University of Nebraska at Kearney SANTE OPE

Run With It

Free food draws crowd to food festival

BY DANIEL APOLIUS

Antelope Staff

The International Food and Cultural Festival has been entertaining and feeding UNK students and Kearney residents since

The festival drew crowds young and old to watch the many events and to enjoy the different dishes from around the world.

The festival filled the lower half of the Health and Sports Center. Students and residents were greeted with warm smiles and aromas of flavorful dishes floating up from the tables filled with food. Booths were set up for re-

spective countries and offered a variety of displays and activities for spectators. South Korean students had

a booth where they painted small symbols from their country on people's faces.

Japanese students wrote

paper for others in their traditional language.

Jordan VanWinkle, a junior from Chappell said, "This is a great event for Kearney residents to experience the many cultures that come to UNK."

The delegate women involved

characters and names on sheets of wore brightly colored garments of blue, purple, yellow, lavender and red, creating a lively color contrast to the steel gray skies of Nebraska.

Kelsey Koch from Omaha said, "I love that our international students can share their culture with us, I really love to see them

such a difference from wearing shirts and jeans."

Entertainment including piano solos, choreographed dances, fashion shows and karate demonstrations entertained the crowds while they ate ethnic dishes.

Jessica Fritsch a sophomore

in their traditional clothing. It's from McCook said, "The African people that attend learn about each dancers were by far my favorite, I just love their brightly colored costumes."

> Brenda Tichner a UNK adjunct faculty member said, "This is great. The diverse cultures involved interacting with one another mean that the students and

others' cultures, and each year is an improvement from the last."

Each delegate from the International Student Association invested time and effort to ensure this event was successful.

Rahima Ramanova a junior from Uzbekistan said "It takes a lot of work to put on this festival but it's nice to see the smile on peoples' faces when it comes together."

"It takes a lot of work to put on this festival, but it's nice to see the smile on peoples faces when it comes together."

Rahima Ramanova **Iunior**







Photos by Daniel Apolius Above: Chinese dancers perform at the International Food and Cultural Festival Far Left: Ashley Brit-

ton, a senior from North Platte, Hitomi Yamao, a junior from Japan, Haruna Kawasugi, a sophomore from Japan, and Raquel Londono, a junior from Brazil gather together for a group shot.

Left: Kelsey Koch of Omaha, and Laura Steinke of Grand Island enjoy activites at the Food Fes-

Fraternity hosts benefit for Martinez family

▼ Who doesn't love flapjacks and french toast sticks?

BY GARRETT RITONYA Antelope Photo Editor

On Sunday March 2, the Alpha Tau Omega fraternity hosted a pancake feed in the Student Union to benefit the family of Jose Martinez, raising just over \$1,300 for

the Martinez family. Martinez was tragically killed in a car accident Jan. 17 on Interstate 80. His passenger, Yuto Yamamoto, was also killed in the car-semi collision while on their way back to Kearney.

The benefit started around 5 p.m. and featured a mass of pancakes and sausage. Burger King even provided French toast sticks. Set-up for the event began at 3:30 p.m. with the plugging in of appliances and getting everything in

"It took awhile to set up the giant griddle and get it working," said Freddie Arnold, a freshman education major from Fairbury, "All of the pancakes made at the event were made by hand."

Approximately 100 people came to the benefit, with many purchasing raffle tickets to win one of the possible 36 prizes avail-

Some of the prizes included two Celine Dion tickets, a digital camera, and hair care packages. All of the raffle prizes were donated by businesses in Kearney or students who attend UNK.

The event, hosted by the ATOs, was the first major philanthropy event hosted by the frater-

nity in quite some time. "This is our first major fundraiser since we hosted 'Hot-Tub-A-Thon' just over three years ago," said Eugene Bichlmeier, a junior broadcasting major from Columbus. "This is way bigger than that was and it was basically our biggest event."

Alpha Tau Omega plans to host the event next year with all proceeds going into the Jose Martinez Memorial Fund, a special scholarship set up by the fraternity. The members are still determining plans for where the scholarship will go.

'We have a couple ideas for what direction we want the pancake feed proceeds to go towards next year," said Robbie Heinzen, a sophomore music education major from North Platte, "But we will wait to see what the whole fraternity wants to do with it."

The fraternity wants to thank

everyone who attended the event and all the businesses who donated prizes. It was because of their generosity that this event was suc-

"Seeing the response from the UNK campus for Jose was really neat," Heinzen said.

"He would have loved to have been here helping us, because that is who he was.'



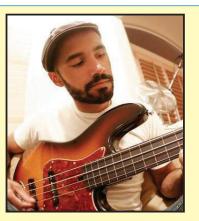
Photo by Sarah Ahlers

Junior Emily Vencill and senior Craig Beaman enjoy the food provided by the Alpha Tau Omega Fraternity at the pancake feed Sunday night. Over \$1,300 was raised.



Photo by Sarah Ahlers

Sophomores Dean Sullivan, Cristina DeLeon and Mark Dunn serve pancakes, french toast sticks and other breakfast items at the pancake feed.



For an insiders look at Incubus, read the whole story on page five.



Nine wrestlers qualified for natioanls. Go to page eight to read



and Craig

Campbell

Vote for your student body president today and tomorrow, March 5 and 6.

Coming soon to UNK:

Laser Tag Thursday, March 6 @ 7 p.m. **Ponderosa Room**

Alpha Phi Red Dress Poker Tournament Friday, March 7 @ 5 p.m. **Ponderosa Room**

Softball Saturday, March 8 @ noon **Softball Field**

Nebraska Democrats shake up senate race

Kleeb and Raimondo jump into Senate race to fill Hagels' shoes

BY LAURA LARSEN

Antelope Staff

Last week, two Democratic candidates jumped into the race for United States Senate for current Sen. Chuck Hagel's seat.

Columbus businessman, Tony Raimondo, kicked off his campaign Monday Feb. 25 at the headquarters of Behlen Manufacturing.

fessor Scott Kleeb filed his paperwork for candidacy with the Secretary of State on the same day. Kleeb and Raimondo are

Hastings College history pro-

competing this primary season to battle the presumptive Republi-

can nominee, former U.S. Secretary of Agriculture Mike Johanns. Johanns left his post last May to enter the race. Johanns recently passed the mark of raising \$1.5 million towards his campaign ef-

Raimondo caught the attention of Nebraska Democrats last December when he switched his to Democrat. Raimondo is the former CEO of Behlen Manufacturing and longtime friend of current U.S. Sen. Ben Nelson.

According to Raimondo's campaign Web site he is running because of four reasons. His reasoning ranges from issues with the economy to national security.

In terms of economic policies Raimondo said, "Fiscal discipline has been thrown out the window along with our domestic priorities like supporting agriculture, energy independence and responding to national disasters at home."

Thirty-seven-year-old Scott party affiliation from Republican Kleeb gained recognition throughout the state in 2006 when he launched a congressional race for the third district seat of Nebraska. Kleeb's campaign captured widespread Republican support and caught national attention when the close race forced President George W. Bush to make a campaign stop in Nebraska.

Kleeb's senate campaign is focused on the message of bring-

"These are our challenges... we must solve them together, as Nebraskans always have."

Scott Kleeb Democrat

ing Nebraskans together to combat national problems such as the economy and national defense. "We are in this together. These are our challenges, and we must solve them together, as Nebraskans always have," Kleeb said.

Kleeb has also said he is running to inspire Nebraskans and fight the sense of apathy that currently exists within our society.

"They expect us not to care. They expect us to settle for the same old thing. They are in for a big surprise this year," Kleeb

According to the Nebraska Secretary of State there are currently two Republican candidates, four Democrats and one Green Party contender.

Pat Flynn of Schuyler is battling Johanns to become the Republican nominee.

Democrats Larry Marvin and James Wilson are fighting Kleeb and Raimondo to be the Democratic nominee. The Green Party nominee is Steven Larrick of Lin-

Nebraska voters will have their chance to decide in the state's primary that will take place on May 13.

Going once... going twice... sold!

▼ Philantropic auction held by Resident Advisor Council gives back to community

BY JARED HOFF Antelope Staff

The 2008 Resident Advisor Council held the annual philanthropic auction Feb. 26 in the Nebraskan Student Union. A large crowd of mostly UNK dorm residents bid on a variety

of different items and services. Most of the items started out with a value of \$3. Music education major, Blake Thompson of Dalton, was the program chair and very pleased by the

turnout at this year's event. "This is my second year as an RA," Thompson said. "We were able to raise \$536, which was more than last year. We also doubled the amount of items to bid on this year."

The philanthropic project has become a popular event held in the spring of each school

The items consisted of a number of ideas, from a movie and snack package provided by Tyler Kaufman and Achala Sharma, to a variety of different maintenance services like trash take-out and room clean up offered by several different resident advisors.

Christy Brooks, a graduate lessons with Chris Hein won student working in the commu-

nity council group and an advisor to the project from Butte praised the efforts of the RAs.

'This is my second year working the project," Brooks said. "The RAs put a lot of effort into this project. I wish more people from the campus would attend and join in on the



Photo by Erik O'Brien Tyler Kaufmann, resident advisor from Mantor hall, offers a bowl of treats during the

A steak dinner for four with dessert of the buyer's choice provided by Anita Kucera, drew the most money of the event at

with a bid of \$12 and ice skating lessons provided by Benn Dixon and Matt Tomjack went

Also sparking a heated bidding competition was the RA Staff Fun Night which includes drinks, food and fun provided by the CTE staff.

Business major, Scott Benson from Sioux City, Iowa, was one of a few students who won the Fun Night with a bid of

"I look forward to a nice social setting, complete with movies, games and some really good food," Benson said.

Thompson, who provided a "singing of a song" prize, gave a sample of his vocal abilities to the crowd before starting the bid, which sold for \$6.

"It's just a great way to benefit the Kearney community," Thompson said. "We're happy to give back to a particular organization like this.'

The event is a nice way to give back to the community, which is the objective of hardworking students who coordinate the project. With continued success like the 2008 campaign, the philanthropic auction will Two half-hour long guitar be benefiting the UNK campus for years to come.

Poverty Panel addresses issues in Kearney and community

BY KIMBERLY TOMJACK

Antelope Staff

A Poverty Panel met on campus Thursday, Feb. 28 in Copeland Hall to discuss poverty in the Kearney community.

Panel representatives from different social service agencies including Campus Kitchen, R.Y.D.E. Transit, Mid-Nebraska Community Action Partnership, Kearney Public Schools, Family Resource Council, Good Samaritan Health Systems and Goodwill Industries answered a list of questions and any additional questions that guests had.

The panel started with each representative explaining what their organization does in relation to poverty. They also defined poverty in their own words and described what they thought poverty looked like in Kearney as compared to more urban areas.

An actual client from the Family Resource Council was also there and took time to discuss how she has received help. The panel then answered any questions guests had and wrapped up the discussion with information of how students and the community

can get involved.

Cody Waldman and Megan Boss coordinated the panel. They are also the coordinators for Campus Kitchen. Boss was the moderator and Waldman served on the

"The panel was a big success," said Waldman. Waldman estimated that there were about 100 people at the event.

There were a lot of people in attendance, and I believe we did a good job in raising awareness of this issue," Waldman said.

A perfect example of what not to do

BY YOANA GARCIA

Guest Writer

Amy German could not have had any better training than the experience she had as an undergraduate student. In her years as a UNK

student, German said, "I was the worst advisee ever in the entire history of advisees.'

"It's more than ironic that I'm a full-time academic advisor," German said.

For nine and a half years, German has assisted deciding student seeking majors. She also evaluates degree audits and will consult for a general studies check.

German said other services that the academic advising office also administers include the EWR (Early Warning Referrals) and the PASS (Parents Assisting Students Success) programs to help students achieve academic success.

"Since I never listened to my advisor, never took her advice, never saw the importance of being advised, it took me ten years to graduate," German said.

"One of the benefits of meeting with an academic advisor is working together to accomplish good organization in the classes that you need to graduate," German said

German also teaches first year French. "Teaching gives me a unique viewpoint on both the

Chiropractic

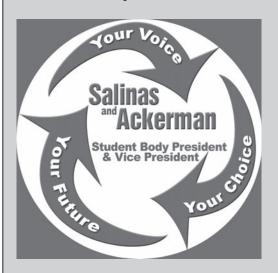
student and the faculty perspective," German said.



Photo by Yoana Garcia Amy German has been a full-time acadmeic advisor for nine and a half years.

Vote on March 5 and 6, and let your voice be heard.

Help decide the future of UNK Student Government. Voting booths will be in the Student Union from 9 a.m. to 3 p.m. & 5:30 p.m. to 7 p.m. Wed. & Thurs. Booths will also be available in the Library, HYPER & West Center 10 a.m. to 2 p.m. Wed. & Thurs.



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Infographic by Michelle Allen Campaign logos from their respective candidates

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WEDNESDAY, MAR. 5, 2008 Layout by Michelle Allen The new smoking ban: invasive or protective

AGAINST the smoking ban

BY MICHAEL ADELMAN **Editorial Cartoonist**

Mark Twain once said, "I haven't a particle of confidence in a man who has no redeeming

petty vices." How true that statement rings for me in the wake of recent events regarding the Nebraska Legislature's approval of Sen. Joel Johnson's smoking ban. It requires that all businesses, including bars and restaurants, become smoke-free by next summer. The law leaves very little room for exceptions.

The measure recently passed by a large margin, much to Sen. Johnson's glee, I am certain. However, a society should guard against the propositions of those who wish to narcissistically impose their wills on the populace, especially when the rhetorician in question has an empirical bias regarding the way things "ought

As a former surgeon, I am certain that Sen. Johnson clings to the ideal that the preservation of the physical self is a human duty. Such an individual is more inclined to propose laws that "protect people from themselves" and may be unaware of the cost that is incurred upon personal freedom by taking such a measure.

By taking away businesses' right to allow customers to in-

dulge in the petty vice of smoking, Johnson has moved society one step closer to how he feels it "ought to be."

What he does not realize is that he and the rest of his onetrack-mind cohorts are anything but representatives of what the people actually want. The average person, in his generally confused stupor, does not see the implications of attempting to make all businesses comply with such an asinine measure. So average Joe goes along with it, thinking it is for the "greater good," as the Legislature laughs in unison at how easily they can confuse general

Guess what? Nobody has to go into a smoke-filled bar. Did anyone ever think about this for even a second? If Johnson and the legislative buffoons had any measure of intelligence, they would realize that some entrepreneur out there would recognize the need for a smoke-free establishment and create one himself, leaving the non-smokers (and the people who don't want to work in a smoke-filled environment) plenty of other options. This shatters the rhetoric that a person should "be able to come home from the bar without smelling like smoke." Go to a different bar, I say. Better that than accepting poorly constructed arguments as the cornerstone for

the creation of all-encompassing, over-protective measures.

Another thing, people have no business acting as though it is their right to walk into any establishment and walk out without the "evil" taint of cigarette smoke. Guess what? Even with a smoking ban in place, those businesses have the right to refuse service (and employment) to anyone. Even you oh-so-pious non-smokers. Your ability to sit in their establishments, smoke-free or smoke-filled, is a privilege, not a right.

Go ahead, sit back while these out-of-touch, disproportionately well-to-do blowhards attempt to make the citizens just as vapid, unthinking, and lacking in personality as they are.

I did not busy myself with the knowledge of moneymaking so that I could one day have the time and leisure to become a state legislator and impose my arbitrary will upon the reluctant populace. Lawmakers first had to busy themselves with the arts of persuasion and moneymaking in order to have the breathing room to take on expensive campaigns. This explains why those who are all-powerful are the biggest nonthinkers in existence. I'm going to go have a cigarette now. Please save me from myself.

FOR the smoking ban

BY LISA ELSON

Antelope Editor

Smoking is a vice, an addiction and in no doubt unhealthy to the smoker and everyone around the smoker.

The recent smoking ban could not have come soon enough. In fact, I am disappointed that we have to wait over a year for it to go into effect. I only hope that Kearney will follow suit with Grand Island and start the ban earlier.

I have read a lot of what everyone has had to say about the recent smoking ban, and I really want to add my point of view.

First of all, I am completely for a smoking ban. I do not believe the government is infringing upon my rights in any way.

I am not a smoker, and I never will be. I can't stand secondhand smoke. I want to contribute some statistics from The American Cancer Society at www.cancer.org to support my argument.

•In the United States alone an estimated 35,000 die from heart disease in non-smokers who live with smokers:

•About 3,400 lung cancer deaths in non-smoking adults;

•Breathing problems in nonsmokers, including coughing, mucus, chest discomfort; and reduced lung function

•150,000 to 300,000 lung in-

fections (such as pneumonia and bronchitis) in children younger than 18 months of age, which result in 7,500 to 15,000 hospital-

•Increases in the number and severity of asthma attacks in about 200,000 to 1 million children who have asthma:

•More than 750,000 middle ear infections in children;

•Pregnant women exposed to secondhand smoke are also at increased risk of having low birth weight babies."

For those of you who smoke, maybe you should consider some of these factors before you light up a cigarette next to someone. In addition to my previous

comments, I would like to make a few other points. A few people have mentioned that non-smokers have the choice not to be in a smoky environment. Some have said people who

hate smoke shouldn't be in bars because drinking isn't healthy ei-

Here's a thought. Have you ever considered the idea of a designated driver? I have personally gone to the bar with my friends and not consumed a drop of alcohol because I was the one driving home. Unfortunately, I have to smell like an ashtray when I get home. Soon I will not have to worry about that.

The state is not banning smoking and telling people they cannot smoke. They are saying you just can't smoke in more places than the ones already established as

smoke-free environments. Many people have an issue with the government. They are saying the government is taking

away our right to choose. I don't see anyone complaining about the requirements the FDA has set up for food labels to list trans fats and other unhealthy ingredients.

The FDA looks out for our health, and I believe the legislature is looking out for our health with this decision too.

Just like with food labels, the government requires them to be placed on packages, but they are not requiring people to stop eating unhealthy food.

I have nothing against people who smoke. I understand it is an addiction. My only issue is that secondhand smoke is harmful.

Have smokers considered how they are taking away the rights of non-smokers every time they smoke? They are taking away a non-smokers choice to remain smoke-free. You are choosing for a non-smoker to breathe in your tobacco. Does that make you any different from how you describe the government you hate?

O'Mally overcomes odds Assistant hall director changing lives at CTE

BY ABBIE WIEDNER

Guest Writer

An assistant hall director, a staff of 11, and 290 other students are all under the discretion of one man. He handles conflict, room changes, judicial meetings and mediation on a daily basis.

John O'Malley, a counseling graduate student from Chicago, is the hall director of CTE this year in his his first year at UNK, as well as his first year as a hall director.

O'Malley completed his un-



Photo by Abbie Wiedner

John O'Malley, talks to Pamela Thindwa, freshman, about becoming a resident advisor at an informational meeting. dergraduate studies at the University of Denver where he received his degree in music performance.

He was a resident advisor for three years in Denver, an experience he described as being "very

for "the great Central Staff that welcomed me when I came for my interview." He said that this campus is a

O'Malley said he chose UNK

big change from where he was, but that he absolutely loves it here. O'Malley has an extra chal-

lenge, along with everything else in his life. He is dyslexic, and also has ADHD. These "disabilities" force him to rise to the occasion and fight for excellence in all he

"I wasn't supposed to go to college, but I didn't let it stop me. I overcame those obstacles and found myself in music. Music is my soul," O'Malley said.

Because O'Malley beat the odds and attended college, he is impacting many lives along the way. Whether music is responsible, or just a determination that can move mountains, O'Malley is here bringing a fresh new perspective to residential living at UNK.

Warmer weather brings smiles



Photo by Bridget Peters

Heith Meier, senior elementary education major from Grand Island, takes advantage of the warm weather taking his toddler classroom at the Child Development Center outside. Winter can be rough because the children can not go outside for recess, but the warmer weather last week brought big smiles as the children went outside to play.

≇Antelope

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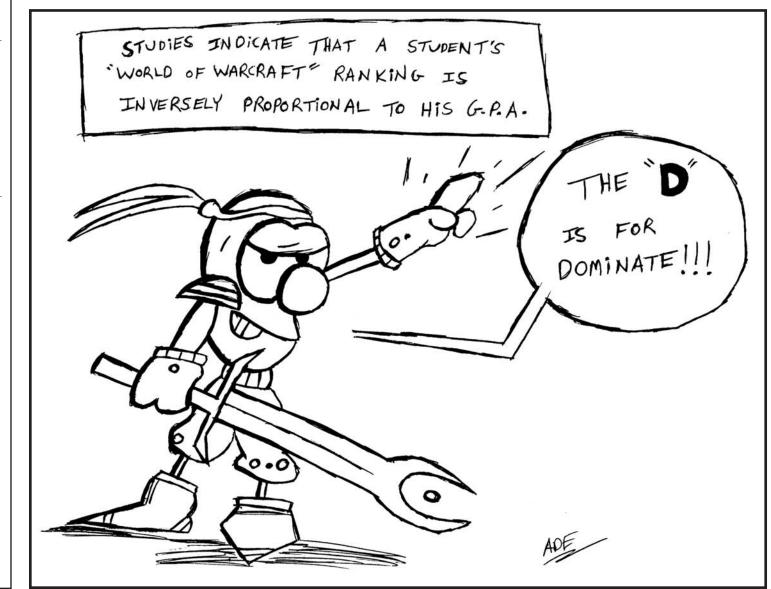
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Features

Incubus takes a 'drive' to leave a green footprint

BY MARK HAYDEN Guest Writer

When you look at the current situation in the music world, you see a lot of indie bands making it big. Then there is Incubus. They conquered the radio in the late 1990s with a hit called "Drive,"

and 10 years later, they show no

signs of slowing down.

They have certainly come a long way since opening for bands such as 311 and System of a Down. They are now the headliners for all of their tours and no longer resemble the dread-locked, baggy pants and chain-wallet bunch. Their sound has transcended far from the psychedelic-funk sound that adorned their debut titled, "Fungus Amongus."



Courtesy photos: Google images

Ben Kenney has been playing bass for Incubus since 2003. He is a well established musican. Before Incubus, he played guitar for hiphop group, "The Roots," on their "Phrenology" album.

The quintet consists of Brandon Boyd on vocals; Jose Pasillas, drums; Ben Kenney, bass guitar; Mike Einziger, guitar, and DJ Kilmore who could probably turn your mom's old dust pan into some sort of musical sound. He plays the turntables, mellotron, piano and organ.

Over the past ten years, the quintet has probably accomplished more than they bargained for when they began making music in Einziger's garage at age 17.

They have a resume built upon more than 15 singles, five full-length albums, four DVD's, multiple worldwide tours and amassing sold-out crowds on nearly every continent. Incubus has made a name for itself and has become a major influence in rock

They are touring on behalf of their latest effort, "Light Grenades." The album that hit number one on the charts in December 2006 has spawned hits such as "Anna-Molly," "Oil and Water" and "Dig." Their latest tour stops in Hawaii, Australia, Manila, Beijing, Shanghai and Hong Kong.

Ben Kenney chatted with me via Blackberry about their latest tour, while taking a stroll downtown Los Angeles. His voice was a subtle one when describing the sunny Californian weather and probably not intended to make my cold and blustery afternoon in Nebraska ever dull.

While Incubus is touring the world and making music on their record label with Sony-BMG, other bands are not so lucky. Record sales are at an all-time low and continue to decline. Many bands will have to find other ways to hold on and distribute their music themselves.

"Pop music, which is essentially three-minute long ring tones, is going to be something very powerful. It's going to generate most of the money in music, but the creativity will only thrive," Kenney said.

Touring the world and showing the world music requires spending gobs of money. Basic necessities such as airfare, fuel and Corona can get expensive. But Incubus is also showing the world how to decrease its carbon

They accepted the Missions in Music Award at the E! Entertainment Awards last November for their efforts. They run their tour buses on bio-diesel fuel, use strictly organic materials and even their merchandise is organic (shirts, posters, stickers, wrist bands). They never falls short of turning their popular stature in music for a good cause. They are always informing their large fan base to do its part.

"I honestly think that down the road, there is not going to be a choice. I think the situation with oil in the world is only going to worsen," Kenney said.

That is not the only thing that Incubus does to lend a helping hand. Their charity, "The Make Yourself Foundation," is a strictly non-profit organization that helps other foundations around the world and others who are in need. They have raised over \$1 million since the inception of the organization in 2003.

Their most recent donation of \$10,000 to www.stopglobalwarming.com, was just one of many. After the Tsunami in Indonesia, they gave nearly \$100,000 to help the victims of the unstoppable force.

"We're always trying to figure out ways to raise money for our favorite charities. We receive a lot of assistance from Jake Versluis, the director of the foundation. He is very good at channeling our energy into the production

"We're always trying to figure out ways to raise money for our favorite charities."

Ben Kenney Incubus

Kenney joked, "We are much better at making music!"

Playing music for the past 17 years together has taken them from playing in the garage of the Einziger's, to flying all over the world to play high demand shows.

Playing shows in Argentina to the dry deserts of Dubai has become the norm. Last year, their world tour stopped in venues in Iceland, Portugal, Israel, Dublin, Brazil

absence of any ego problems. So I think anything is possible. I really enjoy making music with these guys."

They have learned to feed



Courtesy photos: www.enjoyincubus.com

From left to right: Ben Kenney, Mike Einziger, Brandon Boyd, DJ Kilmore and Jose Pasillas. Incubus will be touring this month in Hawaii, Australia, Manila, Beijing, Shaghai and Hong Kong..

and Peru, but that doesn't even skim the surface.

After seeing the world and experiencing all the different cultures that the world has to offer, Kenney says that he has been very grateful for being able to see the things that he has, while being able to play music at the same time.

"I don't think anybody could be the same after being to all the different places we have been to. I have been exposed to cultures that I have never known before."

Kenney joined the band in 2003 after leaving hip-hop pioneers, The Roots, and has been playing bass ever since.

Incubus has separated themselves from their peers of the late 1990s. Their levelheaded and wellgrounded minds keep them true to their music and fans and keep them from flaunting their Mini-Coopers on shows like "Cribs."

"All of the guys in the band get along really well; there's an

off each other during shows, which translates into an always intense, highly energetic and mind-provoking concert. Their wide array of songs to perform is sometimes presents a hard decision when it comes to building a set list for each show. With songs such as "Pardon Me, "Stellar" and "Megalomaniac," they can make it a little easier and of course, they throw a few rarities in to make it interesting.

Kenney insists that one of his favorite songs to perform will always be, "Wish You Were Here." The song gives the listener an oceanic and tranquil feeling, which should be a hit with their fans in Hawaii. They play at the Waikiki Shell in Honolulu on March 21, 2008; a venue located beside the

"We might have to write a sequel to that song while we are in Hawaii and dedicate it to the people that 'are here' with us."

Reynolds Series hosts international conference

Readers from around the world honor Sandhill Cranes migration

BY ALISSA ROBERTS

Antelope Staff

The UNK English Department offers a wide variety of career options and events.

"The most obvious career is teaching at the high school and middle school level," Dr. Martha Kruse, the chair of the English Department said.

Kruse said English majors go into fields such as law, publishing and working for non-profit organizations. Kruse said the English department has a very active chapter of Sigma Tau Delta. The student honorary group recently hosted a poetry slam.

"The performance aspects of a poetry slam is a very different atmosphere. The audience boos the judges," Kruse said.

One venue the English department uses to bring literature into the community is the Reynolds Readers and Writers Series put together by the Reynolds Chair from the English department, Professor Allison Hedge Coke.

As the cranes migrate into Nebraska this March, Hedge Coke organized to have seven readers from around the world come to UNK to read and perform for the Honoring the Sandhill Cranes Migration Tribute Retreat and World Affairs Conference.

From Mar. 7 to Mar. 15, students have the opportunity to hear the readers present on several different topics related to cranes.

The seven readers are Wang Ping, LeAnne Howe, Janet McAdams, James Thomas Stevens, Hugo Jamioy Juagibioy, Fredy Chicangana and Johana Marcela Mestre Izquierdo—Aty Janay.

"This particular conference is built on different areas of studies,"

"Kearney is a very supportive community. Taking literature into the community is something we enjoy doing."

Dr. Martha Kruse Chair, English Dept. Hedge Coke said.

Hedge Coke said the writers are from different cultures and different landscapes. The element that ties the seven writers together is their specific interest in the

"There is something for everybody. Every college on campus can be included," Hedge Coke



Kruse said the retreat is a great opportunity to give the public access to literature.

"Kearney is a very supportive community. Taking literature into the community is something we enjoy doing," Kruse said.

Hedge Coke said the retreat is a time for students to learn about the socio political conversations taking place all over the world.

"The retreat is meant to enhance the experience of students at UNK and to enter the literary discussion of the cranes around

the world," Hedge Coke said. Hedge Coke said a student could be inspired to study something related to global scholarship after attending the readings. If a student were to attend each read-

ing, the student would walk away with something different every

"It is hard to find a discipline the cranes do not fit into," Kruse

The first reading for the retreat will be held on Friday, Mar. 7 at 7:30 p.m. at the Frank House where Wang Ping will start the re-

Local writers and students from UNK will be reading during the retreat as well. The local writers are Susanne Bloomfield, Kurt Brochard, John Damon, Barbara Emrys, Charles Fort, James Hawley, Rick Marlatt, Kevin Nenstiel, Charles Peek, Terri Lee Schriffrens, Jan Thompson and Don

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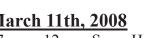


March 11th, 2008

7 am—12 pm, Same Hall/Same Room 12 pm— 2 pm, Displaced Student Signup

8 am— 2 pm, Open to all Students

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2 pm— 6 pm, Same Hall/Different Room

March 12th, 2008

Nebraskan Student Union Atrium

Bracke-TAU-logy

BY GARRETT RITONYA

Antelope Photo Editor

The Alpha Tau Omega fraternity will be hosting its second annual "Bracke-TAU-logy" fundraiser coming up in mid-March. All proceeds from the event will go to the American Red Cross, the fraternity's national philanthropy.

Last year was the first year for the event, which is a run-off of the annual March Madness NCAA Tournament.

"Last year the event was thrown together in just over a week right before the tournament," said Doug Smith, a senior criminal justice major from Elkhorn. "This year's version has been more prepared."

The contest is simply filling

out the March Madness bracket as soon as the teams are announced on Sunday March 15, completing the 65-team field.

Each win is worth a certain amount of points, depending on what round the win comes in. The intriguing part about this contest is that upsets are worth double the points. An upset is defined as a lower seed beating a higher seed, as in a 10-seed beating a 4-seed. This aspect of the game allows for maximum excitement and makes it so anyone can win.

Prizes this year include the first place award of an iPod Touch. Second place receives \$100 in gas cards and last place, not third place, is the winner of \$50 in movie passes to any theater.

"We hope the last place prize

encourages people who know nothing about college basketball to take a stab at the contest," said Eugene Bichlmeier, a junior broadcasting major from Columbus. "Anyone can pick a team to win." The fraternity will have ta-

bles set up in the Student Union on March 10, 12 and 13 selling brackets, as well as attending various hall councils. Brackets are \$5 and there is no limit to how many you can buy and fill out, all helping out the American Red Cross.

"We are hoping the success from our pancake feed continues into this one," Smith said. "The Red Cross has done so much for Kearney and we really want to give back."

Campus Edge brings huge selection to Kearney

BY LISA BECKER Antelope Staff

"Our goal with Campus Edge is to provide a clean, friendly and relaxed atmosphere to the students of UNK," said Mike Hendrickson of Kearney and new owner of Campus Edge, previously University Grill.

Hendrickson is also the owner of the Cellar Bar and Grill of Kearney. He wanted to incorporate some of the home cooked goods from the Cellar with the idea of a convenience store while providing the students at UNK with a great service.

He and his co-owner thought that students need to have a facility close to the college with more selection and good quality hot food.

Hendrickson purchased the store in January of this year. He made the purchase with the idea of giving it a thorough cleaning. As it turns out, they have completed an extensive remodel. The coolers and fountain machines are all brand new.

The main difference between the new store and the previous is the huge selection. Hendrickson wants to bring the things that are happening on the West and East Coast to the students at UNK. The huge selection starts with beverages. Anything that you have ever thought of drinking is at Campus Edge.

First, there are at least 25 different types of energy drinks ranging from SoBe and Full Throttle to Amp and NOS. Not only does the store offer the en-



Photo by Eric Korth

Cook Paul Evalt flips some burgers March 4 in the kitchen of the recently opened Campus Edge.

ergy drinks, but they will also be featuring four different flavors of energy drink slushies straight from the East Coast.

Energy drink slushies aren't the end however,

Campus Edge will also feature an additional two slushies with flavors that will change each month.

Energy drinks and slushies not your thing? Don't worry. Campus Edge has both Coke and Pepsi fountain machines. Not just your average fountain machines however, each have 12 drinks making a total of 24 fountain drinks available. 'I don't think that anywhere else in town offers this big of a selection,"

For the coffee drinkers, Campus Edge will offer six flavored coffees, one regular coffee and five types of cappuccino. Also available are the cold Starbucks

In addition to the caffeine selection at Campus Edge, the new store also offers a huge selection of Gatorade, PowerAde, iced tea, bottled water, juices,

Campus Edge has also brought a "mostly new menu with a wider variety," Hendrickson said. The grill will be featuring homemade steak phillies and gyros for lunch and dinner and homemade breakfast burritos for breakfast. These three items will be made from scratch each day.

The new store is located across from the Fine Arts building by Solar Eclipse and Subway and is open from 6 a.m. to11p.m. seven days a week. The opening day was Thursday, Feb. 28.

For breakfast, Campus Edge will offer breakfast burritos, country fried steak and egg sandwiches,

egg and cheese croissants with ham or sausage, hash browns and jumbo glazed cinnamon rolls.

The store will also be offering warm snacks like cheese balls, onion petals, sweet corn nuggets and southwest munhcers.

For lunch and dinner the steak philly and the gyro will be available along with hamburger or cheeseburger, chicken fried steak sandwich, the crispy chicken wrap and French fries. They will also be offering fresh cut salads with the option of grilled or crispy chicken on top.

For students who want or need a break from campus, Campus Edge offers the "Loper Den" which with wireless internet and a T.V. They will also be bringing Sinclair gas back to the store.

One thing that Campus Edge will not be offering is beer and liquor. "We wanted to be campus friendly, and we know that students have other options for purchasing alcohol. We just want to give them a good environment and hot food," Hendrickson said.

Currently Campus Edge employs six employees; two cooks, three cashiers and the general manager, Cindy Brandt.

"We are definitely looking for part time help and would like to keep the cashiers strictly UNK students," Hendrickson said. If you would like to apply to work at Campus Edge, simply go to the store and fill out an application.

It's flu season

with rumors spreading as fast as the pesky

flu virus

BY MICHAEL PENNETTA Antelope Staff

This year it seems as if the flu virus had a purpose; a deliberate intention to attack the campus of the University of Nebraska-Kear-

The UNK campus is not the only place to suffer such high rates of infection this winter, last week CNN reported over 60 percent of all Americans had caught some form of the flu virus this year.

"Two weeks ago, we had over 40 students come in here with influenza symptoms," Assistant. Director of Student Health Sue Pedersen said.

"Last week 14 students came

in with the exact symptoms," Pedersen said.

UNK students suffered the most during the weeks of Feb.11 to 29. According to student affairs, over 80 students reported sick within these few weeks.

"Of the 80 students that reported with the illness 90 percent of the students did not have the flu shot. The ones who had the flu shot experienced lighter symptoms if you will," Pedersen said. "Most of our students experienced a high fever of 102 degrees, body aches, sore throat or cough."

The illness was so widespread across the campus that students developed a rumor founded by wishful thinking and a Facebook

site. "We actually had a rumor going around here that if the campus experienced 60 percent influenza

"Two weeks ago, we had over 40 students come in here with influenza symptoms."

Sue Pedersen Asst. Director, Student Health

infection school would be canceled. Of course that is not true," Pederson said.

Influenza is a respiratory and bacterial illness accompanied by severe symptoms, the intensity of which varies with its host.

The symptoms of influenza can be identified by a high body fever, body aches, sore throat or

"We want students to be aware of the illness, come in and tell us your symptoms, take the appropriate precautions to avoid the illness, such as getting your flu shot."

Pedersen said. "Some of the students had a flu shot that was out of date or was just not effec-

UNK Forensics program grows, blossoms

▼ Team competitor Pettigrew values both individual and team success from competitions

BY KELLY BERNT Antelope Staff

With his polite demeanor and confidence, it's not a surprise

that Kearney native Brandon Pettigrew has been an active member in speech and forensics since high school. Now a UNK political science major with a minor in speech, Pettigrew enjoys being part of a successful member of the UNK Forensics team

Pettigrew decided to join forensics because of his passion for speech. In his senior year of high school, the opportunity to continue into college opened up.

"Rachelle Kamrath (Forensics director at UNK) approached me and said she was starting a program," Pettigrew said. "It's the reason I decided to come to college at UNK.

Numerous awards achievements illustrate Pettigrew made the right decision.

This year Pettigrew will be taking his speeches in persuasion, impromptu and communication analysis all the way to Nationals.

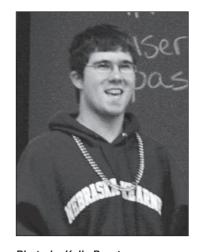


Photo by Kelly Bernt Junior Brandon Pettigrew made his decision to come to UNK when presented with the opportunity to continue speech in

Pettigrew also competes in after dinner speaking, a duo with partner Ben Clancy, and informative speaking.

Not only has Pettigrew experienced success, but the team overall boasts a total of 105 awards this year alone— and they're only mid season.

"We compete from October to March," Pettigrew said. "It gets to be very time consuming. We're gone nearly every weekend for a

Pettigrew said he enjoys the friendships created through the program. "I can honestly say that most of us are friends before teammates," Pettigrew said. "It's something the program tries to instill. We also help the lower classmen feel welcome and learn to ropes of forensics."

The friendships are one of the reasons Pettigrew keeps returning. only a junior, he says he definitely plans on returning as a speech team member next year. "I think the thing that keeps me coming back is the community atmosphere between teammates and even other schools," Pettigrew said. "We compete against the same schools almost every meet. and we really get to know each other. We're very close."

Pettigrew is also the Election Commissioner for Student Government and active in conservation off-campus.

▼ Forensics coach Rachelle Kamrath propels revived forensics program to new levels of success

BY KELLY BERNT

Antelope Staff

Since the revival of the Forensics program, the UNK Speech Team has experienced abundant success. None of these accomplishments would be possible, however, if forensics director Rachelle Kamrath had not worked to

revive the Forensics program. In the fall of 2005, feeling there was potential for a Forensics program at UNK, Kamrath requested for a revival of the program. "I wanted to come back to UNK," Kamrath said. "It was my alma matter- I liked the town and I liked the university."

Revitalizing the speech program was not an easy task. Kamrath prepared budget plans and put a proposal together before approaching William Jurman and George Lawson. They agreed, deciding that Kamrath could also serve as a lecturer for speech related courses.

Three short years later, the Forensics team has experienced success beyond even Kamrath's expectations. "I was confident that



Photo By Kelly Bernt Serving as UNK's Forensics director is greuling work, but Rachelle Kamrath wouldn't have it any other way.

we had student base and talent." said Kamrath. "But they never cease to surprise me.'

Kamrath feels grateful for the opportunity to work within forensics. "I am lucky to work with a very talented group of students", Kamrath said. "They go out there

every week and do something most people are terrified to do; public speaking-and they do it with ambition."

instructs Speech 100, Oral Interpretation and Directing Forensics. Direct-

On the lecture side, Kamrath

ing Forensics is geared toward those who aspire to becoming speech coaches themselves.

For Kamrath, it is important to keep the 'family atmosphere' alive within the speech team. "We became very family-like very fast," Kamrath said. "We celebrate even things that seem like mediocre triumphs- everyone supports each other." Kamrath is also grateful for the support of administration and faculty. "It's great to know our administration is cheering us on every week," Kamrath said. This season, the team continues excelling, with members qualifying for nationals and a finalist in state Oratory for the first time since the program was reinstated. With Kamrath leading talented members, look for the team to keep excelling in years to come.

Student employment: the ups and downs

Full-time students with part-time jobs face time management challenges

BY SHELLY FOX

Antelope Staff

As if the stresses of choosing a major and trying to graduate in four years aren't enough, many students also struggle with another choice: employment.

Director of Career Services Nancy Kneen, suggests that students wait until after their first year of college to start working, if that is their choice.

"During the first year there are a lot of adjustment issues; growth, change...many miss out on the traditional University experience," she said.

As is generally the case with any form of multi-tasking, something usually gets less attention than it should.

With student workers, it can often unfortunately be school. Something to watch out for

when working and going to college is a change in priorities.

"The focus changes from 'I go to college and work part-time' to 'I work and go to class when I can'," Kneen said.

Some students choose to get a job just for some extra spending money, but there's no doubt some students have to work to help put themselves through school.

"To graduate and not have worked at all is not something employers look on positively."

Nancy Kneen Director of Career Services

The choice or need to work, however, is not without its ben-

Kneen said that students who

a high grade point average can make a great impression on future employers.

"Employers look for students with work experience, especially with a good GPA," she said.

Students who work have a chance to develop skills as well as make more connections in the community, which can also come in handy when looking for a ca-

Going to school and holding down a job also teaches students time management, maturity and

work ethic. "There are more opportuni-

work and are still able to maintain ties for career exploration," Kneen said. "Not only what they like, but what they don't like.'

> So how can students find a balance between working and not neglecting school?

Kneen suggests finding a job on campus or applying for work

"Work study is a federally funded program based on financial need," she said. "The employer pays a certain percent of the salary, and the government pays the

Some community programs also hire work study candidates, and work study employers can be more understanding and supportive when it comes to school

Most also offer more flexible hours with regards to the student's class schedule.

However, there is a down-

"They don't always pay as well," Kneen said.

Even though employed stu-

dents may have to work a little harder to keep up with their classes, the work experience will help them in the long run, not to mention the extra cash.

Features

■18th Annual Nebraska **Handwriting Contest in full** swing BY HILARY KRUGER Antelope Staff

The 18th Annual Nebraska Handwriting Contest is open for

Julie Agard, an assistant professor in the UNK Department of Teacher Education, is in charge of the competition and has been since its start in 1991. The Nebraska Handwriting Contest was created by Tom Hutson of Red Cloud, in memory of his mother Eva, Agard said.

It has been said that in today's computer age, proper penmanship is becoming less important. The problem with this is that it can hurt a student's academic perfor-

While computer use is more widespread, proper penmanship is needed when writing essays, filling out job applications, handing in homework and taking notes for

Society also seems to forget

the personal touch that comes from writing a letter. While electronic communication may take less time, a printed word is permanent and adds that special touch.

The handwriting competition is conducted by the UNK Department of Education and the Nebraska State Education Association, with prizes sponsored by Follet's Campus Bookstore.

Prizes will be awarded in four categories: ages 12 and under, ages 13-16, ages 17-49, and ages 50 and over. Follet's Campus Bookstore is in charge of providing winners with first and second place awards for excellence in penmanship. Prizes include \$25 and \$15 gift certificates awarded on the recommendations of the

Rules of the competition in-

1. The text provided should be

written in any of the various styles of cursive handwriting rather than printed. Each sample of writing will be judged as a whole according to ease of reading. The writing should feature not only a fluent rhythmic movement but also a technically correct performance of specifications such as the slope, space, size and shape of the letters. The goal of the work is disciplined freedom of movement.

2. The competitor can choose the paper and the writing instrument to use as long as the paper is 8 1/2" X 11". The general layout of the entry (choice of margins and line spacing) will be taken into account along with overall

3. Only one entry may be submitted by each competitor. The competitor must write his/her name, address, telephone number and/or e-mail address on the back of the entry, indicating age as of Feb. 1, 2008. Students should also write the name and address of their school and the name of their teacher. Teachers are asked to submit only the top three or four entries from their class after their own local judging.

4.Entries may be submitted anytime after March 1, but must be received no later than March 31, at: NEBRASKA HANDWRIT-ING CONTEST, Attention: Julie Agard, University of Nebraska at Kearney, College of Education, Kearney, NE 68849. All entries become the property of the Nebraska Handwriting Contest and will be retained with the right to use them in full or in part in exhibitions and/or publications.

The complete rules and texts can be found at http://www.nsea. org and http://coe.unk.edu/con-

Though still yearning for pretty, snowy Russian winters, Goro-Rapaport brings intense energy to art department

BY ANN BIERBOWER Guest Writer

From Moscow to Jerusalem to Kearney, oh my!

These far-away places may seem like unlikely places to land, but that is the path that print maker and professor Victoria Goro-Rapaport took to the University of Nebraska at Kearney.

Rapaport, who adds international diversity to the Fine Arts Department at UNK, originally completed her undergraduate degree studying set design at the college 1905 in Moscow, which was given its name in honor of the first Russian revolution.

Rapaport discovered her passion for printmaking while running a framing business in Jerusalem. She took a class to enhance her set design skills and

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admits she fell in love with the process.

Rapaport created her first studio in her home kitchen using the table to build a bath of acid. "It was probably pretty unsafe; we had no ventilation," she adds with a smile.

The acid baths are used to soak sheets of copper with her compositions carved into them, completing just one of the dozens of steps in the print making process.

Rapaport was able to move to the United States in 1993, after multiple attempts for citizenship, when her mother received a job at the University of Utah. She completed the first of two masters degrees there, the second, focusing purely on print making,

the winters are prettier because there is so much snow," she said.

Rapaport would not specify exactly how much it costs yearly to maintain such an art process, although she admits that her livelihood is not made through creating art.

"It is gratifying to show a techinique to a student and seem them really do something with it...I like to see the progress."

Victoria Goro-Rapaport UNK professor

Rapaport finds her job teaching rewarding. "It is gratifying to show a technique to a student and see them really do something with it. I like to see the progress,'

She spends 60 hours a week, in addition to her teaching responsibilities, working on her personal pieces in the print making studio and her personal office.

"She's intense," said Yves Gadjoro, a sophomore graphic design student.

Rapaport also is revamping the art studio. She has been working beside construction workers making many improvements such as new and increased shelving and storage, a paint job and an overall cleaning and reorganization.

most couldn't function," she said.

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Rapaport competes in art shows nationally and internationally, winning prizes such as Best in Show, which often include

Rapaport said the most expensive part of sending out her work is shipping. Some of her larger pieces range around 6 feet in height, complete with multiple pieces and frames. "It adds up," she said.

Rapaport is now holding a single person show in a studio in Pittsburgh, which contains 14 of her pieces. She also attended a non-competitive conference in Estonia during the fall semester.



Photo by Ann Bierbower

Victoria Goro-Rapaport creates a composition, which is the first of many steps involved in print making. The image will then be transferred to a thin copper plate by running it through a press and then soaked in an acid bath for hours.

Students help fellow man through Habitat for Humanity

BY RACHEAL SMITH

Antelope Staff

This summer, UNK students will be joining other students from campuses across the United States to help build homes for Katrina victims. The group from UNK will be leaving July 27 and will return Aug. 2.

"This is a chance for college students to come together and help."

Deb Murray Coordinator

After the devastation that New Orleans endured from one of the worst disasters in United States history, volunteers are still

needed to help pick up the pieces. Habitat for Humanity set up a youth program called Collegiate Challenge to enable students to do

their part in helping Katrina vic-

"This is a chance for college students to come together and help," said Deb Murray, the coordinator of the trip.

The students will arrive on a Sunday and leave on the following Saturday. During the week, the students will work on a construction site Monday through Friday 8 a.m.-5 p.m. There will also be free time in the evenings to explore the

exciting city of New Orleans. The approximate cost of the trip will be \$515. Those participating in the program will have lodging at the Habitat for Humanity Volunteer Center in New Orleans or otherwise known as Camp Hope.

The registration for Collegiate Challenge is still open, so there is still time for anyone interested to join. For more information, contact Deb Murray at 865-8135 or murraydf@unk.edu. For more information in general about the program the Web site is www.habitat.org/youthprograms/ chochal.



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Lopers reach to community schools

UNK athletes get involved with the NCAA Outreach program

BY GRIFFITH WATSON

Antelope Staff

Sportsmanship. Teamwork. Goal setting. These are three of the components that UNK athletes use day after day to help them achieve greatness both on the field and in the classroom. With the NCAA Division II Women's Elite Eight tournament returning to Kearney, Loper student-athletes have teamed up with the NCAA to help teach these three important life skills to area elementary students.

UNK student- athletes are visiting area fifth-grade classrooms once a week for the four weeks leading up to the Elite Eight tournament. During the first three meetings a different lesson is taught each week.

"The first session covers sportsmanship, the second goes over goal setting, and the third talks about teamwork," said Blake Cover, a sophomore baseball player and Business Finance major from Kearney. "We try to use a lot of everyday examples so that the kids can use the things we are teaching them both at home, in school and in sports."

"We use a basketball and

laminated basketballs to help the kids with visualization," said Joe Gonzales, a senior baseball player and Sports Administration major from Lakewood, Colo. "They wrote an example of good or bad sportsmanship on their ball, and if it was good, they put it in the hoop, and if it was bad, their ball went outside the hoop."

Towards the end of each session, the UNK athletes lead the fifth-graders in a game that helps them to put the lessons to work.

"The kids really look forward to the games every day," Cover said. "They see it as a chance to have fun, but at the end of the game, we explain to them how the games used some of the things we just taught them that day."

The game following the teamwork lesson requires the fifthgraders to blindfold themselves, and work together to accomplish a goal without being able to see.

"It's great to see the kids have taught them," said Gonzales. "The kids might not understand right away, but playing the games really helps them to see how working together makes it easier to accomplish a goal."

The last week that the athletes

and fifth-graders meet is the week leading up to the Elite Eight tournament.

By this week, the fifth-graders have learned about sportsmanship, teamwork and goal setting. During this last session, one of the eight teams that make the championship tournament visits each classroom. The fifth-graders get the chance to show the basketball players everything they learned.

Each classroom participates in the Student Outreach Program gets to attend a game at the championships. The fifth-grade students get to go to a game to cheer on the team that visited their school earlier in the

This is the second year that the UNK Athletic Department has run the NCAA Student Outreach Program. Last year over 80 athletes helped out at fifth-grade classes in area elementary schools.

"I enjoyed doing the program actually using the things that we last year," said Cover. "I was excited to be able to participate again this year."

> For the student athletes and the fifth grade students, this program has been a great success so far. The UNK students get great experience working with kids and



Photo by Nicholas Hauder

UNK baseball player, Ben Townsend of Kearney, helps a student set short-term goals at Bryant Elementary as part of the NCAA Outreach program.

teaching them some important in an exciting environment and lessons they have learned through sports. The fifth grade students get a chance to learn new life skills

get to experience the Elite Eight tournament and make lasting

Overall, throughout the last two years, the outreach program has been a great success.

Wrestlers grapple West Region into submission

Lopers send nine participants to national meet in Cedar Rapids

BY HANNAH HOTOVY

Antelope Staff

The Loper wrestlers win the RMAC title by storm

The 2008 NCAA DII Western Regional was a place of victory for the Lopers as nine out of the ten wrestlers qualified for nationals

The Loper wrestlers have had a rough season compared to what many people had predicted their season would be like. The loss of a few wrestlers has caused their lineup to be weakened and, therefore, some of their duals didn't turn out the way they had hoped. But this last weekend, on Mar. 1 at the New Mexico Highlands University where the 2008 NCAA DII Western Regionals were held, the Lopers had their line-up back and ready to wrestle.

Senior Tervel Dlagnev, a returning three time RMAC champion, anticipated winning his fourth title as a RMAC champion.

"I was expecting to win, but that wasn't my main focus. I just wanted to perform well," Dlagnev

Dlagnev did just that by

pinning all three of his opponents and not only did he win his fourth RMAC title, but he is only the second wrestler ever to win four RMAC titles. Also, Dlagnev was awarded the RMAC Wrestler of the Year award.

Dlagnev wasn't the only wrestler who competed well at the tournament. Teammate, senior Jeff Rutledge, won his first RMAC

"I was excited to finally get my first title," Rutledge said. "It also felt good to finally come out on top my last year.

The rest of the Lopers did exceptionally well at the tournament, which helped the team win the RMAC title. Five of the ten wrestlers ended up as RMAC champions, and the other four ended up placing either second or third.

"Our performed phenomenally well," Coach Marc Bauer said. "For as difficult as our year has been, moving guys around and replacing them, this was a great accomplishment. We knew we had a great team and we knew we had the leadership and

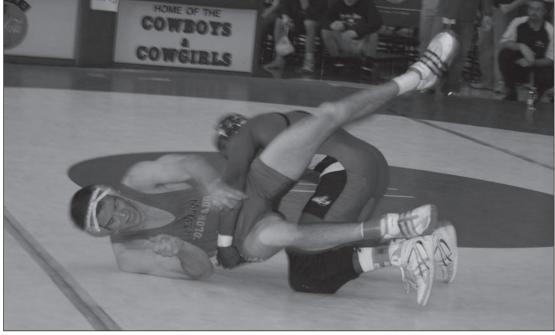


Photo by Hannah Hotovy

UNK sophomore Marty Usman manages to get some back points off of the No. 1 ranked Larry Wilbanks of Western State. Usman beat Wilbanks 5-2, and then later beat the No. 2 ranked Evan Copeland of Adams State to become the RMAC champion at the 2008 NCAA DII Western Regional held last Saturday in Las Vegas, NM.

talent, but we just hadn't been able to put it all together."

The team now waits for the NCAA DII Nationals, which will

be held in Cedar Rapids, Iowa on Mar. 14-15. Dlagnev and Rutledge are getting eager for nationals.

"I'm excited to wrestle a guy

I haven't wrestled before and to wrestle several other guys that I haven't seen much of this year," Dlagnev said. "Also, I'm excited

to watch teammates wrestle for a team title as well as individual

Rutledge also is looking forward to nationals.

"I hope that winning the RMAC title will help propel me to win a national title in two

The national title is on Coach Bauer's mind as well, and he believes that regionals was just the beginning.

"Having nine wrestlers going to nationals was just what we needed to help us get a national title. It's just all coming together," said Bauer.

"For as difficult as our year has been, moving guys around and replacing them, this was a great accomplishment."

Marc Bauer Head Coach

Golf team ready to tee off in '08

BY KRISTEN BROCKMAN Antelope Staff

Golf is a game of silence, concentration, precision, excitement, eagles, birdies and pars. That is what the UNK golf team is trying to bring to the course this season.

Dick Beechner has been the UNK golf coach for ten seasons. He has a great reputation for telling his players how it is.

Max Hadenfelt, sophomore golfer for UNK, enjoys the way Beechner coaches him on his "He keeps things simple for the team by

being a straight shooter. He tells everyone how things are and how to improve our game in simple terms that we can understand," Hadenfelt

The team started the season in the fall and are preparing themselves for the up coming spring season.

They have a major disadvantage during the winter months because they cannot practice outside due to snow and cold weather. So they enter every spring a bit behind the competition.

"An outside facility would be boost the golf team to that next level of competition. We would be able to stay in our rhythm and keep our swing we had at the begging of the season," Hadenfelt

The talk of a new outdoor facility for the golf team has been mentioned before and is being

Hadenfelt would like to see a driving rang, new bunkers and a putting green.

Beechner does hold practice in the Health and Sports Center in the early mornings, where the team hits plastic balls and work on the fundamentals of their swing.

"It is hard to tell how the ball will come of your club when you hit plastic balls. It helps but its not like hitting the real thing," Hadenfelt

As the team gets ready for the spring season and the weather starts to warm up they can finally go out side and hit a real golf ball.

"We do not have much time to get ready for the fall season. It is always a struggle in the winter but, as soon as we can get outside the better we will be," Hadenfelt said.

The golf team may not get as much attention as football, volleyball, or basketball but they still have the fire burning inside to play the game.

"The team is dying to get back on the course. All we want to do is play the best golf we can and bring a title home to UNK," Hadenfelt said.

The Antelope would like to congratulate all UNK athletes who qualified to the NCAA Championships in their respective sports.



Lopers dominate field events

Five tracksters qualify for national indoor meet

BY KELLY BERNT

Antelope Staff

This past Friday and Saturday the UNK Loper Track and Field teams hosted this year's RMAC indoor conference meet. The Lopers jumped, sprinted and threw their way in to third place finishes in both the men and women's

"In any sport, you're looking for a kid to maximize their Godgiven ability," UNK Assistant track coach, Brady Bonsall said. "Conference meet is what we're shooting for. We want athletes to compete at the championship level in the meet that matters."

"Because only a handful of athletes qualify for nationals, the conference meet is the most important meet of the year for several competitors," Bonsall said

On the women's side, the Lopers performed exceptionally in field events, UNK junior, Kelli Dring, stood out winning three fields events. Dring leapt 5'5" to clinch the high jump, 19' 2.50" meters to win long jump and 37' 4.50" meters to claim first in the triple jump. She became the first UNK trackster, male or female, to win three events in the same

Dring was also named RMAC Female Track Athlete of the Year, as well as Female Athlete of the

On the track, the distance runners brought points for the Lady Lopers. Senior athlete, Michelle Dill, placed in both the 800 meter run and the mile run, earning a second place finish in the 800 with a time of 2:17.14, and a third place finish in the mile run with a time of 5:04.32.

Freshman Emma Kelly competed in the pentathlon and placed in the top eight in each event, which gave her an overall sixth place finish.

The Lady Lopers also saw top six finishes in the 3000 and 5000 meter runs, and top three finishes in the 800 meter, mile, 60 meter hurdles, high jump, long jump, triple jump, shot put and long jump pentathlon. The UNK women took third in overall team standings, with 131 points.

The UNK Men's team also saw success on the track. In the field events, the Lopers had a first place finish in the high jump when freshman, Blake Millsap, soared 6' 7.50". Milsap was named RMAC Freshman of the Year.

Loper jumper, Spencer Huff, took first in the long jump, with a distance of 24' 3.50".

"It's a big meet, so you just try and stay focused," Huff said. "There's a lot riding on this

Huff has qualified for the national meet in the long jump. Huff said his goal at the conference meet is to improve.

UNK senior, Andrew Smith, also earned first place awards in both the Shot Put Heptathlon, with

an effort just over 43' 1", and the Pole Vault Heptathlon, by clearing a height of 14' 11", placing third in the overall heptathlon.

"With constantly changing events, the heptathlon is very challenging, both physically and mentally," Smith said.

"You have to finish one event and go straight to the next," Smith said. "If you do bad in one, try to do well in the next, and hopefully get more points."

The Loper men's team also saw top six finishes in nearly every event, with top three finishes in the 60 meter dash, 400 meter dash, 4X400 relay, pole vault, long jump, high jump, heptathlon, triple jump and weight throw. The UNK men placed third in overall standings with 126 points.

On the women's side, Adams State cruised to their seventh straight conference victory, with Western State finishing in second. Not to follow suit, the men from Western State topped four-time conference champs, Adams State.





Above: Ogallala freshman, Tanner Fruit, rounds one of the many turns in the Men's 5000m race. Fruit finished 8th in the event with a time of

Left: York junior, Spencer Huff, soars during the preliminary round of the Men's Long Jump. Huff went on to win with a leap of 24' 3.50".

Bottom Left: Freshman pole vaulter, Michelle Hermesch, attempts to clear 9' 2".

Below: Phillipsburg, Kan., sophomore, Brandon Karlin, placed second in the Men's Weight Throw with a toss of 56' 6.50"





Frank House oto Contest

Somewhere in the Frank House is...



•Frank House 1 -- Plate from inside living room

•Frank House 2--Picture of a vase inside living room Geisha upstairs

•Frank House 3--Harp from

from living room

•Frank House 5--Little chest

upstairs •Frank House 4--Picture of a

Email correct option to:

sullivankw@unk.edu by 3 p.m. on Friday. The caption on the e-mail should be: 'Contest.' The winner wil receive an e-mail response by noon on Monday the following week.

HURRY. The first correct answer receives a prize. Prizes include a large Rand McNally Road Atlas ("Find your way in the USA") and Frank House postcards ("Postcards from the Midway City, Frankly").

Winner will have one week to pick up prize.

Congratulations to last week's winner Austin Nuxoll

