

# the Antelope

University of Nebraska at Kearney

Run With It

## INDEX

NEWS	1, 8
ET CETERA	2
OPINIONS	3
SPORTS	4, 5
FEATURES	6, 7



Baristas  
page 2



Football  
page 5



New Restaurant  
page 6



Downtown  
page 8



Photo by Victoria Althage

## Roadblocks ongoing

### Officials say no road relief in sight until mid-December

Victoria Althage  
Antelope Staff

The snow will fly before commuters fly down 39th Street. UNK students returning to school can expect to see progress on road construction on 39th St. from Second Avenue to Pony Express Road. Blessing Construction has weathered summer rains to insure construction will be wrapped up by mid-December according to Dick Stokes, General Manager and CFO for Blessing Construction.

City Manager Michael Morgan said, construction is moving along on schedule. Construction is expected to take the majority of the construction season that runs from mid-March to December, weather permitting. The construction is made up of several projects including the widening of 39th St., new storm sewers for both sanitary and water concerns, traffic signals at 39th St. and A Ave. and state of the art traffic signals for people with visual impairments, said Stokes. Central Ave. north and south of 39th St., as well as A Ave. south of 39th St., will also be under construction.

Construction covering over a three-block incline cannot be completed without obstacles. Morgan said, "The hill on 39th St. has proven to be an obstacle because of the amount of fill that was needed to elevate the road."

Construction crews have been busy building a 25 foot retaining wall to off-set the incline and to aid in driver visibility. Stokes said the retaining wall will allow a line of sight from Second Ave. down, to make the traffic on 39th St. and Second Ave. fully visible from Central Ave.

The fill will help during the winter months with weather induced problems for drivers. The incline has made it hard for motorists to safely because of traction problems. Senior Katie McCarthy said, "Normally when there is ice on the roads I avoid that area just because I have an older car and the traction on the tires makes it hard to get up that hill and be able to stop for a red light."

Students that live off campus have been forced to adapt to the construction. Sophomore Jake

Thompson said, "With the construction it takes me between 10 to 12 minutes to get to campus in the morning if traffic is heavy, instead of the five to seven minutes it took before the construction." Most students living on the east side of town have found the easiest route to take to campus is N Ave. to 25th St.

Construction has also been hard on area businesses. Businesses like Hobby Lobby, Hastings, Nick's Gyros and San Pedro have had to rely on customers finding alternate routes in order to visit their establishments.

Blessing Construction sponsors monthly meetings at The Cellar to give businesses a chance to voice their concerns. "The cooperation of the businesses has been fantastic," Stokes raved, "the people are wonderful."

Stokes also makes himself available at anytime via cell phone to business owners or concerned parties. "If an owner calls me, I try to set up a meeting with them and solve the problem as soon as possible," Stokes said.

For more information and to check the progress of the construction you can visit <http://www.blessingconstruction.com>.

"The hill on 39th Street has proven to be an obstacle because of the amount of fill that was needed to elevate the road."

City Manager Michael Morgan

## This Week In Review

- August 30**  
1967 : Thurgood Marshall confirmed as Supreme Court justice  
1972 - Cameron Diaz is born  
1980 - "On the Road Again" hits the charts  
1983 - First African American in space
- August 31**  
1886 - Earthquake shakes Charleston, South Carolina  
1888 - Jack the Ripper claims first victim  
1908 - William Saroyan is born  
1939 : Germany prepares for invasion of Poland  
1997 - Princess Diana dies
- September 1**  
1950 First Porche is completed  
1959 Elizabeth Taylor signs for Cleopatra  
1985 Wreck of the Titanic found  
1989 Toyota launches Lexus

- September 2**  
1789 Congress founds the United States Treasury  
1945 Japan surrenders  
1969 First ATM  
1969 Star Trek's final episode
- September 3**  
1783 Treaty of Paris signed  
1875 Porsche is born  
1926 "Lefty" Lewis goes on trial  
1966 Final episode of The Adventures of Ozzie and Harriet

- September 4**  
1596 A tsunami pounds Japanese islands  
1905 Historical novelist Mary Renault is born  
1951 President Truman makes first transcontinental television broadcast  
1967 Final Episode of Giligan's Island

- September 5**  
1774 First Continental Congress convenes  
1847 Outlaw Jesse James is born in Missouri  
1877 Crazy Horse is killed  
1992 Prince becomes top-paid singer

### Four Fun Facts

1. No piece of normal-size paper can be folded in half more than 7 times.
2. Venus is the only planet that rotates clockwise.
3. The lion costume in the film Wizard of Oz was made from real lions.
4. As of 2006, more than one in eight people in the United States show signs of addiction to the internet.

[www.history.com](http://www.history.com)  
[www.berro.com](http://www.berro.com)

## Freshmen: You are not alone

Lisa Becker  
Antelope News Staff

Heading to college is a giant step in a person's life, a move toward change, growth and independence.

Sometimes that journey can be a bit scary. Incoming freshman at UNK this semester do not have to go it alone. The campus offers great resources to students to help adjust to college life and achieving academic success.

The Academic Advising Office is a great resource for freshmen. Whether a student needs to change a major, declare a major or has any other questions, advisor Amy German says, "When in doubt, come to our office."

German said no matter what the question, she and her associate Mary Daake, will try to help find an answer.

German had three top pieces of advice for the freshmen to achieve academic success: 1. Go to Class. 2. Go to Class. 3. Go to Class. She said, "Going to class is important for several reasons. First, students who go to class will get the information the instructor is lecturing on or discussing firsthand."

German said using other people's notes is hit and miss. "They don't always think the same things are important as you do. Second, the more you are in class, the more likely your teacher will get to know you and remember that you were there."

The Academic Advising office is open Monday to Friday from 8 a.m. to 5p.m. Students can either make an appointment or walk in. However there may be a wait. Students also can call to ask a question at 865-8932 or e-mail their questions to [germana@unk.edu](mailto:germana@unk.edu) or [daakem@unk.edu](mailto:daakem@unk.edu).

The Academic Advising Office calls the program PASS (Partners

Achieving Student Success). Students sign up for so they can have an extended network while transitioning from high school to college. The student designates a partner, who can be a parent, guardian, advisor or professor, and if the student is having any problems they can receive the help they need with the help of that specific partner.

Students also have a great resource by living in the residence halls. Rick Larsen, Director of Residential and Greek Life, said he feels students who live in residence halls students will obtain a better college experience all around.

Larsen's main pointer for students: talk to your Residential Advisor (RA) because usually RAs are outgoing people who go to many events. Students who hook up with RAs or other upper classman can help new students get involved or volunteer to help and get involved in the planning of events.

Every week the residential halls

have "Hall Council" meetings, attending these meetings will help freshmen get involved.

Larsen said it is also a good to stay in Kearney and get involved in campus life because going home every weekend makes it hard to integrate completely to college life.

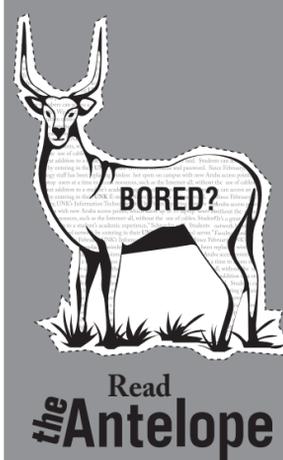
One of the most important things to remember Larsen said is to hunker down on academics.

This may include seeking a tutors help in the tutoring office. This is a free service and is a great resource for students. For more information or tutoring times call 865-8214.

Another great resource to academic success is the Writing Center located on the top floor of the Calvin T. Library. Center assistants from all disciplines look over 1400 essays a term, and they provide great information and tips including the outline, developing the essay, citations and proof reading. To make an appointment with the Writing Center call 865-8641.

## WEATHER

<b>FRIDAY</b> Partly Cloudy High 77 Low 57	
<b>SATURDAY</b> Scattered T-Storm High 76 Low 50	
<b>SUNDAY</b> Partly Cloudy High 64 Low 48	





To submit pictures for Photo of the Week, save pictures as JPEG files at 300 dpi and send them to antelope@unk.edu, or call 865-8716 for assistance.

Photo  
of the  
Week

Photo by Jill Kempf

Jakob Enzlinger, a senior from Columbus, dives off the top of the inflatable obstacle course. The inflatables event was sponsored by Residence Hall Association (RHA).

## Want to advertise with The Antelope?

Contact

**Sharice Ward, Advertising Manager**

antelopeads@unk.edu

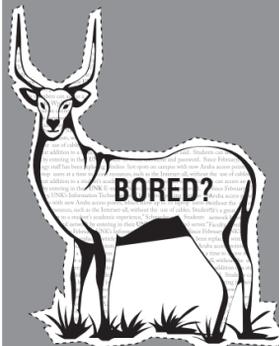
### PRICES PER COLUMN INCH:

ON CAMPUS/STUDENTS - \$3.00 LOCAL - \$6.00 NATIONAL - \$9.00

## Have something to say?

Have a headline, a byline, or even an entire story in The Antelope!

Submit stories, story ideas, photos, and anything else for publication in The Antelope by emailing antelope@unk.edu. Call us in the newsroom at 865-8488 if you have any questions.



Read  
the  
Antelope

Nothing to do between classes?  
Why not read the Antelope?

# AMERICA'S

## #1

# SANDWICH

## DELIVERY

FREAKY  
FAST!



FREAKY  
GOOD!

2524 FIRST AVE.  
308.236.5588

JIMMYJOHNS.COM

©2007 JIMMY JOHN'S FRANCHISE, LLC. ALL RIGHTS RESERVED.

# Dear Barista's: Wake me up!

## Coffee shop stays open despite summertime woes

Mark Hayden  
Antelope Staff Writer

Barista (n) - *A person who works at the counter of a coffee shop; a coffee bar server.* I had no clue either, until I asked the "Barista" himself, Ryan Dennhardt, owner of the local coffee shop turned franchise, Barista's.

If you are still trying to get into the swing of things, and you just can't seem to stay awake in your 8 A.M. classes, maybe you should stop into Barista's for one of their award-winning brews.

What's that you say? You thought Barista's closed down? Despite legal allegations that lead to the foreclosure of their previous locations in Kearney, the owner, Ryan Dennhardt, of the local coffee shop did not let his love of coffee stop him from opening up the latest Barista's, right across the street from UNK at 13th Avenue and 25th Street.

We are all starting to feel the effects of 17 credit hour-induced sleepless nights, and Barista's has a little something to give you that extra edge you crave to stay awake in your favorite Statistics class.

When Ryan was asked why he chose the particular location he did, he replied with, "It is a nice location, it's right by the college. Also, the people who occupied this building before did a nice job with it. All we have to do is repaint, a little plumbing and some electrical stuff. Easy choice when you think about it."

Ryan, at the young age of 21, got into the business when his mom introduced the prospect of helping her out with her new business that she started in 2001. "I did not really know anything

about coffee before, I got into it and it's something I really enjoy," Dennhardt says. Six years later, he has gone from not knowing anything about coffee to becoming one of the top coffee brewers in the country.

Dennhardt has been participating in competitions all over the U.S. since 2004 and has been making a name for himself in the coffee industry. "The coffee industry is set up through the Coffee Association of America. They have regional competitions and those get you into the national competitions," Dennhardt states.

He has been quite successful in these competitions, while winning his region in 2004 and placing 4th in the United States. In 2005, he went onto place 3rd in the region and 5th in the country. In 2006, he placed 6th in the region and received 6th place in the country.

Keep in mind that 250,000 coffee brewers around the country participate in this event and 50 of them receive the opportunity to compete at the national level. There are 10 regions in total, and the region he competes in is comprised of Nebraska, Iowa, South Dakota, Missouri, Kansas, and Minnesota.

Dennhardt is not successful in these national competitions by using that classic blend that has been sitting in your cupboard for the past who knows how many months. He goes straight to the source: his backyard. No, just kidding. Coffee beans do not grow in cornland. Coffee beans thrive on heat that embodies the countries that lie along the equator.

"There are four major growing regions, South and Central America, Indonesia, and Africa... We get our beans through a roaster in Seattle, because they won



Photo by Mark Hayden

Barista's owner, Ryan Dennhardt, stands near an espresso machine in his business near UNK campus.

several awards, and they also keep a close relationship with the coffee growers throughout the world, so we get high quality beans, Dennhardt adds."

Barista's offers a variety of coffee to their customers. They have seven different medium roasts, two dark roasts, and a house espresso blend. Medium roasts have the most caffeine in them, with about 120 mg of caffeine in a 12 oz. cup. The seven medium roasts each represent a different origin.

Dark roasts are blends of the seven medium roasts. As far as espresso goes, "It is really concentrated, the flavor is very strong, very

smooth.

"There are 80 mg of caffeine in espresso and since it is so concentrated, it gets in your system faster," he says. And if you are not really feeling like coffee, they have 70 different flavored syrups to change up the taste a little.

Barista's is not just for tired people either; they have something for the kids and the kid in you.

"We try to tap into all different markets: We have chocolate milk, popsicles. We got [sic] everything from black coffee to straight espresso. We even got [sic] smoothies and protein shakes." And coming soon are fresh deli sandwiches.

There is much preparation that goes into the coffee-brewing process at Barista's, and Dennhardt can attest to that. He took a moment to compare his coffee shop to the barista of them all, Starbucks. "What sets us apart from Starbucks is preparation. We do everything by hand. It is more of a 'button-pushing' style [at Starbucks]. Our espresso machines do not have any computers in them: we control the entire process. We grind our coffee fresh... It would be like the difference between going to Burger King and The Alley Rose," he added.

Who knows, maybe Barista's will replace your local Starbucks one of

these days. After all, Dennhardt has turned this growing business into a franchise. You can find locations in Hastings; Grand Island; Fort Collins, Colo.; Kansas City, Mo.; and Leavenworth, Kan.

Barista's in Kearney has 17 employees and Dennhardt says, "We treat our employees like family. We have a great staff. And if we are not speaking face to face, everything else goes through e-mail."

You can get your daily dose of coffee at many times of the day at Barista's. They open bright and early at 6:30 and stay open until 8 p.m. They hold a "happy hour" between 7 and 9 a.m. when you can get a cup of coffee for 50 cents.

"As of right now, we close at eight, but we are going to start closing later, maybe nine or ten once we get everything finished."

If you are in a hurry to get to class or wherever your destination might be, they will soon have a drive-thru for your convenience.

Also, if you are thinking that this might be a good place to take your special someone, Dennhardt agrees. "It would be a cozy little place, nice music; we could even put hearts on your lattes for you if you want to bring your date in."

And of course, they have wireless Internet. What is a coffee shop if you can't sit down and enjoy a cup of coffee with your handy dandy laptop? So, if you are tired of the awesome library scene, it might be a nice alternative if you are looking for somewhere else to do your ten-page papers.

theAntelope

**Sarah Schreiter**  
Managing Editor

...

**Lisa Elson**  
Assistant Managing Editor

**Jane Mlinar**  
News Editor

**James Chramosta**  
Features Editor

**Eric Korth**  
Sports Editor  
Co-Photo Editor

**Ashley Stuhr**  
Art Director  
Co-Photo Editor

**Mike Adelman**  
Editorial Cartoonist

**Sharice Ward**  
Advertising Manager

**Happy Macwan**  
Assistant Advertising Manager

**Judy Spivey**  
Business Manager

...

**Terri Diffenderfer**  
Adviser

Any opinions expressed in columns, editorials, editorial cartoons or advertisements are the views of the individual writer, artist or advertiser and do not necessarily reflect the views of the University of Nebraska at Kearney, its employees or students, or the Antelope staff. Contributors to "Readers' Opinions" must include the name of the writer, as well as the writer's phone number, hometown and affiliation with the college. Phone numbers will not be printed but are necessary for verification. Deadline for publication is Monday at noon. Submissions past deadline will be printed in the following edition. The Antelope staff reserves the right to edit contributions to "Readers' Opinions" for grammar, spelling, content and length, as well as to disregard opinions. Letters to be printed should be sent to:

**Readers' Opinions**  
c/o the Antelope editor  
Mitchell Center  
University of Nebraska at Kearney  
Kearney, NE 68848

Any of your questions, comments, concerns or suggestions should be sent to the address above.

**Mitchell Center**

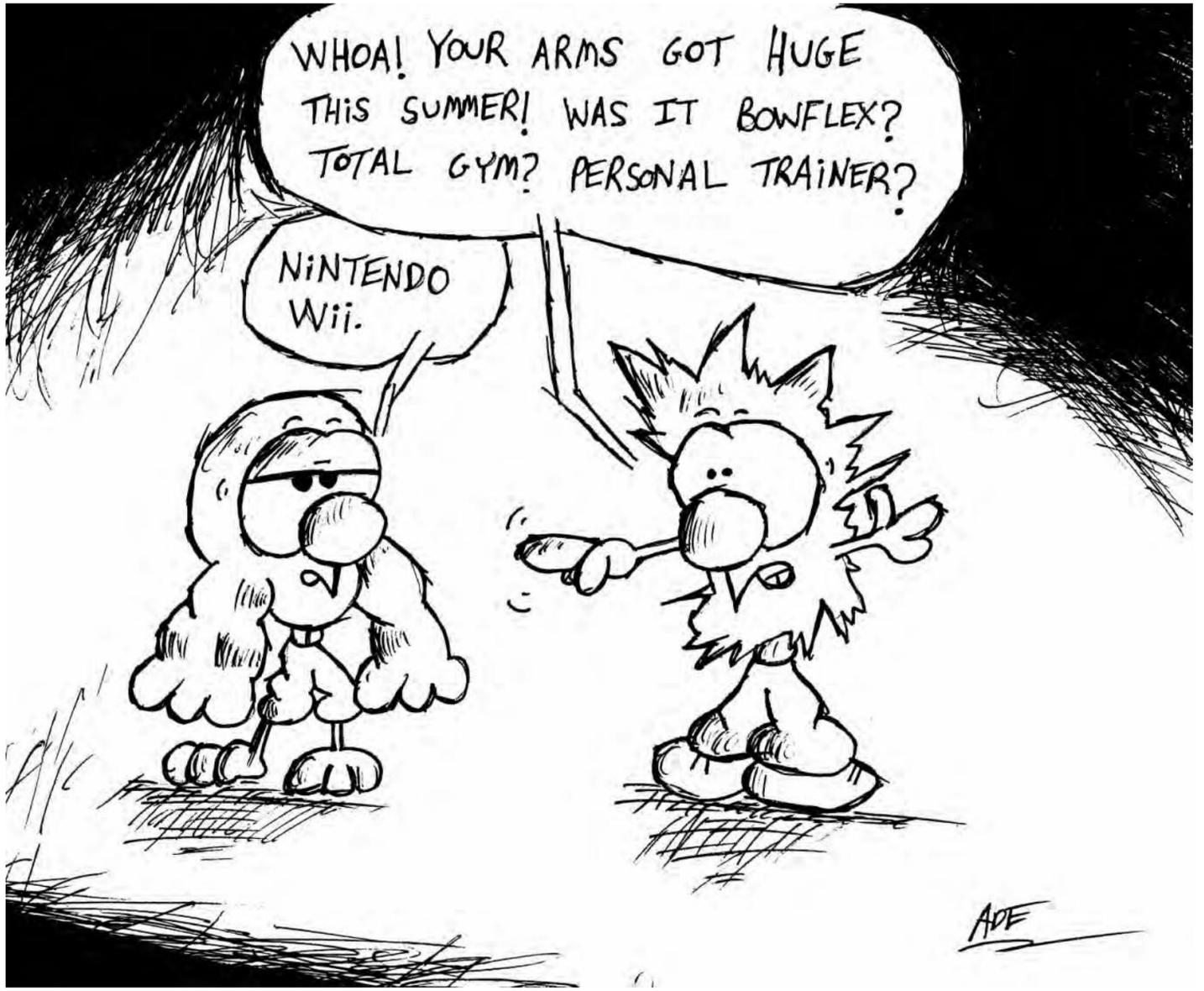
News  
(308) 865-8488

Advertising  
(308) 865-8487

Fax  
(308) 865-8708

Web site  
unk.edu/theantelope

E-mail  
antelope@unk.edu  
antelopeads@unk.edu



## Disowning technology?

One Antelope editor ponders the consequences



**Sarah Schreiter**  
Antelope Managing Editor

I know I'm strange. I'm double-majoring in English and Journalism when most of my friends can't wait to have their English requirements

done so they won't have to read anymore. I find a kind of solace in reading, probably because I didn't have cable TV growing up (thanks, Mom and Dad), and even in its more active companion: writing.

A few weeks ago, I had an urge to write. I have a nifty Moleskine notebook that my brother gave me last summer, and I use it for almost everything. It's small, black, and

nice-bound, and it makes for a nice reporter's notebook when I'm out on interviews. Occasionally I'll use it as a diary of daily events, and I'll always have it at hand if I'm attending a meeting. So, it was that notebook I decided to use to work out the thoughts I was attempting to sort through with little success.

Once I switched from thinking to writing and actually being able to sort my thoughts out in front of me, I wrote what I thought to be a well-thought, tidy little mini-essay about something I thought was interesting. (Looking back, it was a discussion about a lyric from Pavement's "The Unseen Power of the Picket Fence," and yes, that is a real song by a real band.) As I was writing, I found myself wishing that I could be simply putting it into a blog instead, or at least a Word document. Because there was no way I could satisfy that request, I did what all of the greats do: I adapted and made the best of the situation. I wrote, and I even went so far as to keep my handwriting mostly legi-

ble, in case I wanted to scan the pages in later and make it a special edition, or a "paper blog."

I felt really clever about that title—but only for about 30 seconds.

That's when I decided how absurd that sounded. It was going completely against the correct chain of events. First there were stories passed down through the oral tradition, and then they were written, then everyone wrote his own story. Then Al Gore invented the Internet, and then everyone wrote his own blog so he could a) save a tree and b) get everyone on their Friendster or MySpace or Facebook accounts to read it. A blog was the new form of a paper diary. Through that logic, a paper blog would simply be a diary, right? In this new light, a paper blog doesn't seem quite so cool, and a lot more redundant.

It just seemed like hyper-technologization, if that's even a word. Microsoft Word's spell check says it isn't. But the fact that I was thinking about how cool it would be to

take my little, black-bound book and scan the pages at 600 dpi only to upload them to a Flickr page, then upload them to a Web site through the URLs from the Flickr page—just to avoid retyping three and a half handwritten pages—makes me sit and think about how sometimes, I would like to reject technology and live closer to nature. Simplify, simplify. That's what Henry David Thoreau did, right? He turned out OK. He's remembered 145 years after his death, and his works are taught widely. That's a lot more than 15 minutes of fame. I could deal with that. I could go without Facebook or my Gmail account to live more simply and become famous.

Well, maybe. I wouldn't be able to tell everyone that there was once a band named Pavement who wrote a song about R.E.M. I couldn't download all those strange B-sides I find myself adding to my shopping cart of the iTunes Music Store.

And, I'd need a whole stack of Moleskine notebooks.



### HE SHOOTS, HE SCORES

Chancellor Douglas A. Kristensen takes a shot at Lopers Under the Lights. Lopers Under the Lights was part of Blue and Gold Welcome Week.



Photos by April Refior  
Amber Lewis, student body president and student regent, takes a moment to enjoy Blue and Gold Day with Criss Salinas, director of student organizations and affairs.

## UNK names new coach



**Harder**

**Koji Kuwahara**  
Sports Writer

The fall women's golf team started with a new head coach right out of competition herself. Coach Amy Harder spent the past four years playing women's golf at Division 1 University of Missouri-Kansas City.

As a Loper, Harder said she plans to focus first on Loper golf team unity. She said the most important thing in first year is to build a good community.

Harder said, "Good community and good relationships are really important for the team, and good relationships or good community would be referring to both coach and player."

The new coach knows that the difficulty of her first year as a head coach is to acquire trust from the players and reciprocate that trust to them.

"Golf seems to be individual competition on the surface, but golf is really team competition," Harder said. "Good teamwork is the basis of all athletic teams."

She said all parts of the team have to work together. "On the women's golf team, we have players, coach and fans. We should not make a border between them." Harder said a golfer's mental game is the most important aspect of competition. "It is easy to just teach golf skills to the players, but the most difficult thing in teaching is how to teach a mental training," Harder said.

Harder said women golfers have really delicate and sensitive minds. That's where her youth will be her greatest asset and her experience a golfer beneficial. She said she spent the past four years playing on women's golf team and can understand how to take care of players problems.

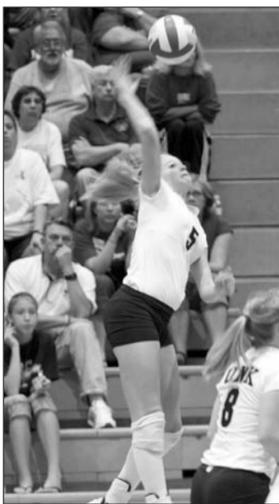
Teamwork and relationships win golf championships, Harder said. "My goal for the team is get a NCAA champions in the future, but I really want to build good relationships with players for next few years." Then, Harder predicts a NCAA championship in the team future.

# Bringin' Tradition Back

## Burson doesn't hesitate to help the Lady Lopers

**Kayla R. Laird**  
Sports Writer

It's no secret the UNK Loper volleyball team is on fire this year. With a combination of experienced players returning and a talented freshman class, the Lopers are rebuilding and setting their sights on an Elite 8 post-season run.



*Photo courtesy of Peter Yazvac*  
Sophomore outside hitter, Erica Burson hits over Regis last season.

A large part of the Loper's success comes from returning starter

Erica Burson, a sophomore outside hitter from Gretna, Neb. The pre-season First Team RMAC pick has already racked up the honors after only 9 games. Burson was named MVP of the UNK Fall Classic and earned East Division Player of the Week. Burson said, "This season is a building year. We're really young so basically we're trying to get everyone some playing time so they have some experience."

Burson, who sports the UNK number five jersey, has also turned in her best performances as a Loper this season, twice tying her career high in kills. Most recently, Burson was the main weapon UNK utilized to upset 16th ranked Washburn during the Rockhurst University Invite on Aug. 31. Burson recorded astounding numbers, slamming home 18 kills while hitting an unheard of .459 percentage.

Burson's experience has allowed her to emerge as a leader who brings energy to the court. "It's not so much you have a role on the court, but you also have one off the court," Burson said. "Even on the bench, I want to be able to make the right call for a hitter on where to place the ball."

Burson's understanding of the game also makes her skills lethal to opponents. "I definitely see myself as being able to take out-of-system balls and put them aggressively in the court," Burson said.

Anyone who's seen a UNK vol-

leyball game can testify Burson's jump-serve isn't very friendly, either. "My jump-serve has been an important part of my game. Even though I don't get an ace every time, putting it over aggressively makes it harder for the other team to defend," Burson said.

Burson has the bar set high for the Lopers and for herself in post-season play. "We want to push to be RMAC champions, instead of co-champs this year, and make it to the Sweet 16," Burson said. "I really think with the talent and a determined work ethic, we could make it to the Elite 8 this year."

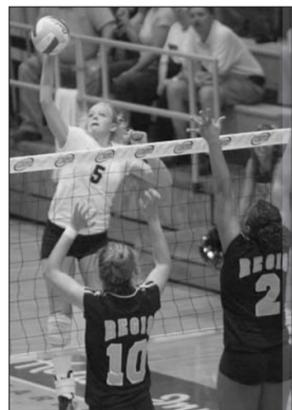
If the Lopers meet Burson's expectations, they'll have the chance to play at home deep into the post-season. Burson notes this as a definite advantage, and her favorite part of the Loper volleyball experience. "We have such good attendance and the crowd actually knows what's going on," Burson said. "It's just a great atmosphere to play in."

Burson said with a grin, "If Coach doesn't get on us for making a couple errors in a row, the crowd does."

Burson's most memorable game so far in a blue and gold uniform was this season when UNK beat Northwest Missouri State in the UNK Fall Classic. Three of Burson's former prep teammates stood across the net as Burson turned in one of her best performances. She recorded a team-high 15 kills, 10 digs, and

three blocks, two of which were solo.

Burson said her worst Loper volleyball memory was last fall when she suffered a third-degree ankle sprain and had to "crutch around Alaska."



*Photo courtesy of Peter Yazvac*  
Erica Burson, sophomore outside hitter from Gretna, Neb., slams a hit toward the Regis defenders last season. Watch Burson and the rest of the Lady Lopers in action on Friday.

The injury came after only a couple games into her first season as a Loper and right before the team's big trip to Fairbanks, Alaska for the Nanook Classic.

Burson and the Loper volleyball team can be seen in action this week as they look to improve their 7-2

record with a string of home games. UNK will challenge Colorado Christian on Friday, and Metro State on Saturday in the Health and Sports Center. Opening serve for all games is set for 7:00 p.m.

**The Antelope Staff urges you to get out and support Loper Athletics**

**Admission is free with your Student ID**

**GO LOPERS!!!**

# High Rankings Set the Pace

## Cross Country teams lace up for the season

**Callie Erickson**  
Sports Writer

Both the UNK men's and women's cross country teams will be geared up, tied up and lined up as they compete in the Loper Alumni open this Saturday, Sept. 8, at Cottonmill Park.

Ranked ninth in the North Central Region, UNK's women return nearly their entire lineup from last year. Included in the bunch is NCAA Championship qualifier, Kaci Lickteig who placed 39th in Pensacola, Fla.

Lickteig was the first Loper woman to qualify for the NCAA Championships. Lickteig said, "The experience was amazing. If given the opportunity again, I would never pass it up. This is something every cross country runner should get the chance to experience because it shows that hard work and dedication really does pay off in the end," she said.

Lickteig is now focused on her goals for the 2007 season. She said, "I want to make sure I left every-

thing on the course and that I ran my absolute best that day."

Joining her are senior Jacquelyn Dibbern and Michelle Dill, who both contributed to UNK's success in the 2006 season.

UNK's men's team welcomes aboard seven new freshmen looking to keep the team in high standings. The men also return top runners from its past season lineup including juniors Rylan Little and Justin Zahller and sophomore Quinn Willet.

The Rocky Mountain Athletic Conference (RMAC) Preseason Coaches Poll released Aug. 22 picked the UNK women to finish fifth and the men eighth.

UNK women ranked ninth in the North Central Region join four other RMAC schools that are also ranked in the top 10 of their region, proving the RMAC is a competitive conference.

Among the other challengers

is defending national champion Adams State, ranked No. 1 along with national runner up Western State at No. 2.

**"This is something every cross country runner should get the chance to experience because it shows that hard work and dedication really does pay off in the end."**

**Kaci Lickteig**  
UNK Cross Country

Teams from the North Central Conference occupy four other spots for the regional rankings and representing the Northern Sun Intercollegiate is Wayne State

claiming the tenth spot.

Both teams are training hard as they are determined to place higher than their predicted rankings. In 2006 the women earned 63 points to place fifth in the RMAC out of 13 teams. UNK men scored 75 points as they placed eighth out of 11 teams.

Head coach Brady Bonsall is coaching both teams.

Bonsall, a two-time NCAA Championship qualifier in both cross country and track, is a 1995 graduate of UNL. He competed in both the 1996 and 2000 U.S. Olympic Trials in the steeplechase.

"He's a great coach," Lickteig said. "I think he's going to turn this program around. He explains things well and breaks down the techniques so things are really easy to understand. You can tell he's done his research."

Lickteig expects this season to be a great one. Lickteig said, "Coming back to practice after the summer I can tell that the girls have put a lot of hard work into their running over the summer. As long

as we stay healthy and strong and continue to train hard, I believe we can make it to Nationals as a team this year."

The Loper men and women will be put to the test on Sept. 15 as they compete in the Woody Greeno Invite at Pioneer Park in Lincoln.

### 2007 Men's and Women's Cross Country Schedule

#### September

8 Loper Alumni Open - Kearney  
15 at Woody Greeno Invite - Lincoln  
29 at Roy Griak Invite - Falcon Hts., MN

#### October

6 at Ft. Hays St. Open - Ft. Hays, KS  
20 at RMAC Championships - Durango, CO

#### November

3 at North Central Regionals - Vermillion, SD  
17 at NCAA Championships - Joplin, MO

**WANTING TO GET MORE OUT OF LIFE IS STRONG. GETTING THE MOST OUT OF LIFE IS ARMY STRONG.**

There's strong. Then there's Army Strong. The strength that comes from expert training in one of over 150 different career fields—as well as money for college. Find out how to get it at [goarmy.com/strong](http://goarmy.com/strong).

**ARMY STRONG.**

If you qualify, you can earn up to \$65,000 under the Student Loan Repayment Program

Kearney Army Recruiting, 4105 2nd Ave., Kearney NE 68847  
Ph: 308-234-6382 or visit [www.goarmy.com](http://www.goarmy.com)

© 2007. Paid for by the United States Army. All rights reserved.

# Getting Closer

## Huskers defeat Nevada in season opener

**John B. Reed**  
Sports Writer

Although it feels nice to totally dominate a team that we should, it wasn't long ago when a 25 to 7 victory over Maine was all we could get. This is how Husker football should be, we should dominate our non-conference schedule, I know that it is only week one and we probably won't dominate are entire non conference schedule but for the first time in years it feels like we are on are way back to the glory days of Husker football.

It's only Nevada right? Well, they probably are not a win that is going to boost us to the top, but they probably would beat Appalachian St. Remember this Nevada team did have a winning season last year (8-5), and only lost to Miami by one point. But at the end of the day, it was only Nevada, and they still play in the WAC last time I checked.

Even if it wasn't a quality win, we did learn a lot about the team. We are stacked at running back with Marlon Lucky, Quentin Castille and Cody Glenn. Lucky had the most rushing yards in a single game for a Husker with 233, since

Jammal Lord rushed for 234 against Texas in 2002. Not to mention he found the end zone four times.

The 6'1" and 235 pound freshmen Castille excited Husker nation and showed signs of greatness finishing the game with 78 yards rushing and two scores. Glenn only had 36 yards rushing but once he get in the swing of things watch out.

Sam Keller had a pretty conservative day with only 193 yards passing and one touchdown. He did show that he can make the throws, now we just need guys to catch the ball, the return of Maurice Purify should help Keller's stats next week.

The defense looked great, only giving up 185 yards of total offence, and not giving up an offensive touchdown. The bright spots on the defense had to be Steve Octavien and the secondary. Octavien seemed to be everywhere on defense and the secondary, well it didn't have to do much to be better than last year.

All in all, it was a pretty good performance against a pretty mediocre Nevada team. We will learn a lot more about our Husker's next week when they play Wake Forest, last year's ACC champs. We might not be back yet, but we are getting a lot closer.

# Despite Loss to UNO Football Outlook Remains High

Kayla R. Laird  
Sports Writer

The UNK Loper football team dropped their season opener to the No. 14 ranked UNO Mavericks, 24-41, on Saturday, Sept. 1, at Foster Field in Kearney. A string of costly mistakes by the Lopers allowed the in-state rivals the victory in front of the 6,311 fans in attendance. UNO has now won the last five matchups and leads the all-time series 38-5.

"We had a few mistakes early that hurt us," said starting cornerback Dusty Loeffelholz, a junior from Amherst. "We played pretty good most of the time, but it was the few mistakes or lining up wrong that got us into trouble."

The Lopers, coming off a 6-4 record last season, 5-3 in the RMAC, feature a young team and line-up. "We have a bunch of young guys playing their first game," Loeffelholz said. "A lot of UNO's points were from young guys making first-game mistakes."

Loeffelholz said he expects those mistakes and first-game jitters to be sidelined now. "I don't see us losing another game on our schedule, at least not until postseason," Loeffelholz said. "Hopefully we'll get another shot at Omaha in the playoffs."

Defensively, the Lopers have established themselves as the best in RMAC, holding their opponents to under an average of 14 points a game last season. Against UNO, the tough Loper defense out-tackled the Mavericks 95-58, all due to hard work, according to Loeffelholz, who was credited with four of those tackles.



Photo by Brandon D. Moore

Dennis Havrilla, No. 16, sprints towards the endzone Saturday evening in the rivalry game against UNO. The junior quarterback transferred to Kearney from Diablo Valley College in California. This is Havrilla's first year as starting quarterback.

The Loper offense has struggled to keep up with the dominant defense in past years, but UNK looks to have a better ground game this season. "Offensively, we did way better and showed a big improvement from last year. We're going to score a lot more points and the offense is going to have a good year," Loeffelholz said.

UNK is ranked No. 2 in the RMAC, behind Chadron State, and eager to make their run at the RMAC championship that Loeffelholz believes his

team will win. "We definitely have a good chance of winning (the RMAC)," Loeffelholz said.

Loeffelholz isn't the only one striving for victory. "I like how everyone wants to win here," Loeffelholz said. "Everyone on our team plays to win, and that's one of the reasons why I came here. Nobody here wants to lose a game, everyone wants to win."

The Lopers will take on the Chadron State Eagles at home Oct. 18 in a televised event that's sure to pack Ron and Carol Cope Stadium. "I'm sure they'll be undefeated and ranked pretty high, and we should only have one loss when we play them," said Loeffelholz of a match he believes the Lopers should win.

When it comes to Danny Woodhead, Chadron's main weapon and NCAA Division II player of the year, Loeffelholz trusts his team to be able to contain him. "He's only had one good year against UNK since he's been playing there. I think we can definitely shut him down again on our home turf," Loeffelholz said.

The Lopers are next in action Saturday, Sept. 8, at Wayne State with kickoff set for 1:00 p.m. "It'll be a good game for us to get back on track and get going," Loeffelholz said. "Everybody's going to have to step up and play a good game for us to bounce back."



## The World of College Football Seen Through My Eyes . . .

Eric M. Korth  
Sports Editor

Ahh yes . . . it's football time again boys and girls. The one time of year I look forward to as much as I do Christmas. It's the time of year where red and black become a sense of fashion and the mere sight of colors like purple or gold strike hatred into the hearts of passionate Husker fans. Saturdays consist of four food groups: meat, chips, salsa and beer. And last but not least, it's the time of year when fans feel obliged to make a pilgrimage to Memorial Stadium.

This year looks to be a promising year for Nebraska's beloved Huskers. All the hype surrounding Arizona State transfer, Sam Keller, can finally be replaced with statistics. But I'm preaching to the choir when discussing what we already know about the Huskers. Let's look at some of the hype that was spread throughout the college world over the summer.

### Michigan

• With returning starters QB Chad Henne and RB Michael Hart, Michigan was a heavy favorite to win the Big Ten conference and potentially play for a national championship. If you missed the game on Saturday, then I hate to break it to you Wolverine fans, but your men in blue and gold have no chance of accomplishing those feats—especially after they were dropped out of the AP Top 25 poll.

### Boise State

• The 'blue' Broncos shocked many last year by pulling off a win against Oklahoma in the Fiesta Bowl. Was it really an upset? Since 1999, Boise State has the highest winning percentage of any college football team (86-16). Don't underestimate Boise St., but after the loss of team leader, QB Jerad Zabransky, the Broncos look to be hosting the Humanitarian Bowl in Boise yet another season. So who do I think will be this year's "Boise State?" Texas Christian University . . . that's right, the Horned Frogs from TCU are my sleeper team for this season. But it all comes down to whether or not the Horned Frogs can defeat the Longhorns this weekend.

### Colt Brennan

• This guy is the REAL deal, folks. Sure he plays in the WAC. Sure, the defenses he shreds can't compare with the likes of Virginia Tech. But do you really think that matters? I don't. I'd be willing to bet my first-born son that Colt Brennan would lead any conference in passing yards and/or touchdowns. Then, and just maybe then, he'd get taken seriously enough to win a Heisman.

### Korth's Heisman Watch:

1. QB Colt Brennan - Hawaii: Completing 34 of 40 passes for 416 yards and 6 TDs in the season opener puts Colt at the top of my list. Note that Brennan sat out the entire second half.

2. RB Ray Rice - Rutgers: The Scarlet Knight scored two TDs in the first quarter and added his final TD towards the end of the third quarter. Rice ended with 184 yards on the ground to help lead Rutgers to a 38-3 victory over Buffalo.

Other candidates: QB Brian Brohm - Louisville; RB Marlon Lucky - Nebraska; RB Steve Slaton - West Virginia; QB John David Booty - USC



Photo by Brandon D. Moore

Wide receiver, Eric Myrick, goes up a pass from Havrilla near the endzone during Saturday's game. Myrick, a junior from Jacksonville, FL, was named as one of the captains for the Lopers.

“  
Hopefully we'll get another shot at Omaha in the playoffs.”

Dusty Loeffelholz  
Junior cornerback

## Team Statistics



vs.  
UNK Lopers

	UNO	UNK
<b>First Downs</b>	<b>24</b>	<b>16</b>
• Rushing	11	5
• Passing	8	10
<b>Net Yds Rushing</b>	<b>270</b>	<b>139</b>
• Attempts	52	28
• Avg. Per Rush	5.2	5.0
• Yds. Gained	289	143
• Yds. Lost	19	4
<b>Net Yds Passing</b>	<b>195</b>	<b>201</b>
• Attempts	20	34
• Completions	13	15
• Interceptions	1	2
• Avg. Per Comp.	15.0	13.4
<b>Total Off. Yards</b>	<b>465</b>	<b>340</b>
• Total Off. Plays	72	62
• Avg. Yds. Play	6.5	5.5
<b>Fumbles</b>	<b>0</b>	<b>2</b>
<b>Penalties</b>		
• Number	7	11
• Yards	107	189
<b>Time of Poss.</b>	<b>38:07</b>	<b>21:53</b>
<b>Final Score</b>	<b>41</b>	<b>24</b>

statistics courtesy of lopers.com

## Sports Picks

### THIS WEEK'S TOP GAMES

- UNK at Wayne State
  - <sup>16</sup> Nebraska at Wake Forest
  - <sup>5</sup> Oklahoma vs. Miami (FL)
  - <sup>7</sup> Texas vs. <sup>19</sup> TCU
  - <sup>23</sup> Texas A&M vs. Fresno St.
  - <sup>9</sup> Virginia Tech at <sup>2</sup> LSU  
*Game of the Week*
- Record**



Eric Korth  
Sports Editor

University of Neb-Kearney
Nebraska
Oklahoma
Texas
Texas A&M
LSU
<b>4-2</b>



Cory Helie  
Sports Fan

University of Neb-Kearney
Nebraska
Oklahoma
Texas
Texas A&M
LSU
<b>4-2</b>



Chad Borowski  
Sports Fan

University of Neb-Kearney
Nebraska
Oklahoma
Texas
Texas A&M
LSU
<b>5-1</b>

### SPECIAL GUEST



Jon McBride  
UNK Athletic Director

University of Neb-Kearney
Nebraska
Oklahoma
Texas
Texas A&M
LSU
<b>5-1</b>



# Yummy or crummy?

## Stover gives new Bamboo: Asian Cuisine mixed reviews

**Derry Stover**  
Entertainment Columnist

UNK students have a new flavor for their palate with the addition of Bamboo: Asian Cuisine to the Nebraskan Student Union.

Replacing Blimpie's Subs, Bamboo recently opened to greet incoming students with the enticing selection of Far East cuisine.

For the students that enjoy Chinese food, this is good news. But many of you might be wondering, is Bamboo any good? Well, I set out to find the answer to this ever-so-important question to give my review of Bamboo Asian.

Accompanied with my friend, I immerse myself among college freshman for a dinnertime meal. My restaurant judgment begins long before any bite of food.

As I approach the counter, I am welcomed with the delicious and familiar aroma of American-Chinese cuisine. The presentation was not too shabby either; they are already on my good side.

After much contemplation, I decide to order the General Tso's Chicken with white rice, an egg roll

and a drink. The price: \$7.59. The staff is very kind. However after paying, I experience my first problem.

Much to my disappointment, they were all out of original Mountain Dew. Yes you heard me, no Mountain Dew. After a few tears of sadness, I go with Pepsi instead and remind myself to focus on the food.

My dinner guest and I fill our hands with soy sauce packets and chopsticks, and we sit down to enjoy our dinner.

Now it is time for the first bite. I immediately notice the strong, flavorful punch of the General Tso: sweet, spicy and very tasty. Unfortunately, I notice something else with my first bite. The food was not hot, but only slightly warm, a definite strike for the restaurant.

With my second bite, I add some rice to the mix, and unfortunately again, another disappointment. The rice was mushy, very mushy. However, the savory sauce, chicken, peppers, carrots and onions compel me to continue.

As I devour each bite, the spiciness of the dish surprisingly washes with my Pepsi. By the end of



the main course however, I am disappointed, barely satisfied and somewhat stuffed. I save the egg roll for dessert,

and it is just moderately satisfying, pretty much your standard egg roll. My friend points out its obvious "frozen-packed" aftertaste.

**"I immediately notice the strong, flavorful punch of the General Tso: sweet, spicy and very tasty."**

Derry Stover  
Antelope Restaurant Critic

Upon meal completion, my decision is made: the food is...okay. Temperature: poor. Freshness: poor. Portion-size: average. Flavor: good.

Considering Bamboo is not an up-scale eatery and that there are some kinks to work out, I guess I got what I paid for.

I realize that this was only one visit, so I'll have to go back someday and try another tasty-looking dish to make an accurate judgment. In a few weeks, I'm guessing things will taste a little better too.

If I were to offer any recommendations, I would say go for lunch instead of dinner, as the food might be fresher. Order the General Tso and hopefully enjoy, but don't plan on being amazed. On the bright side, they do have a wide variety of dishes, so I urge people to experiment with the menu.

And if you don't like the food, at least the fortune cookie will be good.



Photos by Derry Stover

Left: Bamboo offers a slew of asian delicacies ranging from beef to pork to chicken.

Bottom: Bamboo can be easily located in the Nebraskan Student Union's food court where Blimpie's was formerly located



# Antelope Classifieds

**Collegiate Veteran's Organization Meeting**

Thursday, Sept. 6, at 6 p.m. in the Oak Room of the Nebraskan Student Union. Everyone is welcome and encouraged to join: veterans, family, friends, faculty, and staff.

Spring Break '2008 - Sell Trips, Earn Cash, Go Free! Best Prices Guaranteed to Jamaica, Mexico, Bahamas, S. Padre and Florida. Call for group discounts. 1-800-648-4849 www.ststravel.com

**Your Classified Here**

**Cheap, cheap, cheap advertising space!**

Advertise a job opening

Needed: **Lube Specialist**  
Call: 555-555-5555

Ad/PR Club  
Rootbeer KEGGER!!!

Advertise an event

Advertise a friend's birthday

HAPPY 21st BIRTHDAY  
JESSIE SMITH!!!

On campus/student price = \$3.00 per inch  
Community price = \$6.00 per inch

To place classifieds or for more info email antelopeads@unk.edu

## Want to advertise with The Antelope?

Contact

**Sharice Ward, Advertising Manager**

antelopeads@unk.edu

**PRICES PER COLUMN INCH:**

ON CAMPUS/STUDENTS - \$3.00 LOCAL - \$6.00 NATIONAL - \$9.00

**When Facebook is under maintenance...**

**READ THE ANTELOPE**



<http://www.unk.edu/theantelope/>

# Labor Day

## The workingman's holiday

Amanda Baillie  
Antelope Staff Writer

Did you know that the first Labor Day holiday was celebrated on a Tuesday in September of 1882? Twenty thousand workers marched in a parade up Broadway Street carrying signs that read, "Labor creates all wealth" and "Eight hours for work, Eight hours for rest, Eight hours for recreation".

It wasn't until 1884 that the holiday was moved to the first Monday in September.

Twelve years later Congress voted it a federal holiday.

Sources dispute on who actually proposed the workingman's holiday.

Some history books credit Peter J. McGuire, a general secretary of the Brotherhood of Carpenters and Joiners and a cofounder of the American Federation of Labor.

Others say that Matthew Maguire, a machinist from New Jersey, proposed the holiday. Either way, the Central Labor Union in New York adopted the holiday, and then appointed a committee to plan a demonstration and picnic.

As of May 2007 there are 152.8 million people 16 and older make up the nation's labor force. That's 82.1 million men and 70.7 million women, according to the United States Census Bureau.

Sept. 1882 First Labor Day celebrated	Sept. 1884 Moved to the first Monday of September
1896 Congress votes it a federal holiday	4 Sept. 2007 I have to work on Labor Day. Lame. I need to get a federal job, maybe the post office.



Photos by Aki Kato  
Left: The Bell Tower and students go together like cocaine and waffles.  
Right: Students may not be thrilled to carry heavy backpacks from class to class, but the scenery is fairly enjoyable.

# Early vacation?

## Students have a vacation after only one week of classes

Jared Hoff  
Antelope Staff Writer

As students signed up for fall 2007 semester classes this past spring or summer, many of us realized that the school year would be starting a little later. Classes began last Monday Aug. 27, meaning only one week of classes would be completed before the Labor Day holiday weekend.

During the last two school years, UNK had finished two weeks of classes before Labor Day. In 2005, classes began on Aug. 22 and on Aug. 21 in 2006.

According to Chancellor Douglas A. Kristensen, UNK is on a calendar that is uniform with other universities throughout the state. "The decision is not made at

“ This school year has been set for roughly three years. ”

Chancellor Douglas A. Kristensen

UNK," he said. "There is a University Calendar Committee that establishes guidelines, and the guidelines state that every fall semester should begin between Aug. 21 and Aug. 27."

Kristensen said that many factors such as payrolls and contracts influence the calendar.

So, one week of classes before a three-day holiday weekend? Many students say they are happy with this schedule, while others would prefer finals to come a week earlier in December. "This school year has been set for roughly three years." Over the course of the semester, it probably won't matter to students when the school year started, as the amount of work will be the same regardless," Chancellor Kristensen said.



Photo by Aki Kato  
It seems as soon as UNK students arrive on campus, they are already leaving for their three day vacation over Labor Day weekend.

# Question:

What is your favorite thing about starting school?



"I like the challenge of my courses, and seeing what you can accomplish."

~Rhonda White  
Junior



"Seeing my friends and the social life."

~Shota Kumano  
Junior



"Having a small town atmosphere, but always having something to do."

~Christi Burrows  
Freshman



SPECIAL OFFER!

## It's Easy to Go Back-to-School & Save with Charter!

Save Smarter, Get Charter!



- › All the shows, movies and sports you want
- › Easy-to-use On-Screen Guide
- › Ask about HD – more choices than ever



- › With speeds up to 5Meg, it's up to 3x as fast as 1.5Mbps DSL
- › 10 e-mail boxes and 20MB of storage
- › Powerful security software

Bundle Together  
Charter Digital Cable®  
Biggest Value Package®  
& Charter High-Speed®  
Internet

**\$89<sup>98</sup>**  
per mo.  
for 12 months!

30-Day Money Back Guarantee  
www.charter.com/students5M

One Call Gets it All!  
**1-866-954-3018**

Or sign up at your local  
**Charter Office**  
809 Central Ave, Kearney, NE 68847

©2007 Charter Communications. Offer valid until 10/31/07. Offer valid to new residential customers only. To be considered a new customer, customer must not have subscribed to Charter Digital Cable® Biggest Value Package and Charter High-Speed® Internet 5Meg within the previous 30 days and have no outstanding obligation to Charter. Customers must subscribe to and maintain both services for the promotional period to receive promotional price. Standard rates apply after promotional period expires and vary depending on location. Installation extra. A cable modem, set-top box and/or network card may be required at installation. Equipment charges may apply. Taxes, fees and surcharges extra and will vary depending on location. Charter reserves the right to determine the level of service to which this offer applies. Internet speeds may vary. Charter does not guarantee data will be secure. Activation of service requires a valid service address and may be subject to credit approval, or prepayment, or require a major credit card. All programming, packages, pricing and services provided are subject to the terms of subscriber agreement and tariff and are subject to change with appropriate notice to customers. Services not available in all areas. Other restrictions may apply. Visit <http://www.charter.com/30day> for full details on 30-day money back guarantee. Call for full details.

# Destination Downtown

Sean Takahashi  
Antelope News Staff

Destination Downtown, one of the events in the Blue and Gold Welcome Week was held on Thursday, Aug. 26 in downtown Kearney.

Destination Downtown was the last event in the Blue and Gold Welcome week, which is designed to give opportunities to students, especially freshmen, to explore and to get to know the Kearney area.

Several stores in downtown Kearney opened outside of their regular hours and offered UNK students a variety of special services. There were discounts and free popcorn, hot dogs, snow cones, and beverages. Live bands spread across the streets along with prize drawings and caricature art for UNK students.

There were many students who enjoyed the atmosphere, especially the music. Tyler Allen, freshman, was one of them. "[There are] different types of bands. It's all good," Allen said. There were several bands playing live music, which included some bands that were supported by stores and others that were just there to share their music with the community.

There was a group of drummers in front of Ten Thousand Villages, and the band was supported by the store. "They were performing on table drums and djembe drums that

they got from the store, with some drums of their own," said Judy Gosswein, a volunteer in the store. Ten Thousand Villages was also one of stores doing drawing for prizes.

Alicia Fells, sophomore, was also having a good time, but her interest was not limited to just music and the give-aways. "It's really fun, the music and people. It is a good way to get to know people," Fells said.

One of the featured events of the evening was a food-eating contest, where volunteer contestants were to eat as much food as they could. The variety of foods were donated by restaurants and stores located near downtown, such as The French Café, Jimmy Johns, Hardees and the Roman. The team that won the eating contest included Paul Sutton and Katie Bartek.

The employees of the downtown stores also enjoyed participating in the destination downtown activities and some thought that it was beneficial. Sara Guisenberry, a clerk in Shopping Tripps store, said, "It is a good idea to promote downtown. It helps student get used to the area, especially the new ones."

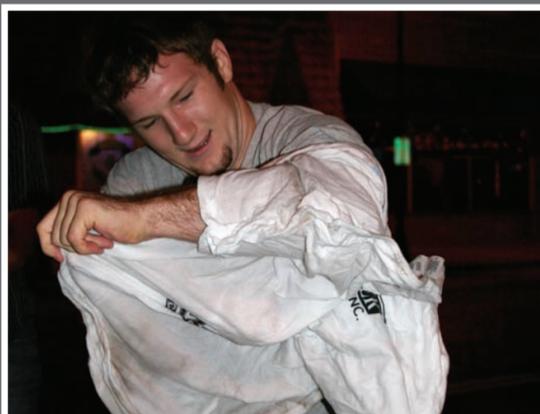


Photo by April Refior  
Keenan McCurdy, junior from Lincoln won the frozen t-shirt contest that took place last Thursday at Destination Downtown.



Photo by April Refior  
Left to right: Dillon Riley, guitar; Adam Zrust, vocals; and Ben Brummels, bass; rock out in front of Yanda's Music and Pro-Audio. Not pictured: Dirk Riley, drums.



Photo by April Refior  
Students compete in the eating contest at Destination Downtown last Thursday.



Photo by April Refior  
Paul Sutton and Katie Bartek raise their hands in victory after finishing all of their food during the eating contest.

## Campus Kitchen Gears Up for Second Year

Elizabeth Weaver  
Antelope News Staff

Campus Kitchen is kicking off another school year in the fight against hunger by continuing to prepare and deliver meals to people in the Kearney community.

The University of Nebraska at Kearney Campus Kitchen is one of 12 Campus Kitchens in the nation. All 12 Campus Kitchens are affiliated with The Campus Kitchen Project, a community service organization designed to combat hunger. Campus Kitchen uses donated food to prepare nutritious meals for around 70 individuals in the Kearney community. Clients are referred to Campus Kitchen through social service agencies. The donated food comes from many different resources including Chartwells, local churches, community organizations and individuals.

Campus Kitchen volunteers prepare meals every Monday and

“  
It's a lot of fun and the people we deliver to make it a great experience because they really appreciate our company.”

Lindsey Wendt  
Leadership Team Member

Wednesday at 6 p.m. The meals are delivered to clients every Tuesday and Thursday at 3:30 p.m. Megan Boss, Campus Kitchen graduate coordinator, said “We encourage everyone to volunteer: students, organizations, faculty, and community members.”

Individuals who are interested in volunteering can contact Megan at bossml@unk.edu or by calling the Campus Kitchen office at (308) 865-8078.

Campus Kitchen is managed and operated by UNK students. This year, Megan Boss and Tim Franco are serving as the campus kitchen coordinators. A leadership team that consists of ten students, help the coordinators by leading shifts, recruiting volunteers, planning events and collecting donations. Campus Kitchen provides students with a great opportunity to become involved on campus and in the Kearney community. Lindsey Wendt, a volunteer and leadership team member, encourages other students to become involved. “It's a lot of fun and the people we deliver to make it a great experience because they really appreciate our company.”

The main goal of Campus Kitchen is not only to provide meals to those individuals who are in need, but to also provide company to those clients that may live by themselves or are alone. Brian

Shreves, a volunteer and leadership team member, commented on the best part of Campus Kitchen, “Working with the people we serve and the volunteers.” Cody Waldman became involved with Campus Kitchen last year at the kickoff event and has been a devoted volunteer ever since. Waldman commented, “I wanted to make a difference and to serve God at the same time, and becoming involved in the fight against hunger was a way to do that.”

Campus Kitchen has served over 5,000 meals since it started last year. The upcoming semester will be filled with many events including a food drive, a two year anniversary celebration, and a Campus Kitchen Project conference in Minnesota over fall break. Campus Kitchen will also be participating in the Harvest for Hunger from November 12th through the 17th.