of turning pages whispers around the room. At 7:30 p.m. the crowd quiets as the 46 members of UNK's Wind Ensemble take their seats on stage, warm up and tune their instruments.

On Thursday, Feb. 5, the Department of Music and Performing Arts presented the Wind Ensemble, directed by Dr. Duane Bierman, in concert.

The musicians presented seven pieces, none very alike in style. The concert opened with a rousing, upbeat march "Emblem of Unity" composed by J.J. Richards.

The next two songs blended into one another: guest performer Dr. Sharon Campbell, associate professor of voice at

UNK, began with an a cappella solo of the traditional "Wayfaring Stranger" in order to give the audience the melody to listen for in the band's version of "Wayfaring Stranger" arranged by Steve Rouse.

After a quick re-tuning across the ensemble, guest conductor Mr. Erin Beave from Hastings High School directed "Dusk." Due to recent snowy weather impeding travel, Mr. Beave had rehearsed the piece with the Wind Ensemble only twice. If Dr. Bierman had not mentioned this fact, the audience would not have been able to tell. The band played "Dusk" beautifully.

A four-movement tune titled "Second Suite in F," by Gustav Holst, was fifth on the program. The movements were: I) March; II) Song Without Words; III) Song of the Blacksmith; and IV) Fantasia on the 'Dargason'.



*Photo by Laurie Venteicher*

**Dr. Sharon Campbell, Associate Professor of Voice at UNK, performs a verse and chorus of the traditional "Wayfaring Stranger." The Wind Ensemble followed with their version of the same song.**

"Deir' In De," a traditional Irish lullaby arranged by Warren Barker, was the next tune. The concert ended with a two-and-a-half minute piece titled "Unraveling."

Dr. Bierman described the final composition as similar to a centrifuge. "Basically, a centrifuge spins really fast...until it explodes. This song starts moderately fast and constantly speeds up, only getting faster and louder as it goes. Except, this won't actually explode," Bierman said.

Junior English and philosophy major Darrin Gonzales said, "My favorite piece to play was Holst's "Second Suite in F." Playing from a classic repertoire is very important to building my own musicianship." He plays the trombone.

Membership in the Wind Ensemble is determined through auditions at the beginning of the fall semester.

The Wind Ensemble has toured in Nebraska, South Dakota, Iowa and Minnesota within the last four years. In 2013 this band performed behind four nationally-known soloists for the Great Plains Regional Tuba and Euphonium Conference. The Wind Ensemble has also performed for both the Nebraska Music Educators Association and the Nebraska State Bandmasters Association conferences.

The next Wind Ensemble concert will be April 23 at 7:30 p.m. in the Fine Arts Building Recital Hall.

## CAMPUS CRIME LOG

**Jan. 15:** A science professor at Bruner Hall reported several items missing from his lab on the fourth floor of Bruner Hall.

**Jan. 16:** Three subjects were cited for MIP and one for procuring to minors after an RA reported possible alcohol use and a party in a residential room.

**Jan. 30:** An officer clocked a vehicle traveling 36 MPH in the 25 MPH zone.

Upon further investigation the driver was arrested for DUI. There were also five passengers in the vehicle who all received citations for MIP.

**Jan. 31:** While in CTW, an officer heard the glass door to the elevator area being violently pulled on. The officer observed a male subject outside of the door staggering around. Upon further investigation, he was issued a citation for Minor in Consumption.

the antelope | spring 2015 staff

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# Wins, loses, places for Loper teams

*Basketball, track teams push to compete well on court, on the track*

*Photos by Hannah Backer*

**BELOW:** Junior Javona Wynne from Omaha speeds down the court during a tough 84-67 loss against Washburn. Before joining the basketball team, Wynne spent two years at Central Community College in Columbus, Nebraska.



**ABOVE:** Ethan Brozek goes up for a one-handed shot as Washburn tries to block it out. The Lopers came out with a win in this close game 87-86.



**BELOW:** Landon Lempka makes a stride toward the mat in pole vaulting this last weekend at UNK's Charlie Foster Classic. Lempka came in 6th place at a height of 14' 4.75".



**ABOVE:** The cheer and dance teams put on a show with the 'Queen of Hearts' this past Saturday at the basketball game. Justine Sebade leads inspired little dancers.

**TOP:** Isaiah McKay plays a great defense against Washburn at home this past Saturday. McKay, a freshman, is originally from Brooklyn Park, Minnesota.

**LEFT:** This past weekend Loper runners excelled at Cushing. Joshua Mehl and Machol Chol placed in the 800 meter dash. Chol came out on top in first place with 2:01.10 while Mehl placed third with 2:02.06



# Freshman phenom

*McKenzie Brown already fits right in with the Lady Lopers*

BY DAVID MUELLER  
Sports Editor

As a freshman, it can be difficult to transition into college athletics – in any sport for that matter. The game speed is faster and the athletes are more advanced.

But it's game on for Brown who stepped into a starting role for the women's basketball team from game one, leaving no doubt about her ability, averaging over 34 minutes per game.

In 18 games she has racked up 219 points and is shooting 80 percent from the foul line. Her shift to Division II may seem effortless to spectators, but her eyes have been opened to a whole new level of basketball.

"Everyone is a lot more athletic. It's not just a couple girls that have good ability, it's every person out there – especially in the MIAA," she said.

Brown credited her teammates for helping ease her into college basketball.

"At first it was nerve-wracking, but the girls helped incorporate me in. All five of us work really well together, everyone that comes off the bench – we all just work really well," she said. "I think I'm a lot more confident now, and I'm not as scared to do things. I drive more, and am just ready to shoot."

The freshman from Grand Island attended Northwest High School and was a top-rated athlete in Nebraska in not only basketball, but also volleyball. The Omaha World-Herald named Brown the "Girl Athlete of the Year" in 2014.

During her high-school career, her squads accumulated two state titles in basketball, and one championship in



Photos by Hannah Backer

**Freshman McKenzie Brown adds to her 9-point total from the free throw line.**

volleyball. She holds the Northwest school scoring record in basketball with 1,867 points.

UNK seemed like the perfect fit for Brown, a family person. She said she enjoys being able to see her family frequently, as only 51 miles separate Grand Island and Kearney.

After all, her passion for the game came from the inspiration of her father.

"In third-grade my dad put me on a traveling team that he coached with a bunch of girls that were in the same grade. It was always my dad getting me in there. He was the reason I started playing basketball and why I enjoy it so much," Brown said.

Just like all student-athletes, balancing school with athletics can be a challenge, but the physical therapy major is learning how to excel in both.

At this point in her college basketball career, Brown said she has learned it takes a new sort of mental toughness and hard work to succeed in the college game.



BY STEPHANIE MOORBERG  
Antelope Staff

Spring is in the air, the mower is cutting the greens, and the tennis court is waiting for players to come back from the winter break. Athletes and coaches have braced for another year of spring sports with upcoming golf tournaments and the first tennis match of the season coming this past weekend.

The golf team is prepping for the upcoming season no matter what Mother Nature has planned for the weather for Nebraska this time of year. The indoor hitting academy keeps both the men's and women's teams active.

The women's team starts their season in Buckeye, Arizona, on March 12 with the SW Minnesota State Spring Invite.

Ana Summers, a junior middle school education major from Bellvue, Colorado, is excited for the Phoenix trip. Summers believes in the opportunity for the team to set school records this season.



Ana Summers

After spring break, the women's team will host their home tournament at Awarii Dunes Golf Club.

The men's team starts their season in Lakewood, Colorado, on March 21 with the Colorado School of Mines Bob Writz Invitational.

Brad Holmes, a junior business administration major from Burlington, Ontario, Canada, is ready for the challenge this season to get the team to the regional tournament again. Holmes recalls his favorite memory since being on the team: "holing out for an eagle in back-to-back rounds on the same hole at our



Brad Holmes

## Loper golf, tennis teams gearing up for spring seasons

home golf tournament." Holmes will need to channel that same game this season to help his team out.

Switching gears from golf to tennis, this year the men's and women's tennis team will say goodbye to a few seniors and live up to their national rankings.

Senior Jack Nicholson, a sports administration major from Basingstoke, England, is ready to make the tennis season memorable and lead his team as captain to post season play again. This past weekend the men's team competed in Grand Island against Nebraska Wesleyan University and will face William Jewell College and St. Cloud State University in two weeks.



Jack Nicholson

The women's tennis team started their season this past weekend in Grand Island against Nebraska Wesleyan University and Hastings College.

Kari Emery, a senior psychology major from Tucson, Arizona, finds it hard to believe her time here at UNK is almost up. Emery says, "This is the last chance to compete as a student athlete, and I want to enjoy every moment of it. I'm going to leave it all out on the court."



Kari Emery

Loper student athletes are here to leave it all out on the court. Go Lopers.

# Williams joins 1,000-point club

*Hard work and family support bring success for UNK basketball transfer*

BY DAVID MUELLER  
Sports Editor

As a freshman, Williams was named MVP of the squad.

UNK basketball coach Kevin Chaney caught Williams' attention after her sophomore season. Impressed with the program, Williams made the transition to Kearney her junior year.

"On the court, Amarah's presence is crucial to our team's success. She has the best hands I have seen in my 20 years and averages almost a double-double every game. Off the court she is a leader in the classroom. Last semester she produced a 3.6 GPA," said Chaney.

Balancing school and basketball is challenging, but Williams has become accustomed to working hard.

"It is extremely difficult, but after you've done it for such a long time it becomes normal," she said.

It didn't take long for the transfer to fit right in with the Lopers. The senior

WILLIAMS, PAGE 7

It was a long, hard-fought journey for UNK's Amarah Williams. The business administration major from St. Louis began playing basketball at the age of 6 in a YMCA league. Now she is her opponent's worst nightmare on the hardwood at the collegiate level – drawing double and triple-teams nearly every game.

She says basketball has always been in the Williams family blood.

"Almost all my family members played. My dad played in college and in the NBA. My grandfather played – everybody in my family played," Williams said.

In high school, Williams topped off her career with over 1,000 career points, and also accumulated 900 rebounds. After graduation, she took her talents to Morgan State University, where she continued causing opposing teams grief.



*Greek of the week*

# Raising the bar higher

BY JESSICA NICHOLS  
Antelope Staff

It all started when she was 5 years old. Brooke Frederick began her athletic career with the most unlikely sport, wrestling. From there she participated in softball, volleyball and basketball. In fifth grade she discovered her calling for track and field when she began practicing pole vault with her coach.

The communication disorders major knew that pole vault was for her. "I had a cousin who vaulted before me and also my brother. He is the one person I looked up to and he started vaulting his seventh grade year, so I just wanted to follow in his footsteps."

The now college sophomore debuted her impressive vaulting skills in high school. Frederick's ability to get up and over the bar caught the attention of coaches from the University of Nebraska at Kearney. By the beginning of her senior year she had verbally committed to UNK. Later that February, she officially signed

to be a Loper.

"It was overwhelming at first, making the decision that will stick with you your whole college career," she said. Choosing a school close to home but far enough away was something I really wanted."

Since coming to UNK, Frederick has continued to shine. February of her freshman year she broke the indoor track school record with a jump of 12'4.75. Then in April she took the outdoor track school record at the Wesleyan Invitational with a jump of 12'2 3/4".

Five meets into her sophomore season, the Gamma Phi Beta member is pushing it to the limits. At the second meet, in Lincoln, Frederick had a jump of 12'0 3/4" that earned her first place. The third meet at Concordia she cleared 11'11.75". Then, just this last Saturday at the Charlie Foster Classic, she had a second place winning jump of 11'2.5.

In order to get jumps like these Frederick has her routine: she listens to

*Frederick stays 'on top' of her game with hard work, determination*



Courtesy

**The Hershey native is very superstitious and wears the same thing every meet. She also has the habit of sticking her tongue out while vaulting.**

FREDERICK, PAGE 7



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Photo by Austin Koeller

**Quin Becker, a junior industrial distribution major from Holdrege, stops his wheelchair in front of the ramp next to the Memorial Student Affairs Building. Becker, who has been in his wheelchair since birth, has faced many accessibility challenges.**

## Accessibility from page 1

love to do business with them. But we simply can't."

After a brief pause, Quin told me that he found this fact very upsetting.

Becky Davidson, transcript coordinator for UNK Disability Services, said that communication is needed to have businesses become more accessible.

"If they say that Quin really wants to go to the business, he should talk to the guy that owns it," she said. "I think that good communication with whoever is in charge of making those changes [is key]."

Communication is definitely needed to make the Kearney community more accessible to those with handicaps. While there is much more accessibility compared to inaccessibility in Kearney, even a little bit of inaccessibility is discomfoting if you are the one trying to get in but cannot.

Businesses should try to be more accommodating to people like Quin. I don't want to attend school in a community where my friend and I cannot attend events simply because one of us is in a wheelchair.



## Williams from page 6

is currently ranked sixth in the MIAA in scoring this season, averaging 15.8 points per game.

More recently, Williams reached a milestone that not many players have accomplished. She became the 34th Loper to reach 1,000 career points against South Dakota School of Mines Friday, Jan. 23.

However, the points didn't come easy that night, as Williams was held scoreless in the first-half.

"It was driving me crazy. My mom and my uncle actually came down. I was getting on edge because of the defense they were playing, so I wasn't able to get the ball and score how I wanted to. The anticipation was definitely killing me," Williams said. "I went to the bench, and I regrouped – I got it together and was like, 'Amarah, you're going to go out there and score this.'"

Williams scored eight consecutive points in the second-half, and finished with the 11 points she needed to join the 1000-point club.

She said she felt relieved after the game.

"My mom joked with me, 'I didn't drive eight hours for you not to get 1,000 points, so you're going to get it,'" Williams said.

"I am very proud of her because she has worked extremely hard to get to where she is today, and it is so well deserved. Her mother, uncle and fiancé were on hand to see her achieve this milestone, and that is what she wanted – to get the goal on her home court in front of her fans at UNK," Chaney said.

The MIAA is one of the most elite women's basketball conferences in the nation, and Williams produces some of the top statistics. She sits in the No. 4 spot in the MIAA in total rebounding with 8.6 per outing. She is also ranked 11th in total blocks with 19.

"Her game is special because she is a strong, smart player who plays hard on both offense and defense. I feel blessed to have the opportunity to coach a student athlete like Amarah. You don't get this opportunity very often and when you do, you cherish it," Chaney said.

Williams graduates this coming spring, and plans on pursuing a career in management.

## Frederick from page 6



**BROOKE FREDERICK**

music that keeps her calm, helps her stay focused and not get too worked up. She prays before every meet starts, and even makes sure to wear the same thing every meet. "I am a very superstitious person. I don't like to change it. It's been that way since my junior year of high school."

Men's and women's pole vaulting coach Lonny Polacek said Frederick makes an outstanding competitor. "She hates to lose. Just a total hatred and fear of losing. And because of that she powers herself to do some things; isn't always the prettiest but she just doesn't like to lose and just wants to go and make things happen."

Polacek said, "She's got a lot of desire to be better, she's never very satisfied with what she does. So sometimes even in winning she's pretty hard on herself. She's

also a good teammate. She has the desire to become a good athlete and she's still learning and she's getting better and that's what it's all about."

Frederick, also known as 'Red' to her teammates, says her favorite thing about vaulting is the time to have fun and forget about everything else. "It's a time where you go and do what you love without having to worry." Her seven teammates are also on her list of favorite things. "The friendships I have made are life-long and it has taught me that there is more to life than winning or losing a competition. It's what you get out of it that makes you the person you truly are today," she said.

Without family, friends, teammates and her coaches support, Frederick believes she wouldn't be where she is today doing the one thing she loves. She credits others for part of her achievements. "They truly are amazing."

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## JAPANESE FESTIVAL SET FOR SUNDAY, FEB. 22

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*Photos by Akiho Someya*

**LEFT:** Takumi Nozuru, a senior aviation systems management major from Kanagawa, Japan, shows the traditional costume, Hakama, a mask and a wig. "We have been preparing for this performance for the Japanese Festival since last year," Nozuru said. The dance has two parts. "My favorite is the first part of our dance, because it is very traditional and is a unique culture of Northern Japan, Tohoku. I hope many people can watch our performance on stage."

**ABOVE:** Students rehearse "Choo Choo Train" for the festival. The group has seven dancers from Dance at UNK and two Japanese singers. They practice in the View two times per week totaling at least four hours.

## CHINESE ACROBATS PERFORM AMAZING FEATS



*Photos by Jessica Albin*

**ABOVE:** One of the Golden Dragon Acrobats lays on her back as she uses her hands and feet to spin three cloths and a table. Two other acrobats stand close-by to act as spotters.

**RIGHT:** An acrobat performs a dangerous stunt at The Golden Dragon's Cirque Ziva performance at the Buffalo County Fairgrounds on Saturday. The acrobat finished his act by sitting in an off-balance chair stacked on top of five other chairs, all balancing on a metal platform.

