

the

Antelope

University of Nebraska at Kearney

Run With It

INDEX

NEWS	1, 2, 8
ET CETERA	3
FEATURES	4, 5
SPORTS	6, 7



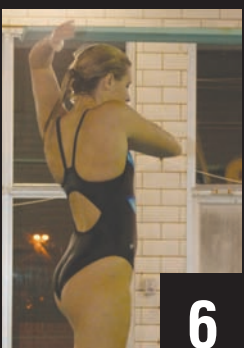
2

Totinos pepperoni pizza recall




4

Spring Break re-build



6

Swimming and diving



8

First Year Program

WEATHER

FRIDAY

Partly cloudy

High 64

Low 42

SATURDAY

Partly cloudy

High 67

Low 42

SUNDAY

Partly cloudy

High 64

Low 36

# Eastern traditions on West Campus

## Annual Japanese Festival introduces both traditional and modern day Japan

Sean Takahashi  
Antelope Staff Writer

Japanese Festival, which was held on last Saturday, Nov. 4 at HYPER Gym, is an annual event sponsored by Japanese Association at Kearney (JAK), which introduces Japanese culture through stage performance, activities and foods to UNK students and Kearney community.

Japanese Festival is one of the biggest events in Kearney, and has been very successful since its beginning. The number of people who attend to the event increase each year, and the number of visitors of last year's Japanese festival finally exceeded the capacity of Great Room. So, the site of the event was moved from the Ponderosa Room to gym.

"I like it [Japanese Festival] very much," Zach Herbert, a senior majoring in Organizational Communication from Omaha, said. "There are a lot more exhibits, and a lot more spaces. There is more room for people to get around than last year. I like it here more than other room in the Nebraskan Student Union. The other room

makes the crowd seem bigger, but it's because everybody's so close each other."

“We tried to show how our culture has changed through past and present.”

Akihiro Sakai  
President of JAK

Every year, Japanese Festival has a theme and this years' theme was "past and present." That is to say, JAK wanted visitors to learn about both traditional and modern culture of Japan. All stage performance, activities and food menus are arranged based on the theme.

"We tried to show how our culture has changed through past and present," Akihiro Sakai, president of JAK, said. "We have

done a lot to introduce Japanese culture, but we have never tried to show traditional culture and modern culture at the same time."

Traditional Japan was expressed with Japanese traditional dance, So-ran bushi, a martial arts, Kendo, a strings instrument called shamisen, Japanese style meat ball soup, Japanese calligraphy, Japanese wrestling, traditional Japanese cloth Yukata, couple of Japanese traditional fun activities.

Ayae Mori, a junior majoring in biology from Kagoshima prefecture, Japan participated in Japanese calligraphy demonstration booth. Mori has been participating in this particular activity since she entered UNK.

"I want people to know what Japanese language is like," Mori said. "And Japanese calligraphy is a Japanese traditional culture which is very good way for them to learn about our language."

"In fact, Japanese calligraphy is very picky," Mori said. "We need to be careful about how each letters looks, and we need to always straighten our backs when we write. But I am doing calligraphy demonstration without such formality, because



Photo by Aki Kato  
Megumi Kajigaya (right) and Mayuka Kakudad (left), served a traditional Japanese soup.

I'm interested in teaching people Japanese language than doing it perfectly."

Modern Japan was expressed with hip hop dance, parapara dance which became popular in Japan in 90s, a guitar session of Japanese songs, curry rice, struck out, a famous sport in Japan, and comics and magazines.

"I want to make our dance more fun by mixing both cultures," Ikumi Sawada, the leader of modern dance groups, said. "Because hip hop is originally from the U.S., I don't want to destroy its style. So, I am not trying to put too much Japanese taste into it."

"We separated traditional part and modern part completely," Sakai said. "We chose activities, performances and food menu that are obviously traditional or modern. Also, we put traditional stuff to the left and modern stuff to the right, so that it is easier to distinguish which booth belongs to which."

Also, as a new attempt, History Wall, which introduces brief Japanese history, was displayed at the event. Visitors can look at this wall and learn about 17 important periods in Japanese history and know how Japanese history progressed.

"The history wall is very artistic and educational," Diane Longo, coordinator of ELI program, said.

Longo also said that this year's Japanese Festival has more activities for visitors to participate compared to the past festivals.

"I think it's great. Many people bring families here. And it's fun for both old and young to participate activities," Longo said.

"Because we tried many new ideas for Japanese Festival this year, I was actually worried if visitors like those ideas and number of participation," Sakai said. "I heard many people cannot come to Japanese festival because we have Japanese Festival on Sunday this year. So, we did a lot of advertising because I thought otherwise people won't show up."

As a result, Sakai said he is satisfied with how the festival went. "I was at back stage all the time, but I saw people sitting really close to the stage, so I could see many people actually showed up."

Sakai is also glad visitors had fun with various activities. "Last year's Japanese festival's main thing was stage performances, but we [JAK] did not want to make it main again, rather we want people to enjoy various fun activities."

"If everybody came to Japanese festival had a good time, then I will be pleased," Sakai said.



Photo by Aki Kato  
Above: Lisa Willson is trying to wear the Japanese traditional costume called "Yukata."



Photos by Sarah Ahlers  
Top: A booth that demonstrated how to write Japanese calligraphy was one of the most popular booths at the festival.  
Bottom left: A traditional Japanese dance was performed to illustrate cultural traditions.  
Bottom right: Spectators gathered to watch as mock sumo wrestlers took on competitors.



# UNK takes precautions with pandemic flu

Technology may not be enough to prevent bird flu health threat

**Mark Hayden**  
Antelope Staff

With all that is happening with terrorism these days and the war in the Middle East, it is easy to forget that there are other enemies that can step onto our borders with a deadly plan. These enemies include pandemic influenza.

This is not something we need to be worried about for the time being, but many believe that we have gone just too long without suffering from a pandemic influenza case, with the last major pandemic being in 1918.

The fatality numbers that came about the famous epidemic in 1918 were tragic. An estimated 700,000 Americans died from the infection. If a pandemic flu hit the globe in the near future, those numbers could be even more severe.

With the help of UNK, health officials, such as, Assistant Director of health, Sue Pederson; we will have a better understanding of what we need

to do to be prepared for such an occurrence.

Pederson, along with her fellow pandemic flu committee members, has just finished up the production of an informative DVD about pandemic flu that was funded by Two Rivers. The DVD will premier at a town hall meeting this Wednesday night, November 7th.

"It will be about what pandemic flu is and what we need to do to prepare. Because a lot of people think the bird flu was a problem that occurred a few years and that it's not something they have to worry about right now," Pederson said.

The premier of the DVD is only appropriate; being that the meeting is going educate local officials and citizens about the effects of pandemic influenza on communities and what we can do to prevent this nightmare from becoming a reality.

"A pandemic flu does happen every two or three times a century and we are due for another one. We do feel that it's just a matter of time before one does come," Pederson said.

In attendance for the town hall meeting, will be more than just local figures. Lieutenant Governor, Rick Sheehy and Chief Medical Officer, Dr. Joann Schaefer will make their appearance at the town hall meeting to give their thoughts on the latest health issue.

The evolution of such a virus is not a very complicated process. A human that is affected with the latest bird flu virus and the common flu virus at the same time; could aid the viruses in the mutation process, and the next pandemic virus would be born. No humans would be immune to the new virus.

The bird flu has already infected and killed hundreds on a global status. An alarming, 300 people have been killed to do being infected with the deadly virus. If the pandemic flu virus is as deadly as the bird flu, the mortality rate could reach six maybe seven digit figures.

This is the first year that UNK has taken any precautions in connection with a pandemic flu. The healthcare department has been spending a good

part of the past eight months  
developing a plan of preparation  
for the campus.

“Usually when a new virus emerges, it takes about six to eight months to develop a vaccine. So potentially the only protection we have are social measures, such as social distancing, good cough etiquette, washing your hands and just good public health measures,” Pederson said.

Two Rivers Health Department is a local organization that is located in Holdrege, Neb. It consists of local health officials from the seven county districts, which include Buffalo, Dawson, Franklin, Gosper, Harlan, Kearney and Phelps counties. They combine their knowledge to help serve the assist local citizens with cases such as, pandemic influenza.

With such serious health threats, such as the bird flu, it is imperative that we have local officials keeping an eye on the possibility of the bird flu turning into something even bigger than we can imagine. The bird flu is going to be the key ingredient, if such an event were to occur.

"It is an influenza that our body has never been exposed to. Our body has no immunity to it. It will cause severe illness in humans and it will be well sustained through person to person transmission," Amy Elwood assistant director and emergency response coordinator for Two Rivers, said.

In such an instance of a flu pandemic, there would not be much hesitation as far as shutting down the town. The campus would close, sporting events would be close, there will be pretty significant problems in communities," Pederson said.

Many citizens are unaware that this virus could be lurking in the dark and could be here faster than you can say “holy smokes!” but do not fear; we have the technology and the communication to keep this virus travel to a minimum.

"Two Rivers has got together pandemic flu committees. We have sent out information to many businesses, we've been pulling together hospitals and giving them information on pandemic influenza. We are

working closely with UNK, and giving presentations so people can prepare at home,” Elwood said.

Although we live in a much more technology-friendly society, we still need to take certain precautions and be aware of this potentially deadly virus. We have ways to communicate like never before, but we also have ways to travel like never before, which does not mix well with pandemic influenza.

"The disadvantage is that we are a much more mobile society and the potential for it to spread is much larger than it was in 1918," Pederson said.

Our daily rituals remain unaffected by any sort of deadly virus today, and the bird flu is mainly a topic in Asia and the Middle East, but we must be prepared to take on any sort of deadly virus that lies in our way. It is nice to know that we have local citizens doing their research on the latest health issue to help prevent us from suffering from such a deadly virus.

# Search for Lexington teacher and student ends

**Elizabeth Weaver**  
Antelope Staff

Kelsey Petseron and Fernando Rodriguez were found on Saturday, Nov. 3 in Mexico, nearly a week after the teacher

and student had disappeared.

Kelsey Peterson, a 25-year-old sixth grade math teacher at Lexington Middle School and UNK alumni, was put on administrative leave on Oct. 25 when local police began to investigate whether or not Peterson was

having an intimate relationship with 13 year old student Fernando Rodriguez. Students involved in the education field at UNK find the situation regarding the teacher and student to be disturbing. Kathrine Vetter, a senior elementary education

major, said that “the behavior of the teacher is very unprofessional, it is common sense that you are not supposed to have personal relationships with your students.”

On Oct. 26, both Rodriguez and Peterson were missing and the search to find them led officials across Nebraska all the way to the Mexico border. On Oct. 30, Peterson's car was spotted crossing into Mexico near San Diego, Calif. FBI officials took Peterson and Rodriguez into custody on Friday, Nov. 2. Officials were alerted of Peterson and Rodriguez's location after the boy's relatives notified the police that he had called home.



Photo courtesy nebraska.tv

Lexington teacher, Kelsey Peterson, was apprehended on Saturday.

to ask for money. Peterson and Rodriguez were found in the city of Mexicali.

FBI officials transported Peterson to the Imperial County Jail in El Centro Calif. where she is being charged for violating Title 18, U.S.C. section 2423(a), which makes it illegal for a person to knowingly transport an individual who is not 18 years old across international borders with the intent of engaging in any sexual activity with the individual. Peterson appeared before a U.S. Magistrate Judge on Monday Nov. 5 in El Centro Calif. After obtaining custody of Rodriguez, officials discovered that he was an illegal immigrant. Rodriguez is in the custody of his family in Mexico.

# Pepperoni with E. coli

**General Mills Press Release**

Totino's and Jeno's announced a voluntary recall of frozen pizzas with pepperoni toppings because of possible contamination of the pepperoni topping with E. coli O157:H7.

The recall affects approximately 414,000 cases of pizza products currently in stores and all similar pizza products in consumers' freezers. It includes eight SKUs (stock keeping units or UPC codes) of Totino's brand frozen pizza and three SKUs of Jeno's brand frozen pizza with pepperoni topping, or incorporating pepperoni in combination with other toppings.

The frozen pizza products were produced in the company's Wellston, Ohio, plant and distributed to retail establishments nationwide.

The potential problem was uncovered by state and federal authorities investigating 21 occurrences of E. coli-related illnesses in 10 states.

Approximately half of the individuals who became ill were hospitalized as a result. The earliest case reported to state authorities occurred on July 20, and the latest case reported occurred on Oct. 10. Nine of the 21 people reported having eaten Totino's or Jeno's pizza with pepperoni topping at some point prior to becoming ill. Since July 1 of this year, Totino's and Jeno's have distributed more than 120 million pizzas nationwide.

Totino's and Jeno's, working in cooperation with federal and state food safety authorities, launched an investigation immediately upon learning of the potential problem.

In response, General Mills, the parent company of Totino's and Jeno's, initiated a voluntary Class I recall as a precaution. The investigation is ongoing, and the company continues to cooperate fully with all involved state and federal authorities.

E. coli O157:H7 is a potentially deadly bacterium that can cause bloody diarrhea and dehydration. Seniors, the very young, and persons with compromised immune systems are the most susceptible to foodborne illness.

Any consumers concerned about an illness should contact a physician. Anyone diagnosed by a physician as having an illness related to E. coli O157:H7 is also urged to contact state and local public health authorities.

Consumers can contact Totino's / Jeno's for product replacement by clipping the UPC (bar code) symbol from each pizza box and sending their UPC's, along with their name and address to:

Totino's / Jeno's  
P.O. Box 200 - Pizza  
Minneapolis, MN 55440-0200

The product itself should be thrown away. Consumers with additional questions about the recall should contact the company at (800) 949-9055.

## The specific products in the recall include:

Brand Product SKU #	Totino's Pepperoni 42800-92114 Totino's Classic Pepperoni 42800-11402 Totino's Pepperoni Trio 42800-72157 Totino's Party Combo 42800-11600 Totino's Combo 42800-92116	Jeno's Crisp 'n Tasty Supreme 35300-00561 Jeno's Crisp 'n Tasty Pepperoni 35300-00572 Jeno's Crisp 'n Tasty Combo 35300-00576
Totino's Party Supreme 42800-10700		
Totino's Three Meat 42800-10800		
Totino's Pepperoni 42800-11400		

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**Thursdays:**

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- Beer Pong!**  
\$5 cover charge
- 9:30-11 •Penny Mix Wells
- \$3 Mix Well Pitchers
- \$.25 Pitchers of Busch Lt. Keystone Lt. or PBR
- 11-12 •\$.25 Mix Wells
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# Poetry's power shown

## Reynolds Series continues with Bitsui, Dumanis

**Ben Webb**  
Antelope Staff Writer

Thursday, Nov. 1, the Reynold's Series brought two poets, Sherwin Bitsui and Micheal Dumanis, to Kearney for a day of interviews and an evening of poetry. They arrived in Kearney on separate flights and at separate times but came together for a television interview, a radio interview, an Exploration series lecture and the poetry reading in the Drake Theater. About forty five people, including both the beginning and advanced poetry classes at UNK, were in attendance. Both poets were in their early thirties and already

have a slew of writing credits and awards to their names. They were introduced on stage by the Reynold's chair Allison Hedge Coke. Sherwin Bitsui was introduced first and quickly shared a little bit of his background growing up on a Navajo reservation. He shared an observation on how his view of poetry has changed since his youth and nowadays, he has learned more about the importance and power of poetry. He likes the idea of working with the landscape and the struggles of both his people and people in general throughout history in his poetry as well. In a thirty minute reading, Bitsui calmly and thoughtfully read several selections from his first book titled "Shapeshift" as well as sharing the beginning of a long piece he is currently working on that he calls "Floatsong". He received a round of applause from the crowd.

Micheal Dumanis followed soon after with a humorous opening line about how "to my surprise, I'm glad to be back in Nebraska". He was born in the Soviet Union and grew up New York. Somewhere along the way, he had some teaching experience in Nebraska before he moved on to Cleveland State University where he is currently teaching. With an energetic bubbly approach, he shared several selections from his first book titled "My Soviet Union" which tackled topics such as war, popular culture and the whimsical idea of being a professional movie extra. He read for about thirty five minutes and also received a round of applause from the audience.

During the Q and A, both poets fielded questions mostly pertaining to writing poetry itself. On the question pertaining to writer's block, Bitsui shared that when he sits down to work on a piece, he pays attention to life around him and retains as much detail as he can so each and every line says something. He suggests that a line by line approach can help a writer push past the dreaded writer's block. Dumanis encouraged the use of writing exercises and indulging in poetry in every way possible...reading, writing, speaking, discussing, etc. He said that poetry is a craft, an art and a discovery. The audience gave both a respectful round of applause for coming and afterwards, they stayed behind to talk further with individual audience members while selling and signing copies of their books.

The Reynold's Series strives to bring in a variety of voices from across the country to the UNK campus. If you are interested in poetry here at UNK, contact Allison Hedge Coke by email at [hedgecokeaa@unk.edu](mailto:hedgecokeaa@unk.edu).

# Meet the American Gangster

Denzel dazzles audiences in the true story of Harlem drug lord Frank Lucas

**Jared Hoff**  
Antelope Staff Writer

Ridley Scott's new crime film, 'American Gangster' tells the factual story of cult Harlem hero, Frank Lucas – a man who became more powerful than the Mafia. Academy award winning actors Denzel Washington and Russel Crowe star in the thrilling mob drama.

Frank Lucas (born 1930 in Washington, North Carolina) was a heroin dealer and organized crime boss in Harlem during the late 1960s and early 1970s. He was particularly known for cutting out middlemen in the drug trade and buying heroin directly from his source in Southeast Asia.

Lucas organized the smuggling of heroin from Vietnam to the U.S. by using the coffins of dead American servicemen ("cadaver connection").

Continuing to build his own

empire and gathering a powerful grip on the drug underworld, Lucas would become one of the most powerful criminals of the 1970s.

Meanwhile, New York cop Richie Roberts (Crowe) begins to notice the power struggle between the Mafia and an unknown power (Washington, as Lucas). Suffering through a painful divorce that sees his wife and young son move away, Roberts continues to search for answers and the figure that has come to rule the criminal underworld.

Washington as usual immediately commands respect and attention as Lucas on the screen. When he and family members are eating in a diner, Lucas suddenly sees a rival outside. He approaches the rival character and after being disrespected, pulls a gun and murders the man on the corner of a busy street before calmly returning to the diner to finish the conversation with his

stunned family members.

Russel Crowe turns in another magnificent performance as well. Portraying detective Roberts, Crowe captures the fast paced, no-time-for-sleep life of a big city cop. Torn between what is right and wrong in a world of corrupt cops and ruthless street thugs, Roberts listens to his heart and uses his crafty mind to dodge trouble and make arrests.

The film has an authentic feel that is apparent right from the start. It reaches into the dark depths of heroin addiction, and stretches to the top of the Lucas reign, which included endless cash, celebrities, and mob figures.

It also shows just how dirty and ruthless some of New York's "finest" were during the early 70s. Police corruption was everywhere, with seemingly every cop getting or wanting a piece of the action.

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# Do something exceptional: Find something new to nail this spring break

**Lisa Becker**  
Antelope Staff

The Office for Service Learning has started planning for their annual alternative spring break trip. The Office for Service Learning is designed to meet identified community needs and to educate the students who are involved.

This year three trips are being planned. The first trip is to Greensburg, Kan. In May of this year, the town was leveled by an F5 tornado. The students who go on this trip will focus on helping with the rebuilding of the community. The interesting twist to this trip is that the focus will be on the environment and creating a green community. The cost to the student for this trip will be approximately \$100-\$150.

The second trip will be to South Dakota to a Native American reservation.

"The students will be spending the majority of the time with the kids at the Boys and Girls club," Ryan Rodehorst, an AmeriCorps VISTA from the Office for Service Learning, said.

Activities will include mentoring the students and helping out around the center. "Even though we're in Nebraska and we have a good relationship with the reservations in South Dakota we still can learn much more," said Rodehorst. The cost for this trip will also be approximately \$100-\$150.

The final trip is going to be to Estes Park in Colorado. This

trip will focus on fire mitigation and other environmental work. The group will go to the YMCA is Estes Park and help clean debris and limbs in order to help prevent fires before summer approaches and the weather starts to heat up.

"The YMCA is not what most of us think of when we think YMCA," said Rodehorst. This YMCA is right next to the Rocky Mountain National Park, they have many year round activities that range from hiking to fishing and even horseback riding. "It's a neat experience," said Rodehorst. The cost for the Colorado trip is esitmated at \$75-\$125.

As of now, no definite dates have been set for the trips. The dates will be during spring break next semester and will depend on when the organization needs the students and when they can accommodate them.

The Office of Service Learning will be holding an informational meeting on Monday, Nov. 12th from 5-6 p.m. The staff and past trip participants will be on hand at the meeting to answer students' questions during these informal, come-and-go sessions. A slideshow will be shown and light refreshments will be served. The meeting will be held in the College of Education building in room B-154. Students are urged, but not required, to attend the meeting.

To apply to be part of one of the trips, students can go on the website, [www.unk.edu/studentlife/student\\_org/asb](http://www.unk.edu/studentlife/student_org/asb), and

fill out an application on line, attend one of the informational meeting or contact Rodehorst at [rodehorstrs@unk.edu](mailto:rodehorstrs@unk.edu) or Vicki Singer at [singervc@unk.edu](mailto:singervc@unk.edu).

On the application the students will be able to rate which trip they would rather go on, however if a trip fills up fast, some students may not get their first choice.

The application also asks the student to supply a reference from a university employee (faculty, staff or administrative official or pastor). The student will also fill out 3 short essays about why he or she would like to go on one of the trips and why they should be able to go.

Thirty students will be able to go on the trips, 10 on each one. "We have never had to turn anyone away from going on the spring break trip. Some students may not get the trip of their choice, but they will get to go on one of the trips and be able to help," Rodehorst said.

Although meeting a community's need is the main focus of the trip, it is a Service-Learning trip. Learning is a very key part of the trip. During the two months before spring break, the students will meet to learn more and research where they are going and why. For the Colorado trip, the students will learn more about fire mitigation and why it is so vital to this community.

While on the trip, students will keep a journal of their activities and feelings while doing the volunteer work. They will have time to reflect before, during and after the trip. "It's a

fun time," Rodehorst said.

The entire trip will not be focused only on the volunteer work. On every trip, one day will be taken to go around the city and go shopping, sight seeing and having fun. Last year the students who went to South Dakota were able to visit Mount Rushmore.

In 2007 after hurricane Katrina, a group of UNK students went to help with the rebuilding of New Orleans on their spring break. UNK student, Angela Reynolds went on this trip. "We took one day to explore the city to get a feel for the culture," said Reynolds.

Reynolds is a junior at UNK and is an active member of Student Government, Chancellors Ambassadors, LPAC, Cornerstone UNK and the Honors Program.

"We spent most of the trip working on one house. We were able to hang drywall, sand, and paint the house. I spent most of my time hanging drywall which I really enjoyed because I don't get to do that everyday! We also spent a few hours gutting a house. That was not fun. It was much better to help reconstruct a house instead of tearing one down," Reynolds said.

She went on to say that one of the most rewarding things from the trip was talking to the boy from the neighboring house.

"We were taking a short break in the afternoon and he came over to say hi to us," Reynolds said.

Reynolds continued,

"Ironically, this was his first day back to New Orleans since the hurricane (he had been living in Dallas and came home to help his parents rebuild). He talked with us a lot and showed pictures about the New Orleans culture that very few people get to see. He was passionate about the tribal parades they have. Hearing him talk so passionately about how he would never leave New

Orleans no matter how bad it got made us feel a greater desire to help all those in need and who also loved New Orleans.

"I realized that going down there a year and a half after the hurricane happened, quite a few things are cleaned up. But so many things are still untouched. There is a big need for volunteers to help rebuild the city," Reynolds said.



**Photo courtesy of Angela Reynolds**  
Kim Jones (left) and Yoko Fukasawa mud the walls of the home they are helped rebuild in New Orleans after Katrina.

## UNK recognizes McCrory family

**April D. Refior**  
Guest Writer

The family of Amherst native Amber McCrory has been named the 2007 University of Nebraska at Kearney Outstanding Family.

They were presented the award by Chancellor Doug Kristensen at the UNK Family Day brunch at 11 a.m. on Saturday, Nov. 3. The family was recognized again during half-time of the UNK football game with New Mexico Highlands.

Amber McCrory is a veteran from the 313th Medical Company headquartered in Lincoln. Her brother Brian, who recently returned from Iraq in August with the 734th, will be getting married on Nov. 10, and will attend UNK again in the spring. Her father John is in the 258th RAOC in Phoenix, Ariz., where he and her mother Rhonda currently reside. John returned from Iraq in September.

In her nomination, McCrory wrote that her mother "has had to deal with her daughter and son being co-deployed in 2004, and she had to deal with her son and husband being co-deployed from 2006 to 2007."

"At the same time," McCrory wrote, "while being about 500 miles away in Arizona throughout the last year, she has been trying to help me through the PTSD [post-traumatic stress disorder]."

The McCrory family was able to be back in Nebraska for the award because they had returned for the wedding, and McCrory said she wanted to surprise her family with this "because it would be wonderful to thank them for all their sacrifice and support of me and our country."

McCrory also said, "I realize there are a lot of families who have sacrificed a great deal, but by September, the five people in my family, including my brother's wife, will have

put in almost five years in deployments."

McCrory is an organizational communications major who grew up in Amherst, and currently resides in Kearney.

Jami Schaffnitt, coordinator of Student Activities, said, "I think the McCrory family is well-deserving of this award. It's neat that so many members of their family have contributed to the armed forces and defend our freedom. Amber's mother must be an amazingly strong woman!"

McCrory received a \$200 scholarship from Loper Programming and Activities Council, a plaque, Loper sweatshirts for her mom and dad, free brunch at the Family Day event for her and her family, skybox tickets and half-time recognition.

Also honored were the families of Adam Hock of Bertrand, Nathan Garst of Kearney and Jennifer Michaels of Gibbon.



**Photo by April D. Refior**  
Chancellor Doug Kristensen; Rhonda McCrory, mother; John McCrory, father; Amber McCrory; Brian McCrory, brother; Tanja McCrory, sister-in-law and Tanja's mother Irina Wiener accept the award for the 2007 UNK Outstanding Family on Saturday, Nov. 3 in the Ponderosa Room in the Nebraskan Student Union.

Nebraska

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# Avoid the cold, flu season blues

## How to stay healthy and germ-free for turkey day

Derry Stover  
Antelope Staff

Each Halloween we entertain ourselves with films about zombies, spreading their cannibalistic viruses from victim to victim while a zombie epidemic ensues. Now that Halloween is over, it's time to think about the real-life epidemic nightmare that occurs every year.

Something so terrifying, it kills tens of thousands of Americans every year. Something so prevalent, it infects millions of people. This something is influenza, also known as the flu, and it's waiting for you.

The flu is caused by the influenza virus and is a contagious disease that infects the respiratory system. According to the Centers for Disease Control and Prevention (CDC), the virus spreads from infected persons to the nose or throat of others and can lead to life-threatening illness such as pneumonia.

Unlike zombie infections, it won't cause flesh-eating symptoms, but influenza can cause severe symptoms such as fever, cough, sore throat, headaches, muscle aches, chills and fatigue.

The CDC reports that the flu on average infects 5 percent to 20 percent of the population, killing 36,000 and hospitalizing more than 200,000 people every year. While most of these deaths occur in the elderly and in infants, anyone can get the flu, even perfectly healthy people.

Julie Kuskie, a UNK senior from Grant, was a recent victim of the flu virus. Kuskie, a pre-pharmacy major, said she exhibited all the classic signs of an influenza infection.

"I felt very ran down. My body just hurt and ached, and it was the worst sore throat I've had in years," Kuskie said.

There is no question about how serious of a disease influenza is, but luckily a few easy steps and healthy habits can help prevent getting sick this year.

### The Flu Vaccine

The single most effective way to prevent the flu is by getting a flu vaccination each year says the CDC.

The common "flu shot," is an inactivated form of the virus that, for most people, will prevent influenza-related illnesses.

Hilary Stoner, employee health nurse at the Good Samaritan Hospital, says getting a flu vaccination is extremely

important for preventing the flu, and vaccination is of particular interest to college students living in dorms and residence halls.

"When you have a concentrated population such as in dorms, it makes it easier for the flu virus to spread," Stoner said.

People infected with influenza will experience symptoms much more severe than the common cold, according to Stoner, "Sometimes even too sick to get out of bed."

"If there's something simple to avoid those symptoms, you should do it," Stoner said.

One myth people have about the vaccine is that the flu shot itself can cause an influenza infection, but that isn't true, says Stoner.

"It's not a live vaccine, so it simply can't make you sick," Stoner said.

In addition to getting a flu vaccination, there are many other ways to help prevent getting the flu bug. Fall and winter months also mean common cold season too, and adopting certain practices can help keep you feeling healthy this season.

### Hand washing

Coughing, sneezing and touching surfaces such as doorknobs and telephones, are

all ways that spread both cold and flu viruses.

Julie Klahn, Associate Director for Student Health at UNK, urges hand washing as another effective way to ward off seasonal sickness.

"Good hand washing and hand sanitizers used frequently will decrease the possible exposure to viruses," Klahn said.

The CDC recommends scrubbing with warm, soapy water for about 15 seconds, and cleaning hands with an alcohol-based hand sanitizer when not in close proximity to water.

### Healthy Habits

There are many straightforward healthy habits that can reduce the spread of the cold and flu. The CDC lists avoiding close contact with people who are sick, avoiding touching eyes, nose, and mouth, and covering coughs and sneezes as effective practices.

There are also other, less obvious ways to decrease your chances of getting sick. The Food and Drug Administration (FDA) recommends eating a balanced diet, keeping hydrated, and getting enough sleep to help the immune system better fight off the germs.

"Sleep is the body's method of recharging itself and allows

the body to do its best in self protection," Klahn said.

Stress is all too common to college students, but many experts also suggest reducing stress is beneficial to the immune system. According to one FDA article, people who experience more stress are more likely to get sick and experience worse symptoms.

### Medications?

Supplements and alternative medicines are other routes some take for better health during the flu season.

"A multivitamin is always a good idea to supplement what you are not getting via the diet," Klahn said.

Other products found in local pharmacies, such as Airborne and Emergen-C, claim the ability to boost immune systems. These products, which are basically cocktails of vitamins, minerals and herbal extracts, come in a variety of flavors and methods of consumption.

Many users say these supplements work, yet most scientific research of the protectiveness they offer is inconclusive.

A 2006 ABC News investigation found that Airborne might not be as effective as it promised to be. According to

the report, the medical claims made by the company that produces Airborne were entirely fabricated.

### Take Action

Adopting any of these steps can help to ward off those unwanted winter time bugs. It's not too late to get a flu shot either. October or November is the best time to get vaccinated, but the CDC says getting vaccinated even after December can still be beneficial.

Julie Klahn recommends flu shots for most students, but especially for those with certain illnesses.

"Those with asthma, allergies, heart disease, diabetes, and anyone whose immune system is already immune compromised, are in need of a flu vaccination to prevent complications in pre-existing illnesses," Klahn said.

Students, faculty and staff can receive their flu vaccinations on campus via walk-in at UNK Health Care, located in the Student Life Building. Students should bring their student ID and cash or check. Vaccines are priced at \$20, which is lower than most community clinics.

# Restaurant Review:

## Is Fanatics worth going crazy for?

Amanda Baillie  
Antelope Staff

Fanatic is defined in the dictionary as somebody who is very enthusiastic about a pastime or hobby. I can tell you that I'm a fanatic about Fanatics Sports Bar and Grill.

Fanatics is a smoke-free sports bar and grill in downtown Kearney, Neb. Fanatics is located at 2021 Central Avenue, in the old Club 3 building. Open Monday through Thursday 4 p.m. to 1 a.m., Friday 3 p.m. to 1 a.m., Saturday 10:30 a.m. to 1 a.m., and Sunday 11 a.m. to 12 a.m.

Owned by three partners Scott Johnson, Todd Schirmer and Jay Beckby, and managed by Brian Spale, Fanatics is trying to get the word out about their great drink specials and amazing food. So I thought I would check it out and see what it was all about.

The menu at Fanatics is something to be in awe about. Just about anything you could want to eat at a bar and grill is

available there: wings in five different authentic flavors, new boneless wings in those same great five flavors, mozzarella sticks, jalapeño poppers, chicken sandwich, hamburger, calzones and the most amazing pizzas that have ever been created, just to mention a few.

Just about any way that you could think to make a pizza is on the menu at Fanatics. Love garlic chicken, spinach and alfredo? You will love the Popeye. If you love pizza and cheeseburgers and just can't decide between the two then try the Cheeseburger pizza. If you're just a meat person, then the Metza is right up your alley, and if you just can't get enough of those hot wings then you will love the Buffalo Wing. These aren't those crappy over-priced frozen pizzas either they are the real deal! Hand made and cooked to perfection, you couldn't ask for anything more.

"It's probably the best pizza I've had in town," said Kearney resident Kristi Streeter.

Now let me tell you: the atmosphere in Fanatics is the best. For starters, it's a smoke

free establishment, among one of the only ones in town. This means that Fanatics can offer their customers the luxury of dining and socializing without all the stale smoke floating in the air. This makes for a great family atmosphere, too.

"I love the fact that I can come down here have a beer, watch the game and not have to deal with the smoke," Kearney resident Ron Studnicka said.

Offering 17 flat screens, a big screen, direct TV program packaging, for those pesky pay-per-view games, surround sound, pool table, basketball game, buck hunter video game, a dance floor and a DJ booth, this sports bar and grill has it all.

Now to talk about the amazing drink specials Fanatics also offers. With a different theme night every night you are guaranteed to find the right night to visit. The biggest thing going on at Fanatics right now is their Thirsty Thursday dance party.

For a five-dollar cover charge you can get dollar drinks. We're not talking just the cheap

stuff either just about anything that you want is only one dollar!

If you want a change on Thursday, then you will love Thirsty Thursday at Fanatics because the DJ will be rockin' and so will the dance floor.

Every other night has its own theme as well, Morgan Mondays, Tuesday Two-fers, Keg Cup Wednesdays, Ladies Night on Fridays, Sailor Saturdays, and Cheap Wing and Beer Sundays. I'm telling you this place is worth checking out.

"Ladies Night is the best. All my girlfriends and I love to come down here and get our drink on. The specials are phenomenal," Kearney resident Kelda Nelson said.

I have never been to a place that is so centrally located and has the best atmosphere for sports viewing or just playing a game of pool with your pals. Fanatics sports bar and grill is no longer Kearney's hidden little secret. This place will definitely become my favorite hangout.

## Read a movie at Textshop

Koji Kuwahara  
Antelope Staff

Comic books and movies as a part of an English class? That idea was far from outlandish at Textshop, a workshop held by the Department of English on Friday, Nov. 2.

Textshop was a forum for students, faculty members, educational administrators and policymakers to meet and explore the role and significance of graphic media and visual technologies in the English and language arts classroom.

Dr. Sam Umland, professor of English, said, "The main purpose of this event is to bring educators together to explore questions about visual literacy and visual learning. We have to learn how visual technology impacts the teaching of English and Language Arts."

Integrating visual literacy instruction into classroom curriculum begins by asking a few key questions to spark the critical thinking process.

"I want to bring the people together to understand the UNK teaching skills and how the English department uses electronic media," Umland

said.

The broad field of visual literacy can be loosely defined as the ability to communicate and understand through visual means. Multimedia, or new media, is changing the way society communicates in the virtual and real world.

Visual learning is among the very best methods for teaching students of all ages. Textshop helped teachers and students understand the relationship between visual literacy and visual learning.

Opportunities for web and hypermedia story design are passed over in the classroom every day in favor of traditional reading and writing exercises. English and language arts faculty try to expand the role of popular literature and film in the English and language classrooms.

Sessions held included discussions of the use of comics and graphic novels in the classroom, the creation of film stills and 'how to read a horror film.' Featured speakers were English professors Dr. Sam Umland, Dr. Susan Honeyman and Dr. Dion Cautrell, and film producer David Cammell.

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# Husker SHOWDOWN

Who deserves recognition now?

KAYLA LAIRD  
Antelope Staff

There's been one major issue on my mind for the past, oh, five years or so when it comes to Husker sports fans. What's wrong with you people?!

Well, that's putting it quite bluntly, but seriously.

For the past eight years, Nebraska has unarguably and consistently had one of the best volleyball teams in the nation. On the other hand, since Tom Osborne retired, things have been a little different for the football team. Let me throw some numbers out there for you.

Since 2000 to the present, the Lady Huskers have lost only 15 games in eight seasons. With the way things are going this season for the football team, the 15-game loss mark will be hit as well... in only two seasons...playing two and a half times fewer games. Not exactly something to cheer about.

Since 2000, the volleyball team's record has been 241-15. The football team's has been 63-35.

Coach John Cook's winning percentage in his eight years so far at Nebraska is at 94 percent, which is almost a guarantee, compared to the last eight seasons of football being at a 58 percent chance of winning. Just a note – that's comparable to flipping a coin.

At the conclusion of the 2006 season, Nebraska volleyball was second in the nation, behind Hawaii, in average attendance leaders with 4,137 attendees per game. My question is: Why weren't we number one?! We had the National Championship team that season. We had five noted All-American candidates.

Maybe it had to do with the small size and limited capacity of the Coliseum. Maybe we were second in the nation because the only thing Hawaiians know how to do is tan, surf, and play/watch volleyball. (After all, they are geographically limited.) Seriously, though, it's obvious we have diehard fans in this state that know how to be faithful to a team, so why weren't more faithful to a National Championship team, for crying out loud!

Now I'm not trying to sit here and rag on the football team. After all, we did have a record-breaking season when KU scored 76 points, the highest point total ever scored against us, and we lost our fifth consecutive game for the first time since 1958. (Hey, I didn't say it was a good record-breaker!)

And I'm not trying to get Husker football fans to switch their undying allegiance to and support only the volleyball team. I, myself, am a fan of and support the football team.

I'm also a realist, however, and it's time for Husker fans to wake up.

Now I realize that football is a tradition in Nebraska and I respect that tradition. It's the name of the Nebraska Cornhuskers and the reputation of their faithful fans. It's the infamous tunnel walk and the tale of the horseshoe that hangs above the double-doors of the locker room.

However, it's pretty obvious the media and Husker fans aren't giving recognition where it's deserved in Husker athletics. For instance, the football team has a horrible year (or year(s) would be more appropriate), and they still get more attention and publicity than a National Championship Husker volleyball team.

For example, the front page of every sports section is filled with headlines about the football coaches, how the athletic director is dealing with football, how the season is affecting football recruits, blah, blah, blah. It's all about football (and it's all depressing.)Now, you can argue that I feel this way because I'm a woman and women, in most cases, tend to stick together. You could say I'm writing this because I used to play volleyball and, although I no longer play, I still have an intense love and passion for the game. You could say I must be a bit of a feminist for writing this and you know, I do ponder the thought of women still being minorities in sports (and in general) when considering this example. You could say all these things and you just might be right.

One thing you can't say, however, is that Nebraska is still known for being the best football team in the nation. As a matter of fact, (you diehards might want to cover your ears) we're nowhere close and haven't been for a long time.

Nebraska is now known for their volleyball team; the team comprised of girls who put the fear of God in their opponents (and most likely, strangers on the street) when they walk their 6'5" frames through the door (hunched over); the team people have told Callahan would be doing a better job on the field than the football team; the team that's given an outstanding All-American performance in the classrooms, as well as on the court.

Instead of all the fuss (that everyone already knows) over the disappointing football season and how Callahan has ruined the Husker tradition, why don't we concentrate on what we do have going for us? We have an extremely talented, #2 in the nation volleyball team looking to be in the National Championship game for the third straight season and repeat as National Champions. We have five returning AVCA All-Americans in the line-up and two have already been the AVCA National Players of the Year, something that has never happened before in NCAA volleyball history. Why don't we concentrate on the new tradition Coach John Cook has brought to Nebraska athletics?

Fans, it's time for a new era. It's time for a new tradition, and it's time to recognize it.



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## Annie Moyer

Player profile

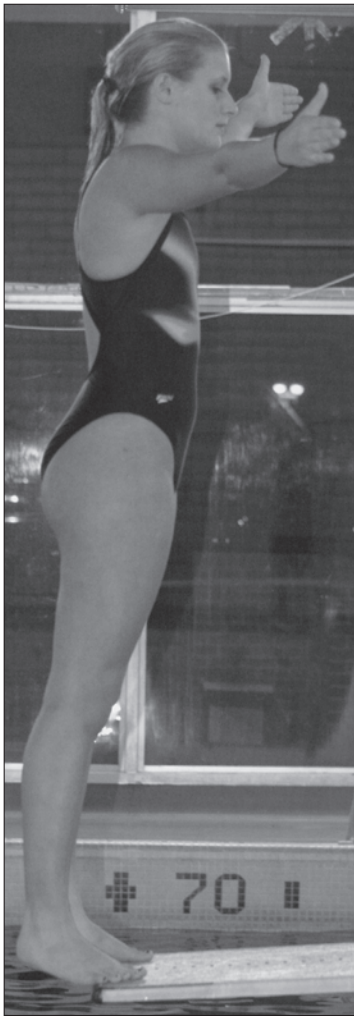
Women's diving

Callie Erickson  
Antelope Staff

UNK's Annie Moyer, sophomore from Lincoln, Neb. has always been told, "You can do it." As a diver for the UNK women's diving team, her "I can do it" attitude qualified her for nationals in the one meter with 385 points on ten dives, Saturday, Oct. 28 during their meet at UNO.

Diving since the age of seven, Moyer's favorite part about diving is the fact that it is a unique sport. "It's not like football or basketball where everyone watches and has some idea about it. Not a lot of people know about diving and I think it's cool to excel in a sport that's different in which people know nothing about," Moyer said.

In diving, dives are scored on a number of different levels. First, the height of the dive is important; the higher the dive the better. Another factor is the



diver's closeness to the board; the closer to the board the better. Judges must also consider the size of splash made; the smaller the splash the better. Form and technique are two other factors to be considered when scoring a dive.

An alum of Lincoln East high school, Moyer qualified in the high school state diving meet her sophomore, junior and senior year. As a junior, Moyer placed fifth in the one meter, while improving to third place her senior year.

Now entering her second year at UNK, Moyer, an interior design major, achieves what most athletes hope to during their collegiate careers.

"My personal goal for this season was to qualify for nationals and I accomplished it," Moyer said. As for a team goal, the Lopers have gotten off to a good start and are working on what they need to do to perfect their dives.

In preparation for upcoming meets, as well as Nationals, which will take place March 12-15, in Colombia, Mo., Moyer will be practicing her dives more often

so she doesn't get scared in the middle of the dive and lose it. "Most divers keep their eyes open during their dive, but I keep mine closed. I have a good sense of body awareness and positioning so I can figure out where I am at in my dive," Moyer said.

As an athlete, there is usually some reason as to why one participates in their sport. As for Annie, she dives because, "it's something I'm good at and it keeps me active," Moyer said.

One thing Moyer enjoys most about UNK is the size of the campus. "It's easy to get to class and you don't have to walk long distances to get to them [classes]," Moyer said. She also likes the small class sizes because she can better establish a relationship with her professors and can meet new people.

"If I wasn't diving I'd be spending the majority of my time studying more and probably at school in Lincoln," Moyer said. Her other hobbies include dancing, hanging out

Photo by Hannah Hotovy  
Moyer works on perfecting her technique mid-dive.



with friends, and scrapbooking.

As for future goals, Moyer plans to get a job in interior design after graduation, get married and move someplace warmer, in the southern region.

The Lopers dive back into competition on Nov.30-Dec.1 as they compete in the UNO Invite in Omaha, Neb.



Photos by Hannah Hotovy  
**Above:** Moyer listens closely as Head Coach Dave Osmanski coaches her on proper diving form.  
**Left:** Moyer concentrates as she prepares to take the plunge as she balances at the edge of the board.

## Sports Shorts

Summary of the week in sports

Derek Wurl  
Antelope Staff

### College football

No. 1 ranked Ohio State struggled out of the gate against a tough Wisconsin team by the final of 38-17. The game was closer than the score shows. After three quarters of play the score was tied at 17, but in the fourth quarter the Buckeyes of Ohio State put up 21 points to seal the deal.

Boston College lost to Florida State to prove how crazy this season is in football. BC was ranked No. 2 and undefeated until Heisman-hopeful Matt Ryan threw and interception that was ran back for a touchdown late in the fourth quarter.

The game to take the lead in the SEC West came down to the wire. New No.2 LSU scored with 1:30 left in the fourth quarter to get the win. Despite throwing three interceptions,

LSU quarterback Matt Flynn threw for 388 yards and three touchdowns.

Arguably the game of the week was Oregon hosting Arizona State. The two top ten teams have the best records in the PAC-10. Oregon's Dennis Dixon was the player of the game throwing four touchdowns and no interceptions and rushed for 57 yards. His Heisman status is upgraded and is a front-runner to win the statue.

What appeared to be a shoo-tout in the early going turned into a blow-out. Nebraska traveled to Kansas and as I'm sure you've heard lost bad. The 76 points given up to undefeated Kansas is a school record previously set by Texas Tech at 70. KU quarterback Todd Reesing threw for 6 touchdowns Saturday and running back

Brandon McAnderson ran for four. Kansas is currently ranked No. 5 in the AP poll.

### Lopers

The UNK football team posted up a 17-7 victory in their final home game of the year. The Lopers (5-4, 4-3 RMAC) had touchdowns by senior receivers Cory Sleeth and Tyler McNitt. Junior Geoff Carnahan kicked a field goal from 52 yards, the second longest in school history, to become the only player in Loper history to have two field goals of more than 50 yards. The final game of the season is this week as they travel to Western New Mexico.

Mens basketball made a 15 hour one-way bus trip to Terre Haute, Ind. to face Indiana State in an exhibition game Sunday. The Loper men lost 90-59 while playing six freshmen in the game.

Jeff Martin led the Lopers with 14 points and Drake Beranek added 11.

### NFL

Super Bowl 41 ½ as it was being called came down to the last 3:21 when Tom Brady found Kevin Faulk for the go-ahead touchdown. New England (9-0) beat Indianapolis (7-1) 24-20. Brady threw for 255 yards and three touchdowns and two interceptions while Peyton Manning threw for 225 and one interception. Brady threw two touchdowns in a four minute span in the fourth. The Colts held the Patriots in check in the first half by holding them to seven points through the first two quarters but couldn't contain them in the third and fourth quarters. The Patriots are the last undefeated team in the NFL.

## Associated Press top 10

- |               |                   |
|---------------|-------------------|
| 1. Ohio State | 6. West Virginia  |
| 2. LSU        | 7. Missouri       |
| 3. Oregon     | 8. Boston College |
| 4. Oklahoma   | 9. Arizona State  |
| 5. Kansas     | 10. Georgia       |

## NFL players of the week

Adrian Peterson: 30 carries, 296 yards, 3 touchdowns  
Drew Brees: 35-49 445 yards, 3 touchdowns  
Jamaal Lewis: 20 carries, 37 yards, 4 touchdowns  
Marshawn Lynch: 29 carries, 153 yards, 1 touchdown

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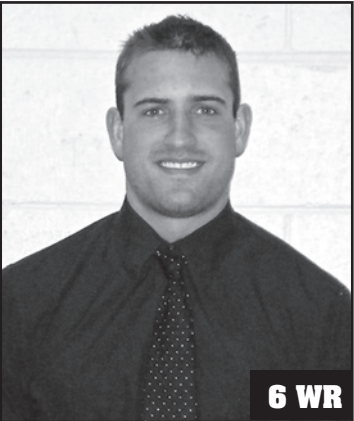


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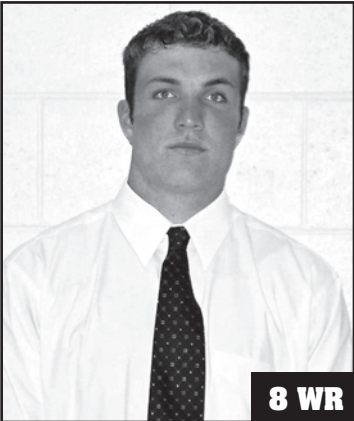
# Twelve Lopers wear the Blue and Gold for one final time

Nicholas Hauder  
Guest Writer



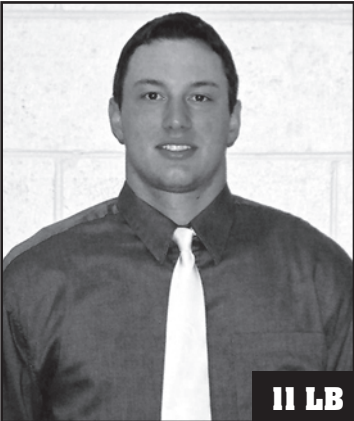
Cory Sleeth - Northglenn, Colo.

Before the year started, Sleeth appeared in ten games with 43 catches for 561 yards for seven touchdowns along returned six kicks for 120 yards. In nine games this year Sleeth has 521 receiving yards with 5 TDs, 19 punt returns yards and 424 yards in kick off returns. Sleeth is also 1-1 passing for 46 yards and one touchdown. Sleeth was a second team All-RMAC member in 2006.



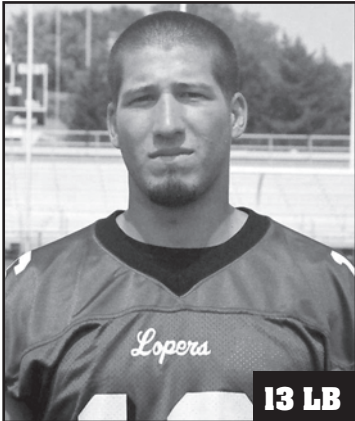
Tyler McNitt - Kearney, Neb.

Coming in to his senior season McNitt has played in 32 games with 85 receptions for 1277 yards and 12 touchdowns. In 2007 he has tallied 349 receiving yards and seven touchdowns. He will finish his career in UNK Top ten for catches and receiving yards.



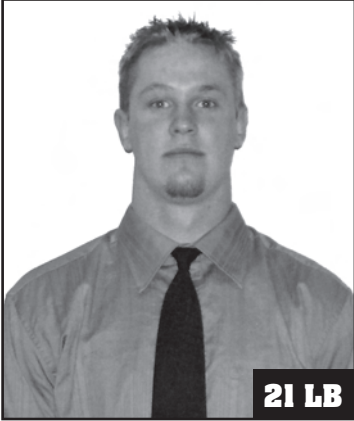
Nick Oberle - O'Neill, Neb.

Oberle has played in 30 games collecting 103 total tackles, 11 tackles for loss, 2.5 quarterback sacks, one fumble recovery and two interceptions. With one football game left Oberle has 60 total tackles, six tackles for loss, one quarterback sack and one fumble recovery. Oberle was a walk-on. Who be came a two-time All-RMAC player.



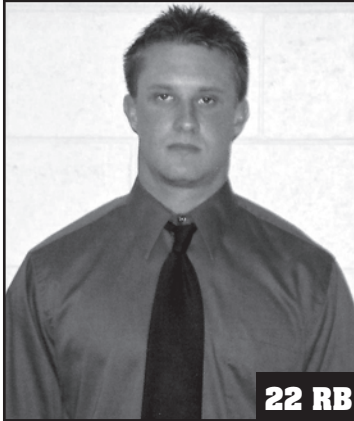
Adrian Crabb - Chula Vista, Calif.

Crabb had been in the Loper family only one season before the '07 football season started. Last season Crabb played in nine games tallying 26 total tackles, to tackles for loss, and two quarterback sacks. Crabb has compiled 19 total tackles, 1.5 tackle for loss, one interception, and one quarterback hurry so far this season.



Kirk Peterson - Nelson, Neb.

Peterson collected 81 total tackles, 17 tackles for loss, three quarterback sacks, two interceptions and five blocked kicks by only playing in 22 games. This season Peterson has tallied 36 total tackles, 5.5 tackles for loss, 1.5 sacks, two interceptions, one pass break up, two quarterback hurries, and one fumble recovery. Peterson was the 2006 RMAC Special Teams Player of the Year.



Jake Richards - Littleton, Colo.

Richards had rushed for 1102 career yards 12 touchdowns and caught 37 balls for 347 yards and a touchdown coming into the 2007 season. Through nine games this year, Richards has rushed for additional 683 yards, 15 receiving yards.



Tony Wilson - Plattsmouth, Neb.

During the previous three seasons Wilson s only made ten special teams tackles in a Loper uniform. Wilson has five total tackles all season with one game left in his football career. During Wilson's career at UNK he has played as receiver, running back, and a member of special teams.



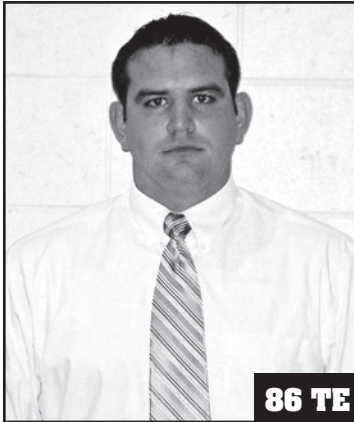
Chris Lopez - Moreno Valley, Calif.

Lopez has played in 12 games as a Loper. During those 12 games Lopez has tallied 60 total tackles, nine tackles for loss, 3.5 quarterback sacks, one interception, and one forced fumble. After the Highlands game this season Lopez has 11 team tackles, two tackles for loss, one quarterback sacks, three quarterback hurries.



T.J. Rump - Fremont, Neb.

Rump is a three-time Academic All-RMAC with a 3.67 grade point average majoring in biology.



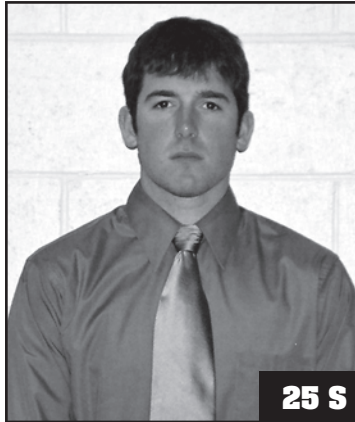
Trevor Votruba - Norfolk, Neb.

Votruba has played 23 games with five catches for 34 yards and a touchdown through his junior season. After the New Mexico Highlands game Votruba has one catch for six yards in eight games.



Zach Cerise - Fremont, Neb.

Cerise has played in a total of 34 games as a Loper compiling 63 total tackles, 10.5 tackles for loss, and one forced fumble. Cerise has 24 total tackles, four tackles for loss, 2.5 quarterback sacks, two pass break ups, and one fumble recovery while only playing in seven games so far this season.



Brice Wiltgen - Kearney, Neb.

Wiltgen is a fourth year junior that is leaving the team once the season has been completed. This season Wiltgen has 41 total tackles, four tackles for loss, two interceptions, and three quarterback hurries.



## Top 10

from someone who knows... me

ERIC M. KORTH

Sports Editor

For the second year in a row, the Ohio St. Buckeyes find themselves atop the college football polls going into the final few games of the regular season, and for the second year in a row I wonder why I am the only one who is offended by this.

Seriously, Ohio State? We couldn't give the No. 1 spot to a more deserving team? The Buckeyes are a very good team with a solid defense, but a number one team? I don't think so, and that is why I have taken it upon myself to give you the top ten the way it ought to be.

### KORTH'S TOP TEN

1. Oregon Ducks (8-1)

•With Dennis Dixon, Jonathan Stewart and an easy Pac-10 schedule left, these red-hot Ducks are BCS bound for sure.

2. LSU Tigers (8-1)

•LSU has faced the toughest schedule in all of college football and has come out 8-1. If that doesn't make them qualified, I don't know what does.

3. Ohio State Buckeyes (10-0)

•Just because you win all of your games doesn't mean you deserve to be the number one team. Ohio State needs to save themselves the embarrassment of getting annihilated in the championship game again and just lose to Michigan come Nov. 17.

4. Oklahoma Sooners (8-1)

•Oklahoma is the only Big 12 team this year worth mentioning in the BCS hunt. Even though the Sooners dropped an early season game to Colorado, they are still the best the Big 12 has to offer.

5. Kansas Jayhawks (9-0)

•Undeafated in the Big 12? Wow, that's impressive! Wait, what's that? They didn't play Oklahoma or Texas? Nevermind.

6. West Virginia Mountaineers (7-1)

•Stopping Pat White and Steve Slaton would be a good way to beat West Virginia, but can you stop them **and** Darius Reynaud and Noel Devine? Very unlikely, and that's why the Mountaineers are the most electrifying team in the country.

7. Missouri Tigers (8-1)

•The Chase Daniel Tigers, I mean Missouri Tigers, have made their name known throughout the country but will face their biggest test will come on Nov. 24 when they face Kansas to decide who will be atop the Big 12 North.

8. Boston College Eagles (8-1)

•If I were a Boston College fan I would start celebrating my season right now. Matt Ryan has shown the college football how far one man can take a team. Now it's time for fate in the form of two away games at Maryland and Clemson to end this Cinderella-like season.

9. Florida Gators (6-3)

•Yes, I am aware that the Gators are 6-3 and yes I still have them ranked ninth. The SEC is hands down the toughest conference in college football year in and year out, and a 6-3 record in the SEC is equal to a one-loss record in any other conference (equal to an undefeated record in the Big Ten).

10. Michigan Wolverines (8-2)

•It takes more than an opening game loss to Appalachian State to ruin Michigan's season. Since their loss to Appalachian and my No. 1 team, Oregon, the Wolverines have won eight straight games and have a good chance of continuing this streak into next season.

If you would liked to see anything covered in the Antelope, feel free to e-mail me at [korthem@unk.edu](mailto:korthem@unk.edu)

## Sports Picks

### This Week's Top Games

UNK at Western NM

Nebraska vs. Kansas State

<sup>20</sup>Clemson vs. Wake Forest

<sup>12</sup> USC at <sup>24</sup>California

Minnesota at Iowa

<sup>10</sup>Georgia vs. <sup>18</sup>Auburn

Game of the Week

RECORD

UNK

Nebraska

Clemson

USC

Minnesota

Auburn

32-21

UNK

Nebraska

Wake Forest

USC

Iowa

Georgia

29-24

UNK

Kansas State

Clemson

USC

Minnesota

Auburn

36-17

UNK

Nebraska

Wake Forest

California

Iowa

Georgia

31-22

### SPECIAL GUEST



Photo unavailable

PETER YAZVAC

Director of sports information and intercollegiate athletics



Layout by Sarah Schreiter



# First Year Program asks students to get INVOLVED

Siobhan E. Duffy  
Guest Writer

The first year away at college is an amazing time in a student's life. He or she is free from parental control and supervision and is able to experience new things and grow as a person.

There are many different resources available to help students adjust to college life. One of these is the First Year Experience Program at the University of Nebraska at Kearney.

The goal of the First Year Program, according to UNK's Web site, is "to acclimate students to the academic culture and promote higher-order skills that will aid them in their scholarly endeavors." Some classes in the First Year Program perform community service as a way to become more involved

with the Kearney community. On Saturday, Oct. 27, students from several First Year classes helped out at Habitat for Humanity.

Kylee Slaymaker, an undecided freshman from Atkinson, Neb., came to help. She said, "Your typical Saturday isn't geared toward laying sod, but for Habitat for Humanity, I consider it time well spent."

Luckily for the First Year Program, the Tri-City Storm hockey team also wanted to give back to the community.

Jake Jacobsen, who teaches a speech class for the First Year Program, worked with Greg Shea, vice president of operations for the Tri-City Storm, to organize trip to a hockey game.

The Storm donated tickets and T-shirts to about 130 program participants for the Halloween Hockey game on Tuesday, Oct. 30. Even though the Storm lost, the students had a great time.

Slaymaker was also able to attend the game. She said, "I had never gotten to sit in the front row, so to have such great seats was really generous of Storm. And it was an amazing view."

Brent Wheaton, another First Year student, said, "I had a great time cheering with my friends. The game was a great way for us to find out what Kearney has to offer."

The First Year Program is a great way for incoming students to become acquainted with the UNK campus and the Kearney community.

The First Year Program strives "to develop responsible individuals who combine career competency with cultural awareness and intellectual curiosity; to give a foundation for clear thinking and expression; to read intelligently in fields with which an educated person ought to be acquainted," according to its Web site.



Photo by Sarah Schreiter

**Top:** Michelle Leigh and Alyssa Sage get caught up in the emotion of the game while Nick Renn waits on the edge of his seat for the next play.

Photo by Jake Jacobsen

**Left:** First Year Program students help lay sod at a Habitat for Humanity site.



Photos by Sarah Schreiter

**Above Left:** The crowd watches the Tri-City Storm play the Lincoln Stars. **Above Right (photo by Jake Jacobson):** A group of students and volunteers lay sod at the Habitat for Humanity site. **Lower Right:** Blaine Drozd and Brent Wheaton cheer on the Storm, while Dr. Robert Luscher takes a more dignified approach to showing team spirit. **Near Left:** Megan Gottsch, Kendra Solko and Kylee Slaymaker pose for a picture during Halloween Hockey.

