

# THE ANTELOPE

THE WEEK OF OCTOBER 16, 2003

## October marks Domestic Violence Awareness Month



Photo by Shiloh Nichols

The Kearney S.A.F.E. Center holds vigils during October.

by Chrys Wiebelhaus  
Antelope Staff Writer

The 7th Annual Buffalo County Candlelight Vigil was held at the UNK Health and Sports Center Wednesday. The vigil remembered those who have died as a result of domestic violence, celebrated those who have broken free of the violence and offered support to those living in violent relationships.

As the candles illuminated the night during the vigil, a reading of a mayoral proclamation, stories from survivors of domestic violence, music and skits highlighted the event.

During the month of October, the Spouse/Sexual Abuse Family Education (S.A.F.E.) Center in Kearney recognizes survivors of domestic violence during Domestic Violence Awareness Month.

"October is a time to honor people who have lost their lives to domestic violence and to celebrate those breaking away and to support those who are still in violent relationships," Nikki Gausman, Executive Director of the S.A.F.E. Center, said in an Oct. 8 Kearney Hub article.

This year's theme is "Domestic Violence...Let's Face it Together." The 3rd Annual

Kearney County Vigil will take place Oct. 22 at 7 p.m. at the Minden Senior Center; the 4th Annual Phelps County Vigil is set for Oct. 29 at 7 p.m. at the Holdrege Middle School.

Established in 1978, the S.A.F.E. Center is celebrating 25 years of providing services to women, men and children who have experienced domestic abuse or sexual assault. The non-profit organization provides information and resources to empower people to create positive changes in their lives.

All of the services provided by the S.A.F.E. Center are confidential and free. Funded by pri-

vate donors and grants on local state and federal levels offer services to five counties: Buffalo, Franklin, Harlan, Kearney and Phelps.

The Center offers crisis assistance services 24 hours a day, seven days a week. Crisis intervention counseling and medical, economic and legal advocacy support is provided.

By providing support groups for women and their children, women are reminded that they are not alone, that they are not responsible for their partners' violence and that they are able to take control of their lives.

See Violence, page 8

## Mental health week observed

by Stephanie Fielder  
Antelope Staff Writer

Mental illnesses affect millions of people annually. An estimated 22 percent of Americans over the age of 18 suffer from at least one type of mental disorder each year, according to the National Institute of Mental Health (NIMH). As a consequence of this widespread occurrence, and the significance of the public's understanding mental health, last week Americans observed Mental Illness Awareness Week.

According to the Department of Health and Human Services (HHS), the national awareness week was created in 1990 by a presidential proclamation. This proclamation was issued because of the continued increase of mental illness occurrences. The

observance is intended to educate people on mental illnesses and to reduce discrimination against people suffering from a mental disorder. It also encourages people who may have a problem to seek treatment without having the fear of ridicule or rejection because of their illness.

"There are all kinds of diseases and a disease of the mind is just as real as a disease of the body," Aaron Grow, UNK counselor, said. "There's no reason to view people with these diseases of the mind with a stigma any more so than somebody with a physical illness."

Mental illness is defined as any diagnosable mental, behavioral or emotional disorder that interferes with or limits a person's ability to live, work, learn and participate fully in his or her community, according to HHS.

Mental illnesses can affect anyone: all races, ages, ethnicities and genders are at risk.

The most common mental illnesses include depression and anxiety disorders. Depression affects approximately 18.8 million adult Americans, according to the NIMH. Anxiety disorders, including panic disorder, obsessive-compulsive disorder, post-traumatic stress disorder, generalized anxiety disorder and phobias, affect approximately 19.1 million adults between the ages of 18 and 54.

To help observe the awareness week, depression screenings and a mental health presentation were given in the Nebraskan Student Union. Approximately 65 people attended a presentation sponsored by the National Alliance for the Mentally Ill called "In our own

voice: Living With Mental Illness." The presentation, given by Jimmy Burke and Mike Alaveriaz, was about two men who suffered for years from an array of mental illnesses.

"Mental illness affects everyone in some form or fashion, at some point," Burke said.

The presentation covered aspects of mental disorders such as "dark days"; acceptance; medications and treatments; coping skills and success; and hopes and dreams. It also stressed that mental illnesses are biologically-based brain disorders that people can usually recover from with the right treatment. Alaveriaz added to that, noting that mental illnesses must be treated throughout life.

"Mental illness is an ongoing reality," Alaveriaz said.

See Mental Illness, page 8



Photo by Adam Wegner

Andrea Kramer, Stapleton, Neb., sophomore, was crowned AK-SAR-BEN Rodeo Queen 2004 on Sept. 21 in Omaha. She won the horsemanship and appearance categories. Her grand prize was a \$1,200 scholarship.

## Cranes on Parade good experience for local artists

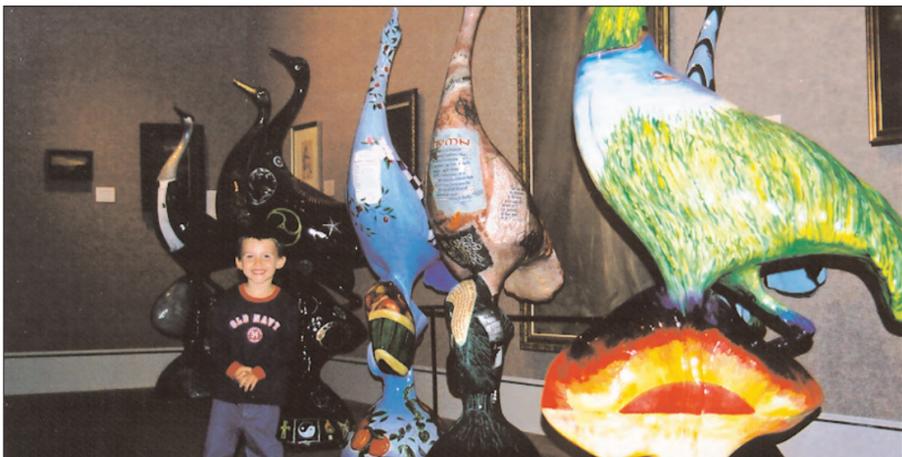


Photo by Lindsey Humston

The cranes designed for the Cranes on Parade project culminated in an auction Oct. 11 at MONA.

by Lindsey Humston  
Antelope Staff Writer

Picasso once said, "Every child is an artist. The problem is how to remain an artist once he grows up." Picasso had the insight to realize, long before most of the world, how important art is for our society and culture. The need to produce art starts when we are small children, with the sticks we use to draw in the dirt.

All children are born with creativity, and all artists must find a way to hold onto that creativity. The artists who designed and painted the cranes for the Cranes on Parade project, on display Saturday, Oct. 11 at the Museum of Nebraska Art

(MONA), had no trouble finding that inner child.

The designs on the cranes ranged from simple splashes of bright color to complex designs with intricate, aesthetically pleasing details. Each crane gave the viewer a peek into the artist's life.

Molly Anderson, who created "Klimt on Crane," used fabric with designs from her favorite artist. "Klimt was an interior decorator turned artist," Anderson said. "He is my favorite artist. He does all kinds of decorative stuff."

Jan Smolik, artist of the crane "Take Five," understands the importance of art. She kept her jazz-themed crane in her art classroom in Alma while she decorated it. She wanted her stu-

dents to see the artistic process. Smolik said, "It was a good teaching experience as well as (good for) Cranes on Parade."

Anderson and Smolik's cranes were two of 34 that were auctioned off at MONA Saturday night. The auction was the grand finale of a long journey for the cranes. Their quest started with a simple idea from the Kearney Rotary Club. They thought it would be a fun project for the artists and for the community.

Their first step was finding somebody to design the model for the cranes. The natural choice was Prewitt Fiberglass, a company that designs hundreds of animals and figures. They have made horses, bison and even gui-

See Cranes, page 10

## English conversation table benefits international students

by Beth Bremer  
Antelope Staff Writer

The Nebraskan Student Union will now be a little busier than usual during lunch on Thursdays.

The reason is that a weekly Conversation Table will be offered Thursdays from 11:30 a.m. to 1 p.m. The Conversation Table is an opportunity for all students to meet and converse

with international students while providing international students the opportunity to practice English.

The Conversation Table format is not new to UNK. Jayne Heimer, International Activities Coordinator, said the idea of gathering international students to practice English and meet other students has been done before. The gathering, which Heimer organized, allows all students to meet in an informal set-

ting to discuss whatever is on their minds.

"Some professors wanted to give the international students the opportunity to practice their English," Heimer said.

Through e-mail and word of mouth, the first Conversation Table of the school year brought students of all countries together for lunch and interesting discussion.

See Conversation, page 8

Photo by April Baer

Every Thursday from 11:30 a.m. to 1 p.m., American students and international students meet over lunch at The Conversation Table. International students can practice their English, and American students learn about other cultures.



### News

MONA crane auction raises \$77,000

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### Entertainment

Backlot remains hot night spot

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### Sports

Volleyball wins over Colo. Springs

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### Weekend Weather

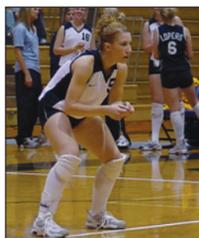


FRIDAY  
Mostly Sunny  
High 66, Low 44



SATURDAY  
Sunny  
High 74, Low 48

SUNDAY  
Sunny  
High 74, Low 51



## UNK CALENDAR

Wednesday, October 15: Matsuri-The Third Annual Japanese Fall Festival, 6-8 p.m. in the Nebraskan Student Union Room 238-Great Room. There is no charge to attend this event, which features Japanese food, dance and more.

presentations on finance, empowerment, parenting and more.

Wednesday, October 22: Classes reconvene.

Thursday, October 23: UNK Volleyball vs. Chadron State (RMAC game), 7 p.m. in the Health and Sports Center.

Friday, October 24: Cuban Poet Jose` Kozer- Reynolds Writers and Readers Series, 8 p.m. in the Brick Room at the Museum of Nebraska Art, 2401 Central Ave. Event free and open to public with a book signing and reception to follow.

Saturday, October 25: UNK Family Day at the Nebraskan Student Union.

Saturday, October 25: UNK Volleyball vs. Colorado Mines (RMAC game), 7 p.m. in the Health and Sports Center.

Saturday, October 25: UNK Football vs. Fort Lewis (RMAC game), 1 p.m. at Foster Field.

Monday, October 27: Platte River Jazz, 7:30 p.m. in the Fine Arts Recital Hall.

Monday, October 27: UNK Chess Club, 7-10 p.m. in the Student Union Food Court. Anyone interested in more information may contact Randall Heckman at heckmanr@unk.edu.

Tuesday, October 28: UNK Volleyball vs. Fort Hays State (RMAC game), 7 p.m. in the Health and Sports Center.

Thursday, October 16: Loper Luncheon, 11:45 a.m.-1 p.m. in the East concourse of the Health and Sports Center.

Thursday, October 16: "When Memory Gives Dust A Face," 12-2 p.m. at the Museum of Nebraska Art. Dr. Don Welch leads this workshop which assists participants in recording memories and writing legacies for their families. Journals are available for class members to view in The Art of M. E. Gifford exhibition. Cost: \$20 Members, \$25 non-members. Class size is limited. Payment due with registration before October 9 or call the Museum of Nebraska Art at (308) 865-8559.

Saturday, October 18: UNK Football vs. Chadron State (RMAC game), 1 p.m. at Foster Field.

Monday-Tuesday, October 20-21: Fall Break! No classes!

Tuesday, October 21: Office of Multicultural Affairs Brown Bag Discussion, 12 p.m. in the Oak Room of the Nebraskan Student Union.

Tuesday, October 21: 6th Annual Making a Difference Conference "Deal Yourself a Winning Hand," 8 a.m.-12:30 p.m. in the Nebraskan Student Union. Conference features

## POLICE BEAT

October 2: A West Center faculty member reported that a male student was harassing a female student.

October 2: A Hall Director reported a suspicious odor near a Martin Hall room. Five male suspects were contacted concerning the matter, but the origin of the odor was not discovered.

October 3: A University Heights female called with concerns about a University Heights male's safety at 4 p.m.

October 4: A University Heights female reported concern about the safety of a University Heights male at 10:30 p.m.

October 6: A female reported the loss of a diamond bracelet with gold x's and o's on it. The woman reported that she may have lost it near the library or Copeland Hall. The value of the bracelet is approximately \$100.

October 6: Two females called at 3:30 p.m. to discuss the possibility of a friend's

abuse by a boyfriend.

October 10: A professor reported the theft of two portable projectors from the Bruner Hall of Science. The estimated value of the stolen items is \$10,890.

October 11: Two Kearney males, 2 URN males and 2 Omaha males were contacted for alcohol violations at URN Pod A at 1:15 a.m. The case was referred to Residential and Greek Life.

October 11: One URS female, one CTW female, one Mantor female, one URN male and one URS female were contacted for alcohol violations at URN Pod A at 1:15 a.m. The case was referred to Residential and Greek Life.

October 11: One Omaha male was contacted for an alcohol violation at URN Pod A at 1:15 a.m. The case was referred to Residential and Greek Life.

October 11: Two subjects were contacted at 3 a.m. for a disturbance at URN.

## CAMPUS BRIEFS

## JOB OPENING FOR LOUIE

The UNK Spirit Squad recently announced a new position for interested and spirited students. They are seeking a student to become a back up for the current Louie. For more information, call 865-8523.

## UPFF ALLOCATIONS

Does your student organization need money? The university offers UPFF Allocations for eligible student organizations every other year. Those that did not submit requests last year may still submit budget requests for UPFF funds.

These funds are available to any on-campus student organization that is open to all UNK students. Budget submission forms are available in the Student Organizations Area of the Nebraskan Student Union. For more information, contact Ryan Wanek at (308) 440-4935 or wanekra@unk.edu.

## LOPER FAN TO WIN SCOOTER

The Kearney Area United Way, along with UNK, is holding a fund raising campaign on campus through Oct. 17. The groups have a goal to raise \$20,000 through this event, and donors will have the opportunity to win many prizes. One of these prizes is a yellow electronic scooter donated by the Antelope Bookstore. The winning entry for the scooter will be drawn at halftime of the Oct. 18 UNK vs. Chadron State College football game.

The Kearney Area United Way is a volunteer, non-profit organization that raises and distributes funds to 24 agencies through 100 programs in Buffalo, Custer, Franklin, Harlan, Kearney and Phelps counties.

## ENGLISH CONVERSATION TABLE

Any student with a desire to learn about worldwide culture is invited to come to the Nebraskan Student Union (near Coyote Jack's, in the area with tables and a TV). Starting this Thursday, there will be a lunch-time English conversation table meeting there from 11:30 a.m.-1 p.m. If a student is free during this time, he or she is welcome to come speak English with UNK's 340 international students who represent 48 different countries. Please come to learn a wealth of information and help international students learn more about the United States.

## TRIP TO IRELAND, SCOTLAND, ENGLAND AND GERMANY

A trip to Ireland, Scotland, England and Germany has been planned from June 2-13. This 12-day trip is open to any interested person who has \$2,959. This cost includes airfare from Lincoln, 4-star hotels, private bus, tour guides and all meals excluding lunch. The journey

features an abundance of highlights including visits to: Dublin, Edinburgh, London and Heidelberg, Germany. An informational meeting will be held Thurs., Oct. 16th, 4 p.m., in Thomas Hall 219. If you are unable to attend the meeting and are still interested, please contact: Prof. Daren Snider at 865-8493 (Modern Languages Dept.) or Prof. Anita Wells at 865-8936 (English Dept.).

## UNK POTATO RESEARCH

Two masters students' research projects have involved work with potatoes on a 2,000-acre farm south of Kearney. The students have been conducting experiments that estimate the amount of insect feeding damage that potato plants can tolerate prior to economic loss.

The students hope this information will allow Nebraska potato farmers to save money on insect treatments while simultaneously reducing contamination and preserving pesticide effectiveness. The students have also provided potato extension services throughout the state.

The potato has become quite a lucrative crop in Nebraska, with approximately 25,000 acres under production. This amount places Nebraska as 11th in the nation with land devoted to potato production. This crop generates approximately \$50 million in revenue each year.

The collaborators on this project include Mr. Jesse Ziems, Mr. Ben Zechman, Dr. John Wallace of CSS Farms, Dr. Leon Higley, UNL Entomology, Dr. Tom Hunt and UNL Northeast Research Station. The Nebraska Potato Development Board has funded the students' projects.

## OCTOBER EMPLOYEE OF THE MONTH

Paula Gaasch, Secretary III in the Department of

Communication Disorders, has been chosen for UNK's October Employee of the Month Award. Gaasch is the secretary for the Speech, Language and Hearing Clinic and operates their extensive clinical database. This database documents and tracks the students and faculty through the public outreach clinical activities sponsored by the department.

She also maintains all clinical records. The Staff Senate has recognized that Gaasch "consistently demonstrates a commitment to UNK at the departmental and university levels and does a marvelous job of greeting and receiving the many clients who come to the clinic for services." Congratulations to Gaasch for her dedication to UNK.

## OCTOBER DEPARTMENT OF THE MONTH

Information Technology Services (ITS) has been named the October Department of the Month. This department has been exceptionally busy, with over 3,600 inquiries from Aug. through Oct. These inquiries include questions concerning Windows 2000/XP vulnerability and the Blaster and Welchia worms.

Their duties have included going to rooms to help install patches for viruses, cleaning up infected machines and setting up anti-virus software. The ITS staff assists faculty, staff, administrators and students with all technology needs. The ITS staff includes 25 full-time and seven part-time employees in their various departments including: Support Network and System Services, Application Development and Operations, Technology Resource Acquisition and Client Services, which includes the Helpdesk, Training, Multimedia Support, Systems Specialists and Connections. Many thanks should be extended to this talented staff.

## MASTERS OF SOCIAL WORK OFFERED

UNK will begin offering a Masters of Social Work program beginning in the spring of 2004. The program has been created and will be delivered by the UNO School of Social Work. Twenty-five candidates who already hold a Bachelors of Social Work will be selected through a competitive application process.

The program will offer 39 credit hours on a part-time basis with classes being taught on weekends (Friday evening and Saturday). The degree can be completed in three-and-a-half years.

Eligible applicants are encouraged to contact the School of Social Work at UNO at (402) 554-2792. Additional information about this opportunity can also be found on UNK's Social Work Program website at <http://www.unk.edu/acad/socialwork/>.

## REYNOLDS WRITERS AND READERS SERIES ANNOUNCED

Charles Fort, director of the Reynolds Writers and Readers Series, is pleased to announce this fall's upcoming lineup of readers. The series of readings all will be at 8 p.m. in The Brick Room of the Museum of Nebraska Art at 2401 Central Avenue.

All readings are free and open to the public with a book signing and reception to follow. Cuban poet Jose` Kozer will be featured on Fri. Oct. 24 and poet Jim Daniels will read Fri., Nov. 7. The Office of the Chancellor, UNK's Creative Writing Program and the UNK English Department sponsors this series.

For more information please contact Charles Fort at 865-8164 or e-mail him at [fortc@unk.edu](mailto:fortc@unk.edu).

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## THE BOTTOM LINE

QUESTION: WHAT IS YOUR FAVORITE THING ABOUT FALL BREAK?



**Amber Booton**  
Kearney senior

"I don't have to get up and go to class."



**Jason Miller**  
North Platte junior

"First opportunity to get home and relax away from classes and practice."



**Micah Torgrimson**  
Omaha junior

"My favorite part is going home and seeing my family."

# Search and seizure: just say no

## The legend continues...

**Jonathan Rehor**  
Managing Editor

citizens still retain certain, untouchable rights. Illegal search and seizures laws have recently come under scrutiny, especially when concerning drug, and more frequently on campus, alcohol searches.

Since the beginning of this semester, a near record number of UNK students have been sited by KPD or Public Safety for MIP's and alcohol violations.

Know that if you walk into the hallway with a beer in your hand and come face to face with Public Safety, you will most likely receive an alcohol violation. However, the savvy student can stay well protected behind his door, in his vehicle or protect the contents of his book bag.

As a student and as a citizen, without a search warrant, you have the right to refuse an officer of the law entry to your residence. Legally, they cannot

open the door to your domicile without a warrant or without your consent.

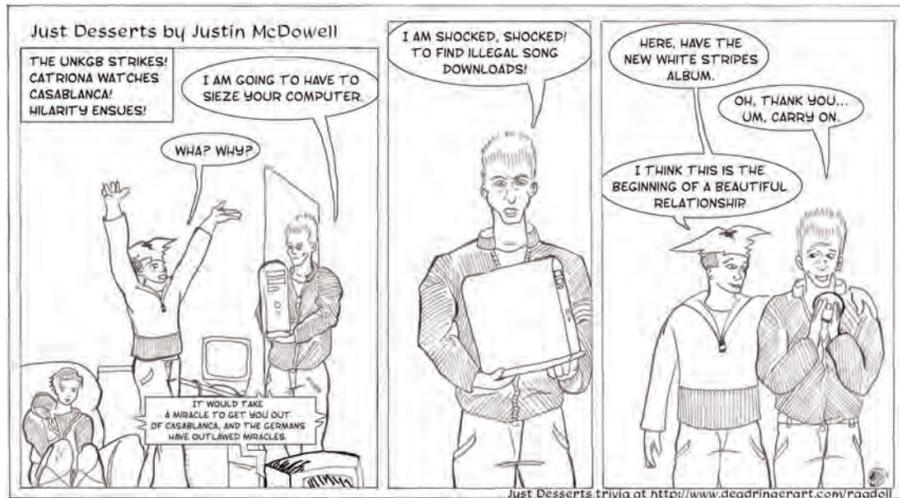
Despite the fact that most people believe law officers are only out to do good, they will use any evidence they find to incriminate you.

Do not give them probable cause to search, and never allow them in your room without first ascertaining who is knocking and never allow them entry if you question the possible outcome.

Many people after being stopped by Public Safety or police officer, think it is to their advantage to start defending their actions or telling their side of the story. Don't try to convince them of your innocence.

An officer only needs probable cause to believe you have committed a crime to arrest you.

Honesty is the best policy, unless like police officers, you are legally allowed to lie to



suspects in order to obtain admissions. Often times they may tell you "Things will go easier on you if you tell us the truth."

Don't be a sucker and believe everything the police tell you. The best policy when confronted is to stay quiet and

force them to respect your rights as a citizen.

If Public Safety or any other law enforcement officer stops you outside your residence, do not attempt to go in and retrieve a shirt, wallet or anything not on your person. They will accompany you back to

your room or home, and will use any incriminating evidence they find there against you.

Probable cause; the probability a crime has been committed or that university policy is being undermined. Use some common sense and force the officers to respect your rights.

# Arachnophobia is more than a scary movie

## Carrying the zero...

**Molly Albrecht**  
News Editor

Everything is sensational until I open my eyes, glance over my left shoulder and see a brown blob with long legs perched on the white porcelain ledge.

I scream so hard my vocal cords burn. I leap from the tub like a grasshopper, grab my towel and rush out of the bathroom, dripping and shivering. The bathwater still flowing uninter-

edly, the spider drops onto the floor and scurries across the tiles.

I, completely hysterical, vow never to bathe again before examining the entire room for signs of spiders.

As you have probably discerned, my case of arachnophobia is severe. Spiders have been my worst fear since I was a little girl, when I wouldn't even go outside to play because I was terrified of encountering the creepy crawlers.

As I grew older, I was able to handle seeing the creatures outside—but finding them inside my house was a different story.

Even now, every time I enter a room, I check the ceiling to make sure arachnids aren't lurking there.

If I do see one, I scream so hard people usually think I'm being murdered. I'm so anxiety-ridden, I can never exterminate them myself.

The situation becomes worse when I'm on the road. A few years ago, I detected a spider crawling on the passenger seat of my car. Horrified, I swerved, nearly causing a head-on collision. You might say the sight of a scampering spider causes me to lose my head.

I know my fear of spiders is illogical: According to an article titled, "Why are spiders so scary? The answer could lie in man's evolution," which appeared in the Oct. 5 issue of the Omaha World-Herald, only

a tiny percentage of the 38,000 known spider species are actually poisonous.

"In this country, only four spider groups can poison or cause sickness: species of the black widow spider, the brown recluse spider, the hobo spider and the yellow sac spider," Linda Rayor, assistant professor of entomology at Cornell University, was quoted as saying.

According to her, more people are killed by honeybees than spiders, usually from allergic reactions.

Nonetheless, my fear of the insects seems unconquerable. Interestingly, the article offers reasoning for this phenomenon: Scientists theorize that there may be evolution-based reasons why many people fear creatures such as spiders—and not bunny rabbits or sheep.

Joseph LeDoux, a professor of neural science and psychology at New York University, con-

tributed this to the article: "Our arboreal ancestors were prey to spiders and snakes, and thus it was adaptive to be particularly wary of these creatures." LeDoux said our reactions are "hard-wired," although "culture can certainly contribute as well."

No kidding. I'm sure that watching the film "Arachnophobia" (1990) at the impressionable age of 9 didn't help the web of fear already enveloping me.

I'm positive it had an impact on the psyches of many unwitting people. After all, arachnophobia—the deep, uncontrollable fear of spiders—is among the most common of animal phobias.

According to the World-Herald article, studies conducted in the Netherlands and Britain have shown that the spider is among the top five most-feared creatures among adults.

According to Martin Antony,

director of the Anxiety Treatment and Research Centre at St. Joseph's Healthcare in Hamilton, Ontario, bug and other animal phobias typically begin during childhood, with no obvious trigger, indicating that the fear "stems from some sort of deep protective function."

In some people—like me—this fear becomes a full-blown phobia, along with all its accompanying hyperventilation, nausea, dizziness and sweating.

Antony believes that these phobias are usually more easily treated than others. "Usually, within three sessions of gradually introducing the person to the offending insect or spider, progress is detectable," he said.

Yeah, right. The closest I ever want to come to a spider is one of those plastic models pervasive on Halloween.

Even then, I'll be keeping my distance.

# Be wary of whom you live with

## As if I really care...

**Lora Slusarski**  
Sports Editor

arguing over things that really don't mean anything...reminds me of living at home with two brothers and my sister. In actuality, it is my life right now, living with roommates from different backgrounds.

There are many things that I have learned just since the beginning of this semester that I needed to do in order to try and live happily with roommates. One

thing is that I didn't have to change my personality, but I did have to adjust it so it would fit a little better.

Most people that know me know that I am a very outgoing, loud, and optimistic person that loves to speak my mind, no matter what it is about. This can be a problem when you have a house full of these kinds of people: opinionated.

Between my three roommates and I, our personalities clash at times, which sometimes

causes arguments. Sometimes these things are talked about, but the other times, it goes unsaid. Living with these colorful personalities, or lack of, I have learned that if I want things go smoothly, the best thing to do is listen to what they have to say and not argue, which doesn't help.

Also, I have learned that in order to keep the peace, I have to change the way that I would normally do things or change the way that I would say it,

because what I like is not necessarily what one of them would like as well.

With some of my past roommates, many things come up that cause arguments. Take for example, "Why do I have to do the dishes? I didn't make that mess." or "Why do I have to clean it up?"

I first started out trying to settle this with arguing, but like I said before, it didn't get me anywhere. But the more that these petty arguments happened, (Ahhh!!! Flashback of living with my sister), I came to the realization that these "petty arguments" were just causing unnecessary drama, which just ended up splitting the house, roommates against roommates.

Another thing that I learned was that while living at my pre-

vious house, I learned that you must be picky with who you choose to live with. A friend and I chose two men and they ended up going overseas, leaving us to fill two empty rooms. Within around two months, it was done, and we ended up with one of the nicest guys I have ever met and another guy, who lets just say, didn't like to clean up after himself (And I don't just mean cleaning up around the house either!).

All in all, I have gotten pretty lucky with who I have gotten to live with and even though I know that I am just a little kid at heart, (my dad told me happy seventh birthday the day I turned 21) I have to change and grow up, which is a lot harder than I ever expected.

## THE ANTELOPE

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Contributions to "Readers' Opinions" must include the name of the writer, as well as the writer's phone number, home town and affiliation with the college. Phone numbers will not be printed but are necessary for verification. Deadline for publication is Monday at noon. Submissions past deadline will be printed in the following edition *The Antelope* staff reserves the right to edit contributions to "Readers' Opinions" for grammar, spelling, content and length.

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c/o The Antelope Editor  
Mitchell Center

University of Nebraska at Kearney  
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# Gudmundson, Arnold lead UNK



by Erica Wendland  
Antelope Staff Writer

UNK volleyball again let the conference know that they are out there to win when they pounded their RMAC West Division opponents in three straight home matches this weekend to bring their record to 19-4. The tenth ranked Lopers are 10-1 in the RMAC, and have won nine straight after the sweep of the weekend. In their three-match domination, the Lopers didn't lose one game.

The first game of the weekend for the Lopers was on Thursday night at the Health and Sports Center against Colorado State University-Pueblo (-17, -14, -21). The victory over the Thunderwolves brought Colorado State-Pueblo down to a 6-13 record for the year.

Erin Arnold, Casper, Wyo., junior, reached a milestone 1,000-career kills in the strong Loper effort. Arnold went into the match with 997 kills, and ended the match with ten kills and ten digs to become the 16th player in UNK history to reach the 1,000 mark. After the match against Colorado State-Pueblo, Arnold was also nearing another milestone, 1,000 career digs. She had 991 after the match.

Erin Gudmundson, Kearney sophomore, added to the Loper offense with a team-high 15 kills, and Kelli Bunger, Grand Island freshman, added 12 kills.

Erin Brosz, Grand Island sophomore, led the way in blocking for the Lopers, with five stuffs, as well as seven kills. Bethany Spilde, Council Bluffs, Ia., sophomore had four blocks as well as 44 assists. UNK managed a spectacular .465 attack percentage, with only five hitting errors out of 101 attempts.

"So far, the team is making nice progress. We will know much more after a very tough road trip this weekend, but we are getting a good effort in practice, and hopefully getting bet-

ter every week," Rick Squiers, head volleyball coach, said.

The Lopers' second game was Friday night against University of Colorado-CO Springs. UNK swept that match as well, (-21, -14, -18), in front of a 1,210 at the Health and Sports Center. The Lopers hit a .392 on the night, and accumulated eight aces as well as 13 blocks.

Gudmundson led the team with 15 kills, while Arnold added 11. Brosz contributed to the UNK effort, as well, with eight kills and five blocks, while Anna Vallinch, Omaha freshman, had a team-high 12 digs. Spilde was a force for the Loper offense, with 36 assists, three blocks, and two kills. Arnold came within two of reaching her 1,000 career digs mark.

"Our passing and serving has been very good and allowed us to play with consistency. Also, our junior Captain Erin Arnold has provided great leadership. Hopefully, we realize that we need a team effort every night to have success. So far, we have bought into that concept," Squiers said.

The last match of the impressive UNK home sweep was against New Mexico Highlands Saturday afternoon. The Lopers hit a team average of .460 with eight aces to beat New Mexico (-19, -16, -24).

Gudmundson again led the Lopers with 14 kills and a commanding .609 hitting percentage. She finished the weekend posting double-figure kills, 15 against CSU-Pueblo and UCCS and 14 against New Mexico Highlands. She averaged 4.89 kills and 1.00 blocks per game while hitting a .621, in addition to eight digs over the week. Gudmundson was named Sports Imports/AVCA Division II Player of the Week, a national honor.

Arnold also added eight kills and seven digs, and Brosz added seven kills, five aces, and four blocks to the Loper effort.

See Volleyball, page 7



Photo by Hiromi Toyomaki

**The Loper volleyball team prepares for the serve against Colorado State University-Pueblo. Over the weekend, Erin Arnold surpassed the 1,000 mark in both kills and digs. Erin Gudmundson was named Sports Imports/AVCA Division II Player of the Week with her efforts of 4.89 kills per game, in addition to eight digs while hitting a .621.**

# Cross country second at Concordia

by Amy Reis  
Antelope Staff Writer

UNK men and women's cross country teams competed in the Concordia Invite Sat. in Seward with the women claiming second place and the men finishing in fifth place.

This meet is the preceding competition before the Lopers run in the RMAC Championships.

The Nebraska-Kearney women's team finished the meet

overall as runner-up with a total of 65 points and had four of its top runners in the top 15. In the team standings, UNK was only defeated by Concordia who scored 20 points and finished the day with four of their runners in the top five.

Rounding out the team standings behind the Lopers, was Hastings in third place tallying up 69 points and Northwest Missouri State in fourth with a score of 78.

The Loper women, with four

runners in the top 15, were led by Laura Emmerich, Cody Wyo. Emmerich lead the UNK squad and crossed the finish line in 6th (20:46) for the Lopers. Kathryn Alt, Hildreth senior, (21:13) claimed a ninth place finish followed by Kelly Johnson, Omaha senior, in 11th (21:17). Sara Whitehead, Auburn freshman, (21:24) finished 14th and rounded out the top 15 field of competitors.

Closing out the women's squad in the race in the 23rd

position was Sara Olson, Stuart freshman, (22:30) and Lindsay Higgins, Papillion sophomore, (24:52) securing the 26th spot.

The Nebraska-Kearney men's team ended the day with two runners in the top 20.

For the first time this year Dan Huffman, Potter sophomore, led the UNK team. Huffman finished with a time of 29:07 putting him in 18th place overall.

Closely trailing Huffman was Andrew Heller, Omaha

sophomore, who has been UNK's top runner all year. Heller finished with a time of 29:10 and a 19th place finish.

Other Loper men to finish were Nolan Little, Kearney junior, (30:08) placing 27th; Jason Relph, McCook sophomore, (30:55) grabbed onto the 28th position; Dan Keisling, Omaha freshman, (34:09) in 32nd and Jeff Teters, North Platte freshman, closing out the Loper team with a time of 34:23 and earning him 33rd.

UNK placed fifth and scored 124 points. The overall winner on the men's side was Concordia, once again on the day, with a score of 24 points and having three of the first five finishers. Northwest Missouri State (47), Doane (82) and Hastings (113) closed out the team standings.

The UNK cross country team will be off this weekend and will be preparing for the RMAC Championships on October 25th in Alamosa, Colo.

# Loper offense strong in victory over Mines

by Byron Bell  
Antelope Staff Writer

The Lopers had a big game from their star running back Mike Miller, Littleton, Colo., junior. Miller earned offensive Division II Player of the Week as well as RMAC Offensive Player of the Week with his season-high 222 yards and one touchdown.

The Loper offense gained 618 yards, including 335 rushing, in defeating Colorado School of Mines 42-21. This also marks the 12th straight time the Lopers have beaten Mines.

The past two years UNK has played Mines they have totaled 1,340 yards of offense. The 618 yards is the seventh best in school history with the rushing being ninth. UNK scored on three of their first five possessions taking a 21-0 lead heading into halftime. The defense only allowed 79 yards of offense in the first half.

"We were able to stay focused because we realized that Mines was the task at hand. We knew that if we lost to Mines that our season would be over and that we would not be playing for anything," Jeff Moody, Denver Colo., sophomore, said.

The Orediggers did manage to score two touchdowns the third quarter to cut the Loper lead down to 15. The Lopers answered back with a field goal and a nine play 80-yard drive that featured running back Steve Bremmer, Northglenn, Colo., sophomore, scoring on a four-yard run early in the fourth.

"We knew we had to slow down their momentum so we just basically controlled the clock by running the ball," Asa Poole, Denver, Colo., sophomore, said.

Miller averaged six yards a carry in collecting his fourth 200-yard rushing day. Bremmer was also effective carrying the ball; he rushed 15 times for 89 yards and a touchdown.

"We came out of the locker room ready to play. The players knew we had to come out fast and put the game away because we did not want to give their defense any kind of confidence," Poole, said.

The UNK defense allowed just 206 yards of passing offense, 371 yards total. Ryan Krueger, Winside junior, led all Lopers with ten tackles, two of them for loss. Right behind him was Jesse Calabretto, Gretna senior, had eight tackles and



Photo by Quincy Cromer

See Football, page 7

Pat Korth makes the call to his offensive lineman against Adams State. The Lopers challenge Chadron this Sat. at 1:00 p.m.

# HSA hosts Poetry Slam

by Jessie Mohr  
Antelope Staff Writer

In appreciation of Hispanic Heritage Month, the Hispanic Student Association and the Office of Multicultural Affairs hosted a poetry slam on Friday, Oct. 10. Guest speaker for the event was Michael Reyes, a third-generation Mexican from Chicago.

Reyes, who is originally from a small town in Michigan, moved to Chicago about two years ago and lives in a Puerto Rican community in the heart of the city. Reyes uses his life experiences as the soul of his poetry. He expresses his constant search for his past and his struggle to obtain basic human rights for all oppressed people living throughout the world.

Much of Reyes's work reflects his experiences with Mexican and colored women. Reyes shared numerous poems about a collection of women he knew and the affects they have had on him.

The night started off with a movie "Urban Poet," which is set in Chicago. The film is about a young Puerto Rican woman from Humboldt Park who struggles to find her voice.

Following the movie, Reyes warmed up the audience with a freestyle poem. He had everyone in the audience hold up an object, and he made up a poem dealing with those objects. Reyes's talent and word usage was definitely expressed during this three-minute improv. This helped give the audience a taste of what was to come.

His first poem, titled "Who I

am," explains Reyes's life experiences with being Spanish and living in Chicago. He emphasized race, culture and identity in this poem.

"My identity is trying to figure out where I belong," said Reyes after the poem.

*"Society creates this idea of abortion and that it's okay to do. Well, now it is something that I have to live with for the rest of my life," Reyes said.*

Next, he read "Erica," which is a poem about a girl who saw the world in one color, blue. Blue being the color of depression, due to an addiction to alcohol and drugs.

"Where I live, drugs are a daily thing. I don't think people

realize how privileged they are to be here at a University. Some people would never dream of having an opportunity like this," Reyes said about some of the underprivileged people he works with at the community center in Chicago.

Reyes's next poem "People See" emphasized the importance of learning rather than being violent.

"Sometimes people choose not to see," said Reyes. "70% of the students that go to school in my neighborhood drop out. I'm

trying to let people know that we have the right to determine our future."

Reyes then read one of his most personal poems. "My Sin" talks about experiences dealing with abortion.

"Society creates this idea of abortion and that it's okay to do. Well, now it is something that I have to live with for the rest of my life," Reyes said.

There was much discussion about Reyes's community and how the people he lives with have built a support system for one another. Reyes also mentioned how he uses religion in his work, even though he is not a very religious person.

"I was raised Catholic and I have read the Bible. I think it has great stories which I like to use to help me write my poems," Reyes said.

In his last poem, "God Cried Red," Reyes spoke of the world in general.

"We can be very naive when we look at America while living in America," Reyes said about his poem. "We also don't realize that our identities are stolen when we are born. That's why it's so important to know your roots and your culture."

Reyes ended the night saying, "The goal of the twenty-first century needs to be redefining the way the world works."

Phyllis Harris, director of multicultural affairs said, "It was an interesting night. I think it was a challenging experience for some people here. His form of expression is very different from the one of someone who grew up in Nebraska. I think he might have even intimidated a few people."

# Fall Break can be functional

by Sarah Skarka  
Antelope Staff Writer

With fall break rapidly approaching, UNK students are wondering what to do with their time off:

Sleep the days away? Do laundry? Blissfully drink beer and margaritas somewhere warm? Work? Head home?

Well, how about none of the above? How about an almost all expense paid, four-day trip to a destination like Minneapolis, Detroit, Nashville, Washington, D.C., or the outer banks of North Carolina?

It's been said that if it sounds too good to be true, then it probably is, but in this case, it's false. It's good, and it's true.

So what am I talking about here? (No, you don't have to win a drawing for this). I'm talking about AFB, or Alternative Fall Break, a growing trend among college students across the United States. AFB is a program in which one uses their time off to help others.

Although UNK is not an active AFB campus, each year, hundreds of other students from across the country sign up to participate in this program. AFB allows them not only to travel and see some amazing places for free, but most importantly, offers them hands-on experience to work with major social, political and environmental issues.

In recent years, students

have worked with the poverty-stricken and the homeless, with farm relief and animal rehabilitation, and with racism and multicultural/diversity issues.

According to Scott Tieman, a Graduate Adviser with AFB in Illinois, the AFB program is "an experiential learning atmosphere where they are engaging in nationally, even internationally, recognized grassroots organizations."

Usually, these trips are taken in the form of 'groups,' and each member is assigned a leader position within the group. These positions can consist of the fundraiser, the scribe, the informer and so on.

Groups are placed in community learning projects that allow them to get a glimpse of

life on "the other side." Simultaneously, they perform short-term projects for community agencies and learn about issues such as literacy, poverty, racism, hunger, homelessness and the environment.

The interaction between the students and the communities they are within gives the group an opportunity to learn about social groups, political situations and environmental issues they may never have had the chance to experience and learn about.

Some may be thinking that this doesn't sound like much of a break, but there are great benefits to the student, as well as those who benefit from the student group dedication.

First, the trip is practically

free. How often can you spend just \$30 to travel to places like Chicago and New York, and stay there for four days? This amount of money also includes lodging, transportation and meals.

Secondly, what a great way to meet people and make contacts! Students not only meet and become close with the people they are helping, but also with fellow group members - and it looks great on a resume!

Third, sometimes programs such as these are offered as 'courses,' depending on campus administration. The student is given credit hours for the time and energy spent during the AFB.

Even though UNK is not a participating AFB campus, and

by the time you read this you're only about 24 hours from the beginning of fall break, keep this tucked in your brain: The AFB is not only that, but the ASB as well, Alternative Spring Break.

Many participating schools often invite students from other schools to get involved, and hey, you have about four months to look into it! Who knows, maybe someday UNK will be an AFB/ASB campus.

Regardless, this program seems like a great way to not only make friends, travel and have a good time, but also to help others in need and make a small but important difference.

Fall Break is a time for students to enjoy time off and possibly do something different.

# Concerts-on-the-Platte



Photo by Nichole Erb

The third segment of the 2003-04 Concerts-on-the-Platte Series was held on Monday, Oct. 13.

Guest performer, Kenneth Huber, intrigued the audience

with works from Schubert, Debussy and Chopin.

Huber is a seasoned pianist who has traveled the country performing venues from New York to the White House.

Backed by degrees from Indiana University, Huber has lectured at many colleges and universities. He has previously taught at Virginia Intermont College, Westminster Choir

College and Augsburg College.

This concert pianist is currently an instructor at Carleton College and splits his residence between New York City and Minneapolis, Minn.

The next segment of the Concerts-on-the-Platte musical series will take place on Monday, Oct. 27 at 7:30 P.M. in the Fine Arts Recital Hall. The performance will feature the

Platte River Jazz ensemble and is sure to be a great show.

Admission is free and the entertainment is magnificent, so we hope to see you there!

# "Ocean Avenue" sounds good

by Jeff VanRoy  
Antelope Staff Writer

Once again, Yellowcard shocked listeners with what is undoubtedly their best album to date. "Ocean Avenue," released July 22, 2003 features 13 breathtaking tracks that will keep the listener pleased from beginning to end.

The quintet offers a powerful, meaningful sound that is different from others in their genre. Classically trained violinist (Sean Mackin) brings

forth a phenomenal feeling and power that Yellowcard possesses. Starting out as a small garage-band in 1997, Yellowcard has revamped their line-up, creating a diverse group of feelings and motivations. Outstanding riffs and catchy lyrics put this band on the map.

Their latest release, "Ocean Avenue" (Capitol/EMI Records), rewrites what the current idea that pop-punk music entails. Apart from the original and fitting violin, the band's sound is enough to separate them from the rest.

The album kicks off with the song "Way Away," which was featured on Fox's hit show "The OC," and then features a variety of songs full of emotion and originality, some slow, some fast. This album surpasses most with its originality.

Yellowcard's first album "One for the Kids" (Lobster Records) features 11 tracks with a previously unheard of uniqueness. Offering beautiful sounds in such songs like "Struck" and "Sureshot," leaves the listener in a sense of awe. Other songs, for instance "Rock Star Land"

depict the struggles of the band in their voyage to become a success. As well as songs like "For Pete's Sake," which detail the struggles with relationships and life.

Their follow-up five-track album titled "The Underdog EP" (Fueled by Ramen) features more slow songs with deeper lyrics. The title song "Underdog" is a wonderful rendition of the violin and a catchy chorus about the struggles of growing up.

Yellowcard consists of five members: Ryan Key, 23 (vocals,

guitar); Sean Mackin, 24 (violin, vocals); Ben Harper, 22 (guitar); Longineu Parsons, 23 (drums); and Alex Lewis, 25. After struggling in Florida the band decided to move to Santa Cruz, Calif. hoping for a better chance of being discovered.

According to the band's website, they have performed in "hundreds of shows, they've played at all-ages: punk nights, rock dives, school events, suburban VFW halls, living rooms, back yards and any of the other places they play over 200 nights a year." After trying their hard-

est to be recognized, the band joined the West Coast portion of the Warped tour and teamed up with such bands as "Less Than Jake," "No Use For a Name" and "Lagwagon."

In a recent interview, Ryan Key spoke of the accomplishments the band has made so far. "It's awesome to know we sacrificed and followed our hearts to end up where we are right now," Key said. "We definitely feel lucky, but we've worked hard as hell to make that luck happen."

# The Backlot marks 31 years

by Kaisa Gleason  
Antelope Staff Writer

**Serving Kearney since 1972 - the one the only, The Backlot.**

Most of us have experienced the Thursday night Backlot tradition, but have not realized The Backlot has been providing a let-loose atmosphere for over three decades. This is no small feat, considering the influx of new bars and revival of downtown Kearney's nightlife.

While many bars have appeared and disappeared over the last 31 years, The Backlot has managed to thrive in its individuality. Even more impressive is the fact that not only has The Backlot always held the same name, but the same management as well.

November 10, 2003 marks the thirty-first anniversary of The Backlot, so I figured I would let you readers in on a little history of your favorite Thursday night locale. Being a former Backlot girl (waitress/door girl/DJ, that is), I have had the opportunity to witness a lot of "history in the making," but how did it all begin?

Approximately 31 years ago, a trio of young entrepreneurs (including the well known Bob) decided to capitalize on the fact that the drinking age had been lowered from 20 to 19.

The three of them worked together at "Club Continental," which we know today as "Maxwell's." Their vision was to create a new and unique addition to Kearney's social scene.

From the moment The Backlot opened its doors, it became the place to "be and be seen." With dark paneled walls and blue shag carpet, the atmosphere catered to those who were



Photo by Quincy Cromer

**The Backlot has been providing Kearney with Thursday night fun for over three decades. Come on out to help them celebrate their 31st anniversary on Nov. 10.**

seeking ambiance with a little flair.

Occasionally, Bob rolls down the "movie screen" and shows a collection of dated slides. If you are lucky enough to be there on one of these occasions, you can catch a glimpse of some "truly defining" moments in Backlot history.

Perhaps you will even see a young Marg Helgenberger, from the primetime hit "CSI," during one of the "couples dance competitions" which were popular during 1977-78.

Bob is usually willing to indulge in customer requests for the slideshow, and is constantly making new slides to update his collection. If you see Bob making the rounds with camera in hand, stop for a pose and you to may see yourself on the big screen.

In the early years, The Backlot featured live bands from across the country. There was a platform stage where the DJ booth now stands, and a triangular dance floor in the corner currently occupied by the

pool table.

In the late 70's, The Backlot decided to forego the live music, and switch to a DJ playing hits that coincided with the popular Saturday Night Fever craze.

The club went through many physical changes as well. The current dance floor was installed in 1979 and the decor was redone to depict a "Hollywood" theme, including pictures of Marilyn Monroe, Gene Harlo, Clark Gable and Humphrey Bogart.

Unfortunately for poor college students, prices have not remained constant. Back in the day, you could get a beer for a mere 70 cents. A mixed drink would only cost 80 cents, and if you wanted to splurge on premium liquor, it was a whopping 95 cents.

Maybe it's for the best; imagine the damage that could be done today with those prices. Drinks such as the "Harvey Wallbanger," "Marvelous Mae's Miracle Man-Getter," "The Streaker" and the "Backlot

Banana" were popular concoctions. These drinks are still available, so you can try them for yourself.

How did the Thursday night phenomenon originate? After many less successful promotions, "Singles Night," where you could get a drink for a buck, became an instant hit. The result was a tradition later known as "Vegas Night."

Upon entering, people would receive a raffle ticket, giving them a chance to win a cruise or trip to Vegas. Sans the free trip promotion, The Backlot still offers cheap drinks, a great atmosphere, all the rage music and an excellent dance floor.

For those of you who can't attend Thursday's festivities, there are other opportunities to share in the "Backlot Experience."

The Backlot is open Mon.-Sat. from 4:00 P.M. to 1:00 A.M. Fridays feature Karaoke night, which is a growing trend among "bar-goers."

Along with the opportunity to showcase your talent, they offer great drink specials including \$1.75 shots and bar-wells to help loosen your vocal cords.

Saturdays feature a DJ playing all your requests, and you can watch Monday night football on any of the bar's five televisions.

Don't forget to "dress to impress" at this year's Halloween party where there will be a costume contest with cash prizes.

Hopefully you have all made, or will make, some of your own memories at The Backlot. It's a place where friends are made and good times create lasting impressions. Remember to wish Bob and the staff "Happy Anniversary" and we'll see you at The Backlot.

# Christian rapper to visit Holdrege

by Leslie McCormick  
Antelope Staff Writer

Want to do something different over Fall Break? Then be sure to see hip-hop artist John Reuben perform at the Holdrege City Auditorium on Saturday, Oct. 18.

Reuben, a 24-year-old Ohio native, is not your average hardcore rapper.

His lyrics are profanity-free, and his Christian hip-hop sound comes from a mixture of rock,

rap, hip-hop and acoustic guitar. Reuben grew up in Columbus, Ohio and later moved to Calif.

He said he got his start in Christian hip-hop early in life, according to an interview with him on the Web site Jesusfreakhideout.com.

"I started writing poetry, and I was always just into hip-hop. I actually grew up in a church, and I went to the church and lived on the property. It was like a drug rehab and a church (combined)."

Reuben said he was influenced by many of the people he met while growing up. "It was in the middle of nowhere, and my first experiences with it were like all these kids ushered in from New York City to live on this property to get over their addictions."

Reuben also talked about how Christian hip-hop and secular hip-hop compare. "For years, I heard Christian hip-hop is horrible; Christian's are corny; the music is corny. And, from what I can tell, main-

stream music is just as corny if not cornier," Reuben said.

Reuben expresses some of his corniness in the hit single, "Doin'," a catchy tune that ironically points out the faults of having a huge ego and bragging about it through catchy music. The song uses the memorable hook, "Reuben, what is he dipping doin'?"

Reuben has released two albums so far, "Are we there yet?" and "Hindsight." He is working on a new album, "Professional Rapper," due out

in December.

Reuben is touring with another Christian hip-hop band, Mars ILL, a two-person group from Atlanta, Ga. Dust (the DJ) and Manchild (the rapper) also break out of the typical "gansta rap" genre with their album, "Backbreakanomics."

A recent review from epinions.com called the music "hip-hop with substance."

According to the Web site, "If you're expecting to hear another Nelly or Ja Rule pop song, you're looking at the

wrong group."

Reuben is currently on tour with three performances this week in Minn. before making his one and only appearance in Neb.

He will perform with Mars ILL on Oct. 18 at 7 p.m. in the Holdrege City Auditorium, located at 421 Grant Street.

Tickets are \$10. For tickets, or for more information, call (308) 995-2228, or log on to Reuben's Web site at <http://www.johnreuben.com>.

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# UNK leads region



Photo by Hiromi Toyomaki

From Volleyball, page 4

Spilde was also a factor in the Loper victory, with 44 assists and four blocks.

Just two days after reaching 1,000 career kills, Arnold's seven digs were enough to make her the ninth player for UNK to reach the 1,000 mark in both kills and digs.

"Erin Arnold is an absolute volleyball warrior. You could probably add 1,000 times that she has hit the floor to pursue a ball to the list. She makes the most of her abilities and sets a great example for the rest of the team. We are all happy to see her recognized," Squiers said.

The strong efforts on the part of the Lopers have resulted in a number one ranking in the East Division of the RMAC.

"We are happy to be 19-4 and ranked number one in the region, but we all realize that there is a lot of volleyball yet to be played. If we can say the same thing at the end of the season, we will be thrilled," Squiers said.

UNK faces two more RMAC opponents this week with matches at Western State and Mesa State.

Squiers said the team has been preparing for the road. "We have tried to make drills in practice more demanding and challenging. The road will be tough, and we are trying to challenge the girls in practice to prepare."

Spilde and Gudmundson await the serve from NMHU.

# Krueger leads Loper defense

From Football, page 4

safeties Sean Haines, Fort Collins, Colo., senior, and Paul Jimenez, Chino, Calif., freshman, each tallied five tackles.

"We were able to stop their high powered offense because the defensive line and linebackers got great pressure on the quarterback which forced him to commit bad throws," Moody, said.

Pat Korth, Hastings senior, had one of his best days completing 22 of 27 passes for 283 yards and three touchdowns, one being a run. Darnell Wood, Denver, Colo., junior, led all receivers with seven receptions for 63 yards and a score, while Richie Ross, Lincoln sophomore, had six catches for 97 yards and a touchdown.

UNK returns home this weekend as they challenge Chadron State, a team that UNK blanked last year on their field, 12-0. Chadron will come into the game 2-2 with losses from Fort Hays State and conference leading Mesa State College. Kickoff is scheduled for 1:00p.m. at Foster Field.



Photo by Quincy Cromer

Garth Mins pushes hard for some extra yards against Adams.

# Golf wins at Ft. Hays

press release

The Nebraska-Kearney women's golf team finished its fall season with a bang by rallying to win the inaugural Fort Hays State Invitational today in Hays, Kan. The 54-hole tournament began yesterday with 36 holes and was played at the par 71 Smoky Hill C.C.

The Lopers, who finished the tournament at 1,047 (338-378-331), came into today's action 18 strokes behind Mesa State. In windy and rainy conditions yesterday, the Lopers second round total of 378 was its worst score of the fall. Today, in more ideal conditions, UNK

had its lowest round of the year to win the tournament by two strokes over Mesa State (1,049/341-357-351). Chadron State (1,135) was third and the host Tigers fourth (1,212).

Gering sophomore Mandi Schlaepfer earned medallist honors by firing a 248 (77-88-83), one shot ahead of Mesa's Jessica Allee. Schlaepfer, in her first collegiate victory, led Allee (78-89-82) by two strokes heading into today's action.

Colorado senior Sara

Enninga stormed back to finish in third (258/78-102-78) with Kearney freshman Carly Hill tying for seventh place (271/92-91-88).

Also for the Lopers, South Dakota sophomore Ambur Vanneman tied for 10th (277/95-98-84) and Grand Island sophomore Lindsey Vivian was 12th (278/91-101-86).

UNK hits the links again in March 2004.

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## Center helps assault victims

From *Violence*, page 1

Acting as a liaison with community agencies, the S.A.F.E. Center offers educational programs for community groups or schools.

To help women and their children meet their basic needs, food, shelter and clothing is provided. An emergency shelter located in Buffalo County assists the victims.

Information concerning legal alternatives assists women in the criminal justice and social service systems. The Center also offers protection to increase safety and provide referrals for medical or psychological care. Counseling, follow-up contacts and 911 cell phones are additional services offered to the victims.

"We see many people who are able to break free, and we help them with the process,"

Gausman said. "Many stay in that situation, and we are here to support them."

The Center has volunteers who work with victims, survivors, the criminal justice system, community agencies and the public. Volunteer training is conducted two times per year. The education provides information on many topics, such as: the dynamics of dating; domestic and sexual violence, including the cycle of violence; power and control; the effects of domestic violence on children; alcohol and its effects; post traumatic stress disorder; rape trauma syndrome; stalking; sexual harassment; child abuse; law enforcement response; and health care response.

The Women's Studies program at UNK has teamed up with the S.A.F.E. Center. During

Domestic Violence Awareness Month and various other times throughout the year, students in the program will help sponsor S.A.F.E. Center activities.

To celebrate its 25th anniversary, The Center is in search of stories from survivors of domestic violence, their families and community members. The stories will detail how people's lives have changed for the better after receiving the S.A.F.E. Center's assistance. The stories will be used to help people recognize how much the services are needed in the community and surrounding area.

The S.A.F.E. Center staff can be reached by calling (308) 237-2599 (Kearney office) or by calling the Nebraska Statewide Domestic Violence/Sexual Assault Crises Line at (800) 876-6238.

## Students can seek mental health counseling from UNK

From *Mental Illness*, page 1

Like any disease, treatment of mental illness is more successful when an illness is detected early. According to Alaveriaz, the most important treatment option is cognitive therapy. Some illnesses also require the use of medications to help control the disorder.

Currently enrolled students at UNK who think they may have symptoms of a mental illness or simply have an issue that's troubling them are encouraged to come in to the UNK Counseling Center in the Memorial Student Affairs building for counseling. The center offers confidential and professional counseling ser-

VICES for a variety of issues and concerns, much like those offered by a counseling agency.

The programs and services provided by the counseling center are already included in student fees, so there is no charge for students that want help.

The counseling center offers one-on-one counseling, group counseling, mediation and consultations with faculty and staff. The center organizes many workshops including ACME (Accepting the Challenge of My Emotions), which is for students dealing with significant emotional issues, and STEPS (Students Together Expressing Pride and

Sexuality), which is a support group for gay, lesbian, transgender and bisexual students.

Other programs include educational outreach, presentations such as "What to do With Depression" and support groups for students with the same issue.

To schedule an appointment or to speak with a counselor, call (308) 865-8248. Feel free to stop by during office hours from 8 a.m. to 5 p.m. Counselors are also available after regular office hours and can be reached by calling UNK Public Safety or by contacting a Residential and Greek Life Hall Director.

## Conversation table encourages culture, language proficiency

From *Conversation*, page 1

"I heard about this from other students, and I think it is good practice to speak English," Anna Mitsugi, freshman from Japan, said. The lunchtime meeting also allowed the students to meet and make new friends.

"I know some people from

Japan here, but I'm also meeting a lot of new people, too," Mitsugi said.

American students are taking the opportunity to meet and assist the international students; they're trying to make the transition to the United States easier in any way they can.

"I go to International Bible

Study because I like to learn about other cultures," Ashley Bellamy, Elwood junior, said. "That's why I'm here, too."

"So often we don't take time to meet the international students and help them have a positive experience here, as well as to help them learn about American culture," Bellamy

said.

Students and coordinators alike think the weekly Conversation Table will help assist international students.

"It will give them the chance to practice English and to get connected with the English language," Heimer said. "I would also like to encourage American

students to participate in our weekly gatherings, as it is a way to meet international students and develop friendships."

All students at UNK are encouraged to stop by the Conversation Table in the Nebraskan Student Union by the big-screen TV on Thursdays from 11:30 a.m. to 1 p.m.

In addition, Matsuri--the third-annual Japanese fall festival--will be held Oct. 15 from 6 to 8 p.m. at the Nebraskan Student Union in Room 238 (Great Room). Admission is free, and there will be Japanese food, traditional Japanese dance and much more.

### Final week!



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# Blokus challenges gamers

by Traci Witthuhn  
Antelope Entertainment Editor

There I was, gazing mindlessly at the game section, when, out of nowhere, she swooped in and attacked me.

"You like games?" I nodded profusely, still too surprised to speak.

"Come here" the sales lady insisted as she led me over to the cash register.

She pulled out a silver board with a bunch of transparent tiles that were reminiscent of Tetris (the original version).

As she explained the simple rules, I was instantly enthralled and began fighting off all urges to purchase the board game. And I did. I walked out with all bills still firmly placed in my wallet.

The next day, of course, I was right back at that counter, forking over cash so that I could be the first of my friends to own Blokus.

Manufactured by Educational Insights, Blokus is making its way onto the American gaming scene after taking Europe by storm.

Bernard Tavitian, a European engineer and artist, invented the game. When making a frame for

a piece of artwork, Tavitian stumbled upon a problem of colors and geometry. The engineer adopted the principles of the four-color theorem and soon created what he later dubbed "Blokus." Because his first game was so successful, Tavitian has since produced over thirty other mind-challenging games.

Blokus won the honor of being Europe's game of the year in 2002. The game won the Mensa Award and the Japan Board Game Prize in 2003, among various other credits.

Blokus can be played with one to four players and lasts about 30 minutes. It has been deemed a game for the whole family, and has the ability to stimulate adults as well as children.

The minimum age for this game is five, as there are some very small pieces and younger children may not be able to grasp the concepts used.

Some developmental benefits attributed to Blokus are logic and spatial perception, tactic, colors, and counting.

Perhaps all of those fancy awards and learning attributes leave you unimpressed. Here's the simple rundown on how to play: each competitor is given a



Photo by Traci Witthuhn

The European craze Blokus is now taking the United States by storm. Check it out online or at C.R. Toys!

set of 21 game pieces, choosing from the colors red, blue, yellow, and green. Beginning in their corner, the players take turns placing their pieces on the game board.

Each new piece must touch at least one other piece of the same color, but only at the corner. Flat edges of like colors may not touch, but there are no restrictions on off-color contact. The play continues until one player has fit all of his or her pieces on the board, or until no players can make a legal move.

After purchasing this game, I took it home to play with a fellow board game junkie: my mother. Within the first minute, she had denounced the game as "dippy." After forcing her to play three rounds, however, she was addicted and had learned to successfully block my moves and was dominating me in every aspect of the game.

Even for those who do not revel in strategic play, Blokus offers something. At the end of each game, the game pieces are entwined throughout the board in an artistically geometric pattern.

Are you sold yet? Check out Blokus at C.R. Toys in the Hilltop Mall, or play a trial game at [www.blokus.com](http://www.blokus.com).

# Hollywood Gossip: look to the stars...

**Will the generation spanning romance hit the rocks?**

Rumor has it that Demi Moore is driving sweetheart Ashton Kutcher's friends batty with her omnipresence.

Cast and crew of "That 70s Show" are all a little on edge with this high-profiler hanging around the set. Females must be wary, knowing that any false moves around Ashton may spur Demi into a rage.

**Can Bruce be serious?**

Bruce Willis recently offered a whopping \$1 million dollars for the soldier that captures Saddam Hussein.

We must commend Willis on his patriotism. His orders were "If you catch him, just give me four seconds with Saddam Hussein."

Hey Bruce, let's play nice, huh?

**What's wrong with Keanu?**

Gossip has been flying around Hollywood about Keanu Reeves's recent state of depression. Some sources even claim that the super star is planning to leave the business.

The star's sadness was spurred by the recent discovery that his sister's long bout with leukemia was far from over.



# Black Shirt Bash

Paddy O'Mally's hosted fund rasier for Nebraska's Make-A-Wish Foundation

by Heather Bunsen  
Antelope Staff Writer

**A hot dog and nacho combo: \$3.**

**A ticket to the Black Shirt Bash: \$5.**

**The look on a child's face when their wish has been granted: Priceless**

Last Saturday, Paddy O'Mally's held the fourth annual Black Shirt Bash. The Black Shirt Bash is a fun filled fund raiser for the Make-A-Wish Foundation. Kim and Denise Follmer, who have been involved with the foundation since 1998, along with 15 other local volunteers helped run the event.

The Black Shirt Bash began an hour before the Husker game and ran throughout the night. Good food, drink specials, and door prizes, including two autographed footballs from the Huskers, were among the festivities that were held.

Tickets were \$5 to get in, with all proceeds going to the Make-A-Wish Foundation.

Even though the Huskers lost the game, the night turned out to be a complete success. The Make-A-Wish Foundation sold around 400 tickets and had over 200 people show up to the event, raising nearly \$4,200.

Some of you may not know what exactly the Make-A-Wish Foundation is.

The foundation's mission statement is "To grant the wishes of children with life-threatening illnesses to enrich the

human experience with hope, strength, and joy."

The purpose of this foundation is to improve the quality of life for children who are very sick and do not get to lead normal childhoods by granting them wishes. These wishes have ranged from trips to Disney World, to meeting Michael Jackson, to becoming a princess.

The Make-A-Wish Foundation began in 1980 in Phoenix, AZ. A 17 year-old boy suffering from leukemia had his wish of becoming a policeman fulfilled. He was given a custom-made uniform, helmet,

**"To grant the wishes of children with life-threatening illnesses to enrich the human experience with hope, strength, and joy."**

*-Make-A-Wish mission statement*

badge, and even a helicopter ride.

The boy died a few days later and the experience of helping him live his dream was the inspiration for establishing the foundation.

The Make-A-Wish Foundation tries to provide families with memories of joy and hope at a stressful time in a family's life. The foundation offers a break, or time away from the stress of dealing with a serious illness. When possible, the entire family participates in a wish granting.

According to the Make-A-Wish Foundation fact sheet, this program is open to any child between the ages of 2 1/2 and 18, who has been determined by

a physician to have a terminal or life-threatening medical condition. The Make-A-Wish Foundation grants wishes to all eligible children regardless of race, religion, or socio-economic status.

All wish expenses are paid for by the Make-A-Wish Foundation. The average cost of each child's wish is approaching \$7,000.00. However, the experience for the child is invaluable.

Fund raising events, individual and corporate donations, and grants finance the foundation. Kim Follmer said that the foundation does not solicit over the telephone.

The Nebraska chapter of Make-A-Wish began in 1983. The chapter office is located in Omaha and is supported by five area volunteer teams.

The Make-A-Wish Foundation has received great support from the UNK campus.

The Chi Omega sorority and the ATO fraternity have donated time to this worthy cause. Steve Amundson, a professor on campus, has also donated his pilot skills to the Make-A-Wish Fly In, another local Fund raising event.

The Make-A-Wish Foundation is a great cause that truly makes a difference in people's lives. It has received fantastic support from our campus and the Kearney community.

If you have any extra time on your hands, contact the Omaha office at 800-760-WISH (9474) and become a volunteer. The difference that you could make is priceless.

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# Become involved: Join Ad/PR Club or Student Education

by April Refior  
Antelope Staff Writer

UNK has clubs available for anyone interested in advertising and public relations or education. The campus actively supports both the Advertising/Public Relations Club and the Student Education Association of Nebraska.

The Advertising/Public Relations (Ad/PR) Club helps students learn concepts outside of the classroom, connect with professionals and the opportunity to achieve in the fields of advertising and public relations. This organization is open to anyone taking a communication course. The Ad/PR Club is affiliated with the American Advertising Federation (AAF). "Affiliation with AAF has opened many wonderful opportunities for club members," Ruth Brown, Ad/PR sponsor, said.

These opportunities include getting great internships and the chance to win multiple honors and awards. Three past Ad/PR members have been selected for national internships: two at the Las Angeles Times and one at D'Arcy advertising agency in

New York City. Two were among the top selected minority, advertising students in the nation. One also received an all-expenses-paid trip to New York City. Several club members have received scholarships from the Omaha or Lincoln advertising federations while many others have participated in national advertising competitions.

"The AAF and the Ad/PR Club provide a way for students in the middle of Nebraska to connect with the advertising and public relations scene nationally. It has motivated numerous students to successfully seek jobs in cities where the industry is extremely competitive. I simply cannot say enough favorable things about the AAF Association with it has enhanced and upgraded our entire advertising program at UNK," Brown said.

"I had the opportunity to intern at the LA Times through the Ad/PR Club. The Ad/PR Club is a student chapter of the AAF, and the AAF offers a couple of internships each year. The one I received was the Vance Stickell Memorial Internship. Basically, the winner of the internship is chosen because of

leadership, advertising industry experience and aptitude, GPA and an essay or ad-redesign. The Ad/PR Club is a terrific way to get valuable experience and networking opportunities in the advertising industry, both of which are vital to getting a job upon graduation," Erica Wendland, Oshkosh senior, said, adding:

"Interning for the L.A. Times was an incredible experience for me. I was exposed to many different facets of the advertising world. I got a ton of real-life, hands-on experience in areas like graphic design, copywriting and accounting, as well as making valuable networking connections. Plus, it was never dull! One day I would be helping out at a fashion photo shoot, the next day I'd be working with a creative team on an account for BMW. I also found that I loved the city, and I plan on moving back to L.A. after I graduate in December."

There are many other benefits to being a member of the Ad/PR Club. "We draw freshmen through seniors, generally from advertising, public relations, mass media, multimedia and organizational communica-

tion," Brown said.

"They get to know each other better and learn from each others' experiences. In addition, they take on leadership positions, from committee chairmen to officers, and this helps build their resumes. The club brings in speakers, connects with alums in the field, visits agencies and encourages members to attend communication career days in Lincoln and Omaha," Brown said.

The student fees of \$30 fund the club. The AAF is sent \$25 and the remaining \$5 is earmarked for the local treasury. To raise money, the club sells candles and also inserts pre-printed ads in the Antelope.

Students interested in joining the Ad/PR Club can simply go to a meeting, held every Wednesday at 2:30 p.m. in the Multi-purpose room (the former TV studio) in the Mitchell Center. Students may also contact Amanda Harvey, Vice President, at [harveyam@unk.edu](mailto:harveyam@unk.edu).

Another UNK organization, the Student Education Association of Nebraska (SEAN), is an association with many benefits. This organiza-

tion is primarily for students preparing for a career in education. "As a future educator, it is important to participate in educational organizations to gain more knowledge and leadership skills in your specific area," Elaine Batenhorst, SEAN sponsor, said.

"When a student joins UNKSEAN, they are joining the National Education Association and the Nebraska State Education Association," Batenhorst said.

The top ten reasons to join SEAN are: \$1,000,000 liability insurance during classroom field-experiences and student teaching experience, subscriptions to professional education publications, the NEA Today newspaper, the NEA VOICE magazine and the SEAN Scene newsletter, the chance to attend leadership and professional development conferences, teacher education affiliation, networking opportunities and discounted dues when members join the professional organization in their educational center after graduation.

SEAN is funded strictly through the student dues of \$28. The money is divided three

ways with \$13 going to the National Education Association (NEA), \$10 to the Nebraska State Education Association (NSEA) and the remaining \$5 allocated to the UNKSEAN.

"Among the activities that we have accomplished in the past are providing donuts for the Kearney Area teachers during education week, working with students in read-together settings, assisting with "Think Teaching," a workshop for high school students considering education and assisting with the Educators' Fair in the spring," Batenhorst said.

SEAN usually meets at 5:45 p.m., the second Wednesday of every month, in the College of Education's room B-154. "Our meetings are relatively short because a lot of our students have night classes and in order to accommodate them, we cover territory rather quickly," Batenhorst said.

If students are interested in joining SEAN, they should contact Elaine Batenhorst, at [batenhorste@unk.edu](mailto:batenhorste@unk.edu), Paige Wulf, co-chair, at [wulfpl@unk.edu](mailto:wulfpl@unk.edu), or pick up an application form in the College of Education building, room B-166.

# Campus groups include Chemistry Society, SIMM

by April Refior  
Antelope Staff Writer

If students are looking for an organization involving chemistry or mass communications, the Chemistry Club or Students in Mass Media (SIMM) deserve their attention.

The UNK Student Affiliate of the American Chemical Society (UNK SAACS or Chemistry Club) is a combination of a social and service organization for those interested in chemistry or chemistry-related careers. "The SAACS is active many ways on campus, in Kearney and out of town," Scott Darveau, club advisor, said.

"The club does several chemistry demonstration shows each year including shows for Family Day, Early Awareness Day and Kidz Explore. We also visit elementary, middle and high schools to give demo shows as well. We celebrate National Chemistry Week (Oct. 19-25) by holding a demonstration event and table at the Hilltop Mall in Kearney," Darveau said.

The club also sponsors picnics for chemistry majors, minors and faculty to begin the fall semester and end the spring semester. Also, each year, several students from the club attend scientific meetings in the area to hear national speakers talk about their fields of study. These trips are often in conjunction with a tour of a chemical facility of some sort.

There are many benefits to be a member of the

SAACS. These include participating in social events, sharing enthusiasm for chemistry with college, elementary, middle and high school students and the general public, learning more about chemistry through scientific meetings, interacting closely with the Chemistry Department faculty and learning more about the possible careers in chemistry.

"All active members become national student affiliates of the American Chemical Society (ACS) which entitles them to a weekly chemistry journal, access to career information and assistance from the national office, among many other benefits," Darveau said.

In the past couple of years, the club has performed demonstrations, hosted an undergraduate research conference in conjunction with the local Nebraska section of the ACS at the ACS Midwest regional meeting in Lincoln, attended several local and national meetings of the ACS, held pitch tournaments and participated in intramurals.

The club is primarily funded through sales of safety glasses to the chemistry classes at the beginning of each semester. "Additional funding for special projects is often granted from the Nebraska local section of the American Chemical Society as well as from the national office of the ACS," Darveau said.

The club meets every other Tuesday at 5:30 p.m.

in the second floor lounge above the Mary Morse Lecture Hall. The next club meeting is Oct. 21.

Students interested in getting involved with the club can show up to help at an event, attend a meeting or contact club President, Kevin Meyer, at [nothingkevin@yahoo.com](mailto:nothingkevin@yahoo.com), Frank Kovacs at [kovacsfa@unk.edu](mailto:kovacsfa@unk.edu) or call the Chemistry Department office at (308) 865-8491.

Students in Mass Media (SIMM) is the only honorary for students majoring in Journalism/Mass Communication (JMC).

SIMM represents the combined associations of the Society of Journalists (SCJ) and the Collegiate Society of Electronic Media (TCSEM) organizations. SIMM is for students majoring or minoring in news editorial, advertising, photojournalism, public relations, multimedia, journalism, organizational communications, broadcasting or sports communication.

To become a member, students are either invited to join or can contact an officer of the organization if they are eligible for participation. To be eligible, students must be a declared JMC major or minor, maintain at least a 3.0 average and have taken at least one course in Journalism or Mass Communications. "SIMM is a good organization for students who really want to be involved in their work of study. It extends opportunities beyond the classroom," Carol Lomicky, SIMM advisor, said.

There are many benefits to participate in SIMM. These benefits include: networking with other students in the mass communications field, traveling to conferences, participating in field experiences, sharing mass media expertise through service projects, competing in national contests, serving the community and to be able to have SIMM listed on a resume or in a portfolio.

SIMM's funding is garnered through the placement of inserts in the Antelope newspaper. The

club also shares resources with the Advertising/Public Relations Club. In the past, SIMM has brought L.A. radio disc jockey Charlie Tuna to campus, rang the Salvation Army bell and adopted families for the Salvation Army, sponsored journalism contests for high school students and hosted portfolio workshops for JMC students. SIMM members have also gone on educational trips to media facilities in Omaha, Denver, Kansas City, New York City, Las Vegas, Chicago, New Orleans,

Washington, DC and more locales.

SIMM meets several times a month in the multi-purpose room, the old TV studio downstairs, in the Mitchell Center at 4:00 p.m. For more information, contact Carol Lomicky, at [lomickyc@unk.edu](mailto:lomickyc@unk.edu), or talk to the following officers: Scott Barry, President; Lindsey Humston, Vice President; Paige McFeely, Secretary or Nichole Jelinek, Treasurer.

# 34 cranes painted for Parade

From *Cranes*, page 1  
tars for the Rock 'n' Roll Hall of Fame in Cleveland, Ohio.

Next, the Rotary Club had to find people who were willing to put their creative talent to use by decorating the cranes. More than 60 artists applied, but unfortunately there were only enough sponsors to fund 34 cranes.

Once the cranes were finished being decorated, they were put on display around town. Acting on an idea from state Sen. Joel Johnson, they also have migrated to the Nebraska State Capitol to take part in Crane Day at the Legislature.

The final step of their journey was the crane auction at MONA, where some of them found new homes, and some of them got to stay at their own homes.

Jan Jones was excited about being able to keep the crane

named Maurice. Maurice had been sitting outside Horizon Middle School, where Jones teaches art.

"Maurice is a part of their everyday lives," Jones said. She said the students of HMS have been dedicated to raising money so that they would be able to keep their crane. They held onto their faith and held their breath while the bidding was taking place, but it wasn't long before they could breathe easily.

They were able to buy their crane for \$2,500, which was exactly how much money they had been able to raise.

The cranes sold for anywhere between \$1,500 to \$4,000, with a grand total of \$77,000 being raised. The money benefits different organizations around town, such as the Kearney Community Theatre, the I Believe in Me Ranch and the

Volunteer Fire Department.

Martha Pettigrew, who designed the mold for the cranes, told the Kearney Dawn Rotary in the book "Cranes on Parade" that what she hoped for those who viewed the cranes was that "the sculptures may become a source of inspiration in their lives."

The crane project was an inspiration for hundreds of people: those who helped design them; the students of the four schools that were involved; and those who came to the crane auction to bid on the cranes.

Most importantly, the cranes showed the significance of the artists' inspirations. Each artist, in their vision and creativity, proved that Stephen Nachmanovich was right when he said, "The most potent muse of all is our own inner child."

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