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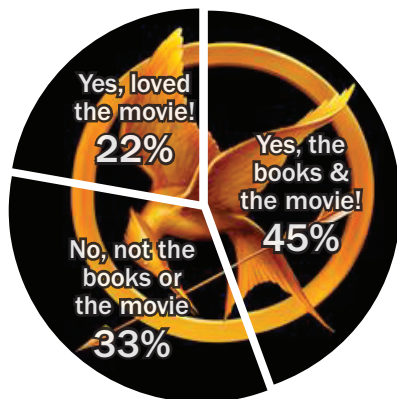
> Student Service

More pictures from The
Big Event

The Antelope sends condolences
to the family and friends of student
Rebecca Fischer. A tribute story is
forthcoming.

Results from last week's online poll
at unkantelope.com

Are you a fan of "The Hunger Games?"



This week's online poll question:

**What is your most
unhealthy habit?**

Vote at www.unkantelope.com

Deter eager to take role of president

New student body president ready to continue progress

BY JAY OMAR
Antelope Staff

As we pass the middle of the spring semester, it is time for some change in the UNK student government. With Jordan Gonzales graduating in May, Cam Deter will step up to fill his role as student body president.

Deter was unopposed in the election, but that did not dampen his enthusiasm. He is excited to let students know they are in good hands for the next year.

Deter, a graduate of Red Oak High School in Red Oak, Iowa, is a junior industrial distribution major who isn't new to the top spot. He held the office of class president for three years in high school and cannot wait to hold it once again.

"I love UNK for a variety of reasons," Deter said. "It gives you a small-town feel while you still get to meet new people every day. This campus gives us so much, I cannot wait to give something back."

Deter plans to act on the idea of reaching out to students once he takes office and allowing students more opportunities to provide feedback about how the campus is being run. Within a list of long initiatives, he has plans to implement the "outreach and visibility campaign."

He is ready to set in motion ideas including regular contact with all student organizations around campus and contact with individuals through feedback centers located in certain buildings. He also plans to continue, "Chats with the Chancellor" and maintain other changes that have been put in place.



CAM DETER

Deter's enthusiasm was undeniable as he talked about the changes he plans to make and what he has already started.

He said he is excited about several more initiatives including a campus wide e-newsletter, campus facility development, academic policy and a new idea of electronic card readers in study lounges to help

track students study hours.

Deter is also very determined to improve the appearance of the campus. He plans to implement cleanups for the Kearney canal once or twice a year, helping to get rid of what he called an eyesore.

The windows on the back of Otto Olsen are also on his list.

"The windows on the south side of Otto Olsen are not easy to look at. People would never know that we have some of the best departments in the nation inside of that building. I want to change that," Deter said.

Deter said replacing his friend and colleague Jordan Gonzales will be a challenge. He thanked Gonzales, as well as a list of others, for helping him get to the position he is in now.

Deter said holding office has always been a dream, and he plans to fulfill his promises.

"The summer before my sophomore year I decided I wanted to run for president of UNK. Ever since then I have gotten incredibly involved on campus and without a warning just got completely drawn into what is happening here," Deter said.

SENATOR JOHANNIS MEETS WITH STUDENTS



Photo by Freddie Arnold

Members and student speakers representing TriO Student Support Services present republican U.S. Senator from Nebraska Mike Johanns with an honorary picture of the ever-recognizable bell tower on campus. Pictured from left to right is Blanca Vera Chavez, Heather Walker, Sen. Mike Johanns, Brittany Weinandt and Matt Voichahoske. Student Support Services helps 200 UNK students who are low-income and first-generation college students and individuals' with disabilities. Student Support Services incorporates a deep understanding of the independent, active learning behaviors of students and the teaching strategies used by faculty to support individualized learning.

the antelope

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Omar has change of heart about Health and Sports Center

New information leads to new respect



BY JAY OMAR
Antelope Staff

A few weeks back, I wrote a column about the Health and Sports Center here on campus. I mentioned space issues that take place in the facility as well as problems inside the weight room. I left details out in that piece, and a lot of it was positive information.

As I have learned more information about what it takes to run the facility, I have decided to give credit where credit is due. For anyone who uses the weight room or field house, I advise you to shake the hand of Scot Fransk. I have seen the numbers and what he has to work with, and honestly if I held his position I don't believe my headache would ever subside.

Let me start by saying that I use the recreation facility on a daily basis, and compared to other places on campus, it really is in top-notch shape. The field house is always clean and equipment is usually in pretty good condition. The main points I want to make, however, lie within the staff that runs the facility.

The other day I went in to use the weight room, and my contact fell out.

I went to the front desk to see if they could help me. Right away the young woman sitting at the desk hopped up and found contact solution, handed it to me and waited to make sure I worked it out. This type of thing happens on a daily basis at the facility and should not go unrecognized.

Last week in a response to my first story, Fransk wanted to point out that with a limited budget his results are positive. With pool hours rising and over 100 staff being employed, Fransk seems to be doing an above-average job. At the end of the school year over 25 percent of students on campus will have participated in an intramural event. Fransk explained that other campuses dream of numbers that high.

Although frustration is still rel-

evant, I believe that the positives need to be commented on.

A good staff, a clean facility and a record number of people using the build-

"Although frustration is still evident, I believe that the positives need to be commented on."

ing are notches in the belt of achievements for the Health and Sports Center, and I hope that the growth continues.

When I want to lift or play basketball, I continually choose the Health and Sports Center, but I never thought of the reasons. I have learned that it is because the good aspects outweigh the negatives by a large amount.

CAMPUS CRIME LOG

March 26: Ryan Figgini was issued a written warning for careless driving on University Drive.

March 27: Chris McEntee was issued a written warning for failure to use his turn signal.

March 27: Yousef Ghamdi was issued a written citation for illegal U-turn, no operator's license and unauthorized use of a vehicle.

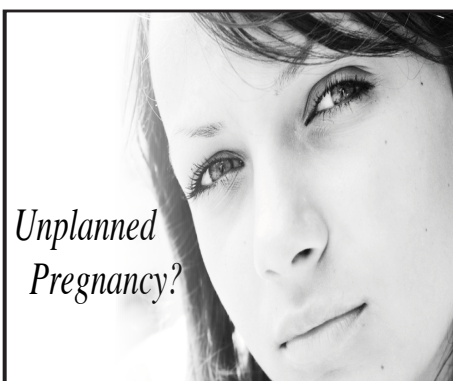
March 29: Brenda Marker reported a set of master keys to all of the university buildings missing. The keys were

last seen on second floor of Men's Hall.

March 31: Brooke Brown was issued citations for wrong way in a one way, MIP, and careless driving after being pulled over for excessive speed on Lakeview Drive. Brown was transported to the ER after an asthma attack.

March 31: Artem Ten was issued a citation for having an expired license.

March 31: Michael Hanrahan reported that an unknown person caused damage to the drywall near the interior door of the Pike house.



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OLD-FASHIONED GAME NIGHT



Photo by Yena Oh

Lindsey Hodman, a sophomore graphic design major from Lincoln, and Jared Mapes, sophomore telecommunications management major from North Platte, play chess during the Old-Fashioned Game Night at the Frank House. The game night was conducted by students Angelica Calderon and Amy Hostler on March 13 and 27 to provide an awareness of historic meaning of the Frank House and the games which were played in the 1890s, when the Franks lived in the house.

Sudoku ★★☆☆☆

How to play:

Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

				2	
			3		6
4					
3	6				
2					1
		1	4		

Find answer on page 10

www.sudoku-puzzles.net

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‘Stop Kony 2012’ starts new conversations

Invisible Children makes effort to do more than bring awareness, involves a generation through YouTube



BY CAITLIN OSTBERG
Antelope Staff

We live in a society of apathetic advocates.

The phrase is contradictory, though quite charming considering the aliteration, and all

the more important to my generation and social injustice— especially for the most recent video campaign by the non-profit group Invisible Children.

For those who don’t know, the “Stop Kony 2012” video campaign was released by Invisible Children on March 5 and went viral, with more than 14 million hits in the first two days.

The main goal of the video was to create awareness that the Ugandan warlord, Joseph Kony, must be brought to justice. Kony spent decades causing war and abducting children for his Lord’s Resistance Army.

“My generation is tired of being passed off and ignored, and has begun to realize that we can change the world if we want to.”

The group, Invisible Children, began to bring these horrendous acts to light. Their goal was to make a difference and to give the Ugandan children a voice, to make them visible.

Now, the war in Uganda has gone down and the LRA has been reduced, very few children are being abducted. Now, according to Invisible Children, it’s time to catch Kony and bring him to justice.

My first thought about the 30-minute video is that it’s presented in a very propaganda-like format. Its intent is to cause an emotional reaction to the viewer. The moment I finished watching the video, I wanted to share it to support the cause. The video definitely worked its magic.

However, call me a skeptic, but when I saw everyone, and I mean everyone, on Facebook sharing the video, I had to ask the question: Do I want to support this cause because I truly believe in it, or because I just want something to fight for?

Needless to say, I didn’t share the video.

It was soon afterward the backlash began about Invisible Children’s financial practices, the very public, nervous breakdown, of the founder of Invisible Children



occurred. And then the facts emerged: Kony wasn’t actually in Uganda, and the LRA doesn’t have a prominent presence in Africa anymore.

In complete honesty, I’m not sure if the “Stop Kony 2012” campaign should be supported or not, but I do know that because of this campaign, a deeper issue has been revealed.

My generation has absolutely no sense of direction or identity.

This is why the “Kony 2012” campaign has wonderful timing. My generation is beyond confused at what they truly want. It’s been defined as the generation of contradiction. We want to change things and make the world a better place, but we

have no idea how to proceed.

The Occupy protests are another example. People wanted change. They wanted things to be fixed, but they were absolutely no help in fixing the problem. At least the public was made aware that others weren’t happy about the current economic climate in the U.S.

However, I think that my generation is searching for something that goes beyond Joseph Kony to something deeper. We are striving for something to believe in, to be a part of, and “Stop Kony 2012” gives us that outlet.

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My generation is tired of being passed off and ignored, and has begun to realize that we can change the world if we want to.

But one concern that the “Kony” campaign gives me is that very few actually researched into the situation or Invisible Children. The effect of the video was a blind consensus — which honestly made me nervous.

However, I believe that standing up for what you believe in is of utmost importance.

I also believe that the “Kony 2012” campaign is about understanding that every human life is worth fighting for, and that change happens when we work together.

Invisible Children proved that when it comes to social injustice, there are no political party lines to cross. If anything, this campaign has brought my generation together, proving that it’s possible to work with others of different beliefs toward a common goal.

Our political leaders could really take the hint.

In the end, it’s not about whether or not you support the “Kony” campaign or think that Invisible Children is a scam. But what the video team that started the viral YouTube post has proven is that one voice can change the world, and once given a direction, my generation is unstoppable.

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Strong counter brews over 'Dump Starbucks'

*Anti-gay marriage movement
beaten at own game*

BY JAY OMAR
Antelope Staff

Starbucks, the No. 1 rated coffee shop in the world, took a public stand in Seattle, that has put the entire nation in a heated battle over gay rights. In mid January, Starbucks endorsed the proposed bill for legalization of gay marriage in the state of Washington, a bill that eventually passed.

In the act of doing what the company believed was the right choice, Starbucks has brought on a string of ugly attacks from the National Organization for Marriage (NOM), one of the worlds

supporters have signed the petition, Starbucks refuses to back down.

Kalen Holmes, the executive vice president of Starbucks, publicly voiced her support for the gay community in an interview with the Seattle Times. "We are deeply dedicated to embracing diversity and treating one another with respect and dignity, and remain committed to providing an inclusive, supportive and safe work environment for all of our partners."

As it was made clear Starbucks was not going to back down, NOM soon voiced their opinion even louder, in what Human Rights Campaign Presi-

"We are deeply dedicated to embracing diversity and treating one another with respect and dignity and remain committed to providing an inclusive, supportinve and safe work environment for all of our partners."

Kalen Holmes
Starbucks executive vice president

largest anti-gay marriage organizations. NOM has created a protest designed to punish Starbucks for their actions. Through "Dump Starbucks," people sign a petition to boycott the popular coffee house. NOM members also started to publicly ridicule Starbucks. While

dent Joe Solomonese called a "Temper Tantrum."

NOM President Brian Brown said in an interview with The Miami Herald, "We will not tolerate an international company attempting to force its misguided values on citizens."



Brown said American consumers should not pay to advance gay rights and marriage. "The majority of Americans and virtually every consumer in some countries in which Starbucks operates believe that marriage is between one man and one woman. They will not be pleased to learn that their money is being used to advance gay marriage in society."

Starbucks joined the ranks of Amazon, Microsoft and Google to show support of gay rights. The decision by Starbucks earned the backing of the gay community as well.

A new website created by the liberal advocacy group called "SumOfUs" is asking gay rights supporters to log on and sign a thank you card for the Starbucks organization to show the company that they have America's support.

Currently the NOM petition to "Dump Starbucks" has received 19,000

signatures, a fairly high number. That is compared to the over 234,000 signatures the thank you card has received.

NOM started its campaign against Starbucks to hurt the business of the coffee corporation. However, it seems they are being beaten at their own game. With the help of social media and a strong support for the gay community, the "Dump Starbucks" campaign has brought to light the large army the gay community possesses.

Sales at Starbucks have yet to show fluctuation as their strong support has yet to yield. In the email thank you card sent out by the "SumOfUs" organization, shows the gratitude for the action Starbucks has taken and urges others to follow. The email reads this:

"We need to show Starbucks and other big corporations that standing up for gay rights is good for business!"

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Tebow-mania moving to New York Jets



Courtesy photo

BY ERIK SWAZO
Antelope Staff

It was a crazy end to the month of March when all came full circle in the NFL With Peyton Manning signing with the Denver Broncos, and no less than 24 hours later, Tim Tebow was traded to the New York Jets. The Jets not only received Tebow, but they received 'Tebow-mania' and everything that comes with the craziness of his popularity.

It was inevitable once Peyton Manning, who was just coming off neck surgery this past season, picked the Denver Broncos as the team he wanted to play for, that Tebow would be traded. Tebow started the last half of the season for the Broncos, leading them to the playoffs. He was criticized for his lack of quarterback skills, but that never stopped the fans from chanting his name game after game, until the coaches put him in the starting spot. 'Tebow-mania' took the NFL to a whole new level.

With Tebow now with the Jets who

knows what will happen when you mix the atmosphere of New York with the good guy that everyone loves, Tim Tebow.

It was also interesting to see how much hype Tebow was getting once he was traded. Tebow, a backup turned into starter for the Broncos last year, is now going back to the backup position. The Jets already have a starting quarterback that they are committed to, Mark Sanchez. Sanchez recently signed an extension with the Jets, but that doesn't mean anything in today's NFL. When Tebow was traded, news outlets across the nation followed this story, making it a top priority. The Jets even held a press conference last week, introducing Tebow as the newest member of the Jets. You rarely see a press conference for a backup quarterback, but that is what you get when you bring a person like Tim Tebow to your team.

It will be interesting to see how the season plays out for Tebow and the Jets. There is already talk that Tebow will once again take over the starting position. Only time will tell.

Lakers may trade Gasol in off-season

BY ARTHUR HOBBS
Antelope Staff

There has been a lot of talk and numerous reports that the Los Angeles Lakers might be trading All-Star forward/center Pau Gasol, and that is not the piece that they need to improve on.

Gasol is playing his best basketball since joining the Lakers; from 2009-2011 Gasol was selected to the All-Star game every year and has been one of the most mentioned forwards in the league. In his past two years, Gasol has done his part. Although called soft at times, Gasol still managed to average 34 double doubles this season.

Trade rumors of Gasol going to the Timberwolves for Michael Beasley and possible other players might sound like a pretty good deal to the naked eye, but in fact Gasol is not the reason the Lakers cannot be a top contender.

Missing pieces definitely define the Lakers team, but I think that if the Lakers want to continue to be a contender then they must keep Gasol and find a point guard. Gasol is young, 31, and if the Lakers want to maintain relevance in the west then they need to keep him and expand in other areas.

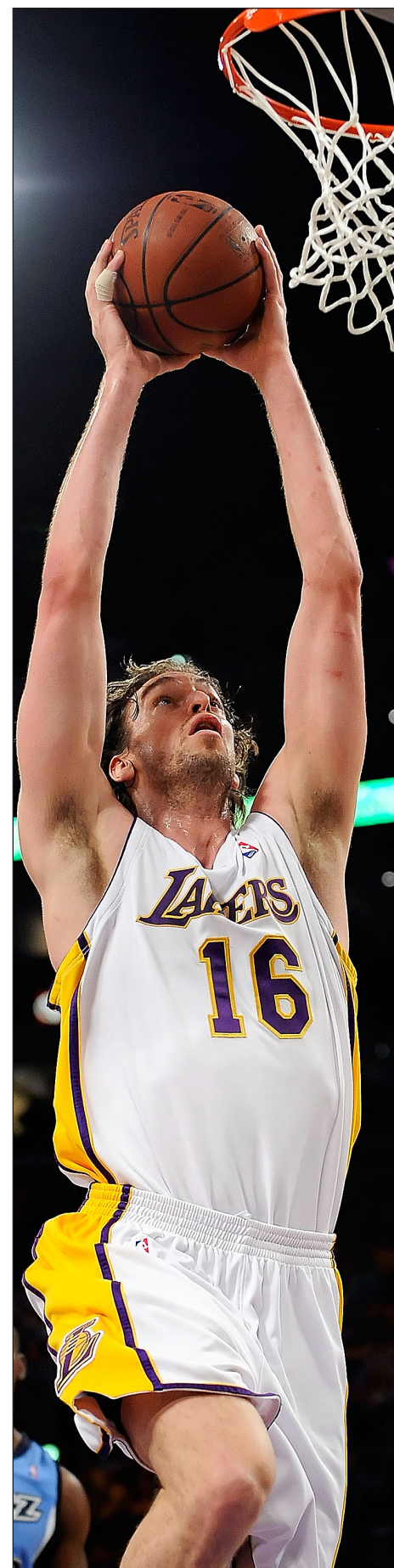
The Lakers need to get younger, but unless you get something of equal value or better value for Gasol, then that would be a dummy trade. Gasol has been criticized for his play, but a lot of the criticism results from the fact that people have seen him at his best. And when people see you at your best, they want that from you night in and night out.

If you put it in numbers, Gasol is averaging 16.8 points and 10.5 rebounds per contest. Gasol's 50 percent shooting from the field might seem average, but it is still better than most players at his position.

Kobe has stated numerous times that he wants a sixth championship, and he does not want to go to another team to get it. The Lakers can be contenders for maybe the next two years, but if so they must keep Gasol.

Derrick Fisher is getting older, and his productivity is wearing thin. Numerous discussions say that the Lakers lose because they don't have a true point guard. Fisher is not a scorer, and Steve Blake can score but sparingly does so.

Trading Gasol would not benefit the Lakers but would in fact hinder the team. Gasol is a key leader on this team, and in order for Kobe and the Lakers to win a championship, they need a guy like Gasol at his best.



Courtesy photo

Ringblom leads RMAC in hitting

BY CHRISTIAN LUJAN
Antelope Staff

Eric Ringblom chose UNK because he wanted to continue his career in baseball and pursue his passion for the sport he loved most.

"In high school I always worked extra trying to get better at baseball than I did football. I feel happy when I am on the baseball field," Ringblom said. Now, halfway into the season, Ringblom is leading the RMAC conference in hitting with a .458 batting average. He also has six home runs.

Ringblom a junior, graduated from Millard North High School in Omaha. Ringblom was a three-year varsity football starter as well as a three-year varsity baseball starter. Ringblom was named Class A All-State Linebacker his senior year. Though his football team lost in the state championship, he had offers from University of Nebraska Lincoln, Purdue University and Iowa.

Ringblom started out at as a pitcher. But after a pitcher threw a shutout in a game, the pitchers got a "pitchers batting practice," and during the batting practice session, Ringblom hit four homeruns. Ever since that day he has been a position player.

As a sophomore, Ringblom was behind Andrew Haake, an All-American in the 2011 season. "I only had five at bats on the season, but supporting the team was the most important thing at the time," Ringblom said. "I do what the coaches ask me to do and what is in the best interest for the team to win."

Heading into the 2012 season, Ringblom worked his way up to be the starting first baseman. "I try to give my team the best chance to win. In the end winning is all that matters," Ringblom said. "I love playing for UNK. I love all my teammates and the support that we receive from the community is unbelievable."

The Loper baseball team is currently 9-10 in conference and 10-17 overall. Ringblom says the team is fired up for the second half of the season, and so is he.

"I look forward to the second half of our season. Our team is improving every day and will be contending for the RMAC championship," Ringblom said. "Our coaching staff is very supportive and knows our team's potential. Look out for the Loper's in the second half of the season."

The UNK baseball team will head to Grad Junction to Play Colorado Mesa University April 5, 6 and 7.

Loper of the week



Photo by Blake Beideck

On Apr. 1, Eric Ringblom, a junior from Omaha, smashes a line drive during a home game against Colorado-Pueblo.

LOPERS REACH VICTORIOUS GOAL



Photo by Blake Beideck

Becka Talcott, a sophomore exercise science major from Denver, maneuvers around Concordia University defenders with the help of Tara Knowlton, a freshman pre-nursing major from St. Louis, in Sunday's soccer game. Talcott was a dominant part of the offense, scoring 2 of the team's 3 points in their victory over the Bulldogs.

Spring football draws new faces to Foster field

New players and coaches hope to make big impact for in highly competitive MIAA conference

BY NATHAN BOROWSKI

Antelope Staff

Spring football has begun and with it a large number of new faces have found their way to Foster Field. The Lopers were able to add 27 recruits on signing day this February and a handful of walk-ons have joined the team in the following weeks.

Head coach Darrell Morris seemed pleased with the recruiting haul but said the Lopers will continue to look for more talent. "That's what makes a good football program," Morris said. "You bring as much talent in the door as you can. That causes everyone to raise their game a little bit, and the cream will rise to the top."

Coach Morris said one focus of recruiting served as a focal point, that linemen are a hot commodity in the football world. "Everyone is hunting for

linemen," Morris said. "You can never have enough of them. You'll be no better than you are on up front, whether on the offensive line or the defensive line."

Recruiting is not an exact science though, and Coach Morris knows that there are no guarantees when it comes to new recruits. "Recruiting is an interesting thing. You really don't know what you have for about two years," Morris said. "Those kids were good high school players, but it comes down to who's willing to come in and



DARRELL MORRIS

do the developmental process, get in the weight room, stay in the classroom and do all those kinds of things. So we'll know in a couple of years how well we did this year."

When it comes to immediately replacing the 11 offensive and three defensive seniors from last season, Coach Morris and his staff will look toward returning players.

"This spring will be a measurement for them, as to how far along they are in their development and how much they know about our schemes," Morris said. "There will be some guys that come to the top and establish themselves as the next generation of producers and good players for us."

Another new face is already joining Coach Morris on the sideline this spring. Recently acquired offensive coordinator and quarterback coach Andy Siegal has joined the team to fill the void left by last year's offensive coordinator Russ Martin who left to become head coach at Colorado Mesa University.

Coach Siegal has coaching experience in a number of ranks including high school, Divisions I, II and III and the Canadian Football League.

Coach Morris expressed excitement to have Siegal join his staff. "I think he will fit in very, very well," Morris said. "He is

very familiar with our offense, and he has run our style of offense in the past."

Siegal's knowledge and familiarity with UNK's style of offense isn't the only reason Coach Morris is excited about the hire. "He'll bring a new level of recruiting experience, new contacts and new areas of recruiting throughout the country that will help us as we move into the MIAA."

Coach Morris is looking forward to the Lopers transition from the RMAC to the MIAA conference. "It will be a challenge," Morris said. "It has had a national championship winner or runner-up eight out of the last ten years. It is the most competitive football league in Division II bar none."

With a large number of new faces and familiar ones looking to step up, the Lopers are looking to make their first year in the highly competitive MIAA conference a successful one.



ANDY SIEGAL

The jump to draft RG3

BY ARTHUR HOBBS

Antelope Staff

It is a debate whether or not the Cleveland Browns should trade up to draft Baylor's quarterback Robert Griffin III. What's not arguable is that RG3 had the most amazing FFL combine workout and numbers of any other quarterback in this draft class.

The most impressive things about

RG3 were his "interviews," and they say a lot; RG3 jumped a 39 inch vertical, 10-3 broad jump and ran a 4.41 40-yard dash.

With numbers like this to back up his already impressive Heisman, we know RG3 will be drafted second overall behind Andrew Luck. Which team will make the trade up to get him? As of right now we know St. Louis doesn't want him. ESPN analysts think that with the Cleveland

New players, coaches hope to make big impact for Loper football

Browns able to offer the fourth spot, they will likely be the victor of this race.

Will the Browns be giving up too much for RG3 or just enough to have a potential franchise quarterback? The decision is a big one, for if the Browns trade up to draft RG3, they will have to give up both their first round picks this year.

Going off of pure talent, RG3 is the best prospect at his position in the sense

of him being able to do it all. Going to the Browns would definitely give RG3 exposure, but with limited skill players around him will he be able to really showcase his ability? In 2008 RG3 faced off against the Browns' current starting quarterback Colt McCoy, In that game RG3 lost, and in a sense could be looking for a little revenge if he gets drafted there. If the two quarterbacks have to battle it out, RG3 is a sure bet.

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Friedman faces final year in Forensics

Senior to compete in four events at Nationals

BY BROOKE ALSTROM
Antelope Staff

After returning from the American Forensics Association-National Individual Events Tournament (AFA-NIET) on April 10, the UNK Forensics team will say goodbye to just one competitor this year. As his final eight-month season draws to a close, Robert Friedman, a senior accounting major from Plattsmouth, looks back on his time with the team.

"It feels sort of surreal. After doing forensics competition for four years, I always look forward to nationals. But this time I'm at this moment of peace with myself because I know I have given everything I have to my causes," Friedman said.

This year, Friedman will be competing with four speeches in the AFA-NIET on Saturday, April 7 including communication analysis, extemporaneous, impromptu and persuasive speaking.

"I have practiced almost every day, for an hour a day, for the last four years on this thing I love. For this last nationals, I feel excited and yet content at the same time. I don't think I will know it is over until it is over," he said.

Friedman has experienced many successes throughout his college career competing and performing in forensics, but one stands out in his mind. As a sophomore in 2010, he experienced the loss of his grandmother just days before the Nebraska Intercollegiate Forensics Association state competition. After contemplating not participating in the tournament, he decided that his grandmother would have wanted him to be there to compete. Friedman won state that year with his informative speech on Blue Zones.

"I started crying in joy. That was the highest moment of my college career. I will never forget that moment. I did that performance for her and for me. That was my national championship," he said. Later that year, Friedman went on to be named a quarter-finalist at Nationals with the same speech.

With graduation looking him straight in the face, Friedman knows that his past four years with the UNK Forensics team will give him a leg-up in his career field. "I will be graduating in May with my degree in accounting. I am looking for jobs around the country in accounting and management. Since several of my speeches have had a financial twist in the past, I know that speech competition will benefit me in the future," Friedman said.

"I feel excited and yet content at the same time. I don't think I will know it is over until it is over."

Robert Friedman
Senior/Accounting
Plattsmouth

Photo courtesy of Chandler Johnson
As the UNK Forensics teams gears up to leave for San Marcos, Tex. on April 4, Friedman recalls the best part of his senior year. "I loved our team trip to California. I had so much fun with the team just hanging out on the beach, walking through San Diego, and just talking about our lives. Those little moments in the most extraordinary places are the ones that I will always remember."



UNK FORENSICS

The UNK Forensics team will compete at the American Forensics Association National Individual Events Tournament in San Marcos, Texas this week.

UNK Forensics 2012 AFA-NIET Roster

Senior, Robert Friedman

- Communication Analysis, Extemporaneous, Impromptu, and Persuasive Speaking

Junior, Brooke Alstrom

- Communication Analysis and DUO Interpretation

Sophomore, Kara Loeffler

- DUO Interpretation and Prose

Sophomore, Katie Lamb

- Communication Analysis and Dramatic Interpretation

Freshman, Wilfredo Lopez

- Program of Oral Interpretation

New sand volleyball court in the works

Construction to begin this summer south of Mantor Hall

BY JAY OMAR
Antelope Staff

As soon as summer of 2012, construction will begin on a new sand volleyball court located just south of Mantor Hall. The project could take months to put together but should be fully functional by the beginning of the spring semester in 2013.

This project was high on the list of goals to accomplish for Student Body President Jordan Gonzales, and the effort paid off.

Gonzales could not be happier about the sand volleyball court in a new courtyard that will be put next to Mantor Hall, and will provide a new look for the campus.

"The dream of UNK having a sand volleyball court for students to enjoy will become a reality. This project is of great significance to Vice President Paloma Mena-Werth and myself; it was on our campaign platform last year and we promised it to the UNK student voters," Gonzales said.

The sand volleyball court provides a new workout option and brings a popular sport within close proximity to students.

This new addition to campus shows great strides in the ability for student government to bring about change. After a full year of working to make this happen, Gonzales is positive this will make students appreciate the work student government does.

"Paloma and I are very pleased with all the people involved in making this idea come to fruition. This is just another sign of UNK progressing on all fronts and a great relationship between the UNK Student Government and the University's staff and administrators," Gonzales said.

Eat healthy

on a college student budget



BY AMANDA ARNOLD
Antelope Staff

The bikinis have already been on display for weeks, the sunshine is already here with full intensity, and it's time to make some changes for the upcoming spring and summer months.

After three years as a student at UNK, I would like to say I've mastered the ins and outs of college dining. It seemed so easy to make healthy meal choices when I lived on campus because everything was readily available—it wasn't any more difficult to grab a yummy salad than it was to pick up a greasy burger. After living off campus for two years, I've come to realize that it's actually not as easy when I have to plan my meals on my own. Ramen and Little Caesars became my go-to meals, but with the warm seasons coming, it's time for a change.

While nothing can beat the price of Ramen noodles, the amount of sodium in one serving is ridiculous. Aside from that, one serving is actually only supposed to be half of the package. I've gathered some healthy eating tips for students on a budget so hopefully others can join me on my mission to eat well without breaking the bank.

1. Switch to water. Instead of drinking soda or other caffeinated drinks, switch to drinking water instead. It's a much cheaper and healthier route, especially if you choose to skip bottled water and drink tap water.

2. Buy less lean meat. Meat with fat isn't as unhealthy as it's perceived, and for those trying to slim down, it's good to understand that fat doesn't make you fat, excess calories do. So it's fine to choose meat with a higher fat content—it's much cheaper, and it's also healthy.

3. Buy frozen veggies. Though it seems healthier to buy your fruits and vegetables fresh, it can often be expensive and a lot of it goes to waste because it is difficult to preserve. Frozen fruits and veggies are a great choice because leftovers can be saved, leaving nothing wasted.

4. Invest in a multivitamin. This one is a big help to fill nutrient gaps students miss each day. In order to get your

10 HEALTHY SNACK IDEAS

1. Frozen grapes
2. String cheese
3. Apple slices with peanut butter
4. Raisins
5. Sunflower seeds
6. Animal crackers
7. Peaches and cottage cheese
8. Raw veggies with guacamole
9. Hard-boiled egg
10. Frozen yogurt

daily value of vitamins, you'd have to buy a ridiculous amount of groceries and measure and prepare all day. Save yourself time and money by taking the easy way out; there are even gummy multivitamins for adults.

5. Make your lunch at home. It's easy to opt for the quick and easy meal at work or between classes, but eating out adds up. By making your lunch ahead of time, you may have to get up 15 minutes earlier, but you'll be saving precious money each week.

Sudoku answer:

Upside down, from page 3

2	3	4	1	5	6
1	5	6	3	4	2
5	4	1	2	6	3
3	6	2	5	1	4
6	1	3	4	2	5
4	2	5	6	3	1

HUNDREDS HELP OUT



See more pictures
of The Big Event
unkantelope.com

Photos by Kaytlyn Duden
Students and faculty with Students in Mass Media work on pulling weeds at a local Kearney residence for The Big Event Saturday, March 31. Approximately 900 UNK students signed up to help with the event.



The Big Event participants gathered at Harmon Park to have lunch provided by the event's sponsors.

'Titanic' to sail into 3-D theaters

Blockbuster hit resurfaces near 100th anniversary of famous ship's demise

BY BRIANNE WETOVICK
Antelope Staff

A century ago in April of 1912, the world's largest and most luxurious ocean liner left Southampton, England, on her maiden voyage.

A few days later, she would lie, broken on the floor of the Atlantic, with thousands of lives to keep her company in her final resting place.

Interest in the tragedy of the doomed ship, the RMS Titanic, rose in 1997 with James Cameron's film, as extravagant and luxurious as the ship itself. An irresistible tale of love between a high-class girl and the lucky-to-be-there boy pulled audiences in to find out their fate.

Grossing over a billion dollars since its release, and winning awards galore

(including 11 Oscars), the movie became an instant favorite among movie lovers and parlayed a heavy presence in pop culture.

Now that we're nearing the 100th anniversary of Titanic's voyage and her sinking, promoters announced a few months back that the "Titanic" will be resurfacing in theaters for the anniversary.

This time though, audiences will be able to experience the Titanic not just in 2-D but in 3-D and Imax 3-D.

It seems that 3-D has been slowly losing steam over the last year. Waning audience interest will be back with an undeniable presence with the 3-D "Titanic." A grand ship needs a grand vehicle to experience all that it is, and that for the moment is 3-D.

Theaters all around will be taking part in the anniversary. The film opens April 4, and will only be running for a limited time.

I know I will be going to see "Ti-

tanic" in the theaters. When it opened in 1997, my mom deemed it too risqué for my eyes, so I will be among the other eager moviegoers to experience all that is "Titanic" for the first time.

The Titanic is a tragic piece of history, and "Titanic" a huge part of American movie history. An opportunity like this one isn't likely to come around again, so get your tickets now, and experience "Titanic" how it was meant to be experienced—in pure big-screen grandeur.

"Titanic" resurfaces in 3-D on April 4 near the 100th anniversary of the ship's sinking and 15 years after James Cameron's film was first released.



Classified Ads

Campus Activities

Battle of the Sexes

UNK Adventure Race 2012

- April 11, 2012 at 5:00 p.m.
- \$20 per team of two
- Must be 19+ years of age to participate
- Prizes for Top Contestants

To guarantee a T-shirt, registrations must be received by March 16, 2012. They can be handed in to Dr. Moorman at her office: HPER 122C.

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Email: stirtzg@unk.edu

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If you would like to advertise in the Classified section, e-mail your ad to antelopeads@unk.edu. All ads must be received one week before publication and include a name and phone number so we can contact you if with any questions. All UNK students, faculty, and organizations will receive a FREE 20-word classified ad.

Merryman, Frank House offer local events in commemoration of 'titanic' historical event

BY BRIANNE WETOVICK
Antelope Staff

The movie, "Titanic," isn't the only thing to come out of the 100-year anniversary. The Titanic has been popping up in news more and more lately.

As James Cameron is still making dives to the depths of the ocean, a huge private collection of Titanic artifacts just went up for sale, and communities all over the world are paying tribute to the ill-fated ship and passengers, all re-enacting the original days of the voyage.

The Merryman Performing Arts Center in Kearney will host "Unsinkable Women" at 1 p.m. on April 14 with free tickets offered to interested UNK faculty and students.

The Frank House will commemorate the anniversary with "Remember the Titanic" displays, a musical revue, and a "Remember the Titanic Tea" from 3 to 4 p.m. following the Merryman event. To make a reservation for the lavish event, email frankhouse@unk.edu.

'Unsinkable'
free tickets
April 14

UNK will again offer **free tickets** to students and faculty for an event at the **Merryman Performing Arts Center.**

Tickets for 'Unsinkable Women: Songs and Stories from the Titanic' **April 14**, at 1 p.m. will be available at the Business and Finance Office in Founders Hall by contacting Fauneil Meier

at meierf@unk.edu or 8205

Unsinkable Women
100th Anniversary!

Exactly 100 years after the fateful sinking of the Titanic, Unsinkable Women is a unique one-woman historical musical show which brings to life seven brave memorable women, including the unsinkable Molly Brown, who sailed aboard and survived the Titanic.

ORDER TICKETS
PICKMYTICKETS.COM
CALL THE BOX OFFICE
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SATURDAY APRIL 14TH 2012 1:00 PM

ROBERT M. MERRYMAN PERFORMING ARTS CENTER
KEARNEY, NE
www.merrymancenter.org

UNK TARGET

'Hands-on Inspiration'

Bartruff, Fulton exhibit contrasting work inspired by artists in Senior Show

BY EMILY SEEVERS
Antelope Staff

The senior Art Education Exhibition, from seniors Rylee Bartruff and Emma Fulton titled "Hands-on Inspiration" opened with a reception March 31 in the Walker Art Gallery located in the Fine Arts Building.

For their senior shows, the artists must choose a minimum of 10 of their favorite pieces. Fulton, whose artwork is very colorful and elegant, explains that the large multicolored painting "Peacock" is one she would never sell.

Fulton, an art education major from Imperial, said that it is nice having her work shown in the gallery because she has family members who enjoy seeing what she has done.

The art presented during the senior show includes pieces that the student artists have done throughout their years at UNK. "It is a great opportunity to show the artwork I've been working on during my college career," says Bartruff, an art education major from Oxford.

Fulton says that she is inspired by pop art, which reflects in her work. She and Bartruff both name expressionist Monet as an artist who inspires them, though their

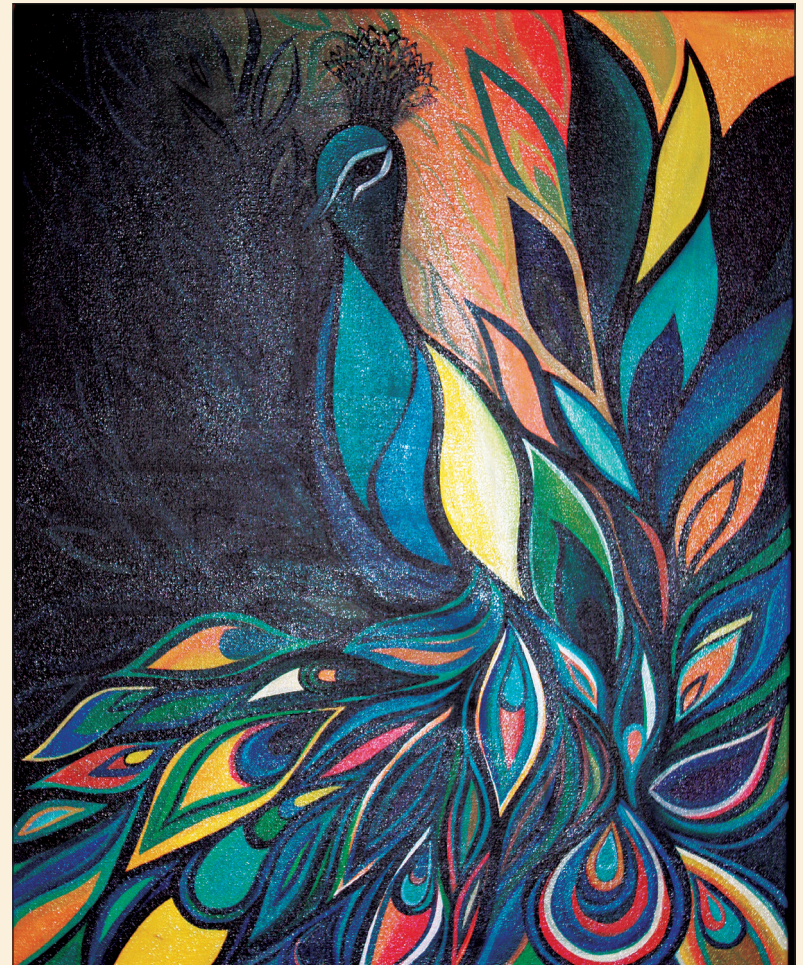
works are very different. Bartruff said other artists, including Monet, inspire her. "They inspire me to look at the world in a different way and to try techniques that I have never done before."

Bartruff's work is dark, intense and very realistic. "I like to keep things simple. My subjects and compositions are simple, but they always have deeper, more complex meanings," she says of her artwork.

Bartruff will graduate in May of 2013 and continue on as an artist while educating kindergarten through 12th grade students. "In the future I will continue to be a working artist while teaching my students about art. My goal is to provide an education to my students, where they learn about art and appreciate it. I want to inspire them to create all kinds of art that they are proud of."

Fulton plans to continue with art as well. After spending the next semester teaching, she will graduate in December of 2012 and is hoping to get a middle school or elementary school teaching job, possibly in the Kearney or Lincoln area.

The senior show will continue until April 4 in the Walker Art Gallery, open Monday through Friday from 8:30 a.m. to 4:30 p.m.



"Peacock II" by Emma Fulton, 2012.
Acrylic on canvas.



Photo by Yena Oh/Art photos by Emily Seevers

Rylee Freeland from Oxford and Emma Fulton from Imperial, both senior art education majors, display their works in the Walker Art Gallery from March 26 to April 6. Their works include ink prints, watercolor, chalk pastels, oil on canvas and oil on wood. A reception was held Saturday, March 31, in the Walker Art Gallery. The gallery is open 8:30 a.m. to 4:30 p.m. Mon. – Fri. Their show, titled "Hands-on Inspiration," is the first in a series of spring semester senior art education exhibitions.



"Stonehenge Dominos" by Rylee Bartruff, 2011.
Oil on canvas