



the antelope

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**53% Some form of gun control is needed**

41% Any form of gun control is a violation of the Constitution

6% All guns should be banned

BAUER BRINGS LOVE OF MUSIC TO STUDENTS

BY CODIE MILFORD
Antelope Staff

Dr. David Bauer's voice echoes while sitting in the front row of the four-tiered choir room in the fine arts building. In a room that had just contained 60 students beforehand, Bauer seems calm sitting for a few moments inside the room he's taught in for almost 30 years.

Bauer has directed thousands of voices over those 30 years, not only in the rehearsals he loves, but also around the world on international tours. He says you can't call a job work when you love it so much.



DAVID
BAUER

Since coming to UNK in 1984, Dr. Bauer has implemented a few changes in the music department over the years. "When I came here in 1984, the choirs were Choraleers, a group called Collegiate Choir, and Nebras-kats," Bauer said. "Collegiate choir, at that time, had about 35 or 40 girls, and only ten or 12 boys – it was kind of impossible to find music that fit that group of voices."

So, around his third year, Dr. Bauer said, the University allowed him to disband the collegiate choir and create a sepa-

rate men's and women's choir in its place. "A few years after that, we created a small chamber choir, and just met on our own time. Finally, it was put into the curriculum, and we called it Vocal Collegium. It's been a good avenue for young people to sing chamber choir music, music intended for small choirs," he said.

And Bauer's work with the choirs has spread – trips to areas around Nebraska grew into cross-country trips, such as a trip to Salt Lake City, Utah, one year. In 2001, Bauer decided to try a trip outside of the U.S., to Brazil. The choir was welcomed and the music was appreciated by the community.

A trip to Argentina in 2009 opened the choir's eyes as to just how deeply music can affect an audience. "We had been rehearsing in a three-balcony concert hall for most of the afternoon, and apparently many people had heard us. They packed into the concert hall, and the videographer for the tour told us that a line had formed around the entire building of people trying to come and listen to us," Bauer said. Taking 30 students to Italy in 2011 allowed for the same kind of exposure as past trips, and included educational experiences as they had done in the past as well. "When we were in Rome at Saint Peter's Basilica,

BAUER, PAGE 11



Photo by Codie Milford

Dr. David Bauer talks with Riley Sheets, a junior elementary education major with a music minor from Burwell, about the Choraleers rehearsing "Calling All Dawns." Bauer began teaching at UNK in 1984, working primarily with the choirs, including taking singers on tours in Argentina and Italy, as well as a Germany trip planned this summer.

Sexual assault presentation: *The Teal Lotus Project*

BY EMILY SEEVERS
Antelope Staff

As the song "Somewhere Over The Rainbow" began playing, the lecture hall full of parents, students and faculty erupted into joyous applause for UNK senior, Tasia Aden, who had just shared her heartbreaking story of traumatic events that had happened to her throughout her childhood to the packed room. The applause, however, came as the strong but tiny social work major from Cozad stated proudly that she has finally found happiness.

Aden gave her moving presentation "Innocence Taken" in Copeland Hall on Monday, Feb. 25. It is her personal story of being sexually assaulted both as a child and an adult, and how she eventually overcame her past and is now using her experience to help others through her non-profit organization.

For seven years, Aden was sexually abused by her paternal grandfather. At the age of four, the 3'5", 35 pound child was dealing with her own personal nightmare in the form of a 210 pound man. Unable to focus on much else, she failed kindergarten, suffered depression and suicidal thoughts and by age nine was dealing with anxiety over a pregnancy scare.

The depression worsened in middle school, where she became extremely insecure and unconfident due to her abuser constantly putting her down, telling her she was ugly and overweight, even going as far as saying that no one else cared about her. The stress anxiety caused her to have unexplainable stomach pains.

When Aden came to college, she saw it as a new experience to grow, though she wasn't thrilled about being away from her mother. She met a boy she refers to as "Eric," who she began dating. It became immediately evident though, that he was a controlling, jealous man who lost his temper with her for "disobeying" him by doing things like having male friends or

TEAL LOTUS, PAGE 11

HIT AND RUN

Photo by Adam Buerer

A vehicle at the intersection of 15th and University Drive struck an individual at approximately 11:10 a.m. on Wednesday, Feb. 27. The individual driving the car drove away after hitting the victim. Campus authorities are still searching for any information about the accident. Anyone who witnessed or has information about this accident please contact UNKPD at (308) 865-8517.



Facebook-to-Facebook

You can't really like someone you don't even recognize.



BY ADAM KONRUFF
Antelope Staff

College is a time to learn as much knowledge as you can in your chosen field and experiment with sex and drugs, and it's especially a time to network and make friends. While all of these things are present on our campus, technology is taking the human element out, creating a society of introverts and breaking down the common social structure that once existed on campus.

We've become a society of screen watchers. We take our "smart" phones out of our pockets every chance we get to check out whether anyone has "liked" or commented on our latest clever quip.

If we find no one has noticed, we start up our Angry Birds or Words with Friends, oblivious to the fact that we just walked by a Twitter follower whose face wouldn't have registered had we looked up and seen it.

When was the last time you engaged in a meaningful conversation on campus — not in a classroom setting and not online? When I first went to college over a decade ago, we had a learning commons and few people carried cell phones everywhere they went.

This meant that while you were eating in the cafeteria or walking to your next class, you had the chance to meet and chat up fellow students.

Campus interaction today is done through text message, social media, online discussion boards, webcam-hosting sites and various other technological platforms. This can lead to narcissism, reclusiveness and can even contribute to cheating in a relationship, according to the Human

Kinetics website.

A student survey done by onlineeducation.net showed that half of college Facebook users perceive themselves as unhappy compared to their peers. Similarly, a study done by sciencemag.org suggests that too much social media is a detriment to conversational skills and the ability to connect with others in face-to-face situations.

The Internet and social media tend to promote close-mindedness in people, as well. Rather than argue with someone with a differing opinion, the anonymity and protection of the computer screen allow us to voice our dissent in any way we choose, even if not in a civil manner. We also have the choice to simply shut out anyone we don't agree with, by simply ignoring them or even "unfriending" them.

Of course, there are positive aspects of social media and technology. The study from onlineeducation.net shows that students using Facebook feel more connected to their university and that social media is often used for educational purposes.

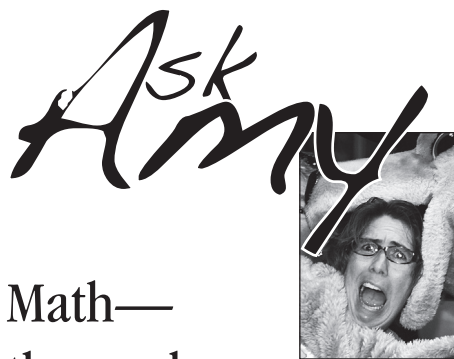
Social media can be a great tool for finding and joining organizations on and off campus and organizing and hosting campus events. People are also able to stay connected, despite distance, and making friends in foreign nations has never been easier.

We are here at college to open our minds and gain lifelong ties. Although technology has made achieving these goals much easier, we often misuse these technologies in ways that negatively affect our lives.

We hold onto old friendships in a computer rather than seek companionship with those we see every day. Instead of accepting other points-of-view and taking the time to explain our position, we click a little button to hide, ignore or unfriend those with differing opinions.

Social media is often used as a way to hide our true selves, when we should be using it to show the world our uniqueness. The next time you are walking around on campus, keep the phone in your pocket and strike up a real conversation with someone.

Start a new friendship, or have a rational debate with those who may not agree with you. But do it face-to-face and see how it feels to truly interact with others on campus. If you don't like the human element of it, you can always go back to being a profile on a website.



Math—the grade just isn't adding up

Dear Amy —
I am failing my math class. Badly. What can I DO? HELP!
Desperate in Dunning

Dear Desperate — whew, I feel your pain. The very first thing you should do is talk to your math instructor. Find out what your options are and exactly where you stand in the class. If it looks like it would be possible to pass the class you then need to think about what it will take to do so. If you are willing to actually DO what it takes (and be honest with yourself here), move on to the next step.

Most teachers at UNK are happy to work with students to become more successful in their classes. If you're seeking help from the teacher about why you're doing poorly be sure to take your book, notes, homework, and any quizzes or tests you've got. It helps the instructor remember what the specific nature of your problem is. And be sure to either make an appointment (remember, their contact information is on the syllabus AND on the UNK home page under 'Phone) or to stop

during their official office hours.

We also have MORE resources for you! We have a bunch of awesome tutors to help you — because math is not only hard for YOU, it's a challenge for lots of people. But you don't have to go it alone. The tutors are located in the Learning Commons, on the 2nd floor of the Library. There is a schedule available, and study groups exist for specific classes so give them a call (865-8905) and find out what they can do for you.

If you feel you are too far behind to catch up, and you are considering dropping the class, I would very strongly recommend you talk to your advisor (or an advisor in the Academic and Career Services Office) about how this could affect your progress.

Sometimes it's really important that you finish a particular math class so you can move forward in your program — it can set some students behind, and you need to have all the facts before you make a decision. In addition, it can affect your financial aid if you drop (or fail) a class, and if you need to be a full-time student you need to make sure of how many credits you're registered for AND how many credits the math class is.

SO, the most important thing is to be sure to talk to your teacher, then remember the whole tutor thing, and finally talk to your advisor before you make any decisions.

I hope that helps — and do NOT do what I did (register for, pay for, and drop College Algebra THREE times...then change your major because you were never smart enough to ASK FOR HELP...not being smart enough to even ask for help is one true sign of stupidity.)

Remember — you can email AskAmy YOUR questions, and you too can be 'famous.' Email at AskAmy@unk.edu.

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'THE LARK ASCENDING'



Photo by Jisoo Shim

Seven students perform "The Lark Ascending" at An Evening of Concert Dance in the Miriam Drake Theatre in the Fine Arts Building on Friday, March 2. It was the first performance of the concert and was with the UNK Flute Choir. "Please join me in thanking the talented staff of the UNK Department of Music and Performing Arts," said Leslie Abegglen the artistic director. "It is because of their skilled talents that we have such wonderful costumes, lights, sets, sound, posters and programs."

the antelope | spring 2013 staff

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Johanns done, Senate seat open in 2014

BY JAY OMAR
Antelope Staff

"With everything in life, there is a time and a season."

—Mike Johanns

Sen. Mike Johanns shocked the state of Nebraska when he announced that he will not run for re-election to the United States Senate in 2014 over two weeks ago.

Johanns, a well-known Republican that has served over 32 years in public office, will end his Senate run after just one term.

In an email sent to supporters, 62-year-old Johanns and his wife Stephanie explained the reason for the senator's early exit from politics.

"With everything in life, there is a time and a season. At the end of this term, we will have been in public service over

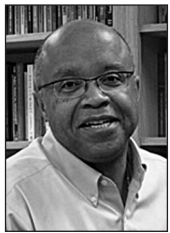
32 years. Between the two of us, we have been on the ballot for primary and general elections 16 times, and we have served in eight offices. It is time to close this chapter of our lives," Mike and Stephanie Johanns said in the email.

Johanns has had a long and successful political career, including a stint as Secretary of Agriculture under President George W. Bush and the 38th governor of Nebraska.

Claude Louishomme, an assistant political science professor at UNK, said that Johanns has been an important member of the Republican caucus despite his hesitancy to take the lead on any prominent national issue.

"He has been around for a long time, and people love him," Louishomme said.

"His departure is not something that was



CLAUDE LOUSHOMME

expected, and just because he never led a major issue, doesn't mean he is not an incredible party guy for the Republicans."

While the open Senate seat will surely place Nebraska in the national spotlight come 2014, it is highly unlikely that the Republicans will lose Johanns' seat.

"Most likely Governor Dave Heineman will grab that seat," said Louishomme. "Most senators come from the governor position, so it wouldn't be surprising. However, if Heineman decides not to run, expect to see a list of new faces battling for the spot."

Johanns released the news Feb. 18, saying that he needed time to focus on family and faith. Louishomme respects that decision, given the nature of Congressional politics.

"A lot of senators are life-long politicians and never find a way out," Louishomme said. "It is nice to see a man leave the game early to spend time with his family and on his faith. It shows a lot about the man he is."

The news regarding Johanns is

shocking, but he is not alone. His announcement marked the fifth United States senator to announce retirement since the 2012 election.

With the senate majority tight, this provides Democrats a second chance to grab a Nebraska senate seat after the hard loss Bob Kerrey suffered against Deb Fischer in 2012.

Louishomme said to expect much of the same in 2014.

"Fischer came out of nowhere last year to win her Senate seat and it showed just how republican Nebraska really is," Louishomme said. "It would shock me to see the right lose that seat."

In an interview with the Washington Post, Johanns said that he is ready to leave the Washington life behind. Johanns will finish out his term in Washington before handing over his office in 2014.

"We just felt, both Steph and I, that it was time," said Johanns. "That's really what we talked most about. We always said we'd know when it was time. And it was time."

A little extra studying

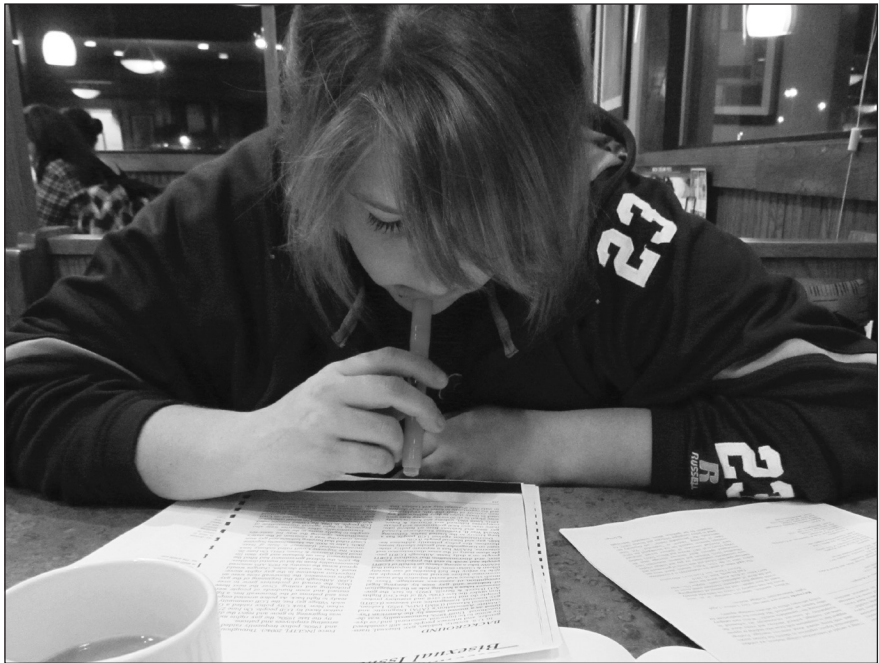


Photo by Ashlyn Torres

North Platte native, sophomore Brogen Honholt, student athlete and social work major takes advantage of Perkins "after-library" hours to study for her classes. She believes it is much easier to focus on her homework if she is not at home- even if it is 2 a.m.

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Sudoku ★★☆☆☆

How to play:

Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

	1		5		9		8	
9			7		8			6
	3			4			9	
		1				5		
7	9						6	3
		6				2		
	7			1			3	
1			4		2			8
	4		8		3		7	

Find answer on page 9

www.sudoku-puzzles.net

Find *passion*, take *risks*, get *involved*, live *life*

Junior Ryan Brown pushed himself in academics, R.A. responsibilities, numerous extracurricular activities

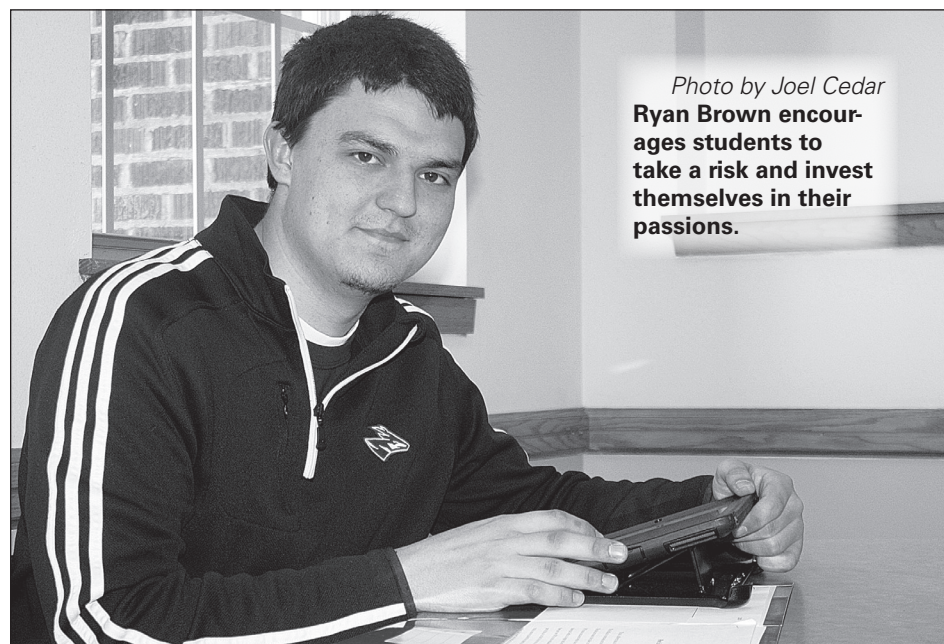


Photo by Joel Cedar
Ryan Brown encourages students to take a risk and invest themselves in their passions.

BY JOEL CEDAR
Antelope Staff

“Don’t be afraid to take a risk because the risk is going to pay off in the end and you will have an even bigger reward. If there is no risk, then what is the point of what you are doing?” said Ryan Brown, a junior, sports administration major.

Brown has taken his share of risks during his college experience. As an honors student over the past three years, Brown has helped start two new campus

organizations, has been a mentor in the Thompson Scholar Learning Community, and has been a Resident Assistant.

Organizations that he is involved with include Phi Delta Theta, the National Residents Hall Honorary and the Thompson Scholars United.

Brown admits that he has a very busy schedule, but he is also excited about the challenges. He said balancing all of his responsibilities requires organization. “I organize myself like crazy. I have two different calendars. I have a to-do list board. I have a to-do list application. I

have a homework application. Everything is color coordinated in my phone, my iPad and my computer so wherever I go my schedule is there.”

Brown was born and raised in North Platte and graduated from the North Platte High School in 2010. Currently a junior, he hopes to graduate in May of 2014 with a degree in sports administration and a minor in marketing and management. In the future, he hopes to work in player development at a Division I university.

He already has a mission: “. . . so we can develop students into well-rounded people and not just athletes, whether that be public speaking or social media wise or in the classroom. So that once athletics are done, they have a life to go to,” Brown said.

Along with succeeding academically, Brown estimates that he spends 65 hours a week involved with his organizations and performing the duties of an RA. All of these opportunities are refining and revealing his leadership qualities, he said.

Brown has been involved with Phi Delta Theta, the newest fraternity to the UNK campus, since the very beginning. At the start of the 2013 spring semester, Brown took over the role of president of the group. He helped form the Thompson Scholars United organization. Also, he is a standing-member in the NRHH, which reveals that he can be effective as both a leader and a follower.

Pierrie Jefferson, a senior family studies major, who is also heavily involved with Phi Delta Theta, said, “I have seen him go from having no position in Phi Delt, to Phikiea educator, to president, and he has done a really good job with all of that. He is a really great leader.”

“He has his head on his shoulders, he manages his time well, he manages Phi Delt well, and he keeps himself organized,” said Jeff Lantz, a senior aviation major and the warden of Phi Delta Theta.

Pierrie said that Brown knows how to lead differently and adapt to unique situations when dealing with people who have dissimilar communication styles.

Brown said that his leadership roles have already benefited him in many areas of his life. He said that he has been able to use experiences from all his leadership



JEFF LANTZ

roles in job interviews, which he believes gives him an edge over the competition.

Brown said he thinks it is imperative to take time for yourself and to take a break from the chores of life. If you do not take care of yourself, you will not be able

to take care of the people you lead. He said that it can be as simple as stopping what you are doing and taking a few deep breaths.

Brown encourages students to find what they are passionate about and to get involved because life is a lot more enjoyable when there is some risk involved.

CAMPUS CRIME LOG

Feb. 27 : Male cited for stop sign violation at 15th Avenue and University Drive.

Feb. 27 : Female student struck by car in Lot 14a. Car left scene before police arrived.

Feb. 28 : Male reported alleged theft at Nebraskan Student Union. After meeting with both subjects, no citations were issued.

March 1 : Male cited for driving wrong way in one-way lane off campus.

March 1 : Male pulled over off campus for a burnt out headlight cited for driving without a license and given verbal warning for the headlight.

March 1 : A traffic stop off campus resulted in a subject being cited for possession of marijuana – less than one ounce – and possession of drug paraphernalia after the driver consented to a search of the vehicle.

March 1 : Male warned for a headlight violation off campus.

March 2 : The computer at the front desk of Randall Hall was damaged during the night.

March 3 : Female warned for driving without headlights on University Drive.



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Photo by Ru Meng
RIGHT: Sophomore mass communication and journalism major Akiho Someya from Tokyo, Japan, sings "Hanamizuki" at the Japanese Festival Saturday, March 2. Someya was the first performer of the festival.



Photo by Jisoo Shim
Students from various countries take the stage for the finale of the fashion show at the Japanese Festival on Saturday. The show contained yukatas, and old school uniforms.

JAPANESE FESTIVAL

Students and public of all backgrounds enjoyed dance, food, music and culture at the Japanese Association of Kearney's annual festival.



Photo by Jisoo Shim
Dance team, Go, performs a Japanese Yosakoi dance show in the Pondersoa Room. A traditional summer dance, Yosakoi is highly energetic and combines traditional dance movements with modern music.



Proving little things can bring the most joy, two students use a simple method to brighten others' day.

Photo by Adrianna Tarin

Brittany Blanco, senior nursing and family studies major from Gering, and **Allissa Damico**, senior family studies and psychology major from North Platte, have "Operation Beautiful" sticky notes in hand. Blanco and Damico are interns for the Women's Center and placed these sticky notes all over campus on Wednesday as part of National Eating Disorders Awareness Week.

Operation Beautiful



Photo by Adrianna Tarin

Allissa Damico, senior family studies and psychology major from North Platte, places "Operation Beautiful" sticky notes on mirrors of the restrooms to spread the message of National Eating Disorders Awareness Week.



Photo by Jisoo Shim

Sticky notes on the mirrors of restrooms in Cushing Fieldhouse give kind words to readers as part of the "Operation Beautiful" event sponsored by the Women's Center during National Eating Disorders Awareness Week. The aim of NEDA is to prevent eating disorders and body image issues while reducing the stigma surrounding eating disorders and improving access to treatment.

NCAA Championship

UNK Wrestling: Seeing double headed to Nationals

BY AARON URBANKSI
Antelope Staff

The Nebraska-Kearney wrestling team is up four spots to third in the latest Division II wrestling rankings provided by the Wrestling Coaches Association of America, trailing only St. Cloud State and Notre Dame College of Ohio respectively.

After sweeping away the competition at the Super Region 4 tournament in Chadron last month, the Lopers have found their form after a midseason slump as the team gears up for another Division II national title run in Birmingham, Ala., March 8-9.

With nine wrestlers set to compete in the final weekend of the season, the same number of wrestlers as St. Cloud State, Norte Dame, and 4th-ranked Central Oklahoma, a run at the title will be tough but the team feels ready to 'go out and show out' for a another title in 2013.

The Loper's First Round National Pairings:

133 lbs.

#4 Daniel DeShazer vs. Ross Benzel, Limestone College (S.C.)

As a redshirt freshman, DeShazer has had a breakout year for the Lopers while compiling a 27-8 (17-1) overall record heading into Birmingham, Ala. After escaping a few close matches, including a 3-2 decision in the Super Region 4 133 lbs. final, DeShazer will take on Limestone College (S.C.) freshman Ross Benzel in the first round. Benzel placed fourth in the Division II Super Region 2.

141 lbs.

Brock Coutu vs. #7 David Cowley, Pitt-Johnstown College

Despite having a 16-9 (8-6) overall record, junior Brock Coutu is one of many Loper wrestlers on the rise after a solid second place finish in Chadron two weeks ago. Coutu will look to upset seventh-seeded David Cowley of Pitt-Johnstown College for a chance to continue his late season push.

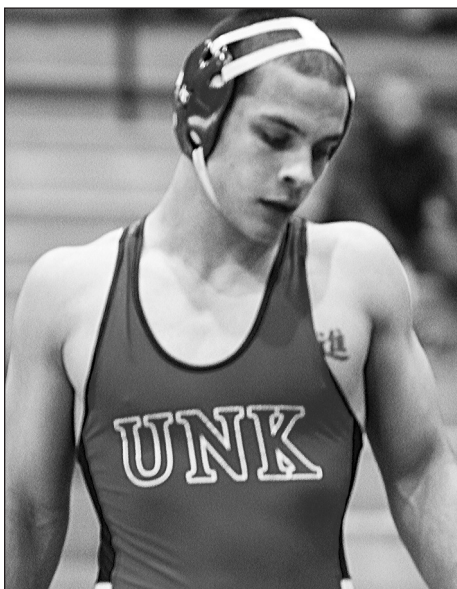


Photo by Aaron Urbanksi

Junior Patrick Martinez has had an impressive start to his Loper career with an overall record of 14-1 and an invite to the NCAA Division II championships this weekend. Martinez came to UNK from the University of Wyoming where he helped the Cowboys reach the NCAA Regional Tournaments in 2011 and 2012 as well.

149 lbs.

#1 Raufeon Stots vs. #7 Nate Herda, Augustana College

Senior Raufeon Stots will look to cap off another championship caliber season as the top rated 149 lbs. wrestler in country. His mission will start with seventh-seeded Augustana junior Nate Herda, a 2012 All-American who finished third at last year's championships.

157 lbs.

#8 Chase White vs. #3 Jeff Pelton, Notre Dame College (Ohio)

White may have the toughest draw out of all the Loper wrestlers invited to Birmingham, Ala. Although White has performed well for the Lopers, Notre Dame's Pelton finished the regular season with a 15-3 (7-2) overall record and has allowed only nine points to his opponents all year.

165 lbs.

#2 Chase Nelson vs. Keith Ryan, Pitt-Johnstown College

Along with Stots, DeShazer and Cotton, Nelson will look to continue his winning ways at nationals after taking home the 165 lbs. title in Chadron. In his first full season as a Loper after transferring from the University of Oklahoma, Nelson has proved to be a serious title contender with 13 pins in his 27 victories.

174 lbs.

#2 Patrick Martinez vs. Kurt Salmen, St. Cloud State

Patrick Martinez is no stranger to the national scene after qualifying twice for the Division I tournament while at the University of Wyoming. Martinez will look to bounce back at nationals after losing his first match of the season against Western State Colorado's Elliot Copeland by a 7-9 decision at super regionals.

184 lbs.

Mark Fiala vs. #2 Dallas Smith, Ouachita Baptist College (Ark.)

Junior Mark Fiala returns to the NCAA for a second-straight year despite finishing fourth at the super regionals in Chadron. Fiala was 30-10 (17-6) overall this season with ten pins and 13 victories by decision.

197 lbs.

#8 Romero Cotton vs. Tyson Searer, East Stroudsburg (Pa.)

Despite an either overall seed for this year's tournament, don't be surprised if redshirt freshman Romero Cotton comes home with some hardware. In high school, Cotton was a 10-time state champion in wrestling (4), Football (4), and power lifting (2) at Hutchinson (Kan.) High School.

285 lbs.

Nick Bauman vs. #2 Matt Meuleners, Northern State

For the first time in his Loper career, senior Nick Bauman will represent the Lopers on the mat at nationals. After a third place finish at Chadron, Bauman finished the regular season by winning 13 of his final 15 matches for a solid 23-9 (19-5) overall record.

Classified Ads

UNK Alumni Association

Seniors (Graduating in 2013) apply today for Outstanding Senior Award BlueGold Brigade is taking applications for its annual Outstanding Senior Award. Apply at www.unkalumni.org/bgbg, Lopers@unkalumni.org or call 308.865.8474 to apply today

Gold Torch Society

WOMEN - Apply to become a member of The Gold Torch Society - a mentoring/networking organization for alumni and undergraduate women. Apply at www.unkalumni.org/goldtorch or 308.865.8126. Only 25 undergraduate women selected!

UNK Study Abroad

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DJs Wanted

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Loper of the Week: Dunn

BY KENT KELLER
Antelope Staff

Although the Lady Lopers record doesn't show it, team members say you can't negate aspects of play that signal a good start to the season. The three and seven record doesn't show how well they have played.



BECKY DUNN

The Lopers have played a few good games and a couple not so good. One highlight of the season so far is Senior Becky Dunn's no hitter. Dunn, senior elementary education and early childhood major from Papillion, threw the Lopers first no hitter in

13 years. Dunn shared her feelings on the season and her career with us.

Antelope: How did you get started with softball?

Dunn: My two older sisters played competitive softball, so I always traveled around with them and watched them play. When I turned 9, I was able to try out for the Omaha Quakes, a competitive traveling team, and I was with them until college.

Antelope: Did you play any other sports in high school?

Dunn: I tried basketball but never really had the desire to continue to play, unlike softball.

Antelope: What made you choose UNK over any other college?

Dunn: My dad played football for Kearney during his time in college, my sister was on the softball team, and I have family out this direction of Nebraska. I also decided that if I was going to play softball I didn't want to go to a huge school, and I was just far enough away to be independent but close enough to go home if I needed to.

Antelope: How has the season gone so far?

Dunn: Although the record doesn't necessarily show it, we have played well against some pretty tough teams. The season seems to be going pretty good.

Antelope: What was it like throwing a no hitter? When did you realize you were doing something special?

Dunn: I had no idea I was throwing a no-hitter until the end of the game when coach told us in a meeting. I just knew that I was throwing well, we had great defense and everything seemed to get into a good rhythm. When I found out about it I was pretty proud of myself, and then I found out it had not happened in 13 years, and I was shocked to hear I changed that.

Antelope: How has softball changed your life?

Dunn: Softball has made me more competitive, confident, and it has kept me grounded through winning and losing. It has especially helped me meet some of my best friends.

Loper tennis driven by leadership, focus

Senior Leaders and new Conference has UNK tennis excited for season

BY JOSH SMITH
Antelope Staff

This past weekend marked the beginning of a long and tough stretch of matches for Loper tennis.

Friday afternoon, UNK hosted William Jewell College in Grand Island.

Last season, William Jewell upset the Lopers in Kansas City 7-2 on the men's side, but Coach Jake Saulsbury has his men and women prepared for the rematch. Friday afternoon, the Lopers dominated the rematch by beating the William Jewell Cardinals 6-3 on the men's side, and 5-4 on the women's.



JAKE SAULSBURY

Saulsbury said he has been very pleased with the focus and effort of the team, who picked up another win this weekend against Colorado Christian in Grand Island, which has become their home away from home. The Lopers left Grand Island with 9-0 victories on both sides, before heading to Topeka, to test a veteran Southeastern Oklahoma State team. The men struggled to close out the road trip, and fell to the regional rivals 6-0, but the women fought for a 5-1 victory.

The team has been traveling by bus to Grand Island for the last several weeks for indoor practice.

Due to conflicting class schedules, the team begins practice at 10:30 pm, and doesn't return to Kearney until about 1:30 am. This has been taxing on the players and coaches, both physically and mentally, but Saulsbury is already seeing the benefits. "They have such a state-of-the-art facility, and the practices have been focused and productive, so I can't complain," he said.

Fletcher Sheridan, a freshman from Texas, has found his specialty in doubles play. His biggest adjustments have taken place in the change in styles between high school and college tennis. "College players are so skilled, they rarely make errors, and so it is really important

to stay consistent and keep calm during point," he said. Sheridan is learning how to adapt to the faster pace, due in part to senior leadership from John Steinke.

Coach Saulsbury has been really impressed with his entire team, but specifically, Steinke on the men's side. "He's an incredibly hard worker, he's three-time team captain, and his ability to lead and overcome adversity is unmatched," Saulsbury said.

Steinke is taking on a new role this season, not only as a leader, but also as a top player. Last season, Steinke played in the No. 5 position, this season, No. 2. According to Saulsbury, that is a very tough transition to make, and rarely do you see a player have this much success throughout such a drastic change.

On the women's side, Coach Saulsbury is most impressed with the hard work and focus of junior Dominique Kropp. Kropp has been a contributor to the team for three years now, but this year, the team needs leadership from upperclassmen. Saulsbury said he has been very happy with her improvement. "Dominique was always a singles player, but she has really bought into the aggressive doubles play that I coach, and will be a huge contributor to the lineup this season."

Kropp is also very positive about the efforts of herself, and the team. "I'm a junior this year, and with my eligibility near it's end, I want to get the most out of my experience," Kropp said.

This sense of urgency has helped boost Kropp's confidence and the confidence of the teammates around her. Look for this kind of leadership to help lift this team to success this year.



DOMINIQUE KROPP

Sudoku answer:

Upside down, from page 4

1	7	9	3	6	8	2	4	5
8	5	6	2	7	4	3	9	1
2	3	4	5	1	9	6	7	8
6	1	2	7	5	3	9	8	4
3	9	8	4	2	1	5	6	7
7	4	5	9	8	6	1	2	3
5	6	7	1	4	2	8	3	9
9	2	1	8	3	7	4	5	6
4	8	3	6	9	5	7	1	2



Check out
www.lopers.com
for a upcoming tennis events.

Loper Action

BY KENT KEHLER
Antelope Staff

Loper Men end season

The men's basketball team has dropped the final two games of the season.

On Wednesday they lost to Northwest Missouri State by 18. DeAngelo Hailey led the Bearcats with 15 points, while Alex Sullivan pitched in with 14 points. The Lopers were led by sophomore Tyler Shields, a Kearney finance major, who had 20 points and seven rebounds. Jon Henderson, a Salt Lake City business administration major, pitched in with 15 points.

On Friday night, the Lopers lost a shootout with Lindenwood. The Lopers fell short with a score of 84-75. The Lions were led by Seniors Richie Thompson and Alex Bazzell who both had double doubles. Thompson had 17 points and 12 rebounds, while Bazzell had 16 points and 10 assists.

The Lopers were led by Henderson with 22 points, five rebounds and four assists. Henderson accumulated 755 points in only two years as a Loper. Shields chipped in with 14 points, 12 of them coming from three-pointers. Pierre Newton had 18 points and shot over 50 percent from the field. Shields said after the game, "This season was definitely a building season; we had a lot of rough patches in the begin-



Photo by Adam Buerer

Sophomore Tyler Shields of Kearney, gains control of the ball at the Health and Sports Center during Friday's game against Lindenwood. Shields ended the game with a total of 14 points.

ning."

The Lopers finished the season with seven wins and 19 losses and were 4 and 14 in conference.



Photo by Adam Buerer

Freshman guard Sydney Seberger prepares to pass the ball in Friday's game against the Lindenwood Lions. The Lady Lopers ended their season with a record of 7-18 (4-14).

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Photo by Adam Buerer

Junior point guard Nicole Arp shoots and makes the first three pointer in Friday's game against the Lindenwood Lions. Arp ended the night with 12 points, nine assists and four rebounds.

Lady Lopers finish one and one

The Lady Lopers couldn't catch up with the Bearcats Wednesday at the Health and Sports Center. Four players scored in double digits for NW Missouri State. Maggie Marnin had a game high 19 points and also had 10 rebounds. UNK was led by sophomore Nebraska Wesleyan transfer Queen Ohamara, who had 12 points and six rebounds.

On Friday night, the Lopers brought home a win by beating Lindenwood 89-74. UNK scored 53 points in the first half. The Lady Lopers were 9 of 12 in the first half.

The Lopers were led by seniors Ivy Jones, an exercise science major from Vallejo, Cali, and Nadia Williams, an exercise science major from San Jose, Cali. The duo combined for 33 points. Williams was perfect from the floor, shooting 7 of 7, three of those being three-pointers. Junior Nicole Arp, a Kearney speech pathology major, chipped in with 12 points, nine assists and four rebounds.

The Lady Lopers finished the season with a record of 7 and 18, and were 4 and 14 in conference.



Photo by Adam Buerer

Sophomore wing Pierre Newton drives to the hoop Friday night at the Health and Sports Center in Kearney. Newton ended up scoring a total of 18 points. The lopers were defeated by Lindenwood 84-75 leaving the Lopers with a record of 7-18 (4-14).

National Eating Disorders Awareness Week

BY EMILY SEEVERS
Antelope Staff

The UNK Women's Center celebrated National Eating Disorders Awareness Week on campus from Feb. 25- March 1. Throughout the week, they held events where students could learn more about eating disorders and more importantly, learn how to overcome.

Anna Hain, a graduate assistant at the Women's Center, chose to hold these events on campus after realizing that eating disorders are a prominent issue on many college campuses and had heard from many students wanting to know more about the disease. The events included



ANNA HAIN

a panel discussion, Tuesday, Feb. 26, in the Ockinga Conference Center on campus.

Three females currently in recovery from eating disorders led the discussion. They took turns explaining factors that lead to an eating disorder, what it was like and how they eventually found help to recover. Factors that led these three females into a disorder ranged from low self-esteem to need more control and stability.

During the panel, the girls stressed many times that this dangerous disorder

could lead to death. They also pointed out that it affects all shapes and sizes, ethnicities and both males and females. A study done in 2012 by the American College Health Association, found that at UNK more males reported having trouble with eating disorders than females.

The Women's Center continued National Eating Disorders Week on Wednesday and Thursday by handing out sticky notes with positive sayings like "You are beautiful" and writing on bathroom mirrors for "fat talk free" day.

On Friday, they held an Empowerment Yoga session in the Nebraskan Student Union. Hain said,

"Yoga is supposed to be fun and help you become more aware of your own body. You don't have to pick yourself apart."

Hain said, "Research shows that eating disorders have very little to do with choice. People have a tendency to view someone with an eating disorder as weak, but it is every bit like an addiction. It is easy to judge, but you never know what someone is going through."

The Women's Center continues to spread the word and encourages students to seek help if they or a friend is suffering from an eating disorder of any kind.

Bauer from page 1

I asked the tour guide if we could possibly sing inside the church. We were told no at first, but before we left, a man came and led us into the high altar to give us a chance to sing. Now I wish we would have had someone recording us singing because that was simply an awesome experience, that sound was amazing."

This summer, Bauer will take the choir members to Germany, where they will perform in local venues, as well as travelling to the city of Munich and visiting the Dachau prison camp. "Seeing the prison camps is definitely a sobering experience for students – it's not enough to just see it on the history channel," Bauer added.

But back here in Kearney, Bauer says that he enjoys the special chemistry each choir has had over the years. "Personally, I love the rehearsal process – we have these students who want to perform, and who want to be good. It's nice to see that in young people," Bauer said. "Contrary to what I hear on television, young students want to be better than ever. I love the town of Kearney, and I love the campus here. You're not a serial number here, you're an actual student, and I think that's nice."

While the Collegium, Men's, and Women's Choirs are preparing for a spring concert on April 21, the Choraleers have just begun rehearsals for a performance of Christopher Tin's "Calling All Dawns" with the Kearney Area Symphony Orchestra on April 23. In 12 separate movements, the piece is also written in 12 languages, with students soloists, guest soloists, and the whole choir all knuckling down on the diction and pronunciation. Still, with

everything going on, Bauer doesn't seem the slightest bit stressed.

"My father used to ask me when I was going to get a 'real job', because he knew I loved this too much to consider it actual work," Bauer added with a smile.

Teal Lotus from page1

being somewhere he didn't want her to be.

His aggression became too much when he started being more physical with her, so she ended the relationship. In a fuming rage, "Eric" followed her to her bedroom and brutally raped her while her friends had a party downstairs. When he came over the next day to tell her that their friends would believe him over her, she felt helpless. She turned to drinking heavily and decided to leave college after getting her tires slashed and more harassment from "Eric."

The tenacious Aden, however, would not let that hold her back. After she married in 2006, she decided to get professional help through therapy and art therapy. In 2010, she started her non-profit organization "The Teal Lotus," which she uses to speak out and spread awareness of sexual assault.

April 27, the Annual Teal Lotus Run/Walk will take place in Cozad in an effort to raise money to help sexual assault victims afford therapy fees. Aden continues to travel to schools to share her story and raise awareness. "Don't be silent; there are others out there waiting to hear your story so they can tell theirs," Aden said.

'Ready, set... dodgeball!'

Have fun, make a difference — AOII hosts sixth annual "Strike-Out Arthritis" dodgeball tournament

BY COURTNEY JONES
Antelope Staff

Do you want to have fun, run around and dodge balls like you're dodging bullets in the matrix, and support a good cause all at the same time? Then come on down to the AOII dodgeball tournament this Thursday and help support people with arthritis.

UNK's sorority Alpha Omicron Pi will host their sixth annual "Strike-Out Arthritis" dodgeball tournament Thursday, March 7. This fundraising tournament will be held at the UNK Health and Sports Center from 6:30-10 p.m.

Anyone can help to raise money by creating a team of 5-6 individuals to participate in the tournament. Each team must pay a \$35 participation fee. The winning team will receive a \$300 cash prize, and a raffle consisting of donated gifts from the Kearney community will take place during the tournament as well.

"Last year the UNK dodgeball tournament raised about \$3,000 and had around 35 teams participate. The winning team was an all-male team, The Desperados. This year the goal is to raise \$3,500 with 40 teams participating," said Blair Youngs, a member of AOII. "All the funds raised will go to the sorority's national philanthropy, the Alpha Omicron Pi Arthritis Foundation. The foundation awards research grants and scholarships to families with children who have juvenile arthritis."

Strike Out Arthritis

March 7 at the UNK Health and Sport Center from 6:30 to 10 p.m.

There are over 100 forms of arthritis, and it is the most common cause of disability in the United States. Arthritis is also much more common in women than it is in men. Children can get arthritis too; nearly 300,000 children in the United States are living with juvenile arthritis. The goal of the Arthritis Foundation is to eliminate the disease of arthritis and its debilitating effects on old and young alike.

"It is so important to be aware of what arthritis is and what it can do to a person, but it is more important for you to know how you can help the foundation with research and therefore help the people with this disease. We want to fight and strike out arthritis, and this is exactly what our dodgeball tournament will help do," said Youngs.

So find a team and come down this Thursday to help the people living with arthritis. There will be prizes and laughter and you are guaranteed to have a great time.

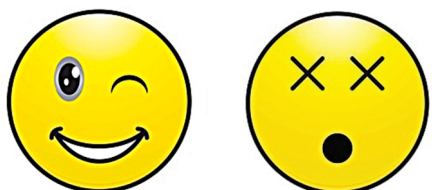


BLAIR YOUNGS

Life



around



Campus



Photo by Woorim Cho

NOT JUST LYING AROUND: Students relax and re-center during Empowerment Yoga on Friday, March 1. Three students begin by warming up while lying on mats in the Nebraskan Student Union. Empowerment Yoga is held every month.



Photo by Haylie Jo Greeson

SNOW DAYS ARE GONE BUT SNOW ART REMAINS: On Feb. 25, the remnants of snow day boredom remain outside of Nestor Hall South to entertain passersby. Although Kearney was hit with over 15 inches of snow in past weeks, it didn't trap everyone inside. This upside down snowman was one of many that decorated the lawns all over Kearney.



Photo by Woorim Cho

THE REAL WORK BEGINS: The UNK Construction Management Career Fair was held Tuesday, Feb. 26, in the Student Union Ponderosa Room from 8 a.m. to 4 p.m. Aflac, one of the insurance companies in Kearney, was trying to fill an available position in engineering.