



THIS WEEK

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Students teach to learn

BY STACY LAUE
Guest Writer

So many different decisions and influences can affect the career a student takes.

Some students have known they wanted to be teachers since they were born, while others make the decision later in their lives.

Beth Alt, a senior middle school math and special education major from Scribner always knew she wanted to be a teacher. "My parents are both educators and showed me how great teaching is and how it can impact a student's life," she said.

Alt learned about her student teaching assignment during the last week of April. Currently student teaching in Omaha, she says she is learning so much from the experience.

"I have only worked with one of my cooperating teachers so far, but she is incredible and very helpful," Alt said.

Alt began her student teaching experience on Aug. 14 when her school started the new year. She is student teaching in special education classes first and will



Photo by Heidi England

Jenna Britten reads "Teacher's Pet" to a group of third graders. Britten, a senior elementary education major with a coaching emphasis, currently student teaches at Meadowlark Elementary School.

STUDENT TEACHING, PAGE 15

學生與中文老師的角色互換 咸慧慧在美國既求知又育人

咸慧慧來自中國山東省威海市，目前是一名在 UNK 學習教育學的研究生。但她也不僅僅是一位學生，同時作為一名教師從事中文教學工作。自從在中國山東大學英語專業畢業以後，咸慧慧在山東大學威海分校開始了長達四年的英語教學。2008年，她來到University of Nebraska Kearney 開始了她的研究生學習和另一個新的教學經歷。

最開始，咸慧慧也無處不感受到來自文化衝擊的壓力。但隨著時間的推移，她開始學習和喜愛這裏新的學習環境。很重要原因是，她強烈的感受到這裏的

學生更加的獨立和擁有自主權。同時，作為一個老師；她也重視在UNK這裏親近的師生關係。“在美國，師生的關係更加的有助於達到教學的目的和幫助學生學習。”她說。

在咸慧慧看來，在中國老師更多的是扮演一個主導者，支配者的角色；而在美國，教師更加像一個幫助者。所以，她認為在這裏學生有更多的自由去選擇，和明確自己正在所需求的知識。因此，她感受到美國學生在課堂上更加有激情。

咸慧慧說：“當在課堂上需要學生發表意見的時候，普遍的中國或亞洲學生看上去不夠自當。”她也說，“國際學生一般比較安靜不太願意發言。”

但是她也表示，有意思的是美國學生會在老師面前抱怨作業太多；如果他們不願意做他們會忽略掉老師布置的任務。然而，在中國或者其他很多亞洲國家，這樣的情況是很少發生的。”

她說，“在亞洲儒家文化的影響下，

XIAN TEACHES CHINESE, PAGE 2

Read the story
in English.
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the antelope

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The Antelope goes online

BY JESSICA HUEBERT
Antelope Staff

Everyone is online. It's undeniable most UNK students, as well as the rest of country, are Internet addicts. People turn to the Internet for news, socializing, homework assistance, entertainment and the list goes on. In the midst of this computerized world, UNK's Antelope newspaper thought it better get with the times.

"The new Web site, www.unkantelope.com, launched in September," said the online editor, Kaitlyn Noone, a senior multimedia major from Logan, Kan. "We did have an old site before this, but it was hardly ever updated and didn't have nearly all of the options and capabilities that this new site does."

The new Antelope site is now updated weekly, every Wednesday, as each new issue comes out. "We're really excited about the site," Noone said. "It looks great and has so many new things for students to check out. We can now upload interactive material such as videos and pictures and have photo albums with full-size images for people to look through. There's also an archive of all of our issues so that students can go look at old issues and save stories or pictures that they or their friends may have been in."

The new Web site now allows breaking stories to be posted, something that's not an option for the weekly printed edition. The site also has tie-ins to some of the most popular places for social networking, such as Facebook and Twitter pages. "The site itself could even be considered a mini online community," Noone said. "Students can now get involved and comment on stories to put their opinions out there without having to write



Photos by Jessica Huebert
Antelope online editor Kaitlyn Noone, a senior multimedia major from Logan, Kan., uploads content onto the UNK newspaper's Web site. The new site, www.unkantelope.com, launched in September.

a letter to the editor."

The Antelope online staff has been working hard to give the students of UNK a great source for all campus, community and world happenings. "Our main goal here was to give the Antelope an online presence, where people have access to every-

thing in the newspaper, plus more, straight from their own computer."

For news, entertainment, features, sports, galleries and more, head over to www.unkantelope.com, or go to www.unk.edu and scroll down to "The Antelope Online" under the quick links.

Xian teaches Chinese from page 1

尊敬師長是一項長久保留的傳統，甚至日本學生比中國學生保留得更多。"

離開自己的家近兩年，讓咸慧慧思鄉之情與日俱增。她熱切的渴望盡早學成歸國，甚至介紹更多的美國朋友去感受中國。她說："我真的很希望更多的人加入學習中文的行列。"

現在，咸慧慧急不可待的想要畢業，回到中國。因為她熱愛中國，"自從離家以後，我變得更加的熱愛我的家鄉，我的國家，"咸慧慧說。這個暑假她回到了中國，發現在一年裏面，家鄉又有了太多新的變化。"人們現在很強烈的能够感覺到，中國發展得太快了，中國

的激情與活力讓你興奮不已。一旦人們意識到這一點，他們一定急不可待的想要去感受。"

每年，UNK都會有一批造訪者拜訪中國，他們都參觀了許多中國城市，咸慧慧也很樂意去帶領這些造訪者參觀中國並與他們交流。

她相信，祇有去到中國才能感受到一個真實的中國，同時她也很願意看到更多的人加入學習中文的行列。她說："如果人們從事於商業，我很推薦大家學習中文并且去中國，他們一定能够找到更多的機會，更廣大更有活力的市場。"



Courtesy photo

Japanese Association at Kearney (JAK) members discuss the upcoming Japanese Festival scheduled on Sunday, Nov. 8, from 5 p.m. to 8 p.m. at the Ponderosa room.

All are invited to Japanese Festival

BY KOJI KUWAHARA
Guest Writer

Koji Kuwahara, a former Antelope staffer, invites the campus and community to the Japanese Festival Nov. 8. Kuwahara says:

Japanese Festival can help build new characteristics and familiarize people with a new culture. This festival can teach you knowledge, rewarding you with new experience and new understanding. Good food can taste bad just because it tastes different than people expected. The same is true of everything, especially in cultural understanding. People sometimes have a stereotype about foreign cultures. Knowing and studying about the foreign culture is the beginning of a new world view that can break down a stereotype.

Ryuji Takemoto, president of Japanese Association at Kearney (JAK) said this is an opportunity to understand the Japanese students and grow. "Since I came to Kearney," he said, "I have learned lots of differences between countries. I grew up considerably through the valuable experience. That is why I would like to give others a chance to know Japanese culture."

The festival gives people a chance to study the Japanese culture to learn about people in different regions who have different lifestyles, Takemoto said. "Japanese Festival is a valuable chance to touch Japanese culture. Because the festival is completely managed by Japanese, it becomes the Japanese style festival."

Most of the people in Kearney have never been to Japan, and JAK members realize it is difficult for those people to know Japan. Therefore, they offer Japanese Festival as a good chance to experience Japan

here at home.

Takemoto said the concept of JAK 2009 is to draw as many people as we can involve into the events. "In addition to this, if all UNK students join and enjoy the festival, I am glad more than anything. I hope you come and love Japan."

JAK puts effort into two big events. One of them, the Sakura festival, held in the spring semester shows old Japan and offers a chance to experience Japanese traditional culture. JAK wants to show modern Japan in the Japanese Festival allowing participants to experience modern Japanese entertainment.

"We have stage performances and lots of booths. Everything about Japan is very significant, and the meaning is very deep," Takemoto said.

On the stage, Japanese Festival will offer a yukata (Japanese garment) collection, Kendo demonstration, Soran Dance, hip-hop dance and a modern Japanese chorus. Booths will offer free Japanese food, shodo (calligraphy), a robot show, Japanese clothing, video games, popular new music and Kanji face painting.

Attending the Japanese Festival is one of the best ways to build good relationships between people of different cultures. People have different attitudes, ideas, values and goals based upon culture. Japanese Festival can break down borders.

While the world struggles with differences between people, Japanese Festival is a way for humans to relate to each other all over the world. This festival is Sunday Nov. 8 from 5 p.m. to 8 p.m. in the Ponderosa Room. Please come and see this big event.

To learn more about JAK, please visit <http://kearney.web.fc2.com/>.

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FREAKY FAST DELIVERY!

'Mean girls' to take stage

First annual Women's Symposium promotes female empowerment, healthy relationships

BY CHEVONNE FORGEY

Antelope Staff

It was recognized that UNK needed to provide an event to address issues that many women on campus deal with. That event takes place next week.

Tuesday, Nov. 3, marks the date of the first annual UNK Women's Symposium on campus at the union.

This symposium embraces the theme "Healthy Relationships" with keynote speaker Dr. Grace Mims speaking about

"Mean Girls."

This fall event will offer to women different perspectives on female empowerment, as well as information regarding healthy relationships, body image, sexual assault, leadership and much more.

Special speech topics include, "He's Just Not that Into You," "Killing Us Softly: Body Image and the Media," and "Worth Waiting For."

Greek Advisor Tracy Lungrin said, "Each year, every Greek chapter sends a national or regional consultant to visit their

chapter on campus, and part of their visit includes a meeting and interview with me, which involved questions about the Greek community and questions about the individual chapter's image within the community."

When Lungrin was asked what type of programs Panhellenic hosted on campus, she had no answer. To remedy that lack, Lungrin said, "The Alpha Phi consultant offered us the idea of hosting a Women's Symposium. She had been working with some big universities on the East Coast and saw how successful this was for their Panhellenic Councils."

Theresa Harrison, the Conrad Hall Director and Lungrin then took the idea to the Panhellenic Council, and the women thought it was a great idea. This event was then created with the Panhellenic Council

partnering with the Women's Studies Program, Women's Center and the Health Care Center on campus just to make it that much more successful.

Since July, in a weekly committee meeting, members from the partnering programs on campus have been planning and preparing for the symposium. Representatives are Theresa Harrison and Tracy Lungrin from Residential and Greek Life, Kristin Chamness from the Counseling Center, Linda Shaw and Patricia Holen from the Women's Center, Linda Van Ingen from Women's Studies and Claire Alyward, the Student Programming Director for the Panhellenic Council.

To participate, log on to www.unk.edu/unkunite, and register for the event on Nov. 3. or for questions, you can e-mail Tracy Lungrin at unkunite@gmail.com.

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Have you checked your smoke detector lately?

Wemhoff makes national headlines as a 'Hometown Hero' for fire safety program

BY CHELSEA ARCHER

Antelope Staff

Each year, more than 300 house fires occur in Nebraska. For Emily Wemhoff, a junior from Creston majoring in public relations, those are 300 house fires too many.

While getting ready for school at the age of 12, Wemhoff heard a radio report about a house fire that took the life of a young mother.

"The son survived and was sobbing for his mom," she said. "It made me so sad."

But what she heard next troubled her. "The fire chief said they had a smoke alarm, but it was old and not working," Wemhoff immediately went to the smoke alarm in her home and pressed the test button.

Silence.

"That was a scary feeling," she said, "and I wondered how many other people do not have a working smoke alarm."

After that, Wemhoff started her own fire safety campaign in 2002 as a 4-H Club project. She called every household in Creston, 217 total, to make sure each had a working alarm.

"If they did, I had them test it while I was on the phone," Wemhoff said. She then used a local grant to purchase 25 smoke alarms for homes who did not have working alarms and with the help of her parents, Geri and Dave Wemhoff, she delivered them with extra batteries and a list of fire safety tips in bags labeled "Project S.A.F.E." which means, Save a Friend Every Day.

Since then, Wemhoff has taken her small town project and turned it into a statewide event. She organized Practice Your Fire Escape Plan Day and in 2006 convinced Gov. Dave Heineman to make it a statewide event. Now, each year before National Fire Prevention Week in October, she recruits firefighters across Nebraska to distribute yellow wristbands to schoolchildren to remind them to practice a home fire escape plan. More than 80,000 wristbands have been handed out. Ultimately, she wants to involve all 50 states in the event.

"The kids wear the wristbands all day long, and then they go home and their parents ask about them," Wemhoff said. Hopefully, the families will review their fire escape plans, which should be two exits identified from every room and a safe meeting place outside.

Wemhoff has promoted her "Practice Your Fire Escape Plan Day" in a speech in front of 1,500 firefighters, sold hot-

ACCORDING TO NEBRASKA STATE FIRE MARSHALL, IN 2008:

There were **4,204** fire incidents.

There were more than **300** house fires.

There were **10** fire incident deaths.

Zero deaths occurred in October (National Fire Prevention Month).

February had the highest rate of **three** fire incident fatalities.

dogs and sundaes to raise money for an eye-catching billboard, visited elementary schools to share her message and last year helped children light candles in 333 decorated milk jugs in a local Wal-Mart parking lot to symbolize Nebraska's house fires in 2007.

Recently, Wemhoff's story has caught national attention. "American Profile," a weekly magazine, picked up Wemhoff's story after publishing an announcement last October in the state events section.

"One or two sentences about 'Practice Your Fire Escape Plan Day Across Nebraska' was printed, not a big deal or anything," Wemhoff said, "until it caught the attention of the editors, and they began calling me for a feature story in the 'Hometown Heroes' section."

Her article was published the first week of October.

"It was heart pounding because I had a feeling I was finally going to get several responses. To know that it was distributed all over the United States," Wemhoff said, "it just made my heart race, and I was anxious to see what kind of response from people I was going to get."

Since then, more than 25 orders have been placed from citizens, teachers and firefighters from 15 different states. Wemhoff has also been invited to speak at conferences in Arizona and near Chicago.

"One of the best things that has happened since the article was published was receiving letters from people I didn't even know," she said. "One man sent me a card along with a long letter that really opened my eyes to realize that people do notice good work that people do for their community. It's simple things like that, that really push me to strive for the best in everything

I do."

The future of Project S.A.F.E. is showing no signs of burning out soon.

"I don't plan on discontinuing Project S.A.F.E.," Wemhoff said. "It has been in my life since I was 12. I just can't picture myself without it, and it's given me opportunities far beyond anything I ever imagined."



Courtesy Photo

Emily Wemhoff places a Practice Your Fire Escape Plan Day wristband on program participants. Wemhoff created Project S.A.F.E. when she was only 12 years old.

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Game Day Illustrations puts creativity on cotton

BY ERIK DODGE
Antelope Staff

Bill Hayward made his idea for Nebraska football T-shirts a reality and got the attention of Husker football defensive lineman Ndamukong Suh on 1620 AM "The Zone" radio and huskersillustrated.com in the process.

After seeing a Missouri shirt created for this season's Missouri-Nebraska football game, Hayward, a senior accounting major, came up with an idea for a Nebraska version of the shirt. Originally he planned to make about only 10 shirts, but after fellow UNK student Mason Doughty designed the shirt and posted it on Facebook, interest grew quickly. "We've gotten publicity from a lot of different Web sites, and it's been pretty exciting," Doughty said.

Over 240 of the shirts were printed for the game, and nearly all of them were sold,

leading to the creation of Game Day Illustrations.

Game Day Illustrations, a limited liability company, designs and sells shirts for Nebraska football games. The company is made up of Hayward, chief financial officer; Doughty, chief graphic engineer; Nate Summerfield, director of research and development; and Brad Green, chief marketing officer.

The T-shirts created for the Missouri game featuring Ndamukong Suh were sold for \$15. Prices should not increase unless long sleeve shirts are used, according to Hayward.

Creating shirts begins with Summerfield, who is responsible for coming up with the idea for each shirt. Summerfield then brings the idea to Doughty, who draws them on his laptop using Microsoft Paint. "We're planning on upgrading to a better program," Doughty said.

This design is then sent to Buckle

"We've gotten publicity from a lot of different Web sites, and it's been pretty exciting."

Mason Doughty
Chief Graphic Designer, Game Day Illustrations



Courtesy Photo

Two fans stand side by side to compare their shirts. The Game Day Illustrations shirt (right) was the first shirt created by the company.

Screen Printing, and an order is placed. Typically, it takes two days for the shirts to arrive and another day for them to be printed. Once printed, the shirts are sold

to people who have expressed interest on the Game Day Illustrations group page on Facebook or who have spoken directly with a member of the company. Missouri game shirts continued to sell even after the game had been played.

Game Day Illustrations's next shirt will be created for the Oklahoma game and features the slogan, "This Red Sea Won't Part." The design has already been released on the Game Day Illustrations group page on Facebook. Shirts are also planned for the Kansas game and the Huskers' bowl game.

After the Missouri shirt was discussed on huskersillustrated.com and was deemed better than its Missouri counterpart on radio 1620 AM "The Zone," both Hayward and Doughty received a request from Ndamukong Suh that a shirt be sent to the UNL athletic office.

However, no shirt was sent because Game Day Illustrations first needed to be sure that sending the shirt would not be a violation of NCAA rules. Once the issue with NCAA rules is resolved, "I can see Suh wanting to wear our shirts in the future, for additional motivation," Hayward said.

FOR MORE INFO

Join the Game Day Illustrations group on Facebook, or contact a member of the company.



Photo by Erik Dodge

Mason Doughty (left) and Bill Hayward (right) look over the design for a new shirt. They helped found Game Day Illustrations.

Aqualopers pull past Mustangs, achieve first place in four events



Photo by A Sanam Bhalla

Kansas sophomore Heather Glodt finishes up the 50 Free with a time of 26.56.

BY RACHAEL COCHRAN

Antelope Sports Staff

Take two swim teams and make them compete in a swim meet. The result? A dual meet. But what about three teams? A triangular swim meet.

This past Saturday the Lady Aqualopers hosted the first home triangular meet against the Morningside Mustangs and the Colorado School of Mines Orediggers.

The girls placed second beating the Mustangs 70-62 and falling short of the Orediggers 77-61.

The Aqualopers owned four events. Idaho freshman Cidnee Maggart won the 200 Fly with a time of 2:33.41. Kansas sophomore Heather Glodt won the 50 Free with a time of 26.56. Lincoln freshman Brianna Nelsen won the 200 IM with a time of 2:26.72.

The Aqualopers also achieved victory in the 200 Free Relay where Glodt, Maggart, McNeil and Nelsen beat Morningside by .11 seconds with a time of 1:49.50.

On the diving side, Bartley sophomore Kim Ellicott placed second in one-meter diving scoring the team more points. Ellicott was the only diver representing UNK this meet.

The team, though young and small, relished their success in beating the Mustangs a third year in a row.

"I am proud of our win against Morningside. The meet was close the entire time. We all worked hard in our individual events and really came together in the relay. I think we all swam well today," Heather Glodt said.

The Aqualopers will continue the season in November in Omaha against the College of St. Mary.

Clearing up ratings confusion: Lopers fall from No. 2 to No. 6

BY GARRETT RITONYA

Antelope Sports Editor

Two weeks ago, after the Lopers defeated Western New Mexico 65-30, many students were up in arms when the Lopers fell from No. 2 in their region to No. 6.

Most did not understand the drop in rankings, which could potentially hurt a UNK bid at the postseason.

The reasoning behind the drop in regional rankings is that the rankings work on a point system, much like the Bull Championship series.

The Lopers' last couple victories

have come against teams with no Division II victories, hurting their point total. Add that up with UNO and Wayne State losses, and that equals the fall for UNK in Super Regional Three.

This weekend, the Lopers take on Colorado School of Mines in a game that will determine the RMAC champion. Both teams come into the match-up at Cope Stadium with 7-0 RMAC records. Kickoff is set for 1 p.m., and the football team has asked the UNK student body to fill the stadium with white.

UNK comes into the game averaging 41 points per game on offense.

Loper of the Week

BY JENNIFER KARDELL

Antelope Sports Staff

Marissa Niday
Soccer

Name: Marissa Niday

Hometown: Fremont, Neb.

Year: Freshman

Major: Business administration with an emphasis in management



1. You are part of the inaugural soccer season at UNK. What is that like to be a part of UNK history?

It has been exciting to be a part of the inaugural soccer season at UNK. I will never forget stepping onto Foster Field for our first game against Wayne State. The atmosphere was amazing! I never thought that I would get to play in front of such a huge crowd.

2. Favorite place to visit/travel?

One of my favorite places to travel to is Colorado. The landscape is so beautiful there. I also love to go to Minnesota and spend time out on the lakes.

3. If you had a million dollars, what would you buy?

I would probably buy a Cadillac Escalade and a sweet home on a lake. I would possibly purchase my own business as well.

4. What is your favorite memory of the season?

My favorite memories with my teammates have probably come from our road trips together. We have all become so close. It's a great group of girls! We have a lot of fun.

5. Do you have a good luck charm or pregame ritual?

One of my good luck charms is the No. 23. It has always been my number, and I wouldn't feel comfortable without No. 23 on my jersey. My other good luck charm is a buckeye. My grandpa, who recently passed away, always used to carry one for good luck. I don't really have a pregame ritual. I just focus on the game and get myself into a zone. As a goalkeeper, I am kind of "in my own little world."

6. Season thoughts?

I'm really proud of our efforts thus far. It has been really hard to continually give so much effort and come up short, especially in each of our five 1-0 losses. We are right there though. We just have to find a way to eliminate that one mistake and take advantage of our opponents' mistakes.

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UNK student brings Lopers to life on NCAA Football 2010 video game

Turning reality into fantasy

BY ADAM MCLAUGHLIN
Antelope Sports Staff

Seeing is believing. The UNK Lopers are indeed in EA Sports NCAA Football 10.

With a new feature called "team builder" launched by EA Sports this year, user-generated teams can now be created and used for in-game play. The always-anticipated football game revolutionizes with new modes each year. But in 2010, this "create-a-school" feature stands out because it can be downloaded online by users from around the world.

One UNK student took the initiative to turn a perception into reality for fans.

"I decided that since the Lopers are having such an incredible season, I would bring them into the game," said Joel Thurman, a senior majoring in history. His Xbox 360 gamertag "Samurai Crusade" hosts the team and is available to search and download.

Thorough preparation work went into creating the Lopers: designing logos, uniforms, team stats and naming players. Thurman said he spent around eight hours just to get the team rolling. Back and forth from his Xbox 360 and computer he went, fixing kinks before he took the team live.

Thurman formed his player stats around preseason weight room numbers, such as the 40-yard dash and bench press. But he got a real look from watching the games in person, keeping a close eye on how strong individuals were.

The highest rated Loper is center Jack Hiatt at an 85.

Thurman matched UNK's Ron and Carol Cope Stadium with Bowling Green's Doyt Perry Stadium. He said the two are as close as you can get—from grandstands,

to locker room facilities and scoreboards.

He then matched UNK's spread offensive look with Tulsa's playbook, predominately shotgun formation. "I was looking for a playbook that runs a lot of motion and single back plays."

Creating UNK started out as just a hobby, until Thurman got attached to the whole RMAC conference. Thurman has

created every team the Lopers have played to date: from UNO to Colorado State Pueblo to New Mexico Highlands.

"I started off playing with UNK against the Big 12, but I wasn't happy playing in that fantasy land," Thurman said. "I felt like playing in the RMAC with teams that UNK played during the season."

The most difficult part to him was adjusting Division II talent compared to Division I.

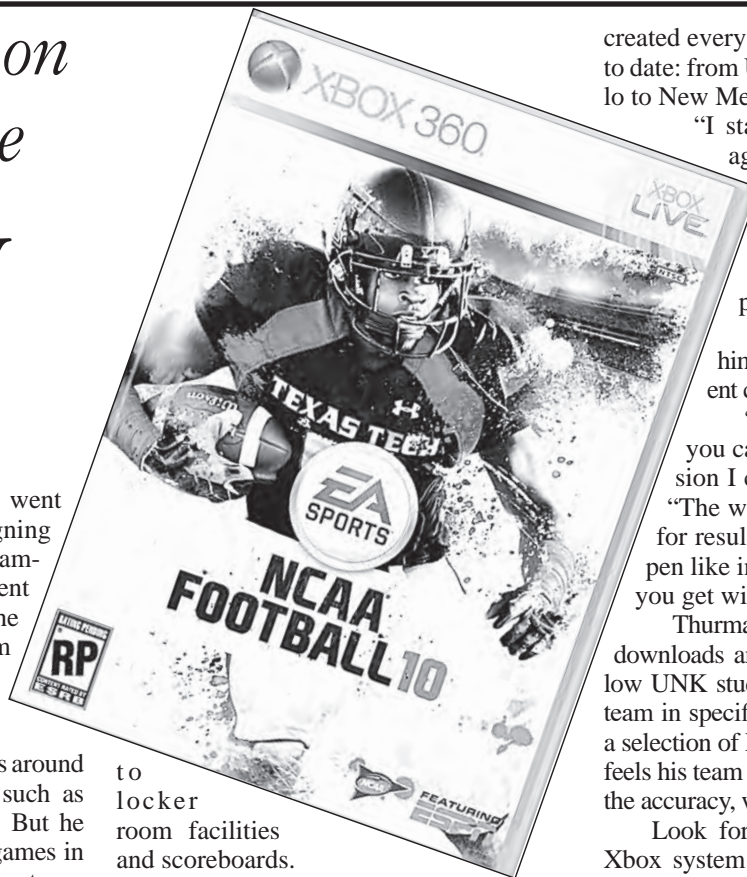
"Team builder is nice because you can use your school on a Division I caliber scale," Thurman said. "The way I setup the team would be for results that would accurately happen like in real life. That's what I think you get with UNK."

Thurman currently has 33 team downloads and has received tips from fellow UNK students on what to do with the team in specific areas. Although he's one of a selection of Lopers' teams to download, he feels his team is the best out there because of the accuracy, which he rates a nine out of 10.

Look for those UNK Lopers on any Xbox system and start playing with them today.

Photo courtesy of google.com

Thanks to senior history major Joel Thurman, you can now play your very own Loper football team on EA Sports NCAA Football 2010. The team builder function has allowed Thurman to build every player from scratch, from throwing to the 40-yard dash.



Antelope College Picks of the Week



No. 21 West Virginia at South Florida

No. 3 Texas at No. 14 Oklahoma State

No. 22 South Carolina at Tennessee

Georgia vs. No. 1 Florida

No. 5 USC at No. 13 Oregon

Nebraska at Baylor

Colorado School of Mines at UNK



Eric Korth, Hastings
Former Antelope Sports Editor, 24-18

South Florida

Texas

South Carolina

Florida

Oregon

Nebraska

UNK



Jason Arens, Springview
91.3 KLPR Sports Director, 27-15

West Virginia

Texas

Tennessee

Florida

USC

Nebraska

UNK



Garrett Ritonya, Omaha
Current Antelope Sports Editor, 27-15

West Virginia

Oklahoma State

South Carolina

Florida

Oregon

Nebraska

UNK



Jake Spitzlberger, Denver
Special Guest Picker UNK quarterback

West Virginia

Texas

South Carolina

Florida

USC

Baylor

UNK

Un-Bell-ievable

Former UNK softball star Amanda Bell returns after pitching in Switzerland



Photo Courtesy of www.cardinalsbern.ch

Former UNK player Amanda Bell releases the pitch for the Bern Cardinals as they faced off against the Zurich Challengers this past summer. Bell, who graduated in 2007, has been invited to return to the team next season, but has yet to commit.

BY JASON ARENS
Antelope Sports Staff

Amanda Bell came to UNK as a determined athlete with a rocket arm looking to make a difference in Loper softball. She exceeded all expectations and was a leader for a very successful team. Her career was capped off by being named the RMAC Pitcher of the Year in 2007. After graduation, Bell still had a burning desire for softball and decided to take it to the next level. She joined a professional softball team in Switzerland, recently completed her first season with the team and is currently back in the United States. The UNK alumna was kind enough to answer a few questions about her first big year on the professional circuit.

So Amanda, I guess I'll start by asking about your team—your city, mascot, schedule, etc.

My softball team was called the Bern Cardinals out of Bern, Switzerland. We played about 30 games this season including the finals.

How was your fan base?

Our fan base is not huge because softball is still not a very recognized sport in Europe, especially not in Switzerland.

Any notable cities you got to travel to and visit?

All of our games were against French or Swiss teams, but we were able to travel to Paris and L'Ocaneau, France, Rome, Italy and Amsterdam, Holland.

With all of the traveling, I'm assuming that you got to experience a wide arrangement of food?

The food was unbelievable! Quite possibly one of the things I am going to miss most. Everything seemed fresher, and there was a different type of leisure that came with dining over there. Many people would offer to cook for us, and it would always be a feast. Some Swiss dishes that were popular were fondue and faclette. Also Berner Platte was a popular dish from the region I lived in. Most Swiss dishes consist of quite a bit of cheese, but there were also a lot of sausages used in the dishes. I will also miss this Swiss drink called Rivella. It was a milk-based soda—sounds weird, but it was so incredible.

What difficulties did you face trying to adjust to a foreign country?

I would say that the hardest part adjusting was the language barrier. There are also quite a few generalizations about Americans that are hard to overcome. It was great to live in the country long enough to learn the culture and customs rather than just being a tourist and taking those things for granted, though.

What is the difference between playing softball at UNK vs. playing softball in Switzerland?

The difference is the level of competition. The level of college ball was actually higher than it was over there. The Americans who play over there are all looked at as superstars, so it was pretty cool.

Can you name some of the perks that came with playing overseas?

We were treated incredibly well, and people were always asking for private lessons. Also, people were always preparing meals for us, or taking us to places that we otherwise would have never seen. Of course, being paid was the largest perk.

Sounds like it was a blast. How long do you intend on playing overseas for?

I am not sure how long I will play overseas. I have been asked to return to Switzerland next year, but have yet to commit. This year we reached the finals with our team for the first time in club history, and we also earned a birth to the European Cup for the first time. We have already decided that we will fly out and play with the team in the European Cup next August, but will decide in the next few months whether or not we will join them for the entire season which begins in April. This has been one of the greatest experiences of my life by far, and I cannot wait to travel again.

Loper volleyball continues hot streak late into season

BY MATT IBERG
Antelope Sports Staff

It doesn't seem to matter who the Loper volleyball team plays.

The Lopers (25-1, 15-0 RMAC) are in sole possession of first place in the Rocky Mountain Athletic Conference and ranked fifth nationally.

After traveling out of town four of the last five weeks for conference play, winning on the road is something that this team has found ways to do. They have won 11 straight conference games on the road dating back to last season.

Freshman defensive specialist Kaleigh Anderson from Lincoln, led the Lincoln Southwest Silver Hawks to a third place finish in Class A and led the team with 598 digs, a single-season school record.

"We've been successful on the road and at home," Anderson said. "We need to continue working hard everyday at practice because when we come back from road trips, we're tired. Practices get hard and grueling."

Anderson is just one of many who provide depth on the team.

"We have a lot of people that can contribute in many different areas if we need them to," sophomore Markeya Dubbs of Wood River said. "If we're having some difficulties in a game, the next person is always ready to step in and do their part to help the team."

Depth isn't the only thing helping the Lopers succeed.

If statistics can indicate anything, this is one of the most efficient offenses in school history. The Lopers are hitting a team average of .293, which ranks third in the record books. This year, the Lopers rank in the top five in the nation in both hitting percentage and kills per set.

Led by the team's middle hitters, senior Nikki Scott of Broken Bow and junior Jeri Walkowiak of Grand Island are both among the top 25 in hitting percentage in the nation. In addition, Scott and Walkowiak are both in the top five in the conference. With junior, Grand Island native Kelsey Werner and senior Gretna native

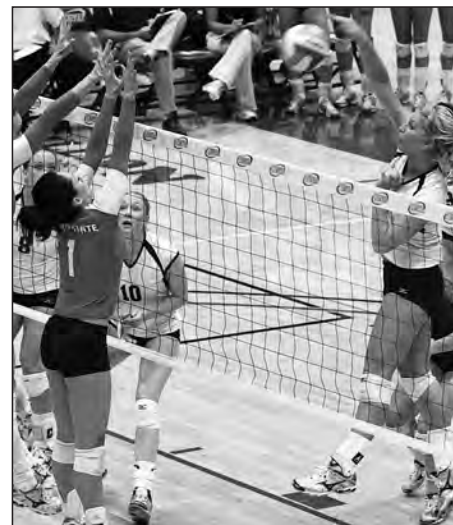


Photo by A Sanam Bhaila

Chelsie Carson, a junior outside hitter from Omaha, prepares to slam home a point against Metro State this past Sunday. The Lopers swept the No. 21 Roadrunners to extend their winning streak to 19 games and move to 25-1 on the year, 15-0 in the RMAC.

Erica Burson both in the top 10, it's easy to see why the Lopers lead the RMAC in hitting percentage by more than .05.

The offense continues to roll with junior setter Cola Svec of Elkhorn moving the ball from antenna to antenna effectively and efficiently. Svec is ranked first in the RMAC and sixth in the nation in assists per set, averaging 11.76.

Defensively, junior Katlyn Heiser from Manchester, Iowa, is ranked fourth in the RMAC in digs, averaging 4.12 digs per set.

Strong serving has enabled the team to keep teams' offenses out of system. This has led the Lopers to hold their opponents to a .108 hitting percentage, which leads the RMAC.

The Lopers are doing many things right and are on the right path to the post season.

What can the team do better down the stretch?

"Clean up the little things," Heiser said. "Make smart plays and continue to put pressure on opponents while serving will allow us to stay competitive and achieve our team goals."

Altitude doesn't stop UNK runners

Cross-country team brings home two third team all-conference plaques

BY ABBY RICHTER
Antelope Sports Staff

Denver, the Mile High City, is a beautiful city to look at, but somewhat difficult for running. Still, the Loper cross-country team succeeded in running at altitude this past weekend, Oct. 24, at the Rocky Mountain Athletic Conference held at Washington Park in Denver, Colo. Despite less air to breathe, the Lopers managed to bring home two third team all-conference plaques.

The top 21 individuals in both the men's and women's races placed and made an all-conference team. Amy Long, a sophomore athletic training major from Bayard, made that cut by placing 21st in the women's race with a time of 24:14. That was good enough to get her a third team, all-conference plaque.

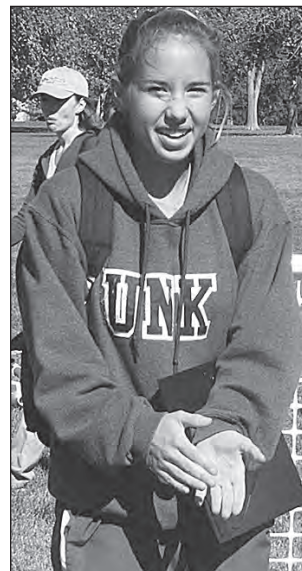
"We competed well even though we may have been at a disadvantage because we are not used to running at altitude," Long said. "I feel like even though my time was slower because of the altitude, I still competed against the people I was running with."

Tanner Fruit, a junior exercise science major from Ogallala, placed 17th in the men's race with a time of 26:28. He also received a third team all-conference plaque. "As a team, I feel like we competed well at this race, but we still haven't reached maxi-



Photo (above and right) by Abby Richter

The men's team huddles together for a prayer before their race. (Right) Amy Long receives her award for third team all-conference after her race. Long placed 21st individually, which was the last spot that received a plaque. Overall the women's team placed 10th.



mum potential," Fruit said.

Overall though, Fruit was happy with his individual race. "I felt like I competed well with the conditions and the field of athletes.

Team captain Thomas Neemann, a senior construction management major from Syracuse, placed 44th in the men's race with a time of 27:55. Though this was a race with some of the best competition in the country, Neemann feels like it was good to see some of the teams that will be at the regional meet

held in Wayne on Nov. 7.

"I feel like this was a good race to compare us to other teams and see where we will be at the regional meet," Neemann said. "We can now pick out the teams that beat us at conference, and go after them at regional in two weeks."

Overall the men placed fifth and the women placed 10th. The Lopers will compete on Nov. 7 in Wayne for the regional meet, which will close the 2009 UNK the cross-country season.



Photo (above) by Abby Richter

Tanner Fruit goes around for his fourth and final lap of the men's 8K race at Washington Park. The men's team finished fifth place overall, with Fruit placing 17th individually. Fruit received third team all-conference by placing in the top 21.

THIS HALLOWEEN BEWARE OF THE LOPERS

OCTOBER 31ST
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OF THE MINES

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English student becomes Chinese teacher

Xian works on master's degree while teaching Chinese to American students

BY BINGJIE ZHAO

Guest Writer

Huihui Xian, a graduate student in curriculum and instruction from Weifang, China is not only a student but also an instructor of Chinese in the modern languages department.

After she graduated from Shandong University in China with an English major, she taught English in Shandong University at Weihai for four years. Then, in 2008 she came to UNK for her master's degree and also another teaching experience.

In the beginning, she found culture shock everywhere, all the time. But as time went on, Xian has learned to love the study environment because she feels that students here are more independent.

As an instructor, she values the close relationship between students and teachers at UNK. The relationship between teachers and students here in United States works better—helping to achieve goals and helping the students to learn, she said.

In Xian's opinion, in China the teach-

er dominates the classroom, but in United States, the teacher is a facilitator. Therefore, she feels students here have more freedom to choose and know what they really want to learn. Thus the American students have more passion in the class.

"It seems like the Chinese or Asian students do not feel comfortable showing their opinion in front of the class, Xian said. "International students are quiet and do not speak up as much."

But she also said it is interesting that American students will complain there is too much homework. If they do not like it, they just skip it. However, in China or other countries in Asia, this rarely happens.

Xian said in Asian culture, there is tradition to respect the instructor, and she feels Japanese students keep this tradition even more than Chinese students.

Leaving home for two years was hard for Xian. She wants to go back and bring American visitors to China.

She said, "I hope more people join in learning Chinese because it will be helpful."

She said she can't wait to graduate because she loves China. "I love my home-

WANT TO LEARN CHINESE OR KNOW MORE ABOUT CHINA?

Contact Huihui Xian

Tel: 293-8245

E-mail: xianh2@unk.edu



Photo by Bingjie Zhao

Huihui Xian, a graduate student in curriculum and instruction from Weifang, misses her home and family in China, but while she is at UNK promotes Chinese language and culture with international students and anyone who wants to learn to speak her language.

See this story
in Chinese
page 1

AND THE CROWD ROARS AT THE ALPHA TAU OMEGA CLUNKER BEAT DOWN



Photo by Bryan Molt
Sophomore Dustin Dye of York, majoring in travel and tourism, adds his fair share of dents to the clunker at the "Alpha Tau Omega Clunker Bash."



Photo by Bryan Molt
Freshman Zac Benson of Central City, a music business major, throws the "hammer down" on the clunker that was demolished at the Alpha Tau Omega Clunker Bash. The bash held was Tuesday Oct. 26 in the parking lot in between Randall Hall and Otto Olsen.

'Frat house of fear'

Fraternity raises money for Jubilee Center

BY ERIK DODGE
Antelope Staff

After being chased by a man with a chain saw, you are led down a dark hallway, the only light marking the way coming from the guide's flashlight.

She opens a door on your right and tells you to step inside. At first glance you let out a sigh of relief. The room is black and covered by three colors of dots. Just as you are ready to turn around to leave, you notice a few of the dots seem to shift on the wall. Suddenly three men jump at you. They are wearing all black, with even their faces painted and covered in the same dots as the walls.

The polka dot room was a favorite of visitors to last year's "Frat House of Fear," put on by the Pi Kappa Alpha fraternity. "The polka dot room was really fun. My

groups really enjoyed it," said Roxy Steinbrink, who led tours of the haunted house last year.

Pi Kappa Alpha raised over \$540 and 650 canned food items for the Jubilee Center through that haunted house.

"Frat House of Fear" will show off a few changes from last year including a haunted cornfield in a redesigned main room. "We are trying to change things up for our repeat customers," haunted house chairman Ryan Sloan said. However, much of the format will stay the same with volunteers from the sororities leading groups through a large main room, followed by various smaller themed rooms. Carry overs from the previous year will include chain saws and a clown room.

Planning for the event began even earlier than in previous years, according to Sloan. "Our goal is to draw more people,



Courtesy photo

"Frat House of Fear" volunteers pose with the donated item. All proceeds from the haunted house are donated to the Jubilee Center.

raise more money and more cans this year than the year before," Sloan said.

Pi Kappa Alpha will host the haunted house in University Residence North on Oct. 29 from 6:30 p.m. to 10:30 p.m. according to fraternity president Nate

Summerfield. Admission costs \$2 or two canned food items, and all proceeds will be donated to the Jubilee Center.

"Visitors can expect to have a good time at our haunted house while supporting a good cause at the same time," Sloan said.

Halloween is ready... how about you?

BY NATHAN BLAHA
Antelope Staff

The countdown has begun: only three days until Halloween. While some students prepare months for the scariest day of the year, others wait until the last possible moment to even think about Oct. 31.

What candy to buy? What to wear? Where to go? Students are asking themselves as Halloween approaches. Luckily for the students, they need to look no further than this article for ideas.

What candy should you buy to give out to trick-or-treaters or just leave laying around for you to munch on? Why not go with the brown and orange candy that has appeared at Halloween parties for years and years. It may not be chocolate or even a candy bar, but candy corn is the best selling of all the Halloween candies.

If you are in more of a mood to have candy bars and chocolate around, the next five best selling Halloween candies are Snickers, Reese's Cups, Kit Kats, Milky Way Bars and M&M's.

While candy isn't an absolute necessity for Halloween, the costume is, and this

year is sure to turn out some interesting costumes.

Are you looking for a contemporary costume this year? Popular contemporary costume ideas this year include Amy Winehouse, Manny Ramirez, Lady Gaga, Bernie Madoff, Sarah Palin, Michael Jackson and Farrah Fawcett.

Contemporary may not be your style. Maybe something classic or retro would fit you better for Halloween. Characters such as Bert and Ernie, Mario and Luigi and Big Bird are also growing in popularity.

Are you looking to go out for Halloween as a couple? One of the most popular couple costumes of the past few years has been the plug costume for men and socket costume for women. If that is a little too racy, you can always go with classics like Fred and Wilma Flintstone, Popeye and Olive Oyl, Fred and Daphne from Scooby Doo or Little Red Riding Hood and the Big Bad Wolf.

Halloween costumes and snacks taken care of, but you still don't know what to do? There are events in Kearney and the surrounding area that will be sure to give you a scare.

SPOOKY HAPPENINGS AROUND KEARNEY



► **Pike Haunted House:** Oct. 29 from 6 to 11 p.m. at the Pike House, 1601 University Drive-URNC. Admission is two cans of food or \$2. All proceeds benefit the Jubilee Center. For information call 237-6840 or visit www.uwka.org

► **Phantoms at the Frank House:** Oct. 31 at the Frank House, west campus is a Victorian-style Halloween gathering featuring spooky stories, activities and treats, 1:30 p.m.. For more information call 865-8284 or e-mail sulivankw@unk.edu. Free admission and costumes are encouraged.

► **World Theatre Candlelight Ghost Tours at the World Theatre:** on Oct. 29 from 7 to 10 p.m. and Oct. 30-31 from 8 p.m. to midnight at 2318 Central Ave. Admission is \$10, and proceeds benefit the restoration of the theater.

► **Horror on the Homestead:** Oct. 29-31 from 7:30 to midnight is two miles west and half-mile north of Minden on M Road. All proceeds benefit the Minden post prom.

► **Theatre of Terror Haunted House:** Oct. 28 and 29, 7-11 p.m. on Oct 31 at Gothenburg's Sun Theatre is presented by Gothenburg Community Playhouse, 7 to 10 p.m., 10th Street and Avenue D. Tickets are \$10. For more information call 308-537-3235 or visit www.suntheatre.org.

Palmer overcomes struggle with depression, encourages others to seek support system

BY ALEX MORALES
Antelope Staff

Invisible to others, yet overwhelming within. The word is heard throughout society as a murmur, yet the pain rings loud and clear in the lives of those affected.

In fact, if taboos were placed on a ladder based upon prominence, depression has scaled to the top and replaced other taboos like sex, which is now spoken about openly and most often, in a vulgar way.

For Cristianne Palmer, a family studies major from Hastings, depression is not a taboo. It is a reality she experienced and overcame. "Unfortunately there is a stereotype associated with depression, which makes many people regard it as a taboo," she said.

According to the American College Health Association, last year, 12.9 percent of UNK students were diagnosed with depression. Depression, unlike many illnesses, cannot be measured strictly in physical terms. However its complications reach beyond any stereotype. Anyone is vulnerable.

Events trigger onset

Palmer's experience with depression began her sophomore year in high school. At the time, her two best friends had moved away, and she started her first real job. Like many depression cases, Palmer's experience began with an accumulation of life changing events.

The middle child separated six to 10 years from her siblings, Palmer found herself feeling alone, with heavy responsibilities. "It was difficult to have my closest friends gone all of a sudden, I didn't have

anyone to talk to," she said.

Then came the first signs: overwhelming feelings of sadness and desire to sleep despite not being tired. This progressed to over thinking situations and emotional confusion. As Palmer began to whirl into depression, she even resorted to cutting, a form of self injury sometimes used in order to cope with emotions. Not long after however, she took the initiative to seek help and get treatment.

Counseling brings balance

After medical treatment and counseling, Palmer felt her situation progressively improving, her issues easier to handle. However, her battle with depression was far from over.

By the end of Palmer's junior year her life took another abrupt turn. Within a couple of weeks she experienced a breakup, was assaulted and had a car accident.

For Palmer this was the breaking point. At the time it was the only car her family had and the aftermath of her breakup was long-drawn-out. For the first time, she began to have suicidal thoughts. "At this point I really didn't care whether I lived or died," she says.

This time around, the help Palmer found was beyond her medication. During her senior year she became part of a youth group. During this time, Palmer also went on her first mission trip, a powerful experience that led her to join campus ministries once she came to UNK. "Being able to work on myself spiritually really helped me," she said.

However, acclimating to college in the midst of her depression would prove to be

another challenge for Palmer. The spring semester of her freshman year things went downhill yet again. Palmer experienced another drawn-out breakup during which she was harassed and had family issues going on back home— all of this while being a full-time student and also working. At this point, Palmer found herself lost, suicidal thoughts returned and the cutting continued.

"Once again everything was clumped together. It was hard to focus on anything with everything going on," she said.

Towards the end of January that spring semester, Palmer had another breakdown, which led her to counseling and health care on campus. She knew she needed help. "I had a mental breakdown, every time I calmed down, I thought of something else, and it started all over again," she says.

Coping skills allow healing

Palmer began counseling sessions and once again found peace outside her medication. In fact, this time around Palmer took herself off of medication. Throughout her sophomore year she developed a unique relationship with a friend she met through campus ministries who helped her get through the difficult aspects of her life. "There was just something about it I could tell the difference without medication, but it didn't affect me because for the first time in a long time I was feeling truly happy," she said.

Soon after Palmer's happiness was put to the test. Just as she was beginning to enjoy life without depression, her new best friend moved away. Despite being a similar incident that triggered her depression

four years earlier, Palmer held her ground. There was no medication, and the cutting had stopped as she figured out different ways to cope with her problems.

"Sometimes you don't know what's wrong, but a good cry makes it better. Sometimes you just have to cry," she said.

Now a junior, Palmer is focused on her academics and has set her sights on many goals. She also plans to travel again within the next year. She is thankful for those who gave her a hand during the times she struggled. "It is essential to have a good support system that you can talk to about anything," she said.

TIPS TO AVOID DEPRESSION

Exercise – Regular exercise helps lower levels of adrenaline and cortisol, two important hormones related to stress and anxiety.

Get out of your cave – To help restore normal hormonal balance in the brain, as well as regular sleep-wake cycles, it's important to get out in the sunshine during the day and to keep the lights out in your bedroom at night while you sleep.

Avoid stimulants – This includes coffee, nicotine and alcohol.

Get some counseling – To contact Counseling and Health Care, students can call their offices at (308) 865-8248, or call the after hour on-call counselor at (308) 224-4956. If there is no answer, students can call UNK Police at (308) 627 4811. In the event that a student has harmed themselves or is in immediate danger UNK Police or 911 should be called first.

Increase your intake of important foods and nutrients- Eat more fish, B-complex vitamins, magnesium and fiber, and reduce your intake of sugar.

Information provided by:
UltraPrevention.com



JAMMERS
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Dancers Nightly
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Procrastinating your research paper?

You may be missing out on online inter-library opportunities

BY DEANN REED

Antelope Staff

It's the night before, and it's crunch time. The research paper assigned three weeks ago is now due. You panic and run to the library to do some research and realize the library is closed.

Sound familiar? According to John Ritterbush, head of the electronic resources at the on-campus library, the biggest mistake students make is waiting until the last moment.

"If you give yourself even a week's worth of lead time, you will do yourself much benefit in terms of the type of results you will get in your research and being able to get materials through inter-library loans," Ritterbush said.

These inter-library articles only take a few days to acquire. Those few days could make a student's paper easier to write, Ritterbush said.

But if waiting until the last minute to write a research paper is still the staple of a student's research habits, one thing is definitely changing at the library: what students will have access to.

Many journal articles are increasingly going to an online only format, Ritterbush said. "Scholarly journals articles are no longer going to be in print format."

Students who are used to walking up to the shelf and grabbing a journal article

will be jolted into reality because "those days are quickly changing," Ritterbush said. The cost to the school remains the same, but the way resources will be accessed will change.

Students are often surprised by what is actually available to them. The phenomenon is not just confined to UNK's campus. "We've got a real challenge before us as librarians to help our users be aware of the wonderful resources that are really only available through library databases that we subscribe to and for which students are already paying for through their library enhancement fee," Ritterbush said. Students are really leaving money on the table when they don't take advantage of what the school is providing for them. These databases are the only place where you can find full text for scholarly journals, magazines or certain newspapers.

"To just do a search on Google or Wikipedia is leaving out a huge reservoir of information," Ritterbush said. The library really tries hard to help students succeed in their academic endeavors. Research help is available online through Question Point. Assistance is advertised at Ask Us 24/7 through a chat widget.

Librarians are available 12 hours a day. If someone is not at the library to answer students' questions, they can e-mail for assistance.

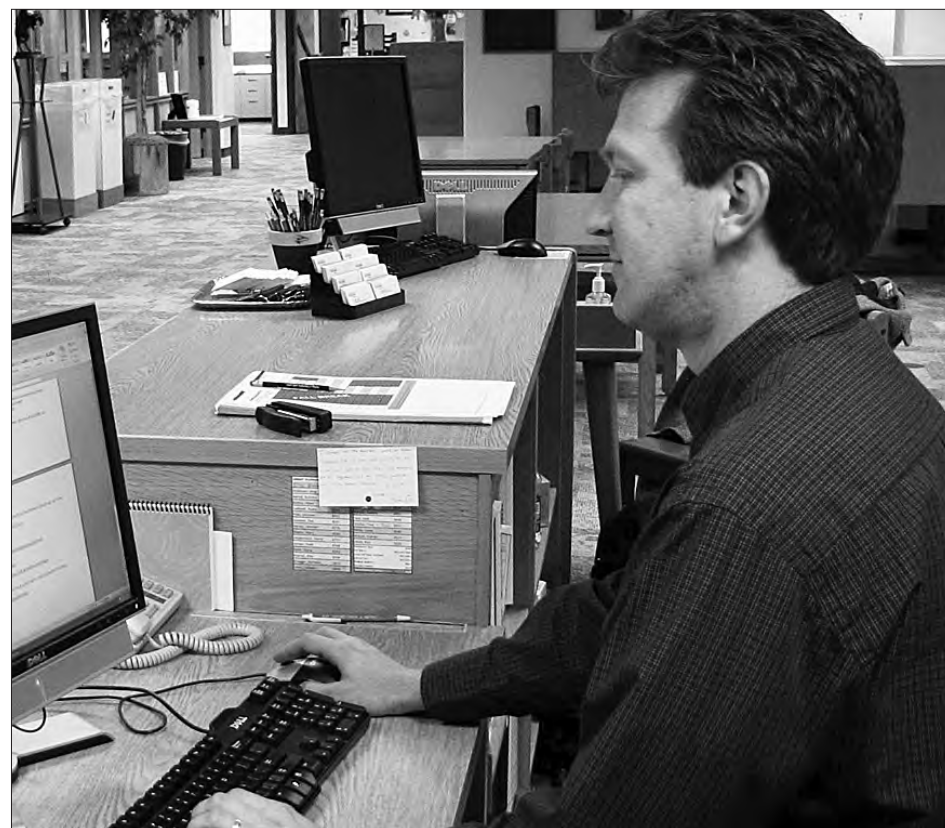


Photo by DeAnn Reed

John Ritterbush sits at the reference desk waiting to answer questions from students. He is in charge of the online electronic sources at the UNK library.

For more information, go to www.unk.edu and click on the "Current Students"

tab. The library resources are located under the resource tab.

Student teaching from page 1

soon be transitioning to a middle school math classroom.

"One of the best things about student teaching so far is interacting with the students," Alt said.

After graduating in December, Alt hopes to take a teaching job right away or substitute teach until she does.

While student teaching gives future teachers valuable experience in the classroom, there are a few new teachers who never student teach before entering the classroom.

Heather Garrelts teaches a junior/senior Shakespeare class, a junior speech class and Honors speech class, and a 9-12 reading improvement course at Lexington High School.

Garrelts never student taught but actually began her career two years ago on a provisional teaching license.

In order to teach on a provisional

teaching license, a teacher must have a bachelor's degree or higher in the particular field and must have completed 75 percent of the teaching requirements. The school district can then contract with the provisional teacher in the district in the specified content areas.

Garrelts' decision to become a teacher came after she had already graduated college. "I was just interested in the fields of English and speech and had always wanted to be a teacher. I knew that I loved the subjects, could find a position and would be happy with this position for the better part of my life."

Garrelts feels she did not miss out from the experience attained in student teaching, but she agrees her path may not be for every student.

Garrelts' first year was filled with unexpected challenges. "I expected to go into the classroom and be perfect, have

everything work my way and have students that loved me. None of that happened my first semester. I was starting from scratch in many classes and had students who were trying to test me constantly," she said.

With no mentor or cooperating teacher close by, Garrelts agrees it was a tough first year. "But in the long run, I think it made me a stronger teacher," she said.

Garrelts knows being a teacher means being committed to the career and the students.

"People who go into teaching because 'someone said it was good money' or because 'they get summers off,' in my opinion, are usually those that don't last in the profession and should be in another field. You have to be dedicated to this career," Garrelts said.

Garrelts' path was unique. Most teachers spend a full semester in the classroom

learning the ropes before their first job.

"Spending a complete semester with-in a school system helps student teachers understand the workings of the public schools within the community, the complex interactions of the entire staff and student learning and behavior from the other side of the desk," said Dr. Susanne Bloomfield, a professor of English at UNK.

Bloomfield teaches the English education methods courses required before the student teaching experience and has helped many future and current teachers further their education during her years at UNK.

"A teacher needs to enjoy working with students but also have a passion for her subject," Bloomfield said.

Alt says she has found her passion and is excited every day to teach in the classroom. For her, teaching is also learning. "There is always something new to learn."

How the Wild West was won

*Lip-sync competition rocks Health and Sports Center;
Conrad-Martin team takes home the 21st annual prize*

Photos by Bryan Molt

LEFT: A mega-sized crowd was on hand at the popular homecoming lip-sync competition. The event was held last Thursday in the Health and Sports Center.

RIGHT: Freshman Jami Schott, an English education major from Cedar Rapids, and senior Anthony McPhillips, an elementary education and physical education K-12 major from Humphrey, had the crowd clapping along to "The Farmer in the Dell" during Mantor/Fiji's third place performance. Conrad/Martin received first place in the contest.



Concerts-on-the-Platte take center stage

BY JESSICA KENYON
Antelope Staff

Ten years ago, Dr. Nathan Buckner, a professor in the music department since 1997, began Concerts-on-the-Platte, featuring full-scale recitals of UNK music faculty and guest artists.

When the recital series began, Buckner started making a few flyers to promote the event. That's when he came up with the name Concerts-on-the-Platte. "I just needed something to put on the page at first, and then it kind of just stuck," Buckner said.

When Concerts-on-the-Platte started, there were about half a dozen recitals a year. Since then the number has grown to almost 20. The first recitals weren't very well attended and were also not very well advertised because of lack of funds, but attendance has grown since 1999.

Not all UNK faculty members participate, but each year more and more faculty members are inspired to get involved. "I think Concerts-on-the-Platte is a great series, and people should take much more advantage of them. It is great to see your professors perform and do what they love. It sheds a whole new light on the person you see up in front of the class every other day," said sophomore music education major Paloma Mena-Werth of Kearney.



Photo by Kevin Whetstone

Soprano Anne Forador (left) and saxophonist David Nabb shared the stage on Oct. 26 in the sixth Concerts-on-the-Platte performance of this semester. Both performers are UNK faculty members, currently teaching in the music department.

While the series doesn't include student performers, there has been an increase in the number of performance majors and music students interested in presenting recitals themselves. The series has served to provide professional examples to the department's growing enrollment.

Mena-Werth has found the Concerts-

on-the-Platte series to be very helpful and inspirational. "I decided I wanted to teach band when I was in sixth grade and have never questioned my choice. I love music, I love working with people, and I think that music is one of the most important disciplines to share with young people. Since I grew up in Kearney, I have attended many Concerts-on-the-Platte recitals," Mena-Werth said.

Concerts-on-the-Platte recitals can be made up of voice performances, along with chamber music, piano trios, violin, brass, cello and jazz recitals. Recently guitar and percussion recitals have also been added.

A concert consists of a group or entire orchestra while a recital consists of solo musicians, like in a Concerts-on-the-Platte event. There are times when a Concerts-on-the-Platte event includes more than one performer at a time. "The faculty does collaborate together for performances. Rehearsals are pretty intense, and it takes months of practice," Buckner said.

Concerts-on-the-Platte recitals are always free, although they do accept donations that go towards paying guest artists.

Recitals take place in the Fine Arts hall on Monday nights at 7:30 p.m. The recitals usually last 90 minutes between stage changes and intermission.

UPCOMING CONCERTS

All shows are Mondays at 7:30 p.m.

Nov. 2: Ting-Lan Chen (violin) and Nathan Buckner (piano)

Nov. 9: Sharon Campbell (mezzo) and Valeria Cisler (piano).

Nov 16: David Nabb (saxophone) and Noah Rogoff (cello)

Season Sampler: 10th anniversary celebration featuring faculty highlights from recital season

Nov. 23: Nathanael May (piano)

Nov. 30: Seth Fletcher (euphorium)

Dec. 14: Wes Hird & Co.