

# THE ANTELOPE



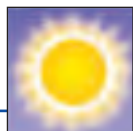
Got milk?  
page 4



Tennis fall  
season  
kicks off  
page 7

## Weekend Weather

FRIDAY  
Sunny  
High 76  
Low 47



SATURDAY  
Sunny  
High 75  
Low 47



SUNDAY  
Mostly Sunny  
High 76  
Low 48

THE WEEK OF SEPTEMBER 23, 2004

## Child Development Center seeks accreditation

by Ken Gallagher  
*Antelope Staff Writer*

The Child Development Center at UNK aims to enhance its preschool and day-care programs by becoming an accredited facility.

The center recently began the nearly year-long process of becoming accredited through the National Association for the Education of Young Children, JoAnna Cordova, director of the Child Development Center at UNK, said.

Accreditation will enable the center to improve its programs as it strives to provide the best possible experience for children and their parents, Cordova said.

"I think we provide a great experience for the children now, but by attaining accreditation, we will enhance the program so much more," she said.

The National Association for the Education of Young Children is the nation's largest organization dedicated to improving the quality of programs for children from birth to third grade. The association's national accreditation system encompasses child care centers, preschools, kindergartens, and school-age child care programs.

Currently about 8,000 facilities in the U.S. are accredited by the association, with a total enrollment of nearly 700,000 children.

The UNK Child Development Center operates under the auspices of the university's Vice Chancellor of Business and Finance. The university provides space for the center in the Otto Olsen building, as well as utilities and maintenance needs, Cordova said.

Aside from those needs, the center is financially responsible for meeting its own needs, Cordova said.

This includes not only instructional materials and wages for the center's 24 part-time and four full-time staffers, but also items such as toys, playground equipment and books.

Most of the center's operating budget needs are met through the fees parents pay to have their children enrolled at the center, but when the center sets out to make improvements, such as enhancing its curriculum or installing new playground equipment, it must seek other sources of funding, such as grants and donations, she said.

Becoming an accredited facility will put the center in a stronger position to acquire funding and resources for such improvements, Cordova said.

Everyone associated with the Child Development Center has a hand in the accreditation process. All aspects of the center's operation will be evaluated and assessed by staff, parents and administrators as the process continues, she said.

Determining the needs and expectations of parents whose children attend the center is an especially important aspect of the accreditation process, she said.

Rachel Vanderbeek of Kearney is glad to be part of the process. Vanderbeek's children, Claire, age 4, and Will, 7 months, both attend the center.

Vanderbeek said the center provides more than just day care for her children. The center's preschool program is especially important to her, she said.

Vanderbeek said that accreditation will surely strengthen the center's programs. "It will give our kids some more opportunities," she said.

Accreditation is not an inexpensive process for any child care center.

The UNK Child Development Center needed \$900 to fund the project, Cordova said. Fortunately, the center secured a grant from Nebraska's state branch of the Association for the Education of Young Children which covered all but \$75 of that cost.

Cordova said providing such grants encourages organizations to seek accreditation.



Photo by Ken Galliger

Geoffrey Exstrom, age 4, prepares his breakfast Monday morning.

## Nebraska authors get festive and celebrate literature

by Charise Dawson  
*Antelope Staff Writer*

Strange is okay. This was part of the message delivered by Ron Block, writer and keynote speaker for the 2004 Nebraska Book Festival luncheon held in the UNK Nebraskan Student Union last weekend.

Block's presentation, "Concerning Freaks, Book Clubs, and the Unbearable Distances of the Plains," was given to a full room of writers, teachers, students and lovers of literature from across the state.

"A blank page always listens," said Block, who considers writing a freedom from self-censorship. During the publication process, however, a writer's work falls into the hands of strangers, he added.

According to Block, the writer faces disembodiment as "strangers make strange interpretations."

"Suddenly, you worry what your Sunday school teacher will say," said the Nebraska native.

"In Gothenburg," Block said, "people always thought I was a

little different. Now with this book in their hands, they didn't even know the half of it."

Strangeness has a place in plains literature, Block argued. Literature that gets to the truth of small towns in the plains allows readers to notice the things they see day after day, the speaker said.

Small-town book clubs can benefit from this literature, Block said, adding that writers are outsiders that "offer corrective vision" to readers.

Strange characters in literature act as a mirror for readers, he said. When a reader can acknowledge he is "strange," he can close the distance between his neighbors and fellow citizens.

UNK graduate student Gary Drop said, "Ron was both humorous and inspiring in his multi-media presentation. He spoke about the truthfulness of writing in and about Nebraska."

Shelly Clark agreed. "Write what we know; don't be afraid to say what we want to say," she said.

Clark is a UNK alum and winner of the 2004 Nebraska



Photo by Zack Houdek

Professor Charles Fort and Ron Block take a time-out and smile.

Book Award for an anthology: "I'm a big Ron Block fan. I think he's wonderfully grotesque."

Another festival feature included readings and discussions from "A Different Plain: Contemporary Nebraska Fiction Writers." The novel was part of a community reading program called "One Book/One Community." Every library and nearly every book club in Nebraska was invited to read the anthology, promote it in the community and then join a discussion group at the festival. "I got to listen to three authors whose work I admire read their own work," said Eric Reed, UNK graduate student.

Attendants of the poetry/prose reading at Black Sheep Coffee Shop on Saturday night listened to intimate readings and commentary of other Nebraskan writers. "I appreciated the chance to meet serious writers. I find the experience motivating," Reed said.

The festival featured sessions on literature topics including fantasy and science fiction, the literature of classic Nebraska author Willa Cather, and "How

to Get Published."

Jeff Gerdes, an undergraduate from Gibbon, was especially interested in the session about getting published. Gerdes wrote some pieces in a class with UNK professor Charles Peek last semester and is now interested in getting them published.

The writer said getting published is a difficult task; there is a lot of research and cover letter work involved.

Don Welch, UNK alumnus, professor, poet and winner of the Mildred Bennett Award for fostering literary tradition in Nebraska, offered encouragement and advice to the luncheon attendants.

"This is a great time to be a writer in Nebraska," he said.

In recognition of the writers at the festival and those across the state, including newly appointed poet laureate of the United States, Nebraskan Ted Kooser, Welch advised aspiring writers to "move to Lincoln and drink the water."

The 2005 Annual Nebraska Book Festival will be held at Nebraska Wesleyan University in Lincoln.

## UNK alumni empower select female students

by Karri Thunker  
*Antelope Staff Writer*

More than 50 women dedicated to mentoring and networking opportunities gathered together last weekend at the UNK Alumni House for Gold Torch Weekend.

The Gold Torch Society was established in 2000 by the University of Nebraska at Kearney Alumni Association.

The organization provides mentoring and networking opportunities for UNK alumni and undergraduate women.

The weekend focused on educating, inspiring, connecting and empowering women.

Alumni members are nominated and selected for their personal and professional accomplishments, as well as their commitment to mentoring students.

Student members are selected based upon their desire to participate in a mentoring relationship through an application process.

Alumni are matched with students during the summer and are

encouraged to get to know one another before the weekend event takes place.

Students are chosen for the yearlong program based on submission of an application and a 250-word essay on the importance of mentoring in their lives, Kristin Howard, UNK Gold Torch Society director, said.

"The society's alumni members are successful women from a variety of backgrounds including education, politics, medicine, athletics, business and journalism," Howard said. "

The best aspect of the program is that alumni and students have the opportunity to network and establish one-on-one personal relationships.

The alumni really care about students and their futures."

The weekend events began Friday evening with an Alumni/Student reception and dinner.

Saturday was filled with sessions and discussions on various topics. The young women participated in the following sessions:

Women and Leadership: The Essentials; Marketing Yourself With Confidence; Following Your Career Path; and Career, Family and Personal Pursuits: Bringing Balance to Your Life.

"Role-playing played a big part in learning this weekend.

"We worked on the proper way to network and learned how to give the perfect handshake. I found this all to be very beneficial as I will be entering the workplace in December," Chrys Wiebelhaus, a public relations senior from Hartington, said.

"I also learned how important first impressions can be as they are formed in the first seven seconds of a conversation."

Twenty-five students participated in the event this weekend.

They had the opportunity to meet successful career women and to gain that extra knowledge passed on from women who have been in their shoes.

Kristen Miller, a senior business administration and mar-

See Gold Torch, page 8

## Students help local Red Cross

You will only feel a slight pain. Students donated blood during the Red Cross's recent blood drive. The blood mobile for the American Red Cross gave free t-shirts to donors. The American Red Cross provides blood to the military, other American blood centers, and all American hospitals. For more information visit [www.givelife.org](http://www.givelife.org) or call toll free at 1-800-GIVE-LIFE

Photo by Ken Gallagher





## CAMPUS BRIEFS

The UNK campus has a variety of events starting Thurs. September 23, 2004 with a colloquium provided through the Midwest Consortium for Learning in Higher Education (MCSL-HE). The 2004 Colloquium is on the Creighton University Campus Thursday through the following Friday, September 24, 2004 in Omaha, Nebr. The Colloquium entitled "Our Common Goals and Shared Experiences" provides members the opportunity to learn more about service learning on campuses. For further information on this years' Colloquium contact the UNK Office for Service learning or visit their website: [www.unk.edu/service](http://www.unk.edu/service).

Other events on campus on Thurs. September 23, 2004 include an all day UNK Choral Workshop from 8:30 a.m. to 2 p.m. in the Fine Arts Recital Hall. Further information fro the Choral Workshop please contact Dr. David Bauer, director of music and performing arts at UNK at, 308.865.8609 or [bauerd@unk.edu](mailto:bauerd@unk.edu).

A faculty luncheon in the Nebraska Student Union with Dr. Finnie Murray will begin at 11:30 a.m. on Thurs., Dr. Murray will discuss his vision for undergraduate education at UNK. A question and answer session will follow Dr. Murray's presentation.

A faculty workshop in the Cedar Room in the Student Union will be held on Thurs. at 4 p.m. to 5 p.m. discussing the issue of working with the IRB. The workshop will include information on the purpose and history of the IRB, the IRB reviewing process, reviewing categories, filing and application, and a time for a question and answer session. Further information is available by contacting Rick Miller.

The Pre-Health Professions Club will meet in the Bruner Hall of Science to elect officers for the year. All interested students should attend Thursday evening at 6 p.m. to 7:30 p.m.

The movie, "Tortilla Soup" will be presented Thursday evening, in honor of Hispanic Heritage Month by Phi Alpha Theta and the History Society. The movie will be held in Copeland Hall room 104 at 6 p.m.

Saturday, September 25, 2004 is UNK Family and Band day. The day will begin with a parade in downtown Kearney at 9 a.m. followed by a Family Barbeque at 11:15 a.m. in the Nebraska Student Union, tickets required. The day will end with the UNK vs. New Mexico Highlands football game at 1 p.m. on Foster Field.

Monday, September 27, 2004 pianist, Solon Pierce, will perform in the Fine Arts Recital Hall at 7:30 p.m. with featured piano solo works by Busoni, Poulenc, Balakirev and Ives. Further information provided by Dr. Nathan Buckner, 308.865.8608 or [bucknern@unk.edu](mailto:bucknern@unk.edu).

Also on Monday, there will be the Norris Scholarship Distinguished Lecture, featuring Karen L. Hunt, in the Nebraska Student Union, at 12 p.m. through 1:30 p.m., in the Great Room, and the UNK Homecoming Royalty Photo Shoot is on West Campus.

Glen Powell, the Director of Assessment, and Jeanne Butler, the Coordinator of Assessment will be discussing Preliminary NCA results related to assessment, UNK's initial response to NCA results, and UNK's future plans on Monday September 27, 2004. This presentation will be held in the Nebraska Student Union's Cedar room at 3:00 p.m.

The UNK chess club will meet Monday evening at 7 p.m. in the main entry of the Nebraska Student Union. Meetings for the club are held every Monday night in the Student Union for chess matches.

On Tuesday September 28, 2004 a session will be held in the Ockinga Auditorium for information on the Career Fair. The Fall Career Fair will be the held the week of October 5 on the UNL campus.

Tuesday afternoon in the Nebraska Student Union in room 312 (SKYBOX) is the Conversation Table. Starting at 4 p.m. this even is an opportunity to improve communication skills while meeting new people. This even will be held every Tuesday night through October except Fall Break. Further information can be found through Lisa Terry, 308.865.8830 or [terryl@unk.edu](mailto:terryl@unk.edu).

An opportunity for building and showing school spirit will be on Wednesday, September 29, 2004 in the Oak Room of the Nebraska Student Union. The event will begin at 5:30 p.m.

Applications for the Student Envoys are due Thursday, September 30, 2004. More information can be found through [envoyunk@hotmail.com](mailto:envoyunk@hotmail.com).

## RA's focus on crime prevention

by Stephanie Queen  
*Antelope Staff Writer*

Imagine waking up out of a sound sleep to the nightmare of a stranger standing over your bed.

Imagine coming home to your room and finding that your computer, cell phone, DVD player and television have all disappeared.

Imagine that you are a UNK student living in the resident halls and a victim of these crimes.

Crime prevention is simple. It is as easy as locking a door.

More than 95 percent of burglaries occur because of an unlocked door, Public Safety Director Michelle Hamaker said.

Stout Hall Resident Advisors Jamie Dusin and Amber Rolf wanted to raise safety awareness issues among their residents, so they took drastic measures. They decided to see how easy it was to break into a student's room. At 3 a.m. and 3 p.m. on Sept. 7, Dusin and Rolf checked the doors of all Stout Hall residents to find out which ones were locked. Their results were surprising.

"I was surprised at the amount of doors unlocked at 3 a.m.," Dusin, a junior from Phillipsburg, Kan., said.

Of the 40 occupied rooms in the building, only 24 doors were locked in the middle of the night, leaving 40 percent of the residents vulnerable to anyone wishing to enter their room.

Dusin said she's always terrified of someone entering her room.



*Photo by Jillian Hothan*

This could be your room!!!

"I get up three times a night to check to see if my door is unlocked," Dusin said.

She said, "I want to protect myself and my stuff."

The results from the afternoon checks were just as surprising, with 40 percent of the doors closed and locked, and 60 percent unlocked. 35 percent of those unlocked had a resident present, and 25 percent were simply closed and unlocked. Public Safety statistics reveal that there were 33 burglaries reported to campus authorities in 2003, and six forcible sexual assaults within a two block radius of the UNK campus in 2002.

Dusin and Rolf left

Lifesaver candies taped to the doorknob of each door that was locked and a brief note congratulating the resident on saving their life and belongings. "You have protected yourself and your belongings from burglars, rapists and any other strangers," the note read.

Erin Ostberg, a senior from Omaha, was one of the not-so-lucky residents who hadn't locked her door that night.

"I usually lock my door at night, but the one night I don't, they go around and check," she said. "It's frustrating."

Ostberg's note warned her of the things that could have happened to her if it hadn't been her RAs checking her door, and

instead a rapist or thief.

"It definitely makes you more aware," Ostberg said.

Dusin and Rolf made a chart of pie graphs illustrating their findings and posted it near the front doors of Stout for the residents to see.

"We wanted to see if it made a difference and caught anyone's attention," Rolf, a Fullerton junior, said.

While many thought the program was a good thing, they weren't so thrilled with the results.

"It wakes you up. I just don't think they should post the results by the front doors where everyone can see them," Micah Torgrimson, Stout resident, said.

## CLASSIFIEDS

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## THE BOTTOM LINE

## QUESTION: WHAT'S YOUR FAVORITE CATCH PHRASE?



**Eric Will**  
junior, Minden, NE

"Beards...they grow on you."



**Sonja Meyer, freshman,**  
Edgar, NE

"Don't take life too seriously, you'll never get out alive."



**Yves Gadjoro, freshman,**  
from West Africa

"It's all good."



**Anthony Wengler, freshman,**  
Giltner, NE

"Live for the moment."



# Athlete chooses UNK over other schools

by Lesley Crutcher  
*Antelope Sports Editor*

It's been a long road for James Rosenbaum but that road has once again led him to the University of Nebraska at Kearney. When Rosenbaum graduated from Elkhorn High School in 2000, he had every intention of spending the next four or five years in Kearney playing safety for the UNK football team. Rosenbaum had a stellar season starting as a true freshman. Despite missing two games due to injury, he managed to

rack up 55 tackles during the season, ranking him third on the team in that category. That season also held a memorable performance for Rosenbaum that included a career high 15 tackles in a last second 44-35 win against the Tigers of Fort Hays State. The success he earned at UNK led Rosenbaum to try his luck at the Division I level down the road in Lincoln in 2002. Unfortunately, his aspirations of playing for the Huskers were short-lived. He suffered a string of knee injuries, including a mass of

torn cartilage and a slight LCL tear. After his bout with season-ending injuries, Rosenbaum packed up again and headed home to Omaha in 2003. It was Rosenbaum's first year (in many years), in which playing football was not a part of his life. Despite being home and working for his father's company, Marathon Electric, and also helping coach freshman football alongside Coach Bob Preissler for his Elkhorn High School team, Rosenbaum felt that familiar football feeling tugging away at him. He made the deci-

sion to return for his last two seasons of eligibility at UNK. Since sitting out at UNO for one season and recovering from his injuries, Rosenbaum is eligible and looking forward to rejoining the UNK football family. The athlete said, "There are a lot of reasons I came back to UNK, but I just love it here. I love the coaches, the players, my buddies, and the atmosphere. I never should have left." Comparing UNK, UNO and UNL, Rosenbaum's favorite part about UNK is the family atmosphere. He said, "At UNK, you real-

ly get to know your coaches, your professors, your advisors one-on-one. At the other schools you're more of just a number." Despite the early season loss at UNO, when Rosenbaum collected an interception in the second quarter, he sees a bright future for the Lopers. "UNO is a good ball team but there were times where we made them look better than they really were, he said. "We didn't quite play at the level we should have but . . . we'll definitely bounce back and make a run at the playoffs." He considers in-state rival

Chadron State and fellow RMAC foe Mesa State to be two tough teams that could stand in the way of the playoffs. After this season is over, the football player's plans include wedding bells. He'll be married on May 28, 2005. Subsequently, he will return for his senior season of football next year and then graduate sometime in 2006. After graduating, Rosenbaum will return to Elkhorn where he will join his father at Marathon Electric, putting his degree in construction management to use by doing onsite building work.

# "Silent Hill" changing face of games

by Kentt Lutt  
*Antelope Entertainment Editor*

I am a huge fan of video games. One of my greatest gaming accomplishments was completing each of the four installments of the "Silent Hill" video game franchise. I also reached all the endings of each game, conquered every difficulty level thrown my way, and lost a large amount of sleep. However, it wasn't just my inner "geekiness" that made me play into the wee hours of the night. The "Silent Hill" series for the Playstation 2 and X-Box console systems has changed the way that players experience games. Over its young life of five years in the gaming industry, the Konami team behind the games has redefined the art of making video games. The series combines mature themes with scenes of unparalleled artistic beauty to create cinematic moments for the players. "Silent Hill" and its later sequels are centered in the town of (surprise!) Silent Hill. The town is heavily involved in cult rituals performed by the civilization that lived on the land hundreds of years before. Each character you control in the game must discover the reason why he or she has arrived in the town. And if this sounds like an easy task, you are sorely mistaken. The games are not for the weak or timid. They are labeled as

"survival-horror" titles.. In other words, the games are downright spooky and filled with gore. In 1999, Konami released "Silent Hill" for the Playstation. A cult hit, the game never achieved the greatness of the titles released under the "Resident Evil" name.Because of its arcade-style fighting and easy-to-follow story, "Resident Evil" stayed on top of the deeper, more intricate "Silent Hill." "Silent Hill 2" was released two years later on the Playstation 2 system. A sequel by name only, the game featured a new storyline loosely linked to the first in the series. "Silent Hill 2" received critical acclaim and praise from many publications for its incredible depth and use of the Playstation 2's graphics engine. "Silent Hill 3" added a new female protagonist, Heather, that was linked to the rituals buried in the town's history. "Silent Hill 4: The Room" is the newest in the series, and it features some of the most detailed graphics found on any console system to date. In each game, the action is split evenly with what many players refer to as "CG's," or computer graphics cut scenes. These cut scenes are meshed smoothly with the game play, and often a battle or special event triggers them as you are controlling your character. The inclusion of these scenes begins to blur the line between game and movie. The series contains an incredible clash of love and dis-

gust as you play through each title. In one section of "Silent Hill 4," your character's friend is found murdered in a subway station. As the screen focuses in on her body, you can't help but feel both sick and bedazzled by the incredible camera work. It pans slowly towards the fallen friend, somehow avoiding the excess gore but allowing you to understand it's there. The music heard in all of the "Silent Hill" installments will stick with you forever. Much of the music is of an ambient nature, but some of it has a true alternative rock sound. When a powerful scene is matched with an equally powerful song, the results are incredible. The games play with your emotions and tug at your heart. Never before have I felt such an attachment to games before, simply because of the music found in "Silent Hill" games. It is because of these cinematic qualities that "Silent Hill" and its sequels have become such milestones in gaming history. Their graphics, characters, music, cut scenes, and most everything in the game-play proves the point that movies have a run for their money in the future. As Konami has discovered with "Silent Hill," getting personal with the player himself makes a video game experience unforgettable. For more information on "Silent Hill" and Konami, visit their website at [www.konami.com](http://www.konami.com).

## READERS' OPINIONS

Dear Editor,  
Mr. Gene Maddux joined the faculty in the Department of History in 1984. He then joined the faculty in the Department of Biology in 1987. Gene began his 18th year in biology as he had every other year; with genuine enthusiasm and anticipation. He loved teaching. To Gene, there was nothing more invigorating in the

fall than that full classroom of first year students. Gene taught General Biology 103 and Zoology 107, focusing largely on the laboratory experience. Gene understood the old Chinese proverb, "I hear and I forget. I see and I remember. I do and I understand." His laboratories were just that: environments in which students experimented, tested and made discoveries. More often than that, the dis-

coveries were of personal enlightenment as much as they were of some key principle in Biology. Gene had special insight when it came to understanding students. They, in turn, trusted him and knew they could depend on him. He was unfailingly polite. He addressed everyone, students and faculty alike, as "Ma'am" or "Sir". When I first came to UNK and met Gene, I tried to dissuade him from this and asked him to simply call me Charlie. It couldn't be done and I soon learned that this politeness and attention to courteous discourse was Gene's calling card, his hallmark.

He possessed that special ability to communicate well with everyone. He promoted understanding the balance between content in biology and the processes that have led to our level of knowledge today. Gene was a reader and a true academic. He read voraciously in history as well as the sciences and he possessed a keen sense of the connection between the past and the present. Students and faculty alike appreciated Gene's dry wit. However, his sense of professionalism and courtesy never discouraged him from the occasional, and appropriate, barb. Many times, Gene would stop by my office in the morning and say, "Uh, good morning, Sir. Say, I ran across this article on (fill in the blank...cattle grazing, genetic engineering, Galileo) and thought you might be interested in it." I'd have a look later that day and realize that what Gene had passed along to me fit precisely with some conversation we had perhaps days earlier. Sometimes the connections were direct and sometimes they were quite oblique. Regardless, Gene had made me think. Mr. Gene Maddux will be missed. He'll be missed by his family, by his friends and colleagues, and certainly by his students. He was a sweet man, a gentle man, yet a very strong man He had a fine sense of abilities and the fashion in which he could use his talents. His legacy is in the students who have passed through his classroom. As I've said, he loved teaching.

Charlie Bicak  
Dept. of Biology

THE ANTELOPE

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# Pane Bello; a friendly atmosphere



Photo by Zach Houdek

Pane Bello offers a wide selection of breads and other food.

by Jenni Epley

*Antelope Entertainment Columnist*

Eating at a new restaurant for the first time can result in developing a new favorite or an unimpressive experience. When it comes to college students, let's face it. Money is scarce and food is a necessity.

The pizza delivery guy is frequently on campus, but students aren't always satisfied with pepperoni, cheese and grease. Eating the same burgers and pizza over and over again can result in fast food overload.

Freshmen are also very aware of the looming "Freshmen 15" when it comes to making their breakfast, lunch and dinner decisions. Taking the risk of venturing outside the cafeteria or Chartwells had better result in good food for a good price.

Pane Bello, located at 5004 Second Ave., provides a pleasing, student-friendly atmosphere. It also has delicious food, desserts and blended drinks. Pane Bello means "beautiful bread" in Italian and many of their entrees include the appealing pane bread.

According to the Kearney City Congress, the restaurant opened on Nov. 22, 2004 and had a successful open house in early April of 2004.

Pane Bello specializes in pane sandwiches, flatbread pizza, pasta, gourmet soups, sal-

ads, breakfast items (including their most popular breakfast item, cinnamon rolls), desserts, coffee and blended fruit drinks. Pane Bello's sandwiches are the most popular entree, cheesecake is the most popular dessert and strawberry is the most popular blended drink flavor available to customers.

"There is only one Pane Bello, but we're looking into opening more Pane Bellos in larger cities and possibly malls," Eric Hellriegel, managing partner at Pane Bello, said.

By being privately owned and having a small number of investors, Pane Bello is able to make their own decisions regarding food, price and future Pane Bello locations. Eric Hellriegel and his partners chose Kearney for its thriving economic status and for the available location across from the mall. It's also in an area of town that is flourishing with new businesses and restaurants.

Pane Bello offers students a relaxing atmosphere with lush chairs and lots of room to study. It includes free DSL access, soft lighting and plenty of appealing sites and smells. Paintings of the different types of food Pane Bello has to offer decorate the walls. While soft music plays in the background, the aroma of coffee, warm bread and soups take you away from your busy day and into a relaxing bistro.

Also, if you miss your

mom's home cooking, Pane Bello bakes their own bread and offers numerous entrees that have a home-cooked taste.

"I enjoy eating at Pane Bello because they have a variety of foods that no other eating establishment in Kearney offers. I like to watch what I eat and their selection allows me to choose healthier foods, Irish Macumber, Gordon senior, said.

Pane Bello doesn't target a specific audience, but still accommodates some special interests.

"We follow trends and offer a health conscious menu, including salads," Hellriegel said.

Pane Bello is featured in the Campus Cash coupon booklet. The establishment also wants to invite students to Pane Bello to take advantage of its student special lunch deal, which includes an 8 inch pizza and a drink for \$2.99.

If you don't have time to come in and enjoy the quiet atmosphere, you can always take advantage of the drive-thru or takeout specials Pane Bello offers.

Pane Bello is open seven days a week, Monday through Friday 6:30a.m.-9:00p.m., Saturday 7:00a.m.-9:00p.m., and Sunday 7:30a.m.-9:00p.m. Breakfast items are served all day. Stop in anytime and experience something new and unique to Kearney.



Photo by Zach Houdek

Eric Hellriegel holds up some of his newly-made bread. Hellriegel is proud to run the only Pane Bello, located in Kearney. He hopes more Pane Bellos will open in the future. Until then, he continues to provide a friendly store for students to eat at.

## "Sky Captain" a sky-high smash

by Brittany Thalls

*Antelope Entertainment Columnist*

The world may be coming to an end!

Who can save the planet from complete destruction?

Why, Sky Captain can, of course!

He's the only man that can stop the robots, neutralize enemy threats and save millions of innocent people from getting killed - all the while toting around the beautiful yet troublesome news reporter Polly Perkins.

The overall feel of "Sky Captain and the World of Tomorrow" cannot help but stir up some 1930s cheesiness in any appreciative audience.

The film opens in New York with a larger-than-life aircraft docking at the top of the Empire State Building. We then see an old scientist sending off an urgent message that he is being followed and fears for his life.

Flash to Polly Perkins, played by Gwyneth Paltrow, a meddlesome news reporter. She is researching the disappearances of this scientist along with five others who have turned up missing. She receives an anonymous note stating that there will be one more disappearance, plus a ticket to a movie at Radio City Music Hall.

The man that meets her there is an old colleague of the six missing scientists. He gives her sketchy clues about an old project that they all worked on after World War I. He then says that he is the only one left and that Dr. Totenkopf, a fellow scientist gone bad, is after him.

The first round of fighter robots hits the city following this brief meeting, and Perkins risks life and limb to capture the creatures on film.

Enter Jude Law, the dash-

ing ace pilot Joe "Sky Captain" Sullivan.

Joe manages to stop the attack, and the robots fly from the city. Thus begins the adventure of the Sky Captain and his band of heroes as they seek the villainous Dr. Totenkopf.

"Sky Captain and the World of Tomorrow" opened last Friday as the number one new film in theaters. It earned an estimated \$16.2 million at the box office.

The movie holds major interest because of its unorthodox production design and overall nostalgic quality. The entire film was shot before a blue screen. All of the backgrounds and nearly all of the props in the movie are computer generated, or CG for short. Even in a scene in which Law and Paltrow are taking a simple drive in a car, the only real things there are the actors and the steering wheel. As for nostalgia, you cannot get much more authentic than the appearance of an old sepia-tone, colorized film with over-the-top storylines, heroes and dialogue.

The first portion of the movie, audiences may find themselves trying to hone in on the CG graphics versus the real-life props in the film. As the movie progresses, it becomes glaringly obvious that you just cannot tell which is which. It is much easier to just sit back and enjoy the show.

Jude Law delivers another great performance as the Sky Captain, and audiences going to the movie for his performance will not be disappointed. Keep in mind, though, this film is less about ground breaking performances and more about the special effects, so the drama is kept to a minimum. Don't expect a "Cold Mountain" performance from him in this film. He is still Jude Law, however, and plays the role of the dashing pilot to a

tee, complete with that suave, confident style viewers have come to expect from the actor.

Gwyneth Paltrow's character, Polly, was far less interesting than the others in the film. She is a stereotypical nosy reporter. Needless to say, there's not a whole lot of concern when she goes back into a dynamite-filled burning room after she has dropped her camera - again.

The thought that might go through your mind is something along the lines of, "So what?"

The one source of interest in her character is the fact that she and the Sky Captain were in a relationship in the past. From their constant badgering of one another, it is obvious that it did not end well.

Angelina Jolie has a very small role as Frank Cook, the captain of a fleet of mobile airstrips that is always there for Joe when he needs her. As it turns out, she is part of the reason that Polly and Joe split up, because she and Joe had a short relationship. Relax, though, no steamy love scenes in this movie. The romantic problems of the trio are mainly for comical purposes.

Giovanni Ribisi of "Cold Mountain" and "Gone in Sixty Seconds" fame delivers a creative performance as Dex Dearborn, Joe's gadget-obsessed friend. The inventions of this comic book nerd save lives time and again in the film. His character is witty and interesting, with one-liners like "Shazaam!" and an ironic "Glad to see we're all getting along," gaining many a chuckle from the audience.

Overall, the film is worth seeing. In addition to cutting-edge special effects, it has all the elements of an entertaining movie, including action, love, big-name actors and terrific dialogue that will have you laughing out loud.

## Hear ye!

## Hear ye!

## Hear ye???

Come check out these great music acts coming to the Kearney community:

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**Phil Hastings**

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15 West 23rd Street

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Sept. 24, 10 p.m.-1 a.m.

**Maxwell's Lounge**

301 Second Avenue

**3D In Your Face**

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**Thunderhead Brewing**

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**Stumble**

Sept. 23, 9 p.m.-12 a.m.

**Thunderhead Brewing**

18 East 21st Street

**Kingfish**

Sept. 24, 9 p.m.-12 a.m.



# Loper volleyball continues winning streak

by Brandon Carlson  
*Antelope Staff Writer*

For the first time, the Loper women’s volleyball team graced the UNK Health and Sports Center atop the nation’s Division II pedestal. The women of Kearney returned home Friday night with the swagger and bragging rights of the best volleyball team in the game as a result of victories in Hawaii and Denver earlier this week.

Their opponent to beat amidst a season high attendance of 1,117 fans was the 4-7 Ranchers of Regis University. Not surprisingly, the Loper faithful cleared the stands at the end of the night fully satisfied with yet another sweep dished out at the hands of the Loper women. The final score of the match was 30-17, 30-25, 30-23, extending Nebraska-Kearney’s record to 13-0.

The opening set’s 13-point margin differential is a clear indication that the ladies of Kearney entered the match with much of the same dominance they’ve executed in prior matches. Taking the first five points of the game and then expanding that lead to 14 points with some intense hitting, the Lopers were clearly setting the tone that they wanted for the remainder of the match.

Despite polishing off the first set 30-17, things developed in a somewhat sloppy fashion throughout the ensuing frames. The two scores were still very decisive though at 30-25 and 30-23, but the points didn’t unfold in the way they normally do.

Rather than the Lopers taking a commanding lead from the

very outset of the second game, it was the Ranchers who made their presence known on the scoreboard. The ladies of Regis won the first point of the set and matched nearly every following point that the Lopers won.

The movement of the Lady Lopers appeared considerably slower and much more sluggish compared to their first set performance. The ball sets were too low, which left the players

## Lopers faithfully cleared the stands at the end of the night, fully satisfied with yet another sweep dished out at the hands of the Loper women.

resorting to more finesse tips rather than highly charged spikes. When they did have a chance at a good set, their timing was off just enough to create repeated errors into the net and out-of-bounds. Moreover, the Ranchers became much more aggressive on the defensive end. Their diving saves, in and out of the field of play, combined with several blocks at the net seemed to chip away at the Lopers’ confidence. The

struggle was agitating enough that the Lopers were forced to call a timeout at 11 all in order to regroup and reconfigure their playing tactics.

The timeout scheme seemed to work as the lady Lopers managed to take a 16-14 lead. However, it was at this juncture of the set that the Ranchers stunned everyone by winning five straight points, thus taking a three-point lead. The Regis spurt didn’t last long, though, due in part to Erin Brosz, who fired in a pair of kills, and Samantha Harvey, who made a crucial block. The block by Harvey put the Lopers back into the lead, 21-20, and helped the team finally separate themselves from their opponent to a second set victory.

The third set developed quite similarly to the previous one with the Ranchers answering each Loper point and taking a one-point lead at 15-14. But the women of Kearney-Nebraska maintained their composure and eventually jumped out to a comfortable lead. At match point, the Lopers appeared to have sealed the victory as the Ranchers hit the ball long, but a long discussion amongst the officiating crew left the crowd waiting with much anticipation for a confirmation to celebrate. The announcement was finally made that the point had indeed been assessed to the Lopers, and the set was over at 30-23.

The UNK team was led by Erin Gudmundson, who had 18 kills and threes errors on 29 attempts, giving her a .517 hitting percentage.

Overall, the team held a mark of .293 hitting efficiency, which is just slightly below their season average.

# Loper football victorious over Western State

by Ryan Schmidt  
*Antelope Staff Writer*

The Loper football team earned themselves a victory over Western State last Saturday.

The Lopers played well on both sides of the ball, scoring 27 points on offense and holding Western State to seven points on defense. They jumped out to a 14-0 lead in the first quarter and never looked back.

The Loper defense had somewhat of a task as they faced an experienced offensive backfield. Western State’s running back, Chaumont Bouknight led the RMAC in rushing last season with 1,543 yards. Western’s Nate Baca is an experienced senior quarterback who has played many tough teams in his career. However, these two were not enough to overcome the power of the Loper defense.

The Lopers had a good defensive stand on Western State’s first possession of the game. Western State was unable to get anything going on their first possession as the Lopers held their ground and forced them to punt. Western State did not help themselves out on this possession as they were penalized twice for false starts. This defensive stand, combined with the penalties, gave the Lopers good field position after Western State

was forced to punt. The Lopers marched 46 yards down the field and eventually scored on a 5-yard pass from Kearney senior Eric Perry to Lincoln junior Richie Ross. The Lopers were able to score again with two seconds left in the first quarter on a 2-yard run by Colo. senior Mike Miller.

The Lopers were able to add to their lead in the second quarter with a 2-yard touchdown run by Colo. junior Steve Bremmer. The wind gave UNK kicker Jessup Pfeifer a little trouble as he was unable to tack on the extra point. The Loper defense held strong again in the second quarter, shutting Western State out in the first half. It seemed that the only way Western State was able to gain any yards was by pass-interference calls. After a somewhat questionable pass-interference call on the Lopers, Western State looked to score with twenty-one seconds left in the half. The Loper defense held strong on their goal line. Grand Island junior Jared Goodwin got through for a sack and the defense eventually forced Western State to attempt a field goal. The field goal was blocked by Plainview junior James Poynter and the Lopers sent Western State to their locker room with no points on the board. The Lopers dominated Western State in the first half, gaining 223 yards of total offense and holding Western State to 101.

The second half was not quite as prosperous for the Lopers.

They were unable to score in the third quarter and Western State was finally able to put seven points on the board with a 1-yard touchdown run by Chaumont Bouknight on fourth down. These would be the only points the Loper defense would allow, however. Western State tried to score midway through the fourth, but Gretna junior Dan Ostransky was able to push his way through Western State’s offensive line and stuff the runner on both third and fourth down. On Western State’s next possession, Jared Goodwin intercepted a pass deflected by Denver junior Byrone Bell, who also had an interception off of a deflected pass in the third quarter. This interception gave the Loper offense another opportunity to score. They were able to drive 47 yards and cap off the drive with a 2-yard touchdown scamper by Steve Bremmer, his second of the game.

Colo. senior Jared Butts and Danny Ostransky led the Loper defense with six tackles apiece while Byrone Bell and Jared Goodwin each had one interception. Eric Perry passed for 169 yards and one touchdown. Richie Ross had five receptions for 71 yards and one touchdown. Mike Miller led the rushing attack with 22 carries for 83 yards and one touchdown.

This victory puts the Lopers at 2-2 for the season and 1-0 in the RMAC. The Lopers will look for another victory in their game against N.M. Highlands on September 25th.

## Disc golfing gaining popularity

by Rebecca Bunger  
*Antelope Staff Writer*

Disc golfing is a sport that is quickly catching on in Nebraska. Courses are going up all over the state, including three in Kearney: Centennial Park, Cottonmill Park and Sunrise Middle School all have courses that are available to the public. Sunrise also uses their course for physical education classes.

The courses in town are trying to expand the sport by holding tournaments at Centennial Park every Thursday at 6 p.m. and every Sunday at 3p.m. at Cottonmill.

Brian Peterson, a lab technician in the UNK biology department, is cofounder of these tournaments. “We’re trying to give back to the community, to the kids that spend their time out on the courses,” he said.

“These tournaments are a great way to develop skills,” Peterson added.

Teams are drawn randomly, pairing an advanced player with either a beginner or intermediate player. The cost is only \$2, making it reasonable for almost anyone to play. Peterson also said middle school students occasionally play, sometimes bringing their mothers with them to play as well. The tournament is open to anyone interested, with no age limitations. The top two to three teams, depending upon the number of teams competing, are paid out in disc golfing equipment.

To find out where courses are and when tournaments are scheduled, check out [www.nebdisc.com](http://www.nebdisc.com). website that helps support the sport of disc golfing.



Photo by Blake Mullanix

Disc golfer fires one towards the goal



Photo by Steph Fielder

UNK athletic trainers prepare players for football practice by taping ankles

## UNK athletic trainers; unsung heroes of athletic department

by S.J. Munoz  
*Antelope Staff Writer*

All fans have their favorite athlete whom they wish that they could be like.

But what most fans do not realize is that there are certain people who make what the athletes do a possibility.

No, I’m not referring to the coaches. I’m talking about the team’s athletic trainers.

These men and women do a lot that goes without recognition in order for the athletes to be able to perform at their highest level. Not only do the trainers help players battle through injuries, but they also try to prevent them from happening. There is a long list of other jobs the trainers do along with what they do during the games.

This is what a UNK trainer’s day is typically like. Every morning the trainers do rehabil-

itation with all of the injured athletes. In the afternoons they do pre-practice preparations. This is everything from taping players’ ankles to giving them any treatment that they would need. After that, the trainers then go to practice with the team so that they can be there to attend any injuries that may occur. Finally, the trainers give treatment to the players after practice. Along with all of this, they help to keep the players hydrated during practice as well as during the games.

According to the head athletic trainer Bill Murphy, the main duties of the trainers here at UNK are prevention, care, treatment and rehabilitation of injuries.

What a lot of people do not realize is that the trainers are one of the most, if not the most important, part of a team.

Kendrick Percell, junior from Miami, said, “The trainers are always ready to assist me and my injury. They’re always wanting an update and want input on how they can better help the athletes.”

Murphy said, “Before the football game against the University of Nebraska-Omaha quarterback Casey Samuelson was receiving treatment from the trainers three times a week.”

This is just one example of how important the trainers are to the team.

Without their help in this situation Samuelson would not have been able to play. If not for the trainers the Lopers would have been without their starting quarterback for the first game of the season. Murphy said, “This is a behind-the-scenes kind of job. You don’t come into this profession looking for a lot of

credit.”

He also said that it is a job that gives him satisfaction.

The UNK athletic training staff is headed by Murphy, who received a bachelor’s degree in athletic training from the University of Nebraska-Lincoln and a masters from UNK. He is in his 12th year at UNK and has been the head athletic trainer since 1998.

Murphy started at UNK in 1992 as a graduate assistant, serving from 1994 to 1996 until he became the associate head. Other members of the training staff are Aaron Leu and Kathy English, who are the assistant trainers. Along with the staff there are several graduate assistants who help the athletes.

“The best part about my job is the relationships that I have built with the players,” Murphy said.



# Cabela's store offers more

by Kelly Hickman

Antelope Entertainment Columnist

As the warm summer weather begins to wind down and the cool fall air approaches quickly, it is all too easy for college students to feel at a loss for something to do.

But as many Nebraskans are familiar with, fall doesn't only bring changes in the weather, but hunting season as well. Cabela's in Kearney might be just the place to visit to take care of two birds with one stone.

Located on East Highway 30, Cabela's, a retail store geared at outdoor life - hunting, fishing, camping and almost every other genre of outdoor pastimes imaginable - proves to be a functional and entertaining

attraction right here in Kearney. Not only does the store keep outdoorsmen outfitted and equipped with the very latest, but there are also some surprising products and displays to take in as well.

Those of us who are familiar with Cabela's are aware of the great selection of gear that it carries to outfit the great outdoorsmen (and women). But this retailer has come a long way from being all about calls and camouflage, and now includes a huge selection of merchandise with something for everyone.

And there may be things Cabela's carries that you never realized and therefore never considered when making your

purchase. For example, with the popularity of paintball growing, Cabela's now carries a fairly large stock of paintball guns and accessories. For those who aren't interested in outdoor gear, Cabela's carries home items such as scented candles, home décor, jewelry and even lotions.

They have a great selection of jackets, jeans, socks, hats, shoes and other apparel items for women, men and children. With many friendly employees ready to assist you, Cabela's takes the hassle out of finding the item that is right for you. The store even features a fudge shop. Other items include soaps and lotions, candles and more edible treats.

On top of all this the store features the wildlife displays. When you first enter the Cabela's store, you are greeted by a bear, mountain lions and other preserved animals. Throughout the store there are all types of game, from massive fish to fantastic fowl. Several displays even show these animals as they would interact in nature. Cabela's showroom also features a large aquarium stocked with live fish, many of which are found naturally here in Nebraska.

Cabela's is located at 3600 East Highway 30 in Kearney. The store is open Monday through Saturday from 8 a.m. to 8 p.m. and on Sundays from 10 a.m. to 6 p.m.



Photo by Jamie Knuth

The wildlife displays at Cabela's show animals in action.

## Soprano sings with soul and emotion

by Molly Mitchell

Antelope Entertainment Columnist

UNK faculty Anne Foradori, Valerie Cisler and Ting-Lan Chen made up the ensemble that performed Monday night at the UNK Fine Arts Recital Hall. It was the third performance in a series of performances for the UNK Concerts-on-the-Platte.

Foradori, a soprano and an Associate Professor of Voice at UNK, was the vocalist for this trio. Valerie Cisler was the pianist for the trio and is currently the Chair of the Department of Music and Performing arts, as well as a Professor of Piano and Piano Pedagogy. Ting-Lan Chen com-

pleted the trio with her beautiful violin accompaniment. Chen performed with the two professors in the opening piece, and then retired backstage. Chen is an Assistant Professor of Strings and the newest member of the UNK faculty. This unbelievably talented group of women delivered a flawless performance.

The majority of the pieces played were in German, and the others were in either French or English. The artists performed pieces by composers such as Deanna Walker, Francis Poulenc, Ludwig Van Beethoven and Franz Schubert.

The general consensus of the crowd was that the perfor-

mances were energetic, exciting and that the ladies expressed pure enjoyment and grace throughout the evening. There was a dynamic pace to the performances.

The vocalist, Foradori really shined in this performance. She is a very experienced and accomplished artist who made the rafters of the Fine Arts Recital Hall quiver with her powerful voice.

The soprano has performed throughout parts of the Midwest as well as London.

She holds a D.M.A. in Vocal Performance from Ohio State University, and M.M. and B.M. degrees from The Cleveland Institute of Music and Ohio University. Valerie Cisler was magnificent as well.

Her performance was light and elegant, a beautiful accompaniment. Cisler is an accomplished performer, who has performed all over the United

States and beyond. She holds a D.M.A. in Piano Performance and Pedagogy from the University of Oklahoma.

These women made a mark on the audience during this performance, as well as outside the recital hall.

"Foradori is there for her students and she'd do anything for us.

The Fine Arts building is blessed to have her as one of the faculty members," Jenna Johannsen, a student of Foradori's, said.

A very interesting part of this performance was that translations were provided for the audience, so the students could follow along with the performances in German and French.

The Concerts-on-the-Platte will continue until April 18th, 2005, and the Fourth UNK New Music Festival will be held March 28th and 29th, 2005 in the Fine Arts Recital Hall.



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# UNK men’s and women’s tennis open fall season at Hastings College

by Justin Kerchal  
Antelope Staff Writer

Loper tennis opens season off by Justin E. Kerchal Antelope Sports Staff  
New head tennis Coach Jesse Plote launched the tennis season after arriving this summer at the University of Nebraska at Kearney. Plote came to UNK from the University of Wisconsin at Eau Claire, where he was the assistant tennis coach. The coaching position became available after Patrick Fischer left last spring. UNK men and women's tennis took on the Hastings Broncos on Saturday at Hastings. This was the first fall individual match for the Lopers. In singles action, the Lopers

held the Broncos to only six points. At No. 1 and two singles, William Jacome, a sophomore from Miami, and Camilo Andres Espinosa, a newcomer from Colombia, dominated over their opponents. Jacome defeated Comron Yadzgerdi, 6-0, 6-0. Espinosa, defeated Paco Fernandez 6-1, 6-0 Plote said, “We were a little nervous since it was our first match of the year, but I’m really excited how we really came together as a team.”

In men's doubles, the top team of Jacome and Colombia sophomore Jorge Ramos defeated the Bronco doubles team of Martinez and Yadzgerdi, 8-0.

The women also had a very good day at Hastings. “The women struggled a lot last year, so this match was great for

them,” said Plote, commenting on the Hastings match. Bianca Haessler, a senior from North Platte, dominated in the No.1 singles and also the No.2 doubles. She defeated Marie Pylypczuk, 6-2, 6-1 in singles and teamed with Brook Carpenter to defeat the Bronco's Tassie Herrick and Carri Brandt, 6-3, 6-3. Coach Plote Said, “It was a really good way to start the season; everyone has been working really hard and it's a great confidence builder to win.” UNK tennis has a tough schedule ahead of them. The women have two matches this weekend at Fort Hays. The men's tennis team will travel to Maryville, Mo., for an International Tennis Association tournament.



Photo by Stephanie Fielder

Tennis player gets ready to receive her opponent’s serve.

# Freshmen pace cross country

by Lesley Crutcher  
Antelope Sports Staff

Ever since their debut at the UNK Alumni Open, the freshman class of the UNK Cross Country team has been putting up impressive marks. With the help of one of the largest recruiting classes in years, which includes 15 freshmen, the team has made a good showing in its last two outings, including the Alumni Open and the EROS-Augustana Invitational last week in Sioux Falls, S.D.

On the women’s side, Alma freshman Adrian Robinson has continued to set the pace for the team after a first-place performance in the mile (5:31) at the Alumni Open here in Kearney and a fifth place in the University 5K (20:51.60) at Augustana. In her win at the Alumni Open, Robinson just edged Wyoming senior Laura Emmerich (5:32), who finished tenth in the 5K (21:30.40) at the Augustana Invite.

Freshman also finishing in the top five were Kellie Nevins

(5:47) of Wyoming and Anne McGovern (5:51) of Grand Island behind Lincoln junior Andrea Herndon (5:41). Rounding out the top 20 finishers at the Augustana Invite were Kearney freshman Jordan Pallas (15th/22:09.55), Imperial freshman Michelle Dill (17th/22:12.60), Sydney freshman BrenDee Brauer (19th/22:21.70), and Grand Island freshman Anne McGovern (20th/22:23.25). The UNK women scored 66 points among seven teams to place third.

The freshmen on the men’s side were equally as impressive. At the UNK Alumni Open, finishing second and third behind Kearney junior Luke Garringer (4:25) were fellow Kearney High graduate freshman Brock Steinbrink (4:32) and Colorado freshman Justin Zahller (4:47). Kearney senior Nolan Little placed fourth (4:48) with McCook junior Jason Relph, Potter junior Dan Huffman and Morrill freshman Kiki Rodriguez tied for fifth (4:49). At the Augustana Invite in Sioux Falls the freshmen led the

way with Brock Steinbrink cracking the top 20 (29:47.90). The next three placers were all freshman, including Kiki Rodriguez (29:59.75), Zane Peterson of Ogallala (30:24.20), and Justin Zahller (30:26.40).

The men tallied 119 points to place them fifth out of eight teams.

This past Friday, the both the men’s and women’s team participated in the Woody Greeno Invitational in Lincoln.

Kiki Rodriguez led the Loper men with a 29th place finish in the 8K with a time of 27:19. The next closest Loper was Jason Relph in 42nd place with a time of 27:41. The men finished 14th out of 28 teams.

On the women’s side, once again freshman Adrian Robinson turned in a top-20 time of 23:43 in the 6K. The next two Lopers were Laura Emmerich (36th/24:39) and Jordan Pallas (29th/24:42). The women finished in an impressive 7th place out of 28 teams.

The Lopers next stop is the Dean White Invite in Crete, Neb. on September 25.

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September 04



## Gold Torch weekend gives students the chance to network with female alumni

From *Gold Torch*, page 1

ketting major from North Platte, said, "Gold Torch Society is an awesome opportunity to network with successful women and to gain a wealth of knowledge I could never get in the classroom."

Howard agreed.

"We had an exceptional group of students and alums this year. It's wonderful to see alums come from across the country for this event. It truly shows that they care about the women of the future," she said.

UNK Alum, JoAnn Scott, director of NCAA, high school and Division I conference relations for NIKE, was the keynote speaker. Her theme was "Live in the Present." She stressed five main points in her discussion: examine your possibilities; find a mentor; there will be many challenges in your life so don't play the victim; support other women; and always keep learning.

Wiebelhaus said, "These five points that JoAnn stressed really put things into perspective for me. They gave me something to think about and I believe that her advice will lead me in my path to success."

"It was amazing to spend the weekend with such wonderful, talented and successful women.

Their expertise, knowledge and words of wisdom were very helpful and I will remember this wonderful experience throughout my future endeavors," Wiebelhaus said.

UNK alumus Dwann Holmes-Olson, president and C.E.O. of D&C Multimedia Inc., said image is everything.

"First impressions really go a long way." Tammy Moerer-Urdahl, alum from Fort Calhoun, also stressed the importance of first impressions.

"Your smile is everything, it gives you confidence and it makes you comfortable," Urdahl said.

A few tips suggested by Urdahl were to ask open-minded questions, to listen twice as much as you talk and to respond enthusiastically.

Howard is pleased by the whole event.

"Something I always look forward to is watching the students grow from this experience and seeing their success in the present as well as the future," she said.

"I think this was a very successful year. There were a lot of good connections that were formed between the alums and the students. A lot of learning and fun took place over the weekend," Howard said.

She said, "My favorite part of the whole weekend was being able to look across the room and to see the alums and students talking, networking, and even laughing. Knowing that lasting relationships were being formed this weekend was a wonderful feeling."

by **Silvia Martinez**  
*Antelope Staff Writer*

The Hispanic Student Association on campus kicked off "Hispanic Heritage Month," which runs from Sept. 15 through Oct. 15, with a piñata breaking event in the Nebraskan Student Union.

Seven Latin American countries including Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, Mexico and Chile, celebrate their independence during this time.

The United States dedicates this month to honor the Hispanic cultures, achievements, history and heritage with festivals, parades and spe-

cial events.

Dr. Samuel López, assistant professor of education and advisor of the association, said that Hispanic Heritage Month is the time to celebrate the many achievements and contributions that Hispanics have made in this country.

Manny Andazola, co-president of the organization, thought they had a good turnout at the piñata breaking.

"People are very open," he said.

Andazola said, "The university in general is open to our activities. Swinging a bat to break the piñata in the Union is not the safest thing but we were still allowed to do it."

A movie night was another

activity planned by the organization. A movie called "La Ciudad" (The City), by David Riker, portrays the hardships immigrants have had to go through before and after crossing the border to the United States.

José Perea and Manny Andazola, both presidents of the association and both longtime friends from Grand Island, followed the film with a discussion.

Issues of immigration, documentation, discrimination and prejudice were part of the discussion.

A small audience of about 15 persons, mostly Hispanics, asked questions about and commented on the movie.

The touching and personal experiences that were shared in the discussion brought tears to the eyes of some participants.

Andazola agreed that it is important for people not to be open-minded and to recognize that not just Hispanics, but immigrants from other nationalities went through hard times to achieve their dreams.

Dr. Samuel López, said the movie had an important message.

"People get the idea of why people leave their home country to come here," he said.

"We need to get more people from the community to actually learn what we are about."

The association is planning

more activities to promote cultural awareness.

Another movie night, dance lessons and more fundraising are some of the upcoming events, running until Oct. 15.

Andazola stressed that the organization expects to give people the knowledge about their culture and heritage.

"I am grateful the month exists. This month gives us a chance to represent ourselves on campus," he said.

Perea added, "This month is . . . to teach other people about our culture, values and where we come from."

López said that he expects his students "to willingly show their pride and accomplishments."

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