This week's online poll question: What is your favorite food to eat on Thanksgiving?

the antelope Volume 115, Issue 11 | 11.20.13 | www.unkantelope.com



LAST WEEK WE ASKED:

47% Clean Shaven 41% Combination

12% Beard

Exclusive No Shave November coverage Check out p. 6,7

How long, so long, how far?

50 years since the Kennedy assassination, civil rights still being challenged

BY AUSTIN KOELLER News/Features Editor

Before the country commemorated the 50th anniversary of the March on Washington Aug. 28, Assistant Professor of Political Science Chuck Rowling decided to follow the history of the civil rights movement in unique way

Rowling hit the road last summer to visit some of the sites of the civil rights movement, including the path of the historic 1965 47-mile march from Selma to Montgomery. "The whole mission of the trip was to get to Selma, Ala., at some point where the march happened," Rowling said.

"My adviser from graduate school got this idea of doing a road trip with two other students who were graduate students of his, and are good friends of mine," Rowling said. "The four of us had this idea of



Courtesv Photo

Fifty years ago Friday, the 35th President of The United States John F. Kennedy was assassinated in Dallas. He was instrumental in the Civil Rights Movement, which is his biggest legacy.

HOW FAR, PAGE 4

People matter to IJM



Photo by Joene Crocker

Daneila Troyer, far right, shows her support and signs a card that asks Congress to collaborate on a comprehensive plan to end slavery and sends a message that she is "morally opposed to slavery that involves children, men and women in forced labor and sex trafficking.'

BY JOENE CROCKER Antelope Staff

Students react to speaker Leticia Bonifas, Executive Director of Central Nebraska Human Trafficking & Immigration Outreach based out of Lexington, Neb., when she shared stories and facts about human trafficking that occurs in Nebraska.

Bonifas was invited by International Justice Mission (IJM), an organization on campus that focuses on rescuing individuals trapped in the \$32 billion industry of sex trafficking.

Sex trafficking is defined as the acts of recruiting, harboring, transporting or obtaining a person for a commercial sex act through use of force, fraud or coercion according to the U.S. Department of Health and Human Services.

Native American Heritage Month SKINS end special year with master hoop dancer

BY ADRIANNA TARIN Editor in Cheif

After winning the Office of Multicultural Affairs Student Organization of the Year for 2012 – 2013 and taking a trip to the Pine Ridge Indian Reservation this summer, the members of the Student Kouncil of Intertribal Nations (SKINS) were fired up to continue bringing Native American cultural awareness to others.

A series of month-long events will end with the Native American Month Closing Ceremony on Monday, Dec. 2, at 6:30 p.m. in the Nebraskan Student Union Ponderosa Room. The event is free, and refreshments will be provided.

Dallas Chief Eagle II, a recognized master of the Lakota hoop dance, will perform. He has worked as an artist-in-residence and a mentor to other dancers through his Hoop Dance Society on the Pine Ridge Reservation. Chief Eagle teaches the tradition of hoop dance in a manner that places emphasis on the development of his students' own characters.

"We met Chief Eagle when we went to Pine Ridge this summer," said Andy Becerra, SKINS president. "We stayed with his family and participated in sacred rituals such as the sweat lodge and Sundance. We learned a lot, and it was an eye-opening experience."

Four members of SKINS and two advisers, Juan Guzman, director of the Office of Multicultural Affairs, and Monica Mueller, assistant director of the Office of Multicultural Affairs, went to Pine Ridge with a group of graduate students led by David Hof.

Over the month of November, the members of SKINS organized events such as "The Truth About Thanksgiving" and "The Trail of Tears Walk" for students, faculty, staff and the Kearney community to learn.

"We also put together The Native Games where students put teams together in a monthlong series of challenges," Becerra said. "We will be announcing the winner of the 'games' at the closing ceremony."

The Office of Multicultural Affairs, the Division of Student Affairs, and SKINS sponsor the Native American Closing Ceremony.

op/ed

50 years later, Koeller says unfortunately racism still exists



BY AUSTIN KOELLER News/Feature Editor

As I drove around my hometown this summer, I saw signs; signs that stopped me in my tracks. Signs that caused my heart to

beat faster and made it harder for me to breath. These signs absolutely outraged me as I passed them.

"Go back to Kenya you \$%&3x" said one sign displayed in someone's yard.

Next to that sign was another sign which displayed the verse Psalm 109:8. When I got home, I looked up this verse to see what it said. The verse reads, "Let his days be few, and let another take office."

It upset me that someone hated our president, and wished for him to be removed from office, just because he is black. How could one possibly be so racist? And even more so, how could someone in my neighborhood, in my community, be so racist?

Just a few weeks ago, I was watching ESPN, catching up with the latest football news and updating my fantasy football roster, as I usually do on Wednesday mornings between classes.

Suddenly, a breaking news story came on the air. Jonathan Martin, an offensive tackle of the Miami Dolphins had walked out of practice after an apparent argument with a teammate.

I listened with curiosity as I be-

came distracted by this developing story. As the story unraveled, it was revealed that Incognito, a white man, had bullied Martin, a black man, apparently making physical attacks, threats and verbal comments toward Martin based on his race. One voicemail message was leaked in which Incognito repeatedly called Martin the "N" word and threatened to kill him.

These two occasions have forced me come to realize that racism still exists in this country today.

Fifty years ago, Martin Luther King Jr. uttered the famous words: "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character." Fifty years later, it astounds me that a president and a football player can still be judged based on the color of their skin, rather than character, achievements or talents.

A poll conducted for CNN by Opinion Research Corp. revealed that: 49 percent of blacks said that racism was a "very serious" issue, while only 18 percent of whites held that view.

Regardless of race, this poll shows that the majority of people do not think that racism is a serious issue.

In fact, there have been numerous cases of racism in this country in recent months, including but not limited to the previously mentioned stories.

There have even been cases of racism on college campuses. The University of Alabama came under scrutiny this past September when it was reported by The

RACISM, PAGE 11

Albin says college students have reasons to give thanks

BY JESSICA ALBIN Copy Editor

Seeing as this is the last issue before Thanksgiving Break, I thought this would be a good time to reflect back on the year so far

and realize and appreciate just how much we, as college students, have.

In the United States, almost half of high school graduates don't continue on to higher education. The fact that we are here getting an education sets us apart.

Not only will our higher education give us a head start in our careers, but it also gives us the opportunity to meet an abundance of new people. Never again will we get the opportunity to be roommates with some of our best friends or have a bunch of people to hang out with in one convenient location.

And speaking of friends, you better be thankful for them. Whether they are helping us study for a test, giving us a shoulder to cry on or joining us on a myriad of adventures, our friends are always there for us.

Another thing that deserves our appreciation is our families. Through good times and bad, our families have been there. Our siblings are the first friends we have as children, and our parents are our first role models.

For those who didn't grow up with a traditional family structure, remember this: family is where you belong and where you are loved. It doesn't matter if family is biological, adopted, traditional, blended or a combination of them all. What matters is that we have people that care about us, and that is something worth being thankful for.

Now, I know this is going to sound a little revolutionary, but here it goes: we

should also be thankful for our struggles and our sorrows. I know it sounds weird, but think about it. No satisfaction was ever gained by taking the easy way out. It is our struggles and our hardships that teach us to savor and appreciate the good times all the more.

Maybe life seems terrible and pointless while we are experiencing the bad times, but sooner or later, we will be able to look back on them and see a lesson learned and have a greater appreciation for what we do have.

Perhaps the thing we should be the most thankful for is the thing we most often take for granted. We live in the United States of America. This fact alone means we don't have to worry about being ravaged by war, finding clean water or making due without modern plumbing and electricity. People all over the world live their entire lives without these luxuries, and yet we don't even take the time to realize how lucky we are to have them.

Unfortunately, we live in a society that has made a habit of switching right from pumpkins and Halloween candy to Christmas decorations and candy canes. Thanksgiving is completely bypassed and forgotten.

What is even more depressing is that retailers have decided that Black Friday alone doesn't bring in enough revenue, so they are now opening on Thanksgiving Day, taking people away from their families.

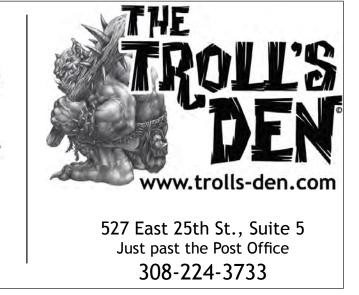
In a materialistic culture, it is important to remember what Thanksgiving is all about: being thankful for all the things we do have, not mourning all the things we don't. So, I challenge you. Take a moment and critically think about your life and all the great things you have going for you. Take a moment to be thankful and remember the reason for the season.



Celebrate your UNK friends, professors or staff on birthdays, accomplishments or just plain anything, with a Blue Gold Brigade Cookie-Gram!

To purchase go to: www.unkalumni.org/bgbg





UNK BLUE GOLD

photo news

OFF TO THE RACES



Photo by Austin Gabehart UNK students living in CTW (Centennial Towers West) battle for bragging rights in an intense competition of Mario Kart while snacking on Cheetos, juice and fruit snacks on Thursday, Nov. 14. The event was held in the main lounge of CTW and was sponsored by RAs with the goal of developing the CTW community.

Watch for the next two issues for...

series on international student activities and study abroad.

the antelope | fall 2013 staff

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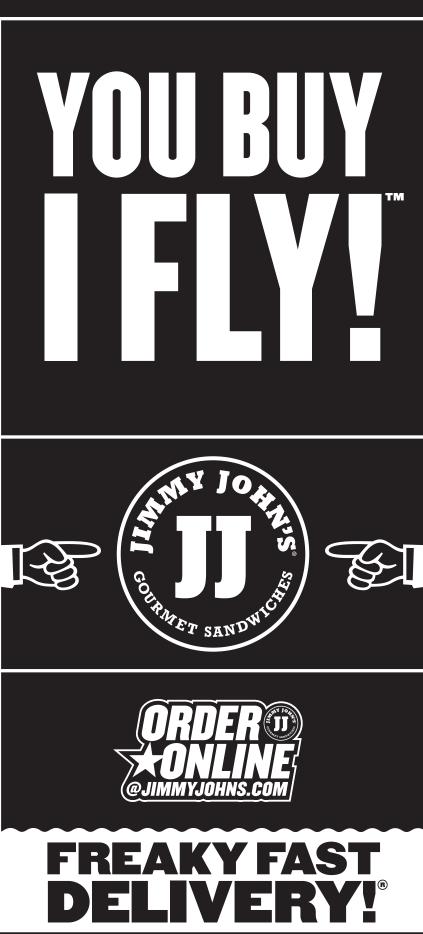
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the antelope

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news

50 YEARS: HOW LONG? Challenge yourself with history



"Last semester, I had a shocking realization that black and white students at this university believe that Martin Luther King Jr. was the only civil rights leader."

—Dr. Claude Louishomme

BY AUSTIN KOELLER News/Features Editor

Over 50 years ago, African-Americans and others took to the streets in a march for civil rights. Many people took part in this movement, working to get equal treatment for peoples of all races. While many know about the movement, most students today don't know much about the details of the movement.

Claude Louishomme, an associate professor of political science, said that it is important for students to know about the civil rights movement even today.

"Last semester, I had a shocking realization that black and white students at this university believe that Martin Luther King Jr. was the only civil rights leader," Louishomme said.

Louishomme questioned how these students were

HOW FAR from page 1

doing a road trip across the country, and along the way, trying to visit some of the most important civil rights stops."

The trip began in Washington D.C. where the group toured spots such as the Lincoln Memorial and the Martin Luther King Jr. Memorial. Rowling said that it was fitting that they started the trip where Martin Luther King Jr. had spoken just 50 years earlier.

After Washington D.C., the group traveled to Birmingham, Ala., where well-known protests began in the 1950s.

"We got there in the evening," Rowling said. "There was a park across from a church that had been bombed. In the park, they had all these memorials that were extremely powerful."

In Selma, Ala., where the march from Selma to Montgomery, Ala. began in 1965, Rowling said they were inspired by their tour guide. "We didn't know what his background or history was," he said. The guide pointed out sites including the famous bridge where protesters had crossed uniting in support of voting rights.

"We then came to find out, after the fact, that he had been involved in the march...participating in it as a young kid."

Rowling and friends traced the path of the four-day 47-mile march famously taken by Martin Luther King Jr.— and at varying times thousands of other marchers— from Selma to Montgomery by driving along the route to Montgomery.

In Montgomery where the Freedom Riders were

educated about the civil rights movement. Even after showing them a video, students still did not know about the people involved in the movement.

"Even my black students were like, 'what? I thought Dr. King was the only one!" Louishomme said. "There were six major leaders (the Big Six)...who had been fighting for civil rights for a long time. The march was significant, but the march wasn't simply Dr. King."

Louishomme finished by stating that students need to recognize the work of those involved in the civil rights movement.

"Ignorance is wonderful. They say ignorance is bliss, but ignorance can also bite you in the back," Louishomme said. "To me, knowing the reality of America's past helps us today to keep us better informed, to be better equipped to engage in meaningful discussion...and to hopefully help us to make better collective decisions."

TEST YOUR CIVIL RIGHTS KNOWLEDGE

1. In what year was Martin Luther King Jr. assassinated?

2. Where did Rosa Parks become famous?

3. Which president signed the first major civil rights act of this country?

4. Which president signed the law creating the Martin Luther King Jr. holiday?

Jump to the online link to take the whole quiz.

http://seattletimes.com/special/mlk/king/quiz.html

beaten, some almost to death, Rowling said they saw where Rosa Parks boarded the bus Dec. 1, 1955, and the actual bus. The city is also the site of the Southern Poverty Law Center, the group that pushed for civil rights and worked to rid the Ku Klux Klan, he said.

Rowling said they went to Mississippi to visit the towns of Jackson, Philadelphia and Oxford. The towns were the sites of major events of the civil rights movement including the killing of Mississippi's NAACP 37-year-old field secretary Medgar Evers; the murder of civil rights workers who had gone to investigate the burning of a black church; and the place where the fight to admit James Meredith, an African-American student to the University of Mississippi, all took place.

The group was then on to Memphis, Tenn., where Martin Luther King Jr. was shot down by sniper's bullet April 4 in 1968. They had done a good job of preserving the hotel where Rowling said, "They even had the cars that were out front when it happened."

The final destination for the group was Little Rock, Ark., the site of the "Little Rock Nine," a group of high school students who tried to desegregate Central High School. Rowling said that the group went to the school and viewed the monument honoring the Little Rock Nine.

Rowling said that the trip was impressive and took in an overwhelming amount of history.

"It was so powerful when it was happening," Rowling said. "But there was so much that we saw and experienced that it's kind of hard to remember all of it."

Sudoku ★★★★☆

How to play: Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005.

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3					8			
	4			3	1			5
7		6		2				
		5				9		

Find answer on page 9

www.sudoku-puzzles.net

features

Benzel saw much change over 50 years

BY TESSA KAUFMAN, LEAH VANDERWEIJDEN JMC 215

What does it mean to be a civil rights activist? Americans have been fighting for their "inalienable" rights since first becoming a Union. However, the goal of each generation's fight has been refocused throughout the years.



Many are fighting for marriage equality today, but the Civil Rights Movement of the 1960s and 70s called for equality between whites and blacks, something that had never before been seen. Former UNK English professor Kate Ben-

KATE BENZEL

zel was in college at this time and told us about her involvement in the movement that radically changed the United States.

K/V: How did the Civil Rights Movements affect you as a girl?

Benzel: I grew up in Toledo, Ohio, which is a city that has a lot of ethnic diversity, not just racial, but ethnic diversity. But even as a child, like when I was 10 years old, you could recognize racial discrimination, just in situations like where you were shopping or were at an event or something, that sort of sense of superiority that whites demonstrated in the way they dealt in a social situation. I saw that when I was young.

Toledo's about 50 miles south of Detroit and so in the summer that they had all the



race riots, there was a lot of anxiety and the fear that they would work themselves down to Toledo. You have that kind of anxiety during the 60s because there are more civil rights activists.

K/V: Why or how did you get involved in college?

Benzel: When I was in college, there was a lot of political activism on campus, but what I did get involved in around 1969 or 1970 was a federal program – Upward Bound – that was initiated on campus. It's a program, I think it's been modified since then, but at that point it was a federal program that encouraged high school, "disadvantaged" they called them, students to prepare themselves to move on through college. The program then was a residence program in the summer, so about 60 students would come on campus and live in the dorms.

They'd take classes in the classrooms, but they weren't college classes. So I was involved in that program teaching in the residence program. Then also during the year they followed it up with a tutoring program where you'd go on site. Most of



those students were from the inner city so you would go on site and tutor them in the courses that they had at that time.

I became involved in that program, and then I was the assistant director of it, which was a very interesting experience because I was white. And that was actually one of the questions they asked me in the interview.

It was: 'What do you think you can contribute because you're white?' I think was a fair enough question. Now, you wouldn't be able to ask that.

There's a certain kind of idealism which you kind of harbor when you're on a college campus that's a safe environment. In some ways I was probably involved in ways that were safe you know. I wasn't marching in the streets downtown or anything like that.

That particular program, my engagement with the students and especially their



parents really opened my eyes to that discrimination that's still going on but other factors that inhibited them, mostly it was an issue of class, that inhibited the students academically.

K/V: What things do you remember most during this time?

Benzel: This was just really a marvelous experience I had. I mentioned the Upward Bound program, one of the things they did in the summer residence program is they would take all the students somewhere where they generally wouldn't have the opportunity to go.

They decided one of the summers that I was there to take them to South Side Chicago and this probably was in 1970 or so... South Side Chicago then, and I think

BENZEL, PAGE 11







features



What is that on **your face?**

UNK gentlemen tell the tale of their November facial hair.



Aaron Smith

Elementary Education Cheyenne, Wyoming

"Now that I can, I try to grow it out."



Jack Wardyn Junior Industrial Distribution Palmer

"I've had a beard since last spring; I just usually keep it trimmed up."



Zach Brown Senior General studies Omaha

"I look like I'm 12 if I shave."



Justin Kluver Senior Music Business Plainview

"I'm not shaving my mustache during 'Movember.'"



Robert Stuart Senior Business Education Lexington

"I am participating in No Shave November."

Historic Facial Hair

6

the antelope

The reason for the season 'No Shave November' has an interesting history that began with Karl Marx



"Some men want the Zach Galifinakis, but I'm shooting for the Sean Connery."

BY TATE SCHNEIDER Entertainment Editor

Thirty days hath November and with those days comes the facial follicle activity that separates the boys from the men. That's right folks, it is "No Shave November" once again and for many (myself included) that means restraining the razor and covering that mug with hair.

It may seem rather fitting that the term "No Shave November" came from one of the most famous of bearded individuals in history: Karl Marx. Marx is known as the mind behind Marxism, the author of "The Communist Manifesto" and a spokesman for socialism. He also had a spectacular mane attached to his face.

The term first came to be used because of a movement that Marx had organized in an attempt to demonstrate communism and upset industrial factory owners. The idea was that the bearded workmen would essentially rub the owners the wrong way. That idea didn't pan out, but the name stuck around.

The idea of dedicating a month to growing facial hair as a social movement wasn't even new when Marx tried it, though. Ancient Greek religion is based on polytheism with many gods and many of those gods sporting beards. The philosopher Plato said, "Hey, if you want to be more ethical, growing a beard would be a good way to make that happen."

OK, so that's not what he said verbatim, but that was the idea of the time. The gods were the most knowledgeable beings known to man. They were idolized and 30 consecutive days were devoted to beard growth to emulate the gods.

Today, it is a different story. No Shave November is a month of pride and promotion. Growing a beard during this 30-day period is a tribute to the men that have suffered or are suffering from prostate cancer. No Shave November isn't a boys' club. Anybody can participate in raising funds for the American Cancer Society. Though men can play around with different facial hairstyles, women can choose to forego shaving their legs. The money that these people would usually spend on grooming can now be used for donations.

To the men reading this, with great power comes great responsibility. Know your limitations, but don't lose hope in your endeavors. Don't try growing a fullon Abraham Lincoln beard if you can barely pull off a Tony Stark goatee.

There is a rumor that you can't trim or shave during the month to fully take part. That rumor is being put to bed right now. If your beard or what have you looks a little rough around the edges, clean it up unless that's the look you're going for. Some men want the Zach Galifinakis, but I'm shooting for the Sean Connery.



FROM A LITTLE STUBBLE **TO FULL ON,** do you know these beards?



'Mansome' men care: comb, trim, even use beard scent

eeping your beard/goatee/mustache/ epic sideburns under control and looking fresh is difficult, but here are some products that can keep your face looking "mansome."

Jao Brand Beard Scent

As a result of hair becoming a part of your face, the skin can become irritated. Beard scent will not only delight your nostrils, but will moisturize your skin to prevent breakouts. The formula softens hair and strengthens hair follicles so that chin mane of yours doesn't lose any of its manly goodness. The scent is part woodsy, part citrus and pure gentleman.

Beard comb

No gentleman's shaving kit is complete without a comb, but a bearded gentlemen should consider a comb for his medicine cabinet. Some may scoff at the idea of combing your beard, but unless you want to look like your chin just rolled out of bed, you should look into investing in one. A lot of beard trimmer kits come with one, but they are a fairly inexpensive tool to buy separately.

Trimmer

The main tool of keeping your beard shapely and clean; the beard trimmer can be the most versatile tool on your bathroom counter. Ranging from the fairly inexpensive to mind blowing pricey, there are a number of options to consider when looking into a trimmer. Find one that suits your price and needs. Don't buy one that costs an arm and a leg if you just want to keep your stubble at bay. If you don't have a beard trimmer in your arsenal of grooming products, you're doing it wrong, gentleman.

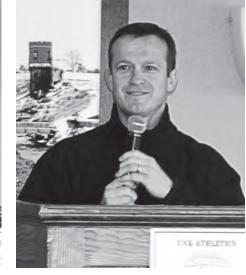


sports

HERD OF MERD









Loper Luncheon: One big pep rally

Photos by Nathan Heuer TOP PHOTO: UNK coaches and athletic fans gathered at the Loper Luncheon on Thursday at the Kearney Country Club. Coaches spoke on their teams' recent performances and previewed to their upcoming competitions. Sports that were represented at the luncheon included football, volleyball, wrestling, basketball and swimming.

BOTTOM LEFT: UNK Swimming coach Teresa Osmanski reported the Lopers have started their season by winning their first four meets, most recently the Morningside College Invitational this past weekend in Sioux City, Iowa.

BOTTOM RIGHT: UNK Wrestling coach Marc Bauer reported that the first preseason poll by the Division II Coaches Association has the Lopers ranked second, with a team that is returning five All-American's to the lineup.

W Come and be part of the herd

Check out unkantelope.com



Football:

11/16 UNK Lopers @ Fort Hays State University L 56-17

Pass: Tyler McKeone 19-25, 163 yds, 1 td Rush: Romero Cotton 17 car, 94 yds, 1 td Rec: Andre O'Neal 9 rec, 43 yds, 0 td

Men's Basketball:

11/16 UNK Lopers @ Colorado School of Mines L 104-69

Pts: Tyler Shields	16
Reb: Connor Beranek	6
Ast: Kevin Dineen	6

Swimming & Diving:

11/16 UNK Lopers @ Morningside College Invitational 1st Place

Volleyball:

F

Ν

11/15 UNK Lopers @ University of Central Missouri L 3-0 (25-21, 25-21, 25-18)

Women's Basketball:

11/15 UNK Lopers @ University of Great Falls W 89-84

Pts: Shelby Zimmerman	20
Reb: Shelby Zimmerman	9
Ast: Nicole Arp	6
11/16 UNK Lopers @ Montana State Univer	sity-
Northern L	73-56
Pts: Shelby Zimmerman	14

Reb: Shelby Zimmerman 11 Ast: Laramey Lewis 4

'Search' for your favorite sport, athlete at unkantelope.com

HOLIDAY TAILGATE: LADIES NIGHT 2013

Wear your favorite team apparel to be entered into a drawing!

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Tues. November 26, 2013 5:00 - 9:00 p.m.



8 November 20, 2013

9 COUNTRIES, ONE TEAM, ONE GOAL

UNK Tennis team dominated by worldwide diversity

BY CAIT GRAF Assistant Sports Editor

With student athletes from nine different countries, the men's and women's UNK tennis teams are a unique organization. The program is dominated by worldwide diversity with seven international males and two females.

No other UNK sports programs have that percentage of international recruits on their team. Senior Kyle Conzemius said, "Tennis is such an international sport. You can find a large base of basketball, football and volleyball players – those types of sports – more locally in Nebraska

Sudoku answer:

Upside down, from page 4

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or surrounding states."

Coach Jake Saulsbury said, "I believe it brings such an interesting dynamic to the team, bringing the different cultures together, competing and working toward the same goals. It has been a great, successful experience for us as a program that we want to just keep moving forward in that direction."

In fact, the most advantageous component on Saulsbury's tennis team lies in the cultural mixture. He said because every student athlete has experienced a different ethnic background, cliques are inevitable as everyone comes together and meshes as one diversified unit.

Outside of tennis, the international student athletes are subjected to the Midwest culture – an eye-opening experience for some like freshman Jake Paul.

Paul is originally from Sydney, Australia, 8,624 miles away. Paul said experiencing independence for the first time on the other side of the world has been a challenge, especially after injuring himself in the first tournament.

"It was my first major problem I've had without my mom being able to fix it." Although they speak daily on Skype, text or another communication app, the distance has been the most difficult aspect of being in Nebraska, he said.

Socially, Paul said, "I make way more friends here because I sound cool. Everyone wants to talk to me because of my accent. It has been very easy to make friends here because everyone is very accepting."

Senior Yeswanth (Yesh) Nadella travelled 8,441 miles from Andhra Pradesh, India, to join the Loper tennis team. Nadella chose UNK based solely on emails via the coaching staff after considering offers from other universities. Upon arriving in Nebraska, Nadella said, "Everyone here is really nice compared to big cities. I come from a place with 20 million people, one of the biggest metropolitans in India. Traffic is way different."

Another vast difference, one shared by other international students, lies in the climate of the Midwest. Nadella said that was the worst aspect of Nebraska, especially coming from a warm-weather country.

"I had never seen snow before. People were warning me about it coming. I do not like it, and it's worse to walk around in."

Nadella said America varies in education and sports as well. For example, athletics do not exist in college in India.

In fact, people do not tend to play sports in India, so it is rare that he and his

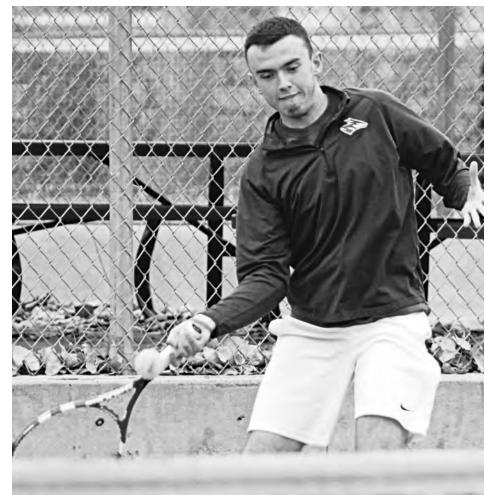


Photo by Nathan Heuer

UNK tennis player Jacob Paul looks to return a serve during team practice at Harmon Park. Paul is one of seven international students on the men's team, the only from Australia. The Lopers wrapped up their fall season on Oct. 29 at the Omaha Collegiate Invitational. The team will start its spring season at Nebraska Wesleyan University Feb. 8.

brother are athletes.

Although the levels of education vary in name, Nadella said most students have their major and future planned by 11th or 12th grade, known as intermediate college. Nadella knows he wants to stay in the United States and become a business analyst or software developer. He would prefer to live in place like Omaha or Lincoln, and is unwilling to go back to the hassle and traffic of a large metro city like his hometown.

Sophomore Paula Jimenez travelled 4,925 miles from Barcelona, Spain. As a transfer from the University of Louisiana at New Orleans, she is no stranger to cultural adjustments; however, Kearney is an enormous downscaling compared to New Orleans and Barcelona, Jimenez said.

Like Jake Paul, she said the most difficult factor is being away from her family because she is so family-oriented.

With her mother in New York and other family members in Spain, Jimenez appreciates Coach Saulsbury as he acts as her father figure while in Nebraska.

"At first I felt alone. In Spain, everyone is so touchy and feely. Sometimes I just want a hug."

Although Jimenez said she misses the Mediterranean and European food, she enjoys Kearney and hopes to stay in the United States once she graduates.

"In Barcelona, I am one of a million, so I am nobody. You are somebody to a friend, professor or coach, but here I am somebody. I can go to the bank, and they will know me as "Paula, the tennis player from UNK."

Despite the blend of cultures, the UNK tennis teams use the cultural advantages to excel, and excitement is brewing as the season will soon start in January.

sports

Hazing culture, not a winning one

Dolphins' players and culture contribute to their woes



BY ANDREW HANSON Sports Editor Every work place

has its own environment - how people act, what people do and what they wear. In some work places you put on a suit

sheep."

and tie in the morning, in others you lace up your steel-toed boots after putting on your work jeans. Each job has its own culture and people.

The NFL has its own workplace too. Only this time, they wear pads, helmets and jerseys. This is a workplace in which employers give their employees milliondollar signing bonuses right out of college. It's a

business unlike any other, but it is a business whose employees are human beings.

Alexander the Great said, "An army of sheep led by a lion is better than an army of lions, led by a sheep."

NFL players are, by nature, "lions" - they wait to pounce on their prey. The Miami Dolphins constitute an army of "lions." Suspended offensive lineman Richie Incognito was the leader of the pride. He was voted by his teammates to the Dolphins' leadership council.

That should have been the first warning sign for the sheep, general manager Jeff Ireland. In college, Incognito was kicked off the Nebraska football team twice and the Oregon Ducks football team once. Throughout his career, he had run-ins with the law for assault and allegedly molested a woman at a charity golf tournament.

Yes, this is the man the Dolphins thought of as a leader.

Nov. 3 allegations of bullying and hazing surfaced regarding Incognito and the man to his left on the offensive line, Stanford-educated Jonathan Martin. Martin left the team, while Incognito was suspended and may never play in the league again.

In every sport there are laughingstock franchises. Baseball has the Houston Astros and Miami Marlins. Basketball has the -Alexander the Great Charlotte Bobcats. Football has the

Cleveland Browns, Oakland Raiders and now the Miami Dolphins.

Is hazing the sole problem for the Dolphins who have lost five of their last six games? No, there's also the lack of talent, leadership and intelligence. It's the culture that the sheep Jeff Ireland has created.

Walk into the office of division rival New England Patriots head coach Bill Belichick, and you won't see any posters for Hard Knocks, but you'll see a couple of Super Bowl rings. It just so happens Belichick doesn't allow hazing either.

If Richie Incognito walked into the Pittsburgh Steelers facility he'd gaze at six

Super Bowl trophies and an environment free of hazing.

In an interview with ESPN's Colin Cowherd, Steelers safety Troy Polamalu said on hazing, "I thought they would cut my hair when I came to Pittsburgh, but it was the exact opposite here."

When the Dolphins were on the HBO show Hard Knocks that followed teams during the pre-season two years ago, the veteran players made all the rookies get haircuts or do stuff to their hair.

"Guys accepted me with open arms. Anything I needed, whether it was a car, whether it was to sleep at their house - and we only return that favor now that I'm a veteran on the team," Polamalu said. "Any young guy, whether they need a car or a house or some extra spending cash; whatever it may be, we try our best to help them."

It's funny; the teams that help out their young players and embrace them don't need hazing to win, whereas the team full of knuckleheads that need hazing to be a "team" consistently lose.

The thing about NFL players though, is that they are lions physically. Sure, some players lead the way a lion leads his pride on a hunt, but Richard Dominick Incognito isn't a lion in that regards, he's simply a weak little cub.

Perhaps the Dolphins should take a page from the Patriots' or Steelers' playbook. Perhaps they should stop hazing not because it's right or wrong, but because they won't win if they remain at the circus that is the Miami Dolphins.

Loper Spotlight

Lopers complete second year in the MIAA

The Loper football team wrapped up their second season in the MIAA following a loss at Fort Hays State University Saturday. For the second year in a row, the Lopers ended the season at 3-8, finishing on a three game losing skid. The quarterback carousel continued for UNK, as three different players started under center for the Lopers this season.

Volleyball looks to repeat as **MIAA** tournament champions

Following last years' win in the MIAA tournament, the Lopers enter this year's championship as the three seed. The two semifinal games will be on Friday, followed by the championship game on Saturday. The final two rounds will be held at the highest remaining seed following the opening round.

Check out next week's issue for coverage on women's basketball.

REAT **January-April seasonal positions**

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- Adult Kickball Umpire (\$10.00-12.00 per hour) Adult/HS Intramural Basketball Official (\$12.00-17.00 per hour)
- League Supervisor (\$9.00-11.00 per hour)
- Youth Fitness & Day Camp Instructor (\$8.25-9.25 per hour)

Applications available at the Kearney Park and Recreation Office, 2005 1st Avenue (SE of Library), or go to www.cityofkearney.org. The City of Kearney is an equal opportunity employer. Applications received after the deadline will be kept on file.

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Benzel from page 5

to some extent primarily now, is African American. We stayed in a YMCA in South Side Chicago and I was the only white person around, seriously. I really wasn't fearful.

Jesse Jackson was a Baptist minister and there was sort of "his church" in south Chicago. That Sunday that we were in the program we went to church. It was a huge auditorium, there was like 500 people and thank god that I was sitting in the balcony because I seriously was the only white person in there. That whole experience made me realize what discrimination is like and the kind of fear that is elicited from that discrimination.

Jesse Jackson started what's called Operation Breadbasket and the purpose was to get black entrepreneurs to open their own small businesses and for employers to eliminate discrimination in hiring. He was working at the economic level to get blacks into a position where they had some authority in society.

It was at that time when Jesse Jackson was involved in this program for about four or five years already by the time I saw him speak.

His sermon was about that kind of discrimination in the work place. He also talked about small businesses opening up that

IJM from page 1

The audience learned that victims lose their identity, are forced into horrific submission and required to perform sexual acts on up to multiple strangers every night. IJM supporters are concerned about the injustice that occurs with victims of the modern-day slavery and the abuse and oppression that follows.

"I find myself informing others about human trafficking and the fact that it still occurs closer than we would ever like to think," said junior Daniela Troyer, a transfer student, who joined the chapter this year. "It's an issue that were owned by blacks. He acknowledged violence as a means to do that.

So you talk about boycotting white businesses, for example, that wouldn't hire blacks or whatever and he was sort of talking about boycotting them but in that he was talking about the potential for violence as a means of rectifying the situation. So here I am, oh boy! And I remember that. What I remember is the kind of anger that was in his tone, but you know, I sort of understood it. Yeah, I'd be pissed off too. I mean you know? I sort of understood it but it was actually seeing it demonstrated that was probably, I'm not going to say it was a turning point, but it really was something I've never forgotten.

K/V: What are the biggest changes you see in civil rights now?

Benzel: Interestingly enough I think the biggest changes are in regards to employment and class differences. There obviously was something to what Jesse Jackson was saying with regards to gaining some authority economically. I wish there weren't those things like class difference but in fact there are.

That's one of the biggest things that I've seen with regards to employment but also in terms of students. You know the student population has changed. You know given a particular area, that the location a university is in, it sort of represents the racial and ethnic differences of that area. Not especially here, but other places where I've taught, you could see there are more minority students so to speak.

K/V: Is there anything you want to add?

Benzel: I remember one of the first classes that I taught, they gave me as an undergraduate student – you want to put this into a context – I looked like I was 12 till I was about 35, so when I went into a class to teach, a university class, I was 20 because I graduated early.

I would go into an open admissions class to teach looking like I was 12, so it took a lot on my part to gain respect and trust from students that looked a lot older than I did. I do remember one of the books that I taught was the autobiography of Malcolm X, which a lot of students – African American students - had not read and didn't know about it. It was, interestingly enough, that book kind of allowed me to gain their trust. There were a couple of times when I was the assistant director of Upward Bound, I went into parents' homes and they would have little meetings about their kids in Upward Bound. They lived in inner city and I would go to their homes and it was just... they were so kind. You knew they were trying hard to be kind. I mean it wasn't that they didn't like me, it's that I was white. That's one of the things I discovered about that program is no matter how my idealistic view of the racial difference could be resolved, I wasn't able to do it.

I just, by myself, I couldn't do it. That part of it was kind of eye opening. The other thing is that during that year one of the parents died.

And so the director and I went to the funeral service at a Baptist church, whoa boy! I mean I don't want to stereotype but it was just what you see, it was just amazing the kind of energy that was there.

Racism from page 2

Crimson White, the campus newspaper, that a sorority used discrimination when recruiting members.

The article reported that one female recruit, "had a 4.3 GPA in high school, was salutatorian of her graduating class and comes from a family with deep roots in local and state public service and a direct link to The University of Alabama."

Her resumé should make any sorority or organization jump to recruit this girl. But sorority members and alumni reportedly denied membership to her due to her race.

When I read, and even reported, on the history of the civil rights, I was drawn to reflect on race issues in America. As recent news shows, racism is still a huge issue in America today.

I think that in a white, patriarchal society, we do not admit that racism is an issue – we don't want to talk about it.

But I think in light of recent events, we as a nation, a state and a university need to have a meaningful discussion on how race is still an issue in this country; 50 years after Martin Luther King Jr. pictured a world where racism would be non-existent in 2013.

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isn't as well-known as it should be."

Bonifas encouraged the listeners to look for red flags, things that aren't normal or cause you to question. Signs range from seeing people shoeless or wearing short skirts in cold weather to an odd male/female ratio, branding (tattoos) or people who appear extremely starved.

"Missed opportunities" happen when people don't take the time to have those uncomfortable conversations by asking questions, according to Bonifas. Once someone is rescued from the dehumanizing lifestyle, "My job is to keep them safe, to hide them," Bonifas said. "I give them a place to stay, food to eat, and let them call their momma and daddy."

IJM sponsored another educational event last week to create awareness of the disturbing trends in modern sex slavery, the showing of the documentary "Nefarious." The film guides the viewers into the nightmare of sex slavery.

Throughout the school year, members raise monetary support on behalf of those who are exploited. The core of IJM is 'people do matter' as they help victims rebuild their lives.

features

Determined, drawing her way to teach art

Shelby Krause chose her art major early and can't wait to see where it takes her

BY HANNA JORGENSEN Antelope Staff

helby Krause says she had two very strong convictions when she thought about what she wanted to do. "I knew that I wanted to make art for myself and that I wanted to be part of something much bigger than myself and know that I was helping others," she said. From the very beginning, Krause knew she wanted to go to an art school. "I have known since I was quite young that I wanted a career somewhere in the art field. Toward the end of high school, I was actually looking a lot at graphic design, but as I looked more into the program and talked to designers in my hometown area in Lincoln, I realized that wasn't where I wanted to go," Krause said.

Krause, a senior double majoring in art education K-12 and English education 7-12, plans to graduate in May 2014, but is still waiting for student teaching placement.

Krause still recalls the sequence of events that led her in the direction of teaching. "I remember sitting at a Village Inn in Lincoln, and my parents told me they thought I would make a fabulous teacher. I actually had never really thought about teaching until then, but I had always enjoyed working with kids. So when I enrolled at UNK in the Fall I took my first teaching class and it honestly just clicked as cliché as that sounds. I knew this was where I was supposed to be and I never looked back. I am one of the lucky few who hasn't changed their major," Krause said.

Krause is currently working on a drawing project using chalk pastel and ink pen for one of her drawing classes and one of the pieces to be featured in her senior show on Nov. 23. She says this is her favorite project so far.

"I've gotten to do a lot of research in addition to making drawings. It's awesome because the information I'm retaining is so fresh in my mind, and I can communicate my reactions quickly," Krause said.

People are her inspiration when making art, she said. "I'm actually an introverted person by nature, and I love to watch people interact. I never cease to be amazed by what people know or sometimes don't know, how they interact with one another and the capacity humanity has to question life," Krause said.

She is also inspired by music and says music is another language for her. "I'm that person who associates certain friends and family with songs and has made a life soundtrack," Krause said.

Sheer curiosity also fuels inspiration, she said. "I am



Photos by Hanna Jorgensen

Krause will have her senior project displayed through Dec. 5 in the Walker Art Gallery inside the Fine Arts Building. A reception will be held from 4 to 6 p.m. on November 23 as part of the exhibition.

fascinated by history and the people who came before me. I think that's why I'm drawn to using so many different eras in my art and don't stay in a contemporary mindset all the time. Anything vintage piques my interest."

Others notice her fervor for her choice of study. "Shelby Krause is one of the best and brightest in our department. Her enthusiasm knows no limits," said head of the art department Doug Waterfield.

Krause says that anyone who is new to the art department should have a three-pronged plan.

First, be a "sponge." "Be as open to everything as humanly possible and soak up everything you can."

Then, an art major should be prepared to be in their major 100 percent. "You see those people sleeping in the FAB for a reason. An arts degree takes dedication in every sense," she said.

Finally, pay attention to what is being taught in other classes. "Art is a fabulous forum to explore all different things. It is a melting pot and nothing is off limits. See what kind of cool things you can explore through art," Krause said.

After graduation, Krause hopes to get a job teaching. "I am so ready to teach and to really start cultivating a teaching life," she said.

Down the road, Krause says she wants to earn her masters degree and possibly a doctorate.

"I want to have explored a lot of different things about myself and the world and maybe take up a random hobby or do something different. I want to challenge myself, and always, always be happy in whatever I'm doing. I think I will be happy when I'm doing the things that I truly want to do," Krause said.