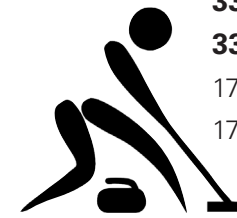


# the antelope

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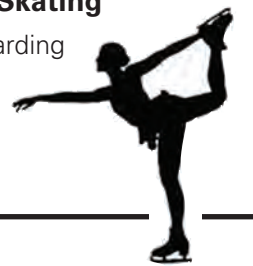


33% Curling

33% Figure Skating

17% Snowboarding

17% Luge



## McBride takes pride in honor of 'Last Lecture'

Life advice shared was learned and lived

BY AUSTIN KOELLER

News/Features Editor

Jon McBride stands at the front of the lecture hall in front of a large audience. As he begins, his hands tremble — a symptom of Parkinson's Disease he was diagnosed with in 2009. With his hands continuing to tremble, he asks for assistance putting on his microphone before he begins his lecture Feb. 12 in Copeland Hall.

With his microphone set, McBride — who spent 11 years as UNK athletic director and who currently serves as a special assistant to the chancellor — begins his thoughts about giving the lecture titled "Leadership Traits — Learned and Lived."

"This is sort of an intimidating speech only because it is called 'the last lecture,'" McBride says. "When you're asked to do a

'last lecture' speech, one starts feeling his age again. I'm 58 years old."

McBride was selected as speaker at the UNK Mortar Board's annual Last Lecture event. The purpose of this lecture is to honor a member from UNK's faculty, staff or administration by inviting them to give a lecture on a topic of their choosing. Last Lecturers are instructed to think about insights and wisdom they would like to share if given just one chance to address an audience.

Chaney Black, a senior business administration major from Spencer said that Mortar Board held a meeting during the fall semester to decide on nominations. "We probably had three or four solid nomi-

MCBRIDE, PAGE 11



Photo by Jennessa Conlan

Jon McBride lectured on "Leadership Traits - Learned and Lived" on Wednesday. McBride spent 11 years as the UNK athletic director before he was diagnosed with Parkinson's Disease and left his position in 2013.

BUCKET LIST: ✓ IT OFF



Courtesy

Brian Bugay checked skydiving off of his bucket list. Bugay took the dive in Minden this summer.

See column on page 4, the story with more photos on page 12

## International film series debuts at The World Theatre

Antelope Staff

UNK@TheWorld, a collaboration between UNK and The World Theatre, organized to feature three international films over three months.

"As a fan of international film, I thought it would be awesome to create a space for people to see films that were well reviewed and critically acclaimed," said Michelle Warren, assistant professor of Spanish. "Here in Kearney, we have this gorgeous renovated World Theatre, and that seemed like the perfect pairing."

Films chosen highlight India, Iran and Latin America, and are in three different languages: English, Spanish and French.

"Persepolis" will be shown at 7:30 p.m. on March 4. The 2007 French animated film is based on Marjane Satrapi's autobiographical graphic novel of the same name. The story follows a precocious and outspoken young Iranian girl during the

Iranian Revolution of 1979.

"Slumdog Millionaire" will be shown at 7:30 p.m. on April 4-5 and 2 p.m. on April 6. "Slumdog Millionaire", the winner of eight Academy Awards and four Golden Globes, tells the story of a Mumbai teen who becomes a contestant on the Indian version of "Who Wants to Be a Millionaire?" This popular 2009 film includes Bollywood dance and music.

The first film, "The Motorcycle Diaries," was canceled due to snow and rescheduled for Feb. 11. "The Motorcycle Diaries" tells the story of Che Guevara's motorcycle road trip that reveals his life's calling.

"When you watch international film, you see things from a perspective that's different from what we're accustomed to from Hollywood," Warren said. "We get this bird's eye view into the culture that

WORLD, PAGE 11

## Save yourself... Don't be 'that guy'



BY BRIAN BUGAY  
Antelope Staff

A lot of us have seen them, heard them, picked up after them, worked out next to them and more than likely complained about them. I think everyone has heard of gym etiquette and has also heard of “that guy” in the gym. I’m not talking about the guy that looks like he should play in the NFL or could be the Incredible Hulk’s brother. I am talking about the guy that most people are annoyed and at the same time entertained by. People have their pet peeves about the gym so let’s see what might make you “that guy” in the gym.

We have seen him before and we have



definitely heard him before.

“**The Screamer**” is that guy, no matter the weight and no matter the repetition, this guy screams as if Bigfoot is chasing him. Everyone that has to listen to this guy, would probably root for Bigfoot.

“**The Sweat Machine**” is that guy who is soaked in sweat and doesn’t wipe down the machine when he is done with it. That can’t make the ladies in the gym very happy.

Mirror, mirror on the wall, who is

the best looking of them all? “**The Mirror Magnet**” is that guy who cannot stop staring at himself in the mirror while he pumps iron. It’s not so much annoying as it is funny and entertaining. Sierra Welsh, a junior exercise science major, sees it all the time. “It makes guys look dumb when they stare at themselves in the mirror while flexing, and it makes it even more obvious when a guy lifts up his shirt to look at his abdominals.” From my perspective, it is kind of hard not to glance at yourself occasionally when mirrors surround you, but I agree with Welsh, it does make you “that guy” in the gym if you do it constantly.

There’s always that guy that slams his weights down on the ground. Everyone hears it, everyone sees it and no one is impressed. I introduce you to “**Mr. Slams the Weights Down**.” There is a saying that goes like this, “If you are strong enough to lift them, you are probably strong enough to set them down without shaking the entire room.” People don’t need to feel what

## Signs you ARE that guy

- You scream very loud
- You slam weights on the ground
- You are constantly looking at yourself in the mirror
- You don’t rack your weights
- You carry a leaky milk jug of water
- You sport a backwards hat, bandanna, stocking hat or a sweat suit
- You do exercises no one has ever seen or heard of before
- You try to “teach” everyone how to do things right
- You wear jean shorts



an earthquake is like guy.

With all these pet peeves that some guys cause, I thought it would be necessary to dig up a pet peeve about what the women do. Cydney Kimminau, a junior health and physical education (K-12) major said that she can’t stand to see girls taking Snapchats of themselves while working out. I think it is necessary to call that girl the “**The Selfie Snapper**.” Maybe some girls are taking Snapchats of themselves because they forgot to post a Facebook status about going to workout? Like

THAT GUY, PAGE 11

## Information Session at University of Nebraska - Kearney

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## CAMPUS CRIME LOG

**Jan. 27:** A female student reported the theft of her wallet somewhere between CTW and her sister's house off campus. She was unsure of where exactly it was taken. It was later determined that there was no theft and the female located all of the items.

**Jan. 28:** A female subject reported being assaulted by her ex-boyfriend in the area of CTW. A male subject was arrested and taken to Buffalo County Jail and charged with third-degree domestic assault.

**Jan. 30:** A female RA reported she was being harassed by a male student on the floor that she supervises. A male resident is being moved to a different residence hall.

**Jan. 30:** A report came in that the UNK Dining food truck struck a tree on the east side of the Health and Sports Center and broke off a branch. A report was filed.

**Feb. 2:** An officer received a report that a male student had a pair of shoes stolen from his room. His suite mate had two pairs of gym shorts stolen from his room as well. Access to the rooms was gained through the adjoining bathroom.

**Feb. 3:** An officer received an email from a student stating that someone tried to run into her with a vehicle. Upon contact, the student advised she was crossing Highway 30 and the person glared at her as she crossed the road, but that the vehicle was not that close to her.

**Feb. 4:** A subject reported that a UNK employee had a pair of running shoes taken from his locker in the Cushing locker room.

**Feb. 7:** The CTW hall director reported an RA found a paper on the wall with a discriminating picture on it.

**Feb. 7:** A female staff member reported a student being disruptive in her class and refusing to leave when asked.

**Feb. 8:** An officer received a report of a possible alcohol violation at CTW. After investigation, four students were issued conduct summons for alcohol possession. All students involved were 21 or older.

## the antelope | spring 2014 staff

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# EVER SEEN A SUB FLY?



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# Before you kick the bucket

*List of dreams alternative to cliché New Year's resolution*

**BY AMANDA SCHNEIDER**  
Assistant Copy Editor

March is fast approaching, which means by now some people have already given up on their New Year's resolutions. The start of a new year always seems like the perfect time to make improvements, but most of us are not ready for the mental, physical or emotional investment required to make those changes.

Whether or not people actually follow through with their resolutions, the first step to bring about any kind of change in your life requires acknowledging the need or want to change and recognizing the steps to do so. Instead of or in addition to making New Year's resolutions, it might be useful to create a bucket list.

A bucket list is a compilation of wishes to experience before death. Having dreams is important. Without the desire to go anywhere or do anything, you will not get very far. Sitting down to reflect upon and write out your hopes and dreams will tell you a lot about yourself, like where you're headed and what you need to do to get there. Plans must be made to make each dream a reality.

Each person's bucket list will be unique, but some common themes might be seen. Categories like education, career, new skills to learn, making a difference, travel and adventure are popular among bucket lists. William Allin said, "Education is not the answer to the question. Education is the means to the answer to all questions." Educational goals

could range from making the deans list or graduating with honors to learning a second language or taking a class for fun.

Career goals are important because once you know your career path, you can begin building a portfolio, making connections and finding a mentor.

Stevie Wonder said, "We all have the ability. The difference is how we use it." There are so many things to be learned, but most people put them off until "someday." If you've always wanted to learn to play the violin, poker or chess, take ballroom dancing lessons or learn to sew, then make it happen. College is the perfect time to learn new skills. Some of your desired skills might be offered as a class, so fit it in your schedule and have fun. Later on in life, when you're working full time and have a family, you might not make time for yourself to go do and learn all the things you want.

We can all make a difference in our lives. Marian Wright Edelman said, "We must not, in trying to think about how we can make a big difference, ignore the small daily difference we can make which, over time, add up to big differences that we often cannot foresee." Thinking of and helping others is a rewarding experience. Maybe you'll want to add donating blood, volunteering, going on a mission trip, paying for someone's meal or leaving a big tip to your bucket list. Through small acts you could change someone's life.

Many have heard St. Augustine's quote, "The World is a book, and those who do not travel read only a page." Traveling opens your eyes to history, culture and art. It allows one to experience life through the eyes of another. Write down all the places you want to visit, and make it happen. Start saving some money now and in a few years you'll be on your way.

Adventure goals are the most common on bucket lists and range from skydiving, white water rafting and

What's in your bucket?

Graphic by Alison Buchli



snowboarding to running a marathon, touching a snake, shooting a gun, getting a tattoo or going to a Red Sox baseball game.

Make your bucket list now and keep adding to it as you grow. Decide which items will be easy to cross off and which ones will take some planning or saving. Turn your dreams into reality and before you kick the bucket you'll have a completed list and lots of stories.



**How to play:** Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

1		5				4		
	7	8		5	3	2		
	3		1		8		5	
7	2		3				9	
			4	9	1			
	6				2		3	4
	1		8		4		6	
		7	5	3		8	2	
		9				7		5

Find answer on page 9

[www.sudoku-puzzles.net](http://www.sudoku-puzzles.net)

nips, onions, Guinness, a bunch of pepper and a little thyme.

Once that was cooking in the oven, we made cheesy scones and a coffee flavored sponge cake. I was really surprised at how easy making these two things were. I'm so used to using cake mixes and the bread machine that I thought making anything from scratch would take a lot more time and many more ingredients, but it actually was pretty easy.

After the cake had cooled, we made a cream cheese frosting spiked with some Baileys, and then we put instant coffee mix and white chocolate shavings on the top. I was a little leery about the stew, because I don't really like strange vegetables and lots of spices, but it was actually really good! And the

scones were delicious, and the cake was amazing!

The purpose of making all this food was so we could have "Dinner with Jack," our program director. Once everything was cooked, we carried it down to his cottage and ate with him. We talked about a lot of different things, and as I already said, the food was fantastic.

I'm kind of sad that I won't get to do it again, because I really enjoyed learning about the different spices the Irish use in the kitchen and the different ways foods are prepared that make them more traditional Irish or a little more French in influence, but I suppose it's only fair that everyone else in the group gets a turn.



## JESSICA'S COOKING

*Antelope Copy Editor Jessica Albin is spending the semester in Ireland. Read more of her blogs and see photos from the online link or Albin's link below.*

[albinjm.tumblr.com](http://albinjm.tumblr.com)



**JESSICA ALBIN**

On Monday, Danielle, Casey, Paige and I all got cooking lessons. We learned how to make a traditional Irish stew, with beef, bacon, turnips, carrots, broccoli, pars-



# Alpha Phi betting on good turnout for 'Red Dress Poker Tournament'

BY KILEY DIBBERN  
Antelope Staff

The 9th Annual Alpha Phi Red Dress Poker Tournament will be held Feb. 28 off campus at the Ramada Inn in Kearney. The event is scheduled to begin at 5 p.m.

"Last year our tournament brought in over 200 competitors," said Meghan Forsgren, vice president of marketing for the Alpha Phi sorority. "We were pleased with last year's turn-out considering the event had been postponed from a snow storm. We are hoping to have around 300 competitors this year and raise at least \$7,000."

"With this being the ninth annual event, it seems to have become a bit of a campus tradition," Forsgren said. "Many of the men on campus get very into the tournament and super competitive."

Madison Doughty, a junior business administration major from North Platte said he wants to do better than in the past two years at the event. "I typically prepare for the event by reading my book on counting cards, some say it's cheating but it's yet to help me out."

Like Doughty, junior biochemistry



major Tony Munch admitted to making an early exit in last year's event. "I didn't make it past the first table the last two years," Munch said. "But this year I really feel like I'm gonna win the plane tickets!"

"The top 40 places at the event will prize," said Forsgren. "We have a lot of really exciting prizes this year, ranging from gift certificates and gift baskets to a PS4, as well as several raffle prizes."

"I will be attending this year's tournament again and plan to get seventh place," Doughty said with confidence. "My strategy this year is to get as many Royal Flushes as I can. I feel like if I can get two or three, I can make the final table."

Tickets cost \$12 prior to the event and \$15 at the door. "Raffle tickets cost \$2 or three tickets for \$5. Buybacks start at \$10. All proceeds go to the Alpha Phi Foundation in support of women's heart health," Forsgren said.

"Anyone who has yet to attend the poker tournament is missing out," Doughty said. "I feel you can't graduate a true Loper unless you've attended the tournament at least once."



BY AKIHO SOMEYA  
JMC 315

One group of dedicated students have practiced a dance since last semester for the Japanese Festival, Sunday Feb. 23.

UNK hosts the Japanese Festival every spring semester supported by the Japanese Association at Kearney. Everything is free, and everyone is welcome. Those attending can eat Japanese food and enjoy stage performances such as a dance, songs and skits presented by Japanese students.

Yosakoi, a Japanese traditional dance, should be a highpoint of the evening. The group "Go" arranged Yosakoi in a modern style. Approximately 20 people will dance Yosakoi wearing Japanese traditional happi coats, so the stage will be very gorgeous.

Yuya Shirahama, a leader of one of the dance groups said, "In fact, our dance team named 'Go' is the second generation. I participated in the first generation last year, so it is second time for me to dance as a member of 'Go.'" Others of the present members have danced in 'Go' last year.

"We have practiced dancing for the upcoming Japanese Festival since last October," Shirahama said. "We are going to dance with smiles, and we want our audiences to smile through our performance."

Yosakoi dance has a long a story. It has few parts, so people can enjoy different types of dance at the same time.

With less than one week before the festival, dancers are practicing twice each week, four hours a week.

SEE MORE ONLINE

## Career & Graduate School Fair

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**Thursday, February 20, 2014**  
**10:00 a.m.—2:00 p.m.**  
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308-865-8501  
careerserv@unk.edu  
http://careers.unk.edu

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Related Events:

**Employer Panel**  
Thursday, February 13, 2014  
Alumni House, 2222 9th Avenue  
4:00—5:00 p.m.  
Learn about local businesses and what employers look for in new employees.

**Networking Reception**  
\*Hosted by College of Business & Technology  
Wednesday, February 19, 2014  
Kearney Country Club  
2800 19th Avenue  
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# LOOK into the HERD

By Sports Editor Andrew Hanson



Photo by Kent Kehler  
**Sydney Seberger of Lexington shoots over the top of a Pittsburg State defender. UNK came up short against the Gorillas with a score of 66-50.**

## Loper Spotlight

### Wrestling wins 12th Conference Tournament

Following the longest winning streak since the 2006-07 squad, the Lopers beat 16 straight opponents leading up to a fast start and score of 109.0 points to win the 2013 MIAA Championships Sunday Feb. 16 in Hays, Kan.

This is the Lopers second straight MIAA tourney title and 12th conference tourney title since 2000. UNK reached its winning point total -- the same total it had at this meet last year -- by having three champs, five runners up and two fourth place finishers.

### UNK places nine on USTFCCCA national All-Academic team

The UNK men's and women's cross country team placed six women and three men on the U.S. Track & Field and Cross Country Coaches As-

sociated All-Academic team. To make the team a runner must finish amongst the top 30 percent at the NCAA regional or in the top 50 percent at the NCAA championship and have a 3.25 cumulative GPA. Making the women's team were seniors Marissa Bongers, Jordan Bloesser, Liz Damman, juniors Bridgette Schneekloth and Briana Adams and freshman Morgan Benesch. On the men's team were seniors Kevin Carder and Nick Knudson and freshman Jahn Landrigan.

### Men's basketball extends win streak to seven

The Loper men's basketball recorded their seventh consecutive victory at the Health & Sports Center in a 92-83 victory over Pittsburg State last Thursday. The streak is UNK's longest in seven years, and the Lopers will look to extend it to eight tonight when they play at Emporia State.



Photo by Kent Kehler  
**Davion Pearson, a junior deciding major, grabs a rebound against Pittsburg State. Pearson had eight rebounds and five points in the Lopers win. UNK won 92-83, and extended their winning streak to seven games.**



Photo by Kent Kehler  
**The UNK women's basketball team wore pink jerseys last Thursday to support breast cancer. If fans wore pink to the game they would receive their tickets for \$5.**



# Cheers to INVISIBLE driving forces behind Loper athletics



Photo by Suneun Yoo

The members of the UNK Sapphires dance to the song "Dark Horse" by Katy Perry. The Sapphires showed the crowd a good time during halftime of both the men's and women's games.



Photo by Suneun Yoo

The half time show included a relay with balloons. About 10 boys participated dribbling to one basket to attempt to finish a layup before they popped a pink, breast cancer awareness balloon.

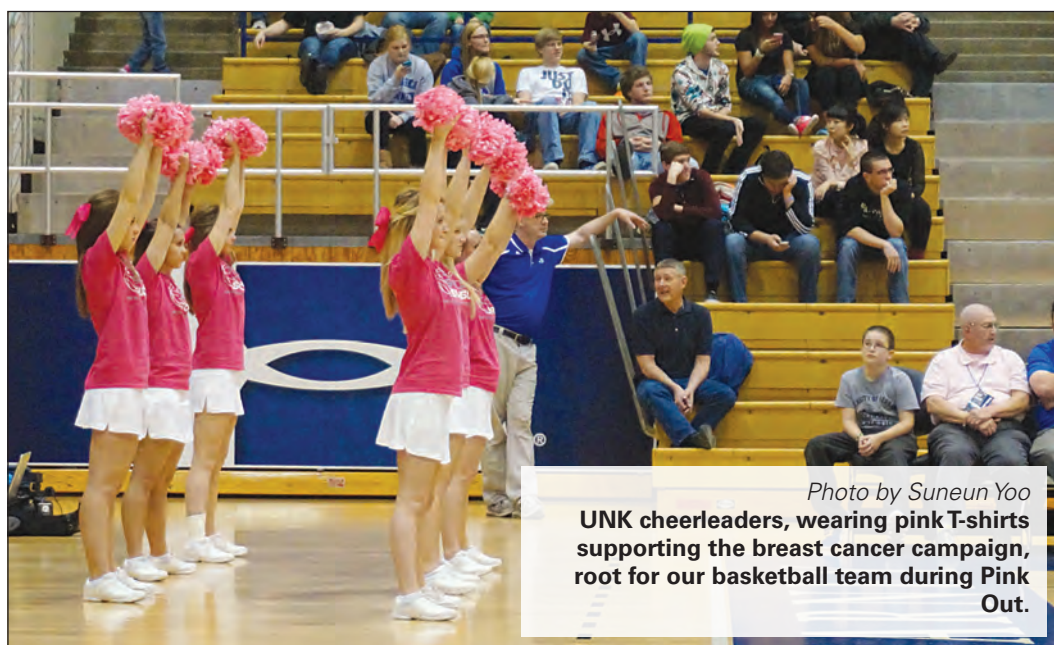


Photo by Suneun Yoo

UNK cheerleaders, wearing pink T-shirts supporting the breast cancer campaign, root for our basketball team during Pink Out.



Photo by Suneun Yoo

The band members perform an ensemble piece during the game. Their lively songs kept the fans excited and involved during all aspects of the Thursday game.



# True impact evident for even US president in Sochi

Olympic athletes, fans should never stop expecting, 'believing in miracles'



**BY CAIT GRAF**  
Assistant Sports Editor

Sochi 2014. Sochi 2014. Sochi 2014. The phrase has been branded in our minds and plastered on every tangible surface, television commercial and social media site available. It is the phrase that the entire world, despite culture and language barriers, understands and recognizes.

Viewers and fans have been anticipating the Olympics weeks in advance. In fact, since the opening ceremonies NBC reports show 28 million Canadians and 150.9 million Americans have tuned in to watch the Olympics.

Arguably, people who are not even avid sports fans find enjoyment in the Winter Olympics. Perhaps it is the outrageous amount of talent exemplified, the actual game itself or maybe simply a sense of patriotism or nationalism. Whatever it is, people love the Olympics.

However, the Sochi Olympics had

a negative connotation leading up to the grand event. Back in December, there were only fears about terrorist attacks and skepticism about whether Sochi was the appropriate location. The media paraded with stories revolving around the idea of cancelling the games.

CNN writer David Satter went as far to say "[its] an ominous sign that the decision to hold the 2014 Winter Olympics in Sochi may lead to one of the greatest catastrophes in the history of the Olympics."

Imagine cancelling the Olympics. Not only would a source of revenue disappear, the passion for a traditional, international event would also disappear. In my opinion, this would be more detrimental than the potential fears Satter expressed.

Out of the above reasons for watching the Olympics, I believe the sense of patriotism to be highly important, but the overall unexpectedness of the games captivates viewers the most.

Recap to the USA/Russia hockey game. An old rivalry was present, so inevitably both teams were out for blood. T.J. Oshie won the game for the U.S. with his shootout performance.

It is the sense of heroism as well that captivates viewers. The hockey game affected Barack Obama as he tweeted: "Congrats to T.J. Oshie and the U.S men's hockey team on a huge win! Never stop believing in miracles. #GoTeamUSA – bo."

These feelings of unexpectedness and heroism are international feelings as well. It was felt for the Netherlands when Dutch speed skater Jorien ter Mors set the new Olympic record in the women's 1500m speed skate with 1.53.51.

In fact, heroism is a huge component to the Olympics. Olympic photographer Jae C. Hong snapped a photo of a shirtless man standing outside the ski arena. The caption said, "Some fans go to real extremes to get the attention of their Olympic heroes."

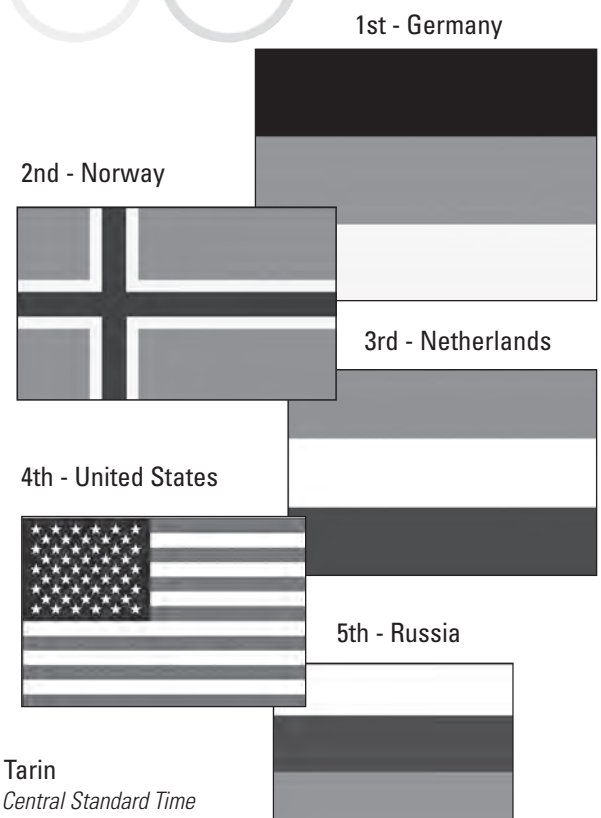
Despite the cynicism that revolved around the Sochi Winter Olympics, they are imperative to life – everywhere. Without them, the traditions, the patriotism, the competitiveness and the heroism would be lost.

## Sochi 2014 Winter Olympics

### U.S. Medal Count



### Medal Standings



Infographic by Adrianna Tarin  
Standings as of Feb. 18, noon Central Standard Time

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## Upcoming in the antelope

Peek into the next few weeks

- Loper wrestlers are MIAA champs
- Peer Health Organization push to make UNK tobacco free
- Movie review of "Son of God"
- Japanese Festival photographs
- New sports management professor feature
- Beauty Shop, fitness center closing in union
- The woes of planning a wedding while in college
- AOII Annual Dodgeball pictures

### NEXT WEEK

Tara Wasenius blogs  
"Growing up with The Beatles"

MORE BLOGS online at  
unkantelope.com



# It's about decision time for NFL front office



BY ANDREW HANSON  
Antelope Sports Editor

Whenever a leader fails to emerge, the loudest most outspoken person becomes the leader.

For the past two years the Miami Dolphins' leadership hierarchy went something like this: general manager Jeff Ireland was a sheep, offensive line coach Jim Turner was a childish liar and head coach Joe Philbin was oblivious, or worse, ignorant. With a leadership hierarchy like that the Dolphins might have been better off having Larry, Moe and Curly running their franchise.

Instead of the Three Stooges stepping in, though, a white, 6-foot-3 300 pound child emerged as the leader — Richie Incognito.

According to the NFL's investigator, Ted Wells, Incognito's leadership, along with his two teammates John Jerry and Mike Pouncey, went like this: At first they joked about shooting black people. Incognito thought that a .308 battle rifle was "perfect for shooting black people."

They then directed racial slurs at a Japanese athletic trainer. It gets better though. On the anniversary of the attack on Pearl Harbor the three "donned traditional Japanese headbands that featured a rising sun emblem (which the assistant trainer had given them) and jokingly threatened to harm the assistant trainer physically in retaliation for the Pearl Harbor attack," Wells wrote in his report.

There were plenty of homophobic

*There were plenty of homophobic slurs and taunts said by Incognito, Jerry and Pouncey as well as from Coach Turner.*

slurs and taunts said by Incognito, Jerry and Pouncey as well as from Coach Turner.

Straight out of Leadership 101. It's no secret the NFL is not your ma and pa's ordinary workplace. Any player will tell you that. Things are said and done in there that would not be acceptable at the average water cooler.

There's a line; however, and that line was clearly crossed.

Do you think this behavior would be acceptable in Bill Belichick's or Jim Harbaugh's locker room? Not a chance.

If this locker room broke Jonathan Martin and forced him to walk out, of course it says something about him. That's a question for another day. But it says way more about the culture and cancer in the Dolphins' locker room.

The SEC's co-defensive player of the year and projected mid-round draft pick, Michael Sam revealed to the world last week that he was gay.

Andrew McDonald, an offensive lineman who spent the 2012 season in Miami, was suspected by Incognito and his minions, along with Turner, of being gay. McDonald was subjected to "homophobic name-calling and improper physical touching." For Christmas McDonald's position coach, Turner, gave him a male blow-up sex doll.

Imagine if Sam were in that locker room.

Here's the thing, though; before this

past season started, Sam revealed to his Missouri teammates that he was gay, and the team went from 5-7 to 12-2. If the revelation was a distraction, it clearly was not evident on the field, probably because it wasn't.

Reaction from NFL players and others associated with the league was not "Incognito-esque." It was of support, but with a caveat. He's got to make plays; if he can play he'll be in this league for a while. That caveat applies to every player in this league, regardless of sexual orientation.

The problem for players like Sam is not

his teammates in the locker room, but the guys upstairs like Ireland, Turner and other front office personnel.

Players in the NFL are younger and more progressive; they've grown up around gay people, they're more accepting. People in the front office are a little older; they come from the older generation that isn't as accepting of gays.

The decision that general managers, coaches and other personnel are going to have to make is simple. Do they want a locker room cancer that has never led his team to the playoffs running the show? Or do they want a player who is a proven leader and winner, who just so happens to be gay, in charge?

## BB team ready to play series on home field

BY NIKKI THOMPSON  
Antelope Staff

After cancellations and travel days, Loper baseball fans are looking forward to some home games at last.

Senior starting pitcher, Adam Peters says the team is ready. "Coming off a great start to the season with a lot of confidence and victories, were ready to open up conference play at home this weekend."

Peters, from Lincoln, says the Lopers swept the Aggies of Oklahoma Panhandle State University and brought home wins

against the Jets of Newman University in Wichita after both series in Denver and Grand Junction were canceled because of weather issues.

The Lopers home opener weekend starts with a double header against Northwest Missouri State University Thursday, Feb. 20 with the first game starting at noon. The following games will be played on Friday, Feb. 21 and Saturday, Feb. 22 but times are still TBD.

All games are subject to change due to weather conditions.

## Sudoku answer:

Upside down, from page 4

5	4	7	6	1	2	9	8	3
1	2	8	9	3	5	7	4	6
9	9	3	4	7	8	2	1	5
4	3	5	2	8	7	1	6	9
2	7	9	1	6	4	3	5	8
8	6	1	5	9	3	4	2	7
7	5	6	8	4	1	9	3	2
9	1	2	3	5	6	8	7	4
3	8	4	7	2	9	5	6	1

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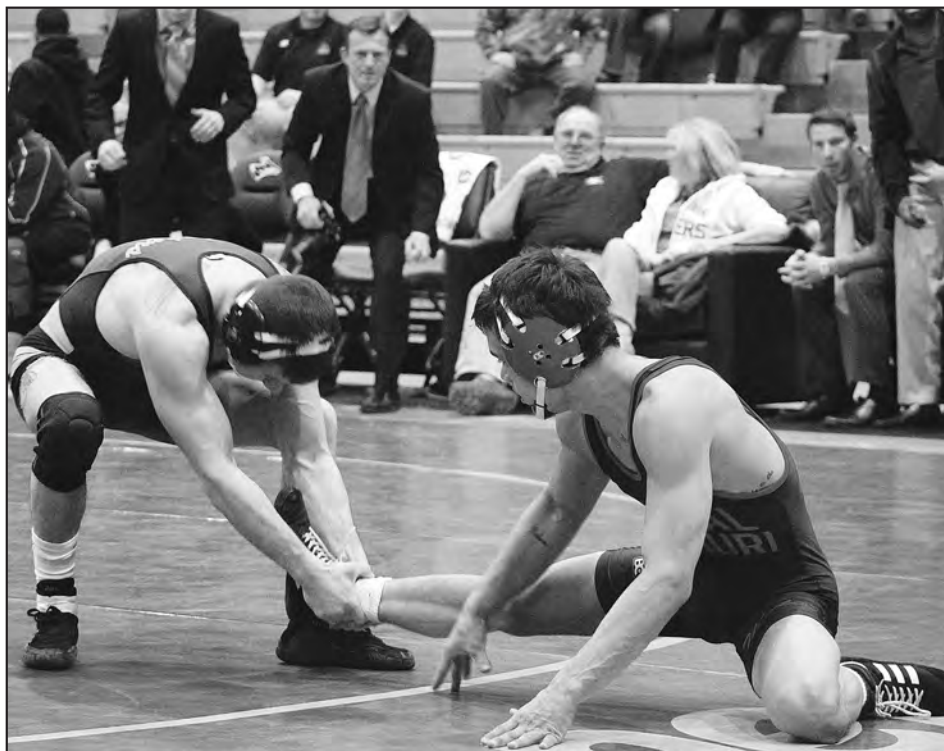
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# Lopers stomp Mules in dual, 35-8, Clinch MIAA Conference Championship for third year



**ABOVE:** Senior Patrick Martinez ties-up against Central Missouri's Josh Thompson during their bout that went in Martinez's favor 16-6. The returning Wyoming transfer wrestling at 174 lbs. is ranked fourth in the Division II individual rankings.

**TOP LEFT:** Returning All-American Brock Coutu shut out Eric Mateo, 8-0. The 141 lb. senior is a criminal justice major from Griswold, Conn.



**ABOVE:** Romero Cotton, sophomore psychology major from Hutchinson, Kan., wrestled to a 16-5 victory against Central Missouri's Todd Brier. The first ranked 197 lb. returning National Runner Up and Loper starting running back heads into the MIAA Championships with a 12-3 record, going undefeated against Division II competition.

## National Signing Day important stepping stone for football team

**BY NATHAN HEUER**  
Assistant sports editor

Marked as one of the most important days for college football programs, the first Wednesday of February gives fans a sense of what the future holds for teams. Last year on National Signing Day the Loper football team was able to scoop up two of its key starters in running back Romero Cotton and quarter-back Bronson Marsh.

Loper fans may also remember the fact that the team went 3-8 for the second consecutive year, improving in the MIAA 3-7 (2013), 2-8 (2012). It was a year filled with injuries that may have cost the Lopers the most. Head football coach Darrell Morris said, "Our goal for this class was to build depth across the board and to gain speed at skill positions."

To get insight into the 2014 recruiting class, the UNK football team held its first annual Football Signing Day Luncheon Wednesday, Feb. 5 at Cunningham's Journal on National Signing Day and included live interviews with the coaches via Doug Duda, ESPN's Superstation sports director.

Heading into the off-season the smell of competition will be in the air as the Lopers embark on their third campaign in the rugged MIAA.

"Going into every off season we have open competitions at every position and freshman will have a chance to come in and play immediately," Morris said.

The upcoming 2014 season will mark the teams third year in the powerhouse MIAA conference that featured four of the Top 25 teams in Division II and National Champion Northwest Missouri State. "It's a very competitive conference, and right now we are focused on building depth and speed to help our team," Morris said.

See the commit list of the 37 who signed with the Lopers online: 17 Nebraska natives, 10 from Florida, four from Arizona, two from Alaska and one each from Alabama, Colorado, Mississippi and New York.

**Complete signing list**  
online at  
[unkantelope.com](http://unkantelope.com)



McBride from page 1

nominations,” Black said. “As an honor society, we voted for Jon McBride and thought that he would be the best candidate for this year’s Last Lecture.”

Black said that from there, members were then put on a committee of three. The committee then interviewed McBride and members went to work with NTV News and UNK Public Relations to promote the important event.

McBride opened his lecture speaking about his childhood. “My mom basically raised me,” McBride said. “My dad died of a heart attack when I was 8 years old. I’ve always appreciated handling adversity as a result.”



JON  
MCBRIDE

Despite losing his father when he was really young, McBride said: “My father gave me the greatest gift he could give another person – he believed in me.”

He said that his parents taught him about common sense, which he added is something that is important to him.

“I’m big on common sense,” McBride said. “That, to me, is as important as some of the degrees that we get through education.”

Prior to beginning his 30-year career in intercollegiate athletics, McBride said that he spent two years in an umpiring job.

“The job only lasted two summers, but it was the most amazing life learning experience for me,” McBride said.

He said that this experience taught him life lessons. “I don’t regret not giving something a try,” McBride said. “I started to walk away from that opportunity twice and didn’t do it. I stayed in there. [It was] the best experience of my life.”

As part of the overall theme of the lecture, McBride spoke on leadership and his experience with leadership.

“You have to think as a leader,” McBride said. “People are going to give you different things that you need to work with.”

McBride said that it is important for a leader to set the bar high for their team. “It reflects on you as a leader,” McBride said. “It needs to be a reflection of yourself as you move through. But you need to be ethical and honest in everything you do in your behavior. The key values will follow as a result.”

McBride said that a leader should always hire good people, and let those good people do their jobs.

“I’m there to steer the ship – to help them out, let them do their jobs,” McBride said.

During his intercollegiate athletic career, McBride said that he had the honor of working with two women’s volleyball coaches.

“Do you think it served UNK, or it would’ve served UNK if I ejected myself in their operations?” McBride asked. “They need to run their program. [But] they need to know that you have their back as they’re running their programs.”

McBride said that sense of humor is big in leadership.

“Anyone who knows me, I’m a sense of humor guy,” McBride said. “I want to see smiles on people’s faces.”

He told the audience a story from his days at Louisiana State University, relating to sense of humor.

“It was a big game on national television. I was in charge of the entry of the team being coordinated with the networks,” McBride said. “We had a big fireworks show set up and ready to go. We get close to where the team is starting to come out, and I start hearing chatter on the walkie talkie. ‘Jon!’ ‘Not now.’”

Then I realized who was on the walkie talkie, McBride said: the guy at the fireworks display wanting to do his thing.

“The captains came out.

“The guy I hear from at the fireworks says, ‘now?’ I said ‘no!’ and he went ‘go?’ ‘No!’ So we had the best \$20,000 show for the captains taking the field.”

“We had a good laugh with that and then moved on with it,” McBride said. “It’s a learning experience. It’s a defense against minor troubles. Don’t let the humor escape you.”

McBride said that as a leader, it is important to be confident and maintain team moral. “As a leader, by staying calm and confident, you can help keep the team feeling the same way,” McBride said. “Remember, your team will take cues from you.”

McBride added he hoped people felt he was a leader that was confident, and they were confident in him.

McBride said that it is important not to rush decisions, and to make the right decisions.

“My boss at Florida said, ‘Don’t send out an email at 5 p.m. Don’t make a decision. If you’re going to think about it, think about it,’” McBride said. “‘There’s no rush in the situation. Do the right thing, but take your time in doing that. Get input from people. You’ll feel good about it at the end.’”

McBride recalled a tough decision he had to make when he was at LSU. The game was broadcast on television through pay-per-view at \$24.95 per subscriber,

## Mortar Board

Established in 1918, Mortar Board is a national honor society recognizing college seniors for their exemplary scholarship, leadership and service. UNK’s Xi Phi Chapter is one of 230 chartered chapters nationwide.

The Last Lecture series has occurred at UNK for almost 20 years. Mortar Board chapters have hosted across the country for more than four decades. Applications concluded Jan. 24 for 2014 spring membership, but interested students should go to Mortar Board on UNK website for more information about 2015 membership.

with an anticipated 10,000 viewers. An hour before the game began, McBride said, they could not get the game up and running for the viewers, and did not get it up and running until after the game had already started.

“I realized that there was another situation that had to be made because there were a lot of people that paid for [the game],” McBride said. “We ended up putting it up for free because we couldn’t get the feed up on time.”

He added that, while this was no easy decision to make on the fly, he was assured by one of his financial people at LSU that he had made the right decision.

McBride said that it is also important to not get “caught up in the glitz or glory” when a good thing occurs. “If things are going good, you’re one bad decision away from controversy,” McBride said. “That bad decision could come from anywhere.”

McBride ended his lecture by giving the audience some life advice. “Did someone have an impact on you in your life? If they did make sure they know that,” McBride said. “Be positive and enthusiastic, have a work ethic second to none, have respect for others and operate with class and integrity.”

At the end of his lecture, Mortar Board presented a gift to McBride in the form of a donation, on his behalf, to the University of Nebraska Medical Center for Parkinson’s research. A reception followed the event to allow audience members to speak with McBride and reflect on what they heard.

World from page 1

we’re seeing.”

After each film, a small group of UNK staff or faculty and community members will answer questions about the film. Each group will have a special connection to the topic or geographical location of each film.

The film series is sponsored by the Department of Modern Languages, International Studies Program, Dean of Fine Arts and Humanities, Senior Vice Chancellor for Academic and Student Affairs and Department of Political Science.

That guy from page 2

we haven’t all done that.

Jordan Miller, a freshman athletic training major and Kimminau both agreed that it is pointless for girls to wear makeup and get all dolled up to workout. I bet we could all agree to call “that girl” in the gym the “Diva.”

On a different note, you might be that guy in the gym if you have three sets of dumbbells, a bench and a machine. He goes by the name “Weight Hog” and he probably has a milk jug full of water that is dripping all over the gym “Gallon of Water Guy.”

One of everyone’s favorites is that guy who needs to tattoo “Rackem” on his bicep, or even write it on the mirror by the machine he is working out at. This person leaves his weights on machines or lying on the ground and could be wearing a bandana or stocking hat that might read “Hulkamania.”

Who am I kidding? If I had a bandana that referred to Hulk Hogan I would probably wear it to the gym, to classes and probably to bed. Rack your weights when you are done it is common courtesy.

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# 'It's never too late'

Students fly to check adventures off bucket lists

BY BRIAN BUGAY  
Antelope Staff

Following a recent Antelope poll, our staff has discussed our lists of things to do before we get old or eventually die, a bucket list. But how many of us have actually crossed off some of those ideas?

We live in a culture where we love the phrase "It's never too late." It really is never too late to experience new things and cross items off your list, whether that is to skydive, swim with sharks, visit every state in America or even all three. There are students on this campus who have crossed a few things off their lists already, including me, that being skydiving.

Jake Mitchell, a junior transfer student from California and criminal justice major, has already done one of the things he has listed: go to Hawaii. "Hawaii is a beautiful island, and I would highly recommend anybody to go there," Mitchell said.

Jordan Tucker, a junior aviation management major from Kearney, wants to be a commercial pilot. When Tucker went to Florida for spring break he crossed parasailing off his bucket list. "It was an experience that will be with me forever," Tucker said.

It's never too late to experience something that you have wanted to do all your life. Sure it may be expensive but it creates an everlasting memory and that is what life is all about.



*Courtesy Photos*  
**ABOVE/LEFT:** Jordan Tucker and Brandi Tucker checked parasailing off of their bucket list this summer. They enjoyed the sport for the first time at Daytona Beach in Florida.

**RIGHT:** Jake Mitchell and his fiancé, Renee Xiong, visited Aloha Stadium, just 20 minutes from Wakiki Beach in Honolulu. Visiting the state of Hawaii was on Mitchell's bucket list until last summer.

 Have you crossed something off your #BucketList lately?  
Tweet pictures and mention @unkantelope