

The Antelope

University of Nebraska at Kearney



September 22, 2005

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Katrina strikes home



Graphic by Jaime Flores

Heather Berney
Entertainment/Layout Editor

Nebraskans are literally hundreds of miles away from the devastated streets of New Orleans, yet everyone is affected by what is seen on TV, read in articles and heard in phone calls from loved ones.

Emily Ferris, originally from Central City, looks at the rescues from the New Orleans rooftops in a different light than most.

Ferris has been an 8th grade math teacher at Nelson Charter School in New Orleans for four years now. Currently, she is living with her parents in Central City, while sorting out the chaos back home.

"Watching the news, I focus mostly on the people," she said. "I watch the rescues, straining to see if I recognize any students or their families. I pay attention when people are reflecting on what has happened. The approach of the reporting has

made the whole situation very personal for everyone."

Ferris teaches in a school where 100 percent of her 60 students are black, in a community where the vast majority of families live below the poverty line.

"... seeing live footage of the nation's most desperate people is the most effective way to reach those that are not directly affected."

Emily Ferris
Nebraska native

Ferris spoke of the importance of media in times such as this. "People are often ignorant, and seeing live footage of the nation's most desperate people is the most effective way to reach those that are not directly affected," she said.

Joe Mirando, college professor from New Orleans, has

recently spent many hours ensuring that pivotal information reaches the proper audience. The staff of the Hammond Daily Star, of Hammond, La., located a mere 60 miles from New Orleans, weathered nearly unbearable circumstances to reach their goal of disseminating the daily paper.

"I witnessed somewhat of a miracle in seeing my wife and her staff seek overstressed local officials and citizens, avoid looters, write stories by hand, take turns typing up stories on a couple laptops, look over their notes by flashlight . . . then build pages on a computer powered by a cheap portable generator," Mirando said.

Media are changing the way the Midwest views the situation, but newspapers, TV and radio are needed for other reasons.

Ferris explained, "It's essential that the local news stations continue to report on the conditions in New Orleans. Many residents are scattered all over the U.S. Media is nearly the only way to reunite children with their families, and the elderly with their children."

Katrina Campuzano, UNK junior, has also been watching

See **Katrina** on page 8

Public Safety is currently investigating two alleged sexual assaults.

The suspect has been described as a black male approximately 6 feet tall, clean-shaven. Both cases occurred on East Campus between the hours of 10 p.m. and 2 a.m.

If you see someone acting suspiciously that matches this description, contact Public Safety immediately at 308-627-4811.

Remember to always walk in pairs or more late at night. And if you still feel unsafe, call Public Safety for the Safe Walk Escort at 308-627-4811.

09/15/05

Children discover fitness on campus

Katherine Thomas
Staff Writer

UNK taught children important aspects of fitness and nutrition by hosting the second annual Nebraska on the Move Kids Fitness and Nutrition Day on Friday.

Fourth-graders from the Kearney area came to campus to participate in numerous activities designed to teach them about fitness and nutrition. Over 550 children attended the event from Kearney public schools, as well as several schools outside of Buffalo County.

The students were divided into two groups. Half the kids went to Foster Field where 15 physical activity stations were set up, while the other half went to Cushing Coliseum with six nutrition education stations. Halfway through, the students broke for lunch and then switched locations.

Activities at Foster Field included aerobics, obstacle courses and pedometer activities, courtesy of Two Rivers Public Health in Holdrege. Nutrition stations in Cushing included teaching the students about hand washing, healthy snacks, MyPyramid and the new USDA standard nutrition guidelines.

Renee Steinkruger, the associate director of Nebraska on the Move and the health and wellness coordinator, said, "This event was designed to teach kids about energy balance and learn to maintain weight through proper diet and exercise."

Fourth graders were targeted because the students are at the proper age where they can still be influenced through teaching about physical activity and healthy living.

UNK and the Nebraska Beef Council sponsored the event. Nebraska Health and Human Services were participating sponsors.

Planning for Nebraska on the Move started in mid-spring of this year. Lots of time was donated to planning because

this will not be the only session this year. There will also be a Nebraska on the Move session at Hastings College, Midplains Community College in North Platte and one in Chadron this upcoming spring. The goal is to reach 2,000 fourth graders this year alone.

Last year's event reached approximately 450 students. With an increase of 100 students this year, UNK hopes to make this an annual event.

Nearly 90 volunteers helped with Friday's event. Most were UNK students from the physical education department. Faculty and staff also helped.

"I volunteered because fourth graders are in the area I'm going into and it is fun to work with them," Katie McClemens, a senior majoring in middle school education, said. "It is a good program. At this age, it is still a lot of fun for them. They are at just the right age to understand, interact and still have it be interesting."

The participating schools included Alma Public Schools, District 13 in Cozad, Elm Creek Public Schools, Franklin Public Schools, Gibbon Public Schools, Franklin Elementary in Holdrege, Overton Public Schools and Wilcox-Hildreth Public Schools. Bryant, Central, Emerson, Glenwood, Kenwood, Meadowlark, Northeast and Windy Hills Elementary Schools in Kearney were also participants.

Many of the fourth graders enjoyed the activities and saw them as valuable lessons.

"My favorite part was when we learned how many servings you should eat a day," Brittany Reidy, a student at Northeast in Kearney, said. "I thought when we measured out how much we should eat it would be around five, but it turned out to be seven or eight."

Nicole Hansen, also a student at Northeast, said, "My favorite part was the place with the trail mix because you got to make your own. However, I also liked playing outside with the gym stuff."

Hispanic Heritage Month



Photo by Matt Ringen

Onlookers watch as Annie Fredrickson, undecided freshman, strikes a piñata in celebration of Hispanic Heritage Month.

Matt Ringen
Staff Writer

The crack of a wooden stick smacking a donkey-shaped piñata marked the kick-off of the National Hispanic Heritage Month on Thursday in the Nebraskan Student Union.

Students, community members and children participated in the piñata breaking. They all had equal shots to bust the piñata open and scurry for the candy after a portion broke open.

Events planned to celebrate the month include a movie night on Sept. 22 in Copeland Hall 131.

A musician will perform and give a speech on Oct. 4 in Ponderosa Rooms A and B.

The closing ceremony will feature music and dance on Oct. 15 in Ponderosa Rooms C, D and E. Individuals from all backgrounds are encouraged to attend and take part in the fun.

Carmen Montes, a senior and president of the Hispanic Student Association, said she

believes everyone should get involved with National Hispanic Heritage Month to learn more about the Hispanic culture and share it with others.

"This month gives us an opportunity to celebrate our roots for all Latin-Americans," Montes said.

Gladys Gordinez, a senior who attended the event, said, "This is great having everybody show up to the event, especially kids. It is nice to have celebration and to help share our culture with others at a college

level. People that are open minded and willing to learn about our culture are more than welcome here. We would love to share our culture with anyone who is interested."

For more information on events or activities for National Hispanic Heritage Month, contact the Office of Multicultural Affairs in the Nebraskan Student Union or visit the organizations Web site at www.unk.edu/offices/oma/

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Constitution Day
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Friday

Partly Cloudy
High 77
Low 53



Saturday

Partly Cloudy
High 77
Low 54



Sunday

Storms likely
High 71
Low 50



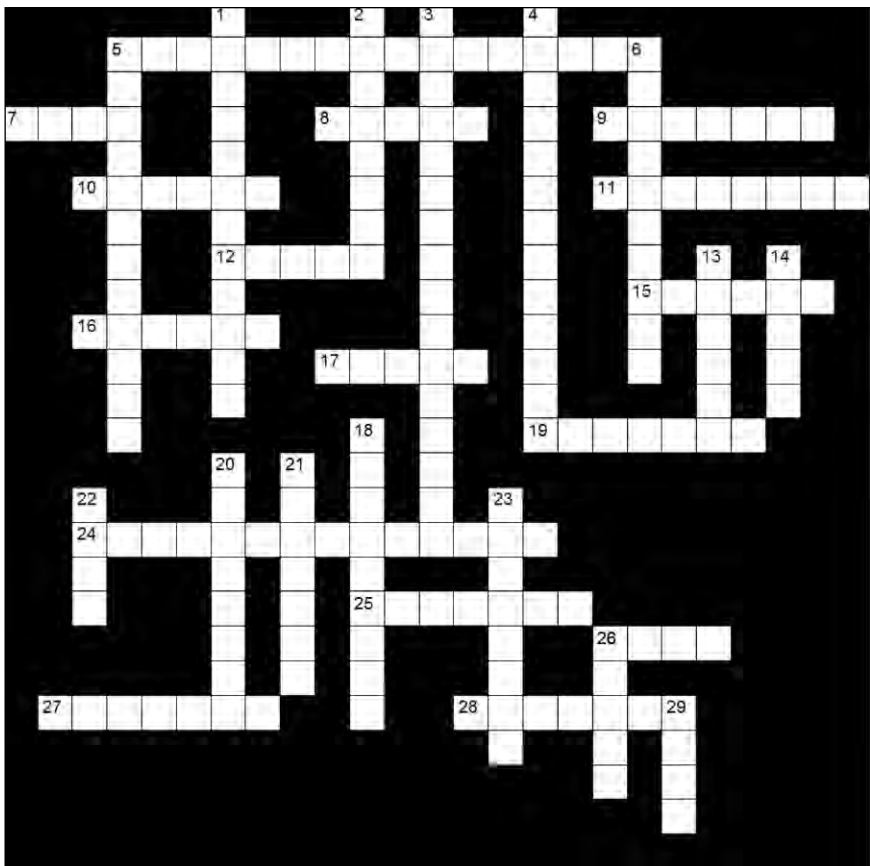
‘Protect Yourself Rape Prevention’ Crossword

ACROSS

5. If a teacher suggests a student’s grade would improve if he were to get to know her in a more intimate way, this would be ____.
5. This involves someone in authority subjecting less powerful persons to unwanted sexual attention.
7. The acronym for the organization represented by the Web site <www.MenCanStopRape.org>.
8. _____ leave anything you drink unattended, wherever you might party.
9. We should treat our fellow human beings, who are our neighbors, with _____.
10. If you call 911, you will get help here.
11. The _____ of our nation is ascertained by how well we protect those who are weak in our society.
12. Remember, you are not _____ if you have been the victim of sexual assault.
15. Document sexually offensive behavior by keeping a _____ of it.
16. How you can help someone who has been sexually assaulted.
17. 1-800-The-Lost helps find missing and exploited children through _____ Alerts.
19. CNN is posting photos of 2,000 children who have gone _____ though the National Center for Missing and Exploited Children, at <www.cnn.com>.
24. A negative manifestation of prejudice, causing a person to be humiliated, ridiculed or reviled in the workplace.
25. _____ yourself to “date rape” drugs: GHB, rohypnol and ketamine.
26. The acronym for the National Domestic Violence Hotline, 1-800-799-SAFE (7233) or 1-800-787-3224.
27. On campus at night , remember there is safety in _____.
28. Even if a victim of sexual assault drinks this, she is not at fault for being assaulted.

DOWN

1. Calling this office at the university will bring an escort for a campus woman to get back to the residence hall.
2. It is a crime if she says no, and he forces her to have sexual contact.
3. Four words to describe the international rally and march organized annually to end violence against women.
4. Where one would go at a hospital as soon as possible if one is sexually assaulted.
5. It is good to be aware of your _____.
6. There are _____ registered sex offenders in Buffalo County, noted on the Web site of the Nebraska State Patrol. Sixteen live in Kearney.
13. Allow yourself to get angry if you are sexually harrassed, and take _____.
14. If you have been sexually assaulted, call a friend or family member you can _____.
18. A trustworthy person you could call if you have been sexually assaulted, by phone at the National Sexual Assault Hotline at 1-800-656-HOPE (4673).
20. Someone who works to overcome the trauma of sexual assault.
21. Support groups give _____ to those who have bee assaulted or who have suffered sexual harassment.
22. Eve Ensler organized this event designed to end violence against women and girls.
23. The character of someone who would use physical force to harm someone else.
26. Acronym for the National Women’s Health Information Center at 1-800-994-9662.
29. _____ your door and windows, even if you leave for a few minutes.



Answers to last week’s ‘U-N-K’ crossword puzzle

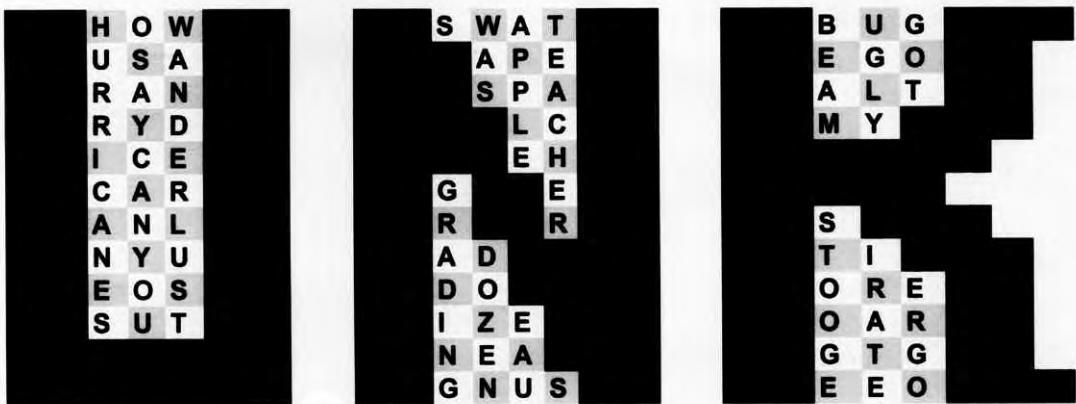


PHOTO of the WEEK

Photo by Ryota Hayama

Seth W. McBride, Phi Kappa Tau freshman of Kearney, exhibits his skills on the board after a day at the books.

To submit pictures for inclusion in next week’s **Photo of the Week**, save pictures as JPEG files and send to antelope@unk.edu , or call 865-8716 for assistance.

The Bottom Line

The Antelope listens to the voices of UNK

Do you think that the residents of New Orleans are moving back too quickly?



“I would not go back, but it is up to the individual to make the decision for themselves.”

Cecil Devers of Chicago, IL
Senior, social work



“If there is no electricity or water for the people, they cannot live a normal life like other people.”

Woo Yean Park of South Korea
Junior, English education



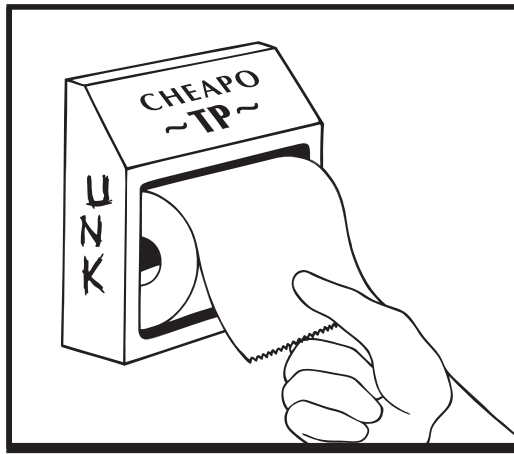
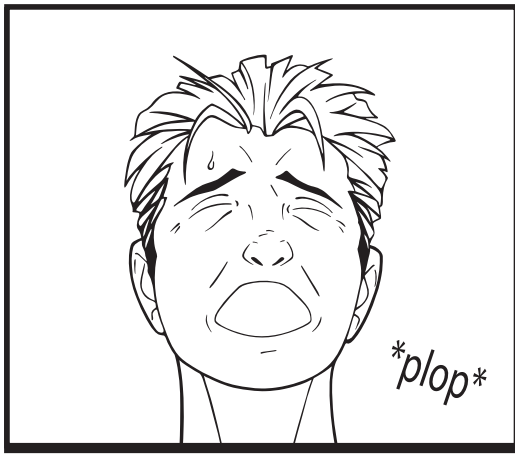
“I think they are moving back way too quickly. What are they moving back to? I’d be worried about getting sick and seeing the heartbreak of those that have nothing.”

Lacey Reiss of Wilcox
Senior, Journalism



“Yes, things are getting worse. I don’t think there is a home for them. They are always in demand, even though they are sending properties to New Orleans.”

Jae Kewn Ryu of South Korea
Junior, public administration



holler: rawlingsjc@unk.edu



The Antelope cartoonists

Mike Adelman and Jared Rawlings

deal out "Journalistic Justice!"

Watch out, you're next!

Cash and content clash

Kent Lutt
Managing Editor

When the pumping of blood ends in a body, so ends the life of that body.

In a similar vein, when the spread of news ends on campus, so ends the life of free speech.

Students are the circulatory systems of free speech on campuses, sending news through the channels of the entire student body. This coverage and spread of ideas is often found in campus newspapers.

Publications created by students, for students, are often subject to heavy setbacks due to budgets and costs. It's not uncommon, in my own experience working for high school and college publications, to have to delete pages of the newspaper in order to fit into a budget. The issue you hold in your hands was subject to such deletions.

I understand that deleting content is sometimes the only way to afford the costs of a campus newspaper, but I find it ironic to halt the flow of free speech simply because of the money-hungry side of Uncle Sam.

Without cash, you can't say what you want to say.

Teaching students the importance of free speech seems a waste when high schools and colleges are forced to limit the amount of space to feature these students' ideas.

I believe that the departments that feature student publications should do more to assist these student-run organizations. The departments could provide more information for the student writers and editors about funding options for their publication. I'm not insinuating that the departments need to instantly shell out more cash for the students, but make available some options for the writers and editors to receive funds or assistance from other sources.

Advertising is always an issue with student publications. It's also a large problem when businesses aren't buying space in your publication. Students are new to the business-sides of the media, and it is often difficult for them to provide the means for businesses to purchase ads. With more assistance and options of funding provided by departments hosting the paper,

advertising and content deletion could become an easier issue to deal with.

The problem of weighing content with cash in student publications will likely never resolve itself. The students of high schools and colleges put hard work and soul into their publications in order to continue

the circulatory flow of news. If money-matters stop these attempts at free speech, I truly hope the schools and departments that host the publications can put as much work and thought into assisting this free speech as their students do.

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Any opinions expressed in columns, editorials, editorial cartoons or advertisements are the views of the individual writer, artist or advertiser and do not necessarily reflect the views of the University of Nebraska at Kearney, its employees or students, or The Antelope staff.

Contributions to "Readers' Opinions" must include the name of the writer, as well as the writer's phone number, home town and affiliation with the college. Phone numbers will not be printed but are necessary for verification. Deadline for publication is Monday at noon. Submissions past deadline will be printed in the following edition. The Antelope staff reserves the right to edit contributions to "Readers' Opinions" for grammar, spelling, content and length.

Letters to be printed should be sent to:
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Mitchell Center

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Thomas flies high after skydive

Sheena Rader
Staff Writer

The Oklahoma Skydiving Center provided many thrill-seeking individuals with the opportunity to skydive on Wednesday and Thursday at the Kearney Municipal Airport.

Jamie Thomas, 23 from Kearney, was one of the "brave souls" who experienced jumping from a plane during this event.

"I wasn't really scared or nervous," Thomas said. "I was more excited than anything else and just didn't know what to expect. It's by far the coolest thing I've ever done, and I'd do it again."

She found out about the event from a press release at work and convinced her boyfriend to go with her.

"He's afraid of heights, but after this, we're both hooked," she said.

This was not only Thomas' first skydiving experience, but also her first time ever even flying.

Skydiving is one of those "want to do before I die" kind of things, but apparently many are too afraid to actually take the plunge. Thomas said she has

had this idea since she was about 12 or 13 years old and decided to make a spontaneous decision for herself.

"I work at Hits 106, and when I found out about how they were going to be right here in Kearney, I knew I had to do it," she said.

When Thomas and her boyfriend arrived at the airport, they paid a \$155 fee and signed

a waiver stating they would not hold the skydiving team responsible for anything that has the potential to go wrong. About one-half hour before they boarded the airplane, they received a training session and put on their harnesses. They agreed that tensions were also lightened after they saw a successful jump go before them.

"The coolest thing was when the guy opened the door of the airplane and we put

our foot out on the step we would jump off of," she added.

Thomas said the free fall lasted about 30 seconds and was definitely the best part of the experience. They then parachuted about two to three minutes. Thomas admits it was a little uncomfortable when the parachute opened, but it was all worth it.

"My friends are all jealous, but at the same time they think I'm insane," Thomas said.

The Oklahoma Skydiving Center is located in Cushing, which is about 60 miles north-



Photo by Jack Miller; courtesy of Oklahoma Skydiving Center

Jamie Thomas, at right, and professional skydiver Mark Gerlach, at left, are stoked from the freefall taken at the Kearney Municipal Airport.

west of Oklahoma City. The center returned to offer the tandem-style jumps after the success of the two-day April event they held earlier this year where they assisted more than 30 people.

Sean Tillery, OSC representative reported that 55 tandem

jumps took place during this event.

Tillery also skydived with his grandmother who promised him she would jump when she turned 85 years old. According to kfgw.com, Thelma Tillery describes herself as adventurous and said she was not frightened.

She said she also trusts her grandson - and the parachute.

Like Thomas, she didn't know what to expect but will now recommend it to anyone who has an interest.

Thomas' advice to anyone who is thinking about skydiving would be, "Don't talk yourself

out it, and don't let your fears get you down. It's awesome that this opportunity was right here in town, and I heard they're coming back here in May."

KidZone to host 'Chalk the Walk'

Chelsie Flanagan
Staff Writer

The Kearney Area Children's Museum, also known as The KidZone, is inviting families and community members to "Chalk the Walk," on Saturday, Sept. 24 at 11 a.m.

Participants will have the chance to take part in creating works of art on the sidewalks outside of the new building at 2005 First Ave.

"Chalk the Walk" will promote the current remodeling and

upcoming expansion projects of the Kearney Area Children's museum.

"It's a fun way for kids to take part in the transformation of the new museum location," Tricia Danburg, the KidZone's executive director, said.

The KidZone will supply sidewalk chalk and hot cocoa at the event.

According to the KidZone Web site, the mission is to "provide fun interactive, educational experiences for children which stimulate creative play and

expression, while supporting connections within the family, the community and the world around us."

Whether it is agriculture, science, music or theatre, the museum wants to stimulate children through a wide variety of exhibits.

The opening date of the

remodelled building is tentatively set for October or November. Expansion completion is planned for 2006 or 2007.

The KidZone is looking for donations and volunteers to help run the building. For more information e-mail the museum at kearneychildrensmuseum@all-tell.net or call 308-698-2228.

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Apple announces new iPod nano

Matthew Fisher
Staff Writer

"1,000 songs. Impossibly small."

With that short phrase, Apple

announced its newest addition to the ever-expanding iPod family. This time it's the iPod nano. Released in both a two-gigabyte and four-gigabyte version, the nano joins the ranks of Apple's growing presence in the digital

music world.

With complete disregard to the old saying about size and its utter importance in life, the iPod nano was recently released and can be picked up in two separate versions. One in a two-gigabyte

version that can hold roughly 500 songs, and the other is four gigabytes, storing up to 1,000 tracks. The nano, as opposed to the equally small iPod shuffle, has a full color screen that can display track listings and full-colored album art.

Running down the features listed for the nano from www.apple.com/ipodnano/, the list reads like a "music lovers dream." How do the dimensions of 3.5 by 1.6 inches sound? A 14-hour battery life, and total weight of 1.5 ounces? The nano also has the capacity to store and display 25,000 photos.

Intrigued? Whichever side of the proverbial iPod fence you fall on, there is certainly no question that a lot of musical goodness is to be had with the iPod nano.

The iPod, iPod photo, iPod mini, iPod shuffle, and now iPod nano, all make up Apple's little musical family. A varying series of music machines, these devices not only let consumers download individual songs from an online record store (www.itunes.com), but lets music lovers sort and playback the tunes of their choice, essentially acting as their own personal DJ.

This works in the gym, out on a jog and even in class. In the past, consumers were forced to purchase an entire album for the

one or two tracks they enjoyed. The introduction of the iPod also provides the ability to purchase individual songs from a variety of artists, putting complete control in the hands of the user.

But how has this digital music wave impacted the central Nebraska neck of the woods? According to Daniel Nickel, sales associate for Kearney

based Computer Hardware, sales have always been good for Apple's iPod.

"There has been a steady interest for quite some time," said Nickel. "I think more than anything it's price versus features. A lot of people are interested in the iPod mini because it has a screen and holds four gigabytes of songs. The features and price is what people look for."

Thanks to a slew of iPod accessories, Apple is making sure their consumers not only get the musical playback they seek, but also look good doing so. This is achieved by a wide selection of accessories that can

be picked up for every style of iPod. Ranging from arm bands for jogging and car adapters to take music on a drive, they also offer "tubes," or colorful covers that act as a skin for the little musical device.

The real question comes down to practicality. Do college students use, and more importantly, enjoy these devices?

UNK sophomore, and Kearney native, Amy Johnson has become an "iPoder", and

hasn't looked back since.

"I use my iPod all of the time. I use it when I workout and jog, so I'm really glad I bought it," she said.

While still in its infancy of release, it appears as though the newly released iPod nano may have what it takes to stay afloat amongst its predecessors. Combining both the size of an iPod shuffle, and colorful screen of the iPod photo, the nano is now out and attempting to work its way into the hearts (and ears) of music lovers everywhere, one track at a time.

"I use my iPod all of the time. I use it when I workout and jog, so I'm really glad I bought it."

Amy Johnson
UNK sophomore



"Alcohol free night" vs. "Thirsty Thursday"

Chelsie Flanagan
Staff Writer

The Peer Health Organization at UNK hosted their annual "Alcohol Free Night" at the YMCA on Thursday.

The event ran from 10 p.m. to 1 a.m. and offered students a host of alternatives to the traditional "Thirsty Thursday" party scene.

During "Alcohol Free Night," Peer Health offered students free admission into the YMCA for a number of activities including foosball, basketball, racketball, ping pong, pool, dodge ball, volleyball, video games and places to relax.

A raffle was held for students who participated in the sexual health survey during the event. Students were entered into the raffle for a chance to win an Apple iPod, stereo, movie or lounge chairs.

Among the other activities, this was the first year that Peer Health sponsored dodge ball and volleyball tournaments.

By 11 p.m., when the tournaments started, nine dodge ball teams and four volleyball teams had signed up for the event. Winners were given champi-

onship titles and T-shirts.

During the event, the Peer Health educators, student members of the Peer Health organization, wore green T-shirts which read, "Fifty percent of people clump their toilet paper before using it, five percent fold. Sixty-nine percent of college students have 0-5 drinks per week."

Ashton Klahn, a sophomore from Bennington, appreciated the alternatives provided by Peer Health's "Alcohol Free Night."

"It's good because college students need to know that there's life outside of alcohol," Klahn said. "It's nice that there is a night geared towards people who don't want to spend their night drinking."

This is the second year that the event has been held at the Kearney YMCA. In previous years the event was held at the Kearney Event Center (formerly known as the Tri-City Arena), but rising expenses made the

YMCA a more affordable location.

"We're expecting about a hundred people to come tonight," Ryan McMahon, a senior middle school education major and Peer Health educator, said. "We used to get about 400 people when we held the event

out at the arena, so we're trying to get this location off the ground."

According to Annette Ouko, a Peer Health educator and a junior pre-nursing student from Kenya, the real success reaches far beyond numbers.

"The purpose of this event is to

create awareness for why alcohol isn't good and to make you realize that you can do fun stuff without alcohol being involved," Ouko said. "Peer Health is about the creation of self-awareness."

Ouko said she has learned a lot in her first year as a Peer Health educator. She has also enjoyed the organization's opportunities to give back to fellow students.

"Students feel comfortable about coming to Peer Health educators with problems because we're on the same level and do not pass judgment on them. We try to empathize with their situations," she said.

Seventeen students and a coordinator make up the staff of Peer Health Education. They raise awareness through programs, classroom and residence hall presentations and through other student outreach activities.

The Peer Health Education office is located in the northwest corner of the Memorial Student Affairs Building across from Student Health in room 170.

For more information about the organization, contact Ismael Torres, Peer Health Education coordinator, by e-mail at torresio@unk.edu or by phone at 308-865-8092.

"College students need to know that there's life outside of alcohol."

Ashton Klahn
UNK sophomore

Photo by Erika Dimas

Ryan McMahon, left, president of Peer Health and Jessica McCune, right, vice president, smile for a picture.



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Intramurals attract UNK students

Derek Miller
Staff Writer

Intramural sports are alive and well on the UNK campus. This fall, over 26 different sports are being offered to stu-

dents.

Intramurals are a great way to enjoy campus activities, stay in great shape and meet new people.

Intramurals Coordinator Shelly Urkoski thinks this is

going to be a great year. She said this year alone, approximately 1600 students will participate in the intramural programs.

"Intramurals provide students with an atmosphere outside of studying, the opportunity

to exercise in a slightly competitive atmosphere and it also encourages good habit," she said. "If they played basketball or volleyball in high school and no longer workout, intramurals offer them the chance to continue what they like to do and stay in shape."

Taizo Date, a junior from Hiroshima, Japan agrees.

"I used to be very active back in Japan, and I was on the baseball team for a while here at UNK. Now I am no longer active, and indoor soccer really gives me a chance to workout regularly and sooth my compet-

itive oats," he said.

That sentiment was repeated by Kyle Golden, a junior from Lincoln.

"Without 3-on-3 basketball, I don't know what kind of shape I would be in," Golden said. "I really use intramurals to stay in the best shape I possibly can."

Another advantage for the university is people hang around to play games on campus. Instead of going home on the weekend or during the week, these participants owe it to their teams to be there when they say they are going to. Urkoski agrees.

"Let's face it, UNK is a suitcase campus. Students pack up their belongings every weekend and head home. With intramurals, they have a team that they are loyal to and want to fulfill their commitment, so they hang around. I think that is another benefit," she said.

Intramurals are a great way to enjoy the activities here on campus and get involved.

To get involved in intramural sports, call Urkoski at the Intramural Office at 865-8849 or visit the Web site at www.unk.edu/acad/intramural/



Photos by Ryota Hayama
Left: Yusuke Yamaguchi polishes his skills on the basketball courts in Cushing Auditorium. Many Japanese students can be found playing the sport which is gaining popularity at a worldwide level.

Right: Summer isn't over yet! Blaine Spencer and friends take time out to play a game of sand volleyball on campus at UNK.



Football downs Western State

Chris Parks
Staff Writer

The UNK football team is riding high after earning their third straight victory Saturday by downing Western State 37-12.

The Loper defense forced six turnovers, leading UNK to an important win in their conference opener. The Lopers now move to 3-1 on the season, while Western State falls to 0-4.

Wide receiver Kyle Rupp had a career day for UNK, catching 13 passes for a total of

137 yards. Rupp's performance provided a much-needed spark to the Loper offense as star wide receiver Richie Ross was focused on all day by Western State's defense. Ross finished the day with three catches for 35 yards and a touchdown.

UNK started the scoring in the first quarter with a 50-yard field goal by kicker Geoff Carnahan. The kick is one of only five in school history to exceed 49 yards.

The rest of the first quarter went downhill as Western State got a field goal from Jason

Davis and a rushing touchdown from Avionne James to take the lead 9-3. The point after attempt failed — the score remained 9-3 at the end of the first.

Midway through the second quarter, Loper quarterback Marcus Goldenstein hooked up with Ross on a 15-yard scoring pass that gave UNK the lead for the rest of the game.

Running back Jake Richards scored three times in the second half to pile on the lead for UNK. Richards finished the game with 73 yards on 20 car-

ries.

The big player on defense for the Lopers was redshirt freshman Russell Trujillo who had two of the team's three interceptions on the day. Trujillo is now one of seven different UNK defensemen that have one interception or more this season.

The Lopers now look forward to a road trip to Las Vegas, N.M., to face New Mexico Highlands this weekend. The second conference battle of the year for UNK will kick off at 2 p.m. Saturday.

A Day in the Life . . .

Darnell Wood
Staff Writer

Curtis Harris, a former football player at UNK, is going into his senior year with one agenda, - finishing college.

On Feb. 29, 2004, Harris' son, Dameon Malik Harris, was born, and Harris began to realize life as an athlete was much easier than life as a father.

"When Dameon was born, I opted not to play my senior year in football to make sure I could spend time with my son," Harris said.

Harris had to change his schedule around, not only to stay

in college, but to provide a financial balance for his son.

He works on Mondays, Wednesdays and Fridays from 5:30 p.m. to 10:30 p.m. at Thrifty Car Rental, and has night class on Tuesdays and Thursdays from 6:30 to 9:20, not to mention the time he spends caring for his son.

"After I had my son, I had to realize fast that it was time to grow up," Harris said. "Now I have to take care of not only myself, but my son too. This task isn't exactly easy."

When Harris gets a little free time, he likes to sit and watch football games and movies, and hang out with his friends.



Photo by Darnell Wood

Senior Curtis Harris quit football to focus more on raising his son Dameon Malik Harris.

Darnell says: Big Ten preview, part two

Darnell Wood
Staff Writer

Last week, I gave you a preview of the top five Big Ten teams and a prediction of the order the teams will finish. Here are my predictions for the bottom five teams in the Big Ten.

Minnesota: The Golden Gophers offensive attack is one of the best in the nation.

Running back Laurence Maroney is a very skilled runner and will help dominate teams by pounding them and controlling the clock. If the Gophers plan on succeeding in the Big Ten, they must have a balanced attack so defenses don't stack the box.

Quarterback Bryan Cupito will look to get a mediocre passing game going with the most athletic receivers the Gophers

have seen in years.

The defense must improve, mainly in putting pressure on the quarterback, or it is going to be a long year.

Michigan State: Let's face it, the Spartans can score on any team in the nation, bar none. Last season, the team finished tenth in the nation in offense and they look like they can only get better.

Quarterback Drew Stanton is a very accurate passer. He throws a great deep ball and has some very skilled receivers.

Once again, the team is lacking something very important - DEFENSE. The Spartans can score, but they can't stop any team on defense. The secondary is average and the defensive line is down right terrible. This team will win shootouts, but will lose

the big games if the offense is off.

Penn State: This team is the exact opposite of Michigan State. The defense is one of the very best in the nation and the Nittany Lions are poised to create some upsets in the Big Ten.

Coach Joe Paterno is on a short leash and cannot afford to falter this season. His offense is very suspect and must improve, or Paterno will be forced to retire.

Illinois: This is a team looking for an identity.

Former Florida coach Ron Zook will look to improve the team's offense and may play some close games in the Big Ten.

Quarterback Tim Brasic will be asked to execute this complex mission for this high-pow-

ered offense. The defense is very young, but athletic, so it should be very interesting.

Northwestern: The Wildcats play hard no matter how big an underdog they are. They are ranked 29th in the nation in scoring offense and can score on even the best teams in the Big Ten.

However, like the Spartans, the Wildcats are also lacking defense. This team can produce some points, but if you give up 40 points and you score only 30, you still lose.

Big Ten Offensive Player of the Year: Drew Stanton, Michigan State

Big Ten Defensive Player of the Year: A.J. Hawk, Ohio State

Big Ten Coach of the Year: Joe Paterno, Penn State.

Hustler's Corner

Derek Miller
Staff Columnist

Well, nobody's perfect.

After an 8-0 start to the season, I have finally come back down to earth. I went 6-1 on the weekend, but if the Cowboys beat the Redskins on Monday night, then I will move to 7-1. I know a 15-1 record isn't perfect, but it is close.

Over the weekend the action was fast and furious.

The University of Southern California hung 70 on Arkansas University. Ouch!

In what was a great weekend to be a Florida college football fan, the University of Florida beat their arch rivals, the University of Tennessee Volunteers, 16-7 in the Swamp.

The University of Miami beat a tough Clemson University team on the road in three overtimes, 36-30, and Florida State University beat Boston College right in their own backyard, 28-17.

Now let me get to everybody's favorite, the University of Nebraska.

This game was absolutely brutal to watch. No offense, no big plays and a lot of defense equals a horrible, boring game to watch. The game finally ended after the University of Pittsburgh botched two consecutive field goal attempts, in what was one of the saddest displays of football I have ever seen.

The game can be summed up in one sentence: a terrible ending to a terrible game between two terrible teams. Sorry Husker Fans, I just call them like I see them.

Week two of the NFL season has ended and some teams took another step forward and some took steps back.

The hapless Minnesota Vikings got destroyed at the Cincinnati Bengals, 38-7. It's hard to win when your quarter-

back has thrown eight interceptions in the first two weeks of the season.

The Carolina Panthers knocked off the mighty Patriots, as predicted in the Hustler's corner, 27-17. The Green Bay Packers looked like the worst team in the NFL, losing 26-24 at home to the Cleveland Browns, and the Chargers outplayed the Broncos, but still lost in the tough environment at Invesco Field, 20-17.

My Kansas City Chiefs continue to dominate on the ground and show off a new defense in a 23-17 win at the Oakland Raiders.

Now let's get to my predictions:

- No. 8 Ohio State University will beat the No. 21 University of Iowa in Columbus, 31-17.

- No. 4 Virginia Tech will get it done against a tough No. 15 Georgia Tech team at home, 24-14.

- No. 1 University of Southern California Trojans will beat a good No. 24 University of Oregon team on the road, 38-31. I considered picking the University of Oregon to knock off the defending Champs, but changed my mind at the end. Let me just say this, this game will be a lot closer than the experts say.

- Finally, No. 3 Louisiana State University will beat No. 10 Tennessee, 24-20, at home.

In the NFL this week:

- I like the Jacksonville Jaguars to beat the New York Jets on the road in a low scoring affair, 17-14.

- The San Diego Chargers will take out their aggression on the New York Giants, 35-10.

- Finally, on Monday night, the Kansas City Chiefs will beat the Denver Broncos, 16-13, in an unusually low scoring game.

Swingin' away

Megan Kulhanek
Staff Writer

"This sport is as important to these people as football and basketball is to those fans," said Dick Beechner, head coach of the men's golf team.

Although golf is not largely a spectator sport, the UNK golf program has its own following. The men and women of the program engage in what is similar to two full-time jobs.

"The No. 1 reason they are here is to get their degree. Golf does not take priority over academics," said Mark Brosamle, head coach of the women's golf team.

Because of varied schedules, the teams do not typically practice all together. The coaches take shifts of practice. Beechner splits the squad to accommodate his players.

During a normal week for the men, the athletes playing in an

upcoming meet will play Monday and Tuesday, take Wednesday off and work on activities for practice Thursday and Friday.

The women similarly stagger their practices. Brosamle said golf practice is largely an individual activity. The athletes will practice at the driving range and ball striking from the tees. He also said the players put in a lot of work on the putting green, working on short-game skills like chipping.

When it comes time for a meet, only a select few will actually golf in the tournament.

"We play five [athletes], and count the best four scores," Beechner said.

One of the few things stopping or delaying a meet, according to both coaches, is lightning. Also, if the course is considered unplayable, for example six inches of snow covering the course, the meet will be postponed or delayed.

poned or delayed.

Coaching strategies involved in golf differ extensively from those of other team sports. The coaches can talk to their players throughout a round of golf, giving them suggestions or helping them to calm anxieties.

Beechner said the players have to block out the negative thoughts, and it's always important that a golfer finish the round.

Brosamle said, "I get a sense for how they are doing, make corrections and offer advice along the way. I help them settle down and maintain their momentum."

Although golf is not hugely a spectator sport, the athletes' family and friends do come to cheer them on. They put in countless hours practicing, playing and scheduling their lives around schoolwork. These athletes have earned their place in the Loper athletic family.

Baseball, get your baseball



Ben Goetz, Brandon Wright
Guest Columnists

The Major League Baseball season is winding down, but the push for division titles and wildcard spots is just heating up.

The American League still has four playoff spots available, but only three spots are left in the National League after the Cardinals clinched their spot last weekend.

In late October, as the bubble drenches over-joyous players, one team will be crowned champion.

Here are our predictions for which teams will make the MLB postseason:

National League East: Bobby Cox and top-notch pitching guru Leo Mazzone have masterfully crafted another division winner in Atlanta. The Braves, led by MVP candidate Andruw Jones and standout rookie Jeff Francoeur, are on their way to a record 14th straight division title.

National League Central: We don't have to do much predicting for this division. The Cardinals have run away in this division for the second consecutive year - they started resting their starters for the playoffs in early June. They have battled through injuries and haven't looked back since opening day.

National League West: Does this division really deserve a playoff spot?

Probably not, but they will get one anyway. While the Padres are threatening to be the first team in baseball to make the playoffs with a losing record, the most exciting news from this division has been Barry Bond's health updates from ESPN's Pedro Gomez.

National League Wildcard: For the majority of the second half, the wildcard has been a four-team race between Washington, Florida, Philadelphia and Houston.

The Nationals have faded partially due to an overworked bullpen and the lowest team batting average in the Senior Circuit.

Despite the brilliant performance of Cy Young candidate Dontrelle Willis, the Florida Marlins have not put together a dominating winning streak to take control of the wildcard.

Unfortunately for the Phillies, no team can top the Astros' three-headed monster of Roy Oswalt, Andy Pettitte and Cy Young favorite Roger Clemens. These three should guide the team to the final playoff spot in the National League.

American League East: The winner of this division will most likely be decided in the final weekend when the New York Yankees visit the Boston Red Sox at Fenway Park.

The Yankees will emerge victorious in a crushing end to Boston's season. Their magic has run out due to deficiencies in the pitching staff. The Yankees will ride on the back of Randy Johnson to the playoffs.

American League Central: In a cataclysmic collapse, surpassing the fall of the 1969 Cubs, the Chicago White Sox will lose the American League Central crown to the white-hot Cleveland Indians.

The Sox' lead was 15 games in early August, and the Indians were way back in third place. Unfortunately for the fading White Sox, the team that plays best at the end of the season makes the playoffs.

American League West: Although the Oakland A's challenged the Los Angeles Angels of Anaheim (we still think that is a stupid name), the loss of starters Rich Harden and shortstop Bobby Crosby overshadowed the brilliant rookie season of Huston Street.

The Angels have played just well enough to keep their lead and they have the playoff experience to be successful

American League Wildcard: While the White Sox could not hold off the Indians for the division title, we predict they will end with a better record than Boston, Oakland and the other American League teams, thereby securing the final playoff spot on the Junior Circuit.

Those are our predictions, but as Yogi Berra said, "It ain't over 'til it's over."

Stay tuned for more playoff predictions and UNK vs. Fort Hays State volleyball. As always, see you at the games.

Players of the Week

Nebraska DII players of the week:

Sept. 12: Nick Oberle, Football defense

Sept. 19: Geoff Carnahan, Football special teams

Carnahan and volleyball's Kelli Bunker were also named RMAC POWs.

Lady Lopers ranked third in nation in DII

Brittany Johnson
Staff Writer

The Lady Lopers volleyball squad is ranked number third in the nation. With a record of 12-1, the team is ranked behind only Truman and California State San Bernardino.

Mike McNeely, coordinator of media relations, said coaches are selected to represent different regions, and they vote on the team rankings every Monday.

"The polls are not only based on what your record is, but what teams you are playing," McNeely said.

All teams don't have the opportunity to play one another. Therefore, the record of the team cannot always represent fully the team's ability or overall talent.

Some teams don't have the chance to play successful and winning opponents at different points within the season. This is why the coaches selected are chosen to vote after collecting all the information that could be viable to a team's status.

Player Profile

Photo and information by Chris Parks

Name: Mark Moller
Year: Junior
Hometown: Hot Springs, S.D.
Major: Marketing
Team: Men's Golf

How many years have you golfed? "I have played my whole life, since I was five years old."

How many years have you golfed at UNK? "One year. I transferred from Arizona State University and Mesa Community College."

Why do you golf? "I like golf because it is more of an individual sport. You don't have to rely on others, and in a way, you control your own destiny."

Predictions for the team this year: "I think we have a deep team this year. I just hope we do well. We'll go to our next tournament and see where it goes from there."

Predictions for the next meet: "Hopefully to win. It's a big head-to-head match."

Favorite Movie: "Anchorman"

Favorite Food: "Mexican Food. I love Filiberto's Taco Shop in Phoenix. I used to eat there every day."

Favorite Activity: "Hanging out with friends and playing basketball."

Why did you choose UNK? "I transferred here to play golf."

What's your favorite thing about UNK? "The people seem nice here. It's a nice smaller community."



Volleyball Update

The Loper volleyball team picked up a pair of victories this weekend defeating Regis University and Colorado Mines.

The Lady Lopers downed Regis in three, 30-20, 30-19 and 30-19.

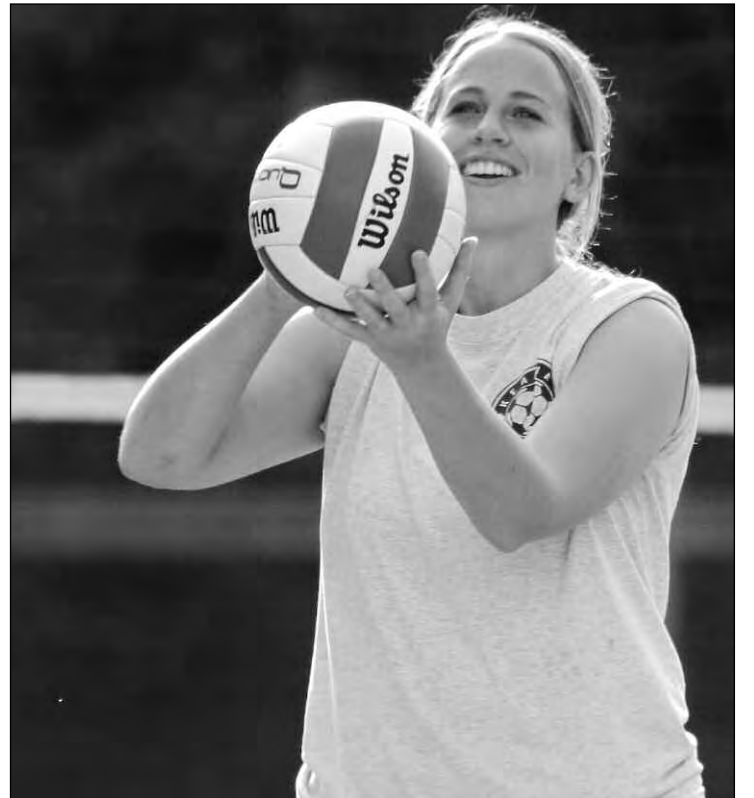
They defeated Mines in four, 30-18, 28-30, 30-18 and 30-18.

Erin Gudmundson had 29 kills for the weekend and Kelli Bunker had 28.

The Lopers are 4-0 in RMAC play.

Photo by Ryota Hayama

UNK alumnus Lindsey Hackel serves up some fun during a campus volleyball game. When not playing volleyball, Hackel works at Farm Credit Services of America in Kearney.



Running along

Chris Parks
Staff Writer

The UNK men's and women's cross country teams traveled to the Woody Greeno Invitational this past weekend in Lincoln.

The women's team placed 20th, while the men's team came in 23rd. It was a much bigger stage compared to the first two meets for the Lopers - it was a big test for two young teams.

Coach Luke Mosey wasn't worried about where his teams finished at this meet. He focused instead on the runners running a smart race.

With that approach, the Lopers came out well for young teams at a big meet. The women's finish was out of 31

competing teams and the men's finish was from a group of 29 teams


Jordan Pallas finished in 45th place with a time of 23:47 to pace the women's team. Michelle Dill finished 62nd.

Butler Community's Diane Nukuri had the best overall time at 21:11.

On the men's team, Brock Steinbrink led the Lopers by finishing 53rd. Justin Zahler was the next highest placer for the men's team in 108th.

The UNL team won on the women's side, while the Air Force Academy won on the men's side.

Both cross country teams look forward to the Dean White Invite in Crete on Saturday. The invite will have a 10 a.m. start.



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Attorney Tye: 'Be engaged' in politics

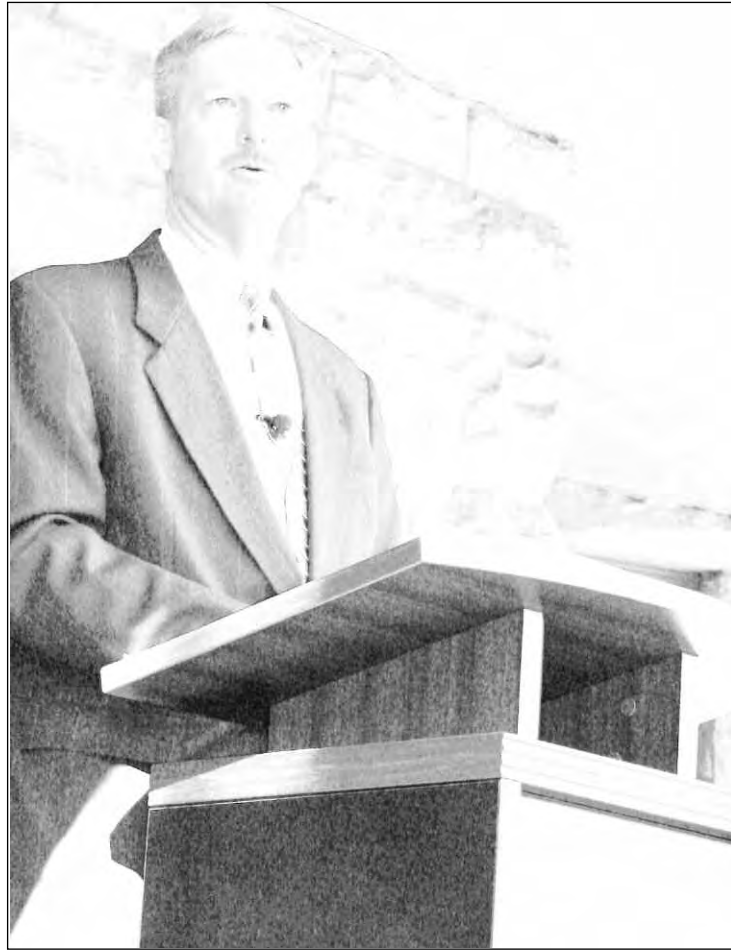


Photo by Mika Arai

Thomas Tye gives a free speech at Frank House on Sept. 15.

Jared Blanton
Staff Writer

Local attorney Thomas Tye spoke to a group of students, faculty and area residents

Thursday to recognize Constitution Day, a day celebrating the drafting and ratification of the United States Constitution in 1787 and 1789.

The event, which was sponsored by the College of Natural

and Social Sciences, the history department and the political science department, was held on the east lawn of the Frank House on UNK's West Campus. Lunch was provided by the College of Natural and Social Sciences.

Tye, who served as a public defender for 10 years before practicing law privately, emphasized that he must think about the Constitution everyday in his line of work. He pointed out that many of the rights that were given to citizens in the Constitution, such as the right to a speedy trial and the freedom from self incrimination, have as much relevance today as they did when the Framers wrote the Constitution.

Tye said that many current issues are guided by the Constitution, such as the controversy over the term "under God" in the Pledge of Allegiance and whether or not it is constitutional to be recited in public schools. He also mentioned that whoever replaces Chief Justice William Rehnquist on the Supreme Court will have a huge impact on American constitutional law for conceivably the next 30 years and beyond.

Tye encouraged students to vote, be engaged in political dialogue and be a part of the political process by being involved with government and seeing

government in action.

Aside from current politics, Tye had a universal message for students.

"I would like students to be more informed about the Constitution and to be engaged in the democratic process," he said.

The crowd of approximately 40 was comprised of a diverse group of people. Several UNK International students were in attendance hoping to gain a better understanding of the United States' form of government. Many students and professors, involved in political science and history, attended the forum.

Several other students outside of the areas of study were also present. Clark Bausch, a junior from Burchard, was encouraged to attend the event by political science professor Dr. Diane Duffin in an Introduction to American Politics course.

Bausch, majoring in Spanish, said he was impressed by the time and effort the Framers of the Constitution put into creating the historical document. He also said he was surprised by the sources of some of the legal concepts found in the Constitution.

"It was interesting that the Framers looked at the laws of other countries," Bausch said.

He added, "I may go down to the Buffalo County Courthouse and watch court now. I might see it differently."

ANXIOUS AND OVERWHELMED BY LIFE'S DAILY DEMANDS? NATIONAL DEPRESSION SCREENING DAY CAN HELP

People say college is supposed to be the "time of your life." You meet friends that last a lifetime and have the freedom to do what you want. But for many, adjusting to college life can be difficult. Many students are left feeling stressed, anxious, disconnected and alone.

In order to help students cope, Counseling Care at the University of Nebraska at Kearney is now offering screenings for a range of common emotional conditions that often go undiagnosed and are misunderstood.

Counseling Care will be offering free, confidential screenings for depression, bipolar disorder, anxiety and post-traumatic stress disorder. At the screening, you can fill out a questionnaire and talk with a counselor about your personal situation. Even if you are just going through a bad couple of days, or know a friend who is having difficulty, you are invited to come and take advantage of the services offered. Confidential screenings are also offered on the web at www.unk.edu/offices/counseling.

The screenings will be held on October 6, 2005 in the Nebraskan Student Union Atrium from 10 a.m. to 4 p.m. Or call Counseling Care at 308-865-8248.

Club helps make contacts

Matt Ringen
Staff Writer

The UNK Health Sciences Club, established a year ago, attracted more than 50 students to its first meeting on Wednesday.

The organization helps students to build connections with professionals and peers in the health industry and to receive assistance and guidance to get into professional schools.

Various events are planned throughout the year, including guest speakers in the health field and community service projects.

Physical therapist physician assistant and a pharmacy representative, both from the University of Nebraska Medical Center will be present. An Osteopathic representative from Des Moines, Iowa, is scheduled to visit the campus as well.

"From the professionals that I have met from being in the club, I have been able to observe them and get a feel for what they do," said Andy Craig, the vice president of the Health Sciences Club. "I have met doctors that have taken me under their wing and will write me a letter of recommendation to medical school. The club helps make lasting

contacts within the field you are going to go into."

The community service projects on the agenda are assisting with blood drives, Habitat for Humanity and Hurricane Katrina relief fundraisers. Alecia Laurent, the president of the club, said, "This club helps members get introduced to the health profession, develop leadership skills and get involved in the health career."

The next meeting is on Oct. 5 at 5 p.m. in Bruner Hall.

For more information, contact Kristy Kumm, the adviser of the club, at kummkl@unk.edu.

Katrina

continued from page 1

the news with a careful eye. Her aunt and grandpa reside on the gulf coast of Mississippi, and have seen the destruction firsthand.

Campuzano said, "My aunt's emotions changed day to day. One day she was wondering if the gas in her car could get her far enough so she and her husband could just leave, and the next she was determined to stick it out and stay with my grandpa."

She explained that this is one case in which time is healing the physical and emotional wounds.

"They are positive and realize how lucky they are that their house is still intact," Campuzano said. "From here on out, they will just be working on getting things back to normal. Though neither my aunt's or my grandpa's houses were ruined, they are surrounded by the devastation."

Ferris said that she, too, will begin to move on. She has hopes to move back to her home in New Orleans soon, but realizes that things will never be quite the same. She said she hopes that we, as Americans, will learn from this tragedy.

"Poverty is so wide-spread, even in the U.S.," she said. "We need to train people to get better jobs, and give them the opportu-

nity to live in better houses. I hope that many people will use this as an opportunity to see what else is out there and what could be available to them."

Ferris ended the interview with these words.

"People are not focusing on what they need to be focused on. This is not the time to point fingers, or to strengthen the tensions between black and white. The desperation that the hurricane has caused drive people to the extremes of their personalities. Some choose to loot or take their frustrations out on others. Some choose to do good; absolute and complete good. There will be a time to place blame. I think we all know what we need to do now."

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Promotional Offer: \$9.95 additional line offer is available for a limited time when added to 21-state Home and National calling plans \$45 or higher, and is subject to change without notice. New activation and 2-year service agreement required. \$16.95 additional line offer is available for a limited time when added to 21-state Home and National calling plans \$45 or higher, and is subject to change without notice. New activation and 2-year service agreement required. Maximum 4 lines per account. Equipment available while supplies last. Mobile-to-mobile minutes apply to calls between Cellular One customers while on the 19-State network (i.e., Cellular One Coverage Area as designed on Calling Plan and Coverage Brochures). Night minutes apply to calls made from 8:00 p.m. to 5:59 a.m. Monday through Friday. Weekend minutes apply to calls made from 8:00 p.m. Friday to 11:59 p.m. Sunday. Night and weekend minutes apply only while on the Western Wireless Corp. 19-State network. Free nationwide long distance applies to calls made from the home calling area to anywhere within the United States. Partial minutes used are rounded up and charged at the full-minute rate. Calls measured from when the network begins to process the call (before the phone rings or the call is answered) through the termination of the call. Credit approval, \$35 activation fee and standard 2-year service agreement and a mandatory arbitration provision apply to each phone. A \$200 early cancellation fee applies. Not available in all areas. Taxes, surcharges, roaming, long distance or other toll charges apply and may vary. Regulatory and Administration surcharge of \$1.70 is our charge and not taxes. ©2005 Western LLC. Other restrictions may apply; see brochures and store for complete details. *Nortel Networks, the Nortel Networks logo, the globe mark design are Trademarks of Nortel Networks. All other trademarks are the property of their owners.



Backed by technology from Nortel, Cellular One enables users to communicate on the go

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TUESDAY: \$1.50 Long Necks
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