

# the Antelope

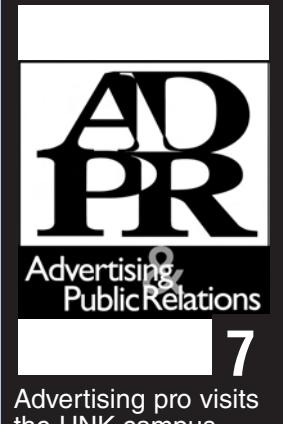
Run With It

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Advertising pro visits the UNK campus**WEATHER****FRIDAY**  
Cloudy  
High 58  
Low 33**SATURDAY**  
Partly Cloudy  
High 54  
Low 33**SUNDAY**  
Sunny  
High 61  
Low 38

University of Nebraska at Kearney

# An earth-splitting event

## Student government celebrates groundbreaking

Mike W. Gruszczynski  
Antelope News Staff

Members of the University of Nebraska at Kearney administration and student government braved high winds and cold weather to break ground for a new UNK sign on Thursday, March 1.

The sign will be located at the intersection of Highway 30 and University Drive, and, once constructed, will be 8 feet tall and 24 feet long. It will be constructed with the same style of brick used in the new Cope Memorial Stadium.

Chancellor Doug Kristensen and Student Body President Mike Eiberger spoke at the groundbreaking ceremony.

"For years, people driving in from the west wouldn't know where the UNK campus was until they had already driven past it," Chancellor Kristensen said.

Chancellor Kristensen said the new sign fixes that problem by indicating where the west edge of the UNK campus begins, and will also increase the visibility of the university.

Funding for the sign was provided by the current and previous student governments on campus. The



Photo by Mike W. Gruszczynski

Honored attendees of the groundbreaking were, from left: Tim Danube - Associate Director, Nebraskan Student Union; Lee McQueen - Director of Facilities; Mark Morehouse - Assistant Director of Facilities; Chancellor Doug Kristensen; Sharon Pelc - Director, Nebraskan Student Union; Student Justice Kristen Nielsen, Omaha; John Lakey - Interim Vice Chancellor of Business and Finance; Kevin Wait - Student Body Vice President, Ogallala; Brandon Bohn, Chief of Staff, Gibbon; Jael Johnson, Director of Student Organizations and Affairs, Brady; Kyle Bowers - Student Senator, Sidney; Cade Craig - Student Senator, Minden; Amber Lewis - Senate Speaker, Kearney; Ryan Swanson - Campus Architect; Grant Campbell - Student Senator, Tecumseh; Mike Eiberger - Student Body President, St. Paul.

sign will cost a total of \$21,600.

Student Body President Mike Eiberger said the sign is a gift from students to the university.

"This sign is a way for students to thank everyone at the University of Nebraska at Kearney for everything they've done," Eiberger said.

Following words from Chancellor Kristensen and Eiberger, the two, along with several representatives from student government, broke the ground at the site of the new UNK landmark with blue and gold shovels.

Eiberger said the sign was originally planned to be built north of Cushing Auditorium, but was relocated because of concerns with traffic safety at the intersections in the area.

"Construction of the sign at that site would have created a problem with traffic," he said. "It is the best place right here [on the west edge of campus]. It'll be really nice for drivers coming in from the West. They'll see a good boundary of where the university starts."

Completion of the sign is expected before spring commencement.

At the ceremony, Chancellor Kristensen expressed his gratitude to the members of the university's student government.

"On behalf of the entire campus, I'd like to say thank you," he said. "Thank you for your hard work and everything you have done."

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2005-2006 student government had

# Zodiac Future:

## Comedic Horoscopes

All horoscopes created by Cory Helie and Eric Korth. Enjoy.

March 21 – April 19  
aries



Aries, You will likely fail as a college student. So you should most definitely take that job with the Maddam in Washington D.C.

July 23 – August 22  
leo



On a trip to see our nations capital, you will run into the ever so famous Ann Coulter. She will insult you for wearing a Husker T-shirt, and say that you are the inbred child of a child rapist and a priest. Go ahead and vote Republican after that happens.

April 20 – May 20  
taurus



Quit living a lie. Just because your astronomical sign is a freaking bull, does not in fact make you a raw, tough, steel-eating, cowboy-beating, chew-spittin', ball-bustin' bull. Enough is enough.

May 21 – June 21  
gemini



Sexual harrassment via facebook is very possible. So watch what you say this week. Or you'll be "rowan" your boat down Sex Offender River.

September 23 – October 22  
libra



Quit quoting "Anchorman," "Old School," "Zoolander," "Kicking and Screaming," "Blades of Glory," "Talladega Nights," "Wedding Crashers," "Night at the Roxbury," and the "Saturday Night Live Best of Will Ferrell" DVD. It's getting old, Libras!

January 20 – February 18  
aquarius



Stop writing terrible horoscopes. No one reads them, and everyone thinks that you are either chubby or slowly balding.

June 22 – July 22  
cancer



Stay out of the sun, don't smokeYou will make sweet romance. cigarettes, sit too close to the tele-Before you get too thrilled, keep in vision, eat too many spicy foods,mind that scorpions kill their and drink too much. They maymates. cause ....

To submit pictures for Photo of the Week, save pictures as JPEG files at 300 dpi and send them to antelope@unk.edu, or call 865-8716 for assistance.

### Photo by Jason J. Gould

**Antelope photographer, Jason Gould, has a little fun capturing "candid" photos with his gnome for one of his classes.**

October 23 – November 21



February 19 – March 20  
pisces



When you are on your thrilling trip to the Virgin Islands, remember that just because they are named the Virgin Islands, does not mean that only virgins inhabit it that territory.

### Help Wanted

Need part-time person for labor/technician position at \$9.00 an hour. Also can work as salesman on commission. Flexible hours and no experience necessary. Required to be in Kearney for summer. Please send resume, references and available working schedule for this semester to:

Position  
P.O. Box 2361  
Kearney, NE 68848

### Roommate Wanted

Roommate wanted to share mobile home. Will be available in April. Located in East Lawn. Call Rebecca at 234-2104. Must love pets!

# "Ghost Rider" Rides Into Review

Sarah E. Schreiter  
Antelope News Staff

that a family will only distract him from his new job. That day, Johnny leaves his girlfriend.

Years later, Johnny (Nicholas Cage, of "National Treasure," "Matchstick Men," and "Gone in 60 Seconds"), is a professional motorcycle stunt driver. He is adored by fans for his daring stunts and his disregard for his own life.

Blaze's only real friend is his Mack (Donal Logue, television's "Grounded for Life"), a member of his crew. Blaze is reunited with his ex-girlfriend, who now works for a television news station (and is now played by Eva Mendes, "Hitch"). After completing his most dangerous stunt to-date (leaping 300 feet over multiple helicopters) on the anniversary of his father's death, Blaze is summoned by Mephistopheles. Mephistopheles needs Blaze's help to gain control of his son, Blackheart (Wes Bentley) and his henchmen, "The Hidden."

As Mephistopheles' henchman, Blaze transforms into the Ghost Rider, as a wiry skeleton emitting flames from his collar. His motorcycle is likewise transformed, and police are baffled by the single tire track burned into the pavement after each of the Ghost Rider's journeys.

The rest of the movie focuses on Blaze's quest to defeat Blackheart while simultaneously seducing Roxanne. The movie seems to rely on sometimes-trite archetypes of religious figures and biker gangs. The "skeleton-man-with-a-blazing-skull" and extreme "chopper" special effects are reminiscent of logos from 80s hair bands and made me want to rent "This Is Spinal Tap."

That being said, the film was entertaining. It had a few gems tucked inside of it: Blaze eats jelly beans from a martini glass instead of drinking, and Roxanne's interview with a punk rock girl saved from a mugger by the Ghost Rider was priceless. Roxanne, drunk on

red wine, shaking her Magic 8 ball in a restaurant after being stood up by Blaze, could be the most flawless scene of the film.

Some viewers will enjoy a brief scene that could have been titled, "Nicholas Cage has been working out, so we'll let him flex in the mirror." Sam Elliott (perhaps best-known to college students as The Stranger in "The Big Lebowski") as the Caretaker seems to channel Jack Palance in his wise man at the end of the line, and delivers a solid performance.

Mark Steven Johnson, in his third directorial expedition (following 1998's "Simon Birch" and 2003's "Daredevil"), proves to be honing his talents. Let's hope that he doesn't have to sell his soul to the devil in order to have a career.

### Need a Job?

Looking for individual to assist in various household tasks. Good organizational skills and flexible hours. Good pay. Contact Brigitte at 293-0337



### Questions?

### Opinions?

### Articles?

Contact Us at The Antelope  
[antelope@unk.edu](mailto:antelope@unk.edu)  
308.865.8488



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### S u m m e r J o b s



The City of Kearney Park & Recreation Dept. is currently accepting applications for the following 2007 summer positions:

#### COACHES & INSTRUCTORS

June-early August, \$6.25-\$6.75 per hour, 8-25 hrs. per week  
Head day camp instructor: \$7.50  
(morning, afternoon, and some evening hours required)

Must be at least 14 years of age: Girls Ponytail Softball, Gymnastics/Tumbling/Dance, Youth Day Camps, Tiny Kickers Youth Soccer,

Must be at least 16 years of age for: Youth & Adult Tennis and Art.

Must be at least 18 years of age for: Jr. Golf Leader

#### COTTONMILL PARK DAY CAMP INSTRUCTORS

June-early August, \$6.25-\$6.75 per hour, head instructor: \$7.50, 30-35 hrs. per week, (morning, afternoon, and some evening & overnight hours required) Must be at least 16 years of age for instructor and 18 for head instructor.

#### VOLLEYBALL OFFICIALS & LEAGUE SUPERVISORS

June-July, \$8.00-\$10.00 per hour, 4-10 hrs. per week  
(evening hours required)

Must be at least 18 years of age.

#### SWIMMING POOL FRONT DESK STAFF

May-early September, \$6.00-\$6.50 per hour, 15-25 hrs. per week  
(afternoon, evening, and weekend hours required)

Must be at least 14 years of age.

#### WATER AEROBICS & DIVING INSTRUCTORS

June-August, \$6.75 - \$7.25 per hour, 3-7 hours per week  
(weeknights, early evening hours required)

Must be at least 18 years of age.

#### LIFEGUARDS

May-early September, \$6.75-\$7.25 per hour, 20-40 hrs. per week  
(afternoon, evening, and weekend hours required)

Must be at least 15 years of age by 5/26/07 and have the following certifications: Red Cross First Aid, C.P.R., and Lifeguarding

#### SWIMMING POOL MANAGERS

May-early September, \$7.50-\$8.50 per hour, 30-40 hrs. per week  
(morning, afternoon, evening, and weekend hours required)

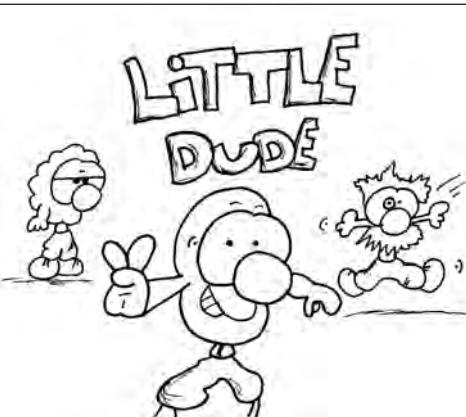
Must be at least 19 years of age by 5/26/07 and have the following certifications: Red Cross First Aid, C.P.R., Lifeguarding, & State Pool Operator.

The City of Kearney is an Equal Opportunity Employer  
Please apply in person at the Kearney Park & Recreation Office, 1st floor, City Hall, (southeast entrance) 18 E. 22nd St., 8am-5pm, M-F, Park & Rec. phone: 237-4644

Application deadline for all positions

MONDAY, MARCH 19, 2007

Applications received after the deadline will be kept on file for positions that may become vacant.



## the Antelope

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• • •  
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Any opinions expressed in columns, editorials, editorial cartoons or advertisements are the views of the individual writer, artist or advertiser and do not necessarily reflect the views of the University of Nebraska at Kearney, its employees or students, or the Antelope staff. Contributors to "Readers' Opinions" must include the name of the writer, as well as the writer's phone number, hometown and affiliation with the college. Phone numbers will not be printed but are necessary for verification. Deadline for publication is Monday at noon. Submissions past deadline will be printed in the following edition. The Antelope staff reserves the right to edit contributions to "Readers' Opinions" for grammar, spelling, content and length, as well as to disregard opinions. Letters to be printed should be sent to:

**Readers' Opinions**  
c/o the Antelope editor  
Mitchell Center  
University of Nebraska at  
Kearney  
Kearney, NE 68848

Any of your questions, comments, concerns or suggestions should be sent to the address above.

**Mitchell Center**

News  
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# A delman's advice



## What to do after college?

**Michael J. Adelman**  
Antelope Editorial Cartoonist  
Columnist

*I have no idea what I want to do after college. Job fairs and stuff like that have yet to present anything that interests me. What can I do?  
-Aimless*

Well, you didn't bother to write in your major so I can't offer any

specifics, but I can give some general advice. It is all a matter of weighing the balance of a job you love over a job that pays well.

Unfortunately it is not always possible to have the best of both worlds.

Being a simple man and a humanities major, my views may be a bit biased towards "finding a job you love" first and foremost.

I have been in college for almost five years (yes I know it's sad I'm not finished yet) and I am quite used to being poor, but I have always had enough to get by.

Thus, I wouldn't mind just doing a job I love even if it didn't propel me to the status quo defini-

tion of "successful," whatever that may be.

If you find the job fairs to be of little help then I suggest you start reading on the internet or talking to specific people who interest you about their jobs.

Not everyone has to get a job in their respective major; simply having a degree opens up a lot of doors for you that you may not have considered.

By attending a four year university, you have probably attained a broader base of knowledge than you have given yourself credit for.

It's not like new jobs are completely free of training, so don't be too afraid to try something unfa-

miliar if you see a good degree of pay and enjoyment in the venture.

Heck, throw a few applications at places- even if they may be a long shot.

It never hurts to get your name out there.

Once you're finished with college and it's time to start paying back loans (if you have any), then at least find SOMETHING to hold you over.

It may not be the best job in the world, but it should at least suffice while you look for that "golden opportunity."

Sorry I don't have more to say.

Some may denounce this "advice" as common knowledge,

Questions about life,  
love . . . or just questions  
in general?

## Ask Adelman!

antelope@unk.edu

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Join us in our fight to save piggy banks everywhere. **There's no reason to break the bank on the way to your bachelors or masters degree.** PSC's accelerated 8-week online courses are only \$130 per credit hour for undergraduate classes and \$162.50 per credit hour for graduate classes. Do your part to save the piggies.

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Benefit for April Baer  
With so much to live for . . .

Come celebrate a wonderful person with an undefeatable spirit.

On Dec. 20, 2006, April Baer was diagnosed with stage 4 Rhabdomyosarcoma, a rare genetic cancer tumor.

With an unknown trigger, this extremely aggressive cancer is found mainly in the elderly and in infants and can attack anywhere in the body.

Only 24-years-old, April underwent an immediate hysterectomy to remove the tumors, which started in her uterus, and had moved into her lymph nodes.

Unfortunately April also does not have life or health insurance.

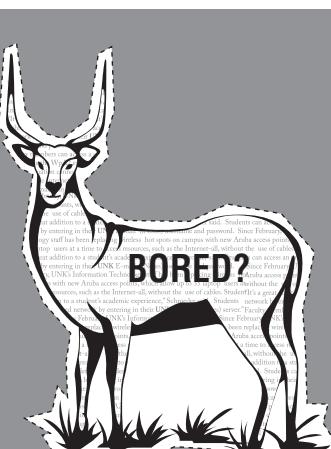
The radiation, chemotherapy, and doctors' checkups are vital and the bills are enormous.

A Silent Auction, Mar. 25, from 4 p.m. to 7:30 p.m., will be held for this young women.

The auction will include a dinner sponsored by Skeeter Barnes and Holy Cross Lutheran Church.

Everyone who can make it, is INVITED!

To learn more about April go to  
[www.caringbridge.org/visit/aprilbaer](http://www.caringbridge.org/visit/aprilbaer)



Read  
the  
Antelope

Nothing to do between classes?  
Why not read the Antelope?

# RMAC/West Regional Championship

## Loper wrestlers advance to NCAA Championships

Melissa M. Hinkley  
Antelope Staff Writer

with where we were sitting. Nine out of our ten guys were seated at the top two. We had some surprises, but we overcame adversity and wrestled really well."

In order to individually qualify for nationals, the wrestlers needed to finish fourth place or better in the tournament. The Lopers got four first place victories, three second place, one third, one fourth and one sixth place standing. The first place victories came from Trevor Charbonneau, senior from Clay Center Kan., Brett Algood, junior

from Bennington, Tervel Dlagnev, junior from Arlington Texas, and Joe Ellenberger, junior from Omaha. Dlagnev pinned his first opponent and won by forfeit his next two matches. Dlagnev only had to wrestle one match in order to secure his spot to nationals.

"Algood didn't even give up a takedown," Bauer said. "He pretty much dominated his weight class."

Also pacing the Lopers was Matt Farrell, sophomore from Omaha, Taylor May, redshirt freshman from Imperial, and Kelsey Emptying, redshirt freshman from Ponca City Okla. Each of these Lopers contributed a second place finish for the Lopers. May upset the second ranked wrestler in the nation in the semifinals, but lost in the finals.

"Taylor wrestled a really good tournament," Bauer said. "He stepped it up and got a big win for us. Kelsey Emptying also wrestled really well. That was the best he has looked all year."

Matt True, senior from Mitchell placed third in the tournament, losing in the semifinals to a wrestler from Chadron State.

One of the most exciting moments of the tournament came when Jeff Rutledge, junior from Lincoln got a true fourth place victory. Rutledge was seated in the number one spot going into the tournament but was facing sickness.

"Even though he got upset, his performance was the most impressive," Dlagnev said. "It took a lot of mental toughness to do what he did."

There were nine teams at the tournament but the brackets were set up for eight wrestlers. Rutledge had to wrestle an extra match just to get into the regular bracket. Rutledge won that match, but lost two out of his three following matches, giving him a fifth place standing. Although he got fifth, he

was able to challenge the fourth place wrestler to see who got true fourth. Rutledge won the match, giving him the last spot to go to nationals.

"Let's just say that I was throwing down some serious prayers to the big man up top," Keenan McCurdy, sophomore from Lincoln said.

Paul Sutton, sophomore from Wahoo, placed sixth but had only wrestled four matches going into the regional meet due to injury.

"Paul lost three matches by one point," Bauer said. "He competed hard."

To top off the weekend, Coach Bauer was named RMAC/West Coach of the Year for the sixth time.

"I wouldn't of gotten coach of the year if our kids didn't work so hard," Bauer said.

Although there were some surprises during the tournament, it was not surprising that Dlagnev was named RMAC wrestler of the Year with a record of 45-1.

"I'm honored that they voted for me. It's nice but it's not a big deal," Dlagnev said. "I wasn't really shooting for it. My main goal is to win a national title so we will see what goes down in two weeks."

Dlagnev has beaten many Division I wrestlers and is considering training with the Olympic team next year.

"We have never had a guy win that many matches," Bauer said. "I don't know what he hasn't done this year besides win a National Championship."

Dlagnev and the other Lopers will get that opportunity to win the prestigious title. UNK will host the National Championships on March 9 and 10. The Lopers have a good chance of winning the tournament since they have nine out of their ten wrestlers at the tournament.

"Our biggest advantage is the fact that we aren't traveling," Bauer



*Photo courtesy of Peter Yazzac*  
**Senior wrestler Tervel Dlagnev from Arlington, Texas receives his wrestle of the Year plaque at the RMAC/West Region Championships.**

said. "We are wrestling in front of a home crowd, and that's motivating for our guys especially since they want to do well in front of so many people."

*Photo courtesy of Peter Yazzac*

**Wrestling coach Marc Bauer receives his Coach of the Year plaque at the RMAC/West Region Championship..**

## Indoor season comes to an end

### Track and Field season goes out with a bang

Lisa K. Elson  
Antelope Staff Writer

into the meet ranked tenth in the nation. Huff, sophomore from York, will be competing in the long jump. Huff is entering the meet ranked ninth.

"My individual goal is to finish in the top eight and become an All-American," Huff said. "I want to hit 24 feet, and I think this would be a good meet to finally accomplish that mark. Mentally, I am just trying to focus on my technique and on the goal at hand. I'm anxious to get there to compete with some of the best athletes in the nation. I'm also excited for Boston because I've never been there before and excited to compete in such a great facility," Huff said.

Cochrane a sophomore from Fairbury, qualified in pole vault. He is ranked just out of the top ten, coming into the meet in the eleventh spot.

On the women's side, Dring, a sophomore from Kearney, is ranked fifth in long jump. Dring placed fourth in long jump last March and is a returning All-American.

"This is a privilege for me. Competing with the other [Loper] jumpers puts me in a comfort zone," Dring said. "My goals are to jump my best, don't get frustrated or too anxious and just be comfortable. Mentally, I'm trying to keep my emotions on a normal level. When I get too excited, I start thinking about everything that I need to do. If I stay relaxed than I will do fine."

Murphy, sophomore from Franklin, missed competing at nationals last spring by a few places. She is ranked twelfth in the shot put going into this meet.

Kearney junior, Fellows, is competing in triple jump, and is going

"I don't feel any pressure really because I am twelfth on the list and I am only a sophomore," Murphy said. "My goals for the meet are to finish in the top eight and of course be an All-American. I think that I am pretty much physically prepared for nationals and I am as mentally prepared as I can be right now! I've never been to nationals or thrown on that level so I guess I won't know until I get there," Murphy said.

All the hard work the Lopers have put in this season will show at the national meet.

"This week we are tapering our lifting down to very little and focusing on getting some quality throws in at practice," Pfeiffer said. "I am trying to get a lot of rest and just being smart with my body."

The workouts are focused more on the needs of the athletes right now to ensure they are in their best physical shape for the national meet.

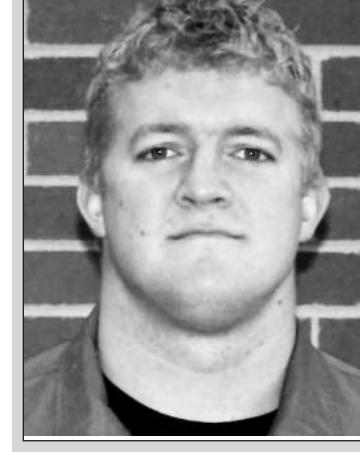
"Coach Bailey has been great. My practices are usually based around how I'm feeling. Instead of doing nothing when I'm sore, he changes the plans and works on the things that I need to improve on but in a different area. It's really nice to have a coach to work with like that," Dring said.

The meet will be Friday and Saturday at the Reggie Lewis Athletic Center. The host for the meet is Stonehill College, and approximately 400 athletes are scheduled to participate.

## Spotlight on . . .

### Lance Pfeiffer, UNK Track and Field

Melissa M. Hinkley  
Antelope Staff Writer



**Lance Pfeiffer  
UNK Track and Field**

Lance Pfeiffer had definitely earned his nickname of Mr. Incredible. Not only does he look like the action hero, but he has the power and strength to match it, proving it on February 8, as he broke the school record for the shot put.

"I was at outdoor nationals my sophomore year, and Shrek 2 was in the theaters," Pfeiffer said. "Mr. Incredible was in the previews and everyone thought it looked like me. I got back here and the word got out."

Breaking a school record is hard enough to accomplish once in a lifetime. But Pfeiffer doesn't do

things the normal way. He not only broke the record once, but twice in one day. On February 8, Pfeiffer broke his own school record in shot put by throwing 60-1, breaking his mark of 60-0.75 set last February at the RMAC Championships. He didn't settle for just one record breaking throw. On his next throw, he proceeded to throw 61-2.75.

"I want to throw 63 feet," Pfeiffer said. "I want to throw farther because I want to win an indoor and outdoor championship."

Pfeiffer's accomplishments are pretty amazing considering he was recruited out of high school to play football for UNK.

"I red-shirted in football my freshman year and did track," Pfeiffer said. "I just liked track better because it's a team sport, but it's more individual. There's a lot more pressure on you and it all goes back to hard work."

Pfeiffer, a senior from Eustis, has made a name for himself as one of the best throwers in the country. Only one other Division II thrower has recorded a better throw than him.

"I'm working on my technique and getting stronger," Pfeiffer said. "I don't want it to be easy. I want to have to work at it."

The senior from Eustis graduated in a class of 26, where he played football and participated in track. He didn't start throwing the shot put until he was a sophomore in high school. The transition from scrawny high school kid to power-

ful thrower came over the years. Now, he spends over an hour in the weight room, and holds the school record for hang cleans with 456 pounds.

"I was really skinny," Pfeiffer said. "I was 6 feet 5 inches and weighed probably 170 pounds."

He is a business administration major working on his masters. Last year, he earned the honor of being an Academic All-American. Pfeiffer has gained many followers as a result of his many accomplishments, especially since he is from a town of 450 people.

"Everyone knows everybody," Pfeiffer said. "They are very supportive. People in small towns keep track of you."

So what is next for a man with as much power as Pfeiffer?

"I have thought about doing the world's strongest man competition," Pfeiffer said. "The Olympic trials are next summer."

Pfeiffer could be seen competing for the title of the World's strongest man, but for now, he is looking to win the outdoor championship in the shot put.

When he is not working towards a championship, he enjoys golfing, taking naps, going to sporting events, hanging out with family and friends and eating Mexican food. One thing you won't find him doing is eating chocolate.

"I don't like chocolate," Pfeiffer said. "I might have a candy bar once a year."



# Cigga please, may I have a light?

**Siobhan E. Duffy**  
Antelope Staff Writer

smoking. Although, she says, "I think the opportunity presents itself often at college."

She says that she has tried to quite smoking a few times before, but that she has not been successful. Poly says she has tried to quit but "it didn't work. I don't know why. It's just hard, really hard. Any smoker will tell you that."

When she is on the University of Nebraska at Kearney campus between classes, she will sometimes stop for a cigarette break. Where is her favorite spot? "I don't really have a favorite spot," Poly says. "I usually smoke outside the theatre building because that is where I am most of the time."

Smoking is not permitted in any of the residence halls on campus, but many of the residence halls do have an outside area that is designated for smoking. Even though students cannot smoke in the buildings, they are allowed to smoke outside the buildings.

Poly says smoked when she lived in the residence halls, but thinks that only being allowed to smoke outside did not make it harder so smoke because, she says, "I was used to going outside to smoke."

Most of the smoking areas designate spaces 10 – 15 feet from the building as the location where people can smoke. Some students feel that these rules are not being enforced as much as they should be.

Josh Hanshaw, a junior from Beatrice, says that the campus needs to "strictly enforce the rules regarding



Photo by Jason J. Gould  
Eve Legacie bends over to scope a billiards shot as her friend's cigarette is burning.

smoking on this campus." He says, "It is not fair that people who live near the exits of the residence halls can't even have their windows open with smelling the smoke. It is offensive."

In addition to being courteous to those who live near the exits, Hanshaw feels that following the

rules regarding smoking is also something that is "a courtesy to visitors on our campus."

Hanshaw says he doesn't think it is necessary to completely ban smoking on the campus, but that the rules regarding it just need to be followed.

Do smokers consider the

University of Nebraska at Kearney a smoker-friendly campus? Poly says, "Well, there are ashtrays provided around campus for smokers."

Does Poly think she will ever quite smoking? "My desire to quit comes and goes. I don't want to quit right now, but I know I will eventually."

Any final words of wisdom to both the smokers and the non-smokers on the University of Nebraska at Kearney campus?

Some people feel that the smokers just need to be considerate of the non-smokers on this campus. Hanshaw says, "If people are going to smoke they should be respectful enough to put their cigarette butts in the ash trays."

Others feel that the non-smokers need to try and be a little more understanding. Poly says, "Non-smokers just don't understand. It is so hard to quit. One time someone said to me 'well, you shouldn't have started in the first place.' Well, I'm sorry, but I did and that was three years ago. It's not like I can go back in time and change it. I will quit when I am ready to quit, and nothing anyone says changes that."

"My best piece of advice to people who are thinking about taking up smoking?" Poly says. "Don't start, because once you do, it is like a never-ending struggle to try and quit."

# Dying to be thin and starving for attention

## Film depicts how far many go to, to be thin

**Elizabeth S. Steven**  
Antelope Staff Writer

Polly said she had diet pills packed in her lunch when she was in elementary school. When she was ten, Polly said her mother and aunt each paid her \$100 to lose ten pounds.

"I've had a distorted view of myself pretty much most of my life," she said. The 29-year-old had been in and out of treatment for years, but she constantly broke the rules at Renfrew. Her rebellious actions eventually moved the Renfrew staff to dismiss her.

Alisa is a 30-year-old divorcee with two children. She said that a doctor called her fat when she was seven years old, and put her on a diet. She had been struggling with binging and purging patterns for sixteen years.

Each of these women ran out of insurance coverage in a matter of weeks and had to leave before their treatment was complete.

With anything changing, in terms of habits, it usually takes six months, McKellips said.

"Sadly, a lot didn't have the full amount of treatment. The longer you've had an eating disorder, the harder it is to get over it," she said.

Eating disorders are largely underreported in the United States, McKellips said. Disorders often include keeping things hidden, so people don't know what's going on, she said.

"It's hard to get an accurate number . . . eating disorders can affect anyone," McKellips said. It doesn't matter what age, ethnicity, background, or gender someone is, she continued.

"I think that if we see it in other places, it's probably here [on campus]" McKellips said.

Negative body image is common for this age group, and that can sometimes lead to eating disorders, she said. There is definitely a correlation between negative body image and eating disorders, but there can be many other reasons, she said.

"I can honestly say that I was never abused. I think it's cultural. I think it's environmental. I just want to be thinner. The beauty of this disorder is that it's the one goal that you never reach. I'm addicted to the process . . . this is the one thing I want so bad. I just want to be thin. If it takes dying to get there, so be it. At least I'll get there," Alisa said.

For more information about eating disorders, go to [http://www.edap.org/p.asp?WebPage\\_ID=767](http://www.edap.org/p.asp?WebPage_ID=767).

"Dieting has always been a huge part of my life. I remember all the things that are symptoms of eating disorders being taught by my family: to cut my food into really small pieces, and chew very slowly and take your time, and always drink water in between so that your stomach fills up faster. I was counting calories and counting fat by the time I was eleven," she said.

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# Advertising at its very best

## Ad/PR club learns from Minn. "Big Man" on campus

**Kyle A. Petersen**  
Antelope News Staff

changes quickly and most agency/client relationships last only five to seven years, which is why he said he is proud that three clients he signed have been with Colle &

to getting involved in the advertising business, because they allow employers to get a sense of an intern's potential.

"Internships are great for you,

happens at a company and whether that might be a place that you hope to work."

Johnson said intern hopefuls should treat their applications much like they would their first job application. He said that extra-curricular involvement and leadership abilities are two traits he looks for in interns.

"I'm probably not going to be too worried about your GPA," Johnson said. "If you're active outside of the classroom, that's probably more important to me than your grade. I want to see that balance, because I want to see that you're getting a lot of experiences."

Johnson said an intern should phrase their work history to match their job field. He said a steakhouse waiter should liken his or her job to community relations.

More than just work experience opportunities for students, Johnson said internships are treated as recruiting tools at Colle & McVoy. He said former interns are regularly contacted for employment when the agency lands new clients.

"We don't have a lot of people sitting around our office not doing anything. So, we generally are a little short staffed, and when we land a new piece of business, we need people immediately," Johnson said.

A tip Johnson shared for obtain-

ing an internship or job interview is to ask for an informational interview. He said employers are more likely to grant an informational interview rather than a job interview.

Johnson said a strong portfolio is essential for obtaining employment in the advertising world. He said professional or published material generally trumps schoolwork, and the story behind a project is important to an employer.

"You need to be able to tell the story around whatever you have in your portfolio. Don't give me your portfolio and let me page through it," Johnson said.

Johnson recommended portfolio school for those wishing to enter the creative side of the advertising industry.

Otherwise, he said without portfolio school or an internship, advertising applicants need three to five years of experience to get into his agency.

A Nebraska native who began his career at the Fremont Tribune, Johnson has been at Colle & McVoy for more than 20 years. He also worked for Bozell & Jacobs for six years, and was involved on the client side of affairs at a bank in Louisville, Ken., though he said he missed the agency side of the busi-

ness.

"I really did not like the client side. It's a little too slow for me. The agency world is a very go-go business and you're tasting a lot of different things, and that's what I really loved and enjoyed about the agency world," Johnson said.

Matt Ringen, a senior from Fairbury, Neb., and secretary of Ad/PR Club, said he admired Johnson's attitude and work ethic.

"I really enjoyed his presentation because he made it obvious that if you want to get somewhere in the advertising or public relations industry, it starts at hard work," Ringen said.

Ringen also said he appreciated Johnson's honesty when addressing advertising issues. "He seemed really like a down-to-earth guy and really gave us some wonderful insight that I can personally use as a senior ready to graduate," Ringen said.

Katy Bodenhamer, a senior from Hershey, Neb., and president of Ad/PR Club, said Johnson's presentations were informative and timely.

"He was just really up-to-date with what's going on in his business, and I think we needed to hear that," Bodenhamer said.



McVoy for more than 12 years.

Though he never had an internship before starting his career, Johnson said internships are critical

and they are great for your employer, because they let you test-drive various companies," Johnson said.

"You'll certainly get to see what

**Reminder:**  
**Relay for Life Kickoff Event!**  
**Thursday Evening, March 8**

## A big deal about the Big Event

**Sarah E. Schreiter**  
Antelope News Staff

your résumé, but it's a way to meet people. Last year, I met so many great people I was never expecting to meet," said Kenney.

Other members of The Big Event Executive Team are Angela Reynolds, Wood River; Joel Hochstein, Hartington; and Luke Saulsberry, Auburn.

Last year's Big Event had over 250 volunteers working at over 30 locations. This year, organizers are hoping for over 300 volunteers and 40 locations.

The kickoff celebration for The Big Event will be at 9:30 A.M. by the fountain by Copeland Hall and the Memorial Student Affairs Building.

In case of inclement weather, the kickoff will be held in Cushing Coliseum.

Application forms are available at residence halls on campus as well as in the Nebraskan Student Union. Participants are encouraged to register by March 9 to

reserve a free t-shirt. Questions may be directed to [unkbigevent@gmail.com](mailto:unkbigevent@gmail.com).

Volunteer applications from individuals and groups will be accepted after that date, but free t-shirts will not be guaranteed.

"The Big Event gives students the chance to do a variety of things, from yard work for the elderly to painting signs, to working with children, so volunteers aren't stuck to doing just one type of community service; they can pick and choose exactly what they want to do."

"That's a part of what gets the attention of the Kearney community as well. We offer so many different services that we can reach out to virtually anyone in the Kearney community who is in need," said Hein.

The Big Event was first held at Texas A&M in 1982.

The Big Event is now an annual event at over 70 universities



**Photo by Mike W. Gruszczynski**

Vice President candidate Tim Hruza (left) and Presidential candidate Ryan Kroger announced their presidential platform near the fountain Monday afternoon.

## Student Research Day

**Kenya S. Taylor,**  
Dean of Graduate Studies and Research  
Antelope Guest Writer

and should also print a paper copy to be signed by his/her faculty research advisor.

The faculty signature is an indication of approval of the abstract being submitted by the student.

All abstracts submitted and approved by a faculty member are accepted for the SRD program.

If desired, screening should take place at the departmental level.

To be included in the program, applications must be received by the Graduate Office no later than Friday, March 9.

Abstracts received after this date will be accepted as space allows, but will not appear in the SRD program.

The SRD schedule will be much

the same as it has been in recent years: Posters will need to be in place by 9:00 am, with judging until Noon.

The poster session will open at 1:30, with oral presentations likely to start in the morning. Both activities will conclude at 3:30 for the SRD Reception.

An SRD Luncheon and guest speaker, will be included in the itinerary, and student participants are asked to indicate on the application form if they will attend these activities.

Faculty mentors will be invited and asked to RSVP at a later date.

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| 4 Asian            | 19 Grocery Store       | 34 Flower Shop                | 49 Student Athlete           |
| 5 Pizza            | 20 Tanning             | 35 Gaming Store (video games) | 50 Big Woman/Man On Campus   |
| 6 Salad/Salad Bar  | 21 Nails               | 36 Bar                        |                              |
| 7 Coffee           | 22 Hair Women's        | 37 Bartender                  |                              |
| 8 Wings            | 23 Barber Men's        | 38 Waiter                     |                              |
| 9 BBQ              | 24 Bikes               | 39 Waitress                   |                              |
| 10 Wings           | 25 Bookstore           | 40 Live Music                 |                              |
| 11 Sandwich shop   | 26 Video Rental        | 41 Local Band                 |                              |
| 12 Ice Cream       | 27 Movie Theater       | 42 Breakfast place            |                              |
| 13 Jewelry store   | 28 Place to play pool  | 43 Place to live on campus    |                              |
| 14 Women's clothes | 29 Place to play darts | 44 Place to live off campus   |                              |
| 15 Men's clothes   | 30 Place to play foos' | 45 Place to study on campus   |                              |

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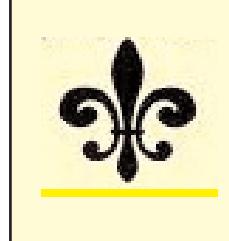
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Thank you ありがとう [Arigatou]

Yes はい [Hai]

Nice to meet you はじめまして [Hajimemashite]