

WEDNESDAY, OCT. 15, 2008

http://mcluhan.unk.edu/antelope/

Homecoming Parade shows Loper spirit

BY TARA PURDIE Antelope Staff

After a long week of sleepless nights and fierce tricycle, limbo, spirit and lip-sync competitions, Homecoming was concluded with the annual parade on Oct. 11 on Central Avenue in downtown Kearney where students and local organizations showed their pride for the Kear-

ney community. The parade was kick started by the marching band and color guard. Following the marching band in a limousine was this year's Homecoming King Mason Doughty and Homecoming Queen Claire Bryan. Bryan, a Katy, Texas, senior majoring in special education said she had a lot of fun being in the parade even though it was cold.

Bryan said that she loved being part of something that involved the entire community.

Senior Criss Salinas Jr. from Schuyler, a Spanish education major, said that despite the weather, he also enjoyed the parade. Salinas, who was the 2007 Homecoming King, said he was

surprised by people's reactions to him and Homecoming Queen of 2007, Lea Schneider.

Salinas said though he was Homecoming King last year, people still yelled and clapped.

Salinas said, "Seeing the UNK students and Kearney community support the Homecoming Parade shows how important the UNK campus is to the Kearney community."

Paige Wewel, a member of Chi Omega, said she wanted to help represent her sorority and show school spirit. Wewel, freshman from Lincoln majoring

in forensic science and criminal justice, said her favorite part of the parade was getting to see all of the other floats made by the residence halls, sororities and fraternities because so much time and work was put into hers.

Wewel said The Delts who paired with her sorority concentrated mainly on the float, and they did a great job. "I actually concentrated most of my efforts on the banner, which took about 30 hours give or take. It was probably the best all-nighter I have pulled at school yet."

Katie Grant, a member of

Alpha Omicron Pi, also said she spent many late nights working on Homecoming. Grant, a junior art history major from Kearney, said that one of the best things about Homecoming week is getting to know other people.

Grant said she really enjoyed "getting a chance to get to know the fraternities on our homecoming team." Grant and many other teams put hours into building their floats for the parade.

Grant said she laughed when she watched their banner fall apart right as their float turned the corner to begin the parade route. Grant said, "Building a float takes a lot of time and effort, and regardless of the outcome, the experience makes all that time and effort worth it."

VOL. 108 NO. 7

Grant and Wewel both said they plan on attending the parade next year and they intend to participate in the Homecoming festivities again.

"The parade really showed the students pride in our school. It was clear how much work they put into it and seeing it being put to use was really gratifying and fun," Wewel said.



Photos by Sarah Mulder

FAR LEFT: The Antelope/Nester banner is paraded down Central Avenue to take first place in the banner competition.

LEFT: Louie the Loper dances down the street as he pumps up the crowd for the Homecoming Parade.

ABOVE: The Alpha Phi/Sigma Phi Epsilon float won first prize in the Homecoming float competition. They won second overall in the Homecoming Sweepstakes.

Follet's closing raises concerns about long book buyback lines



Randall Hall freshman had positive attitude

2008 Homecoming Winners 1st Antelope/Nester 2nd Alpha Phi/Sigma Phi Epsilon 3rd Men's/Stout/FIJI's





BY GARRETT RITONYA Antelope Staff

Every so often, we meet one person in our lives who changes our perspective in the way we look at things and how we live. Amanda Turman just happened to be one of those people.

Turman died in a car accident Monday, Oct. 7, after she lost control of her car on a Kansas highway and collided headon with a school bus.

She was a UNK freshman, living in Randall Hall, a common living area for first-year students. Residents say Turman spent a lot of time between her floor (3rd) and 2nd floor of Randall making her presence felt.

"Amanda was known for spending a lot of her free time between floors and making friends with all the people who lived there," Randall Hall Director Dick Pfarrer said. "She left her imprint on those she visited."

While attending UNK, Turman loved to dance and was very involved with homecoming, especially lip-sync. She had also tried out for the new Tri-City Storm dance team.

"She was always happy-go-lucky, and when she was happy, she was full of smiles

her," said Amy Shearer, a freshman social work major from Almena, Kan. Shearer is Turman's cousin and also lives in Randall Hall

According to Shearer, Turman was involved in a lot of different activities in high school, including volleyball and basketball, four years on the dance team, four years in KAY (Kansas Association for Youth) and choir.

She found her way to UNK because of another cousin who goes here, as well as a couple of relatives who also attended the school in years past. They raved how good the school was and with UNK only an hour and half away from Norton, Turman applied here, and only here.

She was described as a girl who would be there for you, day or night.

"Mandi was the best roommate anyone could ever ask for," said Marguerite Dorr, a freshman international relations with Spanish major from Hershey, Neb. "If I ever had any problems, she would be there to listen and to help any way she could."

Shearer and Dorr both joked about Turman's love for dolphins and how she would collect anything that had to do with them. They noted the kind of girl Turman was, saying that kids and social work were a large part of her life and who she wanted to become.

Services for Turman were held this past Saturday in her hometown of Norton, Kan., where several members of the Randall Hall community traveled to say their final goodbyes. It has been noted how the hall as a community has been affected by this situation.

"It's terrible when anything like this occurs, but Randall Hall as a community

because she wanted you to smile with has become more bonded than ever before," Pfarrer said. "We all started with our lip-sync performance where we left Amanda's spot open to show that even though she was not here, she was still with us in spirit."

> At the end of their lip-sync show, five members of Randall Hall turned around with "MANDI" painted on the back of their shirts. The rest of the performers pointed to the sky, symbolizing their performance for Turman.

> "She was very family and friends oriented and she will be missed dearly," Shearer said. "Mandi was not just a cousin, she was a best friend, not only to me, but to a lot of others."

BELOW: The residents of Randall Hall spell out "Mandi" on the south side of Randall Hall on Oct. 10. Photo by Garrett Ritonya

No one really knows how to handle situations like this, but LeAnn Obrecht from the Counseling Care center says that there are many methods in coping with the grief.

"The counseling center is always available, totally confidential and free of charge and counselors are trained in this type of area."

"If the counseling center is not available at the time you need them, it is helpful to write about the person or put together pictures of the times you spent with them. This will allow positive feelings to come out and take away some of the grief."

"Talk with others around you about the positive impact she brought to your lives. Talk about the good times and attempt to laugh.'

"Students should always know they are never alone in the way they feel, counselors are available to talk as well as RA's, who are trained in these areas."



BY JENNY GIERHAN Antelope Staff

Follet's Bookstore will be closing their doors in October and are not commenting locally or through their national Director of Public/Campus Relations Elio DeBoala

Students are unhappy at the thought of having only one campus bookstore in town.

Jared Gerdes, a junior from Valentine, Neb. majoring in criminal justice said he liked having the options and will change his book buying practices. "I'll either have to go to the Internet for my books or spend way more than I should at Antelope."

Antelope Store Director Len Fangmeyer said prices will not jump as a result of the move."We would like to assure students that pricing is based on the standard price of the publisher of that book. Antelope Bookstore also has a contract with the university that sets a ceiling for prices of books that cannot be exceeded."

Fangmeyer will be attending a student government meeting to address student concerns. "If any student has a concern or questions about the matter, they are welcome to ask me anytime," Fangmeyer said.

As book buyback season is approaching rapidly, students have all probably witnessed the extremely long lines wrapping around Antelope Bookstore. Fangmeyer said that they are currently in the process of planning more efficient buybacks. Right now they are looking at three different locations: The Health and Sports Center, West Center and the bookstore.

He said these locations will provide convenience for students in different colleges of study instead of requiring all students to go all the way to the union.

"Our store's current layout can't handle the student's need to sell their books back. We will be adding more staff members in November, and are working with the college to expand the bookstore," Fangmeyer said.

Antelope Bookstore currently has offices and storage in the store that will probably be moved to alternative locations to make room for more books and supplies. They are hoping to begin construction Nov. 1 and have the work done by January.

On the upside, the forced closing of Follets at the current location will make room for campus improvement expanding the campus entrance and possibly help with parking problems. The Board of Regents met in Lincoln on Sept. 5, 2008, where they discussed the approval of resolution IX-B-1 to "Approve the Resolution authorizing the University Administration to proceed with the purchase of real property in the vicinity of 813-825 West 25th Street & 800 Block West 26th Street, Kearney, Nebraska, for the development of the main entrance (east) into UNK and to address other traffic safety and traffic flow issues, including the initiation of eminent domain proceedings to purchase such property, if necessary."

UNK Student Body President, Tim Hruza voted in "aye" along with other students from UNL and UNO to pass the motion.

Gerdes, like many students and staff hopes for more parking. He said, "I really hope that if UNK buys the property they make more parking for students. I'd like to see a parking garage."

Sentelope 🕄

WEDNESDAY, OCT. 15, 2008

STRESSED OUT STUDENTS should seek help when problems mount up

BY JENNY GIERHAN Antelope Staff

"Hey! How are you doing?'

"I'm good. You?" Most students have this conversation at least five times a day as they go into classrooms as part of their daily routine.

Now think about this, do you always answer the question honestly?

Sometimes you are not doing well but say you are to avoid any awkwardness or admitting to the world that things aren't well.

A lot of times it's easier to push negativity away and ignore it rather than face the facts.

Feelings of sadness, worthlessness, hopelessness, low energy, anxiety and a loss of interest in everyday activities are all common signs of people dealing with depression.

If you feel any of these emotions, don't worry because many UNK students are in the same boat as you, particularly as we enter the high stress time of midterms and finals where students routinely face lack of sleep, the flu season and pressure in both classes and jobs.

According to halfofus.com nearly half of college students said they have felt so depressed that it has been difficult to function.

Kristen Steinbeck, Licensed

Professional Counselor and Suicide Prevention Director said they routinely see students having difficulty dealing with tough times. "We probably counsel about 60 students per week, but we feel like there are many more to be reached." This list includes all types of UNK students: traditional, non-traditional, fulltime and part-time students.

"The top three reasons students come in feeling depressed are:

•adjustment to college life and stress of school •relationship struggles with

a boyfriend or girlfriend · eating disorders."

Steinbeck said the center can provide free and confidential counseling by professionals to help students get through these tough times.

About 7.8 percent of UNK students have gone into the counseling center because they have seriously considered suicide.

UNK Counseling faculty and interns were set up in the Nebraskan Student Union on Friday, Oct. 10 for National Depression Screening Day. Those who took the test were eligible to win several prizes such as an iPod Nano, movie tickets and more.

Students may have come in drawn by the prizes, but the draw of the prizes just gave them the little nudge needed because they

had been thinking about ways to deal with the stress."We have had several students who mentioned they have been meaning to come in and make an appointment. I think we've reached some more students through the screenings. I hope those individuals really do call for an appointment," Steinbeck said.

This emphasis on dealing with depression may also be a chance to help ay friend's you think may need a counseling session, but you may not know how to go about telling them. One helpful thing to do is give that friend the Counseling Center's phone number.

You can also help a friend by saying you will make an appointment with him/her.

Another option could be to actually walk your friend to his/ her appointment and let them take the initiative from there. Different options work for different people, but the main thing is to get help before it's too late.

NEED TO TALK?

If you would like more information or want to make an appointment, contact **UNK Counseling Care at** 865-8248 or www.unk. edu/office/counseling.



BY MEGAN WENZ Antelope Staff

We have to pay more for everything lately. Whether it be gas, groceries or clothes we all seem to notice and therefore complain. If you vote than maybe you have the right to complain or better yet, make a difference in our country.

Senator Barack Obama (Dem) from Illinois and his vice presidential pick Joe Biden as well as Senator John McCain (Rep) from Arizona and his vice presidential pick Sarah Palin are the two major candidates for president in this year's election.

This election year is very important in many aspects. With the war in Iraq wearing on many Americans, the economy going downhill quickly, the energy crisis and many other major problems being addressed, each candidate has taken a stance on these issues.

A few key ideas that affect us a lot include energy, agriculture and the war in Iraq. McCain's stance on the energy crisis

is an idea called the Lexington Project which among many points would expand domestic oil and natural gas exploration and production as well as invest in clean alternative sources of energy. McCain believes that the U.S. needs to help Iraq become a more stable government and therefore doesn't want to withdraw troops until that has happened.

Obama wants to end the war in Iraq. When discussing the energy crisis Obama has also created a plan called New Energy for America in which among many points he plans to eliminate our dependency on foreign oil.

Both parties feel that Americans benefit a lot from agriculture and have ideas that help the farmers stay a float.

Both candidates want to control the tax that is put on farmers to try and elevate some of the cost. Obama plans to mark American goods so buyers are aware of the origin of their products. McCain plans to provide a market driven risk management system for farmers.

Many students are still undecided and may be influenced by the debate Thursday. Michaela Nutt, a senior from Cozad said, "I knew who I was voting for, and then another debate was on TV and I was back to trying to decide. The debates are confusing and annoying because I think they spend more time attacking each other's policies than explaining their own."

Students like Meghan Farmer, a senior from North Bend, may need to plan ahead if they want to vote. "I am registered to vote, but I need to get an absentee ballot for my county," Farmer said.

Although some people feel that it doesn't matter if they vote because one person can't change the outcome of the election, it is important to look at the issues at hand and know that we all make the decisions that mold our country.

Information about candidates came from johnmccain. com and barackobama.com.





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c/o the Antelope editor Mitchell Center University of Nebraska at

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Ad Staff





Homecoming 2008

Lip-, sync

Photo by Kristen Brockman The men of Randall Hall spell out " Mandi" in tribute to fellow resident Amanda Turman who passed away last week. Turman was to be a part of the Lip-Sync performance, and her spot in the dances was left vacant in her



Performers from Antelope and Nester Halls end their Lipsync performance with a flair. Antelope/Nester won first place in Lip-sync and took the top honors in the 2008 Homecoming sweepstakes.

Trike Race



Photo by A Sanam Bhaila Benn Dixon, a political science major from Gering, and Jocob McCann, a biology/pre-chiropractic major from Kearney, participate in the Race Track competition held by the bell tower





Photo by Sarah Mulder UNK students and community residents passed out candy at the Homecoming parade on Oct. 11. Despite the cold and drizzle, many Loper supporters still came out and cheered on The Blue.

Spirit Competition



Photo by Kristen Brockman The group of Alpha Phi and Sigma Phi Epsilon dance to "Cupid Shuffle" during their Lip-Sync performance. The group placed third in Lip-Sync and

Parade



Photo by Sarah Mulder The UNK" Pride of the Plains" Marching Band marches down Central Avenue as a part of the Homecoming Paaown Central Avenue as a part of the Homecoming Pa-rade on Oct. 11. The band and color guard kick started the parade with the Loper Fight song and later performed at halftime of the football game despite the cold weather.

Photo by Kristen Brockman Seniors' Mason Doughty, a business manage-ment major from North Platte, and Claire Bryan, a special education major from Katy, Texas, were crowned 2008 homecoming king and queen at the Health and Sports Center. Doughty represented Sigma Phi Epsilon fraternity and Bryan represented Gamma Phi Beta sorority.



Photo by Sapana Upadhyay Alpha Phi and Sigma Phi Espilson perform their cheer for the Spirit Competition. The group placed second with 568 points.



Photo by Sapana Upadhyay The Antelope/Nester group performs their cheer in the Spirit Compitition during Homecoming Week. Antelope/ Nester won the competition by scoring 620 points.

VanLengen gives back to students of her alma mater: UNK



Photo by Sara Quisenberry VanLengen speaks about the path she took to where she is today. VanLengen, though she has a degree in business education from UNK, broadcasts for Fox Sports Net and ESPN.

"It was an incredible privilege and honor to come back to my alma mater and call the game. I am so proud to be the voice of Division II, of UNK and of Kearney."

Brenda VanLengen ESPN basketball announcer

BY MANDI BEHN Copy Editor

Al Michaels, Pat Summerall and Keith Jackson are names of sports broadcasting greats, but they are far removed from the UNK campus. Brenda VanLengen is one sports broadcaster close to the hearts of UNK students.

VanLengen, a 1988 UNK alum, is one of ESPN's top five female broadcasters in basketball. Raised in Roseland, Neb. and graduating with a degree in business education, VanLengen never thought she would be doing the career she is famous for today.

"All I knew was teaching and coaching. That was my scope of what careers were. Then I started getting experience, and it took me places I never thought of," VanLengen said.

Van Lengen went from coaching for the University of Nebraska-Lincoln women's basketball team to analyzing basketball games on Nebraska Public Television. From there, she was offered broadcasting jobs from Fox Sports Net and ESPN.

Although VanLengen has climbed the proverbial ladder of success, she still loves to connect with her alma

mater. In 2007, she broadcast the Division II Women's Basketball National Championships on ESPN, which were held at UNK.

"It was an incredible privilege and honor to come back to my alma mater and call the game. I am so proud to be the voice of Division II, of UNK and of Kearney," VanLengen said.

VanLengen also participated in the Loper Women's Walk in August in support of UNK women's athletics. And finally, she endowed the Ann Stockton Memorial Scholarship, a scholarship for UNK women's basketball in honor of friend and former basketball teammate, Ann Stockton, who was killed in a motorcycle accident.

More recently, on Oct. 11, Van-Lengen stopped by the campus to have brunch with members of the Students In Mass Media and Ad/PR clubs. VanLengen wanted to share her experience and knowledge of the business of broadcasting in hopes to encourage and inspire those members attending.

"I think it is important to give back to UNK and the generations to come," she said.

VanLengen's words may have been tailored towards those students in the club, but her advice can inspire any student, in any field.

"Internships are invaluable. The way you get experience is by internships. Getting your foot in the door opens up so many opportunities," Van-Lengen said. "The opportunity to network is important because it's not what you know, it's who you know."

She also said that internships are an investment and that students pursuing one or already taking part, should show their eagerness to do and learn things.

One last piece of advice from Van-Lengen: "be different, be unique."

▼ Trip to the Emerald Isle planned for May '09

"There is nothing like it, it is definetly an experience you will never forget," said Dr. Jan Kimmons, Assistant Professor of Family Studies and Interior Design.

BY AMANDA BAILLIE Antelope Staff

Always had a yearning to go to Ireland?

"Imagine standing on the 600 foot cliffs of Moher looking out into the Atlantic Ocean, or strolling through a quaint village visiting with the locals. There is nothing like it, it is definitely an experience you will never forget," Assistant Professor of Family Studies and Interior Design Dr. Jan Kimmons.

Kimmons has planned a trip to Ireland for those students interested in seeing and learning about the Emerald Isle. "The focus of this trip is to experience the culture of Ireland up close," Kimmons said.

The trip is 10 days and the tentative schedule is: Days 1-2: arrival in Dublin, Ireland, Day 3 is a free day, Day 4 is sightseeing in Dublin City, Day 5 is the Blarney Castle, Waterford, and Killarney, Day 6 is the Ring of Kerry coach tour and Bog Village, Day 7 is Bunratty and the Limerick walking tour, Day 8 is the Cliffs of Moher, the Burren and the Galway walking tours, Day 9 is an optional excursion to the Aran Islands or a free day in Galway, Day 10 is the return flight home.

Images of the beauty of Ireland and international travel have drawn students to this opportunity.

"I am very excited to go visit another country. I heard it is very beautiful in Ireland. I hope to learn about all the different buildings and places we will be visiting. It will be neat to see how they live and design over there. Dublin is one of the places we get to go visit. I hope it will help me have a wider aspect when it comes to design," said Abbie Sazama junior interior design student.

Hillary Shultz, a junior interior design student said, "Being able to take such a trip like this with your classmates and teachers is an experience that a lot of people can't say they have done. And being able to say that in college I visited Ireland is a very proud achievement in my eyes. I am excited to see all the different styles and design elements they use there compared to what I get to see here."

Kimmons said she enjoys these trips because she is able to watch the students become aware of the world outside the one they are so familiar with. "Their wonder and enthusiasm is really gratifying to watch. This experience adds enormously to their education."

The trip to Ireland is still open to those who want to experience another world. The trip offers writing intensive credits for those students who need them. The deadline is March 1, 2009



Photo courtesy of Dr. Jan Kimmons

Assistant Professor of Family Studies and Interior Design Dr. Jan Kimmons stands on a worn stone while sightseeing in Ireland. Kimmons is planning another 10 day trip to Ireland in May 2009.

To learn more: · Visit www.passports.com Click on "we're going" • Enter May 2009 in the preview box, • Click on the "details" tab

• Or contact Assistant Professor Jan Kimmons at 865-8229.

Photos of the Week

Wall Street is Main Street



Photo by Sapana Upadhyay Bev Frickel, an associate professor in accounting and finance speaks about the new and current strategies of marketing to students during the program 'Wall Street is Main Street' on Oct. 6.

Miss Nebraska signs autographs



Photo by Kristen Brockman

At the first Tri-City Storm home game, the reigning Miss Nebraska Gretchen Bergquist, a senior organizational communications major from Oxford, signs autographs for Corey Helie, a senior broadcasting major from North Platte, center, and Brandon Oseka, a senior broadcasting major from Kearney.



Planning to Student Teach In the Fall of 2009?



In order to apply, you must attend a workshop where placement procedures are explained, the application process is outlined, and materials are distributed. This is the only way you can apply for student teaching!

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All Fall 2009 student teachers must attend one of the November workshops or the make-up workshop on January 15, 2009 at 3:30 p.m. in C216. All sessions will be held in the College of Education Building in the rooms listed above. Questions? Call Ann Knipping at 865-8937, stop by the KASE Office in the College of Education C128, or email knippingam@unk.edu



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Volleyball cruises past Fort Lewis; Cross Country winning streak now at 21 games

BY GARRETT RITONYA Antelope Staff

The University of Nebraska at Kearney Volleyball Team took the court Saturday night in a battle of first place teams as they took on RMAC rival Fort Lewis.

Coming into the game, the Skyhawks were in first place in the West division of the RMAC while UNK was the top team in the East.

What should have been a heated battle between the teams turned into a one-sided blowout with the Lopers sweeping all three sets in convincing fashion, further separating themselves from the rest of the RMAC.

Leading the Lopers to set wins of 25-15, 25-13 and 25-14, were middle hitters Nikki Scott, a junior from Broken Bow, and Jeri Walkowiak, a sophomore from Grand Island, who combined for 22 of the team's 45 kills.

The Lopers finished the game with an outstanding .343 hitting percentage, their third highest total on the year.

Perhaps the hottest player of the night was Scott, who had 12 kills in just 15 swings with only one error, which equaled a .733 attack percentage.

"We knew that we were playing a really good opponent in Fort Lewis, so we knew that we could not make unforced errors and silly mistakes," Scott said. "We came out and kept our errors down and played a pretty complete game."

Fort Lewis had a hard time getting anything going against the hot Lopers squad, which has now rattled off 21 straight victories after losing their first match of the year in Hawaii.

"We have continued to improve from the beginning of the season," Scott said. "We are working hard in practice to improve the things we are struggling with, and we love to com-



cess has been the Lopers' detail on defense, losing only two sets at home this year.

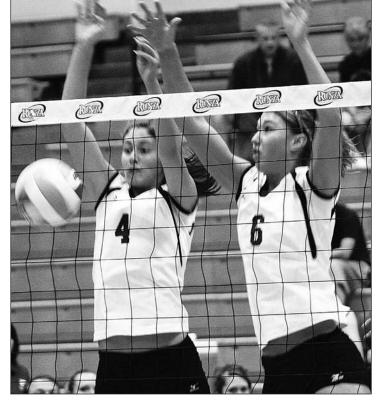
During the game, the Loper women held Fort Lewis to a measly .035 attack percentage, while UNK compiled a .343 average.

"We have always been a good defensive team that has been able to make those spectacular plays in a game that really get you some momentum," Walkowiak said.

"However, it's routine plays that are really key in a game. Coach makes sure to emphasize this in every practice, and we work on it everyday in order to make sure we are able to defend come game time."

UNK has also done a good job of defending its home court this season. The Lopers have only lost two sets in the Health and Sports Center all year.

The next stretch of games will be a test for the Lopers, as they will travel for three straight road games in three consecutive days, starting Thursday night against Adams State.



Photos by Garrett Ritonya **TOP:** Sophomore middle hitter Jeri Walkowiak, of Grand Island, slams the ball through the outstretched arms of the Fort Lewis defense. The Lopers swept all three sets to improve their win**ABOVE:** Outside hitter Kelsey Werner, a sophomore from Grand Island, (left) and middle hitter Jeri Walkowiak (right) both block a shot during Saturday night's game. The Lopers are now ranked No. 7 in the Ameri-

finds success at rare home meet

BY CALLIE ERICKSON Antelope Staff

An overcast sky, 50 degrees with no wind, and a home course- what more could the University of Nebraska at Kearney Men's and Women's Cross Country Teams ask for as they competed in the Loper Open Saturday morning at the Kearney Country Club?

"It was a great day for running," Head Coach Brady Bonsell said. "Everyone who participated did a great job and certainly exceeded my expectations for them."

The UNK women placed fourth and the men fifth, and several Lopers recorded personal bests

The conditions were definitely in favor of the Loper runners. After a seven-year period of traveling to Colorado, Florida, Oklahoma and Minnesota, the cross country teams were finally given the chance to run in a competitive meet on their home course.

Bonsell said he had anticipated slower times than what the runners produced, but many of the members on the team completed the race 40 to 60 seconds faster than their normal times.

"Maybe it was the opportunity to finally compete at home, but whatever it was, three quarters of our runners ran faster times than they ever have before," Bonsell said.

The women ran a six-kilometer race, while the men ran eight-kilometers.

Three UNK freshmen placed within the top 11 of their races. Amy Long, of Minatare, was the eighth woman to cross the finish line with a time of 23:31.50. Not far behind Long was teammate Lauren Stengel, of Deshler, placing 11th with a time of 23:49.50. In the men's race, Al Sanabria, of Minden, finished 10th with a time of 26:06.60.

Tanner Fruit, a sophomore from Ogallala, competed in the meet unattached. Running unattached meant that Fruit competed and his time was recorded, but his time did not contribute

ness put him out of training for a week earlier this season, Fruit seemed to put it all behind him as he placed eighth, coming in with an impressive time of 25:56.80.

Freshman Nick Kizzire, of Bayard, was unable to participate in the meet due to a minor injury. Had Kizzire and Fruit scored for UNK, the men would have challenged second place Augustana for the runner-up spot.

"Everyone who participated did a great job and certainly exceeded my expectations for them."

Brady Bonsell Cross Country head coach

"I look at our team as a part of a two, three, even four-year process. The men returning from last year have improved, and we have some newcomers that are a great addition to the team. On the women's side, I only had my number six and seven girls return from last year so the top five runners are all new," Bonsell said.

As the UNK cross country teams gear up for the Rocky Mountain Athletic Conference Championships they will continue training hard in the weeks to come. The RMAC Championships will take place on Oct. 25 in Colorado.

"I try not to focus so much on goals," Bonsell said. "There is a point when I think they [goals] keep you from where you actually want to be. If our goal is to win RMAC and we do, we accomplished that, but then what's next? We still have the regional meet that we need to work just as hard if not more to reach and compete at."

A seven-year streak without a single home competition will not be the case again. The Lopers host the regional meet this year on Nov. 8 and will take their experiences in the meets

pete. Part of the reason for sucning streak to 21 games.

can Volleyball Coaches Association Top 25 Poll.

to his team's score. After a sick-

to come to prepare them for regionals.



Football team dominates New Mexico Highlands Kaiser, Spitzlberger record stellar performances

BY GARRETT RITONYA Antelope Staff

Not even the thunder over Foster Field could stop the Lopers.

On a wet, dreary and cold afternoon, the University of Nebraska at Kearney Football Team caught fire in an attempt to salvage their season and make a push at a berth in the Division II playoffs.

The first play of the game was a sign of what was in store for RMAC opponent New Mexico Highlands.

Redshirt freshman quarterback Jake Spitzlberger, of Denver, hooked up with wideout Kyle Kaiser for a 68-yard touchdown strike on the first play from scrimmage.

Kaiser, a sophomore from Broomfield, Colo., would find the end zone two more times after that score for a total of three on the game

Kaiser scored twice from 14 yards out, bringing his game total to five catches for 144 yards and three touchdowns, in just one half of work.

He is the first receiver to accomplish this feat since former Loper and NFL wideout Richie Ross in 2003. Only five receivers

Photos by Garrett Ritonya

LEFT: Sophomore wide receiver Kyle Kaiser from Broomfield, Colo., jumps up and above a Highlands defender to grab his third touchdown of the first half. Kaiser became the fifth Loper in school history with three receiving touchdowns in one game.

in the history of the UNK football program have caught three touchdowns in a game, and none have caught four.

"It feels great, obviously, being mentioned in the same category of some great receivers and former Lopers," Kaiser said. "Spitzlberger and I have a very strong connection, and we're very good friends off the field."

Not to be outdone by his favorite target, Spitzlberger had a huge day of his own in just over a quarter of playing time. Along with the three touchdown tosses to Kaiser, Spitzlberger added a 46yard touchdown run early in the first quarter.

He finished the game eight of nine through the air for 181 yards and three touchdowns, adding three rushes for 64 yards with one more score.

From the time Spitzlberger took over the starting job five games ago against Western State, Kaiser has been his prime target, hitting him for six touchdowns in that five-game span.

"Kyle and I have really good chemistry on the field. My part is easy because it seems like he is always open," Spitzlberger said. "He is a big time play maker, and it's important to get those kinds of players the ball that will have a big impact on the team's success."

In addition to their strong performance through the air, the Lopers dominated on the ground during a slightly windy and rainy afternoon, where passing a slippery ball could have been danger-

ous.

The Loper ground game racked up 356 yards rushing, the most since last year when the team rushed for 360 yards in a 61-0 win over Fort Lewis.

The Loper offense seems to be firing on all cylinders since switching to Spitzlberger as the full-time quarterback. During the five-game stretch with him as starter, the Lopers have outscored their opponents 194-53, an average of almost 39 points per game.

"I think the credit can't really go one place but everywhere. It starts with the coaches and how well they prepare us all week and the amount of hours our whole of-

fensive squad puts in for preparation," Spitzlberger said.

With the win Saturday, the Lopers improve to 4-3 on the season and 4-1 in the RMAC.

Next week, the Lopers will take on RMAC opponent Western New Mexico on the road before coming home the following week for a game against the Skyhawks of Fort Lewis.

BELOW: Sophomore tight end Adam Drudik from Juanita shakes off a defender after catching a pass in Saturday's game. The Lopers dominated the Cowboys, winning 58-14.



6 *≋*Antelope

Wolfe takes a bow for "Three Sisters"

BY ABBY WOLF Guest Writer

Lights, camera, action! These are words that have become very familiar to Spencer Wolfe who has been acting since the time he could walk.

"I'm always acting and making others laugh. Once I step foot into a room, I have a talent for brightening it up," Wolfe said.

This talent has directed Wolfe to his home away from home, the stage. Wolfe is currently a sophomore majoring in theatre.

"Bruce Campbell inspired me to take an interest in theater. He has been in over 70 independent films and is best known for his starring role as Ash in 'Evil Dead.' He has also directed, written and produced many of his own works," Wolfe said. "He is my role model, because he doesn't act for money or fame; he acts because he enjoys it." Wolfe can't get enough of the spotlight. He has starred in student-directed one acts, numerous church musicals and five plays. His debut at the Miriam Drake Theatre was in the play "Three Sisters."

"Three Sisters," written by Anton Chekhov, is considered one of the modern-day classics. The playwright was ahead of his time and has influenced theatre greatly as a whole.

The play has allowed Wolfe to grow as an actor and theater student. "Three Sisters" has also shown him a different view of dramas.

"I was never a big fan of dramas due to lack of action and comedy, but 'Three Sisters' has shown me how to better appreciate the subtleties of human interaction." he said.

Wolfe plays Vasily Vasilich Solyony, a military soldier who is continually trying to make jokes and bring attention to himself. He has been devoting his

time at play practice to perfect this role.

"Play practice has been both time consuming and enjoyable. This is the time when scenes really start coming together, and I get to see the magic click first hand when a scene falls into place," Wolfe said.

Wolfe said his role as Solyony has allowed him to challenge himself as an actor. "This is my first role as an official theatre major. Therefore, the department eyes will be watching a little closer and evaluating a little stricter."

The play's director, Jack Garrison, has been the person who has made this worth the challenge for Wolfe.

"While he may be eccentric at times, Jack has a unique style that will make anyone doubt what they have been taught before about theatre. I was very unsure of whether I wanted to change over to a theatre major until I worked with Jack," he said. "Just as one cannot teach music without Elvis or art without Picasso, one can't even begin to understand theatre and its history without Chekhov," Wolfe said.



Nov. 19-23 UNK Theatre presents: "Harvey," by Mary Chase, directed by Dr. Samuel Umland

For more information, visit http://events.unk.edu

Photo by Abby Wolf **RIGHT: From left, Ashley Kobza**

(Masha), Amy Jensen (Olga), and Abby Claar (Irina), embracing one another. In the play, the three sisters comfort each other after the Russian troops leave to be restationed.





Photo by Abby Wolf

"'Three Sisters' has shown me how to better appreciate the subtleties of human interaction." Spencer Wolfe Sophomore



Photos by Sean Takahashi

ABOVE: (from left) Ashley Kobza (Masha), Amy Jensen (Olga), Joseph Knispel (Lieutenant- Colonel Vershinin) and Abby Claar (Irina) perform in the UNK theater production of "Three Sisters." The run of the play ended Sunday.

RIGHT: (from left) Kobza, Claar, Knispel, Jensen and Wolfe share the stage for a scene in "Three Sisters." It was the first production of the season for the theater department.



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