Eat, drink, learn

Chemistry of Wine attendees sample wines and discuss analysis at UNK

BY KARRI THUNKER

ANTELOPE STAFF WRITER

The Chemistry of Wine was presented by the UNK Chemistry Department and the Nebraska Local Section of the American Chemical Society recently in the Nebraska Student Union Cedar Room.

The seminar included an overview of wine and wine making and detailed descriptions of the chemical composition of grapes and wine. Laboratory methods for analysis of grapes and wines, sensory and organoleptic methods used for wine, the role of tannin and other phenolic compounds in wine, and some potential health aspects of wine were also discussed.

Speaker of the seminar was Dr. J. Ernest Simpson.

Dr. Simpson joined the Chemistry Department at California State Polytechnic University, Pomona, in 1968 after completing his B.S., M.S., and Ph.D. in organic chemistry at the University of New Mexico. His research interests and publications are in the areas of polycyclic aromatic hydrocarbons, Carbon-13-labeled compounds, and phenolic compounds, especially in grapes and wine.

We had 29 attendees and we sampled a variety of wines, from chablis to cabernet to port and everything in between, chemistry Professor Michael D. Mosher said.

The owner of a winery near Lexington also was among the attendees. He brought two of his award-winning wines for us to sample as well.

At the seminar, during a component analysis the audience was given a reference wine sample with known levels of components such as acid, sugar, alcohol, and so on, and then "unknown" samples in which one or more components had been increased by a known increment. During a varietal analysis, a representative number of white and red wines were compared.

While everyone had their own wines made by Quady, a winery in audience. California, Mosher said.

about the chemistry behind wine odor, University, Lincoln. color, and flavor, Mosher said. ìHis last visit was eight years ago, when we hosted

him in Lincoln. The Nebraska Local section brings in three a year. Thenext speaker is Carleton B. Moore from Arizona State University.

Moon's Surface.

The date of that talk is Friday, Nov. 12 state, Mosher said. in Lincoln on Nebraska Wesleyan's cam-

chemistry of wine was quite a pleasant surety, with over 150,000 members. prise, Mosher said. Everyone seemed to enjoy themselves. I had numerous com- research through scholarly publishing, sci-

The title of the talk is The Chemistry of the are located in Lincoln and the tri-cities, we do have members from every corner of the

Chartered by the U.S. Congress in 1876, the American Chemical Society The number of people interested in the (ACS) is the world's largest scientific soci-

ACS advances knowledge and



PHOTO BY JILLIAN HOTHAN

The places are set for a bit of wine tasting and relaxation.

across the state of Nebraska. The Local contributing to the economy. Section territory covers the entire state of speakers on a regular basis, at least two to Nebraska, with the exception of the City of Omaha and several surrounding counties.

While the majority of our members

favorite, I was particularly fond of the ments after the meeting about hosting entific conferences, information resources Meridian cabernet and one of the dessert more talks like this that appeal to a wide for education and business, and professional development efforts. ACS plays a lead-Mosher organized this meeting along ership role in educating and communicat-This was the second visit of Dr. with the Chair of the Local Section, Dr. ing with public audiences - citizens, stu-Simpson to Nebraska to educate people David Treichel, Nebraska Wesleyan dents, public leaders, and others - about the important role that chemistry plays in The Nebraska Local Section is made identifying new solutions, improving pubup of approximately 275 chemists from lic health, protecting the environment and

> The National office of the ACS is located in Washington, D.C. The Nebraska Local Section, founded in 1895, is one of the oldest local sections in the ACS.

Festival brings Mexican film to grace UNK's halls

BY CHARISE DAWSON ANTELOPE STAFF WRITER

"In Touch Weekly"'s sexiest man of the season appeared at UNK via film.

Actor Gael Garcia Bernal starred in "Amores perros," a Mexican film shown at the UNK foreign film and culture festival Monday in Thomas Hall.

Garcia Bernal made his major feature film debut in "Amores perros," which was nominated for the Best Foreign Film Oscar in 2000. He also starred in "Y Tu Mama Tambien," the 2004 film "The Motorcycle Diaries" and "Bad Education," which opened the 2004 Cannes film festival.

The festival's featured movie was directed Hollywood director Alejandro Gonzalez Inarritu.

Inarritu also directed "21 Grams," starring Sean Penn,

Watts. It received two Oscar nominations and was released on DVD and VHS on Sept. 13.

According to Dr. Herbert Craig, department chair of modern languages at UNK, "Amores perros," translated into "Love's a Bitch," is interesting because of its story, its actor and its director. There are several stories interwoven in the movie that center around an automobile accident involved in it.

The festival was sponsored by the department of modern lan-

According to the department chair, the purpose of the festival is to give students an opportunity to see feature films from the countries and cultures they are aren't played in the midwest.

The students can see something authentic to the language and culture, but the film is acces-

Benicio del Toro and Naomi sible to students through English subtitles, Craig said.

Students also tasted food from the cultures of each language represented at the festival. On Monday, Hispanic and Japanese snacks were prepared by students and faculty members. This gave students the opportunity to taste food from the country of the film they were about to see, Craig said.

The department buys a new and the lives of three people film for each of the languages each semester. Over the last 14 years, the department has acquired quite a collection, Craig said. About five years ago, the department decided to create a festival to show the various films in a three-day series, the profes-

Different members of the studying and to see movies that department chose the films for the foreign film festival, Craig said. "We think about student interests, important recent films or classic films from the lan-

guage," he said.

This year, films were shown in French, Spanish, Japanese, German and Arabic dialogue. Wednesday's showing of the Arabic film "Halfaouine: Boy of the Terraces" was chosen by Imen Belhassen, a graduate assistant from Tunisia.

Belhassen is teaching an independent study course in introductory Arabic language and culture at UNK for one year, Craig said. She was able to come to UNK through a grant from international studies.

Craig said the course was advertised to the Kearney community through the Kearney Hub. He said students were given the option of taking the class for credit or not. Most of the students enrolled in the class are not taking it for credit.

The department chair is said he will consider creating a course for different types of languages not already offered at UNK.

Bridal fair offers multiple choices

BY REBECCA BUNGER ANTELOPE STAFF WRITER

Looking to spend time with a lot of stressed-out women trying to arrange the plans for the biggest day of their lives? Most people would respond with a resounding "NO." However, that is exactly how many business owners spent their day on Sunday, Oct. 10 at the Buffalo County Fairgrounds.

The 23rd Annual Fall Bridal



PHOTO BY REBECCA BUNGER

Drumheller looks at the Roses 4 You Booth.

Fair provided an opportunity for wedding planners to get some professional help deciding who will cater, supply music and otherwise entertain their wedding

Kelli A. Kastens, a senior majoring in advertising, is planning an Aug. 4, 2005 wedding.

She said wedding plans can be overwhelming, especially when she walked into the fair visit.

Kastens said the one thing she learned from the fair was to "reserve everything early. Time slots fill up quickly and a long time in advance. You need to start planning earlier than you think, especially for the reception site.'

All who entered the building were given sheets at the door that listed all booth names. Fair-goers were supposed to have every booth highlight their business name on the sheet before turning in the completed sheet for a drawing.

The drawing determined who won a fountain chocolate from Roses 4 You and a four-day cruise for two, given away by Royal Prestige.

In addition to the trip for two, Royal Prestige also had a drawing to win cutlery, casual dinnerware, pots and pans and china patterns.

Shanna M. Drumheller, a junior from Alliance majoring in criminal justice, went to the event with a friend who is getting married next year. Drumheller said the fair was

informative, even though she has no wedding plans in the immediate future. "I loved the chocolate foun-

tain," Drumheller said.

"It attracted more people than most of the other booths."

Drumheller also said, "The DJ booths did a very good job of

promoting their businesses. I couldn't walk past one without someone handing me a brochure or business card."

Most of the other booths were a little less insistent than the DJ services.

Other booths drew names and gave away prizes. Beauti Control even gave free handmoisturizing treatments. This business also offered free facials, massages, manicures and pedicures for the person whose name was drawn, as well as for the entire wedding party. The line at Beauti Control was always long, proving it to be a very popular

booth.

The food booths, such as Expression Catering Service, Pane Bello, Valentino's and Skeeter Barnes offered displays of the food they have available for catering. The Valentino's booth was a favorite of most guests, as it also

had edible displays. Brownies, dips and desserts were available for sampling.

The fair building was decorated by Floral Expressions and background music was supplied by Quad Sound DJ, owned by Steve and Lynn Quadhammer of Minden.

Quad Sound DJ also provided introductions and announcements for the style show, which began at 3 p.m. Dresses and building last spring and saw the tuxedos from Bridal Images of various booths she would need to Kearney and Beautiful Beginnings of Broken Bow were modeled for 90 minutes.

> Beautiful Beginnings also presented their new dresses, the Essence of Australia line. These dresses will be shipped into Beautiful Beginnings on Oct. 22 and will be there for fittings throughout that weekend.



Ann Lammers displays her merchandise.

Other booths included Aire Sonic Video, AAA of Nebraska, Aquila Limo Service, Beauti Control, Blue Media, Bridal Isle, Complete Music, Country Inn & Suites, DJ America, Elite Tanning Spa, Great Platte River Road Archway, Herberger's, Joyous Kakes, J.C. Penny's Salon, Hoover's Jewelry, Little Wedding Shop, Life's Moments Media, Occasions & Accents, Mary Kay, Memories in Motion, The Pampered Chef, Party America, The Picture Lady, Pure Platinum DJ, Reliv International, Photography, Steve Dahl Strandz, Sofia's, Southern Living at Home and Sweetwater Entertainment.

THE ANTELOPE

CAMPUS BEAT

Greeks honored

BY KEN GALLAGHER ANTELOPE STAFF WRITER

Fraternities and Sororities were founded on the principle of successful scholastic achievement.

A little-known fact about modern fraternities and sororities is that they began as literary societies. The first fraternity was established as a forum for student discussions about class lectures and current political issues. Throughout the years, these iliterary societies have become more social, but academics still take precedence.

Studies show that fraternities and sororities overall grade point averages are consistently higher than the averages of non-Greek students. Each organization promotes high standards in scholarship through various means, with activities ranging from study halls to tutoring programs. Minimum grade point average requirements for the University and for each organization must be met in order to remain in good standing with the institution.

Competition among members for scholastic achievement awards is encouraged, and campus-wide recognition is given to fraternities and sororities with the highest grade point average.

Most importantly, the Greek system develops a positive attitude among brothers and sisters toward learning. Through an emphasis on scholastic achievement, many fraternities and sororities have succeeded in providing well-rounded university experiences

for their members.

With all this in mind, the Greek Community at UNK held its bi-annual Scholarship Awards Night on recently in the Great Room of the Nebraskan Student Union. Awards were given for academic achievement in the spring semester of 2004.

The community had a lot to be proud of. In the spring of 2004, the UNK fraternities and sororities earned all-time highest grades in history with the all-sorority GPA of 3.28, all-fraternity GPA of 3.15, and all-Greek GPA of 3.21.

Both chapter and individual awards were announced. Alpha Omicron Pi received the Highest Sorority GPA Award with a 3.375. Sigma Phi Epsilon received the William Nester Cup for Highest Fraternity GPA with a 3.14.

The Most Improved Sorority GPA Award went to Gamma Phi Beta, 3.245, improvement of +.20. Most Improved Fraternity GPA Award went to Alpha Tau Omega, 2.98 (improvement of +.36).

The Panhellenic Achievement Award was given to Chi Omega's Ruth Udey, of Columbus. Gamma Phi Beta's Alexis Babbit, of Kearney, received the Panhellenic Most Improved GPA Award.

The Panhellenic Outstanding Sophomore Award went to Alpha Omicron Pi's Molly Weitzenkamp, of Hooper. The Shirley McPeck Walker Panhellenic Scholarship was awarded to Alpha Phi's Katie Frost, of Grand Island.



PHOTO BY STAFF PHOTOGRAPHER

The children used to play in the yard near the statues.

CAMPUS BRIEFS

"Channeling Rage and Speaking Truth to Power" a talk by Associate Professor of political science Wendy Smooth, will be in the Nebraskan Student Union in rooms 238 A and B on Thursday, Oct. 14 at 4 p.m. Dr. Smooth will discuss women, politics and change in the 21st century.

"The House of Bernarda Alba" will be performed Thurs. Oct. 14 through Sat. Oct. 16 at 7:30 p.m. Tickets are available at the Box Office. For further information contact boxoffice@unk.edu or (308) 865-8417.

Classes are dismissed Monday Oct. 18 through Tuesday Oct. 19 for Fall Break. On Wednesday Oct. 20 is the continuation of the Leadership Take-out Workshop Series at 5:30 p.m. The program for Wednesday's workshop is "Organizational Time

Management" in the Oak

Room of the Nebraskan

Student Union.

Thursday Oct. 21 the UNK Psychology Dept. will host a science fair for interested high school psychology students from across the state. The fair will start at 10 a.m. in the Nebraskan Student Union and Copeland Hall and end at 3 p.m.

Students interested in the First Year Program should attend the informational meeting on Thursday Oct. 21 at 3 p.m. in the Nebraskan Student Union Room 142A. For more information, contact Kate Benzel.

Learn to RSVP, the do's and don'ts of dining, and what to talk about or not to talk about at a dinner meeting at the "Moving up with Manners" workshop on Thursday Oct. 21. The workshop begins at 4 p.m. in the Cedar Room of the Nebraskan Student Union.

The UNK volleyball team has a match against Chadron State on Thursday Oct. 21. The game starts at 7 p.m. in the Health and Sports Center.

On Sunday Oct. 24 there is a

student recital in the Fine Arts Recital Hall. Music students Nathan Helzer and Jessica Murtaugh will perform at 3 p.m. For further information contact Dr. Anne Foradori, associate professor of music and performing arts, (308) 865-8610 or foradoria@unk.edu.

There will be a pre-health professions panel on Monday Oct. 25 at 7 p.m. in the Nebraskan Student Union in rooms 238 A and B. For further information, contact Career Services.

The Chess Club will meet at their normal time in the Nebraskan Student Union main entry area on Monday night Oct. 25 at 7 p.m.

The UNK Concerts on the Platte series continues Monday night, Oct. 25, at 7:30 p.m. with a faculty jazz recital. The free concert will be in the Fine Arts Recital Hall. For further information, contact Dr. Nathan Buckner at (308) 865-8608 or bucknern@unk.edu.

The Conversation Table group will meet on Tuesday Oct. 26 in the Nebraskan

Student Union at 4 p.m. Contact Lisa Terry for more information at: (308) 865-8830 or terryl@unk.edu.

Guest speaker Mike Eruzione, will be in the UNK Health and Sports Center at 7 p.m. on Tuesday evening, Oct. 26. Eruzione served as the team captain of the 1980 U.S. Olympic hockey team in its gold medal victory against the

A free UNK Departmental Recital will be in the Fine Arts Recital Hall at 5 p.m. on Wednesday, Oct. 27. The performers will be selected from those who take private lessons and will be announced at a later data.

Soviet Union.

The Leadership Workshop Series will continue on Wednesday Oct. 27 with the theme of "Managing Internal and External Communications in your Organization." The workshop is at 5:30 p.m. in the Oak Room of the Nebraskan Student Union.

Theft of several small statues upsets neighborhood children, father asks for statues' return

Grumpy and his friends are not at all happy that they have been removed from their backyard home on 4th Ave. in Kearney.

Peter and Mary Rishel, along with their children Daniel and Brooke, hope that whoever has taken their statues will return them soon.

The statues of Snow White, Happy, Sleepy, Sneezy, Doc, Bashful, Dopey and Grumpy have been owned by the Rishel family since 1988.

The seven dwarfs weigh approximately 30 to 40 pounds each, and Snow White weighs 80 pounds. Because of the weight of these statues, the Rishels feel there must have been more than one perpetrator.

"If the statues are returned, I will not prosecute," says Peter Rishel.

3-year-old Daniel and 6-year-old Brooke are adopted and feel that their statues are part of their family. The children are eager to have their statues home, in their own backyard.

Anyone with farther information should contact Peter Rishel at ped1319@nebi.com

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Huge Multi-Family Garage Sale!

3211-11th Ave (3 blocks N of twin towers)

THURS Oct.14 4:00 to 7:00 p.m. FII Oct.15 - 9:00 a.m. to 5:00 p.m. SAT Oct.16 - 9:00 a.m. to Noon

Clothes, 42 Inch John Deer Riding Lawn mower, Yamaha 4 wheeler, and numerous misc. items!!

Classifieds work.

Call 865-8487 today.

UNK Health

Careers Fair
October 15

10:00 a.m. - 2:00 p.m. in the Nebraskan Student Union, Rm 238 • Make contacts and meet

representatives

Ask questions about requirements, caree opportunities, and the admissions process.

• Get this year's applications

30-40 Healthcare Professionals from accredited schools, clinical programs, and various UNK departments.

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Study at Europe's oldest and most distinguished University and earn college credit in history, business and/or the arts at **Oxford University**. Visit London, attend Shakespearean plays, and explore castles and palaces. Learn more about this exciting 4 week summer study abroad opportunity.

Contact the College of Business Administration at UNL, **402-472-6805** or <u>llivers@unlnotes.unl.edu.</u>

THE BOTTOM LINE

QUESTION: In a Football Game Between the Huskers and The Lopers, Who Would Reign Supreme?



Neil Curtis, Papillion Senior

"Who are the Huskers? Go Lopers!"



Jennifer Peters, Cumming, Ga. Senior

"Who cares about the Huskers, I'm a Loper Baby!"



Mike Nyffeler, Kearney Senior

"The senseless waste of pitting these two mighty forces of nature against each other, like matter versus antimatter, will be a tragedy, not only for the teams involved, but for our entire planet. All nations should band together, to ensure that such a conflagration never takes place."

OPINIONS





Homecoming offers opportunities to overcome fears, have good time

By AMY BUTTERFIELD

ANTELOPE STAFF WRITER

Don't be nervous! A thousand people are watching. It is just a silly little competition, where it would mean the world if Martin and Case Halls would win. No pressure, not to worry!

Moments before I got on stage for the UNK 2004 Homecoming Lip Sync competition, these were the thoughts that ran through my head. Thursday, Oct. 7 was a whirlwind of a day as well as the previous month, standing behind stage before our performance in the Health and Sports Center. My thoughts were wandering back and forth from images of our dance, what my dance is to the images of the crowd waiting for me to fall, just so they have the chance to burst out in laughter. I will of course mess up, that is just my luck! Who knew, though, that not only would I not fall on my face, but my group, Martin and Case Halls, would get 2nd Place!

An advertisement for the planning of homecoming for Martin and Case Halls (and my roommate bribing me to go to the meeting) is what started me in this whole nervous mess. The songs were announced and distributed amongst the group to choreograph the songs. Suddenly, my roommate raised her hand.

"We'll do the "Rockefeller Skank" song!" Liz Morse, my roommate, said.

Wait a minute! Hold up! We? All I said I'd do is help, not plan! No matter what my stomach was saying, as it turned at the idea of dancing in front of so many people, I knew that I was stuck. I would choreograph the dance with Liz and some guys I had never met before, and I would do it all; dance and be happy about it.

about it.
The Lip Sync preparation

was much more than what I had seen before. Last year, as my first year even seeing homecoming on a college campus, I was thrilled to even attend the competition. Now I was involved to the deepest part. Not 5 minutes went by, after that initial meeting, without Liz and I starting on our dance. Our song, originally performed by Fatboy Slim, was in the movie "She's All That." We watched the movie repeatedly as we got closer and closer to ideas for the dance

Practice after practice, 6 of us (Scott Gamblin, Kevin Sokol, Zack Harbert, Angie Mass, Liz and I) worked up a sweat every night to get the toughest dance I had ever done. We had to make this look like it is just brushing a little dirt off our shoulders, but leave a feeling of awe stuck on the faces in the audience. I danced once, ballet and all, when I was a kid, but this was more than a 5-yearold's involvement with social activities. Not only was I learning our Lip Sync dance, but also how to dance and where to find rhythm. The tension grew within our group. We worked so hard that my newfound friends and I had a beautiful, love-hate relationship. We often relaxed after practice with a movie. One night it was "The Lion King" and that's where I found our theme song: "Can You Feel the HATE Tonight?" Our patience with each other was wearing

All of the rehearsals for our song alone, was getting tiring, but we had more work to do. Not only were we responsible for our song, but also for participating with the whole group. Just what we needed, more tension. We were getting all of the songs together with multiple changes, opinionated people, and everyone having a gigantic headache.

The tension within practices flowed out and reflected on everything I did. Let's just say I was not a very nice person! But one night it all changed, Melissa and Trapper, Case and Martin's Hall Directors came to rehearsal dressed in the worst and most horribly clashing outfits I have ever seen.

"Let's put the tension and hatred behind us," Melissa said. "We're here to have fun, not to compete, let alone compete with each other. We are doing awesome, lets continue to do that with smiles on our faces."

For once, during this entire time, we were having fun and getting Caramel Hershey's Kisses along with the smiles. I found I could dance and smile at the same time! We had a week left of rehearsal and then it was show time. We could do this; I can do this.

Now that we were having fun, rehearsals were flying by and so was the week. It was the night before and I took a little time out. The stress was starting to grow, and I had to tell a new friend, Kevin, the real situation we had gotten him into. Trapper reminded us that we would be in front of a thousand people.

"Whoa," Kevin shuddered and his face started turning white. "I was thinking maybe 200 people!"

"No, Kevin," I told him, hoping his knees would not fold with nervousness. "This is a pretty big event that we are doing, think of all of the residence halls, other students, families, and friends then place them in the stands of the Health and Sports Center."

I think his nerves calmed only slightly, but mine grew. Why did I have to be so helpful to a friend?

The time flew by over that 2-hour period. The next thing I

knew I was sitting in the stands hearing and watching all of the other halls, sororities, and fraternities performing. Each group that performed did amazing. I could see qualities in their performances that were better than ours and how I would fall on my face.

It was our turn. I climbed on stage with my knees shaking like an elephant staring at a field of mice. No backing out now! The sheet flew up after Trapper and Melissa's "Unforgettable" dance and we did exactly what the song said: "Let's Get it Started!" The next 4 minutes passed like it was part of my blood that made me sing "Hey Ya."

The crowd was a "Dirty" blur, except for some guy in middle-front section during "Rockefeller Skank" that I blew a kiss at. I don't know who he was, but he was the only person I could see. With the last "She Bangs!" while the crowd cheered so did we. How could we not? We finally did it!

The rest of the night flew by, and so did Trisha as she ran down the stairs to receive our 2nd Place trophy. Pictures followed as well as more jumping and screaming with pure joy.

"I'm glad we did this," Liz told me later that night.

I couldn't agree more. This was an amazing opportunity to gain friendships, revive friendships, and dance like never before.

couldn't be more proud of myself for accomplishing something that was once thought impossible. But more than myself,

I am proud of all those who danced, from Martin and Case, and all the other residence halls, sororities, and fraternities.

We supported our school and our organizations. Now the real question comes into play, how could we ever forget UNK?

Dorms give students freedom, friendships

BY MOLLY MITCHELL

ANTELOPE STAFF WRITER

Every high school senior that is going off to college looks forward to the day that they can have a place to call their very own, with no parents and virtually no one calling the shots.

For UNK students, this refuge is in the dorms. UNK houses over 2,600 students in its facilities, spread all over

campus and some off campus.

The experience of dorm life can differ from one student to the next; however, one constant remains: the only people you are

forced to put up with are your roommates, who, for most freshman, is a big improvement over Mom and Dad.

For the freshman that chooses to live in a coed dorm, life can get

With people constantly popping in for a visit, making friends in your residence hall is not limited to one sex. It is safe to assume that not many incoming freshman have had a lot of coed living experiences, so adjusting to these changes may be easier for some, while difficult for others.

Fortunately, each dorm has a number of live-in residential assistants that aid in the adjustment process. They sponsor ice-breaking programs and awareness education programs to help the unsure and uncomfortable feel at home.

There is a wide variety of room decoration that goes on in these dorms, from the male who doesn't need anything other than what came with his room (and a couple of pairs of pants) to the replica of Martha Stewart's living room.

The way that a person decorates their 17-by-11-foot room is entirely up to them, as long as they don't have drugs, weapons, an extra bed, a toaster or toaster oven, a hot plate (whatever that is) and candles – UNK frowns on residents burning the dorms down. It can prove to be a difficult achievement to adjust to sleeping in

According to freshman Alec Shybut, an 18-year-old resident of CTW, "at night people's doors are always open, and people get really social after dark, walking around in and out of rooms." The quiet calm nights of home life are gone, and now you must get used to sleeping with the lights on, music blaring and people screaming until 2 a.m. on a weeknight.

"People stay up until about 4 a.m. or 5 a.m. on weekends," said Matt Blun, an 18-year-old freshman from Lincoln. Students will have to adjust from their normal seven or eight hours

of sleep and learn to live off of four to six hours of sleep; however, everyone around them will be just as tired as they are.

er, everyone around them will be just as tired as they are.

All of the college students at UNK have probably either heard of or experienced firsthand the "Freshman 15."

This refers to the 15 pounds that incoming freshman may or may not gain within their first year of college. The contributing factors include the following: late night pizza delivery, vending machines in each residence hall, ice cream runs, the occasional drink or two, late night McDonald's and Hardees runs, and, of course, the grand buffet that greets you daily at the Chartwells cafeteria.

For those who wish to fight the dreaded "Freshman 15," taking advantage of the fitness equipment at Cushing Auditorium, located inside the campus Health and Sports Center, is recommended. One of the frequently asked questions of incoming residents is if one may have an overnight guest. The answer is yes.

Many students choose to have a futon or couch in their room for the occasional overnight guest to use.

Other concerns of incoming residents are safety, switching roommates, requesting roommates and cable. As far as safety is concerned, all main entrances to the dorms are locked at 11 p.m. and reopened at 7 a.m. Those who are residents of the dorm – and no one else – are given keys to access these doors.

If you happen to receive a roommate that just isn't your type, it is an option within the first few weeks of school to switch roommates; however, to get full details on this, ask your residential advisor or hall director.

You may request a roommate, but living with a friend may prove to wreak havoc on your friendship. It is better to room with an acquaintance you may not know that well. To request a roommate fill out the proper housing contract prior to moving in and request that roommate.

Cable can also be a contributing factor to the "Freshman 15." This is an essential part of life for the college freshman. Watching television on the weekends while nursing a hangover is part of the experience.

Do you have an opinion you want to share with Antelope readers?
Write a letter to the editor. theantelopenewspaper@hotmail.com
See guidelines at left.

ANTELOPE

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Any questions, comments, concerns or suggestions may

be sent to the above address.

Lady Lopers volleyball continue winning ways over weekend

BY JAY STEADMAN AND JUSTIM KERCHAL

ANTELOPE STAFF WRITERS

No. 1-ranked Nebraska-Kearney extended its winning streak to 20 matches by sweeping the 23rd-ranked UNO Mavericks 3-0 (30-22, 30-26, 30-22) before a season-high 1,284 fans at Sapp Fieldhouse Tuesday night, October 5. The Lopers improved to 20-0 with the victory while UNO dropped to 12-5.

The highlight of the game was that the Lopers had just eight hitting errors and Nebraska-Omaha was plagued by 33 hitting errors. UNK out-hit the Mavericks .281 to .114. The Mavericks did hold a 56 to 45 advantage in digs, but were out-blocked 16 to 10. Nebraska-Kearney, which has only had to play past three games once this season, was led by junior All-American Erin Gudmundson, who tallied 12 kills and four blocks, while hitting .360 on the night. Erin Arnold added nine kills, 13 digs and three blocks in the Loper victory. Senior outside hitter, Amy McLeay, led the Mavericks. She finished the set with 15 kills, eight digs and

UNO came out strong in the first set jumping out to a 7-2 lead. The Lopers made a defensive adjustment that shut down the attacks by UNO. Consistent play and unforced errors by UNO was

the deciding factor for the victory in the first set. In the second set, the teams played a tightly contested game, which consisted of small runs by both teams. When it came towards the end of play in the second set, UNO's inconsistency and hitting errors was the deciding factor. The third set was a replay of the first. UNK dominated net play, kept their serves in and seemed to dig everything the Mavericks hit. The Mavericks also self imploded at the end of the set by hitting their last five service attempts into the net. Coach Rick Squires said the victory was due to "our constantly staying on the offensive and the teams strong resolute."

The Lopers also had an excellent weekend, by claiming two more victories now making their record 22-0. With a Friday night match against Adams State and a Saturday match against Fort Lewis, the Lopers never went over three sets in either match. Both games were home matches and played in the Health and Sports Center.

In the Adams State match, in the first set the Lopers won 30-15. The Lopers also dominated the second set, with a score of 30-14; the third set was won as well with a score of 30-15. The Lopers had 18 kills for each set, making it a total of 54 kills for the match and 120 total attacks. Erin Arnold and Ashley Solt each had 13 kills during the match. Erin Brosz, was also up at the net with nine kills and 24 total attacks. Brett McCurdy had five defensive

digs. For Adams State, Kalee Bingham led in kills for the match with nine.

In Saturday's game, the Lopers showed no mercy towards Fort Lewis, UNK downed the Skyhawks in three sets, 30-15, 30-20, and 30-15. UNK showing signs of repetition by having 54 kills again during the game against Fort Lewis and 119 total attacks, just one short from the night before. Kelli Bunger led the Lopers with 10 kills and 24 total attacks against the Skyhawks. Erin Arnold was right behind Bunger with nine kills and 24 total attacks. Samantha Danner and Erin Gudmundson each tallied eight kills during the match. Bethany Spilde had four kills and 38 ace sets. Spilde and Arnold each had 14 defensive digs during this match. Next in line was Mikala Gleason with 11 defensive digs and three service aces.

A lot of younger players got to see some action on the court as well this weekend; Rachel Gerdes had four kills and eight total attacks. Alison Glidden had five kills with 11 total attacks.

UNK will go back on the road this week, after two matches at home. During their fall break they will travel to Las Vegas, New Mexico on Thursday to take on New Mexico Highlands. On Friday UNK will travel back up to Colorado to take on Colorado State-Pueblo. Then to close out their three game match, on Saturday they will take on Colorado Springs.

Sports Administration Majors Club produces future sports professionals

BY LESLEY CRUTCHER

ANTELOPE SPORTS EDITOR

Finding a job is difficult these days. Finding a job in the sports world is even more difficult. That is where the Sports Administration Majors Club comes in.

The S.A.M Club is a group of students and their faculty advi sor Dr. Nita Unruh who is a professor in the health and sports cen ter, whose main goal is to ultimately obtain a career in the field of athletics when they graduate. Members of the group include a wide variety of backgrounds, experiences and goals with one thing in common, a love of sports.

Membership in the S.A.M club includes \$5 for dues, access to exclusive Web sites with job postings, resume help, contacts and internship opportunities. Members are also given the opportunity to gain networking contacts and experience through field trips and

This year, the club will be taking a one-day trip to the U.S Olympic Training Center in Colorado Springs the week before Thanksgiving. The members will be given a tour to see the inner workings of the facility. Last year's one-day trip took the group to Arrowhead Stadium in Kansas City to meet with professionals in the Chiefs organization.

The group also takes a trip to conferences of the American Alliance of Health, Physical Education, Recreation, and Dance held all over the nation every year. Last year, the club took a small number of students to the Ernest N. Morial Convention Center in New Orleans just a few blocks from Bourbon Street for the con ference. There the members attended seminars, met with contact and were given resume building experience. The trip was also no without its share of nightlife.

Chicago is the site for this year's AAHPERD conference Members of the group are in the midst of major fundraising to pay for their trip. Putting on bake sales, selling tickets for a "Mystery grab Bag" they will raffle off at the end of this month, and most importantly being members of the Tri-City Storm's promotions eam are some avenues for fundraising by the group.

If you have been to any Storm games lately, you may have noticed a group of college students taking over the on-ice promotions and intermission events. The S.A.M Club members assist the marketing and promotions team for the Storm with events that occur before, after and during the game. They set up promotions tables used by other businesses, information tables, and promotion kiosks and stands.

The group also participates in the events during intermission of the game. Saturday's game included Chuck-A-Puck where fans tossed pucks onto the ice and the S.A.M Club members where on the ice ready to pick them up. Tossing t-shirts and being on the prize delivery patrol are other duties for the members on the Storm promotions team.

Senior Jay Steadman, ex-president of the S.A.M club and Syracuse athletic director hopeful, considers the S.A.M Club great organization to gain experience and professional contacts in the athletic world. He says, "S.A.M Club is a place where I can be with people who share my interests in athletics. It also provides opportunities most people normally wouldn't have to get out and talk to professionals in the sports world."

North Platte junior Brett Orr has similar feelings: "I joined S.A.M Club to meet people who can give me opportunities in the future. The people in S.A.M Club are also a really fun group."

The Sports Administration Majors Club is not exclusively for sports administration majors.

Minors in sports administration, as well as anyone with a love of sports who sees athletics in their future, is invited to join.

The group meets every Wednesday at 7:30 p.m. at the Chicker Coop. For more information, contact the S.A.M Club president Scott Gruntorad by e-mail at gunner1835@hotmail.com.

Orediggers spoil Homecoming for Lopers

BY RYAN SCHMIDT

ANTELOPE STAFF WRITER

The Colorado School of Mines Orediggers put a damper on the UNK homecoming festivities as they defeated the Lopers 34-10 Saturday afternoon at Foster Field. The Lopers were looking for an upset against the nationally ranked Orediggers, but turnovers and the play of the Colorado Mines offense led to another loss for the Lopers. This loss drops the Lopers to 3-4 overall and 2-2 in the RMAC. This was the ninth straight win for the Orediggers, setting a new school record. This victory also gave the Orediggers their first victory in Kearney and put an end to the Lopers streak of 12 straight wins over the Orediggers.

The Lopers were unable to score on their first possession and were forced to punt. The Orediggers then went 87 yards in seven plays and were able to score on their first possession with a 6-yard pass from quarterback Chad Friehauf to Bryan Florendo. The Lopers were able to answer back with a drive of their own, driving 70 yards down the field and scoring on a 28-yard pass from Lincoln senior Richie Ross to Denver senior Darnell Wood.

On the Orediggers' next possession, Craig sophomoreTim McGeorge was able to recover a fumble forced by Elkhorn junior James Rosenbaum. The Lopers were not able to capitalize on the turnover, going three-and-out. The Orediggers received the

punt on their own 13-yard line and were able drive 87 yards and go up 14-7. This drive was kept alive by a questionable passinterference call on the Lopers.

Halfway through the second quarter, Minden junior Ryan Cavenee forced another Orediggers turnover and Colorado senior Deano Korecky was able to recover the ball on the UNK 17-yard line. The Lopers drove down to the 3-yard line, but had to settle for a field goal from Colorado sophomore Jessup Pfeifer . The Lopers looked to go into halftime being down by less than a touchdown, but the Orediggers had other ideas. Colorado Mines' quarterback Chad Friehauf aired out a 51-yard pass to Jonny Chan and the Orediggers were able to put seven more points on the board, sending the Lopers into halftime being down by eleven, 21-10.

The touchdown before halftime seemed to swing the momentum into the hands of the Orediggers. Although the Lopers were able to force the Orediggers to punt on their first two possessions, senior quarterback Eric Perry threw back-to-back interceptions. The first interception gave Colorado Mines good field position and they were able to increase their lead to 18 points on another touchdown pass from Friehauf.

The Lopers were unable to mount a second half comeback as they gave the ball away four times and barely gained over 100 vards after halftime. Meanwhile, the Orediggers compiled 489 yards of total

offense in the game, compared to the Lopers 334, and Friehauf accounted for five touchdowns.

The Lopers were forced to bring in Moorpark, Cali. junior quarterback Kevin Arbuckle, so he will not be able to redshirt as he had planned. He completed four passes for 51 yards. This is the fourth quarterback to play for the Lopers this season.

Perry completed 13 passes to lead the Loper passing attack with 145 yards. Colorado senior Mike Miller led the Lopers' rushing attack with 88 yards and Richie Ross led the receiving core with six receptions for 49 yards. With his six receptions, he brought himself within 50 yards of the all-time receiving record for the Lopers. He is on pace to surpass Trevor Weston (3,266). Ross also passed for the only touchdown for the Lopers.

Defensively, the Lopers were led by California senior safety Paul Jimenez who had 14 tackles. Colorado senior Akil Davis chipped in with nine from his inside linebacker position and Colorado sophomore safety Yly Rock had seven.

The Lopers face another tough game next week when they travel to Chadron to take on the Chadron State Eagles and the Eagles running game led by Danny Woodhead.



PHOTO BY SCOTT BARRY

Redshirt freshman TJ Rump, no. 68 and sophomore Paul Dutmer, no. 75 await the snap for the Lopers during the Homecoming football game Saturday at Foster Field. The Colorado Mines Orediggers defeated the Lopers 34-10.

UNK student wins \$10,000 in halftime punt, pass, kick contest

BY JAY STEADMAN

ANTELOPE STAFF WRITER

On September 18, junior exercise science major Eric Landen, kicked a 21-yard field goal to win a prize of \$10,000 at UNK's home football game against Western State. The punt, pass and kick contest was held at halftime, and Landen went 110 yards, between all three stages, for the

grand prize. "When my name was announced I got real nervous. I have been through a lot but with all those people and all that money, it really added to it. Not to mention, the second quarter seemed to last forever," Landen said. This was not his first attempt however, he did this contest last year, and like Scott Norwood of the Buffalo Bills, he missed a chip shot wide right. "I lost a lot of sleep last year after missing that kick," Landen stated.

Starting from the goal line, Landen punted the ball to the 35 yard line. "That's my weak spot," Landen confessed. He then heaved a throw of over 50 yards, down to the 11 yard line. This was not surprising though, because Eric played quarterback at Chadron High School, and he was the reserve kicker as well. This played into his hands, because he had a 21-yard field goal attempt to win \$10,000. Landen admitted, "Last year I rushed the kick, and this year the ball fell off the tee as I was preparing to kick. I think that helped because it gave me a few more seconds to relax and concentrate." Needless to say he made the 21-yard kick and the crowd went crazy. "I raised my arms and the next thing I knew Louie the Loper tackled me, and then my girlfriend and her brother piled on," Landen said. "It was great to see a UNK student win \$10,000. It does not happen everyday, and it adds to the atmosphere of the event," Assistant to the athletic director, Shawn Fairbanks said.

The punt, pass, and kick contest is sponsored by the Antelope Book Store. The event is offered

through the National Media organization and it is the company that gives the \$10,000 prize. "The Antelope Bookstore pays a premium to offer this event to the students and community," Lenny Fangmeyer, the Antelope Bookstore manager

In order for Eric to receive his money a lot of things have to happen. The contest had to be video taped so National Media has proof that the contest was done and executed properly.

"After he made the kick, I was

just hoping that we got all of this on tape so we can get Eric his money," Fairbanks stated. Eric also had to sign paperwork saying he was not a collegiate or professional athlete. Fangmeyer said, "All we are doing now is waiting for the National Media company to get back with us about the final steps that need to be done." Eric, the son of Bryce and Barb

Landen, plans to use the money to pay for his schooling.

Weight room ventilation complete; Ends student venting

BY BRANDON CARLSON

ANTELOPE STAFF WRITER

Many changes have taken place throughout the campus involving sports-related structures and facilities, some of which include alterations and additions to Foster Field, a new roof with an updated ventilation system for the swimming pool, and more recently, renovation to the Health and Sports Center weight room, which is available to students who do not participate in any official UNK

With little certainty on the extent of the renovation and what changes to expect, students may have formulated their own predictions for the newly developed weight room. Those predictions probably included a larger area, change in layout, a new cooling system, and more lifting equipment. With such anticipation for a grand new weight room, complete with a fine polished gloss, some disappointment may have occurred upon the reopening of the weight room this last week; however, this does not necessarily mean that any actual change that was made may be deemed less than satisfactory.

The purpose of the renovation was to provide a much more comfortable facility in which students could workout. More specifically, the project called for a complete modification to the current ventilation system and to install upgraded climate control that would allow for a considerably cooler facility.

Any student who uses the weight room would agree that in the past year or so the performance of the ventilation system was definitely lackluster, and the comfort level regarding temperature was anything but comfortable. This was due to an old rooftop system that the faculty had tried to keep running for the last few years.

However, the conditions had become intolerable, and it was agreed that new standards had to be met.

"We're trying to create more comfortable conditions for the students to work out in so they don't avoid our weight room and find somewhere else to go," said Mark Brosamle, women's golf coach and member of the health, physical and recreational faculty.

Along with the new ventilation system, the weight room now has new lighting, new paint and reconfigured equipment to allow for a more spacious workout area, though it is unaltered in actual size. The faculty overseeing the project is confident that students will consider the facility significantly more attractive.

The target was not solely upon enhancing the weight room, but rather the classrooms and faculty offices along the eastern wall of Cushing, which suffer from inefficient ventilation as well. Because the line ran through the weight room first, it seemed befitting that it should be included in the project.

A few weeks prior to the start of the fall semester, the weight

room was closed and the construction commenced. Any student who used this particular facility, whether on a regular basis or not, encountered a rather significant hindrance in being forced to find an alternative to their current workout provision.

The UNK faculty overseeing the project made any effort it could to accommodate the students. One of these methods was to set up the treadmills, stair climbers and bicycle machines in the hallway nearby. Despite their efforts, though, many students were still left out in the cold.

"It is very much an inconvenience because I like to lift weights as well," said Erin Kochenderfer, a UNK senior and avid lifter, "I feel really awkward when everyone is watching me on their way to class since I'm all sweaty. I wish the faculty would have made the changes over the summer."

Many students share in Kochenderfer's failure to understand why the university waited as long as it did before getting underway with the project.

Marilyn Hadley, the dean of the College of Education, and Ed Scantling, the assistant dean of the College of Education, explained that the delay was a result of budget cuts and uncertainty of potential contractor availability.

Plans for the updated systems were conceived in the spring semester of 2004, but the student fees handled by Dr. Scantling, which are intended solely for weight room equipment and upgrading was not sufficient for the project.

It was then determined that funding for the College of Education would be allocated to the project to help take care of the problem; but the combination was still not enough. Subsequently, the project was placed on hold.

"We almost threw our hands up and quit when we saw how much this was going to cost," Scantling said.

In response to the shortage, the Vice-Chancellor to the Division of Business and Finances, Randal L. Haack, intervened and consented to pick up the bulk of the bill. Without his involvement, the weight room would have been bypassed in the project.

Dr. Haack could not be reached to comment on his significantly generous contribution.

Scantling commented regarding the sudden availability of funds and a contractor: "Because of the nature of the funding, it was either do it now or don't do it at all. We chose to take [the weight room] offline for a month so we could have [an updated facility] for years to come. The timing wasn't the best, [but] I think in the long term students will be a lot happier that we went ahead and got it done."

With the weight room open once more, students can now determine for themselves whether or not the improved system was worth



PHOTO BY SCOTT BARRY

UNK students enjoy the newly reventilated weight room. After being closed since the beginning of school, the weight opened for use just this past week.

UNK Golf teams place second and third at weekend tournaments in Colorado

By TERRA BOYER ANTELOPE STAFF WRITER

The men's and women's golf teams placed third and second respectively at last week's tournaments in Colorado.

The men played at Pelican Lakes Golf and Country Club in the

thern Colorado Invitational in Windsor. In the two-day tournament, the men played 54 holes on a par-

The UNK men started off Monday's play with their best round, shooting a team total of 303. The next round was a 304. The following day in their third and final round the team shot a 310. Their three-round total was 917, which gave them their highest placing finish of the fall season.

The top team of the tournament was the host team of Northern Colorado, which shot a three-round team total of 880.

UNK sophomore Justin Turner from Dade City, Fla., contributed to the low score in the first round by shooting the Loper's best score of the tournament, a 1-over-par 73.

After three rounds of play, sophomore Loper Mark Moller of South Dakota shot the lowest. Moller shot, 75-76-77, for a combined score of 228, which tied him for 15th place.

Turner ended the tournament with a three-round score of 234 that tied him with his sophomore teammate Nick Swaney of Blair, Neb., for 25th place.

Gothenburg junior Brian Fehr shot a 235 to tie for 27th place. Rounding out the Loper's lineup was Matt Jarosz a freshman from Grand Island who shot a 241 for 34th place.

The UNK women's golf team played well at their two-day 36hole tournament. The tournament was at Fox Hollows Golf Course in Lake Wood, Colo. The tournament was the first invitational that Regis University has ever hosted; as this is the first year that Regis has had a women's golf team.

The women as a team finished second, with two UNK women finishing in the top four.

As a team the women shot a two-round total of 689. Mesa State, the tournament winners, shot 20 strokes less with a 669. The last time the Lopers met up with Mesa State was at the Women's RMAC Invitational at Meadowlark Hills Golf Course in Kearney. The Lopers won that tournament bettering the Mavericks by 5

With a combined score of 167 (82-85), Loper freshman Kami Hehn of South Dakota placed 3rd. Teammate Carly Hill, a sophomore from Kearney, shot a 169 (85-84) for a four-way tie for 4th

Bobby Kosch, a sophomore from Minden, shot 86-87 for a total of 174 for 10th place and Amber Vanneman, a junior from South Dakota, shot 89-91 for a total of 180 for 16th place. Beatrice freshman Leslie Simmons placed 20th with a combined score of 184. Completing the roster was junior Lindsay Vivian of Grand Island, who played as an individual. Vivian tied for 14th place with a 179.

The Northern Lakes Colorado Invitational was the men's last fall tournament. Their golf season will resume this spring. The women played at Fort Hays state Oct. 11 and 12 to finish up their fall season.



Underestimate this team, like

the Dodgers did in the NLDS

Free weights patiently await use by the students of unk after a long vacation during remodeling the past few months

Down with Darnell: The final word in the world of sports

BY DARNELL WOOD

ANTELOPE STAFF WRITER

Each week, Antelope sports writer Darnell Wood will compile a brief and opinionated description of the hottest gossip and controversies in the sports world for pure athletic entertainment.

On Ricky Williams trying to return to the NFL: If Ricky was to return to the NFL, it would be a stretch to think that any coach or player, would trust him to be on their team. In the back of the coaches' minds, they know that he would just be on the team trying to earn his money back and as soon as that happens he would retire again. In the back of the players' minds, they don't know if Ricky will sell them out for an occasional hit of the bong. The only real reason that Ricky wants to come back to the league is because he wants to earn the \$8.6 million dollars they are going to take away for him. One of the reasons he said he wanted to retire is to be free of contract negotiations, well Ricky, if you get back to the league, your going to have to go through the same things as before and he is going to have incentives on his contract that is going to make him work harder than he has ever worked before. My advice: Stay out while you

On the comments made by Kobe about Shaq and the future of the Laker's: Kobe Bryant made some comments about Shaq to the police. He said that Shaq cheated on his wife regularly and sometimes had to pay up to a million dollars to keep the women quiet. I understand Kobe was trying to get himself out of a situation, but what he

said was damaging to Shaq. doesn't He what know Shaq's wife could say and he just made Shaq look like the biggest cheater in the

world. To go as far as saying he once paid a women almost a million dollars to stay quiet,

messes up Shaq's credibility for life. For now on when Shaq goes on road trips, his wife is always going to be suspicious, and once you lose the trust, it is all over. The Lakers on the other hand will be in trouble. Much of the success of the team came from Shaq and the organization won't be getting any better anytime soon. The additions of Lamar Odom, Caron Butler, and the other players are good,

but when you lose a body like

Shaq, it is just totally decimating. The Lakers have a whole bunch of athletic guys that can take the ball to the hole, but there missing two key things, a dominate man in the middle and no one on the team can consistently hit the jumper, those reasons could cause a downfall. My projection: 6th place in the Western Conference and out of the first round of the playoffs.

On the success of the St. Louis Cardinals: This is a team that is very, very underrated. Not only do the Cardinals have the best record baseball, they have the best PHOTO BY BEVERLY MERRICK team in base-Darnell Wood, your number one ball too. No one anywhere

source for all things sports gives them any respect. With players like Jim Edmonds, Albert Pujols, Edgar Renteria, Larry Walker, Chris Carpenter, Jason Marquis, and so on, how could you count the Cardinals out. No one picked the Cardinals to win the World Series and they have the depth to beat anyone, including the Red Sox and yes, the New York Yankees. This is a team with chemistry, leadership, and all the key components to winning a championship. No wonder they finished with the best

and you will get burnt. My Prediction: World Series Champion St. Louis Cardinals. On the 70-10 thrashing of the University of Nebraska Cornhuskers: We all saw it What a very embarrassing game to watch at the national level When the Huskers started the against Leatherneck's of Westerr Illinois, Bill Callahan looked like a straight genius. Now, the west coast offense doesn't work and all the fans of Nebraska are asking questions. First and foremost, it is not the offense that is not working, Joe Dailey just is not a passing quarterback. When you put a running quarterback in a passing system it is going to spell trouble for a team that fired a coach because he could not beat Texas and Oklahoma. This is all the athletic directors fault because he dismissed a coach because the talent level just wasn't equal to the better programs. This is going to be a long year for the Huskers and things are looking pretty bad in Lincoln. The fans are losing patience and that usually spells trouble. When you see a guy fumble, pick the bal up, reverse field and score, you know it's going to be a long year. My projection: 5-6 overall, no bowl game and a thrashing at the end of the season by

"You'll never forget Kearney": Homecoming 2004

By ROBYN SANDERS ANTELOPE STAFF WRITER

Lip syncing was a popular event at Homecoming 2004 - even Chancellor Doug Kristensen showed up to watch teams compete in "You'll Never Forget Kearney."

Eleven sororities, fraternities, residence halls, and campus organizations competed.

"This doesn't happen anywhere else in the state; I'm the luckiest man in the world because I get to work with all of you," Chancellor

Gamma Phi Beta and Pi Kappa Alpha won the competition and received a trophy. They performed to "Everybody Dance Now," "Wheels Keep on Turning," "Heard It Through the Grapevine," "Celebrate Good Times" and "I Had the Time of My Life."

Martin and Case halls received second place and a trophy. They danced to 'Lets Get It Started," cleaned to "Dirty" by Christina Aguilera, shook their Polaroid picture to Outkast's "Hey, Ya" and imitated an American Idol performance with the song "She Bangs" by Ricky Martin.

Mantor Hall received third place and a trophy for its depiction of high school graduation through college graduation. The residents danced to Madonna's "Like a Virgin" for the freshmen year of college; "Girls, Girls, Girls" and "Where's the Party At" - with a sign reading liquid diet for the sophomore year; "Let's Get Physical," as they were working to lose the freshmen 15 pounds; and they held up a sign reading "Finally 21" as they danced to the Cheers theme song and "In Da Club" by rapper 50 Cent. They finished their performance with "Here I Go Again On My Own" at the college graduation with a sign reading "Senior-Plus-One."

Alpha Omicron Pi, Alpha Tau Omega and Sigma Lambda Beta received fourth place in the competition. They danced to different songs that depicted various locations in Kearney. They danced to a song from grease to represent UNK, "I Like It Like That" for 2nd Avenue, "Feel the Beat" for Amigos, "Jail House Rock" for the Buffalo County jail, "I Am No. One" for the UNK Hyper building and Destiny's Child song called "Bills" for the UNK Finance



PHOTO BY STEPHANIE FIELDER

Three greek houses join together to honor America's heros in the Lip Sync competition. Office.

"I thought lip sync was funny, it was good to bring everybody together from different sororities and fraternities and a good opportunity to meet other people," said Mary Hild, a UNK freshman from Kearney. "The

'She Bangs' from Martin Hall - they remade American idol when a Japanese contestant sang 'She Bangs.' It was hilarious if you had

watched the American Idol series."

After the performances, the Homecoming royalty, King Tom Schlund and Queen Nancy Ibarra, were crowned. The Homecoming King finalists were Clint Gormley, Nick Lemek and Mike Sands. The Homecoming Queen Finalists were Katie Frost, Rachel Dinsdale and Brette Covington.

New Homecoming King and Queen crowned



PHOTO BY STEPHANIE FIELDER Nancy Ibarra and Tom Schlund ride in the back of a limo after winning Homecoming King and Queen.

By **STEPHANIE QUEEN**

At 6 feet 8 inches, Tom Schlund is someone who stands out in a crowd.

ANTELOPE STAFF WRITER

Nancy Ibarra does not, with only 5 feet 1 inch to her frame.

But on Thursday night, the two candidates who were the polar opposites of one another in their physical dimensions proved that size doesn't matter when they were crowned Homecoming 2004 King and Queen.

"It was more unexpected than anything," Ibarra, a junior from Lexington, said of the newly bestowed title. "My brother and my dad were even more teary-eyed than I was!"

Both Ibarra and Schlund expressed surprise when their names were announced at the Homecoming Lip-sync compe-

Schlund, a junior from Ravenna, whose parents and a brother were present at the coronation, said, "I didn't expect it. It was an honor to be selected."

Ibarra echoed this.

"It meant a lot just to represent Mantor," she said. Ibarra was nominated by Mantor Hall, where she is currently serving her second year as a resident assistant. Ibarra beat out two other hopeful nominees from her hall to secure her bid as a royalty candidate.

Schlund also represented his hall in the competition, as a second-semester RA from Randall

The new royalty are friends with another, and even joked about winning prior to the revealing of the final results of the voting.

"We were standing in

Mantor one day, and we said it would be really funny if we both won!" Schlund said, because of their vast height difference.

He demonstrated this by holding out his hands, one at his head and the other at his waist

Ibarra chimed in, laughing, "Yeah, he's like a foot taller than

The new Queen even wore tall heels in an effort to make their heights more proportionate at Saturday's football game, where all the final royalty candidates were introduced at half-

In addition to the football game, all candidates were recognized in the annual Homecoming parade. Schlund and Ibarra were the honored guests in a stretch limousine, which included a radio in the backseat and a blanket to keep them warm against the brisk autumn air.

Homecoming King and Queen candidates may be nominated by any UNK student organization. After a preliminary vote by the student body, four candidates for each royalty title are selected and then chosen through another vote.

Neither Schlund nor Ibarra campaigned for their titles, but loved discovering that they knew enough people who wanted to vote for them. "It was great having my residents coming up to me and saying, 'Oh, I vou were nominated!' or 'I saw your picture in the Union!" Ibarra said.

Schlund and Ibarra, in addition to being resident assistants in their respective halls, are very involved in non-curricular activities.

Tom Schlund is the son of Steve and Becky Schlund. He is majoring in business management information systems. He is a student senator for the College of Business and Technology and a member of the Randall Hall Council. Schlund is also a member of the UNK Honors Program and the national residence hall honorary society, which recognizes the top one percent of students living on campus with outstanding leadership and service skills. He is strongly involved with University Lutheran and president of its leadership team.

Nancy Ibarra is the daughter of Israel and the late Virginia Ibarra. Her stepmother is Sofia Ibarra. The new Queen is majoring in business administration with a minor in Spanish, and is the former president of the Hispanic Student Association,

Mantor Hall; and Mike Sands, a of which she is still a member. She is a member of the national residence hall honorary society and is the multicultural repre-Queen candidates were Katie sentative Student Government for the 2004-2005 school year. Ibarra is involved in Campus Crusade for Christ and is a co-leader for their out-

The other candidates for Homecoming King were Clint Gormley, a junior from Omaha representing Centennial Towers West; Nick Lemeck, a junior from Omaha representing

reach team.

senior from Hastings representing Sigma Phi Epsilon fraterni-

Frost, a senior from Grand Island representing Alpha Phi sorority as their president; Rachel Dinsdale, a junior from Lincoln representing Centennial Towers East and a member of Gamma Phi Beta sorority; and Brette Covington, a junior from North Platte representing Alpha Omicron Pi sorority.

PHOTO BY STEPHANIE QUEEN

voted for you!' or 'I'm so glad Tom Schlund and Nancy Ibarra were crowned King and Queen.



Randall - Stout team wins spirit competition

By KEN GALLAGHER

ANTELOPE STAFF WRITER

The Randall Hall/Stout Hall team cheered its way to victory in the spirit competition during last week's Homecoming festivities at UNK.

The Randall/Stout team, clad in matching gray T-shirts, beat out nine other teams to claim

first place. Second place went to Mantor Hall, and the Alpha Phi/Sigma top three teams in each event Phi Epsilon team finished third.

The coed teams representing UNK's fraternities, sororities and residence halls each performed an original cheer in the competition.

events in the weeklong home- Dearra Johnson said that the coming competition. Teams team's confidence was high were awarded points based on performance in each event. The

received trophies.

At the end of the week the team with the highest point total was named 2004 Homecoming Champion.

After the contest The contest was one of seven Randall/Stout team member going into Tuesday's spirit competition.

Monday's limbo contest, the Randall/Stout team had its eyes on the championship.

"We could win the entire thing for the third year in a row," said Johnson, a sopho-

more from Falls City. The Randall/Stout residence team was named

Fresh from a victory in stranglehold on the title by fraternity and sorority teams. Randall/Stout claimed the title again in 2003.

> Johnson said organization was key to her team's success. The team practiced nightly in the days prior to the competi-

tion, she said. Judges for the spirit competi-Homecoming Champion in tion were Mary Rittenhouse, 2002. The win broke a 14-year economics lecturer; Marilyn

Hadley, dean of the college of education, and Galen Hadley, dean of the college of business and technology.

Events remaining after Tuesday's spirit competition were the trike race, lip-sync contest, lawn decoration, and parade float and banner competitions.

THE ANTELOPE

Homecoming Parade brings different cultures together

By SILVIA MARTINEZ & **JULIA STUMKAT** ANTELOPE STAFF WRITER

Celebrating diversity by bringing cultural awareness with their float to the Kearney community was the goal of The International Student Association (ISA), which participated in the Homecoming

The results of the parade competition were announced after the football game. ISA members were delighted to hear that their float entry is this year's winner.

Parade.

For many international students, homecoming is a new experience.

"Most of us don't do parades in our own countries," Omar Ghamedi, president of the ISA,

Happy Macwan, one of the ISA public relations officers, said, "I did not know about homecoming; there is nothing like that in India."

Something similar to this celebration in India would be "the freshman party to welcome freshman students," Macwan said. "This party is celebrated during the first year of college and Mr. and Mrs. Freshman are elected."

Macwan, an advertising major, said, "This is the first time I was at the parade. Last year ISA did a pretty good job, which kind of encouraged me to



PHOTO BY JULIA STUMKAT

A group of international students celebrates their participation in the homecoming parade.

Several weeks ago, international students gathered to brainstorm ideas for their participation in this year's homecoming parade. The result was an eye-catching float with all the different flags and posters that informed the audience about the students' countries and what they will never forget about Kearney.

"We were up until 3 a.m. ironing 14 flags, but I am thankful for it. We had a blast," Omar Ghamedi, originally from Saudi Arabia, said.

Sunu Sherestha, vice-presdent of ISA, said, "It was a good way to interact with each other. We had fun decoating the float and talking to

"Lots of people got involved, we had many vol-

participate in the parade this unteers. It was good to participate, especially for ISA, some people don't know what homecoming is." Sherestha, originally from Katmandu, Nepal, said,

> At the parade, international students wore their traditional clothes and introduced themselves in their own languages so the audience could get a little impression about their home countries.

> Positive responses from the public will never be forgotten. Apparently, the Kearney community was delighted with the international cookbooks and flowers distributed by ISA members.

Ghamedi, who wore a traditional dress from Saudi Arabia, recalls the time when at the you God?"

"Kearney is a great unique

spot in the world. There are enough of us to get along with each other," Ghamedi, a political science junior student, said,

Yasuyo Shikano, a Japanese student and member of the Marching Band, first heard the results at the game. "I helped decorating the float," Yasuyo said. "I was so surprised!"

This award was a surprise for most international students. Shrestha, a computer information systems and business administraton major, said, "I was happy; I started calling people. I will encourage other students to participate. I think even to participate is good for us. Kearney will recognize us."

Omar Ghamedi said, "I was speechless and really, really parade, a six -year-old boy happy because it was absolutely about other countries and culcame up and asked him, "Are random that we will win. We tures.

were also proud of it. Even if we had lost, we would have won. We were really passionate; we put our soul, time, and effort."

This year 383 international students from 50 different countries are enrolled at UNK. These significant numbers point out the importance of international education of the Kearney community.

The purpose of ISA is not only to create friendships among these students from all over the world, but also between American and international students by sharing each other's cultural background.

ISA meets every Friday at 7 p.m. in Case Hall Lounge and welcomes each and everyone who is interested in learning



PHOTO BY STEPHANIE FIELDER Junior Micah Yost of Omaha marches with the band.



PHOTO BY STEPHANIE FIELDER Jana, an international student from Slovakia, poses for a picture.

PHOTO BY STEPHANIE FIELDER

Shelter Belt transforms and perserveres

BY BLAKE MULLANIX

ANTELOPE STAFF WRITER

Playing the 55th show of 2004. Shelter Belt made a return to one of its favorite venues for a memorable night in Kearney.

The Norfolk, Neb.-based band Shelter Belt made its secappearance Cunningham's Journal last Friday, with the local act feariscalm acting as the opener.

The seven-piece Shelter Belt, from eastern Nebraska, has a sound that is very difficult to label, and at times, transcends a nameable genre.

"We're big music fans," Anthony Knupple, percussionist for Shelter Belt, said.

This becomes completely obvious when looking at some the artists that the members of Shelter Belt consider influences. The list is capped off by acts such as Marvin Gaye, Peter Gabriel, anything classical, and Johnny Cash. After giving the band a good listen through, all of these acts can probably be detected in at least one form or another, in the act's musical styling.

Put together in 1997 by Jesse Otto and Chris Ageton, the band has since undergone the common transformation that plagues and often ends the life cycle of most bands.

"College changed the lineup, but that is also were we met the new members," Jesse Otto, vocalist for the band, said.

According to Otto, Shelter Belt persevered and became a better group because of it. After a two-year recording hiatus, the band released their first record, "Nothing Makes Me Sad Ever," in February of 2000. With little done to promote the release, the record more or less went unno-

"More or less," however,

does not encompass the entire spectrum, sometimes it only takes one. A friend of the band, whose own band had been slated to appear on the upcoming album "NE vs. NC," a compilation being put together by Hollywood insider, Ryan Cooper, recommended Shelter Belt as a last-minute addition.

"It was purely coincidental that they asked us at that time, we had just gotten out of the studio with a few songs," Knupple explained.

In February of 2004, Shelter Belt released their second album, "Rain Home," which was mixed by members Knupple and Jedediah Vondracek in the band's private studio, which is cleverly coined "The Belt Cave." The product? Perhaps one of the most eclectic and original-sounding albums to come out of Nebraska in recent memory.

Today, Shelter belt is becoming a seasoned touring act, with five of its next shows taking place in five different states. With the wide variety of sound textures that the band flirts with on this disc, it is sure to find fans at every stop along

The different styles of drum beats alone on "Rain Home" is enough to make the left hemisphere of your brain begin to beg for conformity. From the solid rock ballad and opening track "Season" to the catchy "Latino-Pop" title track, "Rain Home," the listener quickly gets a feel for the eccentricity of styling.

This from just the first two tracks. Shelter Belt then runs with rhythms reminiscent of disco-pop and swing, since forgotten with the passing of the late 1980s.

Tying together the unique progression in styling of the



rhythm section, is ultra-catchy piano playing, soulfully-delivered guitar riffs, painstakingly passionate lyrics, and woodwind piping that is so often forgotten in modern age radiofriendly recordings. Although the crowd at Cunningham's was not at capacity on Friday night, a buzz about both feariscalm and Shelter Belt was as strongly resounding as the effect gained from a \$20 bill's worth of Jaeger Bombs.

If you were in attendance, but failed to grab a copy of "Rain Home," check out Shelter Belt's homepage at www.shelterbeltband.com and make contact with the group. Or, click shows on the menu bar and find the next performance in the area. Also, make sure to keep an eye and ear open for more news about feariscalm, which is sure to be mixing the Kearney music scene up in the very near future. Their official website is located at www.feariscalm.com.



PHOTOS BY JAMIE KNUTH

Members of Shelter Belt perform.

Dial-up some action in box-office smash "Cellular"

BY BECKY ROSENDAHL ANTELOPE STAFF WRITER

The movie "Cellular" is a fast-paced movie that jumps to the plot in a matter of minutes.

Kim Basinger plays Jessica Martin, an 8th grade science teacher who is also a loving mother and a devoted wife.

In the beginning of the movie, she is abducted by angry men who are in search of her husband. Right away she is taken to a secluded spot and locked into the attic. Her only means of communication with the outside world is a phone connected to the wall, which one of the kidnappers soon

While she is left there by herself, she frantically uses her science skills and taps the wires of the phone together, desperately trying to connect with somebody.

After hours of trying, she succeeds and phones Ryan, played by Chris Evans.

When Ryan receives this call he is reluctant and assumes that somebody is playing some sort of a sick prank, until he hears the voice of one of the kidnappers yelling and cursing at Jessica and her crying out in

This is when Ryan takes some initiative and takes the phone to the police. When he arrives at the station, he tells the desk cop, Mooney, played by William H. Macy, about the woman on the line and gives him her name.

Soon a riot breaks out in the station. Mooney tells Ryan

to take the phone upstairs and

have an officer take the call up

there. As Ryan races up the steps he sees that the signal will be lost if he continues up the stairs, and then Jessica's chance for survival will be gone.

Ryan decides to take matters into his own hands and heads to Jessica's son's school to get Ricky, played by Adam Taylor Gordon. When he gets to the school all the kids are dressed identical, and when he finally spots Ricky, the kidnappers snatch him and throw him into the back of the car.

This is when the real action

Ryan realizes that this is the only chance that he has if he wants to find out where Jessica is located, so he steals a car from the school and chases the bad guys on the busted streets of Miami before his phone starts to die.

Now he has to get the battery charged or he is going to be disconnected from Jessica and probably never hear from her again. He changes his destination and heads to a cellular phone store and asks for a charger, but nobody will help him. So he holds-up the store and gets his charger. Soon he is on the hunt

again.

During this whole ordeal he is still on the phone with

Now the kidnappers have Jessica and her son Ricky. They threaten her to tell them where her husband is at or else they will kill her son. She finally tells them and they head off to the airport to get him. Ryan, knowing where he is located and what he will be wearing, tries to beat the bad guys to him.

When Ryan gets to the airport, he sees the men in front of him going through the metal detectors. He plants a gun in their boxes that he had found in the car he stole from the school.

When the kidnappers went through and sounded the alarm, it caused a distraction, and he was able to pass by them.

While this was happening the kidnappers pulled out cop badges so they were free to pass. Ryan finally reached where Jessica and her husband were supposed to meet, only to grab the wrong guy and watch the kidnappers take the right

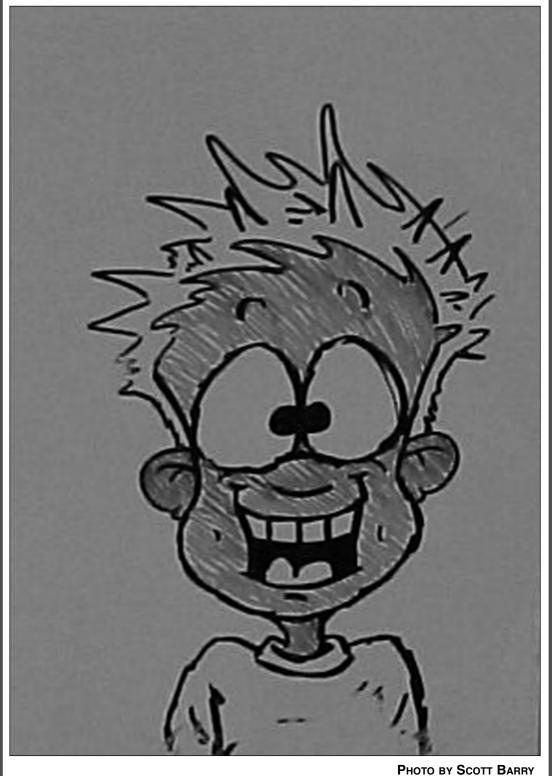
The kidnappers take him to a bank to get something out of a safety deposit box. After Mr. Martin retrieves his item from the box, Ryan beats up two of the villains and steals the box from Mr. Martin, telling him to run. On the run, Ryan accidentally loses contact with Jessica.

Soon, Mr. Martin is taken to the same location where his wife and child are being held at. Ryan, now having no way of finding Jessica, realizes that his phone can hold up to 50 prior calls and calls back the house where Jessica is staying. Here he talks to the kidnappers and tells them that they can have what they want if they give up Jessica and her family.

The ending is what ties the whole movie together and gives it some meaning. This movie is creative and well-produced with an all-star cast.

For more information on "Cellular," visit the official website at http://www.cellularthemovie.com/.

Who drew me? \$10.00 Reward



Scheidies provides hope for new mothers

BY ROBYN SANDERS
ANTELOPE STAFF WRITER

Readers learned more about the joys and cares of motherhood when Hastings hosted a book signing for Carolyn R. Scheidies on Saturday.

Her book is called "Help! I'm a New Mother," and is a compilation of advice and hints about motherhood from Scheidies and other mothers. Some of these mothers include Liz Curtis Higgs, Kathy C. Miller, Ranee McCollum, Carolyn Pizzuti, Gayle Roper, Linda E. Shepherd, Francine Rivers and many others.

The book contains information on feeding, schedules and wardrobe hints. Scheidies gives practical advice with a beenthere-done-that method. The book offers encouragement and comfort for new mothers.

Scheidies gives tips to new mothers that no longer feel like they have time for themselves. It is important to plan time with the baby by getting out of the house and away from routine.

The author advises:

- Try to be gone for only short periods of time; think of how long a trip is through the baby's point of view.
- Realize that attitude is only half of the battle.
- Do not expect things to be normal or as they were before.
- Try to keep one or more hobbies or interests after the baby is born.
- Develop flexibility in time and planning instead of a rigorous schedule.
- Ask God for help; he promises guidance.
- Ask for help from other mothers, because they may have more suggestions.
- Do not be afraid to explain how you feel, because your child can sense it anyway.
- Sharing feelings can reduce the baby's anxiety that something is wrong or that it is their fault
- Finally, forgive yourself when you are not perfect. Nobody is perfect.

The first chapter of the book is about the mother's role: how the mother views the role before and after the birth of her baby, and how society views the mother's role. The chapter also discusses how the mother's spouse and family view her

The second chapter is about how new mothers deal with not having enough time for themselves, meeting personal needs and expectations, changing scenery and attitude, feeling like getting away, the new mother's needs versus the baby's needs and developing other interests.

The third chapter discusses if it is possible to spoil the baby. It also explains about meeting the needs of the new baby, the baby's sleeping patterns, schedules, crying and bonding.

The fourth chapter is about breast-feeding. Scheidies gives the history of breast-feeding and bottle-feeding, the mother's rights, how society dictates it and how to build self-esteem.

Chapter five is about breastfeeding and common concerns a new mother has with it. Scheidies gives advice and addresses the problems and solutions.

The next section, chapter six, discusses dealing with stress, diet, exhaustion, control, and with handling the hassles with motherhood and rediscovery.

Chapter seven is about work, the age-old controversy, financial problems and budget planning, motherhood as a profession, quality time versus quantity time and how motherhood is working for more than a paycheck.

about being a creative homemaker, establishing priorities, managing attitudes, time, values and finances.

The eighth chapter explains

Chapter nine is how the new mother finds spiritual time everyday for herself.

Chapter 10 gives advice to mothers who feel like they do not have time to eat. Scheidies offers help about nutrition,

defining what nutrition is and why it is important and what to

Chapter 11 discusses the myth of the perfect mom, self-image, insecurity, fear, frustration and anger.

Chapter 12 offers more information on self-image and wardrobe

Kay Tira, a mother of three, called the book "a great gift for expectant or new mothers, it is a quick read and a good resource."

According to Kathy Collard Miller, a speaker and an author of several books, the book will inspire any mother to think, "Hey I can do this after all!"

"I wish I could have had Carolyn's "Help! I'm a New Mother" when I was a new mom," Laura A. Sherwood, assistant professor of broadcasting and KLPR advisor at the University of Nebraska Kearney and mother of three, said.

Scheidies is not only an author, but also a public speaker on a variety of topics. She can

definitely speak about her personal experiences as a teenager. She experienced juvenile rheumatoid arthritis and was put in a wheelchair.

She also speaks on motherhood, dealing with disability, accessibility and what is good for one is not necessarily good for all - writing, positive attitudes, being a Christian and

After college and extensive surgery, including joint replacements, the operations straightened her legs, which enabled her to learn how to walk again. She has had several surgeries since then so she could continue walking. Now she has two children and three grandchildren, and she is active in the church and the community.

Scheidies has written over a dozen novels, a devotional journal, booklets, and contributions to many non-fiction books in her career.

For more info on Carolyn Scheidies, visit http://welcome.to/crscheidies.

Lights, camera, action!

House of Bernarda Alba graces the stage

PHOTOS BY JILLIAN HOTHAN











THE ANTELOPE

Find "once-upon-a-time" clothes at Refind

BY BRITTANY THALLS ANTELOPE STAFF WRITER

Homecoming week has come and gone.

And, by the struggle it was to find just the right outfit you were searching for to get that crazy look, you know that you are going to have to start working pretty hard to find your Halloween costume, right?

Well, look no further. Refind in downtown Kearney is just what you are looking for.

Refind is a charming shop in downtown Kearney right on Central Avenue. It is a consignment shop by loose definition, but this store goes above and beyond the call of duty.

The store opened on Aug. 1, 2002, with mostly clothes and a small selection of houseware. A little over two years later, inventory in the store includes original pieces of art and handmade accessories.

With a full stock of vintage and retro apparel, all of those looking for a Halloween costume or just a funky pair of pants have found what they are hunting for. Within ten minutes, you will see leather pants, suede jackets, outrageous hats and those strangely perfect shoes that will make your whole look come together.

Bring your UNK student ID and you will even get a 10 percent discount.

In addition to its extensive selection of vintage clothing, Refind carries only the best in name brands. According to Marcy DeJonge, one of the store's full-time employees, Refind has "pretty much any name brand you're looking for."

Jeans are a big seller for the store, she said, and if there is a brand that you want and the store don't seem to have it, don't worry. "We are getting new stuff in all the time," DeJonge said. "If we don't have something now, chances are we will in the next couple of weeks."

Handmade merchandise is another one of the specialties of the house. The store has more than 40 artists that bring in their original merchandise. They get everything from handmade jewelry and purses to one-of-a-kind painted furniture and beadwork.

Ladies, if you are a sucker for a great handbag or set of earrings, you have to stop in here.

And if vintage clothing, name-brand apparel and handmade accessories aren't enough to draw you in, Refind is constantly ordering brand-new merchandise. "Not everything is previously owned," DeJonge said. "We have brand new ponchos and purses that are really in style."

Refind is not your average downtown shop. Not only do they have the regular hours of 10 a.m. to 6 p.m., Monday through Saturday, it stays open for private parties at least once a week. During these parties, guests can shop with additional discounts and have the store all to themselves.

Any group is welcome, DeJonge said. "It would be

great to have a party for one of the groups on campus like a sorority," DeJonge said. "They can all pick out Halloween costumes or just see what they find."

At this store, there are almost no two things alike. Refind has over 1,900 consigners from more than 20 states and numerous countries, so their selection goes beyond the scope of Kearney. And since the shop is always getting new merchandise, there is always stuff on sale. If something has not sold in a month, it gets marked down. And if 90 days passes and the item still hasn't sold, it is donated to charity.

It really doesn't matter what you're looking for. Refind has old vinyl records and traditional gas station shirts with the name Ed on the patch. The possibilities are endless.

So stop in and see what this little shop has to offer.

I can almost guarantee that with a little exploring, you won't walk out empty-handed.



PHOTO BY AMY BUTTERFIELD

Hear ye! Hear ye! Hear Come check out these great music acts coming to the Kearney community: Hear ye???

Black Sheep Coffee House:

Fri Oct 15: Bob Ayers Sat Oct 16: Joel Fought

Cunninghams Journal

Thurs Oct 14: Pomeroy Sat Oct 16: Starrunner

Maxwells Lounge

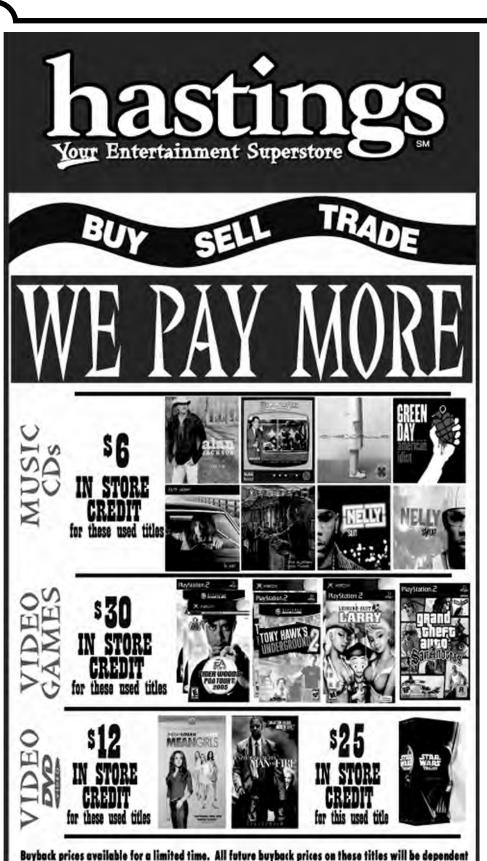
Thurs - Sat Oct 14-16: Flipside

Thunderhead

Fri Oct 15: Rope Band Wed Oct 29: Hopesick The Sykuan Scene **TBA**

Paradise Cove

Sat Oct 16: Arlington - Westsid Prolotariat Youth in Asia - Ready to die For the Warrier



on market conditions. Availablity varies by store. See store for details on buyback requirements.







Swap it

BY JILL WOOLSEY ANTELOPE STAFF WRITER

Inside the small, but cozy Swap Shop, you will find everything ranging from a large Heinz ketchup clock to an authentic diamond wedding

Now open at its new location at 21 East 21st St. in

"I am not a pawn shop, I am a swap shop."

Mary Ann McCuiston

Kearney, next door to Tex's Café, owner Mary Ann McCuiston made one thing very clear.

"I am not a pawn shop, I am a swap shop," McCuiston said.

Reason being that, pawn shops charge interest on items being sold, and McCuiston does not.

"I am an honest lady who buys, sells and trades off the street," the Swap Shop owner explained.

In 1997 the Swap Shop was introduced to Kearney. The only difference was its location, across the street from where it is now, next to the new bar Lumberg's.

McCuiston moved to Kearney to open a bookstore, but the college kids wanted a video store. With McCuiston's love for music, she thought it would be a great idea if her store offered CD's along with videos, video games, records and eventually, almost anything that was worth buying, selling or trading. The one thing that the Swap Shop chooses not to sell is anything that relates to drugs or alcohol.

The Swap Shop preys on students who need cash.

NEWS

Former graduates honored by alumni association



uNION cOFFEE sHOP

fINE aRTS cAFE Breakfast 9am-10am Lunch 10am-3.30pm mon•fri

Breakfast 7.30am-10am

Lunch 10am-3pm

PHOTO BY STEPHANIE QUEEN

nEBRASKAN cOMMONS

Breakfast • Lunch 9.30am-1pm sat • sun

uRN & uRS alternate weekends and fri nights

Lunch 10am-2pm Dinner 5pm-7pm(until 6.30 on fri)

Dinner 4.30pm-6pm (sat only)

Continental Breakfast 9am-10am

Brunch 12pm-1pm sat•s Dinner 5.30pm-6.30pm (sat only)

Breakfast 7am-10am

uRN & uRS Breakfast 7.15am-9am

Lunch 11.30am-1pm

Dinner 5pm-6.30pm

Ali, Lackey, and Jones are honored outside of the College of Education near the Payne Family Bridge.



BY STEPHANIE QUEEN

Former graduates were honored by the College of Education Alumni Association Friday.

Ali Elias, a former wrestler; Roger Jones, the head of the UNK Foundation; John Lackey, a former coach who performed under the legendary Al Zickman; and Rob Wennstedt were all honored at the reception. Elias, Lackey, and Wennstedt were also inducted into the UNK Athletic Hall of Fame. Jones received the Distinguished Alumni Service Award.

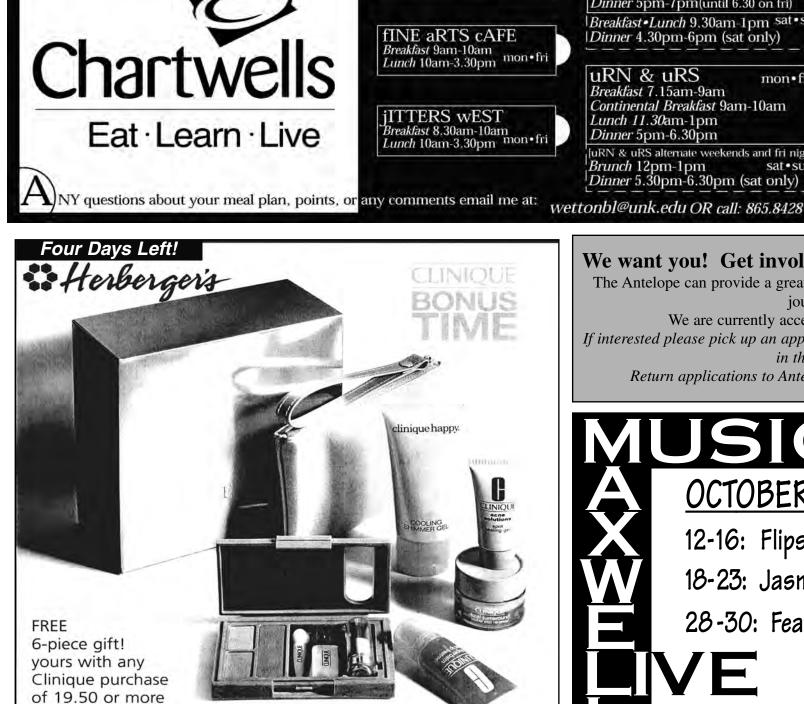
Elias, Jones and Lackey were present at the reception, and they received a certificate from Dean of the College of Education Marilyn Hadley and the Associate Dean Ed Scantling.

The honored alumni were also each given a one-of-kind piece of pottery designed by Dang Nimchanga, a potter who gathered earth from the ground-breaking of the new College of Education building. Nimchanga then used the dirt to make a clay from which he created his pieces.

"It makes it into something beautiful and useful instead,' Cel Davis, a secretary for the Department of Counseling and School Psychology, said.

Other alumni were invited to attend the afternoon reception, where a variety of food was served. They had the chance to visit with Chancellor Doug Kristensen and other old friends.

This is the fifth year the College of Education has honored education alumni, as well as the third annual reception held in the new College of Education building.



We want you! Get involved with the Antelope newspaper! The Antelope can provide a great experience for students in any major, not just

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journalism majors. We are currently accepting applications for all positions If interested please pick up an application outside the Antelope Newsroom located

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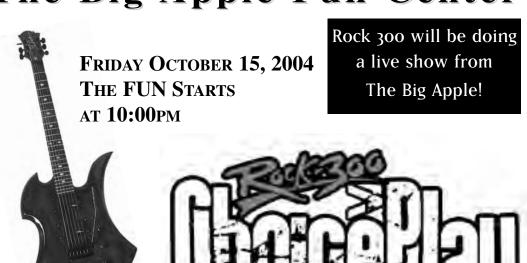
To order by phone, call 1-888-838-2800. Merchandise availability may vary by store. Nominal delivery charge on mail/phone orders. [2235C]

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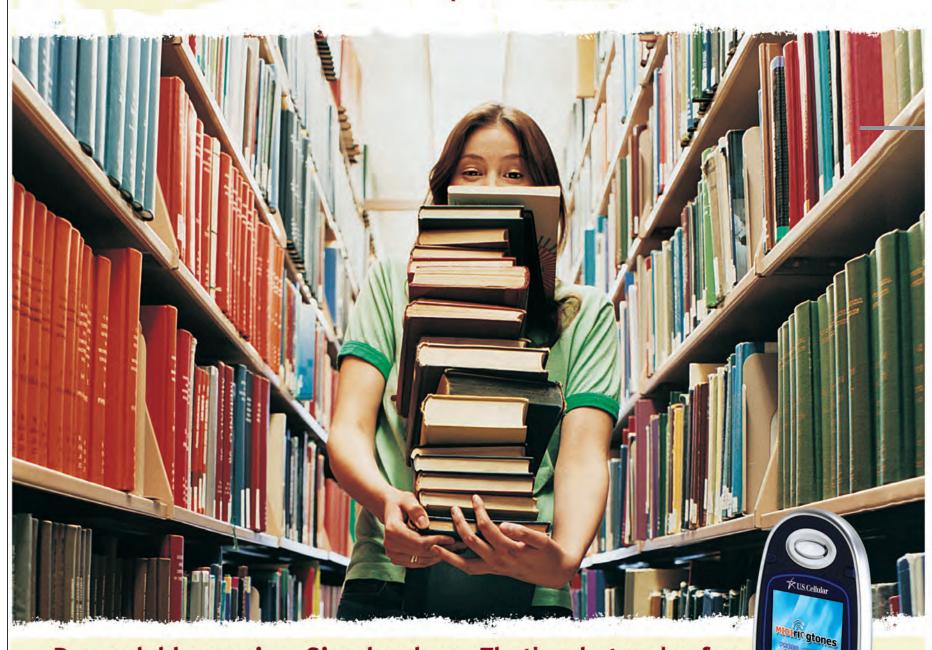
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