



Flag football team faces defeat.

Volume 113, Issue 12

THIS WEEK

$\mathbf{2}$ Free rides for all

Recycled Rides program expands.

News

4 Black Friday mayhem

Students tackle the elements for must-have items.

Features

Triumph after tragedy

Lydic leads fraternity through difficult times.

Features

Upcoming events

Gingerbread House Contest Dec. 1 5 - 6:30 p.m. Build a house on your own or get a group of up to eight friends together. Prizes will be awarded for the top three creations.

Times Talk Dec. 2 12:15 p.m. -"Should the U.S. Adopt a Constitutional Amendment Requiring a Balanced Budget?" Room 310 of the Nebraskan Student Union

Reynolds Series Presents Rick Marlatt Dec. 2 7:30-8:30 p.m. Alumni and award winning writer Rick Marlatt will speak at the Museum of Nebraska Art.

UNK Band Concert Dec. 2 7:30-9 p.m. UNK Bands directed by Dr. Duane Bierman & Dr. Michael Beard

Studio 237 Barbershop Quartet Dec. 3 1:30-2:30 p.m. The Studio 237 Barbershop Quartet will perform holiday classics.

UNK Jazz Rock Ensemble Concert Dec. 3 7:30-9 p.m. UNK's big band will play jazz in a variety of styles.

Students to graduate sooner

Reduced credit hours help students graduate in less time

BY ERIK DODGE Antelope Staff

Starting in fall 2012, students should not have to take more than 15 credit hours in a single semester to graduate in four years. A new university policy reduces the number of credit hours required for an undergraduate degree by five hours.

On Sept. 9, the Board of Regents passed the policy to reduce the 125-hour requirement for baccalaureate degrees to 120 hours. The policy is standard for students who first enter the university in fall 2012 or later. Previously enrolled students may also be eligible for the 120-hour option according to the Board of Regents.

The change was made in order to help improve graduation rates and decrease the time taken to graduate while combating

increased course loads and the rising cost of a college degree, according to the President's Report of the September meeting of the Board of Regents.

"The rationale is that credit loads have crept up over the years; that 15

The change was made in order to help improve graduation rates and decrease the time taken to graduate.

credit hours per semester will result in more eight semester completions; and that faster completions decrease the cost of education."

To comply with the new requirements by fall 2012, UNK departments and programs are expected to examine current curriculum and determine necessary adjustments according to an email released by Senior Vice Chancellor of Academic and Student Affairs Charles Bicak. The email suggested departments may reduce the hours of a major, replace

> classes in a major or reduce the number of required electives to bring each degree program within 120 hours.

At the Faculty Senate meeting on Nov. 3, the Faculty Senate discussed the option of making necessary

cuts from the general studies program instead of exclusively cutting from major requirements. The Faculty Senate passed motions stating the general studies program should be considered for

CREDIT HOURS, PAGE 8

'BREAKING DAWN' HITS THEATERS



Photo by Amanda Raffety Cassie Warnell. a freshman elementary and special education major from Minden; Cammie Warnell, a junior psychology major from Minden; and Ashleigh Smith, a freshman political science major from Harvard, stayed up late Thursday, Nov. 18. to be one of the first to see "Breaking Dawn," the latest installment of the "Twilight" Saga.

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Recycled Rides expands: more bikes, bike racks

BY ERIK DODGE Antelope Staff

The Recycled Rides program, which provides free bicycles to be used on campus, is expanding according to Student Body President Jordan Gonzales.

Police and Parking Services donated 20 bicycles to the Recycled Rides program, and a grant from the American Democracy Project will be used to refurbish the bicycles at The Bike Shed in Kearney. The donation and grant allows Recycled Rides to continue to provide bicycles for free rides on campus at no cost to students. Police and Parking Services impounded the bicycles over the summer, and the donated bicycles will be added to the seven currently in use. Gonzales said the bicycles were already being worked on but would not be available until March.

"The bikes are actually in the process right now of being renovated and being refurbished, and then of course being painted blue and gold with 'UNK Recycled Rides' on them," Gonzales said.

In addition to the bike racks already in place on campus, participants in the Recycled Rides program now have four new blue bike racks available around campus including one in front of the Calvin T. Ryan Library. The Senate Facilities and Campus Development Committee, University Sustainability Committee and Director of Facilities Lee McQeen helped accomplish the project.

Gonzales said a bike rack was added to deal with the shortage of bicycle parking in front of the library for all bicycles, but the smaller blue bike rack was added specifically for Recycled Rides' bicycles. Student Government plans to add a sign to distinguish the Recycled Rides bicycle rack.

"This is a designated area to put your recycled ride at since it's not your bike, it is a ride for all students," Gonzales said.

Recycled Rides started two years ago with help from former Student Body President Cade Craig and former American Democracy Project Director John Anderson. As part of the program, 10 bicycles were available for the UNK community to ride on campus. Due to vandalism, three bicycles are no longer in use.

"There have been a few bikes that have been vandalized, and there have been two or three that are apparently at the bottom of the Kearney Canal," Gonzales said.

The Student Government plans to release the refurbished bicycles as part of a spring event that would include a casual bike ride through campus to promote Recycled Rides as well as the hike and bike trail that runs through campus. Students, the UNK community and the Kearney community are welcome to the event, which Gonzales said will be important for continuing the Recycled Ride program he has participated in and is passionate about.

"I rode the bikes when they first introduced that when Cade Craig was president. I think it's a great program and it's something our administration hopes to continue," Gonzales said.

University Theatre presents 'The Shape of Things'

UNK NEWS RELEASE

Relationships can take many twists and turns, and people take extreme measures for them to work, especially if the guy is a nerdy college student and he just saw the girl of his dreams, which is what happens in an upcoming theatre production at the University of Nebraska at Kearney.

The UNK Theatre will present "The Shape of Things," by Neil LaBute, at 7:30 p.m. Thursday through Saturday, Dec. 1-4, in the Studio Theatre, located on the lower level of the

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UNK Fine Arts Building. In addition to the evening performances, there will be matinee performances at 2 p.m. on Saturday and Sunday, Dec. 3 and 4.

"The Shape of Things" is about the manipulation of a young man by the girl of his dreams to make him into her ideal boyfriend. The play is based in a college town, where nerdy college student Adam falls for an artist named Evelyn. She then transforms him into the man she would rather be dating. Adam's friends Jenny and Phillip are shocked by his transformation, and their friendship will be tested. Evelyn's hold on Adam turns darker and darker as he falls deeper into her spell.

Adam then learns he has been a part of a project for a class Evelyn is taking. She was instructed to change the world by her graduate adviser, but she chose to change someone's world instead. The play reviews the manipulation and transformations Adam goes through because of Evelyn.

"The Shape of Things" was originally written for the stage and then made into a movie in 2003.

THEATRE, PAGE 3



CAMPUS CRIME LOG

Nov. 14: A student reported a MacBook stolen from the library between 8 p.m. and 9 p.m. when it was left unattended.

Nov. 15: The Kearney Police Department executed a search warrant in a CTE room. They found two cans of beer, resulting in a conduct summons for the resident. Nov. 16: Beverly Schroeder was issued a defect card for a broken

drivers side headlight. Nov. 16: A female student reported being harassed through phone calls and text messages from an ex-boyfriend. The suspect was instructed not to have any further contact with the complainant.

Nov. 17: A female student reported that her backpack was stolen between 3 p.m. and 8 p.m. from the Fine Arts Building.

Nov. 18: Joshua Howard was cited for possession of marijuana less than one ounce after UNK Police were called about a suspicious smell coming from his room in Men's Hall.

Nov. 19: Christopher Maloney was cited for theft by unlawful taking, obstruction of a police officer, and disorderly conduct after he was seen taking a bike that did not belong to him from the South side of the URS parking lot.

Nov. 19: Jay Appleton was issued a conduct summons for trespassing after he was found in the east garden level men's bathroom of a closed building.

Nov. 20: Jennifer Sanchez was issued a written warning for no headlights and no operator's license on her person after she was observed driving with her headlights off.

Nov. 22: A female student reported her vehicle was scratched while parked in Lot 11.

Nov. 25: Erica Hartman was issued a written warning for speeding.

Nov. 27: Aleisha Allen was issued a written warning for speeding and no proof of insurance.

Theatre from page 2

Admission is \$8 for adults; \$6 for UNK faculty and staff, non-UNK students and seniors; \$5 for groups of 10 or more; and free admission for UNK students. For tickets, or for more information, call 308.865.8417.

This play is a student production. The students and their positions include: Kassandra Wendell, Axtell, director; Jamie Bentley, Fremont, lighting designer; Kyle Garrelts, Kearney, scenic designer; Nate Rocke, Lincoln, assistant

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stage manager; Brittany Greunke, Winside, stage manager. Out-of-state members include: Tony Neilser, Lexington, Tenn., sound designer; and Nate White, Pierre, S.D., technical director.

Members of the faculty, staff and artistic team include: Janice Fronczak, directing mentor; Darin Himmerich, technical direction mentor; Sara Ice, costume designer; Rick Scholwin, sound design mentor; and Mark Wethington, scenic and lighting design mentor

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Cast:

Axtell- Jacey Anderson, Statue Crawford- Colter Lemmon, Adam Falls City- Kelsey Coolidge, Jenny Kearney- Natalie Potts Burling, Evelyn

Lincoln- Spencer Wolfe, Statue Omaha- Elizabeth Lieberman, Statue O'Neill- Jordan Peterson, Phillip

enaja ta alan EH aan Ia See your ad here! e-mail us... ilo, antelopeads@unk.edu an mati ia k uma tuni. Valko alisivat usko AU taas kantaa hanen m toiminnassaan vas laisi amista Sudoku ★★★☆☆ How to play: Sudoku is a placement puzzle. The aim of the puzzle is to enter a numeral from 1 through 9 in each cell of a grid. Each row, column and region must contain only one instance of each numeral. Completing the puzzle requires patience and logical ability. The puzzle initially became popular in Japan in 1986 and attained international popularity in 2005. 5 1 4 7 8 5 3 2 3 8 5 1 2 7 3 9 4 9 1 2 6 3 4 1 8 4 6 7 5 3 8 2 9 7 5 Find answer on page 6 www.sudoku-puzzles.net



CRAFT SHOW



Photo by Skylar Loseke

Carolyn Wirtz, a senior theater major from Manhattan, Kan., shows her products at the 16th-annual UNK Faculty/Staff/Student Craft Show on Friday, Nov. 18. The Craft Show was from 9 a.m. to 4 p.m. in the Nebraskan Student Union Atrium.

AMNESTY INTERNATIONAL



Photo by Adam Konruff The first meeting of the UNK chapter of Amnesty International was held Monday in the history department conference room in Copeland Hall. The organization hopes to raise awareness for human rights violations around the globe.



"It was like trying to navigate through a pack of starving wolves. But the good news is that I'm alive and I got what I went for."



Sarah Hoefler Senior/English Firth



"I felt like a cow being herded to get branded going to Target. At Walmart when it started at 10 p.m., the video game area from a distance looked like when you feed the goldfish at the zoo."

Jim Russell Senior/Business Kearney

"I've never been shopping on Black Friday, but I did work it this year. It was really busy from midnight to 2 a.m. at the Gap, but then it simmered down and was steady or slow for the rest of the day."



Kelli Stoetzel Sophomore/Social work Hastings



"The line at Target wrapped around the entire store and back to the parking lot. Target put 30 people in a gated section at a time and let each group in about a minute apart. We grabbed what we wanted and got out before a line could start at the check out." Taya O'Brien

Taya O'Brien Senior/Nursing Oshkosh

Compiled by Skylar Loseke

the antelope 5

LATE PUSH NOT ENOUGH FOR LOPERS UNK ends season 10-2

BY ERIK SWAZO Antelope Staff

Turnovers were the downfall for the UNK football team this past Saturday as the Lopers committed six turnovers resulting in a 38-26 loss against Wayne State (Mich.). The Lopers were looking to continue playing into December, but after committing six turnovers, the deficit is hard to overcome. Head Coach Darrell Morris not-

Head Coach Darrell Morris noted that turnovers were the difference maker in the game. "We've fought turnovers all year long. I think that came back and got us," said Morris. "We just spotted them way too many points."

Loper fans had hope as the Lopers drove down the field four out of seven times, resulting in four touchdowns in the second half, but after trailing 31-0 at half, the margin was just too much to overcome.

Two major components of the Loper offense played in their last collegiate game. Jake Spitzlberger and Rustin Dring ended their Loper career with a loss. Spitzlberger ended the game going 19 for 40, throwing for 230 yards, with one touchdown and three interceptions. Dring had 25 carries for the day, running for a total of 101 yards with one touchdown.

For the season, Spitzlberger played all 12 games, throwing for 2,656 with 21 touchdowns. The Lopers will look to fill the shoes of Spitzlberger as he has been key for the Lopers in the past few years. Another void that will need to be filled is in the running back division, with Dring, who played in seven games this year, ran for a total of 546 yards with five touchdowns.

The Lopers will now focus on the offseason, looking to get better, and preparing for the move to the MIAA.





Photos by Adam Konruff

(LEFT) Wayne State defenders swarmed Jake Spitzlberger for a sack Saturday as UNK hosted the Warriors. The Lopers lost the NCAA Division II playoff game 38-26, ending their season. (RIGHT) Jake Spitzlberger hands the ball off to Rustin Dring Saturday. Unfortunately, the Warriors proved too much for the Lopers, who were eliminated from the playoffs. The game was Dring's and Spitzlberger's last as Lopers.





Courtesy Photo Eric Rippen, a senior elementary education major from Culbertson, prepares to avoid a pass rush while teammates Adam Mingus, J.D. Carson and Nathan Borowski scramble into pass routes. The team suffered a nail-biting 20-12 defeat in the first game of the single elimination tournament early Sunday morning.

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BUSY SCHEDULE DEMANDS PRIORIT Long hours worth the smiles they bring to Fritson

BY JAY OMAR Antelope Staff

At a time when most college students are still sound asleep, dreaming of the past weekend and receiving their long-awaited diploma, Dr. Krista Fritson has been up and at it for a while.

With three degrees, including a masters and a PsyD in clinical psychology, Fritson must start early to accomplish the long "to do" list made the night before.

As the sun rises, hours before class begins, she starts her most important job, being a mother to her 12 and 14-year-old children. Before the actual work day starts, Fritson sets in on her No. 1 priority.

"First thing I accomplish is getting my kids out of bed and dropped off at school at an appropriate time. It definitely takes a joint effort from my husband though," she said.

Once the kids are safely at school, it's off to the grind. After handling some early morning clinical psychology work, she steps into the lecture rooms of Copeland Hall crowded with 50 to 100 kids texting and laughing away. Fritson teaches four different subjects, all dealing with psychology and spread out on a Monday through Friday schedule.

Fritson gave up full-time work as a clinical psychologist to teach young minds. However, she still puts in roughly eight hours a week as a psychologist.

She says it is hard to regret her decision. "I thought I'd be sitting in a private office by this time in my life," Fritson said. "However, I fell in love with teaching. It gives me a bigger forum to shape young



minds, and the time it allows me to spend with my children is worth the financial difference."

The students don't mind her decision either. Michelle Jarvi, a senior exercise science major, is taking her first class with Dr. Fritson this fall.

"I've enjoyed my time in Dr. Fritson's class so far this semester," Jarvi said. "I appreciate not only her knowledge of the subject but how much she seems to enjoy teaching it."

After classes have ended, Fritson sets up shop in her office to take lunch or do paperwork. Most of the time the two overlap. Students constantly shuffle in and out as she bounces back and forth between research meetings and the occasional clinical work.

After the long and strenuous day, 4 p.m. rolls around feeling sometimes more like midnight. Fritson leaves her office and heads to the people that get her through the day

"Everything that I do is heart driven, and when I keep that in mind it is easy to put my family first," Fritson said.

She leaves campus and heads to wherever she needs to be. Sometimes it's one of her children's sporting events, or maybe she's coaching. Some days it's church or just heading home to start on dinner.

"It's about finding your clear recognition of goals and priorities," Fritson said. "I developed a lifestyle that keeps me happy and healthy. But still sleep doesn't happen too often."

Fritson doesn't take all of the credit however. She continually mentions the amount of help given by her supporters, explaining how she couldn't do it without the help of her friends in the community or especially the help of her husband, calling it a "tag team" effort.

As the evening nears its end, Fritson pushes her children to do their homework, a high priority for a professor, or some nights it is just a movie with the family.

Once the evening closes and the family is asleep, it isn't time to call it quits quite yet. Fritson uses this time to get a few more hours to grade papers, do paper-

Photo by Jay Omar

Dr. Krista Fritson helps a student after an Abnormal Psychology class. Fritson teaches four different classes including Abnormal Psychology, General Psychology, Psychopathology and Introduction to Clinical Psychology.

work or prepare for her clinical psychology duties the next day.

"I work about 45 to 50 hours a week officially, but unofficially it feels like I am always working," Fritson said.

Still, Fritson has no regrets. "My greatest accomplishment is my children and how they've turned out. If I spend time with my family and end up losing a couple hours of sleep catching up on work, it is more than worth it," Fritson said.

Sudoku answer:

Upside down, from page 3

| ß | 4 | Z | 9 | F | 2 | 6 | 8 | 3 |
|---|---|---|---|---|---|---|---|---|
| ŀ | 2 | 8 | 6 | З | ß | Z | 4 | 9 |
| 6 | 9 | 3 | 4 | L | 8 | 2 | ŀ | G |
| 4 | 3 | G | S | 8 | Z | ٢ | 9 | 6 |
| 2 | L | 9 | ٢ | 6 | 4 | 3 | G | 8 |
| 8 | 6 | F | G | 9 | 3 | 4 | 2 | L |
| L | G | 6 | 8 | 4 | ٢ | 9 | З | 2 |
| 9 | ŀ | 2 | 3 | ç | 6 | 8 | Z | 4 |
| 3 | 8 | 4 | L | 2 | 9 | ç | 6 | ŀ |
| | | | | | | | | |





Despite young age, Lydic leads fraternity in time of need

BY KOLE KLUVER JMC 215

As the youngest president ever in Delta Tau Delta's 20-year history at UNK, Josh Lydic had a lot to prove.

Lydic ran his sophomore year in 2010 and pulled off the win for the presidency. He would be taking the place of senior Daniel Poly, whose people skills and friendly smile made him a very popular leader.

"I knew people would think I was really young but



I felt I had proven myself as a leader. I had some of the best grades in my class, and I was really involved on campus," Lydic said.

His leadership skills were something the fraternity desperately needed.

JOSH LYDIC

In the weeks leading up to the election, Delta Tau Delta experienced one of its worst infractions with the university to date. A few freshmen pledging

into the fraternity claimed they were being hazed. An investigation quickly followed.

Delta Tau Delta's actions were put on immediate hold. Campus police questioned members, social activities were banned and some men left the fraternity. It shook the very foundation of the chapter.

Senior Clint Felber was confident in Lydic's abilities. "He was in it for the right reasons. The hazing deal was scary, but if anyone could handle it, it was Josh," he said.

Lydic proved to be a solid leader from the get-go. There was a crackdown on underage drinking, brotherhood activities were increased and the importance of academics was stressed.

"I had this mindset that I had to be firm in my ac-

ABOUT THE DELTS

- The first chapter was formed in 1858 in West Virginia.
- Four morals guide Delta Tau Delta - truth, courage, faith and power.
- The fraternity has grown to over 200 chapters and 7,000 members.
- Throughout the past 153 years, 150,000 men have become Delts.
- UNK's chapter started 20 years ago and currently has 37 active members.

Statistics from delts.org

Infographic by Kole Kluver



Photo by Kole Kluver A memorial for Dan Poly rests in Delta Tau Delta's lounge. Poly was president of the chapter prior to Lydic, from 2009-2010.

had," Lydic said.

The men needed their leader to stay strong, and that is exactly what Lydic did. Delta Tau Delta saw one of its cleanest and trouble-free semesters in years. No hazing incidents were reported, several new members joined the fraternity and grades were on the rise.

Lydic said his men came together when the world was telling them no. Despite his age and all the obstacles thrown at him, the fraternity retained its strength and overcame. "This presidency has been the hardest, busiest time of my life. It is also the most rewarding. I am a better man from it," he said.



tions. People like leaders who are certain of their opinions. I also needed to lead by example," Lydic said.

As January faded into February, the echoes of the hazing incident were beginning to falter. Then, on Feb. 8, tragedy struck. Daniel Poly was found in his room dead.

It brought a deep sadness upon the fraternity. "Dan was the guy that everybody loved. He was a best friend and the person you looked up to," Felber said.

No one could have prepared for Poly's death. Lydic did not want to forget, but he had to go on. "Dan's passing made me realize how fragile life is. That's when I knew I had to take advantage of every opportunity I

8 the antelope

Credit Hours from page 1

cuts, and that Dr. Bicak should consider allowing departments permission to require one course in general studies from their department.

Exceptions to the new Board of Regents policy will be granted for degree programs defined as five-year degrees, professional accreditation programs which require more credits for licensing and degrees governed by state requirements that call for more than 120 hours.

The change in policy brings the University of Nebraska in line with Michigan State University and Northwestern University as Big Ten schools with a 120-hour degree requirement. Many Big Ten schools have 120-hour degree minimums with some programs exceeding the minimum requirement.



Photo by Adam Konruff Members of the Industrial Distribution Organization Leadership Team work on the board for, and discuss the details of, their annual Awards Night at their officer's meeting on Nov. 22. The Awards Night will be Dec. 1 at 6 p.m. in Otto Olsen 135.



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